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# Pressurized Intraperitoneal Aerosol Chemotherapy: rationale, evidence and potential indications

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#### Short title:

Evidence and indications of PIPAC

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Abbreviations: PIPAC - Pressurized IntraPeritoneal Aerosol Chemotherapy, PM -

Peritoneal Metastasis, CRS – CytoReductive Surgery, HIPEC – Hyperthermic

IntraPEritoneal Chemotherapy, CTCAE - Common Terminology Criteria for Adverse

Events, EORTC - European Organisation for the Research and Treatment of Cancer,

GI – GastroIntestinal, OR – Operative Room, PCI – Peritoneal Cancer Index

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#### Abstract

Pressurized intraperitoneal aerosol chemotherapy (PIPAC) was introduced as a new treatment for patients with peritoneal metastases. Reports of its feasibility, tolerance, and efficacy have encouraged many centres worldwide to adopt PIPAC. We aimed to detail the technique and rationale of PIPAC and to critically review its evidence and potential indications.

A systematic literature search was conducted to identify all relevant articles on PIPAC until January 31, 2019. Only clinical reports were considered, without language restrictions. Results are provided as a descriptive summary, as a meta-analysis could not be performed due to heterogeneity.

A total of 106 articles or reports on PIPAC were identified, and 45 clinical studies on 1'810 PIPAC procedures in 838 patients were retained for the present analysis. The most frequent indication was refractory isolated peritoneal disease, mainly from ovarian, gastric, and colorectal primary cancer, but also from peritoneal mesothelioma, hepatobiliary, and pancreatic cancer. Repeated PIPAC was feasible in 64% of patients with low intra- and post-operative surgical complications (3% and 3% in prospective studies, respectively). Adverse events (CTCAE >2) occurred after 12-15% of procedures, most commonly bowel obstruction, bleeding and abdominal pain. No mortality was observed in prospective studies, while it was 2-7% in retrospective reports. Repeated PIPAC did not have a negative impact on quality of life and improved symptoms in 64% of patients. An objective clinical response of 62-88% was reported for ovarian cancer (median survival 11 to 14 months), 50-91% for gastric cancer (median survival 8 to 15 months), 71-86% for colorectal cancer (median survival 16 months), and 67-75% (median survival 27 months) for peritoneal mesothelioma.

PIPAC has been shown to be feasible and safe. Objective response rates and potential positive impact on quality of life were encouraging. Therefore, PIPAC can be considered a treatment alternative for refractory, isolated peritoneal metastasis of various origins. Further indications need to be validated by ongoing prospective studies.

#### Introduction

Peritoneal metastasis (PM) is a heterogeneous group of primary disease or metastatic spread within the abdominal cavity. The most frequent conditions concern patients with ovarian (up to 46% at initial presentation), gastric (14%), and colorectal (5%) primary tumours and patients with peritoneal mesothelioma.<sup>1-4</sup> A common feature of PM is a limited response to systemic chemotherapy and poor prognosis compared to other metastatic sites, at least in the recurrent setting.<sup>5-7</sup>

Intraperitoneal chemotherapy has been proposed as an alternative approach for these patients to improve tissue concentrations and to limit systemic toxicity.<sup>8-10</sup> This approach is a valid option in several types of malignancies in the adjuvant setting, such as ovarian and gastric cancer.<sup>8,11,12</sup> Long-term survival has been reported for different disease entities when combining cytoreductive surgery (CRS) with hyperthermic intraperitoneal chemotherapy (HIPEC).<sup>13-17</sup> However, high morbimortality and the unclear role of HIPEC have led to limited acceptance, despite growing but still controversial high-level evidence.<sup>18-20</sup>

Pressurized intraperitoneal aerosol chemotherapy (PIPAC) has been proposed as an alternative mode for intraperitoneal drug delivery in certain situations, claiming improved distribution, enhanced tissue uptake, better tolerance, and repeatability using minimally invasive access (Figure 1).<sup>21,22</sup> The intriguing concept and favourable initial reports<sup>23,24</sup> triggered wide adoption of PIPAC, mainly in Europe (appendix p 1). This systematic review aims to detail the rationale and technique of PIPAC and to critically review the available evidence and potential indications.

#### **Data Collection**

#### Systematic review

Medical subject heading (MeSH) terms "Intraperitoneal AND chemotherapy AND pressurized" were used to scrutinize the main electronic databases, including Medline (searched through PubMed), Embase, the Cochrane Database of Systematic Review, and the Cochrane Central Register of Controlled Trials. Pertinent references and electronic links were hand-searched, and cross-referencing was performed for selected articles. The search was limited to studies published between January 1, 2011 (year of first PIPAC in human) and January 31, 2019. The search terms were identified first in the title, and then in the abstract or MeSH. Only reports on pressurized intraperitoneal application of chemotherapy were retained, and other forms of intraperitoneal chemotherapy were excluded. All studies of interest were obtained as full-text articles.

