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Detecting Stress Granules in *Drosophila* neurons

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Abstract

Stress granules (SGs) are cytoplasmic ribonucleoprotein condensates that dynamically and reversibly assemble in response to acute or chronic stress. They are thought to contribute to the adaptive stress response by storing translationally inactive mRNAs as well as signaling molecules. Recent work has shown that SG composition and properties depend on both stress and cell types, and that neurons exhibit a complex SG proteome and a strong vulnerability to mutations in SG proteins. *Drosophila* has emerged as a powerful genetically tractable organism where to study the physiological regulation and functions of SGs in normal and pathological contexts. In this chapter, we describe a protocol enabling quantitative analysis of SG properties in both larval and adult *Drosophila* CNS samples. In this protocol, fluorescently-tagged SGs are induced upon acute *ex vivo* stress or chronic *in vivo* stress, imaged at high-resolution *via* confocal microscopy and detected automatically, using a dedicated software.

Keywords: central nervous system, confocal imaging, fluorescent stress granule proteins, automated detection, *Drosophila melanogaster*

1. Introduction

Cellular stress induces a translational shutdown within minutes, characterized by inhibition of translation initiation and polysome disassembly. Cytoplasmic release of translationally inactive mRNAs in turn triggers the assembly of hundreds of nanometer-sized membraneless compartments enriched in stalled housekeeping transcripts and associated proteins, and referred to as stress granules (SGs) (Protter and Parker 2016; Riggs et al. 2020). These higher order ribonucleoprotein (RNP) assemblies behave as dynamic condensates: they form through the self-association of their constituents into dense networks of transient RNA-RNA, RNA-protein and protein-protein interactions and get actively disassembled upon stress release (Mittag and Parker 2018; Protter et al. 2018; Hofmann et al. 2020). The rapid and reversible mode of SG assembly is thought to play important roles in the adaptive stress response, first by promoting translational reprogramming through transient sequestration of unnecessary RNAs, and second by rewiring cellular pathways through recruitment of signaling molecules (Buchan and Parker 2009; Kedersha et al. 2013). Consistent with the functional importance of SG dynamics, extensive links have recently been established between alterations of SG material properties and neurodegenerative diseases (Li et al. 2013; Formicola et al. 2019; Wolozin and Ivanov 2019). Abnormally stable inclusions enriched in SG components, for example, have been observed in pathological contexts and defined as a characteristic signature of amyotrophic lateral sclerosis (ALS) or frontotemporal dementia (FTD) patient samples (Neumann et al. 2006; Wolozin and Ivanov 2019). Furthermore, mutations in an increasing number of SG components, including the RNA binding proteins TDP-43, FUS or TIA1, have been causally linked to disease progression and shown to promote the transition of RNP assemblies into irreversible solid-like condensates (Sreedharan et al. 2008; Vance et al. 2009; Li et al. 2013; Patel et al. 2015; Mackenzie et al. 2017; Wolozin and Ivanov 2019). As revealed by a recent systematic study, the pathological entities formed upon expression of ALS mutant proteins also have a composition distinct from their dynamic and reversible counterparts (Markmiller et al. 2018), highlighting their capacity to recruit, and potentially titrate molecules involved in RNA homeostasis. More work is now required to decipher if and how pathological SGs induce toxicity in neuronal cells, which, as long-lived non-dividing cells, appear to

be particularly vulnerable to the chronic stress induced by mutant SG proteins (Li et al. 2013). Importantly, proteomic studies have uncovered that variations in the composition of SGs are also observed in normal contexts in function of cell types and nature of the stress (Markmiller et al. 2018; Advani and Ivanov 2020). While a core set of obligatory components, including factors essential for SG nucleation, has been found in the different cell types analyzed, a significant fraction of the SG proteome was shown to be recruited exclusively in certain cell types, particularly in neurons (Markmiller et al. 2018; Advani and Ivanov 2020). Together, these studies have uncovered an unexpected diversity and highlighted the limits of working with standard immortalized cell lines. They have raised the need to develop alternative biological models in which SG regulation and function can be studied under physiological conditions, in differentiated tissues.

