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## Meconial *Methanobrevibacter smithii* suggests intrauterine methanogen colonization in preterm neonates



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### ABSTRACT

To understand the dynamics of methanogens in the human intestinal microbiota, we investigated the presence of methanogens in meconium using a polyphasic approach including microscopy and PCR-sequencing in 33 meconium samples collected from 33 pre-term neonates, in accordance with current ethics regulation. In the presence of negative controls, 90.9% samples were real-time PCR-positive for methanogens and 69.7 % were PCR-sequencing positive, identified as *Methanobrevibacter (M.) smithii*. Further, auto-fluorescent analysis detected methanogens in the two meconium samples analyzed, with a morphology suggesting *M. smithii*. Multispacer Sequence Typing found *M. smithii* genotypes ST1 and ST2, previously described as intestinal microbiota inhabitants. C-section delivery and non-use of peripartum antibiotics significantly correlated with PCR-detection of methanogens in meconium. These data position *M. smithii* among the early inhabitants of the human gut, detectable immediately after birth and suggest the contribution of methanogens to the perinatal development of intestinal microbiota and physiology.

### Introduction

Meconium, the first stool of the newborn, lines the intestinal tract of the fetus during pregnancy (Gosalbes et al., 2013). Its composition varies during fetal development and comprises 72 to 80% water, intestinal secretions, cellular desquamations, bile pigments, inflammatory proteins, and blood (Gosalbes et al., 2013). Meconium, found in the fetal digestive system at the end of the first trimester of pregnancy, results from the ingestion of amniotic fluid during pregnancy (Gosalbes et al., 2013; Hu et al., 2013; Moles et al., 2013). Physiologically, the emission of the first meconium occurs 24 to 48 hours after birth, being most often expelled by the newborn at the time of birth reflex and usually abundantly (Gosalbes et al., 2013; Hu et al., 2013; Moles et al., 2013). In some studies, bacteria have been isolated and/or detected by Polymerase Chain Reaction (PCR) in amniotic

fluid (Bearfield et al., 2002; Hitti et al., 1997; Oh et al., 2010), umbilical cord blood (Jiménez et al., 2005), meconium (Ardissone et al., 2014; Dominguez-Bello et al., 2010; Gosalbes et al., 2013; Hu et al., 2013; Jiménez et al., 2008; Madan et al., 2012; Moles et al., 2013; Mshvildadze et al., 2010), placenta (Aagaard et al., 2014; Satokari et al., 2009; Stout et al., 2013), and fetal membranes (Rautava et al., 2012; Steel et al., 2005) without any clinical or histological evidence of infection or inflammation in the mother or the newborn. However, intestinal methanogens have recently gained attention as players of immune-mediated diseases (Sereme et al., 2019).

Methanogens are strict aero-intolerant archaea that produce methane in the presence of H<sub>2</sub>, CO<sub>2</sub> and other substrates (Guindo, 2020; Nkamga et al., 2017; Sereme et al., 2019; Sogodogo et al., 2019). They are divided into three groups according to the substrates used in the production of methane: hydrogenotroph methanogens use CO<sub>2</sub> and formate as substrates; methylotroph methanogens use methyl com-

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**Table 1**  
Clinical data for 33 premature newborns here investigated for the presence of meconial methanogens.

Code	Peripartum maternal antibiotic therapy	Mode of delivery	Gestational age	Weight	Size
1	Yes	Cesarean section	26	925	35
2	No	Cesarean section	32	1260	39
3	No	Vaginal delivery	30	1480	41
4	No	Vaginal delivery	30	1460	38
5	No	Cesarean section	29	1565	42
6	No	Cesarean section	29	880	35
7	Yes	Vaginal delivery	30	1670	43
8	No	Cesarean section	31	1120	38
9	No	Cesarean section	24	530	31
10	No	Cesarean section	28	890	33
11	No	Cesarean section	26	925	35
12	No	Cesarean section	26	565	31
13	Yes	Cesarean section	27	925	34
14	Yes	Cesarean section	27	680	31
15	Yes	Cesarean section	30	1335	39
16	Yes	Cesarean section	30	1355	47
17	No	Cesarean section	30	1480	39
18	No	Cesarean section	31	1570	43
19	No	Cesarean section	32	1155	39
20	No	Cesarean section	29	1050	39
21	No	Cesarean section	29	1190	38
22	No	Cesarean section	32	1930	44
23	No	Cesarean section	32	1575	44
24	No	Cesarean section	25	870	34
25	No	Cesarean section	30	1750	43
26	No	Cesarean section	30	1360	39
27	No	Cesarean section	27	600	29
28	No	Vaginal delivery	25	750	32
29	No	Cesarean section	31	980	36
30	No	Cesarean section	31	1410	39
31	No	Cesarean section	30	770	33
32	Yes	Vaginal delivery	32	1568	41
33	No	Cesarean section	30	1680	39

