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**Radical Polymerization of Styrene controlled by Half-Sandwich  
Mo(III)/Mo(IV) Couples: all Basic Mechanisms are Possible**

**Erwan Le Grogne<sup>a</sup>, Jérôme Claverie<sup>\*,b</sup>, Rinaldo Poli<sup>\*a</sup>**

*<sup>a</sup>Laboratoire de Synthèse et d'Electrosynthèse Organométalliques, Faculté des Sciences  
"Gabriel", Université de Bourgogne, 6 Boulevard Gabriel, 21000 Dijon, France*

*<sup>b</sup>Laboratoire de Chimie des Procédés de Polymérisation, LCPP/CPE-CNRS  
43, Boulevard du 11 Novembre 1918, 69616 Villeurbanne, France*

\* To whom correspondence should be addressed.

Tel: +33-3-80-39-68-81

Fax: +33-3-80-39-60-98

E-mail: Rinaldo.Poli@u-bourgogne.fr

## Summary

Density functional calculations of bond dissociation energies (BDE's) have been used as a guidance to the choice of metal system suitable to control styrene polymerization by either the stable free radical polymerization (SFRP) or the atom transfer radical polymerization (ATRP) mechanism. In accord with the theoretical prediction, compound  $\text{CpMo}(\eta^4\text{-C}_4\text{H}_6)\text{-(CH}_2\text{SiMe}_3)_2$ , **2**, is not capable of yielding SFRP of styrene. Still in accord with theoretical prediction, compounds  $\text{CpMo}(\eta^4\text{-C}_4\text{H}_6)\text{Cl}_2$ , **1**,  $\text{CpMo}(\text{PMe}_3)_2\text{Cl}_2$ , **3**, and  $\text{CpMo}(\text{dppe})\text{Cl}_2$  ( $\text{dppe} = 1,2\text{-bis(diphenylphosphino)ethane}$ ), **4**, yield controlled styrene polymerization by the SFRP mechanism in the presence of AIBN. This arises from the generation of a putative Mo(IV)-alkyl species from the AIBN-generated radical addition to the Mo(III) compound. The controlled nature of the polymerizations is indicated by linear  $M_n$  progression with the conversion in all cases, and moderate polydispersity indices (PDIs). Controlled polymerization of styrene is also given by compounds **3** and **4** in combination with alkyl bromides. These complexes then operate by the ATRP mechanism, again in accord with the theoretical predictions. Controlled character is revealed by linear increase of  $M_n$  versus conversion, low PDIs, by a stop-and-go experiment, and by  $^1\text{H}$  NMR and MALDI-TOF analyses of the polymer end groups. The same controlled polymerization is given by a "reverse" ATRP experiment, starting from AIBN and compound  $\text{CpMo}(\text{PMe}_3)_2\text{Cl}_2\text{Br}$ , **5**. On the other hand, when compounds **1** or **2** are used in combination with an alkyl bromide (as for an ATRP experiment), the isolated polystyrene shows by  $M_n$ ,  $^1\text{H}$  NMR and MALDI-TOF analyses that catalytic chain transfer (CCT) radical polymerization takes place in this case. Kinetics simulations underscore the conditions regulating the radical polymerization

mechanism and the living character of the polymerization. The complexes herein described are ineffective at controlling the polymerization of methyl methacrylate.

## **Introduction**

The development of well-defined macromolecular architectures by controlled polymerization techniques has appeared to be the goal of numerous academic as well as industrial laboratories.<sup>1</sup> The field of « living » polymerization has drastically changed with the appearance of controlled/"living" radical polymerization, since radical polymerization is generally more tolerant to polar functionalities than are anionic, cationic and coordination polymerizations. Although there were less than 20 relevant reports in 1993, more than 800 papers and patents have dealt with the subject in 1999.<sup>2,3</sup> With the exception of the Reversible Addition Fragmentation Transfer (RAFT) polymerization,<sup>4</sup> control of a radical polymerization is exerted through the interaction of a free radical - the active species during the polymerization - and a spin trap that can be organic or inorganic in nature. The fundamental concept that is underlying the majority of these polymerizations is the persistent radical effect (PRE).<sup>5,6</sup>

In Stable Free Radical Polymerization (SFRP), a fast reversible equilibrium is established between a SFR (or persistent radical) and a reactive free radical on one side, and a dormant species on the other side (see Scheme 1). Bimolecular terminations by radical-radical coupling or disproportionation result in an increase of the [SFR]:[free radicals] ratio, thus biasing the reaction manifold toward SFR and free radical cross-coupling. As a result, bimolecular radical termination reactions are virtually suppressed and the polymerization becomes controlled, as shown by narrow molecular weight distributions (polydispersity index, PDI, as low as 1.05), a number average molecular weight that linearly increases with

conversion, apparent first-order kinetics, and the possibility to synthesize well-defined macromolecules with complex architectures (block, comb, star, dendritic, hyperbranched , etc.).<sup>7,8</sup>

<Scheme 1>

The concept of SFRP, first developed for organic nitroxide SFR,<sup>9,10</sup> was generalized to other organic species<sup>11,12</sup> and to transition metal SFR such as cobalt<sup>13,14</sup> and iron species.<sup>15</sup> However, the most successful implementation of the PRE has been through the intervention of an atom transfer mechanism. In Atom Transfer Radical Polymerization (ATRP), an halogen capped dormant chain and a metal complex are in fast equilibrium with a polymeric free radical and a metal halide complex, the latter playing the role of spin trap (see Scheme 2).

<Scheme 2>

Although many different systems based on Fe(II),<sup>16-19</sup> Ni(II),<sup>20-22</sup> Ru(II),<sup>23-26</sup> Re(V),<sup>27</sup> Mo(V),<sup>28</sup> Pd(0),<sup>29</sup> Co(II),<sup>30</sup> and Rh(I)<sup>31,32</sup> exist, the most utilized system are Cu(I) based systems, first developed by Matyjaszewski.<sup>8,33</sup>

When dealing with organometallic PRE,<sup>34</sup> a major difference between SFRP and ATRP lies in the fact that the reactivity is dictated by the strength of the metal-alkyl bond in the former case and by the strengths of the metal-halide and alkyl-halide bonds in the latter one. Albeit numerous SFRP and ATRP promoters are known as mentioned above, there are, to our knowledge, no detailed studies of the selecting rules allowing to predict the behavior of a given organometallic compound as a controller in radical polymerization. Rather, many promoters are now discovered through the use of high throughput techniques, which would

benefit from mechanistic studies.<sup>35-37</sup> Our knowledge of half-sandwich molybdenum complexes<sup>38</sup> in terms of structural parameters and of radical reactivity has prompted us to use them as model compounds in SFRP and in ATRP. Through the use of these complexes, we endeavor to generate preliminary mechanistic arguments in order to contribute to the comprehension of the mechanism of free radical polymerization controlled by an organometallic compound.

In this paper, we first present theoretical results that guide us toward the choice of half-sandwich Mo(III) systems in these polymerizations. After describing the Mo(III) and Mo(IV) complexes used in this work (see Scheme 3), their application in styrene radical polymerization will be illustrated. The results reported here show how, in agreement with theoretical predictions, the same family of compounds can control radical polymerization by both SFRP and ATRP mechanisms. Furthermore, it will be shown that a slight change in ligand substitution pattern directs the reaction to totally different manifolds, namely living polymerization *vs.* catalytic chain transfer (CCT, see Scheme 4)<sup>39-43</sup> polymerization. This behavior can be rationalized on the basis of a global kinetic model. Although the reversible bond formation in CCT and in SFRP is well known,<sup>39</sup> the fact that the same complex is active in both processes under slightly different conditions is unprecedented.

