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Performance Comparison of Digital Modulations in the Presence of Gaussian Phase Noise in the Sub-THz Context

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Abstract—Driven by the need of more available frequency bands, an increasing attention has been paid to the use of sub-THz bands. In such high frequency bands, the signal is expected to be impaired by phase noise, I/Q mismatch, power amplifier non linearities, etc. It has been shown that at such frequencies, with possibly large bandwidth (~ 50 GHz), Gaussian phase noise models accurately the phase noise. This paper studies the effect of Gaussian phase noise on several waveforms. Here, five performance metrics are used to compare them: Bit Error Rate (BER), Peak-to-Average Power Ratio (PAPR), Adjacent Channel Power Ratio (ACPR), spectral efficiency (SE) and Error Vector Magnitude (EVM). The aim of this comparison is to give recommendations on which waveform to use in this context, depending on the impact of the phase noise on the performance of such transmissions.

Index Terms—Sub-THz communications, Phase Noise, Waveform

I. INTRODUCTION

Considering the latest report of the European Communications Office (ECO) Frequency Information System (FIS) [1], frequencies over 71GHz have yet to be allocated to wide-band data communications. In the last decades, the research community paid more attention to the sub-THz bands (200 GHz - 1 THz) [2]. However, with higher frequencies comes several impairments, such as the Phase Noise (PN), which is the subject of this paper.

Phase noise is the main distortion experienced by the signal in the sub-THz bands, which makes its recovery impossible. Therefore, its impact has been widely studied [3]–[7]. Indeed, in [3], Bicais et al. compared two models of PN: correlated Wiener plus Gaussian PN, and uncorrelated Gaussian PN (GPN). They showed that, for broadband communications, such as sub-THz communications, uncorrelated GPN is an accurate model. An other study of PN [4] gives a model for PN simulations, with a thorough statistical study with the goal of being more accurate than other models, at the cost of complexity. The authors from [5], [6] gave a design of digital communications for strong PN channels: their contributions showed that, by using polar metric in the detector, the performance in terms of Bit Error Rate (BER) is improved. An other digital modulation framework has been proposed in [8], where PN robustness has been considered as the performance metric to optimize.

In the review of the THz communications advances drawn in [2], the author explained that publications have been numerous since early 2000. Communication systems using all-electronics (such as [7]) or photonics are using carrier frequencies in the range 100 GHz - 700 GHz, though the most studied frequency bands lies between 200 GHz and 400 GHz. From this review, researchers have reached over 100 Gbps. These systems used OOK, QPSK and 16-QAM modulation schemes.

The aim of this paper is to compare multiple waveforms in the presence of GPN using the following five performance metrics: Bit Error Rate (BER), Peak to Average Power Ratio (PAPR), Adjacent Channel Power Ratio (ACPR), Spectral Efficiency (SE) and Error Vector Magnitude (EVM). Some well-known Phase-Amplitude Modulations (PAM) modulations were used: BPSK, QPSK, $\pi/4$ -DQPSK, 8-PSK, 16-APSK, 16-QAM, 256-QAM and OOK. The OOK scheme was taken from the framework presented in [8]. Alongside widely used modulation schemes, Continuous Phase Modulation (CPM) have been considered into the comparison study due to their high energy efficiency. Another promising modulation scheme was used: Parallel Sequence Spread Spectrum (PSSS) [9] combined with BPSK and QPSK modulations. The goal of this comparison is to show the performance of different modulation schemes impaired by PN, with PN modelled as GPN. To the best of our knowledge, no comparison of such scale has been published so far.

The remainder of this paper is organized as follows. Section II briefly describes the channel and GPN models. Section III provides simulations scheme and results. Section IV illustrates the main outcomes of this comparison study. Finally, conclusions are drawn in Section V.