pounds as substrates; and acetogenotroph methanogens use acetate as substrate (Guindo, 2020; Nkamga et al., 2017; Sereme et al., 2019; Sogodogo et al., 2019). Methanogens are part of the human microbiota, in particular the intestinal representing 10 % of the anaerobic microorganisms in the human digestive tract and oral microbiota (Guindo, 2020; Nkamga et al., 2017; Sereme et al., 2019; Sogodogo et al., 2019). They have even been found in colostrum and breast milk (Togo et al., 2019), in blood during infectious endocarditis (Drancourt et al., 2020), in vagina only in case of vaginosis (Grine et al., 2019a) and in urinary tract during urinary tract infections (Grine et al., 2019b). They are present in humans from birth (Grine et al., 2017).

Detection of methanogens requiring specific laboratory methods is not routinely developed in clinical microbiology. Accordingly, the detection of methanogens in the meconium has not been reported. Here, as part of a clinical research protocol on the development of the intestinal microbiota and immune status in a cohort of premature infants, we have used such specific methods we are mastering, to explore the presence of methanogens in the meconium of premature newborns.

## Results

### Clinical data

Thirty-three meconium samples collected from 33 pre-term neonates were investigated in this study. The mean birth weight was 1.190 g (range 440–2.130 g), mean gestational age of 30 weeks (range 25–32 weeks) and mean height of 39 cm (range 32–45 cm) (Table 1). Of these 33 subjects, 5/33 (15.15%) were moderate preterm/premature, 19/33 (57.57%) were very preterm, 9/33 (27.27%) were extremely preterm, 28/33 (84.84%) were from C-section delivery, 5/33 (15.15%) were from vaginal delivery, and 7/33 (21.21%) were from mothers with a history of peripartum antibiotic therapy (Table 2).

*Methanobrevibacter smithii* is very frequently detected in meconium by PCR

DNA extraction yielded  $22.04 \pm 4.96$  ng/ $\mu$ L and incorporating 16S rRNA archaeal gene PCR primers recently designed in our laboratory into real-time PCR, we detected the presence of methanogen DNA in 30 (90.9%) of meconium samples here investigated and none of the negative controls. PCR-sequencing yielded *M. smithii* in 23 cases (69.69%) and sequences exhibited a 99.5% similarity with the reference 16S rRNA gene sequence of *M. smithii* ATCC 35061 (accession NCBI: NR\_074235). The phylogenetic tree showed that all these 23 sequences clustered with *M. smithii* previously detected in the human digestive tract (Fig. 1). MST genotyping revealed the presence of genotype ST1 in 22/23 (95.65%) meconium sample, and the genotype ST2 in one meconium sample (4.34%) (Table 3).

*Microscopic observation is compatible with the presence of M. smithii in meconium*

By using confocal microscopy, we were able to observe fluorescent microorganisms exhibiting a green fluorescent and diplococcus morphology characteristic of *M. smithii* supporting the presence of methanogens in two meconium specimens (Fig. 2)