<Scheme 3 and Scheme 4>

## **Results and Discussion**

### **(a) Theoretical Studies**

The homolytic bond dissociation energy (BDE) of the Mo-X bond in half-sandwich Mo(II) compounds has already been investigated and recently reported by some of us.<sup>44</sup> The

system under study was  $\text{CpMoX}(\text{PH}_3)_3$  ( $X = \text{H}, \text{CH}_3, \text{F}, \text{Cl}, \text{Br}, \text{I}, \text{OH}, \text{PH}_2$ ). In particular, the BDE for the bonds with Cl, Br, and  $\text{CH}_3$ , of relevance to our present study, were found to be 73.1, 63.1 and 40.5 kcal/mol, respectively. These BDEs are so high that these complexes are not expected to have an activity in SFRP or ATRP (vide infra).

We have then carried out BDE investigations of the Mo-X bond for the half-sandwich Mo(III) systems  $\text{CpMoX}_2\text{L}_2$  with  $X = \text{Cl}$  and  $\text{CH}_3$  and with  $L = \text{PH}_3$  and  $\text{PMe}_3$ , or  $L_2 = \eta^4\text{-C}_4\text{H}_6$ , for which examples are experimentally available from this and other laboratories.<sup>45-55</sup> The BDE's have been calculated by subtracting the energy of the geometry optimized 17-electron system  $\text{CpMoX}_2\text{L}_2$  from the sum of the energies of the two separated and geometry optimized  $\text{CpMoXL}_2$  and X fragments (eq. 1). The calculations were carried out at the B3LYP/LANL2DZ level, which has proven satisfactory for the type of systems investigated here, affording results within  $< 5$  kcal/mol of the experiment.<sup>56-58</sup>

<Equation 1>

All relevant energetic results are collected in Table 1 while selected optimized geometric parameters are listed in Table 2. The geometry optimized  $\text{CpMoX}(\text{PH}_3)_2$  ( $X = \text{Cl}, \text{CH}_3$ ) and  $\text{CpMoCl}_2(\text{PH}_3)_2$  systems were already available as part of previous studies.<sup>44,59</sup> Calculations on compound  $\text{CpMoCl}_2(\text{PH}_3)_2$  have also been previously published, although at a slightly different level of theory.<sup>60,61</sup> As previously found for  $\text{CpMoX}(\text{PH}_3)_2$ , the 16-electron  $\text{CpMoX}(\text{PMe}_3)_2$  and  $\text{CpMoX}(\eta^4\text{-C}_4\text{H}_6)$  systems are calculated to have a ground state triplet configuration [experimentally verified for  $\text{Cp}^*\text{MoCl}(\text{PMe}_3)_2$ ],<sup>62,63</sup> thus the BDE values are given relative to this configuration. The optimized geometries of  $\text{CpMoCl}_2(\eta^4\text{-C}_4\text{H}_6)$  and  $\text{CpMo}(\text{CH}_3)_2(\eta^4\text{-C}_4\text{H}_6)$  are quite close to the experimentally established ones.<sup>48,54</sup> Because of warnings about the use of  $\text{PH}_3$  as a model for trialkylphosphines,<sup>64,65</sup> we have carried out

calculations on the bis-phosphine dimethyl system by using also the "real"  $\text{PMe}_3$  system, all atoms being treated quantomechanically. The results in terms of both energies (Table 1) and geometries (Table 2) are quite comparable with those obtained with the simpler  $\text{PH}_3$  model. Therefore, all other calculations on phosphine containing molecules reported in this contribution have been carried out using the  $\text{PH}_3$  model.

<Table 1 and Table 2>

It can be remarked from Table 1 that the Mo-X BDE changes only by a very small amount by a change of ancillary ligand from  $\text{PH}_3$  (or  $\text{PMe}_3$ ) to  $\text{C}_4\text{H}_6$ . It may also be observed that the BDE's for the Mo(III)-X bonds are smaller than the corresponding Mo(II)-X BDE's mentioned above. The Mo(III)- $\text{CH}_3$  bond strengths are similar to that in found in alkoxyamines, such as 2,2,5,5-tetramethyl-1-(phenylethyloxy)piperidine, which are efficient in SFRP only above 125 °C ( $E_{\text{dec}}$  for TEMPO-CH(Ph)- $\text{CH}_3$  = 37 kcal/mol).<sup>66,67</sup> The Mo(III)-alkyl complexes are not sufficiently stable in order to carry out the polymerization under those conditions.<sup>46,54</sup>

The observed trend of BDE's on going from Mo(II) to Mo(III) made us predict a further decrease for Mo(IV) systems. We have therefore carried out additional calculations by focusing on the 18-electron  $\text{CpMoX}_3\text{L}_2$  system, examples of which are available with L = phosphine ligand.<sup>63,68-74</sup> We have restricted our BDE calculations to the Mo-X bond in  $\text{CpMoCl}_2\text{X}(\text{PH}_3)_2$  for X = Cl, Br and  $\text{CH}_3$ , see equation 2. This restriction is justified by the fact that the only experimentally available 18-electron  $\text{CpMo}^{\text{IV}}$  systems are the trichlorides. Of the various possible isomers for the starting compound, we have considered that having the X ligand in a pseudo-axial position, *i.e.* *trans* relative to the Cp ligand. The calculated BDE values are shown in Equation 2 and the relevant geometric parameters of the optimized



CpMoCl<sub>2</sub>X(PH<sub>3</sub>)<sub>2</sub> molecules are shown in Table 3. There is a very close correspondence between the calculated geometric parameters for compound CpMoCl<sub>3</sub>(PH<sub>3</sub>)<sub>2</sub> and those experimentally determined for compound CpMoCl<sub>3</sub>(PMe<sub>2</sub>Ph)<sub>2</sub>.<sup>63</sup> For the specific example of CpMoCl<sub>2</sub>Br(PH<sub>3</sub>)<sub>2</sub>, the corresponding isomer with axial Cl and equatorial Br gave an analogous BDE(Mo-Br) of 33.3 kcal/mol. The energetic results of the calculations confirm the expected decrease of BDE as the metal oxidation state increases from II to IV. The Mo-CH<sub>3</sub> BDE in the Mo(IV) compound examined falls in an interesting range for controlled radical polymerization at a temperature of 80° C or below.<sup>36,75</sup>

<Equation 2 and Table 3>

The CpMoCl<sub>2</sub>Br(PH<sub>3</sub>)<sub>2</sub> system has also been examined with respect to the phosphine ligand dissociation process. The results are shown in Scheme 5. As experimentally verified for a few trichloride analogues,<sup>63</sup> the 16-electron Mo(IV) system has a spin triplet ground state. The low ΔE (1.1 kcal) value for the phosphine dissociation process involving the triplet product points to a probable equilibrium between the two species. The optimized geometry of triplet CpMoCl<sub>2</sub>Br(PH<sub>3</sub>) is also included in Scheme 5, and is quite similar to that experimentally established for compounds Cp\*MoCl<sub>3</sub>L (L = PMe<sub>3</sub>, PMePh<sub>2</sub>).<sup>63</sup>

<Scheme 5>

Final computational studies of relevance to this work are those shown in Equations 3 and 4. These correspond to the initiation processes for a controlled radical polymerization by atom transfer.<sup>76</sup> The (1-bromoethyl)benzene initiator is the commonly used one for the radical polymerization of styrene and has also been used in this work. The only difference between

the model reactions and the actual experimental systems are the use of the model phosphines  $\text{PH}_3$  and  $\text{PH}_2\text{CH}_2\text{CH}_2\text{PH}_2$  in place of  $\text{PMe}_3$  or dppe, respectively. The calculated energy for these processes (16.3 and 15.0 kcal/mol) are rather accessible under thermal conditions and lead to the prediction that half-sandwich Mo(III)/Mo(IV) systems may be able to control a radical polymerization by the atom transfer mechanism.