II. SYSTEM MODEL

In this work, we considered a SISO (Single-Input, Single-Output) system with an Additive White Gaussian Noise (AWGN) channel including PN at both sides (transmitter and receiver). The received signal is defined as

$$\mathbf{r} = e^{j\phi_{\text{pn},r}}(\mathbf{s} \cdot e^{j\phi_{\text{pn},t}} + \mathbf{n}), \quad (1)$$

with \mathbf{r} the received signal after the receiver's oscillator, \mathbf{n} the circular, zero-mean, complex white Gaussian noise with variance σ_n^2 , \mathbf{s} the transmitted signal, and $\Phi_{\text{pn},t}$ and $\Phi_{\text{pn},r}$ the

PN at the transmitter and the receiver side respectively. The transmitted signal is composed of symbols which take their values from the aforementioned modulations. Each of the two instances of PN follow an independant zero-mean Gaussian process $\phi_{pn} \sim N(0, \sigma_{pn}^2)$.

In our simulations, we used several modulation schemes: BPSK, QPSK, $\pi/4$ -DQPSK, 8-PSK, 16-APSK, 16-QAM, 256-QAM, OOK, GMSK, $PSSS_{BPSK}$ and $PSSS_{QPSK}$. To compute the PSSS, we need a spreading sequence (maximum length sequence), we used the first 2^8 -length sequence taken from [11]. All of our simulations were baseband, filtered by a Square-Root-Raised-Cosine (SRRC) filter with a roll-off factor of $\alpha = 0.25$, except for the OOK modulation (Non-Return-to-Zero filter, NRZ) and GMSK (Gaussian filter, with parameters $L=4$ and $BT=0.25$). The variance of the GPN was: $\sigma_{pn}^2 = 10^{-4}$ for low PN, $\sigma_{pn}^2 = 10^{-2}$ for medium PN and $\sigma_{pn}^2 = 10^{-1}$ for high PN. No Forward Error Correction (FEC) nor equalization algorithms were used in our simulation setup.

The BER simulations used Monte-Carlo (MC) scheme, with $E_b/N_0 = [0, 1, \dots, 30]$ dB, and frames of 2^{15} bits. To process the PAPR, we calculated the Complementary Cumulative Distribution Function (CCDF). The ACPR was obtained by looking at the normalized frequency of the first channel offset. In a normalized frequency setup, with the first channel offset taken at the normalized frequency value of $F_{offset} = 0.16$. Spectral efficiency was investigated for a BER of 10^{-5} . And EVM was processed at $E_b/N_0 = [0, 5, 10, 15, 30]$ dB. As EVM for the GMSK is not trivial to obtain, we chose to calculate its Mean Quadratic Error (MQE), which is given by

$$MQE = \frac{1}{N} \sum_{i=1}^N (\phi_{s,t}(i) - \phi_{s,r}(i))^2, \quad (2)$$

with $\Phi_{s,t}$ and $\Phi_{s,r}$ are the phases for the i th sample at the transmitter and the receiver side, respectively, for the i th sample. The EVM for the other modulations were obtained thanks to the MATLAB comm.EVM object, with reference signal normalization.

In the following section, results are illustrated for medium and high level of PN for which the impact on performance metrics could be observed.

III. SIMULATIONS

A. Bit error rate

Figure 1 shows the BER as a function of the E_b/N_0 (dB) for the simulated systems. All of the 11 modulations are shown, without and with PN (medium level) to enable comparison. As expected, medium PN renders 256-QAM unrecoverable. As highlighted in [5], the effect of PN on the signal's BER is that it reaches an error floor. With medium PN, the error floor is reached at 10^{-2} for 256-QAM and a little over 10^{-8} for 16-APSK. Low-order modulation waveforms have their respective error floor lower than 10^{-8} .

In a system with high PN, the BER curves are shown on Figure 2. Most of the modulations exhibit an error floor. At

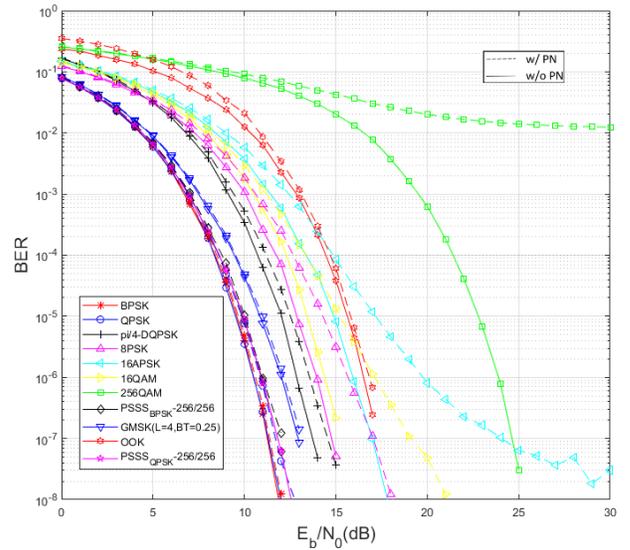


Fig. 1. BER curves for no PN and medium PN.