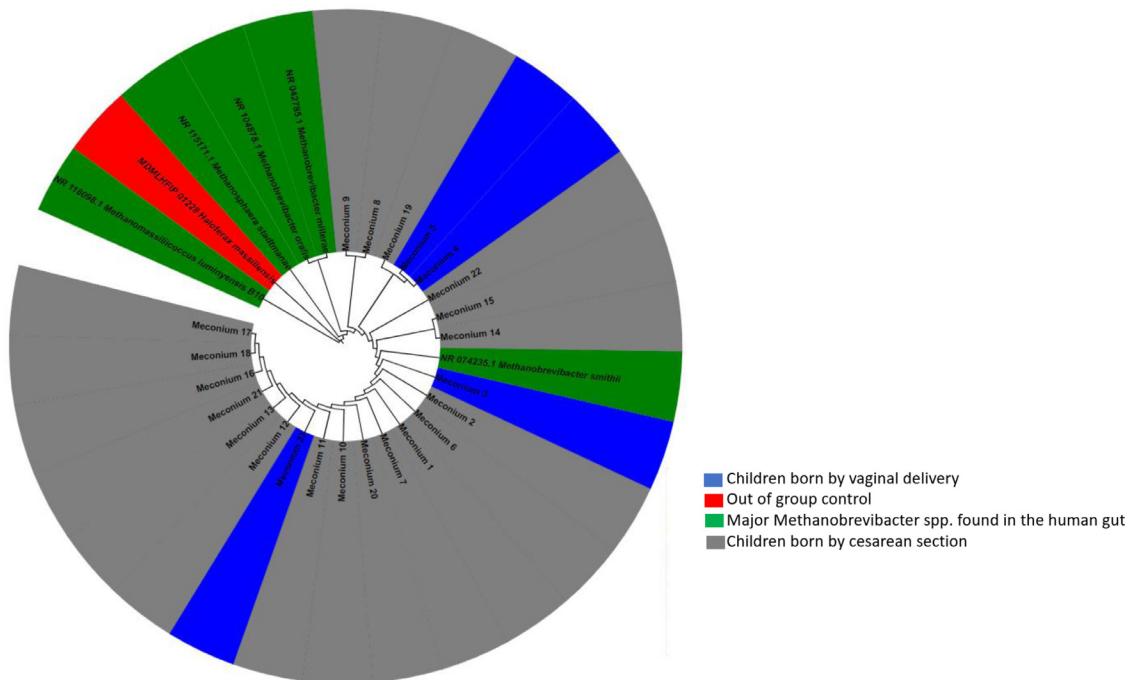
*The presence of methanogens in meconium is correlated with c-section delivery*

Further exploitation of the five available clinical variables (peripartum maternal antibiotic therapy, mode of delivery, gestational age, sex and weight) indicated no significant correlation between gestational age ( $p$ -value = 0.318), weight at birth ( $p$ -value = 0.229), sex ( $p$ -value = 0.476) and the detection of methanogens in meconium specimens. However, we observed a significant correlation between the detection of methanogens

**Table 2**

Distribution of newborns according to gestational age, mode of delivery and maternal antibiotic intake.

Moderate preterm	Very preterm	Extremely preterm	Cesarean section	Vaginal delivery	Peripartum maternal antibiotic therapy
5/33(15.15%)	19/33(57.57%)	9/33(27.27%)	28/33(84.84%)	5/33(15.15%)	7/33(21.21%)