Drosophila represents an excellent model organism in which advanced genetics can be combined with high-resolution imaging to unravel the mechanisms underlying SG assembly, as well as SG function in adaptation to environmental stress or disease-associated chronic stress. Fly orthologs of mammalian SG components, indeed, were shown to accumulate within cytoplasmic condensates in response to different acute stresses including oxidative stress, Endoplasmic Reticulum (ER) stress or hypoxia (Farny et al. 2009; van der Laan et al. 2012; Gareau et al. 2013; Jevtov et al. 2015; Bakthavachalu et al. 2018; Buddika et al. 2020). Furthermore, various *Drosophila* ALS models have been developed, in which SG proteins with disease-causing mutations are chronically expressed in the nervous system (Chen et al. 2011; Estes et al. 2011; Lanson et al. 2011; McGurk et al. 2015). These models were shown to recapitulate many aspects of the disease, among which cytoplasmic accumulation of pathological SG-like assemblies (Chen et al. 2011; Estes et al. 2011; Alami et al. 2014; De Graeve et al. 2019). Here, we describe a protocol that enables induction of Stress Granules in the nervous system of *Drosophila*, either chronically in response to *in vivo* expression of pathological SG proteins, or acutely upon treatment of explants with stress inducers (*e.g.* arsenite). This protocol includes the procedure to perform high-resolution confocal imaging of fluorescently-tagged SG markers and to accurately and automatically detect SGs using the *Obj.MPP* software (De Graeve et al. 2019). The described method is compatible with analysis of both larval and adult central nervous

system (CNS) samples, and is particularly adapted to the quantitative analysis of SG properties in complex tissues.

2. Materials

2.1- Fly lines for expression of fluorescent SG proteins

1. Gal4 and UAS transgenic flies for conditional ectopic expression of fluorescent pathological SG proteins in the nervous system (*e.g.* OK371-Gal4 and UAS-TDP-43 fly lines; see Table 1).
2. Knock-in lines expressing fluorescent SG proteins from the endogenous locus (*e.g.* GFP-Rasputin (Rin; the fly ortholog of G3BP); see Table 1).

2.2- Arsenite treatment

- 1- Chambered slide, four wells (see **Note 1**).
- 2- Preparation of arsenite stock solution: weigh sodium (meta)arsenite powder and dissolve in freshly prepared HL3 (see 2.3.2) to obtain a 40 mM stock solution that can be stored at room temperature (see **Note 2**). Alternatively, purchase commercially available aqueous solution.

2.3- Dissection and fixation of Drosophila CNS samples

2.3.1- Dissection and fixation of larval CNS

1. A pair of dissection forceps.
2. 60 mm dissection petri dish.
3. 1X Phosphate Buffer Saline (PBS) (see **Note 3**).
4. Fixing solution: 4% formaldehyde in 1X PBS (see **Note 3**).

2.3.2- Dissection and fixation of adult brains

1. A pair of dissection forceps.
2. Minutien pins.
3. 60 mm dissection petri dish covered with 2% agarose.

4. HL3 buffer (70 mM NaCl, 5 mM KCl, 4 mM MgCl₂, 5 mM trealose, 115 mM sucrose, 5 mM HEPES, 10 mM NaHCO₃, pH 7.20-7.25) (*see Note 4*).
5. Fixing solution: 4% formaldehyde in HL3.
6. Wash buffer: PBS; 0.5% Triton-X.

2.4- Mounting of Drosophila CNS samples

1. Antifade mounting medium with DAPI (Vectashield).
2. 10-well glass slides (black teflon coating).
3. 1.5, 24X60 mm coverslips.

2.5- Image acquisition

1. Scanning confocal microscope with highly sensitive detectors.
2. 63X 1.4 NA oil objective.
3. Immersion oil.

2.6- Image analysis

1. ImageJ/FIJI (<https://imagej.net/Fiji>).
2. *Obj.MPP* software (De Graeve et al. 2019) (<https://gitlab.inria.fr/edebreuv/Obj.MPP>).

