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# Low frequency induction heating of a ferromagnetic catheter for varicose veins treatment: study of feasibility.

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**Low Frequency Induction Heating (LFIH) phenomena take place in a ferromagnetic catheter under the influence of a low frequency magnetic excitation field. This contactless heat source can be used to heal locally and destroy damaged blood vessels. According to medical specialists, thermal ablation of varicose veins requires a temperature of 120°C and time constants lower than a few seconds. Preliminary investigation results showed great potential of the LFIH method, but further testing and validation steps are still needed before in vivo testing can commence. In this article, multi-physics simulation results, including ferromagnetic, thermal and fluid mechanics considerations are proposed and compared to experimental data when possible. The most efficient magnetic waveform (frequency) is selected based on its influence on human tissues. These results constitute a mandatory step towards a preliminary medical testing and the overall medical certification of this alternative treatment.**

*Index Terms*— Ferromagnetic catheter, induction heating, varicose veins treatment.

## I. INTRODUCTION

### A. Additive manufacturing

Additive manufacturing (also called three-dimensional (3D) printing) consists of designing a three-dimensional object from a computer-aided design program (CAD) and building it by successively adding material layer by layer [1][2]. Additive manufacturing in the industrial field is mostly used for conceptual prototypes rather than functional components due to the lack of strength and functionality of 3D printed parts. 3D printing of polymer composites combining polymer-based materials and particle or fiber reinforcements is a practical alternative to increase the strength of the printed part [3]. 3D printing lends itself to the production of components with enhanced characteristics (thermal, mechanical, optical, etc.) or remarkable multi-physics coupling functionalities (ferromagnetic, ferroelectric, etc.). 3D printable magnetic composites are thermo-polymer based materials filled with ferromagnetic particles [4][5]. By combining ferromagnetism with the flexibility of additive manufacturing, the resulting composites have utility in various industrial applications, including: self-healing polymers [6]-[8], thermoplastic induction welding [9]-[12], magnetic cores [13] and even medical applications like the ferromagnetic catheter described in this manuscript [14]-[15].

### B. Medical application

Varicose veins are superficial veins exhibiting anomalous size or undesired twists. They usually result in few symptoms but some may experience pain in adjacent areas. Complications may include bleeding and inflammations [16]. Varicose vein treatments can be either conservative or active. A few years ago, active treatments were highly invasive requiring surgical interventions, but new methods including endovenous laser treatment [17], steam vein sclerosis [18], radiofrequency ablation [19] and foam sclerotherapy are interesting less invasive alternative options. All these methods rely on the same principle: the thermal obliteration of veins through

electrocoagulation. The endovenous laser treatment uses an optical fiber inserted into the damaged vein. Laser light in the infrared spectrum shines into the interior of the vein, and causes the vein to contract. Once the local contraction is over, the optical fiber is slowly withdrawn, and the coagulation process begins. Steam vein sclerosis is more versatile. A catheter is connected to a steam-emitting hand piece and carries the steam into the vein. 120°C steam pulses are emitted and coagulation is reached in a relatively short time. Even large veins usually stripped surgically can be treated without side-effects using this method. Laser ablation and steam sclerosis are minimally invasive and can easily be performed under local anesthesia, without the need for spinal or general anesthesia. The recovery is fast and postoperative pain is limited. However, technical difficulties can occur during the preoperative healing process, even when a highly experienced doctor is introducing the guide wire, laser fiber or steam micro-tube, perforation is always possible. Bringing heat through conductive supports results in excessive geometrical dimensions and creates undesired size limitations.

### C. Introduction

In this study, an alternative solution solving the geometrical limitations is described. We propose to transfer heat through a contactless method. A flexible 3D printed ferromagnetic catheter is subjected to an alternating magnetic excitation. Under the influence of the magnetic excitation, eddy currents are generated through the catheter creating heat. First published results [14][15] have demonstrated the feasibility of heat generation but the conditions tested and simulated were still far from the in vivo environment. With this new study, we go deeper into the investigation process. In [14], authors limit the excitation frequency to a few kHz to avoid undesired charge displacements in the surrounding tissue. But this restriction was strictly assumption based on literary review of similar practices and further investigations must be under-taken to establish the optimal cutoff frequencies.

