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Co-variations of climate and silicate weathering in the Nile Basin during the Late Pleistocene

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Abstract

We have investigated provenance and weathering proxies of the clay-size sediment exported from the Nile River basin over the last 110,000 years. Using neodymium isotope composition of sediments from both the Nile Deep Sea-Fan and Lake Tana, we show that the Nile River branches draining the Ethiopian Highlands have remained the main contributors of clays to the Nile delta during the Late Quaternary. We demonstrate that fluctuations of clay-size particle contribution to the Nile Delta are mainly driven by orbital precession cycle, which controls summer insolation and consequently the African monsoon intensity changes. Our results indicate that - over the last 110,000 years – the proportion of clays coming from Ethiopian Traps fluctuates accordingly to the intensity of the last 5 precession cycles (MIS 5 to MIS 1). However, there is a threshold effect in the transport efficiency during the lowest insolation minima (arid periods), in particular during the MIS3. Several arid events corresponding to the Heinrich Stadial periods are associated with small or negligible clay source changes while chemical weathering proxies, such as $\delta^7\text{Li}$, Mg/Ti and K/Ti , vary significantly. This suggests a straightforward control of weathering by hydro-climate changes over centennial to millennial timescales. Our data also suggests a significant but more progressive influence of the temperature decrease between 110kyr and 20kyr. Taken altogether, the observed tight coupling between past climate variations and silicate weathering proxies leads us to conclude that precipitation changes in northeast Africa can impact soil development over a few hundred years only, while the influence of temperature appears more gradual.

1. Introduction

Monsoons are the dominant seasonal mode of climate variability in the tropics, acting as important conveyors of atmospheric moisture and energy at the global scale (Mohtadi et al., 2016). In north-East Africa, the onset of Late Quaternary humid periods has been attributed to the northward migration of the rain belt associated with the Inter Tropical Convergence Zone (ITCZ) in relation with precession-driven insolation changes as well as the Congo Air Boundary (CAB; Demenocal et al., 2000; Gasse, 2000; Rossignol-Strick et al., 1982; Skonieczny et al., 2019, Tierney et al., 2010; Junginger et al., 2014). The last period of more intense rainfall compared to present, the so-called African Humid Period (AHP), occurred between ~14 and ~6 kyrs cal. BP (e.g. Costa et al., 2014; Demenocal et al., 2000; Shanahan et al., 2015). These past humid periods were characterized by enhanced freshwater discharge and sediment export from the large African river systems to surrounding ocean margins (Blanchet et al., 2021; Mologni et al., 2020; Skonieczny et al., 2015). A number of recent studies conducted at a high temporal resolution (10–1000 years) in lake and deltaic sedimentary records across northern Africa suggested that gradual long-term monsoon oscillations had been often punctuated by millennial-scale episodes of hyperaridity (Bastian et al., 2017; Berke et al., 2012; Blanchet et al., 2020; Castañeda et al., 2016; Collins et al., 2013; Costa et al., 2014; Foerster et al., 2012; Liu et al., 2017; Tierney et al., 2013, 2011b, 2011a, 2008; Verschuren and Russell, 2009), as exemplified by significant increase in aeolian dust deposition in sediment records from African margins (Bouimetarhan et al., 2012; Collins et al., 2017, 2013; Heinrich et al., 2021; McGee et al., 2013; Tierney et al., 2017). These hyperarid episodes occurred contemporaneously with North Hemisphere cooling events recorded in Greenland ice cores (i.e. Greenland stadials; Dansgaard et al., 1993) and in North Atlantic sediment cores (Heinrich Stadials; Bond et al., 1993; Heinrich, 1988). Up to now, over the tropics, these events were mainly described through the use of organic biomarkers

77 and bulk sediment geochemical tracers (δD_{wax} , Ti/Ca ratio; Castañeda et al., 2016; Collins et
78 al., 2017; Tierney et al., 2008; Tierney and DeMenocal, 2013). There is still debate about the
79 exact mechanisms that would explain these short-term hydroclimate changes (orbital forcing
80 and/or internal hemispheric versus nonlinear biogeophysical feedbacks processes; e.g. Collins
81 et al., 2017, 2011).

82 Sediment deposition in deltas is usually dominated by the export of terrigenous material
83 delivered from flooded rivers, highly sensitive to changes in precipitation rates and land cover
84 in corresponding drainage basins (Macklin et al., 2012). The sediment records preserved at
85 the Nile Deep-Sea Fan (NDSF) provide suitable archives for reconstructing past climate
86 variations at a high temporal resolution (100 to 1000 years) in north-East Africa (Almogi-
87 Labin et al., 2009; Bastian et al., 2017; Blanchet et al., 2013; Costa et al., 2014; Hamann et
88 al., 2009; Hennekam et al., 2015; Mologni et al., 2020; Revel et al., 2015; Weldeab et al.,
89 2014). Currently, about 95% of the terrigenous material deposited at the Nile deep-sea fan is
90 derived from the Ethiopian Highlands (Garzanti et al., 2015; Padoan et al., 2011). A close link
91 between precipitation and physical erosion in the Nile River basin has already been
92 demonstrated for the Late Pleistocene period (e.g. Blanchet et al., 2014). Past humid periods
93 were systematically accompanied by accelerated deposition of iron/smectite-rich sediments,
94 reflecting enhanced physical erosion and transport processes from the Ethiopian Highlands
95 (Blanchet et al., 2014; Krom et al., 2002, 1999; Langgut et al., 2011; Revel et al., 2015, 2014,
96 2010, Ehrmann et al., 2016).

97 In contrast, only a few studies have investigated past relationships between climate and
98 silicate weathering on continents over the Quaternary period (Yang et al. 2020; Bastian et al.,
99 2017; Bayon et al., 2012; Beaulieu et al., 2012; Clift et al., 2020, 2014; Dosseto et al., 2015;
100 Limmer et al., 2012; Pogge von Strandmann et al., 2017). To date, there is no consensus on
101 both the magnitude and the timing of chemical weathering response to rapid climate changes.

During the last two decades, lithium isotopes (conventionally expressed as $\delta^7\text{Li}$) have been explored as tracers of silicate weathering in both modern and ancient environments (Bastian et al., 2017; Dellinger et al., 2014, 2015, 2017; Huh et al., 1998; Philip A.E. Pogge von Strandmann et al., 2017; Pogge von Strandmann et al., 2010, 2020; Vigier et al., 2009). During weathering, mass-dependent isotope fractionation results in significant enrichment of the lighter lithium isotope (^6Li) into secondary mineral phases such as clays (Dupuis et al., 2017; Li and West, 2014; Pistiner and Henderson, 2003; Vigier et al., 2008; Wimpenny et al., 2010; Hindshaw et al., 2019). As reported or modeled in Bastian et al. (2017), Bouchez et al. (2013), Pogge von Strandmann et al. (2017, 2010), Misra and Froelich (2012), water or clay $\delta^7\text{Li}$ values primarily reflect the degree of ‘incongruency’ of the continental weathering process, which is a function of the dissolution vs neoformation rate. Indeed, the proportion of - isotopically fractionated - Li incorporated into neoformed secondary phases, compared to the one released more congruently to waters during rock dissolution or mineral leaching, represents the most important control of Li isotope signatures in soils and rivers. When, at the basin scale, the denudation flux compensates the soil production rate, physical and chemical weathering processes are considered at steady-state and the ‘incongruency ratio’ is then directly related to the chemical weathering intensity (W/D, ratio of silicate chemical weathering over total denudation, as defined by Bouchez et al. [2013], Caves Rugenstein et al. [2019] and Dellinger et al. [2017]). Exception is made for basin with particular high W/D ratios, because dissolution is so intensive that secondary minerals also release to draining waters their isotopically light Li (leading to a “bell shape” trend of $\delta^7\text{Li}$ as a function of W/D, see Dellinger et al., [2015]).