3. Methods

In this protocol, stress can either be applied endogenously (3.1.1) or exogenously (3.1.2) (**Fig. 1**). Note that dissection of *Drosophila* nervous system (3.2) is performed after stress induction in case of endogenous stress and before stress in case of exogenous stress (**Fig. 1**).

3.1- Induction of stress

3.1.1- Ectopic in vivo expression of pathological proteins

1. Cross transgenic flies expressing a fluorescently-tagged pathological SG protein under UAS control (*e.g.* UAS-Venus-TDP-43 M337V; see Table 1) with flies expressing a neuronal Gal4 driver (*e.g.* motorneuron OK371-Gal4; see Table 1) (**Fig. 1, upper left**).
2. Maintain the flies at 25°C and transfer them in a new vial every 3-4 days (*see Note 5*).

3.1.2- Ex vivo treatment with arsenite

- 1- Freshly prepare the working arsenite solution (0.4 mM) by diluting the stock solution into HL3 (*see Note 2*).
- 2- Transfer dissected samples in a multi-well chambered slide (**Fig. 1, upper right**). At least 15 samples should be treated per condition.
- 3- Incubate in 500 µL of HL3 or arsenite solution for one hour at 25°C, covered from light.

3.2- Dissection of *Drosophila* CNS samples

3.2.1- Dissection of larval CNS

1. Collect wandering third instar larvae expressing normal or pathological fluorescent SG proteins.
2. Cut the larvae in two using a pair of forceps.
3. Turn the anterior half of larvae inside out, remove the fat tissue while keeping the CNS attached to the cuticle. Collect samples using a 1 mL pipet tip.

3.2.2- Dissection of adult brains

1. Collect 7-10 day-old flies expressing normal or pathological Stress Granule proteins and anesthetize them with CO₂.
2. Dissect brains in HL3 buffer, as described in (Williamson and Hiesinger 2010; Tito et al. 2016). Briefly, immobilize the flies ventral side up by pinning them in a dissecting dish filled with HL3. Pull the proboscis upwards with one forceps and insert the tips of the other forceps underneath, in a closed position. Slowly open the forceps so as to tear apart the head cuticle. Carefully remove the cuticle and the retina, without damaging the underlying optic lobes and central brain.

3. Complete the dissection by thoroughly removing the air sacs (*see Note 6*).
4. Separate the brains from the rest of the body. The dissected brains can be collected using a glass pipette or a filtered tip (*see Note 7*).

3.3- Fixation of Drosophila CNS samples

This step comes right after dissection in case of endogenous stress induction or after treatment of brain explants in case of *ex vivo* arsenite treatment.

3.3.1- Fixation of larval CNS

1. Transfer the larval samples into microtubes.
2. Add 500 μ L of fixing solution and gently rock the samples for 20 minutes at room temperature (RT).
3. Replace the fixing solution with 1 mL of 1X PBS and gently rock the samples for 30 minutes at RT.
4. Repeat step 3 twice.
5. Remove 1X PBS and add a drop of antifade mounting medium supplemented with DAPI.
6. Keep at 4°C for a minimum of 2 hours (preferentially overnight).

3.3.2- Fixation of adult brains

1. Transfer the brains into microtubes.
2. Add 300 μ L of fixing solution and gently rock the samples for 25 minutes at room temperature (RT).
3. Remove the fixing solution, replace with 800 μ L of wash buffer and gently rock the samples for 30 minutes at RT.
4. Repeat step 3 twice.
5. Remove the wash buffer and add a drop of antifade mounting medium supplemented with DAPI.
6. Keep at 4°C for a minimum of 2 hours (preferentially overnight).

3.4- Mounting of Drosophila CNS samples

3.4.1- Mounting of larval CNS

1. Transfer the samples onto a dissection dish using a 1 mL pipet tip and dissect the samples further by detaching the CNS from the cuticle and removing eye-antenna imaginal discs. Recover the brain lobes and ventral nerve cord.
2. Transfer the clean CNS to a multi-well slide (~ 5 CNS per well) (*see Notes 8,9*).
3. Orient the larval CNS with forceps, such that the dorsal side of the ventral cord is up.
4. Carefully place a 24X60 mm coverslip on top of the slide and seal the coverslip with clear nail varnish.