All publications related to PIPAC, including preclinical/clinical reports and systematic/narrative reviews, were considered to retrieve the maximum number of publications, without language restrictions. Due to the focus of the present study on clinical evidence, preclinical reports, reviews, and publications not reporting on any of the clinical outcomes mentioned below were subsequently excluded from the analysis. Clinical reports were further divided into prospective (phase I/II studies) and retrospective evidence.

#### Searching clinical trial registries

Ongoing research was retrieved from the international clinical trial registries ClinicalTrials.gov (https://clinicaltrials.gov) and EU clinical trials register (https://www.clinicaltrialsregister.eu). The International Standard Randomised Controlled Trial Number (www.isrctn.com) was used to identify unpublished prospective trials.

#### Spread of PIPAC technology

The manufacturer of the nebulizer (until 2015: MicroPump<sup>®</sup>, Reger, Villingendorf, Germany; since 2015: CapnoPen<sup>®</sup>, Capnomed, Villingendorf, Germany) was contacted to obtain data on PIPAC procedures over time. For this purpose, the number of sold nebulizers (single use device) was equalized to the number of PIPAC procedures performed.

The International Society for the Study of Pleura and Peritoneum (ISSPP) has been contacted as the authority responsible for the certification of PIPAC course training in order to define the number and geographic location of active institutions performing PIPAC, and expert centres offering certification courses.

#### Outcome assessment

Relevant data were extracted and documented in an *a priori* structured database. The following items were recorded for each study when available: authors, title, year of publication, primary cancer, number of patients, number of PIPAC procedures, and details on the surgical intervention (rate of non-access, repeatability, and intraoperative complications). Post-operative outcome measures included post-operative surgical complications, toxicity according to Common Terminology Criteria for Adverse Events 4.0 (CTCAE criteria),<sup>25</sup> mortality, overall survival, and progressionfree survival. (prospective studies).

Tumour response was recorded if assessed according to RECIST criteria,<sup>26</sup> histological response (i.e., objective tumour response) including peritoneal regression grading score (PRGS),<sup>27</sup>, (TRG) according to Glaze et al<sup>28</sup> and according to Dworak et al<sup>29</sup> or peritoneal cancer index (PCI)<sup>30</sup> improvement. Consistently across all studies reporting efficacy, tumour response was assessed in patients who received at least

one cycle of the study medication. Quality of life (QoL), symptom relief, or decreased ascites were assessed in studies specifically reporting on these outcomes. Data are presented in accordance with the PRISMA statement (Figure 2).<sup>31</sup>

#### Statistical analysis

Meta-analysis of outcomes was not performed due to heterogeneous original data and outcome measurements. Instead, descriptive statistics were applied and the available information summarized in table form with descriptively pooled outcome data (weighted means) according to level of evidence (prospective or retrospective). Of note, pooling of data was not performed if assessment or reporting of specific outcomes was heterogeneous, as specified in Table 2.

#### **Findings**

The systematic literature review identified 106 publications on PIPAC, with an exponential increase since 2016 (appendix p 2). Excluding 25 preclinical studies, 24 reviews or narrative reports, 10 trial proposals, and 2 unpublished conference reports, 45 clinical studies, including case studies and occupational health studies, were retained (Figure 2). Considering overlapping patient cohorts, the analysis included 1'810 PIPAC procedures in 838 patients. The main disease entities were ovarian (41·2%), gastric (22·1%), colorectal (12·4%), peritoneal mesothelioma (6·9%), and other (17·4%) cancers, including pseudomyxoma peritonei, hepatobiliary, and pancreatic origin. In the same timeframe, 5151 PIPAC procedures were performed by active PIPAC centres (appendix p 1), with a sharp increase in 2017 and 2018 (appendix p 2).