The aim of our study is to better understand the impact of monsoon-rainfall changes on both erosion and weathering processes in the Nile Basin over the last 110 kyrs. Recently, Bastian et al. (2017) reported $\delta^7\text{Li}$ measurements for a total of 55 clay-size sediment fractions extracted

from core MS27PT from the NDSF. The obtained $\delta^7\text{Li}$ data ranged between 4 ‰ and -1.2 ‰ displaying systematic co-variations with proxies for hydroclimate variability over the last 32,000 years. Additional data are now needed to investigate whether this relationship held true over longer timescales. To this end, we have conducted a source-to-sink approach, which aimed at comparing sediment records from both the NDSF and the Lake Tana, located at the source of the Blue Nile River in the Ethiopian Highlands. Our approach combines the use of geochemical and isotopic tracers of sediment provenance (Nd isotopes) and silicate weathering (major elements; Li isotopes). By focusing on the finest – clay rich- size fraction of the sediment ($<2\mu\text{m}$) we minimize potential complexities related to granulometric processes and mineral sorting occurring during sediment transport and deposition, as described in Bastian et al. (2019, 2017) for the Nile Basin. Additionally, our source-to-sink approach allows us to discuss the role of continental geomorphic processes on the terrigenous delivery to the Nile basin. Finally, this study includes the investigation at relatively high temporal resolution of several hyper-arid millennial-scale episodes (i.e. Heinrich Stadials).

2. Regional setting and samples

2.1. Geological and hydrology setting of the Nile River Basin

The Nile River Basin (about $3.3 \times 10^6 \text{ km}^2$) extends across more than 30 degrees of latitude (from 4°S to 30°N, Fig. 1). It is composed of two major sub-drainage basins characterized by different lithologies, but overall dominated by silicate rocks (Ghilardi and Boraik, 2011). The Ethiopian Highlands, corresponding to the Ethiopian Traps (age of ~30 Ma), is composed of Cenozoic basaltic rocks. The Sobat, the Blue Nile and the Atbara rivers originate from the Ethiopian Traps sources (Garzanti et al., 2015). The Central African Craton (age > 3 Ga) is composed of Precambrian metamorphic rocks drained by the Bahr el Jebel River (Garzanti et

al., 2015), which is joined by the Sobat River to form the White Nile (Williams et al., 2015). Over the hydrological year, the Nile River displays a unimodal discharge patterns characterized by intense floods during the summer, essentially caused by the northward migration of the ITCZ, and associated monsoonal precipitation across the Ethiopian Highlands (Garzanti et al., 2015). The Bahr el Jebel/White Nile is originated from the equatorial uplands Uganda, Rwanda and Burundi, and in particular from the outflow of Lake Victoria and Lake Albert. The contribution of the Bahr el Jebel/White Nile remains more or less constant throughout the year, due to a more uniform rainfall pattern in the Equatorial region with 1-2 m of rainfall distributed in two rainy seasons (Garzanti et al., 2015; Nicholson, 2000).

Thus, the precipitation regime along the Nile catchment is mainly caused by the West African monsoon, modulated by the Indian Summer Monsoon (ISM) dynamics. Over the Ethiopian Highlands, precipitation is fed by moisture originating from three sources: the West African Monsoon (WAM), the Indian Ocean and the Mediterranean Sea, Arabian Peninsula and the Red Sea northern regions (Viste and Sorteberg, 2013). A range of 69–95% and 5–24% of the total precipitation are currently derived from the Gulf of Guinea and Indian Ocean, respectively (Costa et al., 2014; Verschuren et al., 2009). Runoff from the Ethiopian Traps (where 1500 m to 3000 m a.s.l. elevation concentrates most precipitation) greatly contributes to the lower Nile discharge and to a majority of its transported sediment (Lamb et al., 2007; Williams et al., 2006).

2.2. Geochemical characterization of detrital sediments from the Nile River Basin

The NDSF has built up continuously since the Oligocene through sedimentary inputs from the Nile River basin (Ducassou et al., 2009; Faccenna et al., 2019; Mascle, 2014; Migeon et

175 al., 2010; Revel et al., 2015, 2014, 2010). For the last 110,000 years, the most active part of
176 the fan has been the so-called Rosetta branch (Ducassou et al., 2009, 2008). Sedimentation
177 rates at the NDSF have varied drastically from ≈ 400 cm/kyr during humid periods such as
178 AHP, to much lower accumulation rates (≈ 1 -10 cm/kyr) during arid periods (Ducassou et
179 al., 2008; Langgut et al., 2011; Revel et al., 2010). This reduction of particulate fluxes is in
180 line with the drying up of large lakes such as Lake Victoria, Albert, Tana situated in the Nile
181 basin system (Gasse, 2000; Lamb et al., 2007; Talbot and Lærdal, 2000; Williams et al.,
182 2006). The provenance of the sediment exported to the NDSF has been inferred from the Nd
183 and Sr radiogenic isotope compositions of mud and sand fractions from sediments in transit
184 along all major Nile branches (see map in Fig. 1; Garzanti et al., 2015; Padoan et al., 2011;
185 Talbot and Brendeland, 2001; Woodward et al., 2015). Sediment Nd isotopic compositions
186 (expressed from herein using the epsilon notation ϵNd) are not affected much by weathering
187 processes and hence faithfully reflects geographical provenance and crustal age of the
188 source rocks (Bayon et al., 2015). The Nile basin is well suited to this isotopic tracer because
189 of the contrasting ϵNd signatures characterized by the Cenozoic Ethiopian traps ($\epsilon\text{Nd} \approx 0$;
190 Fig. 1) and the Precambrian Central Africa Craton ($\epsilon\text{Nd} \approx -30$, Garzanti et al., 2015). The
191 Bahr el Jebel and Victoria-Albert Nile-derived fluvial muds are characterized by $\epsilon\text{Nd}(0) = -$
192 25 and range from -29 to -36, respectively (Padoan et al., 2011), whereas the White Nile
193 mud ϵNd is around -10, resulting from the mixture of basaltic (Ethiopian Traps) and
194 metamorphic (Precambrian Craton) rocks. The present-day White Nile contributes to
195 about 2 million tons of sediment particles to the main Nile at Khartoum, in contrast to
196 the 41 and 14 million tones provided by the Blue Nile and Atbara rivers, respectively,
197 before they were dammed (Williams et al., 2015). Thus, sediment budgets calculated by
198 integrating isotopic data on muds and sands are consistent with dominant contribution from
199 the Blue Nile and Atbara to total main Nile load, whereas the Bahr el Jebel/White Nile

200 sediment loads contribution to the main Nile are less important (Garzanti et al., 2015;
201 Padoan et al., 2011). The Sahara Desert, in particular the Libyan desert, represents another
202 source of particles to the Nile Delta with aeolian dust inputs estimated at 20 to 40 g/m²/yr
203 (Grousset et al., 1988; Krom et al., 1999). The Saharan dust contribution (Saharan
204 Metacraton sources characterized by ϵNd from -15 to -10; Abdelsalam et al., 2002; Grousset
205 et al., 1988) depends on the aridity of the region and the wind strength. Also, the Arabian-
206 Nubian Shields (ANS, Johnson et al., 2011) located along the Red Sea margin can be a
207 minor source of particle, with ϵNd from -2.5 to -0.5 (Palchan et al., 2013). Thus, Nd isotopes
208 have shown to be a powerful tool to investigate how sediment sources have changed in the
209 past, in particular during the Late Quaternary (Bastian et al., 2017; Blanchet et al., 2015,
210 2021; Castañeda et al., 2009; Revel et al., 2015; Weldeab et al., 2003). At the scale of the
211 Holocene and the last deglaciation, the highest ϵNd values recorded during the AHP, from
212 ~14 to ~8 ka BP, indicate larger proportions of particles derived from the Ethiopian Traps
213 (Bastian et al., 2017; Blanchet et al., 2014; Revel et al., 2015). Indeed, the radiogenic Nd
214 isotopic signatures ($\epsilon\text{Nd} \approx -2$) are closer to values observed in the Ethiopian Traps (ϵNd 0 to
215 7). In contrast, during more arid periods, sediment deposited at the NDSF are characterized
216 by lower ϵNd values (-8 to -12), indicating reduced sediment inputs from Ethiopian Traps,
217 together with higher relative contributions from the other sediment sources. Previous studies
218 have argued very low sediment contributions from the White Nile at present (about 3 ± 2 % of
219 the total Nile sediment discharge; Garzanti et al., 2015). This is because most of the coarse
220 grained sediment transported by the White Nile is trapped within the Sudd marshes in South
221 Sudan (Fielding et al., 2017; Garzanti et al., 2015). However, it was not always the case.
222 Indeed, during arid times, reduced Ugandan lakes overflow into Bahr el Jebel/White Nile,
223 induces the Sudd swamps drying out, favouring thus the sediment delivery at the beginning
224 of the following humid period (Williams, 2019). Additionally, water inputs of White Nile