<Equations 3 and 4>

### (b) Synthesis of Mo(IV) complexes

The Mo(IV) complex  $\text{CpMo}(\text{PMe}_3)_2\text{Cl}_2\text{Br}$ , **5**, has been synthesized in order to evaluate the possibility to control a radical polymerization with the couple Mo(III)/Mo(IV) by the reverse ATRP methodology (*vide infra*). Complex **3** reacts with one half equivalent of bromine in toluene at room temperature to afford the expected product, which has been isolated as an analytically pure solid in 70% yield, see Equation 5.

<Equation 5>

The NMR properties of  $\text{CD}_3\text{CN}$  solutions of **5** show that this compound establishes an equilibrium with the 16-electron complex  $\text{CpMo}(\text{PMe}_3)\text{Cl}_2\text{Br}$ , **6**, and free  $\text{PMe}_3$ . The diamagnetic compound **5** is characterized by  $^1\text{H}$  and  $^{31}\text{P}$  NMR resonances in the expected ranges (see Experimental), analogous to those observed for the trichloride analogue.<sup>63,74</sup> The NMR signals of **6** are paramagnetically shifted, indicating the triplet ground state of this molecule. While the signals of **5** are temperature independent, the resonances of **6** shift with the temperature as expected for a Curie paramagnet (see Figure 1). These properties

correspond to those of the trichloride analogues<sup>74,77</sup> and are in full agreement with the results of the theoretical investigation (Scheme 5).

<Figure 1>

By analogy with the bromination reaction described above for compound **3**, we also attempted to synthesize an analogous derivative from the butadiene complex **1**. To our knowledge, no example of a diene complex has been reported so far for Mo(IV). Following a similar procedure as shown in Equation 5 for the phosphine system, a solid was obtained, whose NMR spectrum indicates the presence of two products of which one is diamagnetic and the other is paramagnetic. The diamagnetic compound positively contains a diene ligand (three resonances in a 1:1:1 ratio in the expected region) and the Cp ring, while the paramagnetic products shows a broad Cp resonance centered at 183.2 (*cf.* 179.5 for complex  $[\text{CpMoCl}_2(\text{PMe}_3)_2]^+$  and 145.4 for  $\text{CpMoCl}_3(\text{PMe}_3)^{74}$ ), and an even larger resonance centered at ca. 14, presumably resulting from the overlap of all types of butadiene protons. Unfortunately, this compound could not be obtained in an analytically pure form due to his instability. A recrystallization attempt led to crystals of a reduction product,  $\text{CpMo}(\eta^4\text{-C}_4\text{H}_6)\text{Cl}_{(2-x)}\text{Br}_x$  ( $x = 0.28$ ).<sup>78</sup> This result may be understood on the basis of the reported high oxidation potential of complex **1** (1.25 V higher than that of **3**). Thus, a diene containing Mo(IV) complex is expected to be a strong oxidant, releasing readily one of its halogen atoms.

### (c) Controlled Radical Polymerizations

*Attempted SFRP with 2*

Our first move has been to assess the possibility to control the polymerization by using the Mo(II)/Mo(III) redox couple by homolytic cleavage of a Mo(III)-alkyl bond (Scheme 6). For this purpose, compound **2** was heated to 80°C in the presence of styrene. Under these conditions, no polymerization occurs. This agrees with the high calculated BDE for the Mo-C bond in the model system CpMo( $\eta^4$ -C<sub>4</sub>H<sub>6</sub>)Me<sub>2</sub> (38.2 kcal/mol, Table 1). At higher temperatures (110°C), a polymerization process does take place. However, the analysis of the resulting polystyrene reveals that the polymerization is uncontrolled (high molecular weights and broad polydispersities: PDI = 2.6 at 55% conversion). Moreover, this reaction shows similar kinetics to a thermally initiated polymerization at the same temperature (55% vs. 52% after 1500 min, respectively).<sup>79,80</sup> If there were control, the free radicals would be primarily trapped under the form of the dormant Mo(III) alkyl species, and a significant decrease of the polymerization rate would be observed.<sup>81,82</sup> Therefore, as predicted on the basis of the theoretical studies, Mo(III)-alkyl complexes cannot control a radical polymerization by the SFRP protocol, *i.e.* based on the Mo(II)/Mo(III) couple.

<Scheme 6>

#### *ATRP with 3 and 4*

The rest of this paper will focus on the redox couple Mo(III)/Mo(IV). We shall first embark on a discussion of the ATRP behavior of Mo(III) complexes. By using **3** or **4** in the presence of (1-bromoethyl)benzene (BEB) at 80°C, we observed a controlled radical polymerization (Figure 2, Table S1), as shown by the linear evolution of the  $M_n$  with conversion and by the moderate PDIs. Controlled characteristics are also observed with ethyl-2-bromoisobutyrate, BIB, as initiator (Table S1). Faster kinetics are observed with **3** as compared to **4**. The apparent first order rate constants, as deduced from the slope of

$\ln([M]_0/[M])$  versus time plots (Figure 3),<sup>83</sup> are equal to the propagation rate constant,  $k_p$ , times the free radical concentration. Thus, the free radicals concentration is calculated as 1.5 times greater for the polymerization conducted with **3** relative to **4**.

<Figure 2 and Figure 3>

In ATRP, free radicals are produced by the Kharash addition (rate  $k_+[Mo(III)][R-Br]$ ) and they disappear by bimolecular termination ( $k_t[R^\bullet]^2$ ) and spin trapping reaction ( $k[Mo(IV)Br][R^\bullet]$ ), see Scheme 2. Therefore, factors favoring an increase in free radical concentration are a low value for  $k_-$  and/or a high value for  $k_+$ . Equilibrium constants,  $k_+/k_-$ , may be theoretically calculated for the  $PH_3$  complex and the  $PH_2CH_2CH_2PH_2$  complexes on the basis of the BDE studies (Equations 3 and 4) and of the approximation  $\Delta E \approx \Delta H \approx \Delta G$ . The values are quite similar for the two systems ( $8.2 \cdot 10^{-11}$  and  $5.2 \cdot 10^{-10}$ ). Yet, the precision of the theoretical calculations prevents us from speculating any further, as a 1.3 kcal/mol difference is smaller than the reliability of this method, especially considering the use of model ligands. Furthermore, the calculations predict a higher radical concentration for the system containing the bidentate ligand, while experimentally the dppe complex **4** gives the slower kinetics.

The equilibrium constants can also be assessed through the use of the redox potentials of **3** (-0.52 V relative to the ferrocene/ferrocenium standard) and **4** (-0.33 V).<sup>84</sup> The reaction of **3** (or **4**) with BEB can be decomposed (see Scheme 7) into the electrochemical oxidation, the bromide coordination to the 16-electron Mo(IV) species, and two additional steps (homolytic rupture of the R-Br initiator and electron affinity of the bromine atom) that are independent on the nature of the organometallic compound. If one assumes that the thermodynamics of the bromide coordination step is not drastically influenced by the nature

of the other ligands, then the redox potential is an indication of the position of the redox equilibrium in ATRP.<sup>85</sup> Since **3** is easier to oxidize than **4** by 0.19 V, the radical flux is expected to be more important with **3**, and the polymerization more rapid, as experimentally verified.