#### PIPAC: procedure, safety protocol, treatment regimens

Technique, safety protocol, and treatment regimens are highly standardized among expert centres, as highlighted by recent analyses.<sup>32-35</sup> The abdomen is accessed with one 10/12-mm (nebulizer) and one 5-mm (optical) trocar (Figure 1). The same incisions are used for consecutive procedures. The abdomen is insufflated with CO<sub>2</sub> under standard pressure conditions (12 mmHg). Ascites is quantified (cytology) and in case there was no ascites, a peritoneal flushing is performed, and the fluid is sampled for cytology. The abdominal cavity is then explored with documentation of the Peritoneal Cancer Index (PCI) and at least three representative biopsies are taken using biopsy forceps. Intraperitoneal chemotherapy containing Oxaliplatin alone or Cisplatin followed by Doxorubicin injected in sequence is then applied as an aerosol using a standard high-pressure injector (maximal upstream pressure: 290 psi, flow rate 0.5-0.7 ml/s) and the procedure-specific nebulizer (CapnoPen<sup>®</sup>). After

injection, the therapeutic capnoperitoneum is maintained for 30 min before the remaining aerosol is evacuated into a closed aerosol waste system through two microparticle filters in the wall outlet. Two different safety protocols have been validated by different institutions and regulatory bodies and include the features of air-tight abdomen, advanced air flow in the OR, remote administration, and checking of all items against a standardized safety check-list.<sup>21,33</sup> Contraindications for PIPAC should be respected and include life expectancy <3 months, bowel obstruction, exclusive total parenteral nutrition (TPN), decompensated ascites, simultaneous tumor debulking with gastro-intestinal resection, and previous anaphylactic reaction to the drug used, in addition to the relative contraindications of extraperitoneal metastasis, ECOG > 2, and portal vein thrombosis.

Two intraperitoneal regimens are currently used for PIPAC procedures: cisplatin in combination with doxorubicin, and oxaliplatin as monotherapy. Doses are detailed below. At least three PIPAC procedures are foreseen at 6±2 week intervals, but thereafter treatment can be pursued depending on tolerance and treatment response.<sup>36,37</sup>

PIPAC has been administered alone or after systemic 5-FU.<sup>36,38,39</sup> Concomitant systemic treatment is possible with most currently used regimens, including FOLOFOX, FOLFIRI, FLOT, and EOX. Most centres would recommend no systemic treatment for 2 weeks before and 1 week after the PIPAC procedure. Typical treatment schemes are provided in Figure 3.

#### Evidence: feasibility, safety, toxicity, tolerance, QoL

Doses for the combined cisplatin and doxorubicin regimen were defined by a doseescalation study in patients with ovarian cancer.<sup>40</sup> The combined regimen (10.5 mg/m<sup>2</sup> cisplatin, 2·1 mg/m<sup>2</sup> doxorubicin) will be evaluated in a future phase III study, PIPAC OV-3.<sup>41</sup> Two-dose escalation studies are ongoing<sup>42,43</sup> (NCT03172416 -NCT03294252) to define the optimal dose of oxaliplatin, which is currently used at the empirical dose of 20% (92 mg/m<sup>2</sup>) of the Elias regimen for HIPEC.<sup>44</sup>

The feasibility, safety, and tolerance of repeated PIPAC treatment were confirmed by four prospective and 16 retrospective cohort studies. Surgical complications were rare (prospective studies: 3% intra-operative and 3% post-operative; retrospective studies: 0-11% intra-operative and 0-6% post-operative). Across all studies, adverse events (CTCAE >2) occurred after 12-15% of procedures (most common: bowel obstruction, 0-5%; bleeding, 0-4%; abdominal pain, 0-4%). Whereas no mortality was observed in prospective trials, the mortality rate in retrospective studies was  $2 \cdot 7\%$ . Feasibility (non-access), repeatability and tolerance (adverse events) are given in detail in Table 1.

Toxicity and occupational health issues were assessed by nine independent groups. Peripheral systemic drug uptake under PIPAC was minimal (venous doxorubicin concentrations: 4.0-6.2 ng/ml; half-life 86 to 468 minutes).<sup>22</sup> Six studies evaluated renal and hepatic toxicity and inflammatory response.<sup>38,45-49</sup> Consistently, no cumulative hepatic or renal toxicity was observed. A modest and transitory inflammatory response (C-reactive protein increase, leucocytosis) was observed,<sup>38,47</sup> commensurate with disease extent.<sup>47</sup> A recent report demonstrated severe hypersensitivity reactions in 3% of patients, but all were managed without further complications.<sup>50</sup> Occupational health issues were specifically and independently assessed by five groups, demonstrating very low risk of exposure with adequate safety measures.<sup>51-55</sup>

QoL was studied independently by four groups, showing consistently stable or improved global QoL scores and symptom improvement in 64% of patients.<sup>36-38,46,56-59</sup>

#### Evidence: oncological efficacy

Treatment response was assessed in four prospective and eleven retrospective cohort studies using different endpoints (Table 2). An objective clinical response was reported in 62-88% of ovarian cancer patients (mostly third line) translating into a median survival of 11 to 14·1 months. The clinical response for gastric cancer patients (salvage and upfront) was between 50 and 91%, with a median survival of 8·4-15·4 months, 71-86% for colorectal cancer (third line; median survival 15·7 months), and 67-75% (median survival 27 months) for peritoneal mesothelioma.