may have substantially changed through the time producing marked flooding events (Talbot and Lærdal, 2000; Williams, 2019; Williams et al., 2006, 2010). Thus, as proposed by Blanchet et al. (2013) using granulometric measurements, the Bahr el Jebel/White Nile may have represented, during the Late Pleistocene, a non-negligible source of sediments to the Nile River.

2.3. Marine sediment core MS27PT from the Nile deep-sea fan

The 7.3 m long Core MS27PT (N31°47'90, E29°27'70) was collected at 1389 m water depth in the NDSF during the Mediflux MIMES cruise (2004), at around 90km from the Nile Rosetta River mouth. Its age model is based on 29 AMS ^{14}C dates first published in (Bastian et al., 2017; Revel et al., 2015, 2010) and on $\delta^{18}\text{O}$ stratigraphy (Revel et al., 2015, 2010; see Fig. S1 and Table S1). Core MS27PT lies directly under the influence of the Nile freshwater input and provides a continuous record of sediment discharge from the Nile River basin for the last 110 kyr (Mologni et al., 2020; Revel et al., 2015, 2014, 2010). This is well illustrated by high-resolution XRF core scanner log(Ti/Ca) ratios (Fig. 2 and S1; Bahr et al., 2015; Liu et al., 2017; Revel et al., 2010), which reflect variable relative proportions of terrestrial versus marine inputs. Periods of low monsoon intensity were associated with deposition of light-colored sediments dominated by biogenic carbonate shells (Fig. S1), while high monsoon periods usually correspond to darker -Fe-Ti rich - sediments derived from the Nile floods and also from a good preservation of organic matter within Sapropel layers (De Lange et al., 2008; Rohling, 1994; Rohling et al., 2015). In core MS27PT, Sapropels S4, S3 and S1 are visible and associated with high Sulphur concentrations and low foraminifera $\delta^{18}\text{O}$ (Revel et al., 2010), which are contemporaneous with massive freshwater discharge from the Nile River. Clay fractions are continuously dominated by smectite (65 to 98 %), with illite, chlorite and kaolinite in smaller proportions (Revel et al., 2015, 2010; Table S2).

250

251 **2.4. Lake sediment core 03TL3 from Lake Tana (Ethiopian Highlands)**

252 We have also analyzed ϵNd for the clay-size fractions extracted from core 03TL3, collected in
253 2003 in the central part of Lake Tana (13.8 m water depth; Lamb et al., 2007). Core 03TL3
254 covers the last 16 kyr period. Lake Tana (21°N, 37.25°E, 1830 m a.s.l.; Fig. 1) is the largest
255 lake in Ethiopia and represents, with the tributary downstream, the major source of water to
256 the Blue Nile River. The age model of this core is based on 17 AMS ^{14}C dates published by
257 Marshall et al. (2011). This sedimentary record first provides evidence for geochemical and
258 mineralogical variations related to past changes in the monsoon activity (Costa et al., 2014;
259 Lamb et al., 2007; Marshall et al., 2011). For instance, Costa et al. (2014) showed that $\delta\text{D}_{\text{wax}}$
260 (i.e. a proxy for past humidity) decreased during the African Humid Period, which was
261 interpreted as reflecting higher rainfall contributions from the Atlantic Ocean at that time.

262

263 **3. Methods**

264 **3.1. Sampling, sediment treatment and clay extraction**

265 Each sample corresponds to a 1 cm cut section along studied sediment cores. Considering
266 variations in sedimentation rates along sediment cores, this 1cm cut corresponds to a time
267 interval ranging from 10-70 years and 400-1000 years for humid and arid periods,
268 respectively.

269 The sampling for the clay-sized fraction analyses of the Nd/Li isotopes and K/Ti and Mg/Ti
270 ratios is about 2 cm for the last 31,000 years (i.e. a temporal resolution of about 1000 years).
271 For the last glacial period (75 to 25 kyr) the sampling is based on K/Al ratio variations (see

Fig S1) which indicates an increase in this ratio consistent with the timing of the Heinrich events recorded in North Atlantic (Snoeckx et al., 1999).

Bulk samples (about 0.5 g) were first sieved at 63 μm and dried at 65 $^{\circ}\text{C}$. Mineralogical composition of some fine-grained <63 μm sediment samples was determined by XRD Bruker D5000 at the University of Strasbourg (LHYGES). Before separation of the clay fraction from the < 63 μm fraction, the sample was treated for carbonate removal using 1N HCl for 30 min in an ultrasonic bath. Clays (<2 μm) were extracted from the carbonate-free detritus by physical decantation in 50 ml of ultra-pure water mixed with 60 μl of sodium hexametaphosphate solution (100 mg/l).

The clay minerals were identified by X-ray diffraction (XRD) using a PANalytical diffractometer at the GEOPS laboratory (Université Paris-Saclay, France) on oriented mounts. Briefly, deflocculation was accomplished by successive washing with distilled water after removing carbonate and organic matter by treating with acetic acid and hydrogen peroxide, respectively. Particles smaller than 2 μm were separated by sedimentation and centrifugation. Three XRD runs were performed, following air-drying, ethylene-glycol solvation for 24 hours, and heating at 490 $^{\circ}\text{C}$ for 2 hours. The clay minerals were identified according to the position of the (001) series of basal reflections on the three XRD diagrams. Mixed layers composed mainly of smectite-illite (15–17 $\text{\AA}$) were included in the “smectite” category. Semi-quantitative estimates of peak areas of the basal reflections for the main clay mineral groups of smectite (15–17 $\text{\AA}$), illite (10 $\text{\AA}$), and kaolinite/chlorite (7 $\text{\AA}$) were performed on the glycolated curve using the MacDiff software. The relative proportions of kaolinite and chlorite were determined based on the ratio from the 3.57/3.54 $\text{\AA}$ peak areas. The replicate analyses of a few selected samples gave a precision of $\pm 2\%$. Based on this XRD method, the semi-quantitative evaluation of each clay mineral had an accuracy of $\sim 4\%$.

After drying, clays were crushed in an agate mortar and about 10 mg of this powder was digested using a concentrated HF/HNO₃/HCl mixture. The solution was evaporated at low temperature and the residue was completely dissolved in 1N HCl prior to Li separation solid/liquid chromatography columns (Vigier et al., 2009).

3.2. Measurement of major and trace element concentrations

Major (K, Ca, Mg, Mn, Fe, Al ,Ti) and a few trace (Sr, Ba) elements were analyzed by ICP-AES at the LOV. Accuracy was assessed using the certified reference material BEN and water standard TM 28.4. The 2 σ errors on concentrations range between 1.6% and 3.5 % for major and trace elements (more details in Bastian et al., 2017).