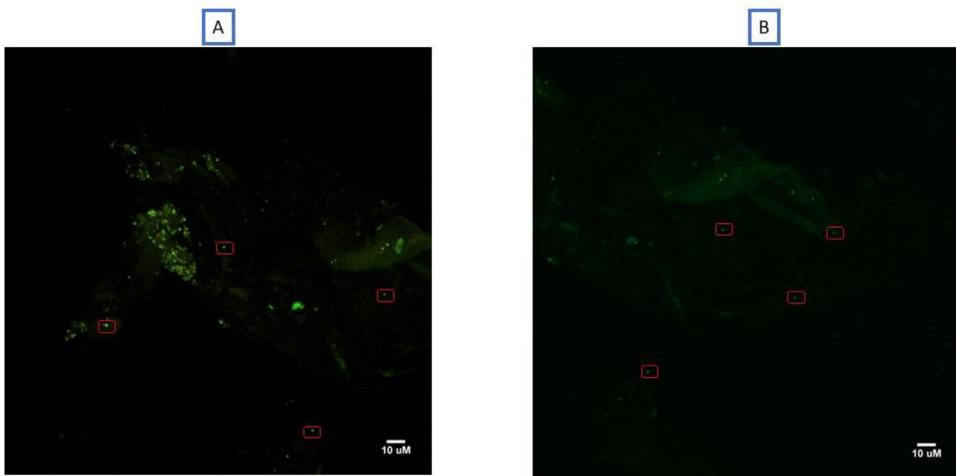


**Fig. 1.** Molecular phylogenetic analysis, based on 16S rRNA partial gene, showed the position of *Methanobrevibacter smithii* sequences detected in meconium samples. The evolutionary history was inferred by using the Maximum Likelihood method based on the Kimura 2-parameter model. The tree with the highest log likelihood (-1716.60) is shown. The percentage of trees in which the associated taxa clustered together is shown next to the branches. Initial tree(s) for the heuristic search were obtained automatically by applying Neighbor-Join and BioNJ algorithms to a matrix of pairwise distances estimated using the Maximum Composite Likelihood (MCL) approach, and then selecting the topology with superior log likelihood value. The tree is drawn to scale, with branch lengths measured in the number of substitutions per site. The analysis involved 29 nucleotide sequences. All positions containing gaps and missing data were eliminated. There was a total of 473 positions in the final dataset. Evolutionary analyses were conducted in MEGA 7.

**Table 3**Multispacer sequence typing of 23 *Methanobrevibacter smithii* detected in 23 meconium preterm babies.

Samples	Peripartum maternal antibiotic therapy	Mode of delivery	Gestational age	Genotype	Spacer1	Spacer2	Spacer 3	Spacer 4	Spacer type*
1	Yes	Cesarean	26		X	X	X	X	1
2	No	Cesarean	32		X	X	X	X	1
3	No	Vaginal delivery	30		X	X	X	X	1
4	No	Vaginal delivery	30		X	X	X	X	1
5	Yes	Vaginal delivery	30		X	X	X	X	1
6	No	Cesarean	28		X	X		X	2
7	Yes	Cesarean	27		X	X	X	X	1
8	Yes	Cesarean	30		X	X	X	X	1
9	No	Cesarean	30		X	X	X	X	1
10	No	Cesarean	31		X	X	X	X	1
11	No	Cesarean	32		X	X	X	X	1
12	No	Cesarean	29		X	X	X	X	1
13	No	Cesarean	29		X	X	X	X	1
14	No	Cesarean	32		X	X	X	X	1
15	No	Cesarean	32		X	X	X	X	1
16	No	Cesarean	25		X	X	X	X	1
17	No	Cesarean	30		X	X	X	X	1
18	No	Cesarean	30		X	X	X	X	1
19	No	Cesarean	27		X	X	X	X	1
20	No	Vaginal delivery	25		X	X	X	X	1
21	No	Cesarean	31		X	X	X	X	1
22	No	Cesarean	31		X	X	X	X	1
23	Yes	Vaginal delivery	32		X	X	X	X	1

\*Spacer type was determined according to references (Grine et al., 2017; Guindo et al., 2021; Nkamga et al., 2015).



**Fig. 2.** Fluorescent microorganisms exhibiting a green fluorescent and diplococcus morphology characteristic of *M. smithii* from two meconium samples (A and B) using a confocal microscope at 63X magnification.

**Table 4**

Results of Principal Component Analysis (PCA) (Results of PCA. Signif. codes: 0 ‘\*\*\*’ 0.001 ‘\*\*’ 0.01 ‘\*’ 0.05 ‘.’ 0.1 ‘ ’ 1).

	Estimate	Standard error	zvalue	Statistical significance
Intercept	-4.0665	1.1784	-3.451	0.0005***
Peripartum maternal antibiotic therapy (No)	0.8014	1.3026	0.615	0.0381*
Peripartum maternal antibiotic therapy (Yes)	-0.3257	1.104	-0.295	0.7679
Cesarean section delivery	2.4192	1.233	1.962	0.0049**
Vaginal delivery	-0.3673	1.3532	0.271	0.7769
Gestational age	1.4219	1.4268	0.997	0.3189
Weight	-0.3642	1.3234	-0.292	0.2292
Sex	0.671	1.822	0.152	0.4766

in meconium specimens and c-section delivery (*p*value = 0.004) and with non-use of antibiotic peripartum (*p*value = 0.038) (Table 4).