<Scheme 7>

In agreement with a greater radical concentration for the polymerization with **3**, the PRE sets in after ca. 15% conversion, as it can be observed from Figure 2(a) and from Figure 3. This is proven by the high molecular weight polymer generated at low conversion, Figure 2(a), and by the departure from linearity in the  $\ln([M]_0/[M])$  vs time at very low conversion, Figure 3. Note that for a radical polymerization controlled by a PRE (in the absence of thermal radical generation),  $\ln([M]_0/[M])$  is scaling as  $t^{2/3}$ , but this time dependence is hard to distinguish from a linear time increase.<sup>6,86</sup> At the early stages of the polymerization process, the radical flux is important and is moderated through radical-radical terminations, until the excess of Mo(IV) spin trap becomes sufficiently important to shift the equilibrium toward the Mo(III) species. Thus, the radicals created at the beginning of the reaction produce dead chains that have the characteristics of an uncontrolled polymerization (for example, during the experiment depicted in Figure 2(a),  $M_n = 78\ 000$  g/mol and PDI = 3 at 2.5% conversion). Note that, at this time, we cannot infer whether  $k'_+$ ,  $k'_-$  or both values are different for complexes **3** and **4**, since both the  $k'_-(\mathbf{3}) > k'_-(\mathbf{4})$  or the  $k'_+(\mathbf{3}) < k'_+(\mathbf{4})$  conditions translate into a polymerization rate increase, and a departure from the PRE at low conversions.<sup>87</sup>

A controlled character was further assessed by a stop-and-go experiment with **3**, where the polymerization was stopped by cooling at -20° C for a day, then restarted after adding a fresh aliquot of styrene (Figure 3). The slope of the  $\ln([M]_0/[M])$  vs. time plot is identical

before and after the interruption within experimental error, indicating that the total number of chains is conserved.

Besides gel permeation chromatography (GPC), an analysis of the ATRP polymer has also been carried out using  $^1\text{H}$  NMR and MALDI-TOF mass spectrometry. The  $^1\text{H}$  NMR spectrum indicates the presence of bromo terminated chains ( $\delta = 4.35 - 4.55$  ppm for  $\text{CH}(\text{Ph})\text{Br}$  in  $\text{CDCl}_3$ ),<sup>88</sup>) characteristic of chains obtained through an ATRP mechanism. The MALDI-TOF spectrum (Figure 4) shows four families of peaks. The main peaks correspond to analyte having the formula  $(\text{C}_6\text{H}_5)\text{CH}(\text{CH}_3)-(\text{C}_8\text{H}_8)_n-\text{C}(\text{C}_6\text{H}_5)=\text{CH}_2$ ,  $\text{Ag}^+$ . As vinyl-terminated end group resonances are not observed in the NMR, we believe that these species correspond to bromo terminated chains that have undergone a dehydrobromination process upon contact with the silver salt. The second set of peaks matches the molecular formula of  $(\text{C}_6\text{H}_5)\text{CH}(\text{CH}_3)-(\text{C}_8\text{H}_8)_n-\text{CH}(\text{C}_6\text{H}_5)\text{CH}_2\text{Br}$ ,  $\text{Ag}^+$ , namely the dormant chains. The third set of peaks are due to  $(\text{C}_6\text{H}_5)\text{CH}(\text{CH}_3)-(\text{C}_8\text{H}_8)_n-\text{C}(\text{C}_6\text{H}_5)=\text{CH}_2$ ,  $\text{Na}^+$ , the sodium ions originating from the usual impurities contaminating the sample.<sup>89,90</sup> Finally, the last set of peaks corresponds to the formula  $(\text{C}_6\text{H}_5)\text{CH}(\text{CH}_3)-(\text{C}_8\text{H}_8)_n-\text{CH}(\text{C}_6\text{H}_5)\text{CH}_2\text{Cl}$ ,  $\text{Ag}^+$ . Although the Mo-Br bond is weaker than the Mo-Cl bond (see equation 2 for BDEs), the radical selectivity is evidently not 100% in favor of the abstraction of Br. Thus a very small proportion (not quantified by MALDI-TOF mass spectrometry) of dormant chains are Cl terminated. Because of their low abundance, the chloro terminated chains are not observed by NMR.<sup>91,92</sup>

<Figure 4>

A supplementary element to confirm the ATRP mechanism lies in the possibility to effect so called reverse ATRP. Starting from the aforementioned  $\text{CpMoCl}_2\text{Br}(\text{PMe}_3)_2$ , **5**, and a suitable radical source (AIBN) at  $90^\circ\text{C}$ , the polymerization of styrene is found to be

controlled as shown by linear evolution of  $M_n$  versus conversion (Figure 5 and Table S2) and moderate PDI. Contrarily to direct ATRP, there is no delay to reach PRE equilibrium: molecular weights correspond to the theoretical values even at low conversions. Note that the reaction was conducted at 90°C in order to have a rapid initiation (AIBN decomposition) relative to the propagation ( $t_{1/2}$  for AIBN is 17 minutes at this temperature<sup>93</sup>). Because of this high temperature (direct ATRP was carried out at 80°C), the level of control is lower than for the direct experiments. As a result, PDIs are consistently above 1.5.

<Figure 5>

Attempts to polymerize methyl methacrylate (MMA) in bulk or in solution (10% in chlorobenzene) with compound **3** initiated with BIB at temperatures ranging from 40°C up to 100°C do not result in controlled polymerization. Kinetics are found to be very rapid and related to uncontrolled polymerization kinetics. For example, in bulk at 65°C, 50% conversion is reached after 200 minutes, with a very pronounced Trommsdorff effect, followed by a complete vitrification around 90% conversion. Molecular weights are elevated throughout polymerization, and are decreasing with conversion due to the Trommsdorff effect. We believe that the halogenated compound reacts with the Mo(III) complex to generate radicals thus triggering the polymerization but the tertiary propagating radicals are too bulky to interact with the spin trap. The MALDI-TOF mass spectrum of the PMMA sample exhibit two families of peaks corresponding to  $(\text{CH}_3)_2\text{C}(\text{COOEt})(\text{CH}_2\text{C}(\text{COOMe})(\text{Me}))_n(\text{CH}_2\text{C}(\text{COOMe})(=\text{CH}_2))$  and  $(\text{CH}_3)_2\text{C}(\text{COOEt})(\text{CH}_2\text{C}(\text{COOMe})(\text{Me}))_n(\text{CH}_2\text{C}(\text{COOMe})(\text{CH}_3))$ , that is to say chains that are initiated by BIB and terminated through disproportionation as usually observed for MMA.<sup>94</sup>



### *SFRP with 1, 3 and 4*

It is usually accepted that, in ATRP, there is no direct metal-carbon bond formation between the radical and the metal complex.<sup>95</sup> However, with complexes **1** to **4**, theoretical calculations indicate that the oxidative pathway through halogen transfer is energetically competitive with the organometallic bond formation with a propagating free radical [*cf.* Equations 2 (X = CH<sub>3</sub>) and 3-4]. Thus, when both Mo(III) and Mo(IV)-Br complexes are present, a choice is offered to the radical. Before embarking on a discussion of the reaction scheme when both routes are simultaneously present, the behavior of Mo(III) complexes with free radicals has been assessed in a SFRP process whereby the radical is initially produced from AIBN. To our surprise, we found that systems **1** - **4**/AIBN are efficient in the SFRP polymerization of styrene at temperatures as low as 80°C. At 100°C, the half life of AIBN is less than 15 minutes (*vide supra*) whereas the polymerization lasts several hours, thus ensuring that the radical generation step is ended at the early instants of the polymerization (initiation is fast relative to propagation). A linear increase of  $M_n$  *versus* conversion (Figure 6 and Table S3) and moderate PDIs (1.3-1.7 for the polymerization with compounds **1** and **4**) are pointing toward a controlled behavior.  $M_n$  is consistently higher than the theoretical molecular weight, indicating that the initiation efficiency is lower than 1 (0.25 for **1**, 0.70 for **3** and 0.75 for **4**). The low efficiency is due to the unproductive AIBN decomposition (initial radical loss through recombination by cage effect), as the efficiencies (0.25, 0.70, 0.75) are proportional to the amount of AIBN relative to the Mo complex (0.33, 0.78, 0.80). It should also be pointed out that molecular weight analyses (by GPC) are carried out in air: clearly, the metallorganic end groups would not remain intact under such conditions, and dead polymer could possibly be formed through radical-radical coupling, or oxygen-mediated radical oxidation as soon as the reaction mixture is exposed to air,<sup>89</sup> thus explaining the discrepancy between theoretical and experimental molecular weights.