3.3. Lithium isotope analyses

For chemical Li purification in the LOV clean lab, a solution containing ~60 ng of lithium was introduced on a cationic resin column (AG50X12) and Li was eluted using titrated ultrapure 1.0 N HCl (Vigier et al., 2008). This separation was performed twice to ensure perfect Li-Na separation. LiCl solution was then evaporated to dryness and re-dissolved in 0.05 N HNO₃ for isotope analyses. Lithium isotope analyses were performed at the Ecole Normale Supérieure de Lyon (CNRS-INSU National Facilities) using a Neptune *Plus* (Thermo-Fisher) multi-collector inductively coupled plasma spectrometer (MC-ICP-MS) along with a sample-standard bracketing technique. A combination of Jet and X cones were used, as well as an Aridus II desolvating system, resulting in a sensitivity of 1Volt ⁷Li /ppb (Balter and Vigier, 2014) Li (Balter and Vigier, 2014). Before analyses, Li fractions were diluted to match 5 ppb Li. Total procedural blanks were negligible (< 10 pg Li), representing ~0.02% maximum of the total Li fraction for each sample. The accuracy of isotopic

measurements was assessed several times during each measurement session using reference Li7-N solution (Carignan et al., 2007) and other reference materials (BE-N basaltic rock powder and seawater). Without separation chemistry, mean $\delta^7\text{Li}$ values of $30.2 \pm 0.4\text{‰}$ (2SD, $n=32$) were obtained for Li7-N, which compares well with published and nominal values (Carignan et al., 2007). After chemical purification, the mean values for $\delta^7\text{Li}$ were 30.3 ± 0.4 (2SD, $n=22$), 5.45 ± 0.2 (2SD, $n=3$) and $31.1 \pm 0.3\text{‰}$ (2SD, $n=6$) for Li7-N, BE-N and seawater, respectively, which also compare well with published values (Millet et al., 2004). To verify the homogeneity of the clay fraction and the reproducibility of clay separation, various aliquots of 5 different clay separations were also analyzed, resulting in a reproducibility of 0.37‰ (2SD; $n=14$) as previously reported in (Bastian et al., 2018, 2017).

3.4. Neodymium isotope analyses

The Nile clay Nd isotopic compositions were measured at the Pôle Spectrométrie Océan (Brest, France). Neodymium was purified using conventional ion chromatography (Bayon et al., 2012). Nd isotopic compositions were determined using sample-standard bracketing, by analysing JNdi-1 standard solutions every two samples. Mass bias corrections were made using the exponential law considering $^{146}\text{Nd}/^{144}\text{Nd} = 0.7219$. Mass-bias corrected values for $^{143}\text{Nd}/^{144}\text{Nd}$ were normalized to a JNdi-1 value of $^{143}\text{Nd}/^{144}\text{Nd} = 0.512115$ (Tanaka et al., 2000). Repeated analyses of bracketed JNdi-1 standard solutions during the course of this study yielded $^{143}\text{Nd}/^{144}\text{Nd}$ of 0.512117 ± 0.000012 (2 SD, $n=16$), corresponding to an external reproducibility of $\sim \pm 0.23\text{‰}$ (2 SD).

Tana Lake clays have been processed at Geosciences Montpellier laboratory (University of Montpellier). The chemical separation of Nd includes a first step of separation using AG50W-X-8 cation exchange resin to collect rare earth elements (REE), followed by a second step to

purify Nd using HDEHP conditioned Teflon columns. Nd isotopes were measured using a Thermo-Fischer Neptune *Plus* MC-ICP-MS from the AETE-ISO geochemistry platform (OSU OREME). $^{143}\text{Nd}/^{144}\text{Nd}$ ratios were corrected from internal mass bias using an exponential law and a value of 0.7219 for the $^{146}\text{Nd}/^{144}\text{Nd}$ ratio. The external mass bias was corrected using standard bracketing method with two different standards (JMC321 and AMES-Rennes). During the course of the study JMC-321 and AMES-Rennes (Chauvel and Blichert-toft, 2001) standards yielded respectively an average of 0.511115 ± 7 (2σ , $n=8$) and 0.512959 ± 6 (2σ , $n=8$) for the $^{143}\text{Nd}/^{144}\text{Nd}$ ratio. Nd procedural blank was 22pg. For all samples, epsilon Nd values (ϵ_{Nd}) were calculated using $^{143}\text{Nd}/^{144}\text{Nd} = 0.512638$ (Bouvier et al., 2008).

4. Results

4.1. Core MS27PT

All geochemical data for core MS27PT clay fractions are presented in Tables 1 and S2. The Nd isotopic composition of clay-size fractions (clay ϵ_{Nd}) varies from -7.69 to -0.98 with a value of that falls down systematically to ~ -7.5 during low insolation periods. Under high insolation, clay ϵ_{Nd} increases up to -4 (Fig. 2). The downcore evolution of ϵ_{Nd} is in phase with $\text{Log}(\text{Ti}/\text{Ca})$ (Fig. 2) as well as with sedimentation rates (see Fig.S1). This documents higher detrital sediment inputs from Ethiopian Traps during the last five high insolation periods. Clay Mg/Ti and K/Ti ratios also oscillate between arid and humid periods (from ≈ 3.5 to 2.5 and from 2.5-3 to 1.5 respectively), with the highest values being systematically associated to the lowest insolation. Overall, during the last 110,000 years, geochemical tracers follow the insolation trend, hence variations in monsoon intensity in northern Africa (Singarayer and Burrough, 2015; Tjallingii et al., 2008).

Over the last 110,000 years, clay $\delta^7\text{Li}$ values range between 1 ‰ and 4 ‰, which is the same range of values already established for the last 35 kyr from the same core (Bastian et al., 2017; Fig. 2). However, between 110 kyr and 35kyr, clay $\delta^7\text{Li}$ do not show the same systematics with insolation as since 35 kyr (Bastian et al., 2017). The centennial to decennial high resolution Ti/Ca ratio (measured on the bulk sediment every mm by XRF core scanner) highlight lower values during the Younger Dryas (YD), during the five arid (low insolation) periods, as well as during several short-time excursions (Fig. 2). Indeed, from 70 to 10 kyr, clay $\delta^7\text{Li}$ display specific short-term increases (pointed as arrows in Fig. 2), which are unrelated in terms of duration and intensity to the insolation curve. Some of these rapid excursions co-vary with elemental ratios, but some do not. An additional feature of the clay $\delta^7\text{Li}$ record in core MS27PT is the progressive decrease of the $\delta^7\text{Li}$ minima between 110 and 25 kyr BP (dotted line in Fig. 2).

4.2. Core 03TL3 Lake Tana

All data for core 03TL3 from the Lake Tana are displayed in Table 2. The ϵNd compositions of all clay-size fractions yields a mean value of 2.0 ± 0.5 (2SD, $n=13$; Fig. 3), consistent with the ϵNd value determined for Blue Nile river sediments by Garzanti et al., (2015) ($\epsilon\text{Nd} = 1.8$, Fig. 1). $\delta^7\text{Li}$ values of clay-sized fractions from core 03TL3 range from 0.8 ‰ to 2.9 ‰ over the last 16 kyr BP, with a mean value of 1.7 ‰. These values are comparable, within errors, to the ones obtained in core MS27PT clays for the same period (Fig. 3).

5. Discussion

As described in the Result section, the MS27PT sediments located in NDSF first show that various geochemical proxies evolve in phase with changes in the monsoonal system, which

are primarily controlled by precession-forced insolation variations. During the last 110 kyrs, each low insolation period (to a lesser degree for the one at 45 kyrs BP), is characterized by a decrease in the clay ϵNd values, and by an increase in clay Mg/Ti and K/Ti ratios (Fig. 2).

In addition, geochemical analyses highlight numerous short-term excursions, in particular for Li isotopes, K/Ti and Mg/Ti ratios. Some of them – but not all - are accompanied by ϵNd drops, similar to those as during periods of low insolation, but less intensive in magnitude. These short excursions are in line with the timing of Heinrich Stadials, as determined in Greenland ice core (NGrip, Andersen et al., 2004) and in North Atlantic sediments (Collins et al., 2013; Hemming, 2004; see section 5.3.).