this point, only low-order modulations such as BPSK, QPSK, GMSK and the two PSSS remain recoverable. Though the QPSK scheme presents an error floor of $3 \cdot 10^{-7}$ at high E_b/N_0 .

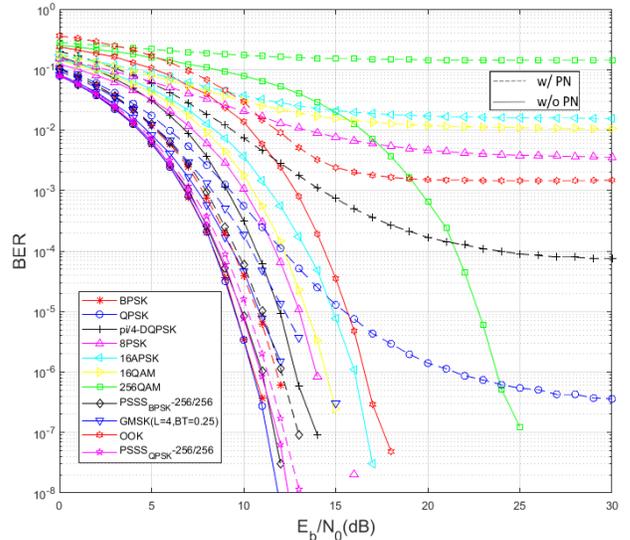


Fig. 2. BER curves for no PN and high PN.

Regarding only the BER performance, the modulations we should use in PN-impaired systems such as sub-THz communications should be low-order modulations. The PSSS-modulated BPSK and QPSK are remarkably robust to PN.

B. Peak to Average Power Ratio

If we look at the PAPRs represented by their CCDFs in Figure 3, the two PSSS are of the same order as Multi-Carrier waveforms. As shown in [10], in sub-THz systems, it is more preferable to use Single-Carrier (SC) systems. As expected, the GMSK is not illustrated in the CCDF Figure, as it has a null-PAPR.

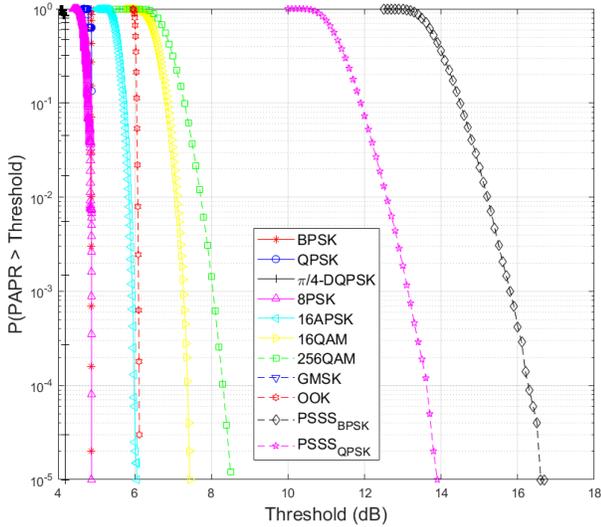


Fig. 3. PAPR CCDF of the simulated waveforms.

Regarding only the PAPR of the waveforms, the PSSS should be excluded of the possible waveforms for sub-THz communications, whereas the other simulated waveforms could all be used.

C. Adjacent Channel Power Ratio

As the ACPR is processed on the Power Spectral Density (PSD) of the waveforms, it is expected that all the simulated waveforms using the same SRRC filter have exactly the same performance (Fig. 4). As the Gaussian filter used in the GMSK has slightly higher rejection than the SRRC in the vicinity of the main lobe, it is also not surprising that the GMSK has better performance. Furthermore, as for the OOK, the use of an NRZ filter is causing spikes in its PSD, this explains its higher ACPR.