<Figure 6>

In the SFRP mechanism, the interaction between Mo(III) and the free radical generates a Mo(IV) alkyl chloride complex that putatively reversibly dissociates. However, as it has been shown above that free radicals react through an atom transfer pathway with Mo(IV) halides, it is also conceivable that the free radicals react with the initially generated Mo(IV) alkyl chloride in our systems: the observed control would then arise from an ATRP scheme. Our experimental evidence allows us to rule out such a mechanism. The  $^1\text{H}$  NMR of the isolated polymer obtained from a SFRP experiment (159 mg of **1**, 12 ml of styrene and 30 mg of AIBN,  $T = 100^\circ\text{C}$ , time = 353 minutes,  $M_n = 42000$  g/mol, PDI = 1.6) does not indicate the presence of chlorinated end-groups. Possibly, the putative spin trap (Mo(IV) $\text{X}_2\text{R}$ , R = polymer chain) is extremely bulky and unlikely to react rapidly with another bulky macroradical. Another possible event to be considered is halogen atom abstraction by the free radical from Mo(III), to generate a dormant halide and a Mo(II) complex. This possibility, however, can be discarded outright, not only because we do not observe chlorinated end-groups as stated above, but also because the Mo(III)-Cl bond are too strong, according to the calculations (Table 1), for this process to be thermodynamically viable.

As shown by the average PDIs and limited conversions, the polymerization is not exempt of termination/transfer reactions. After a few hours, the rate of radical termination is exactly balanced by the rate of generation of thermal radicals, as observed in numerous other cases.<sup>66,67,81,82,96,97</sup> Possible chain ending reactions include free radical coupling or disproportionation, and  $\beta$ -hydride abstraction at the Mo(III) active center through bimolecular transfer reaction between a free radical and a SFR (vide supra), as in cobalt systems.<sup>14,42</sup> The presence and the role of the Mo(IV)-hydride will be discussed below.

### *Aborted ATRP with 1 and 2*

To our surprise, ATRP experiments conducted with **1** or **2** only resulted in the generation of small oligomers, with molecular weights independent of conversion (Table 4). The number of polymer chains generated in this system is far greater than the amount of initiator, thus indicating that transfer occurs. Transfer to solvent or to monomer and styrene self initiation cannot be responsible for such behavior because, if that were the case, constantly low molecular weights would also be observed for polymerizations performed in the presence of **3** and **4**. A catalytic chain transfer (CCT) mechanism must be invoked to accommodate these data.<sup>40,98-101</sup> The presence of CCT is also confirmed by NMR and MALDI-TOF analyses of the oligomers. The <sup>1</sup>H NMR analysis of the polymers indicates end group resonances located between 6.05 and 6.35 ppm (in CDCl<sub>3</sub>), resonances that are typical of vinylidene protons created through β-elimination in CCT. In the MALDI-TOF mass spectrum of PS (Figure 7), separate oligomers are clearly resolved and separated by 104 m/z corresponding to the mass of styrene. This family of peaks corresponds to the expected product, where one extremity is the H group and the other is PhCH=CH-. No other products can be observed in the spectrum.

<Table 4 and Figure 7>

How to explain that in SFRP with **1**, polymerization occurs with little or no transfer, whereas under ATRP conditions, CCT is observed? First, the fact that radical polymerization occurs with significant rate in the ATRP experiment is in agreement with the presence of an initial radical generating reaction (reaction *a* in Scheme 8). The free radical propagates (reaction *b*), until it reacts with a spin trap. The spin trap can be the Mo(III) complex

(reaction *c*), as seen above in the SFRP section, or might be a Mo(IV) halide complex, if an ATRP scheme is also prevailing (reaction *a*). However, an intermolecular transfer between the propagating radical and the Mo(III) complex can also occur as in CCT (reaction *e*).<sup>42,102</sup> The difference between the SFRP experiment and the “aborted” ATRP experiment lies in the molecular weight distribution. The instantaneous number average molecular weight is the ratio of the propagation rate to the chain stopping events, and can be expressed in equation 6,<sup>103</sup> where  $M_0$  is the monomer molecular weight and  $[R^\bullet]$  is the total free radical concentration.

<Scheme 8 and equation 6>

Obviously, the molecular weight decreases as the concentration of spin trap Mo(III) increases. In the SFRP experiment, the Mo(III)/Mo(IV) ratio is mostly regulated by equilibrium *c*, which is exothermic in the direction of Mo(III) *consumption* (*cf.* Equation 2), while in the ATRP experiment it is regulated by equilibrium *a*, which is exothermic in the direction of Mo(III) *production* (*cf.* Equations 3-4).<sup>104</sup> Thus, [Mo(III)] will be much higher in the ATRP experiment, resulting in a much more favorable chain transfer. In order to further clarify this point, we have simulated the polymerization kinetics for an SFRP experiment with **1** and for an ATRP experiment with **1**, where chain transfer (process *d* of Scheme 8) was deliberately allowed. The simulations were run for different chain transfer constants ( $C_{tr} = k_h/k_p$ ), see Supporting Information for details. The numerical values of all other necessary rate constants (AIBN decomposition,  $k_i$ ; propagation,  $k_p$ ; termination by coupling,  $k_t$ ; radical formation by thermal initiation,  $k_{is}$ ) were obtained from literature sources.<sup>105</sup> At 100°C, these are:  $k_i = 1.864 \cdot 10^{-3} \text{ s}^{-1}$ ,  $k_p = 1245 \text{ s}^{-1} \text{ mol}^{-1} \text{ L}$ ;  $k_t = 1.33 \cdot 10^8 \text{ s}^{-1} \text{ mol}^{-1} \text{ L}$ ;  $k_{is} = 2 \cdot 10^{-10} \text{ s}^{-1} \text{ mol}^{-2} \text{ L}^2$ ;  $f = 0.8$ . The values for  $k_+$ ,  $k_-$ ,  $k'_+$  and  $k'_-$  ( $k_+ = 3 \cdot 10^7 \text{ l/mol/s}$ ;  $k_- = 1 \text{ s}^{-1}$ ;  $k'_+ = 3 \cdot 10^7 \text{ l/mol/s}$ ;  $k'_- =$

1 l/mol/s) have been chosen according to Table 5 (see below). For a wide range of  $C_{tr}$  values, the molecular weight vs. conversion plot in SFRP (up to 50% conversion) is close to linear, see Figure 8. Under ATRP conditions, on the other hand, and for the same range of  $C_{tr}$  values, the molecular weight becomes essentially conversion-independent and remains small, as typically observed in CCT, for the higher transfer constants (Figure 9).