5.1. Impact of insolation change on physical erosion and sediment transport

5.1.1. Provenance of clay fractions exported to the Nile deep-sea fan

For the Nile River and other large river basins, regional paleoclimatic reconstructions are generally based on the application of geochemical proxies to the bulk detrital fraction, without particular grain-size separation (Costa et al., 2014; Lamb et al., 2018; Marshall et al., 2011; Revel et al., 2015, 2010; Tierney et al., 2011b). While clay mineralogy has been used for decades in paleoclimatic studies, the geochemistry of the finest clay-size sediment fractions ($<2\mu\text{m}$) has been largely unexplored, apart from a few paleoenvironmental studies (Bastian et al., 2017; Bayon et al., 2012; Blanchet et al., 2015; Chen et al., 2017; Clift et al., 2014; Dosseto et al., 2015). As shown in Fig. 4a for the last 110 kyrs, in core MS27PT, the Nd isotopic compositions of clay-size fractions are systematically more radiogenic (and vary less) than ϵNd values of the corresponding silt-size fractions. This suggests a dominant basaltic source for the clays, which are mostly issued from the Ethiopian Traps region, in contrast to the silts that may derive from different provenance regions.

For the last 16 kyrs, a “source-to-sink” approach could be developed by comparing the clay signals extracted from both the NDSF and the Lake Tana sediment records; this latter being located ~3500 km upstream, in the Ethiopian Highlands. During this period, clay ϵNd values for sediment deposited in the Lake Tana remained constantly high, with a mean value of 2 ± 0.25 (Fig. 3a; in agreement with the regional lithology), similar – within uncertainties - to the ϵNd value of 1.8 ± 0.8 measured in mud sediments carried at present by the Blue Nile River (Garzanti et al., 2015; Fig. 3a). Most likely, the clays transported by the Blue Nile, Atbara and Sobat rivers were formed locally within the soils developed above basaltic and rhyolitic Ethiopian Traps sequences. Differently from Blue Nile/Atbara rivers, the Ethiopian Traps radiogenic signature of the Sobat River would be originated from the Lake Turkana overflow events (towards the lower White Nile basin) occurring during humid periods (Johnson and Malala, 2009).

During the last 16 kyrs, clay $\delta^7\text{Li}$ values are similar in the MS27PT core and in the Lake Tana core (Fig. 3b). This first confirms that most of the clay material exported to the NDSF at this period came from the Ethiopian Highlands, and that measured $\delta^7\text{Li}$ compositions can actually reflect weathering conditions, without being significantly affected by sediment transport nor by any post-depositional effect related to diagenetic processes.

In contrast, clays from MS27PT sediment exhibit lower ϵNd values (mean value of -4.36, $n=94$) than for the Lake Tana (mean value of 2, $n=13$ for the last 14 kyr; Fig. 3a and 4a) over the last 110.000 years. However, Blue Nile sources remains relatively stable and high compared to the Bahr el Jebel/White Nile sources (Fig. 4a). In fact, a small increase in the contribution of clay-size material from the Central African Craton ($\epsilon\text{Nd} \sim -30$) has a significant impact on ϵNd values. This effect likely explains the bias observed between clay ϵNd values from core MS27PT and from Lake Tana sediments.

The smectite abundance measured in the clay fractions over the last 110 kyrs also remains high ($> 65\%$), suggesting that ϵNd signature and smectite clay contribution are both sensitive to clay sources (Figs. 2 and 4). Thus, our “source-to-sink” approach demonstrates that clays from the Ethiopian Traps (Blue Nile/Atbara and Sobat rivers) represent the dominant sediment source to the NDSF sediment for the last 110 kyrs (Fig. 4). In contrast, clays derived from Saharan dust (Saharan Metacraton) and from the Bahr el Jebel/White Nile (Cetral African Craton) or from the Red Sea Hills (Arabian Nubian Shield) contribute comparatively in much lower proportion. Importantly, ϵNd show that the proportion of Ethiopian Traps-originated clays remains high (ϵNd values oscillate between -8 and -2) even during arid periods, suggesting persistent soil and clay formation over the Ethiopian Highlands.

5.1.2. Threshold effects on sediment transport during the Younger Dryas

During arid periods the increased difference in ϵNd values between clays and silts from the NSDF (Fig. 4a) suggest that both particle types come from different and lithologically contrasted regions. Thus, the variable ϵNd difference between clays and silts could be explained by different size-dependent transport processes, as well as by possible threshold effects on the transport of coarser particles. This aspect is well illustrated when considering the Younger Dryas period (YD; Fig. 5). In northern Africa, the Younger Dryas is generally associated with a relatively arid period from ~ 13 and ~ 12 kyr BP, resulting from a weakening of monsoon intensity (Garcin et al., 2007) and from the fall of lakes level (Roberts et al., 1993; Stager and Johnson, 2008). In core MS27PT, this period is highlighted by progressively decreasing sediment Ti/Ca ratios, consistent with lower terrigenous inputs (Fig. 5, Revel et al., 2015, 2014, 2010). At the same time, the clay ϵNd composition remained near constant and high (-2). In contrast, silt ϵNd display an abrupt trend towards lower (less radiogenic) isotopic signatures, by about 3 epsilon units. This shift, associated with the

decrease of Ti/Ca ratio, can hence only be explained by a major reduction in the export of coarse-grained particles from the Ethiopian Traps source region, together with presumably more important sediment contributions from the Sahara dust, or from the Bahr el Jebel/White Nile. Accordingly, during humid periods, the Nile flood-induced silty deposits are similar (higher ϵNd values) than clay fraction, showing a strong hydro-systems' reactivation in Ethiopian Highlands in link to high insolation patterns (Mologni et al., 2020).

Overall, during the YD, the observed size-dependent trends observed for Nd isotopes and mineralogical investigations appear in agreement with a possible reduced rainfall resulting in weaker river transport energy of the silts derived for the Ethiopian Traps. Contrarily, the origin and the transport of suspended clays from the Ethiopian Highlands appeared to have remained globally unchanged. This may suggest that the onset of arid conditions in the Ethiopian Highlands led to reduced transport of coarse particles by the Blue Nile river in link with reduced hydrological activity.

Lower ϵNd values of the silt fraction during arid periods may be the result of combined climatic and geomorphic processes occurring along the Nile River headwaters. Higher precipitations over the 'Equatorial' Nile (Bahr el Jebel/White Nile; 4°S - 3°N; Fig. 1) supported by the ITCZ southward migration, with respect to northern Blue Nile sources (9-15°N), would be the hydro-climatic driver of this process. However, Williams (2019) indicated that during White Nile low flow periods, the Sudd swamps dried out, taking a few centuries to re-establish during the subsequent humid phase. Thus, the absence of the filtering swamps effect could have permitted an enhanced coarse particle discharge, making the Bahr el Jebel/White Nile hydro-sedimentary system excessively reactive to precipitations during or immediately after arid periods. Finally, low silt ϵNd during arid periods can be even attributable to an aeolian coarser source derived from the Saharan Metacraton or from the Red Sea Hills erosion (Macgregor, 2012; Palchan et al., 2013).

Our results show that the combination of Nd isotopic compositions in both clay and silt size fractions constitutes a powerful tool for evidencing differential transport processes mechanisms in response to the YD climatic forcing.

5.1.3. Threshold effects on transport related to insolation minima and maxima

The low insolation period ranged between 50 and 40 kyrs BP is characterized in MS27PT core by a slight decrease only of both clay Ti/Ca ratio and ϵNd (Fig. 6e, f and g). The lack of significant geochemical changes during this specific arid period could be explained by a threshold effect of insolation on sediment transport efficiency. Indeed, the decrease in insolation around 445 W/m^2 (and corresponding monsoon activity) was not as strong as during other arid periods when the 15°N insolation value was much weaker in magnitude ($< 440 \text{ W/m}^2$; Fig. 6e). From an astronomic point of view, at 45 kyr BP, the eccentricity was low and modulated the precession, with consequently a small decrease of the insolation value (Fig. 6a, b and c). This particular orbital configuration and the resulting small decrease in local insolation could be responsible for a limited increase of the Nile flood activity.