#### **Outlook: ongoing and planned clinical studies on PIPAC**

Twelve clinical trials of PIPAC are currently recorded in international registries (appendix p 3). Most of them were launched within the last year, including a phase III study of platinum-resistant ovarian cancer<sup>41</sup> and two multicentre studies for gastric and upper gastrointestinal cancer.<sup>60,61</sup>

#### Discussion

PIPAC is a new treatment alternative for patients with PM and has undergone thorough initial evaluation. Based on 1'810 procedures in 838 patients, PIPAC is a feasible, safe, and well-tolerated treatment with no negative impact on QoL. Oncological efficacy has been documented, according to different assessment tools, in 50 to 88% of patients with advanced PM refractory to standard treatment. A prospective registry and multiple prospective clinical trials, including a phase III study, should help define the most appropriate indications for PIPAC treatment.

PM is a common occurrence in intra-abdominal malignancies and is associated with a dismal prognosis in the absence of an aggressive therapeutic approach.<sup>62</sup> PM remains an unsolved challenge in modern oncology, and patients with PM have been barely included in randomized trials.<sup>5</sup> For unresectable PM, systemic chemotherapy remains the standard of care. However, efficacy is limited due to a weak penetration of agents into the peritoneum (low blood flow, interstitial fibrosis, plasma-peritoneal barrier) with consecutive relative chemoresistance and non-negligible toxicity.<sup>7,63</sup> Standard intraperitoneal chemotherapy by lavage still has important pharmacokinetic limitations, such as unequal distribution, poor tissue penetration, and single-dose administration for HIPEC. Thus, in early 2000, the German pioneer group introduced the idea of therapeutic capnoperitoneum under pressure by testing a device for this approach, with initial technical issues preventing it from being applicable in the clinical sitting.<sup>64</sup> The same group created a second generation device 10 years later to resolve the issues of the previous device.<sup>65</sup> Following the principles of the IDEAL framework,<sup>66</sup> this innovative surgical technique went through multiple steps. After creating the device and resolving the initial technical difficulties (stage 1: innovation), PIPAC went through multiple evaluations. Preclinical studies demonstrated good

penetration of PIPAC into the tumour nodules and good distribution inside the abdominal cavity (stage 2a: development).<sup>23,24,67,68</sup> Surgical techniques were standardized by the same group.<sup>22,67</sup> Thereafter, highly standardized training workshops were initiated by the same group, and the technique was adopted and confirmed by other expert groups in recent studies (appendix p 1).<sup>32-35</sup> The concept of PIPAC was supported by favourable initial reports regarding the feasibility, safety, treatment regimens, tolerance, QoL, and oncological efficacy (stage 2b: exploration).<sup>23,24</sup> PIPAC has been broadly adopted, mainly in Europe, and has succeeded in the development and exploration part of the IDEAL framework, as confirmed by this review; it is proceeding to stage 3 (assessment) in several clinical trials, including phase I, II, and III trials in different indications (appendix p 3). The next step is to initiate more trials to evaluate the long-term outcome and follow-up phase (stage 4: long-term study). The level of evidence (PFS) of palliative systemic chemotherapy, immunotherapy, surgery and intraperitoneal chemotherapy for treating patients with PM is low as compared to liver metastasis, for example.<sup>5</sup> Furthermore, due to a shortage of drugs approved for intraperitoneal delivery, cisplatin, doxorubicin and oxaliplatin are currently used off-label for HIPEC, PIPAC and other catheter-based systems. PIPAC is not a defined therapy but a generic system for IP drug delivery able to aerosolize a large range of substances in a variety of diseases and indications. It is not possible to evaluate this system by comparing it to other administration routes (intravenous, rectal, etc..).