3.4.2- Mounting of adult brains

1. Transfer the brains to a multi-well slide (~ 5 CNS per well) (*see Notes 8, 9*).
2. Orient the brains with forceps, such that their dorsal side is up.
3. Carefully place a 24X60 mm coverslip on top of the slide and seal the coverslip with clear nail varnish.

3.5- Imaging of *Drosophila* CNS samples

1. Acquire images from larval CNS or adult brains with a confocal microscope equipped with high-sensitivity detectors, and appropriate laser lines (*see Note 10*).
2. Image with optimal resolution (*see Note 11*), using a 63X 1.4 NA oil objective.
3. SGs appear as discrete, bright cytoplasmic foci with a typical diameter of hundreds nanometers (**Fig. 2B and D**).

3.6- Image analysis: detection of Stress Granules

1. Using ImageJ/Fiji, select single optical sections and crop to generate stereotypic regions of interest. Save images in .tif format, in a single dedicated folder.
2. Launch the *Obj.MPP* software (*see Note 12*).
3. Select image(s) to be analyzed in the first tab of the GUI.

4. Select the detection parameters in the second tab of the GUI (**Fig. 3**). These parameters include object types and expected size range (*see Note 13*), as well as object radiometric properties (defined by the quality function; *see Note 14*).
5. Set the number of iterations in the third tab of the GUI (*see Note 15*).
6. Select output files (*see Note 16*) and output path in the fourth tab of the GUI.

4. Notes

1. The multi-well chambered slides can be rigorously washed with ethanol 80% and re-used up to three times.
2. Sodium Arsenite is a hazardous substance classified as carcinogen, mutagen and teratogen; it should be handled safely, under a chemical hood. **When solubilized, sodium arsenite should be stored as sealed aliquots covered from light to avoid oxidation.**
3. Prefer HL3 in case long incubations are required (if applying *ex vivo* stress).
4. HL3 buffer contains sugars (sucrose and trehalose) and can easily get contaminated. Store at 4°C in aliquots sealed with parafilm. Opened aliquots should not be kept for more than 2 months.
5. Temperature should be adapted so as to permit high expression level while preventing toxicity.
6. If air sacs are not removed, brains will float, making it difficult to not pipet them away.
7. Pre-wetting the pipette tip or the glass pipette with HL3 prevents the brains from sticking to the plastic/glass wall.
8. Do not place samples in wells close to the edge of the slide; they will not be accessible on regular microscope stages.
9. Transfer samples in a drop of mounting medium only, as excess medium can make brains float over the edge of the wells.
10. We used a confocal microscope equipped with ultrasensitive detectors (Zeiss LSM 880 with gallium arsenide phosphide (GaAsp) detectors).

11. Imaging with a xy pixel size of less than 80 nm is recommended. We imaged larval CNS with a xy pixel size of 74 nm (regular confocal microscopy), and adult brains with a xy pixel size of 45 nm (Airy scan confocal microscopy).
12. *Obj.MPP* can be used either through the graphical user interface (GUI) or through a terminal console (Command-Line Interface (CLI)). More parameters can be adjusted when using the latter mode (see <https://edebreu.v.gitlabpages.inria.fr/Obj.MPP/>).
13. Object types and their corresponding parameters (notably size and orientation) are described under: <https://edebreu.v.gitlabpages.inria.fr/Obj.MPP/contents/users/object-types.html>. Superquadrics are typically recommended for detection of objects with potentially complex shapes such as Stress Granules. We used the following parameter ranges for detection of Stress Granules from larval CNS and adult brains: `semi_minor_axis_range = (2, 4, 0.25)`, `major_minor_ratio_range = (1.0, 1.5, 0.025)`, `exponent_range = (1.5, 2.5, 0.1)`, `angle_degree_range = (0.0, 179.9, 5.0)` (see **Note 14** about `mpp_quality_chooser.py`).
14. Available quality functions and associated signal transformations are described under: <https://edebreu.v.gitlabpages.inria.fr/Obj.MPP/contents/users/quality-measures.html>. Note that `mpp_quality_chooser.py` (<https://edebreu.v.gitlabpages.inria.fr/Obj.MPP/contents/users/mpp-quality-chooser.html>) can be used to identify the best quality function and parameter ranges to detect objects of interest. We used the bright-on-dark gradient quality function with a `min_quality` of 1.5.
15. The number of iterations and the number of births per iteration should be set so that best objects are all reproducibly retained at the end of the process. We used 1.500 iterations with 50 births per iteration.
16. Different outputs can be selected in the last tab of the GUI, including: CSV files containing the characteristics of the detected granules (geometrical parameters, intensity), raw images with granule contours highlighted, or masks of the detected granules, each having its own label (**Fig. 4**).