In the first section of this manuscript, a ferromagnetic model is proposed for the simulation of magnetic behavior. This model gives the magnetization time variations and the frequency dependence of the composite hysteresis area (heat generated through the LFIH influence). Comparisons between simulations and measurements are proposed where, the ferromagnetic model parameters are set such as the most efficient excitation frequency. In the third section of the manuscript, multi-physics simulation results combined with experimental tests are reviewed to predict the LFIH influence on living tissues. Eventually, the ferromagnetic catheter is simulated to anticipate its behavior in the air and in the human body.

## II. MAGNETIC BEHAVIOR, CONTACTLESS HEAT CONVERSION

### A. Magnetic model

By mixing  $\text{Fe}_3\text{O}_4$  particles to thermoplastic-base polymers, ferrimagnetic 3D-printable composites can be obtained.  $\text{Fe}_3\text{O}_4$  ferrimagnetic particles have remarkable properties, including their strong magnetic moment, biocompatibility and chemical stability.  $\text{Fe}_3\text{O}_4$  particles are ferrimagnetic but below a permissible dimension threshold (a few nanometers) a superparamagnetic phase is observed. This form of magnetism is characterized by a complete disappearance of the coercivity and a magnetic behavior which can be simulated with a sigmoid Langevin-type equation [20]. In this study, where the objective is to convert low frequency electromagnetic energy into heat, it is better to avoid superparamagnetism by working with bigger size particles. However, a compromise has to be achieved since the composite texture also depends on the particle size and oversized particles may result in unprintable composites and extreme printing nozzle wear. A few micrometers is the adequate dimension to achieve this balance. According to their size, the  $\text{Fe}_3\text{O}_4$  particles can be monocrystalline or polycrystalline, i.e. made out either of a single grain or of multiple grains. Each grain is divided into different magnetic domains. Under the influence of an external magnetic excitation. The stability of the magnetic domain's distribution is modified and domain wall motions, fusions, and nucleation take place all over the particle. The magnetic losses due to the magnetization cycles in  $\text{Fe}_3\text{O}_4$  particles are highly frequency  $f$  dependent. This dependence manifests itself while plotting the evolution of the material's magnetic state  $M$  as a function of the external tangent of the magnetic excitation field  $H$ , which in turn generates the hysteresis cycle  $M(H)$ . The hysteresis cycle area is equal to the magnetic losses, i.e. the energy consumed during a magnetization cycle. This energy is converted into heat. In polycrystalline specimens, diffusion mechanisms occurring during the crystal growth step gather inclusions and defects in the grain boundaries creating larger pinning sites hindering the domain wall motions and leading to a hardening of the magnetic properties. In single crystal specimens, defects and inclusions are smaller but a hysteresis cycle is still observed confirming that pinning processes are still happening [21].

Magnetic losses in a  $\text{Fe}_3\text{O}_4$  particles are due to magnetic flux variations. These flux variations have two origins:

- The external magnetic excitation field  $H$  (macroscopic eddy currents).

- The domain wall motions in the magnetization processes (microscopic eddy currents).

In [14], unsuccessful LFIH tests on specimens made of polymer mixed with conductive but non-ferromagnetic particles confirmed the preponderant weight of the microscopic eddy currents contribution.

The working temperature of the endovenous varicose treatment is 120 °C. Under such temperature, the electrical resistivity of the  $\text{Fe}_3\text{O}_4$  particles is 0.50  $\Omega\cdot\text{m}$  and the average magnetic permeability is close to 50. A simple calculation based on skin depth at 10 kHz and a relative permeability of 50 gives 1 m. This large skin depth means a very low macroscopic eddy current density and confirms the absence of macroscopic eddy currents in the heat conversion. The simulation of the magnetic losses can be done by using methods developed for bulk ferrite ceramics. Due to their intrinsic constitution, ferrite ceramics exhibit high magnetic permeabilities and low electrical conductivities. Just like our ferromagnetic composite, bulk ferrite magnetic losses and heat generation are characterized by the predominance of the domain wall motion contribution. Eq. 1 below, has already demonstrated its ability to simulate correctly the dynamic magnetic behavior of bulk ferrites [22]-[25]. This equation has also been used with success for ferromagnetic composites [26][27]:

$$\rho \frac{dB(t)}{dt} = H_{surf}(t) - f_{quasi-static}^{-1}(B(t)) \quad (1)$$

Where  $H_{surf}$  is the surface tangent excitation field,  $f_{quasi-static}^{-1}(B(t))$  is a magnetic field contribution calculated using a quasi-static frequency independent hysteresis model and  $\rho$  is a parametric constant depending on the nature and the geometry of the ferromagnetic specimen. The simulated hysteresis area is equivalent to the electrical energy converted into Joule losses during one magnetization cycle. Fig. 3 - b below depicts the hysteresis area vs. frequency curve (after normalization), Fig. 3 - c depicts the instantaneous heat power vs frequency curve (after normalization).