For the treatment of resectable PM, CRS and HIPEC is the gold standard for pseudomyxoma peritonei and peritoneal mesothelioma,<sup>69,70</sup> and also an option for colorectal, ovarian, and gastric PM in selected patients.<sup>15,17,20,71</sup> However, because of its morbidity and mortality, this curative approach is limited to highly select patients with favourable tumour biology and few co-morbidities. For unresectable PM, there is

no role for such aggressive treatment, and the systemic chemotherapies and targeted therapies remain the standard of care. For colorectal PM, the best median survival by systemic chemotherapy was estimated to be 16.3 months.<sup>5</sup> In patients treated by PIPAC, only one study exclusively evaluated the survival in colorectal PM, and it reached 15.7 months in a total of 17 patients.<sup>72</sup> Multiple clinical trials are ongoing to assess the role of PIPAC in this indication. For gastric PM, multiple studies have estimated a survival of 8.4 to 15.4 months after PIPAC (Table 2). In addition, Alyami et al<sup>73</sup> recently presented results from the Lyon cohort in ESSO38 with an excellent median survival of 19.1 months. These preliminary results in gastric PM are promising compared to current data for patients treated with systematic chemotherapy alone, in whom the reported median survival did not exceed 10.7 months.<sup>74</sup> Among patients with recurrent platinum-resistant ovarian cancer, Pujade-Lauraine et al reported 16.6 months survival as the best outcome for systemic chemotherapy.<sup>75</sup> On the other hand, the available data indicated survival ranging between 11 and 14.1 months after PIPAC (Table 2). Giger-Pabst et al reported 26.1 months of survival (Table 2) after PIPAC in 26 patients with malignant peritoneal mesothelioma.<sup>37</sup> Twelve months was the best survival reported for this indication using systemic chemotherapy only.<sup>76</sup> Finally, subsequent CRS and HIPEC after PIPAC as neoadjuvant treatment was described by Girshally et al.<sup>77</sup> They performed CRS and HIPEC in 21 of 406 patients (5.2%) with unresectable PM. Among these patients, more than 50% presented a low PCI (mean  $5.8 \pm 5.6$ ). In addition, the French data presented recently at ESSO38 indicates that 21 of 146 patients (14.4%) with an initial median PCI of 16 had a successful secondary CRS and HIPEC.78 These data suggest that strictly selected patients with unresectable PM could be eligible for secondary CRS and HIPEC after repeated PIPAC sessions with palliative intent. The online (appendix p 3) details the ongoing clinical trials to date regarding

PIPAC, which will provide us more evidence in the next few years. In palliative management, the survival should not be the only and principal endpoint. QoL and treatment tolerance represent a major issue for which the preliminary results of PIPAC appear promising.<sup>58,59</sup> The replacement of one cycle of systemic chemotherapy with PIPAC every 6±2 weeks, as has been proposed by several teams (Figure 3), may improve the overall tolerance and QoL by reducing the adverse effects of systemic treatment.<sup>38</sup> Future studies should evaluate whether this reduction in dose intensity is not counterbalanced by a decrease in efficiency.

To date, it is difficult to define indications for PIPAC without large prospective comparative studies. The potential indications for PIPAC are summarized in Table 3, along with proposed indications for HIPEC according to the best available evidence. Currently, the intent and indications are very different for HIPEC and PIPAC. HIPEC performed in conjunction with CRS offers the best outcomes, with potentially curative intent, but only for highly selected patients with PM.<sup>15,17,20,69-71</sup> Most of these patients benefit from additional peri-operative systemic chemotherapy, and the outcomes of systemic chemotherapy alone have improved considerably with the advent of multidrug combinations, including targeted therapies.<sup>5</sup> However, for patients who are not candidates for CRS and do not tolerate or respond (anymore) to systemic treatment, off-label PIPAC therapy appears to be legitimate, and PIPAC can currently be considered a treatment option in patients without a validated treatment approach. However, PIPAC should only be performed within the framework of clinical studies when competing with an evidence-based therapy (Table 3). Some of these guestions are currently being investigated in prospective study protocols (appendix p 3), including a phase II trial evaluating PIPAC with oxaliplatin as an adjuvant therapy in resected high-risk colon cancer (NCT03280511),<sup>79</sup> a phase I/II study of oxaliplatin

dose escalation for non-resectable PMs of digestive cancers (stomach, small bowel, and colorectal; NCT03294252),<sup>43</sup> PIPAC EstoK 01, a randomized and multicentre phase II study of PIPAC with cisplatin and doxorubicin in gastric PM,<sup>60</sup> PIPAC-OV3, a multicentre, open-label, randomized, two-arm phase III trial of the effect of cisplatin and doxorubicin on progression-free survival as PIPAC vs. chemotherapy alone in patients with platinum-resistant recurrent epithelial ovarian, fallopian tube, or primary peritoneal cancer (EudraCT number 2018-003664-31),<sup>41</sup> and a phase III, prospective, open, randomized multicentre clinical study with two arms that aim to evaluate the effects of PIPAC combined with systemic chemotherapy vs. intravenous systemic chemotherapy alone in patients with metastatic upper GI tumours and PM (EudraCT: 2018-001035-40).<sup>61</sup> Finally, international prospective the PIPAC registry (NCT03210298) should provide regularly updated large-scale information on safety, efficacy, and QoL for different disease entities and indications. Currently, the surgical approach and administration of PIPAC are standardized and homogenous, indications and treatment regimens are highly standardized among treatment centres<sup>32</sup> and dedicated training centres (appendix p 1), and the ISSPP-endorsed standardized PIPAC training curriculum should help maintain homogeneity and high treatment standards. The standards include respecting the contraindications to PIPAC treatment in order to prevent avoidable (severe) complications and futile treatment.

