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Fatal *Fusobacterium necrophorum* infection with gynecological Lemierre's syndrome
Infection fatale à *Fusobacterium necrophorum* avec syndrome de Lemierre gynécologique

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A 22-year-old woman with no medical history was admitted to the emergency department of a primary care hospital with a flu-like syndrome after several days of self-medication with ibuprofen.

On examination the patient complained of asthenia and dyspnea. The pulmonary examination revealed a productive cough. Her temperature on admission was 38.2°C. Laboratory findings revealed acute kidney failure (creatinine clearance: 13 mL/min estimated by MDRD formula), acute liver failure, and elevated serum lactate level of 6 mmol/L. Blood specimens were collected for culture. The patient was transferred to the tertiary care hospital of Amiens for admission to the intensive care unit because of signs of severe sepsis.

On arrival the patient's clinical presentation had deteriorated with respiratory distress and severe dyspnea. Her respiratory rate was high and nasal oxygen was increased to 6 L/min. The chest examination revealed small non-necrotic purpuric lesions. The gynecological examination revealed suspicious leukorrhea and vaginal edema with no intrauterine device. Laboratory tests indicated a white blood cell count of 23,000/mm³, a platelet count of 11,000/mm³, anemia (hemoglobin 10 g/dL), C-reactive protein at 320 mg/L, severe acute kidney failure (creatinine clearance 13 mL/min, serum creatinine 398 µmol/L, and serum urea 25.7 mmol/L), severe liver failure (serum bilirubin 65 µmol/L, prothrombin time 43%) with no signs of hemolytic anemia (schizocytes 1%, serum haptoglobin 1.78 g/L). The chest-abdomen-pelvis computed tomography revealed multiple alveolar consolidations and a pericervical, uterine, and pelvic collection without air bubbles. Fluid therapy, oseltamivir, and empirical antibiotic therapy with cefotaxime/rovamycine for community-acquired pneumonia and/or severe flu were initiated. Despite treatment, the patient developed hypotension within the following hour which was refractory to repeated fluid challenges

leading to the administration of high-dose norepinephrine and orotracheal intubation with mechanical ventilation. A renal replacement therapy was initiated due to lactic acidosis. Gynecological referral and a more thorough examination did not reveal any clinical induration of the abscess. Blood cultures yielded Gram-negative bacteria without identification. A broad-spectrum antibiotic therapy was administered with piperacillin-tazobactam, amikacin, and clindamycin. Laboratory tests for macrophage activation syndrome were performed, but without any significant results (ASAT: 82 IU/L, ALAT: 30 IU/L, serum ferritin: 2,570 ng/L, serum triglycerides: 1.91 g/L).

The patient's clinical status deteriorated with the administration of norepinephrine at 2.8 µg/kg/min associated with increased serum lactate levels and refractory arterial hypotension and poor tissue perfusion. Despite the presence of clinical induration, a vaginal biopsy was performed. The histological examination revealed a non-specific inflammation with polymorphonuclear cell infiltration without any abscess nor necrosis. Surgery was suggested but with an unfavorable benefit/risk ratio: no collection observed on CT scan, refractory shock with high-dose vasoactive drug administration, and laboratory signs of coagulopathy secondary to sepsis. The patient developed sepsis with multiple organ dysfunction syndrome 36 hours after admission and died.

An autopsy was performed the following day and revealed suppurative alveolitis with multiple infarctions and thrombophlebitis, bilateral pleurisy, shock liver, signs of macrophage activation syndrome, and congestive spleen. The examination of the pelvis revealed necrosis of the vaginal wall and cervix, and abscesses with suppurative thrombophlebitis of the pelvic, periuterine, and perivesical adipose tissues (Figure 1). The pre-mortem bacteriological examination identified *Fusobacterium necrophorum* in bronchoalveolar lavage culture, blood culture, and vaginal biopsy. Antimicrobial

susceptibility testing showed susceptibility to amoxicillin, cefotaxime, and metronidazole, intermediate susceptibility to rifampicin, and resistance to vancomycin.

Discussion

Many reports of *F. necrophorum* have been published in the literature, but few focused on gynecological infections (Table 1). *F. necrophorum* is a commensal bacterium of the gastrointestinal tract commonly responsible for pharyngitis. It is also found in the oral cavity and vagina. It is known to induce soft tissue infection with abscess formation, subsequently resulting in septic thrombophlebitis. The combination of internal jugular vein thrombophlebitis and pharyngitis is known as Lemierre's syndrome (Lemierre reported the first cases in 1936) [1].