## Discussion

We are reporting the first ever detection in the meconium of the methanogen *M. smithii*, firmly identified by a polyphasic approach including microscopy and PCR-sequencing. All data here reported were ascertained by the negativity of negative controls and the fact that discordant results were obtained by different techniques.

The data here reported are in line with previous detection of *M. smithii* in 50/50 (100%) of gastric juice samples collected from one-day-old newborns (Grine et al., 2017), pushing back the colonization of the newborn digestive tract most probably during the *in-utero* period of life; questioning the sources of such a colonization. In this perspective, herein genotyping meconial *M. smithii* using the sequence-based MST method yielded ST1 previously found in one-day newborns' gastric juice and in adult gut microbiota (Grine et al., 2017; Nkamga et al., 2015); and ST2 also part of the adult gut microbiota (Nkamga et al., 2015). Viable *M. smithii* and *Methanobrevibacter oralis* (*M. oralis*) colonize the colostrum and the mother milk (Togo et al., 2019) but *M. oralis* was not detected in meconium in the present study, in line with its lack of detection in one-day newborns' gastric juice (Grine et al., 2017). This observation and the fact that, here, meconium samples have been collected prior to any feeding, plea against the hypothesis that mother milk was the source of *M. smithii* in preterm newborns. Likewise, *M. smithii* has been detected in the vaginal fluid only in the case of vaginosis, making the vaginal fluid an unlikely source of *M. smithii* in this study (Grine et al., 2019a). Accordingly, meconial *M. smithii* was here significantly associated with cesarean section, further ruling-out the vaginal fluid as a source of *M. smithii* (Figure 3). It has been suggested that, during pregnancy, gut microorganisms translocating through the intestinal epithelium move to the placenta via the bloodstream (Rodríguez et al.,

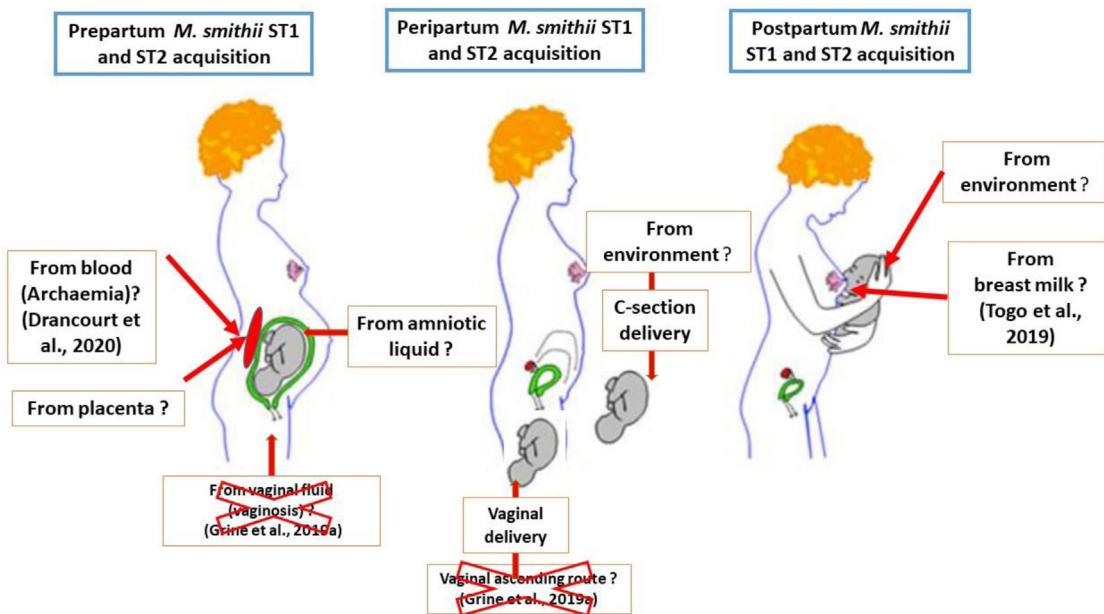
2015). *M. smithii* could also be found in the blood, after we recently reported a series of *M. smithii* archaemia in febrile adult patients, including three cases of infectious endocarditis (Drancourt et al., 2020). Indeed, dendritic cells present in the intestinal barrier, do recover bacteria as well as the intestinal methanogens *Methanospaera stadtmanae* and *M. smithii*, eventually transported to lymphoid organs (Rodríguez et al., 2015). There, methanogens activate the adaptive immune response, as illustrated in rabbit and mouse models of immunization (Macario et al., 1984, 1983) (Figure 3).