A similar threshold effect might have occurred during periods of maxima insolation, which are usually expected to be related to humid climate and development of Sapropel layers in the Eastern Mediterranean Sea (Emeis et al., 2003; Rohling et al., 2015; Rossignol-Strick et al., 1982). Five high insolation periods occurred during the last 110 kyr (Fig. 6e). However, only 3 sapropel layers (S1, S3, S4) were recorded in the MS27PT sediment, as inferred from their high sulphur contents (Fig. 6d) suggesting a non-linear response of sapropel events to insolation patterns. The absence of sulfur along with a slight increase in Ti/Ca ratio during the high insolation period centered around 55 kyr and around 33 kyr suggest that particulate and freshwater river discharges did not increase significantly at that time, in contrast to S1, S3 and

S4. Similarly, a threshold effect during insolation maxima periods was evidenced in the Sanbao-Hulu speleothem (Wang et al., 2008), indicating possible decoupling between insolation and monsoon activity (Ziegler et al., 2010).

From a continental point of view of the Nile river functioning, the installation of the Gezira mega-fan (in the lower Blue and White valleys) at 41 ka and also at around 55 ka, with an overbank flooding suggesting wetter condition upstream in the Blue Nile headwaters (Williams et al., 2015). Geomorphological study evidences the presence of the Dinder, a seasonal tributary attesting increase in terrigenous and freshwater inputs in the lower Blue Nile region (Williams, 2019; Williams et al., 2015). However, the deltaic sediments do not record an enhanced sediment transport at that time. Also, at 33 kyrs BP the obliquity was low (inclination of the earth's axe of rotation is of 22.5° : Fig. 6b) and could modulate the precession, with consequently a smaller increase of the insolation value compared to the AHP. Thus, this particular orbital configuration could be responsible for a limited increase in monsoon intensity and associated Nile flood activity, explaining the more negative ϵNd value of -4 compared to the AHP.

It is not excluded that geomorphological changes along the White Nile branch may explain the subtle ϵNd variations observed among humid periods. For example, towards 27 kyrs, there is good evidence of very high White Nile flow synchronous with a phase of alluvial fan activity near Jebelein (Williams et al., 2010). As indicated by Williams (2019), during humid periods the exceptionally high Blue Nile flow caused a dam effect on White Nile water/sediment inputs, creating a vast seasonal lake in which fine mud accumulated. During arid periods, reduced Blue Nile flow allows the White Nile mega-lake regression and the erosion and transport of low radiogenic (ϵNd) sediments contained within it. Similar to Sudd swamps functioning during YD (see Section 5.1.2), the White Nile solid discharge would have been subjected to hydro-geomorphic processes partially decoupled from climatic

forcing, which could explain variations in more negative ϵ_{Nd} values recorded in the NDSF sediments during arid periods.

5.2. Relationships between climate and continental weathering

5.2.1 Sources vs weathering

Measured variations of weathering proxies such as mobile/immobile element ratios (e.g. Mg/Ti and K/Ti) and δ^7Li in clays can be equally affected by changes in weathering conditions and by sediment provenance. In core MS27PT, the increase of clay K/Ti ratios during arid periods (see yellow bands in Fig. 2) could possibly be explained by enhanced contribution of K-rich illite from presumably source regions characterized by relatively low ϵ_{Nd} values (Saharan dust and/or Bahr el Jebel/White Nile River particles), despite the fact that there is no clear relationships between illite contents and insolation (Figs. 2 and 4, Table S2). Alternatively, downcore K/Ti variations could result from changes in the leaching degree, since potassium is an alkali element mostly mobile during chemical weathering (Fig. 2e). As already discussed in Bastian et al., (2017), evidence that the clay K/Ti trend in core MS27PT evolves similarly with Mg/Ti first supports that they both are controlled by weathering. This is because K and Mg in clay-size fractions are preferentially hosted by distinct secondary mineral phases, e.g illite vs smectite, respectively. It should be noted that the amplitude of the variations in K/Ti and Mg/Ti ratios during the MIS4 arid period is similar to HS4 and HS5 Heinrich events, whereas the amplitude of the Nd variations remain small for HS4 and HS5 (Fig. 2). This suggests that clay K/Ti and Mg/Ti ratios may be controlled by the two processes (change in source and in weathering), but at a different degree, depending on the climate event intensity or location.

Concerning the control of Li isotopes, the ϵNd vs $\delta^7\text{Li}$ diagram (Fig. 7) shows that there is no simple correlation between these proxies. Clay samples with similar $\delta^7\text{Li}$ values ($\sim 2\text{‰} \pm 0.5\text{‰}$) can display a wide range of ϵNd values (Fig. 7a), and vice versa. Also, there is no visible relationship between $\delta^7\text{Li}$ and clay Li/Al, in contrast with river SPM, which are mostly controlled by mineral mixing (Dellinger et al., 2017) (see SI). As a consequence, variations in clay $\delta^7\text{Li}$ compositions during the last 110 kyrs most likely reflect weathering variations, in agreement with previous studies (e.g. Pogge von Strandmann et al., 2017, 2010, 2020; Dellinger et al., 2017, 2015, 2014; Bastian et al., 2017; Vigier et al., 2009). This is particularly evident for several specific arid periods (H2, H4, LGM) during which clay $\delta^7\text{Li}$ exhibit a large range of values but without any particular change in ϵNd (Figs. 7b and 9). These arid periods are also characterized by the highest $\delta^7\text{Li}$ values measured in clays. As described in the Introduction, these high $\delta^7\text{Li}$ values reflect a more incongruent weathering and a lower (leaching / neoformation) ratios, and are consistent with lower leaching rates under less intensive monsoonal precipitation. In contrast, no clear systematics can be highlighted for humid periods characterized by high and homogeneous ϵNd values, since the AHP clays display significantly lower $\delta^7\text{Li}$ values compared to the 80 and 105 kyr humid periods (MIS 5a and 5c; Figs. 6 and 9).

5.2.2 Impact of monsoon intensity oscillation and of temperature variations

For the AHP (~ 14.5 - ~ 6 kyrs), the MIS 5a (~ 86 - ~ 75 kyrs) and the MIS 5c (~ 96 kyrs) humid periods, elevated insolation maxima indicate higher monsoonal precipitation and freshwater discharge across the Nile River Basin, as traced by more radiogenic Nd signature, during sapropels S1, S3 and S4 (Fig. 6). Thus, one would expect that these three humid periods were associated with low clay $\delta^7\text{Li}$ values, as observed during the AHP and explained by higher leaching rate (Bastian et al., 2017). However, during MIS5a and 5c, clay $\delta^7\text{Li}$ are significantly

587 higher ($\sim 3.5\%$) than during the AHP ($\sim 1.7\%$). This feature may be related with the observed
588 differences in the magnitude of insolation maxima: 470W/m^2 during the AHP vs 480W/m^2
589 during MIS5a and 5c, leading to distinct variations of the precipitation pattern (Fig. 6e).

590 An alternative explanation would be that soil and vegetation covers prior to the onset of
591 increasing monsoon were different for each of these periods, resulting in a different
592 weathering response. Since the Eemien period and before the onset of S4 and S3,
593 environmental conditions were warmer and probably more humid than during the Last Glacial
594 Period ($\sim 75 - \sim 25$ kyrs BP; Kutzbach et al., 2020; Lisiecki and Raymo, 2005). Indeed, in
595 North and West Africa, the Last Interglacial period (until MIS 5d; $\sim 130 - \sim 110$ kyrs BP) was
596 characterized by enhanced humidity and by the expansion of rain forest (Dupont et al., 2000)
597 composed by common C_3 plants, suggesting the spread of trees and soil development in the
598 sub-Saharan area (Castañeda et al., 2009a; Williams, 2019). After ~ 110 kyrs BP, the response
599 of weathering to precipitation changes between MIS 5c and 5a periods could have been higher
600 than during the AHP, which followed the LGM period characterized by reduced soil thickness
601 and vegetation cover. Additional work would be needed to further explore these aspects.