It should be noted that the PSD of a White Gaussian noise is constant. As the level of the PN PSD is higher than the level of the signal PSD in the rejection band, it explains the high increase of ACPR with the increase of PN.

Looking only at the ACPR, GMSK has the best behavior for these parameters. It is not excluded that, with a better filter, the other modulations would have better performance.

D. Spectral efficiency

Without PN (Fig. 5), SE is well known and should serve as a comparator for PN-impaired waveforms.

As seen earlier, the 256-QAM is excluded from the list of considered waveforms. Its BER does not reach the 10^{-5} threshold within the considered E_b/N_0 interval for medium PN (Fig. 6) and high PN (Fig. 7).

As for the other waveforms, with medium PN (Fig. 6), the E_b/N_0 level is higher than without PN, apart from the lower order modulations. This highlights the robustness to PN of low-order modulations.

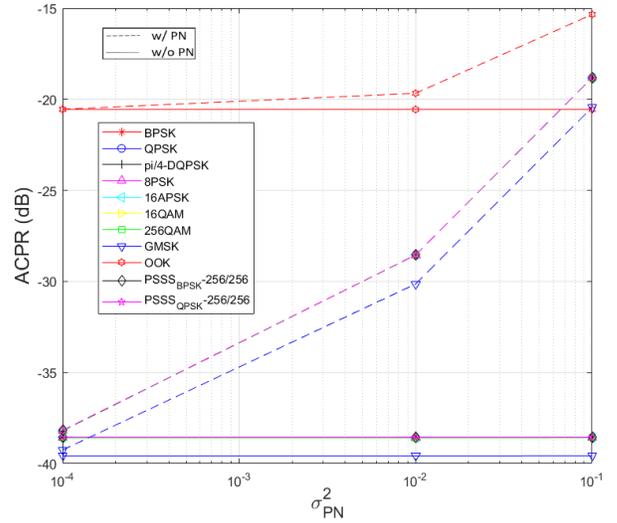


Fig. 4. ACPR of the simulated waveforms.

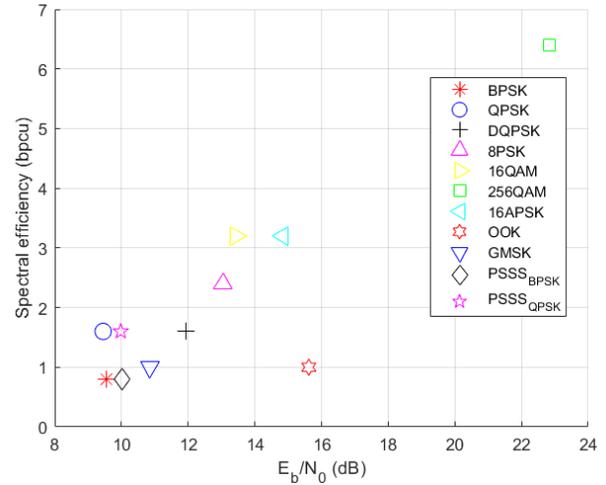


Fig. 5. SE performance without PN and $BER = 10^{-5}$.

As expected, with higher PN (Fig. 7), the same trend is observed, except for QPSK, which has as an E_b/N_0 of 15.33 dB for a BER of 10^{-5} .

Then, if we tune on for an E_b/N_0 threshold of 16 dB, which is the upper bound of E_b/N_0 for high PN, only the lower order modulations should be considered for a highly PN-impaired system.

E. Error vector magnitude

At high E_b/N_0 , the EVM is expected to be near 0%, which can be observed in Figure 8. Without PN, for high order modulations, the EVM is indeed near 0%. With low order modulations, the EVM is higher. The higher the E_b/N_0 , the higher the increase of EVM in systems impaired by PN.