In conclusion, this study demonstrating the presence of *M. smithii* as an *in-utero* member of the gut microbiota. This finding, together with previous literature showing the absence of *M. smithii* in infant life-threatening kwashiorkor (Million et al., 2016), suggests that *M. smithii* is an early and crucial player of gut microbiota and immunity in infants.

## Methods

### Patients and sampling

Premature newborns were included in the “Influence of Intestinal Microbiota Implantation in Preterm Infants on Microbiota and Immune Orientation at 3 Years” (NCT02738411, principal investigator AF) cohort after written informed parental consent was obtained for each preterm. This research project was approved by the Ethics Committee on Clinical Research of Nîmes and Montpellier University Hospitals. To be eligible for enrolment, preterm neonates must have been born at a gestational age  $\leq$  32 weeks. First spontaneously evacuated meconium was collected by the medical staff at the Nîmes, and Montpellier University Hospitals noticed peripartum maternal antibiotic therapy, mode of delivery, gestational age, and weight of premature newborns (Table 1). Collections were done between May and September 2018. Before sampling, the pediatrician washed his or her hands with alcoholic solution and then put gloves on before manipulating meconium samples and



**Fig. 3.** Peripartum hypothetical routes of transmission of *M. smithii* in preterm infants. In this study, *M. smithii* were genotyped using multi-spacer typing, indicating spacer type 1(ST1) and spacer type 2 (ST2). Hypothetical routes of transmission of *M. smithii* prior, during and after delivery of preterm infants were derived from data gathered from this study and up-to-date literature (references are shown in brackets). Unlikely routes of transmission are indicated by red crosses.

each meconium sample was transferred from a diaper to one sterile Falcon tube (Sigma-Aldrich, Saint Quentin Fallavier, France) using a sterile tongue depressor by the medical staff and stored at -80°C until analysis.

#### Molecular analysis

DNA extraction was performed as described previously (Dridi et al., 2009). Briefly, 0.2 g of each meconium sample has been mixed with 500 µL of G2 buffer (QIAGEN, Hilden, Germany), then, shaked with 0.3 g of acid-washed beads ≤ 106 µm (Sigma-Aldrich, Saint-Quentin Fallavier, France) in a FastPrep BIO 101 device (MP Biomedicals, Illkirch, France) for 45 s. 20 µL of proteinase K (QIAGEN) was added to a volume of 180-µL mixture, then incubated 56 °C overnight. Total DNA was finally extracted with the EZ1 Advanced XL extraction kit (QIAGEN) and 50 µL eluted volume. In each DNA extraction run, we used sterile PBS as a negative control.

Once the DNA Extracted, a real-time PCR targeting a 156 pb 16S rRNA regions (691 and 843) was performed using Metha\_16S\_2\_MBF: 5'-CGAACCGGATTAGATACCCG -3' and Metha\_16S\_2\_MBR: 5'-CCGCCAATTCTTAAAGTT-3' primers and the FAM\_Metha\_16S\_2\_MBF 6FAM- CCTGGGAAGTACGGTCGCAAG probe targeting the 16S DNA gene of methanogens (Eurogentec, Angers, France) designed according the following steps, the 16S rRNA gene of *Methanobrevibacter smithii* ATCC 35061 (GenBank accession number CP000678), *Methanospaera stadtmanae* DSM 3091 (GenBank accession number NC 007681), *Methanobrevibacter oralis* M2 CSUR P5920 (GenBank accession number GCA\_900289035.1), *Methanobrevibacter arboriphilus* ANOR1 (GenBank accession number GCA\_000513315.1), *Methanomassiliicoccus luminiyensis* B10 (GenBank accession number GCA\_000308215.1) was targeted using MEGA7 software (<https://www.megasoftware.net/>). Using the online Primer 3 program (<http://biotools.umassmed.edu/bioapps/primer3-www.cgi>), we found that all these published genomes exhibit only one copy of the 16S rRNA gene. The specificity of the PCR primers and probes have been verified by testing experimentally the DNA extracted from 30 bacterial species representative of common gut inhabitants and *in silico* using the BLAST program at NCBI (<http://www.ncbi.nlm.nih.gov/BLAST>).