Our case report is a gynecological case of Lemierre's syndrome. The patient's clinical presentation was initially confusing as she presented with respiratory symptoms associated with a flu-like syndrome in a seasonal context of influenza epidemic. She did not complain of any gynecological symptoms. The gynecological examination revealed early signs of edema. However, her primary symptoms suggested respiratory failure. The self-medication with ibuprofen may have worsened the clinical presentation. Our diagnosis of severe pneumonia and/or influenza had to be revised as the patient developed refractory severe septic shock several hours after admission, which is quite unusual considering her young age and the absence of history of immunosuppression. Further investigations were performed following the extension of the vaginal edema after the first day of admission. Several gynecological examinations did not find any intrauterine device. The pelvic CT scan revealed a soft tissue infiltration, but no organized collection justifying surgery, especially in the presence of uncontrolled circulatory failure and sepsis-induced coagulopathy.

The microbiological identification was not difficult. Blood culture, bronchoalveolar lavage, and vaginal secretions were all positive for *F. necrophorum*. *F. necrophorum* is an anaerobic filament-forming Gram-negative bacillus [2].

The pathogenesis is associated with leukotoxin production. The inoculation of virulent toxin-producing strains induces thrombosis [3]. The antibiotic therapy consisted of cefotaxime adapted to the results of the antimicrobial susceptibility test. No standard therapy has ever been established. Many case reports were associated with successful outcome with metronidazole (500 mg every 8 hours) and ceftriaxone (2 g every 24 hours) [1]. As some strains may produce beta-lactamases, the use of penicillin should be combined with a beta-lactamase inhibitor [4]. Drainage of fluid collections and/or debridement of necrotic tissue are necessary. Due to the unusual clinical presentation of our patient, surgery was proposed too late at the stage of multiple organ failure. The autopsy confirmed the pulmonary involvement with multiple lung and pleural abscesses. A hematogenous spread seemed possible as blood cultures were positive, and the autopsy revealed secondary lung abscesses and uterine and lung phlebitis.

No standard therapy has ever been established. Only case reports or small series have been published in the literature. An indexed search on PubMed using “fusobacterium” [mesh] AND “gynecologic disease” identified seven cases [5,6,7,8,9,10] in women aged between 15 and 47 years. The gynecological presentations varied with a history of uterine tube infection, rectal or bladder fistula, or secondary hepatic or mesenteric abscesses. One death was reported among these published case reports. Surgery combined with a three-drug antibiotic therapy was suggested, usually including third-generation cephalosporin, metronidazole, and beta-lactam antibiotics.

Conclusion

Gynecological Lemierre's syndrome may induce septic shock and pulmonary infections.

This rare diagnosis must be kept in mind. Treatment is based on an emergency antibiotic therapy with metronidazole and cephalosporin, curative anticoagulation, and surgery.

Declaration of interests

The authors declare no competing interest.

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Ethical approval

Not required

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Figure 1. A/ Multifocal abscessed necrosis with suppurative thrombophlebitis of the vaginal wall, cervix. B/ Necrotic areas with suppressed venous thrombosis with bacterial cluster.

Figure 1. A/ Nécrose abcédée plurifocale avec thrombophlébite suppurée de la paroi vaginale et du col de l'utérus. B / Plages nécrotiques avec thrombose veineuse supprimée avec amas de germes.

Table 1. Review of seven cases of gynecological Lemierre's syndrome**Tableau 1.** Revue de la littérature : sept cas de syndrome de Lemierre

Case number	Ref	Age (year)	Infection source	Secondary sites	Thrombosis	Outcome
1	[4]	47	IUD	Lung	Left ovarian vein	Survival
2	[5]	35	IUD	Liver	NA	Survival
3	[6]	NA	Uterus	Bladder	NA	NA
4	[7]	NA	IUD	Fallopian tubes	NA	Death
5	[8]	15	Vagina	Lung	Right common iliac vein	Survival
6	[9]	26	Uterus	Lung, liver	Internal jugular vein	Survival
7	[10]	44	Cervix	Pleura, lung, liver	Internal jugular vein	Survival

IUD: intrauterine device; NA: non-available