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Figure legends

Figure 1. Method workflow.

Induction of stress in *Drosophila* nervous system was performed either endogenously (left, green panel) or exogenously (right, orange panel). For the endogenous strategy, expression of fluorescent pathological stress granule proteins is induced chronically *in vivo* using the Gal4/UAS system. Larval or adult progenies expressing the mutant fluorescent SG markers in neurons are dissected and their CNS/brain collected. *Ex vivo* stress induction is achieved through acute arsenite treatment of larval CNS/brain explants dissected from larvae or adults expressing endogenous fluorescent SG proteins. In both procedures, stress induction and dissection are followed by sample fixation, mounting and confocal imaging (lower panel). Automated detection of SGs is performed *via* the *Obj.MPP* software.

Figure 2. Imaging of SGs in larval and adult *Drosophila* CNS.

(A) Schematic representation of a third instar larva ventral nerve cord with the position of OK371-Gal4-expressing motoneuron soma highlighted in green. (B) Confocal image (MIP projection) of the ventral nerve cord of a third instar larva chronically expressing Venus::*TDP-43 M337V* in motoneurons (OK371-Gal4/+; UAS-Venus::*TDP43 M337V/+*). **Scale bar:** . Note the presence of pathological aggregates in motoneuron cytoplasm (**arrows**). (C) Schematic representation of an adult brain expressing Rasputin (Rin)-GFP proteins from the endogenous locus. (D) Low magnification view of Rin-GFP distribution in **the absence of stress**. Rin-GFP protein localizes broadly in the *Drosophila* brain; it is present in the cell bodies of Mushroom Body neurons (**MB**). (E) In the absence of stress (left), Rin-GFP proteins exhibit diffuse cytoplasmic distribution in MB neurons. Upon arsenite treatment (right), Rin-GFP localizes to SGs. **Scale bar:...**

Figure 3. *Obj.MPP* graphical user interface (GUI).

The second tab of the *Obj.MPP* GUI is shown, in which detection parameters including type and size ranges of objects, as well as threshold for the quality function, must be selected. Parameter values adapted to the detection of SGs in larval motoneurons are displayed.

Figure 4. *Obj.MPP*-based detection of SGs on confocal images of *Drosophila* larval and adult CNS.

(A) Automated detection of Venus::*TDP-43 M337V*-positive SG granules in motoneurons of third instar larva. Left : single confocal section showing SGs accumulating in cell bodies of a motoneuron. Middle : overlay of the raw confocal image and the *Obj.MPP* detection. Right : Mask of the detected objects. Scale bar : 3 μ m. The plain and dotted lines delimit the contour of the cell and nucleus, respectively. (B) Automated detection of Rin-GFP-positive SGs induced in response to Arsenite. Left : single confocal section showing SGs accumulating in cell bodies of MB neurons. Middle: overlay of

the raw confocal image and the *Obj.MPP* detection. Right: Mask of the detected objects. Scale bar: 3 μm .

Table 1. Useful *Drosophila* lines for detection of wild-type or pathological fluorescent SG proteins.