The real-time PCR amplification reaction was performed as previously described (Guindo et al., 2021) following this program: 50 °C for 2 min, followed by 39 cycles of 95°C for 45 s, 95 °C for 5 s and finally 60 °C for 30 s. The amplifications were carried out in CFX96 thermocycler (BioRad, Marnes-la-Coquette, France). We considered as positive all meconium samples which PCR exhibited a CT<40. Gene amplification and PCR sequencing were performed as previously described (Grine et al., 2018, 2017; Guindo et al., 2020; Nkamga et al., 2015).

#### Multispacer sequence typing

The multispacer sequence typing (MST) technique was performed on meconium as previously described (Grine et al., 2017; Guindo et al., 2021; Nkamga et al., 2015). Briefly, all positive PCR products were sequenced in both directions using the same primers as used for PCRs in a 2720 Thermal Cycler (Applied Biosystems, Foster City, USA) with an initial 1-minute denaturation step at 96°C, followed by 25 cycles denaturation for 10-second each at 96°C, a 20-second annealing step at 50°C and a 4-minute extension step at 60°C. Sequencing products were purified using the MultiScreen 96-well plates Millipore (Merck, Molsheim, France) containing 5 % of Sephadex G-50 (Sigma-Aldrich) and sequences were analyzed on an ABI PRISM 31309 Genetic Analyzer (Applied Biosystem) and edited using the ChromasPro software (version 1.42; Technelysium Pty Ltd). MST genotypes were defined as a unique combination of the four spacer sequences (Grine et al., 2017; Guindo et al., 2021; Nkamga et al., 2015).

#### Phylogenetic analyses

Sequences were edited using ChromasPro software (ChromasPro 1.7, Technelysium Pty Ltd., Tewantin, Australia). Molecular phylogenetic and evolutionary analyses were conducted in MEGA7 as previously described (Kumar et al., 2016). We used sequences of the major methanogens present in the human digestive tract (*Methanobrevibacter smithii*, *Methanospaera stadtmanae*, *Methanobrevibacter oralis*, *Methanobrevibacter millerae* and *Methanomassiliicoccus luminiyensis*) in the construction of the phylogenetic trees. The non-methanogen archaea species *Haloferax massiliensis* was used as an out-of-group control.

### Direct microscopic examination

Based on factor 420 carried by methanogens (Dridi, 2012), the presence of methanogens in meconium has been investigated by confocal microscopy on the only two fresh meconium samples as follows. Briefly, meconium suspension was prepared with distilled water. A drop of the prepared meconium suspension deposited on a microscopy slide was observed at 63X magnification using a confocal microscope (LSM800 Airyscan Zeiss, Oberkochen, Germany).

### Statistical analyses

All statistical processes were done using the open-source statistical language R (R Development Core Team, 2010). The threshold of 0.05 was the maximal p-value for each statistical conclusion. The model hypothesis was that the presence of methanogens could be associated with the peripartum maternal antibiotic therapy, mode of delivery, gestational age, sex and weight. We tested this hypothesis using a Principal Component Analysis (PCA) (Groth et al., 2013) with the functions of the FactoMineR (<https://cran.r-project.org/web/packages/FactoMineR/index.html>) and factoextra (<https://cran.r-project.org/web/packages/factoextra/index.html>).

### Authors contributions

YS and COG conducted the experiments, analyzed the data and wrote the paper; AF and TA contributed to the collection of samples; JV, PC and MD designed the project, participated in the writing of the paper and provided great support carrying out the experiments; GG designed the project, helped conduct the experiments and participated in the writing of the paper.

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### Declaration of Competing Interest

The authors declare no competing interests in relation to this study. Outside this study, JV reports speaker and consultancy fees in the past 5 years from Meda Pharma (Mylan), Novartis, Sanofi, Thermo Fisher Scientific, outside the submitted work.

We confirm that the manuscript has been read and approved by all named authors.

We confirm that the order of authors listed in the manuscript has been approved by all named authors.

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