It can be said the same about MQE for GMSK modulation. However, the level of MQE is significantly lower for GMSK

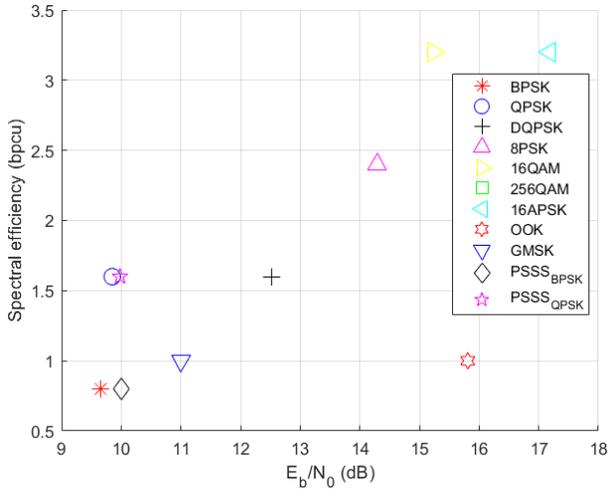


Fig. 6. SE performance with medium PN and $\text{BER} = 10^{-5}$.

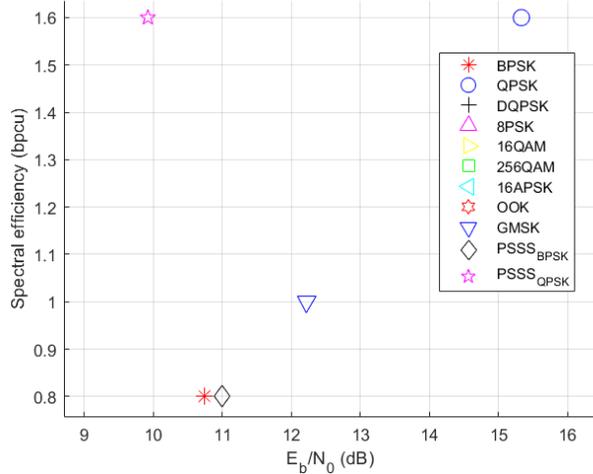


Fig. 7. SE performance with high PN and $\text{BER} = 10^{-5}$.

than the level of EVM for any low order modulation. This makes GMSK a good candidate for sub-THz communications.

Considering the EVM and MQE, GMSK is far ahead of the other waveforms.

IV. RESULTS AND DISCUSSION

Now, instead of considering each criterion alone we consider them all together. To compare the waveforms, we graded objectively each of them on a scale from 0 to 10, with 0 the worst candidate for sub-THz communications and 10 the best candidate (Fig. 10).

Given the results of the grading, in a system with little to no PN, depending on the channel conditions and other impairments, any modulation could be used. However, in a system impaired with medium to high PN, we advise to use waveforms with a low-order modulation, such as the QPSK or CPM such as GMSK.

QPSK has a relatively good robustness to PN, which is surely one of the reasons it is used in existing systems in

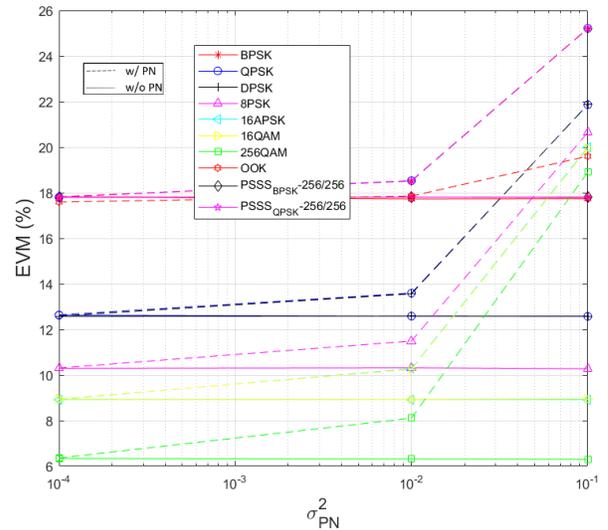


Fig. 8. EVM for $E_b/N_o = 15$ dB.