### B. Experimental tests, model adjustment

To simulate the ferromagnetic behavior of new specimens using Eq. 1,  $\rho$  the dynamic constant and the  $f_{quasi-static}^{-1}$  parameters have to be set. The quasi-static behavior is observable as  $f$  is getting close to 0. For this contribution, we used the simulation method and the related parameters set in [14].  $\rho$  is obtained by comparisons to experimental results.

An overall 3D view of the experimental setup is depicted in Fig. 1 below:

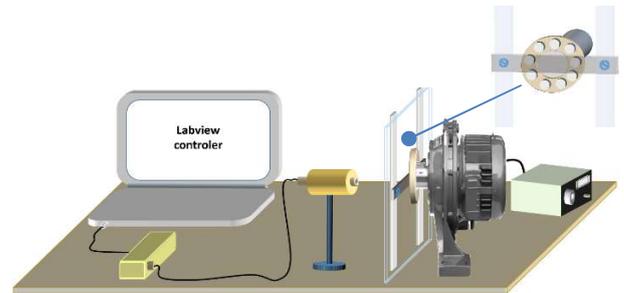


Fig. 1 – Experimental set-up.

2 x 15 x 100 mm, 17 vol%, ferromagnetic composite bands

are subjected to an alternating magnetic field induced by a magnetic inductor made out of permanent magnets tightly fit to a high speed DC motor rotor. A high resolution thermal camera positioned on the opposite side of the DC motor, monitored the temperature variations [14]. A magnetic heating power is generated in the red zones of Fig. 2 left hand side.

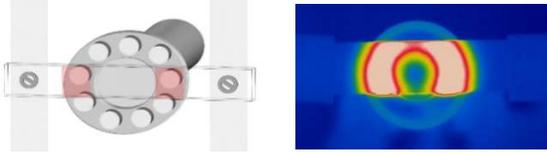


Fig. 2 – Simulated ferromagnetic composite band (left), thermal camera illustration (right).

A Comsol® simulation including all the thermal exchanges (conduction, radiation, air convection) was ran to estimate the tested specimen temperature variation [14]. The simulated parameters are given in Tab. 1:

Tab. 1 – Thermal simulation parameters.

Surface emission $\epsilon$	Specific heat Cp ( $\text{J.kg}^{-1}.\text{K}^{-1}$ )	Heat power density P ( $\text{W.m}^{-3}$ )	Thermal conductivity $\lambda$ ( $\text{W.m}^{-1}.\text{K}^{-1}$ )	Transfer coefficient h ( $\text{W.m}^{-2}.\text{K}^{-1}$ )	Frequency (KHz)
0.9	750	$1.5 \cdot 10^6$	0.4	25	2.3
0.9	750	$1.8 \cdot 10^6$	0.4	25	4.2

Comparisons simulations/measurements for the time variation of the heated zone temperature was used to set the Average Magnetic Heating Power (AMHP). Two frequencies were tested. The AMHP is equivalent to the magnetic losses plotted in Fig. 1. It is used to set  $\rho$  as depicted in Fig. 4 below:

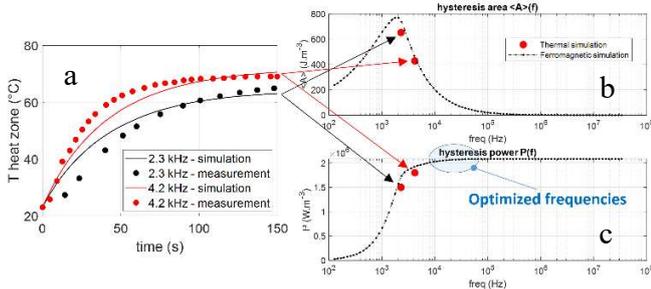


Fig. 3 – a Comparison simulation/measurement for the time dependence of the heat zone temperature, 3 – b Hysteresis area, 3 – c Magnetic power.

The best simulation results are obtained for a value of  $\rho$  equal to 6 (Fig. 3). Once the magnetic simulation parameters are set, the LFIH optimized frequencies can be tested. This was done by opting for the lower frequency providing the maximum hysteresis losses. For the 17 vol% composition tested here, the best frequency was 20 kHz and the expected power close to  $2.1 \cdot 10^6 \text{ W.m}^{-3}$ .