602 Another interesting feature displayed by Li isotopes downcore MS27PT is the progressive
603 decrease of the clay $\delta^7\text{Li}$ baseline values between 110 kyr and 25 kyr, which appears to mimic
604 the planktonic foraminiferal $\delta^{18}\text{O}$ signal (Figs. 8a, 8c and S1). This covariation suggests an
605 influence of regional temperature on the weathering incongruency ratio at the scale of the Nile
606 Basin. Over the last 110 kyr, estimates for air temperatures in tropical Africa display
607 variations in relation with glacial-interglacial climatic variability. These estimations are based
608 on various proxy records from lake (Tierney et al., 2008) and marine (Hijmans et al., 2005;
609 Molliex et al., 2019) sediments, and from Soreq cave speleothem reconstructions (Affek et al.,
610 2008; McGarry et al., 2004; Pogge von Strandmann et al., 2017; Fig. 8b). Also, temperature in
611 the last glacial tropical Africa was estimated to be about $3\text{-}5^\circ\text{C}$ cooler than today (LGM,

Kelly et al., 2014; Schefuß et al., 2005). Based on the above, we speculate that a progressive cooling in North-East Africa between ~110 and ~25 kyrs could possibly explain the progressive decrease of the $\delta^7\text{Li}$ minima values, in response to gradual changes in soil conditions within the Nile Basin. This would be in agreement with a recent investigation of speleothems from the Soreq cave in Israel (Fig. 8b; Pogge von Strandmann et al., 2017), which suggested a weakening of continental weathering over glacial/interglacial cycles due to decreasing temperatures. Thus, in contrast to rainfall changes, which presumably result in rapid response of leaching rates, gradual temperature evolution can affect soil conditions and clay neoformation rates over the long-term only (>10kyr). Li isotopes in clay-size fractions from the NSDF therefore suggest a decoupled response of continental weathering to temperature and precipitation changes.

5.2.3 Synchronous timing with Heinrich stadials

During the last glacial period (~75 – ~25 kyrs BP), the evolution of global climate was punctuated by abrupt instabilities, recorded in the Greenland ice $\delta^{18}\text{O}$ signals as Dansgaard-Oeschger cycles (DO; Bond et al., 1993; Dansgaard et al., 1993). These cycles were characterized by the succession of rapid shifts towards higher (interstadial) and lower (stadial) temperature in the northern latitudes (Sanchez Goñi and Harrison, 2010), presumably resulting from changing ocean circulation patterns (e.g. Waelbroeck et al., 2018). Some DO stadials were associated with episodes of massive iceberg discharge in the North Atlantic (referred to as Heinrich Stadial [HS], Heinrich, 1988; Hemming, 2004). The HS events and other northern hemisphere cold episodes, such as the YD, were associated to arid conditions in northern Africa (Shanahan et al., 2015; Verschuren et al., 2009). The mechanism responsible for this aridification is still under debate. One explanation is that Atlantic Meridional Oceanic Circulation (AMOC) reduction at that time led to the southward

637 migration of the ITCZ and monsoon rain belt, leading to regional aridification in North
638 Africa, as testified by increase in the delivery of Saharan dust along the western African
639 ocean margins (Collins et al., 2013; Heinrich et al., 2021; Le Quilleuc et al., submitted) or by
640 δD_{wax} displayed by lake sediment records (Tierney et al., 2008). Instead, a recent study
641 (Collins et al., 2017) suggests that reorganisation of the tropical jet stream and atmospheric
642 circulation patterns may have played an important role in the monsoon variability at that time.
643 This could explain the sudden shifts towards aridification in northern Africa during HS
644 events. In any case, the fact is that North Atlantic cooling episodes are recorded in
645 sedimentary archives from tropical regions in Africa. For instance, δD_{wax} records in Lake
646 Tanganyika and Lake Challa (Tierney et al., 2008) indicate reduced precipitation during HS1
647 (≈ 16 kyrs) to HS5 (≈ 47 kyrs). Desiccation of Lake Tana during HS1 coincides with drying of
648 Lake Victoria, source of the White Nile water, underlining the sensitivity of the entire Nile
649 basin to climatic extremes (Lamb et al., 2018; Stager and Johnson, 2008; Talbot and Lærdal,
650 2000).

651 In NDSF core MS27PT, weathering proxy records (Mg/Ti, K/Ti and $\delta^7\text{Li}$) are clearly in phase
652 with the North Atlantic climate instabilities (see Fig. 9). The observed shift towards heavier
653 (higher) clay $\delta^7\text{Li}$ values during arid periods is consistent with reduced leaching under more
654 arid conditions. The variation amplitude of weathering proxies is quite large during HS1,
655 HS2, HS4 and HS5 events, and comparatively smaller during HS3. This observation is
656 comparable to aeolian dust records from the western African margin (Collins et al., 2013;
657 Heinrich et al., 2021). For some of these events (e.g. HS4) clay ϵ_{Nd} vary little, suggesting a
658 lack of control from clay provenance, as detailed in section 5.2.1, but this would need to be
659 refined at a higher temporal resolution. Overall, these observations reinforce the idea that past
660 $\delta^7\text{Li}$ variations have been primarily driven by monsoon intensity and suggest that abrupt

climate changes - originally initiated in the northern hemisphere high-latitudes - may have influenced weathering processes in northern Africa.

Our results suggest a temporal synchronization between North Atlantic climate variations, monsoon variability and silicate weathering in northern Africa. Evidence for a timely response of chemical weathering to tropical monsoon has important implications for predicting the possible future impact of global warming in tropical regions. A recent modeling study (Defrance et al., 2017) predicts a future reduction of rainfall in northern Africa (Sahel, Ethiopia) due to temperature anomalies and changes in wind direction. Since these areas are densely populated and heavily dependent on rainfall and water availability, a rapid change in soil resources may have strong consequences for local populations.

6. Conclusions

We applied various geochemical proxies ($\delta^7\text{Li}$, ϵNd and elementary ratios) to clay-size sediment fractions from both marine (core MS27PT) and lacustrine (Lake Tana) sediments in order to better understand the impact of African monsoon fluctuations on erosion and chemical weathering processes within the Nile Basin during the Late Quaternary.

Based on Nd isotopes, we showed that the Ethiopian Traps area represented the main contributor of clays to the NDSF for the last 110,000 years. The use of Li isotopes as weathering proxies in this basin was evaluated by comparing Li isotope measurements from core MS27PT and Lake Tana sediment records, indicating no significant change of the clay $\delta^7\text{Li}$ values during the ~3000 km transport by the Nile River.

We find that fluctuations of clay-size particle contributions to the Nile Delta are mainly driven by orbital precession cycle, which controls the African monsoon intensity variations. Nevertheless our results indicate a non-linear response of the Nile sources and chemical

weathering to the insolation forcing. Finally, a decoupling between temperature and precipitation is found concerning their respective impact on chemical weathering. A decrease of mineral leaching rates in soils is inferred from Li isotopes during several Heinrich Stadials, with no significant time lag relative to North Atlantic climatic events. This synchronous timing evidences a rapid response of continental weathering to hydroclimate changes.

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Author contributions

Marie Revel and Nathalie Vigier led the project and helped with interpretation and writing. Luc Bastian performed sediment sampling, treatment and all Li isotope analyses. Marie-Emmanuelle Kerros helped with the sediment pre-treatment and clay extractions. Luc Bastian and Carlo Mologni led the writing. Germain Bayon performed Nd isotope analyses on Nile delta clays and helped with interpretation. Delphine Bosch was in charge with Nd isotope analyses of Tana Lake sediments. Christophe Colin performed clay mineralogy in Nile Delta sediments and helped with interpretation. Henry Lamb provided us the lake Tana samples already dated. All authors contributed to data interpretation and writing finalization.