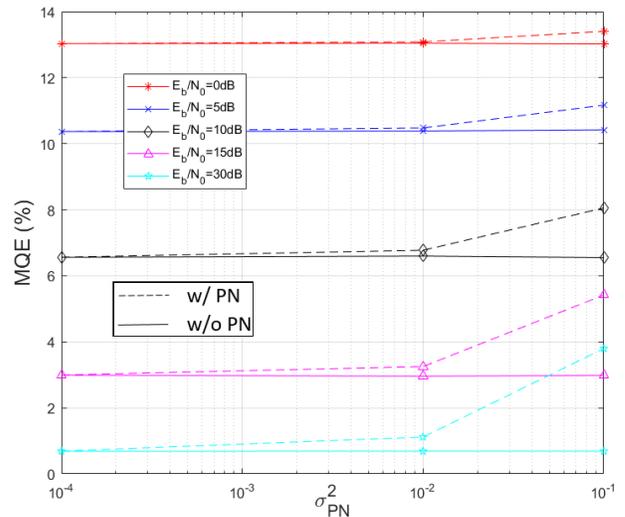


Fig. 9. MQE for GMSK modulation.

the literature [2]. QPSK also has objectively good EVM and PAPR performance. The ACPR depends on the shaping filter, which can be optimized. SE is low compared to higher order modulations, but with large bandwidth, even low SE can enable high throughput.

On the other hand, GMSK has better performance compared to the QPSK in presence of high PN. It also has the best PAPR possible (since it has a constant complex envelope). Its MQE is excellent, and it has the best ACPR among the studied waveforms. Nevertheless, its complexity depends on the number of states in the Viterbi algorithm needed to perform Maximum Likelihood detection. Therefore, its complexity is obviously higher than that of the QPSK scheme, based on a simple separator. And yet this GMSK remains of great interest thanks to its high energy efficiency. Indeed, Since GMSK has a constant complex envelope, it would enable the use of Power

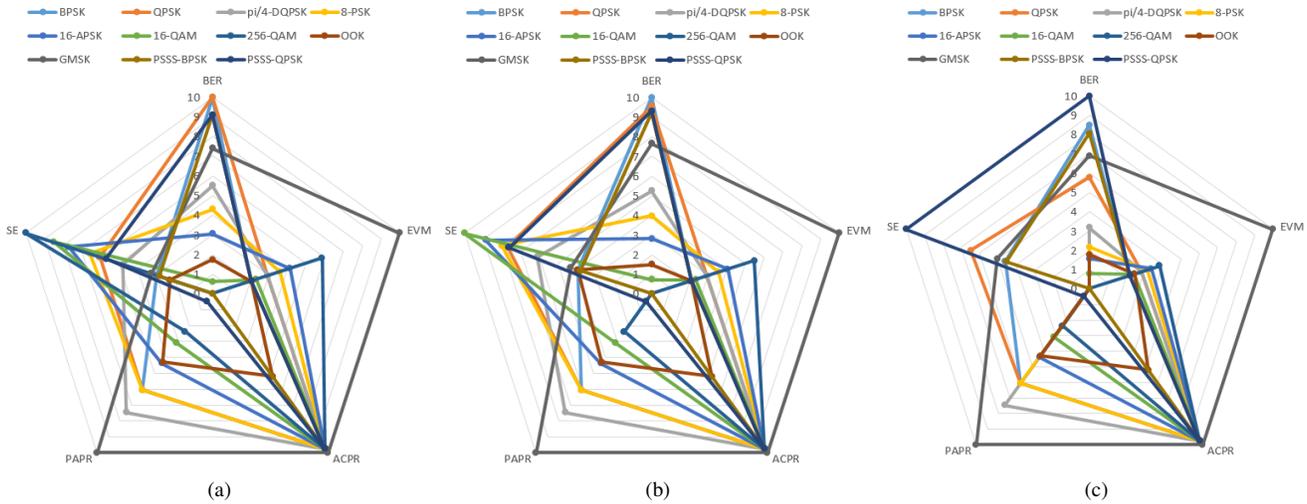


Fig. 10. Comparison of each waveform with (a) no phase noise, (b) medium phase noise, (c) high phase noise.

Amplifiers (PA) at saturation, which is not the case with the other waveforms.

V. CONCLUSION

In this paper, we presented simulated sub-THz communications impaired by phase noise. We assumed that phase noise is modelled as a Gaussian process. We provided simulation results and compared 11 waveforms using five performance metrics (BER, PAPR, ACPR, SE and EVM). Eventually we discussed the results and then we recommended to use GMSK or QPSK waveforms in medium to high phase noise impaired system.

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