Eight years after the first PIPAC treatment in humans and 4 years after wider adoption (appendix p 2), PIPAC should still be considered a new technique. So far, no comparative studies have been performed and, as with any new treatment, no long-term results are available yet. Therefore, in accordance with the IDEAL framework, PIPAC is still in the assessment stage. The current status of PIPAC evaluation has several problems. The available studies are heterogeneous with regards to patients and indications. In addition, there is patient overlap between studies from the same groups. For the present analysis, duplicates were carefully removed. Furthermore, assessment of treatment response and efficacy, such as PRGS, RECIST, and PCI, differed considerably between studies (Table 2); standardization for future studies is a top priority. A new method of assessing the tumour response, especially for micronodular diffuse PM, which is not sufficiently visible on morphological exams, should probably be established with this new therapeutic technique. Currently, PIPAC is indicated mainly for palliative patients. The appropriate endpoints to evaluate or promote this innovative technique could be one or more of the following items: OS, DFS, QoL, ascites control, and obstruction-free survival. Finally, there are no randomized trials yet for any treatment modality measuring these outcomes in patients with PM.

The current analysis has methodological limitations. A meta-analysis of the data was not feasible due to heterogeneity. Comparative data are not available yet, and selection bias is a potential problem. Practiced on a larger scale only since 2015, long-term data cannot be expected before 2020. Furthermore, PIPAC is currently not considered as superior to liquid intraperitoneal chemotherapy and PIPAC dosing, pressure, exposure time, and time intervals are still empiric. These are all inherent limitations of new treatments. However, the introduction and evaluation of PIPAC closely follows the IDEAL framework, including three major points: (I) homogeneity of technique, indications, and drug regimens,<sup>32</sup> (II) structured certification courses for safe implementation of this potentially dangerous method with endorsement by a scientific society (ISSPP), and (III) scientific evaluation from the beginning within an international academic network using a prospective registry and multiple prospective clinical studies, including dose-finding and randomized phase III studies evaluating efficacy.

#### Conclusion

PIPAC can be considered a safe and promising treatment alternative for patients with advanced isolated refractory peritoneal disease. Other indications are currently being studied according to the IDEAL framework, such as prophylactic, neoadjuvant, or adjuvant treatment strategies including treatment combinations with systemic regimens. Reliable results should be available within the next 5-10 years.

#### **Conflicts of interest**

We declare that we have no conflicts of interest.

#### Contributors

MA and MH developed the idea. MA, MH and FG drafted the review and prepared the tables and figures. All authors substantially revised the manuscript. All authors reviewed and approved the manuscript prior to submission. MA and MH both contributed equally to this manuscript.

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#### Figure legend:

#### Figure 1 Schematic of (PIPAC) set-up

A hermetically sealed 10/12-mm trocar and a 5-mm balloon trocar are inserted. The liquid chemotherapy regimen is vaporized using a standard injector connected to a nebulizer. Reprinted from *Rev Med Suisse* with permission from *Médicine et Hygiène*.<sup>89</sup>

#### Figure 2 Flow chart of selected studies

The selection process adheres to the guidelines outlined in the PRISMA statement.

#### Figure 3 Concomitant systemic and intraperitoneal treatment

Suggested treatment schedule for PIPAC every 6±2 weeks, alternating with systemic chemotherapy.

PCI - Peritoneal Cancer Index, PRGS - Peritoneal Regression Grading Score, chemo -

chemotherapy, CT – computed tomography.



#### Figure 2 Flow chart of selected studies



The selection process adheres to the guidelines outlined in the PRISMA statement.