## II. HUMAN TISSUES BEHAVIOR UNDER THE LFIH TREATMENT

Even if the magnetic composite permeability is high, the leakage magnetic excitation in the living surrounding tissues is generating charge displacements and local temperature increases. From a medical point of view, it is mandatory to anticipate the living tissue behavior under the influence of this dynamic magnetic field. The current density and the temperature variations have to be estimated precisely to be able to effectively apply treatment in the affected area. In this section, a Comsol® model is proposed to anticipate the human tissue behavior under the influence of the LFIH process. Experimental tests on conductive water and fresh animal

muscle tissues are conducted as validation.

### A. FEM simulation of the human leg under the LFIH treatment

According to [28], at 20 kHz, muscles ( $\sim 0.2 \text{ S.m}^{-1}$ ) have a higher electrical conductivity than fat ( $\sim 0.04 \text{ S.m}^{-1}$ ) and skin ( $\sim 0.0002 \text{ S.m}^{-1}$ )(Fig. 4). They are propitious for eddy current development and heat generation. To simplify the simulation and check the viability of the method in the worst case scenario, the human leg is simulated considering muscle as the only constituent. A small pancake coil (0.01 m radius, 2 turns) placed next to the leg (Fig. 6) was used for the generation of the magnetic excitation. The simulation results depicted in Fig. 5 have been obtained using the optimized magnetic field excitation. The physical properties of the simulation materials are given in Tab. 2 below.

Tab. 2 – Physical properties of the simulated materials.

Object	Material	Electrical conductivity ( $\text{S.m}^{-1}$ )	Rel. Permittivity	Rel. Permeability	Heat capacity at cst pressure ( $\text{J.Kg}^{-1}.\text{K}^{-1}$ )	Density ( $\text{Kg.m}^{-3}$ )	Thermal conductivity ( $\text{W.m}^{-1}.\text{K}^{-1}$ )
Coil	Copper	6 107	1	1	385	8.9 103	401
Leg	Muscle	0.3	23000	1	3421	1090	0.49

The first simulation results showed a large heat generation in the excitation coil due to the Joule losses generated by the intense electrical current flowing through. After a few seconds, the copper temperature is already extreme and heat is diffusing to the leg through contactless exchanges. This heat transfer is undesirable since in the LFIH prototype the excitation field is created by permanent magnets, and it is inactive thermally. To improve the simulation accuracy, the contribution of the eddy currents considering only, the isolated coil was tested in the next simulation. Once the heat generated by the coil was removed, the initial temperature was set to  $37^\circ\text{C}$  and the magnetic flux density magnitude to  $0.2 \text{ T}$  ( $1.6 \cdot 10^5 \text{ A.m}^{-1}$ ). According to the simulation almost no temperature variation was observed even after multiple seconds ( $< 0.05^\circ\text{C}$ ).

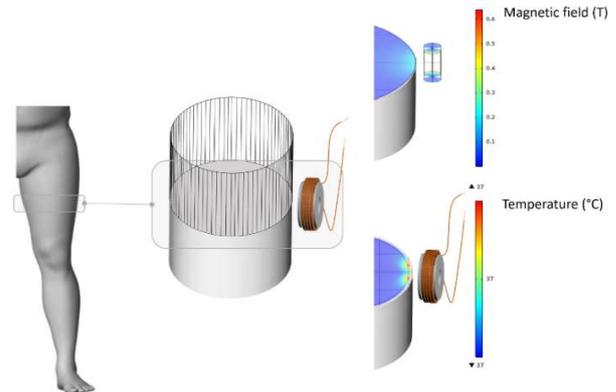


Fig. 4 – Geometry of the model and distribution of the temperature after 10s.

### B. Experimental validation

Experimental tests were proposed to validate the simulation results described in the previous section. The experimental setup is shown in Fig. 1 and described in detail in [14][15]. A 16 magnets inductor was tightly mounted on the high speed DC motor rotor. A high amplitude sinusoidal magnetic excitation ( $160 \text{ kA.m}^{-1}$  measured close to the permanent magnets) was obtained for a frequency up to 4.2 kHz. A high resolution thermal camera (Optris Xi400, Berlin, Germany) was

positioned in front of the high speed DC motor to observe the temperature variations. Experimental tests were performed using conductive water and animal muscle tissues as seen in Fig. 5.