<Figure 8 and Figure 9 and Table 5>

#### **(d) Differences/Similarities between 1, 2, 3 and 4**

The last question that remains to be addressed is why, although compounds **1** and **2** yield CCT polymerization under ATRP conditions, compounds **3** and **4** do not. Indeed, the same considerations made above concerning the  $[Mo(III)]/[Mo(IV)]$  dependence on polymerization conditions should be applicable to compounds **3** and **4**. The detailed examination of the polymerization scheme indicates that a minute change in the nature of the complex can direct the reaction toward all possible mechanisms. As such, the efficiency of a particular complex in SFRP, ATRP or CCT does not seem to be the consequence of a single factor (redox potential, magnetic moment, complex bulkiness, nature of the metallic SOMO, etc.), but rather the result of steep kinetic equations that prevail in radical chemistry. Thus, the intimate nature of the coordination sphere may influence the living/transfer outcome of styrene polymerization under ATRP conditions. It is convenient to first briefly re-examine the polymerization under SFRP conditions with the aid of further simulations.

For complexes **1**, **3** and **4**, it is possible to observe a SFRP controlled behavior, even in the presence of  $\beta$ -hydride transfer. In Figure 10, the amount of Mo(III) (at 50% monomer conversion) has been plotted for different values of the Mo(IV)-alkyl bond strength in the presence of chain transfer ( $C_{tr} = 8$ ). As chain transfer does not affect the overall radical

concentration, this plot is independent of  $C_{tr}$ . Indeed, in Scheme 8 (process *d*), the reaction of the hydride complex with an olefin is known to be faster than the reverse olefin elimination ( $k_h$ ) as the metallic hydride has never been observed or isolated,<sup>39,42</sup> thus the catalytic transfer reaction is not influencing the Mo(III) and radical concentrations. Controlled polymerization<sup>106</sup> is observed for  $-\Delta G \geq 12$  kcal/mol (low transfer, slow kinetics, PDI  $\leq 1.5$ ), whereas CCT is observed for  $-\Delta G \leq 10$  kcal/mol (high transfer, little retardation, PDI  $\sim 2$ ). It is noteworthy that only 2 kcal/mol difference are sufficient to switch the system from “living” SFRP to CCT. In our case, the BDE for  $CpMoCl_2(PH_3)_2-CH_3$  was calculated as 24.3 kcal/mol [see part (a)], far above 12 kcal/mol. Note, however, that a lower BDE is to be expected for the actual experimental systems (*e.g.*  $CpMoCl_2(PMe_3)_2-CH_2EtPh$ ), because of the steric compression and the stabilization of the resulting radical. An additional argument hints toward a lower BDE: for a value as high as 24.3 kcal/mol, the simulation results suggest that that polymerization should stop at around 50% conversion, due to the accumulation of the spin trap (PRE effect). The kinetics that we show in Figure 6 for **1** seem consistent with a BDE of 12.8 kcal/mol (see Table 5).

<Figure 10>

We now move on to the analysis of the polymerization run under ATRP conditions. With the proviso that the SFRP mechanism can occur simultaneously, the situation is further complicated by the additional process *a* in Scheme 8, relative to the pure SFRP situation examined above. In the absence of  $\beta$ -H transfer, it is clear that the polymerization will always be controlled provided the  $\Delta G(\text{SFRP})$  is sufficiently high, notwithstanding the position of the ATRP equilibrium. For example, for the very weak redox equilibrium  $\Delta G(\text{ATRP}) = -RT \ln(k'/k'_+) = 9.2$  kcal/mol ( $\Delta G(\text{SFRP}) = -12.8$  kcal/mol), the simulation of the styrene

polymerization kinetics at 110°C indicates a linear growth of the molecular weight with conversion (80% in 12 hours), and a final PDI of 1.4. Higher values for  $\Delta G(\text{ATRP})$  result in more controlled behavior and slower kinetics. In the presence of  $\beta$ -H transfer ( $C_{tr} = 8$ ), the outcome of the polymerization has been graphically depicted in Figure 11 for two different positions of the SFRP equilibrium. High values for  $\Delta G(\text{ATRP})$  result in slow kinetics and massive generation of oligomers through CCT. For  $\Delta G(\text{SFRP}) = 12.8$  kcal/mol (complex **1**), transfer predominates when  $\Delta G(\text{ATRP}) \geq 12$  kcal/mol, whereas the same situation is verified at a lower  $\Delta G(\text{ATRP})$  ( $\geq 10$  kcal/mol) when  $\Delta G(\text{SFRP})$  is lower (9.4 kcal/mol). For low values of  $\Delta G(\text{ATRP})$ , the redox ATRP equilibrium is strongly shifted toward the radical generation side. In this case, the outcome of the polymerization depends on the SFRP equilibrium. If  $-\Delta G(\text{SFRP})$  is low, neither the SFRP nor the ATRP equilibria are able to control the radical flux: an uncontrolled polymerization is observed. For high  $-\Delta G(\text{SFRP})$ , a controlled SFRP type polymerization is observed, albeit radicals are generated through an atom transfer reaction. Once again, it is noteworthy that just a slight decrease in  $\Delta G(\text{ATRP})$  (2 kcal/mol) translates into a bifurcation from CCT to controlled polymerization (high  $\Delta G(\text{SFRP})$ ) or to uncontrolled polymerization (low  $\Delta G(\text{SFRP})$ ).

<Figure 11>

The values of  $\Delta G(\text{ATRP})$ ,  $\Delta G(\text{SFRP})$  and of  $C_{tr}$  have been obtained by trial and error curve fitting of the experimental kinetics (Figure 12 and Table 5). With the set of values we have chosen, the fit is excellent for conversion curves (ATRP and SFRP experiments), and molecular weight curves (ATRP experiments only; for SFRP, see above). The main problem with this approach is that more than one set of values could conceivably fit the experimental data. Keeping in mind this limitation, we have found that the energetic parameters are

relatively close to each other. For instance, the chain transfer constants differ only by one order of magnitude. The  $\Delta G(\text{ATRP})$  values for  $\text{CpMoCl}_2(\text{PH}_3)_2$  and  $\text{CpMoCl}_2(\text{PH}_2\text{CH}_2\text{-CH}_2\text{PH}_2)$  have been calculated as 16.3 and 15.0 kcal/mol, respectively [see part (a)]. We could therefore expect that **3** and **4** are potential CCT promoters according to Figure 11. We can rationalize the obvious discrepancy with the experimental results by proposing that the use of model phosphine  $\text{PH}_3$  in the computational studies leads to an overestimation of the  $\Delta G(\text{ATRP})$  values, for steric reasons. The decrease of BDE's following an increase of steric pressure is a well known and general occurrence. This phenomenon will be more critical for the  $\text{PMe}_3$  and dppe ligands of compounds **3** and **4**, while the butadiene ligand in compound **1** is much less sterically encumbering and should therefore negatively affect the  $\Delta G(\text{ATRP})$  value to a much lesser extent. Furthermore, the steric bulk of the same ligand is also expected to negatively affect the  $\beta$ -hydrogen transfer rate,  $k_h$  (*i.e.* process *d* of Scheme 8), by preventing the approach of the free radical.<sup>14</sup> The values of  $k_h$  for the different compounds **1-4** were not experimentally measured, nor were they theoretically calculated in the present investigation. Further work in our laboratory is aimed at clarifying this point.