Prospective	Main primary	N	n PIPAC	Non-access	≥2 PIPAC	Surgical complications	Adverse events (CTCAE 4-0)			
						-	3	4	5	
PIPAC OV-1 <sup>55</sup>	ovarian	64	130	17% (11/64)	81% (43/53)	8% (4/53)	8/53	0/53	0/53	
PIPAC GA-1	gastric	25	43	N/A	48% (12/25)	N/A	4/25	0/25	0/25	
PIPAC GA-2 <sup>37</sup>	gastric	31	56	0	48% (15/31)	3% (1/31)	4/31	0/31	0/31	
PIPAC OPC-1 <sup>78</sup>	various	35	129	0	86% (30/35)	6% (2/35)	4/35	1/35	0/35	
SUBTOTAL/ Weighted means		155	358	8.5%	69·4%	5.9%	13·9%	0.7%	0	
Retrospective										
Tempfer 14 <sup>79</sup>	ovarian	21	34	14% (3/21)	44% (8/18)	17% (3/18)	3/18	2/18	0/18	
Tempfer 1544	ovarian	99	252	17% (17/99)	61% (50/82)	6%* (5/82)	17/82	3/82	0/82	
Nadiradze 15 <sup>80</sup>	gastric	25	60	4%** (1/25) 13%*** (3/24)	71% (17/24)	5% (3/60 pr.)	6/24	1/24	2/24 (nr)	
Odendahl 15 <sup>56</sup>	various	91	158	N/A** 6%*** (5/91)	53% (48/91)	3% (3/91)	8/91	1/91	3/91 (2r, 1nr)	
Robella 16 <sup>36</sup>	various	14	40	0	100% (14/14)	0	0/14	0/14	0/14	
Demtröder 16 <sup>70</sup>	colorectal	17	48	0**, 35%*** (6/17)	82% (14/17)	0	4/17	0/17	0/17	
Graversen 17 <sup>54</sup>	pancreatic	5	16	0	100% (5/5)	0	0/5	0/5	0/5	
Hübner 17 <sup>81</sup>	various	44	91	4% (2/44)	71% (30/42)	2% (1/42)	0/42	0/42	1/42 (nr)	
Alyami 17 <sup>34</sup>	various	73	164	N/A	62% (45/73)	N/A	14/73	0/73	5/73 (1r, 4nr)	
Khosrawipour 1782	pancreatic	20	41	0**, 15%*** (3/20)	50% (10/20)	0	0/20	0/20	1/20 (nr)	
Falkenstein 1883	biliary tract	13	17	15% (2/13)	45% (5/11)	0	0/11	0/11	0/11	
Kurtz 18 <sup>84</sup>	various	71	142	11% (8/71)	62% (39/63)	5% (7/142 pr.)	1/63	0/63	1/63 (nr)	
Gockel 18 <sup>85</sup>	gastric	28	46	11%** (3/28) 8%*** (2/24)	58% (14/24)	N/A	0/24	0/24	0/24	
Horvath 18 <sup>86</sup>	pancreatic	12	23	0	50% (6/12)	0	0/12	0/12	0/12	
Jansen-Winkeln 1853	various	62	111	8%** (5/59) 7%*** (4/54)	61% (33/54) 13% (7/54) N/A N		N/A	N/A		
Giger-Pabst 1835	mesothelioma	29	74	24% (7/29)	91% (20/22)	0	1/22	2/22	1/22 (r)	
SUBTOTAL/ Weighted means		624	1317	10.5%**	62.6%	not pooled (data heterogeneity)	10.4%	1.7%	r: 0⋅8% nr: 1⋅9%	

**Table 1** Feasibility, safety, and tolerance of pressurized intraperitoneal aerosol chemotherapy (PIPAC)

CTCAE – Common Terminology Criteria for Adverse Events, N/A – not available, r – death related to PIPAC procedure, nr –death not related to PIPAC procedure, pr. – procedures, N – number of patients, PIPAC GA-1 (NCT01854255) – doi : 10.1200/JCO.2017.35.4\_suppl.99 \*CTCAE grade <sup>3</sup>/<sub>4</sub>, \*\*primary non-access (during 1<sup>st</sup> PIPAC), \*\*\*secondary non-access (during repeated intended PIPAC), \*\*\*\*presented at SSO meeting 2/18/2018, Jacksonville, FL