708 **Additional Information**

709 Luc Bastian and Carlo Mologni, on behalf of all authors of the paper, declare that there are no
710 competing financial interests in relation to the work described.

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1192 *Figure 1 : Map of the Nile River basin and location of core MS27PT (N31°47.90'; E29°27.70', 1389 m*
 1193 *water deep). Three main sources of suspended sediment load are identified in the Nile basin: the*
 1194 *basaltic rocks (purple) of the Ethiopian Traps (Highlands), which are drained by the Blue Nile, the*
 1195 *Atbara and Sobat rivers located in tropical latitude (around 5 to 15°N); The Precambrian*
 1196 *metamorphic rocks (green) of the Central African Craton located in the equatorial latitude of the lakes*
 1197 *Albert and Victoria in the Ugandan headwaters region of the White Nile, which are drained by the*
 1198 *Bahr el Jebel River; and the Saharan Metacraton sources (Abdelsalam et al., 2002; Grousset and*
 1199 *Biscaye, 2005; Scheuvens et al., 2013). ϵNd of the Victoria, White and Blue Nile River mud samples are*
 1200 *from Garzanti et al., (2015). ANS: Arabian-Nubian Shield (ϵNd from Palchan et al., 2013).*

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1204 *Figure 2 : Paleo-variations in (A) July insolation at 15°N (Berger and Loutre, 1991), (B) log(Ti/Ca) ratio*
1205 *in the MS27PT bulk fraction (Revel et al., 2010) , (C), (D), (E), (F) and (G) clay εNd, Mg/Ti ratio, K/Ti*
1206 *ratio, δ⁷Li and smectite/kaolinite ratio for the last 110 ka (MIS: Marine Isotopic Stage). Grey line*

represent the average ϵNd value recorded over 110 ka. A photography of the MS27PT core is shown for comparison, with the humid and arid periods characterized by dark and light sediments respectively. The yellow bands correspond to the arid periods and dotted lines to Heinrich Stadials 4 and 5. Arrows show $\delta^7\text{Li}$ excursion during specific short-term periods. The progressive decrease of the $\delta^7\text{Li}$ minima corresponds to dotted line. Black arrows refer to ^{14}C ages, brown arrows to age calibration from the $\delta^{18}\text{O}$ of planktonic foraminifera.

Figure 3 : Clay $\delta^7\text{Li}$ and ϵNd as a function of the sediment age in the Lake Tana in Ethiopia (blue; core 03TL3) and for MS27PT Nile delta core downstream (red). The 2SD of the ϵNd values range between 0.08 and 0.45.

Figure 4 : (A) ϵ_{Nd} values of clay fraction (green, Bastian et al., 2017) and of <63 μ m fraction (grey line; Revel et al., 2010, 2015) of MS27PT sediment. (B) Percentage of clay estimated by XRD as a function of time. Light brown and grey bars indicate arid periods corresponding to MIS 2, 4, 5b and to Heinrich Stadials and younger Dryas events.

Figure 5: Paleo-variations between 11 and 14 kyrs in (A) measured minerals proportion (brown) and silicate minerals proportion (blue), (B), clay ϵNd (green) and $<63\mu m$ fraction ϵNd (brown, (Revel et al., 2015)) (C) $\log(Ti/Ca)$ measured by XRF core scanner (Revel et al., 2010). The 2SD of the ϵNd range between 0.08 and 0.45.

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Figure 6 : Paleo-variations in (A) Eccentricity (B) Obliquity, (C) Precession, (D) Sulphur measured by XRF core scanner in core MS27PT (Revel et al., 2010), (E) insolation at 15°N in July (W/m²) (F) log(Ti/Ca) measured by XRF core scanner in MS27PT sediment (Revel et al., 2010) (G) and (H) clay ϵ_{Nd} and δ^7Li in MS27PT sediment. The blue and brown patterns correspond respectively to the minimum and maximum insolation values for the last 110 kyrs.

Figure 7 : Clay ϵNd as a function of $\delta^7\text{Li}$. (A) The red symbols represent samples with similar $\delta^7\text{Li}$ ($\approx 2\text{‰}$) and variable ϵNd . (B) Representation of different periods of time with constant clay ϵNd . The squares and the diamonds correspond respectively to the samples of Bastian et al., (2017) and of this study.

Figure 8 : Paleovariation of (A) clay $\delta^7\text{Li}$ in core MS27PT, (B) $\delta^7\text{Li}$ in Speleothem from Soreq cave (Israel). The green and violet bands correspond to the temperature reconstruction respectively with hydrogen isotopes and clumped isotopes (Pogge von Strandmann et al., 2017); (C) Globigerinoides ruber alba $\delta^{18}\text{O}$ in core MS27PT (Revel et al., 2010 & 2015).

Figure 9: Paleovariations in (A) NGrip $\delta^{18}\text{O}$ (Andersen et al., 2004), (B) Reconstructed Sea Surface Temperature (SST, $^{\circ}\text{C}$) for North Atlantic (Martrat et al., 2014), (C) Estimation of Dust in core GeoB9508 close to Gibraltar (Collins et al., 2013), (D) Estimation of Humidity index of central Africa from the core GeoB7320-2 (Tjallingii et al., 2008), (E) Kaolinite/Chlorite ratio from SL71 core

1231 *(Ehrmann et al., 2017), (F), (G) and (H) clay Mg/Ti ratio, clay K/Ti ratios and clay $\delta^2\text{Li}$. The blue band*
1232 *represents the Heinrich Stadial (HS) and the Younger Dryas (YD).*

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Supplementary material

of

Co-variations of climate and silicate weathering
in the Nile Basin during the Late Pleistocene

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Core MS27PT is 7.3 m long and cover 110 kyr. The age model for core MS27PT is based on 29 AMS ^{14}C dates first published in (Bastian et al., 2017; Revel et al., 2015, 2010). These ^{14}C dates were calibrated using the Calib 7.0 program (Reimer et al., 2013) and a mean marine reservoir age of 400 years. For the period extending from 110 to 46 kyr BP, the age model is taken from Revel et al., (2010) and is based on the age of the sapropel S3 (86 to 78 kys BP) and the sapropel S4 (S4b: 108 kyr BP, S4a: 102 kyrs BP). Additionally, the oxygen isotope record of MS27PT is correlated with the isotope record of the SPECMAP reference timescale for the Marine Isotope Stage 4 and 5 (Cornuault et al., 2016; Kallel et al., 2000; Revel et al., 2010).

The change in marine/terrigenous material and within the detrital material have been investigated by comparing the Ti/Ca and Ti/K ratios. The enrichment in Ti for humid periods indicate a higher contribution by Nile flood particles. The enrichment in K for arid periods and for some of the heinrich events most probably indicates a change in source and also a change in weathering of suspended matter. For some specific climate episodes such as the Heinrich events, we have based our sampling on K/Ti ratio variations.

Figure S1 :). (A) $\log(\text{Ti}/\text{Ca})$ determined by XRF core scanner (Revel et al., 2010). (B) $\log(\text{K}/\text{Al})$ determined by XRF core scanner (Revel et al., 2010) (C) AMS ^{14}C ages in orange, calibrated age in red (D) Sedimentation rate (mm/1000 years). (E) $\delta^{18}\text{O}$ of *Globigerinoides ruber alba* (Revel et al., 2010). The blue arrows indicate the age calibration after 45000 years and purple arrows indicate the Heinrich stadial 4 and 5 and Younger Dryas.

Figure S2: Clay $\delta^7\text{Li}$ as a function of kaolinite/smectite ratio and smectite /illite ratio. There is no apparent correlation between clay mineralogy and clay Li isotope composition over the last 100kyrs, mostly because smectite remained the dominant phase (>70%), and likely also because of similar isotope fractionation during Li uptake by these various phases.

Figure S3 : Clay $\delta^7\text{Li}$ as a function of their Li/Al ratio, evidencing the lack of control by mineral mixing or by significant contribution from high Li/Al – low $\delta^7\text{Li}$ shales (see Dellinger et al. 2017).