<Figure 12>

### Summary

Several conclusions can be drawn from these mechanistic studies. The key findings are as follows:

1. The same complex (such as **3** or **4**) can be efficient in SFRP or in ATRP. Under ATRP conditions, the radical concentration is potentially regulated by both the atom transfer reaction and by the reversible termination to Mo(III) (two distinct PRE



effects). This should be contrasted with Cu(I) mediated ATRP where it has been proven that only atom transfer reaction occurs.<sup>95</sup> Future work will concentrate on quantifying the amount of SFRP versus ATRP.

2. Mo(III) complex **1** is a modest CCT catalyst for the polymerization of styrene ( $C_{tr} \sim 5$ ). To our knowledge, this is the first time that a non-cobalt based CCT has been reported.
3. The same complex can activate SFRP and ATRP controlled polymerization processes provided the chain transfer reaction is not important. For the complexes studied in this work, this is the case when  $C_{tr} \leq 1$  (Table 5). When  $C_{tr} \geq 1$ , a CCT process can be observed if the polymerization is carried out with high concentrations of Mo(III) (as in the case of the aborted ATRP experiment). However, the CCT mechanism can be occulted if the Mo-alkyl bond is sufficiently strong: kinetics simulations indicate that only 2 kcal/mol separate the BDE of a SFRP promoter to the BDE of a CCT catalyst.

In a more general sense, the present work has provided a basis for the utilization of thermochemical considerations (bond dissociation energies) in conjunction with a global kinetic model, to understand and predict the ability of a particular metal system to control the radical polymerization of a particular monomer in “living” or CCT manners.

## Experimental

**General procedures.** All reactions were carried out in a Jacomex glove box or by the use of standard Schlenk techniques under an argon atmosphere. Styrene was washed by a NaOH aqueous solution (10%), neutralized with water, dried with  $MgSO_4$  and then distilled at 25°C under reduced pressure. Toluene, diethyl ether, THF and pentane were purified by

distillation under argon after drying over sodium benzophenone ketyl.  $^1\text{H}$  NMR measurements were carried out on a Bruker AC200 spectrometer. The peak positions are reported with positive shifts in ppm downfield of TMS as calculated from the residual solvent peaks. Elemental analyses were performed with a Fisons EA 1108 apparatus. MALDI-TOF mass spectrometric analyses were carried out on a Perkin Elmer Voyager - DE STR. In a typical run, the polymers were dissolved in THF (10 g/l) and then mixed with the matrix (Dithranol). PS samples were cationized with silver salt and PMMA with sodium salt. GPC were conducted on a Waters apparatus using THF as eluent (1 ml/min) and equipped with a refractometer, a diode array UV-VIS spectrophotometer, light-scattering Wyatt MiniDawn detectors and 5 separation columns from UltraStyragel Waters. Compounds **1**, **2**, **3**, and **4** were obtained according to previously described synthetic procedures.<sup>49,54,72,107</sup> (1-bromoethyl)benzene and ethyl-2-bromoisobutyrate were purchased from Aldrich Chemical Co and degassed before use. Azobis(isobutyronitrile) (JANSSEN) was recrystallized twice from MeOH before use.

**Synthesis of complex  $\text{CpMo}(\text{PMe}_3)_2\text{Cl}_2\text{Br}$ , **5**.** A toluene solution (5 mL) of **3** (76 mg; 0.197 mmol) was prepared.  $\text{Br}_2$  (5  $\mu\text{L}$ ; 15.8 mg; 0.098 mmol) was added by microsyringe under vigorous stirring. The reaction is immediate yielding the product as a red-brown precipitate. The formed suspension was stirred for an additional 15 minutes. The supernatant was cannulated off and the product was washed with 2 x 5 mL of diethyl ether, then with 2 x 5 mL of pentane and finally dried *in vacuo*. Yield = 64 mg, 70%. Anal. Calcd. for  $\text{C}_{11}\text{H}_{23}\text{BrCl}_2\text{Mo}$ : C, 28.47; H, 4.99. Found: C, 28.24; H, 5.12. In solution, compound **5** establishes an equilibrium with **6** and free  $\text{PMe}_3$ . The NMR spectra of an aliquot after evaporation to dryness and dissolution in  $\text{CD}_3\text{CN}$  show the presence of both complexes.  $^1\text{H}$  NMR ( $\text{CD}_3\text{CN}$ , 20°C,  $\delta/\text{ppm}$ ): complex **5**: 1.8 (s, 18H,  $\text{P}(\text{CH}_3)_3$ ) ; 4.1 (s, 5H,  $\text{C}_5\text{H}_5$ ); complex

**6:** -16 (s, br.,  $\omega_{1/2}$  = 340 Hz, 9H, P(CH<sub>3</sub>)<sub>3</sub>) ; 164 (s, br.,  $\omega_{1/2}$  = 300 Hz, 5H, C<sub>5</sub>H<sub>5</sub>). No signals were observed by <sup>13</sup>C NMR after 40000 accumulations.

**Reaction of complex CpMo( $\eta^4$ -C<sub>4</sub>H<sub>6</sub>)Cl<sub>2</sub>, **1**, with Br<sub>2</sub>.** To a suspension of **1** (100 mg; 0,35 mmol) in 7 mL of toluene, 9  $\mu$ L of Br<sub>2</sub> (0,17 mmol) were added by microsyringe under vigorous stirring. An immediate reaction yields a brown precipitate. The mother liquor was eliminated via a cannula and the product was washed with 3 x 35 mL of ether and dried under vacuum. This material did not analyze correctly for a Mo(IV) product of stoichiometry CpMo( $\eta^4$ -C<sub>4</sub>H<sub>6</sub>)Cl<sub>2</sub>Br. The <sup>1</sup>H NMR spectrum (CDCl<sub>3</sub>, 20°C,  $\delta$ /ppm) exhibits peaks due to a diamagnetic and a paramagnetic product. Diamagnetic product: 1.1 (m, 2H, C<sub>4</sub>H<sub>6</sub>), 1.9 (m, 2H, C<sub>4</sub>H<sub>6</sub>), 3.6 (m, 2H, C<sub>4</sub>H<sub>6</sub>), 3.95 (s, 5H, C<sub>5</sub>H<sub>5</sub>). Paramagnetic product: 14 (s, br.,  $\omega_{1/2}$  = 325 Hz, C<sub>4</sub>H<sub>6</sub>), 183.2 (s, br.,  $\omega_{1/2}$  = 290 Hz, C<sub>5</sub>H<sub>5</sub>). A recrystallization from CH<sub>2</sub>Cl<sub>2</sub>/pentane afforded crystals of a decomposition product, shown by X-ray diffraction to correspond to CpMo( $\eta^4$ -C<sub>4</sub>H<sub>6</sub>)Cl<sub>(2-x)</sub>Br<sub>x</sub> (x = 0.28).<sup>78</sup> Anal. Calcd. for C<sub>9</sub>H<sub>11</sub>Br<sub>0,28</sub>Cl<sub>1,72</sub>Mo: C, 36.21; H, 3.71. Found: C; 35.91; H, 3.56.

**ATRP polymerizations.** All ATRP polymerization reactions were conducted following the same experimental procedure. A typical procedure is described as a representative example. Complex **4** (141 mg, 0.22 mmol) was added to a 25 ml Schlenk tube equipped with a stirring bar. Styrene (7 mL, 61 mmol) and 1-bromo-1-phenylethane (30  $\mu$ L, 0.22 mmol) were added to the reaction flask by a syringe after a 20 min Ar purge. The Schlenk tube was then immersed in an oil bath heated at 80°C. Aliquots were withdrawn periodically for a reaction monitoring by GPC.