#### N ≥ 2 PIPAC Primarv Study/author Assessment of response Survival Rearession **PCI** improvement Histological RECIST Other score ITT: 62% (33/53)-76% (26/34 3rd 72% (38/53)\* ITT: 62% (33/53) OS: 331 d (mean) Ovarian PIPAC OV-157 81% (43/53) 64 Glaze et al. PIPAC) PP: 76% (26/34)-PP: 52% (16/31)\* PFS: 144 d (mean) 88% (30/34)\* Tempfer 1481 44% (8/18) PP: 75% (6/8) TRGS 442 d (mean) 21 PP: 76% (38/50) Tempfer 15<sup>46</sup> 99 61% (50/82) 64% (32/50) Glaze et al. 14.1 m (median) ITT:40% (10/25) ITT: 36% (9/25) 8.4±1.7 m (mean) PRGS Gastric PIPAC GA-1 25 48% (12/25) PP: 75% (9/12) PP: 77% (10/13) PCI ≤ 12: 13·1±3·5 PP: 60% (9/15)-PIPAC GA-2<sup>39</sup> PRGS 31 48% (15/31) 13 m (median), 1-year OS: 49.8% 91% (21/23) ITT: 50% (12/24) TRGS Nadiradze 1582 25 71% (17/24) 15.4 m (median) PP: 71% (12/17) 79% stable or 210 days (median, all) Gockel 1887 58% (14/24) 57% (8/14) PP:79% (11/14) PRGS 24 decreased ascites 450 days (median, ≥3 PIPAC) ITT: 71% (12/17) Colorectal Demtröder 1672 17 82% (14/17) TRGS 15.7 m (mean) PP: 86% (12/14) Graversen 1756 100% (5/5) 14 m (median), 10-20 m (range) Pancreas 5 PP: 80% (4/5) PRGS Khosrawipour 1784 PP: 70% (7/10) TRGS 20 50% (10/20) 36-6 w Biliary tract Falkenstein 1885 13 45% (5/11) PP: 80% (4/5) PRGS 85 d (median, overall) Mesothelioma Giger-Pabst 1837 29 91% (20/22) PP: 75% (15/20) Dworak et al. 26.6 m (median) ITT: 57% (20/35) Various PIPAC OPC-1<sup>80</sup> PRGS 35 86% (30/35) PP: 67% (20/30) 61% (PP) 46-63% with Alvami 1736 62% (45/73) 73 65% (3rd PIPAC) symptom relief Kurtz 1886 71 62% (39/63) PP: 67% (24/36) PRGS 11.8 m (median) PP: 73.7% PP: 56.4% TOTAL/ 552 65.0% 66·7% Not pooled (different primaries) ITT: 57.1% ITT: 59% Weighted mean

#### Table 2: Clinical efficacy of pressurized intraperitoneal aerosol chemotherapy (PIPAC)

Studies reporting on < 5 patients excluded. PCI – Peritoneal Cancer Index, RECIST – Response Evaluation Criteria in Solid Tumours, PP – per protocol, ITT – intention to treat, OS – overall survival, PFS – progression-free survival, d – days, w – weeks, m – months, N – number of patients, TRGS – tumor regression grading system, PRGS – peritoneal regression grading score, PIPAC GA-1 (NCT01854255) – doi : 10.1200/JCO.2017.35.4\_suppl.99
\*external blinded assessment.

	Colorectal cancer		Gastric cancer		Ovarian cancer		Peritoneal mesothelioma		Biliary tract cancer		Appendiceal cancer	
	PIPAC	HIPEC	PIPAC	HIPEC	PIPAC	HIPEC	PIPAC	HIPEC	PIPAC	HIPEC	PIPAC	HIPEC
High risk for PM after primary tumour resection	USC	USC	USC	USC	-	-	-	-	?	?	-	-
Upfront or interval situation and resectable PM	USC	PCl≤ 15	USC PCI> 6	USC PCI ≤ 6	USC	+	USC	+	USC	USC	-	+
Synchronous or recurrent PM as : - sole metastatic site - and unresectable disease, - or patient not eligible to extensive CRS and/or HIPEC - and with 2 <sup>nd</sup> or 3 <sup>rd</sup> line of systemic chemotherapy <sup>-</sup>	+	-	+	-	+	-	+	-	+	-	+	-
Refractory ascites	+	-	+	-	+	+/-	+	-	+	-	+	-
Systemic chemotherapy intolerance	+	-	+	-	+	-	+	-	+	-	+	-
Unfavourable histology	+*	-*	+*	-*	+°	+°	+"	+/-¨	+	-	+*	-*

## Table 3. Potential indication for Pressurized Intraperitoneal Aerosol Chemotherapy (PIPAC) and Hyperthermic IntraperitonealChemotherapy (HIPEC)

PM, peritoneal metastasis; CRS, cytoreductive surgery; USC, under study condition; PCI, peritoneal carncer index

<sup>-</sup> unfavorable histology is an additional argument to introduce PIPAC earlier in the treatment strategy in this situation

\* signet ring histology

° clear-cell carcinoma, undifferentiated ovarian cancer

sarcomatoid or biphasic peritoneal mesothelioma