According to [29] the electrical conductivity  $\sigma$  of human muscles under the influence of a 20 kHz alternating magnetic field is around  $0.3 \text{ S.m}^{-1}$ . A solution of  $0.3 \text{ S.m}^{-1}$  conductive water was prepared and tested. No temperature variation was observed, even after a long period of 4.2 kHz high amplitude magnetic excitation. To increase the inductive heating effect, the  $\sigma = 0.3 \text{ S.m}^{-1}$  water was replaced with a NaCl saturated solution of  $\sigma = 3.6 \text{ S.m}^{-1}$ , but again an insignificant thermal effect was observed after 30s.

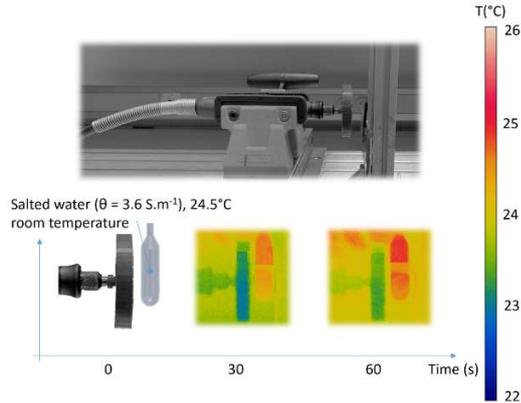


Fig. 5 – Temperature variations in the conductive water.

The same tests were performed to validate the simulation results on a sample of animal muscle tissue. A thermocouple and the thermal camera were used simultaneously to monitor the temperature variations as depicted in Fig. 6.

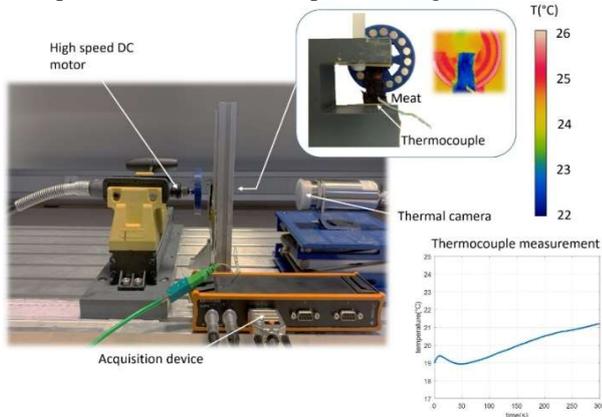


Fig. 6 – Temperature variations in the meat.

The experimental results were consistent with the simulation ones. The temperature variations recorded by the thermal camera during the LFIH treatment were very small. The thermocouple shows a slight temperature elevation as illustrated on the right bottom hand plot of Fig. 6 but after several tests, we observed an inconsistency in the slopes ( $d\theta/dt$ ) probably due to undesired inductive behaviors.

### III. THERMAL BEHAVIOR OF THE CATHETER UNDER THE INFLUENCE OF THE LFIH TREATMENT

In our set-up, the excitation is limited to 4.2 kHz. According to the model described in the first section of this manuscript, the LFIH optimal frequency is close to 20 kHz (significantly higher). In this section, simulations are proposed to anticipate

the catheter magneto/thermal coupling in the air and in the human body under a 20 kHz magnetic excitation.

#### A. Simulation of the Ferromagnetic catheter in the air

A first simulation test was done at 4.2 kHz. The initial temperature was set to 23 °C. A 1.5 mm radius catheter was divided into five parts (Fig. 7) of 10, 12, 6.5, 12 and 10 mm respective lengths.

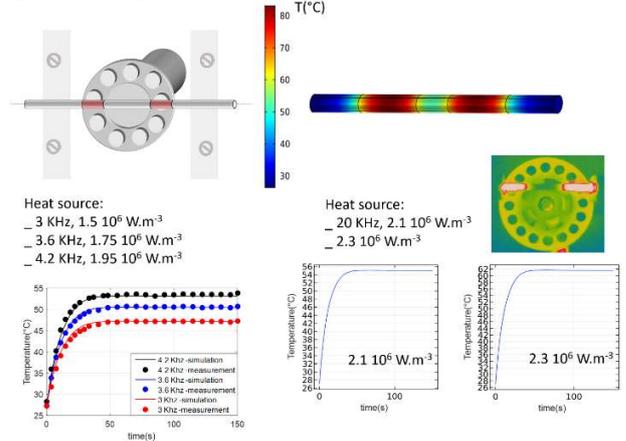


Fig. 7 – Ferromagnetic catheter simulations and measurements.

In parallel to this simulation, a catheter shape (ABS + 17 vol% particles) ferromagnetic composite specimen was tested [14][15] at the same frequency. The physical properties of the ferromagnetic catheter are given in Tab. 2. To adjust the experimental results observed at 3, 3.6 and 4.2 kHz, a magnetic heating power of  $1.5, 1.75, \text{ and } 1.95 \cdot 10^6 \text{ W.m}^{-3}$  was imposed in the red zones (Fig. 7). These heating power values were slightly higher ( $\sim 10\%$ ) than those observed in simulation (probably due to errors in the parameters estimation)(see Fig. 4).

Then, the excitation frequency was set to 20 kHz and the heating source to  $2.1 \cdot 10^6 \text{ W.m}^{-3}$ . In simulation (Fig. 7), a maximum of 55°C was reached after a LFIH test of approximately 50 s. A last test was done at  $2.3 \cdot 10^6 \text{ W.m}^{-3}$  to consider the 10% adjustment and 62°C was reached. This temperature is still far from the 120 °C required but in the air, the thermal exchanges are very different.

#### B. Simulation of the ferromagnetic catheter in the blood vessel

The thermal behavior of the ferromagnetic catheter was simulated in a human body environment. A blood flow path was considered along the catheter with an initial blood temperature set to 37 °C. The dynamic viscosity was set to  $3.5 \cdot 10^{-3} \text{ Pa.s}$ , and the pressure to 1.05 atm. The time variation of the maximum temperature on the surface of the catheter is depicted in Fig. 8. For a  $0.1 \text{ m.s}^{-1}$  blood flow, a steady state is obtained close to 80°C. We were not expecting such a high difference between the “in the air” and the “in the blood vessel” temperatures. Intuitively, the blood vessel thermal exchanges is assumed to be largely superior compared to the “in the air” ones reducing the blood vessel temperature. Actually, the small difference between the catheter and the blood vessel cross-sections, the relatively weak blood flow and the 37° C temperature of the boundaries are limiting the thermal transfers and favor the increase of the temperature. To accurately incorporate the blood flow, fluid mechanics must be implemented as blood will be moving in the physical environment having a large impact on

thermal transfer.

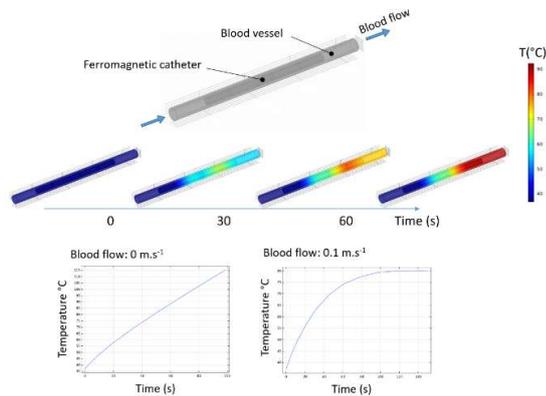


Figure 9: Temperature versus time for needle composites in the blood vessel.

#### IV. CONCLUSIONS

Endovenous ablation uses thermal energy to heal varicose veins. Ablation is safe, less invasive than surgery, and leaves virtually no scars. The interest in these new methods is significant, and research progress is highly anticipated. In this study, additive manufacturing principles have been used to build a ferromagnetic catheter (mix of ABS base to  $\text{Fe}_3\text{O}_4$  ferromagnetic particles). Under the influence of a dynamic magnetic field, the ferromagnetic catheter works as a contactless heat source which can be used to cauterize the damaged blood vessels. The temperature targeted is  $120^{\circ}\text{C}$  with time constants lower than a few seconds. In the first part of this manuscript, a magnetic simulation method has been proposed to optimize the frequency of the magnetic waveform. 20 kHz has been set for a 17% vol. particle specimen. The converted power is expected to be  $2.1 \times 10^6 \text{ W.m}^{-3}$ . Such power corresponds to an approximately 20% improvement. Then, the LFIH influence on the human body was studied. Simulations were provided and showed insignificant temperature variations. These simulation results were confirmed experimentally on conductive water and animal tissues.

In the last section, a FEM simulation of the magnetic catheter in the air and in the human body gave  $55^{\circ}\text{C}$  and  $80^{\circ}\text{C}$  respectively. It is evident that the  $120^{\circ}\text{C}$  is still not reached but performances improvement can be expected from composites of higher particle content. Up to 35% vol. particles seems possible but it will come with technological difficulties.

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