**SFRP polymerizations.** All SFRP polymerizations were conducted following the same experimental procedure. A typical procedure is here described as a representative example. Complex **1** (159 mg, 0.55 mmol) and AIBN (30 mg, 0.18 mmol) were added to a 25 mL Schlenk tube equipped with a stirring bar. Styrene (12 mL, 104 mmol) was then added by a

syringe and the Schlenk tube was immersed in a oil bath heated at 100°C. Aliquots were withdrawn periodically for a reaction monitoring by GPC.

**Computational investigations.** All calculations were performed using Gaussian 94<sup>108</sup> on an SGI Origin200 workstation. The LANL2DZ basis set was employed to perform geometry optimizations with a DFT approach. The three parameter form of the Becke, Lee, Yang and Parr functional (B3LYP)<sup>109</sup> was used in all cases. The energies reported for the open shell (doublet and triplet) systems correspond to unrestricted B3LYP calculations. The mean value of the first-order wavefunction, which is not an exact eigenstate of  $S^2$  for unrestricted calculations on the open-shell systems, was considered suitable for the unambiguous identification of the spin state. Spin contamination was carefully monitored and the values of  $\langle S^2 \rangle$  for the unrestricted B3LYP systems at convergence were very close to the ideal value of 0.75 for doublets and 2.0 for triplets.

**Kinetics Modeling.** The kinetic equations were written for all non polymeric species (Mo(III), Mo(IV)-Br, RBr, AIBN) and for the zeroth, first and second moments of the radical, dead and dormant chains.<sup>103</sup> These equations are available in the Supporting Information. The set of differential equations were solved with the commercial Matlab Software (version 5.1). Number and weight average polymerization degrees were obtained as the ratios of first to zeroth, and second to first moments, respectively.

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**Supporting Information Available:** Tables S1-S3 of ATRP, reverse ATRP and SFRP polymerization results; detailed description of the modeling of the SFRP + CCT and the SFRP + ATRP + CCT processes (9 pages). This material is available free of charge via the Internet at <http://pubs.acs.org>.

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## Tables

Table 1. Relevant energetic parameters for geometry optimized CpMoX<sub>2</sub>L<sub>2</sub>/CpMoXL<sub>2</sub>+X systems

L	X	BDE (kcal/mol) <sup>a</sup>	E <sub>S-T</sub> (kcal/mol) <sup>b</sup>
PH <sub>3</sub>	Cl	69.2	7.5
η <sup>4</sup> -C <sub>4</sub> H <sub>6</sub>	Cl	60.4	4.1
PH <sub>3</sub>	CH <sub>3</sub>	36.5	3.1
PMe <sub>3</sub>	CH <sub>3</sub>	37.2	7.5
η <sup>4</sup> -C <sub>4</sub> H <sub>6</sub>	CH <sub>3</sub>	38.5	7.3

<sup>a</sup>BDE = E(CpMoX<sub>2</sub>L<sub>2</sub>) - E(CpMoXL<sub>2</sub>) - E(X). The 16-electron CpMoXL<sub>2</sub> complex is optimized in the triplet state. <sup>b</sup>E<sub>S-T</sub> = E(singlet)-E(triplet) for system CpMoXL<sub>2</sub>.

Table 2. Selected optimized geometric parameters for doublet CpMoX<sub>2</sub>L<sub>2</sub> and triplet CpMoXL<sub>2</sub>.<sup>a</sup>

	Mo-Cp(CNT) (Å)	Mo-X (Å)	Mo-L (Å)
CpMoCl <sub>2</sub> (PH <sub>3</sub> ) <sub>2</sub>	2.075	2.534	2.544
CpMoCl(PH <sub>3</sub> ) <sub>2</sub>	2.041	2.472	2.538
CpMo(CH <sub>3</sub> ) <sub>2</sub> (PH <sub>3</sub> ) <sub>2</sub>	2.052	2.259	2.530
CpMo(CH <sub>3</sub> )(PH <sub>3</sub> ) <sub>2</sub>	2.099	2.193	2.515
CpMo(CH <sub>3</sub> ) <sub>2</sub> (PMe <sub>3</sub> ) <sub>2</sub>	2.056	2.266	2.571
CpMo(CH <sub>3</sub> )(PMe <sub>3</sub> ) <sub>2</sub>	2.117	2.199	2.530
CpMoCl <sub>2</sub> (η <sup>4</sup> -C <sub>4</sub> H <sub>6</sub> )	2.066	2.501	2.051 <sup>b</sup> , 2.273 <sup>c</sup>
CpMoCl(η <sup>4</sup> -C <sub>4</sub> H <sub>6</sub> )	2.107	2.482	2.272 <sup>b</sup> , 2.313 <sup>c</sup>
CpMo(CH <sub>3</sub> ) <sub>2</sub> (η <sup>4</sup> -C <sub>4</sub> H <sub>6</sub> )	2.123	2.225	2.286 <sup>b</sup> , 2.362 <sup>c</sup>
CpMo(CH <sub>3</sub> )(η <sup>4</sup> -C <sub>4</sub> H <sub>6</sub> )	2.151	2.191	2.262 <sup>b</sup> , 2.317 <sup>c</sup>
CpMoCl <sub>2</sub> (dpe)	2.019	2.532	2.533
CpMoCl(dpe)	2.046	2.491	2.519
CpMo(CH <sub>3</sub> ) <sub>2</sub> (dpe)	2.044	2.236	2.509
CpMo(CH <sub>3</sub> )(dpe)	2.110	2.196	2.500

<sup>a</sup>Chemically equivalent distances are averaged. <sup>b</sup>Bond between Mo and external carbon.

<sup>c</sup>Bond between Mo and internal carbon.

Table 3. Selected optimized geometric parameters for CpMoCl<sub>2</sub>X(PH<sub>3</sub>)<sub>n</sub> (n = 2, 1).

X	n	Mo-Cp(CNT) (Å)	Mo-X (Å)	Mo-Cl <sub>eq</sub> (Å) <sup>a</sup>	Mo-PH <sub>3</sub> (Å) <sup>a</sup>
Cl	2	2.039	2.563	2.582	2.554
Br	2	2.038	2.773	2.579	2.554
CH <sub>3</sub>	2	2.057	2.279	2.602	2.543
Br	1 <sup>b</sup>	2.087	2.585	2.493	2.604

<sup>a</sup> Chemically equivalent distances are averaged. <sup>b</sup> Calculated in the triplet state.



Table 4. Attempted ATRP polymerization of styrene with complexes **1** and **2** in bulk.

Complex	[MON]/[BEB]	[BEB]/[Mo]	Time	Conv. (%)	M <sub>n</sub> (g/mol)	PDI
<b>1</b> <sup>b</sup>	196	1	77	9	1200	1.4
<b>1</b> <sup>b</sup>	196	1	135	16	1200	1.4
<b>1</b> <sup>b</sup>	196	1	195	21	1200	1.4
<b>1</b> <sup>b</sup>	196	1	320	29	1200	1.4
<b>1</b> <sup>b</sup>	196	1	2680	63	1400	1.5
<b>1</b> <sup>b</sup>	200	10	60	8	1500	2.5
<b>1</b> <sup>b</sup>	200	10	120	15	1400	1.4
<b>1</b> <sup>b</sup>	200	10	190	26	1300	1.4
<b>1</b> <sup>b</sup>	200	10	550	46	1400	1.5
<b>1</b> <sup>b</sup>	200	10	1140	67	1600	1.6
<b>1</b> <sup>b</sup>	200	10	1775	72	1600	1.7
<b>2</b> <sup>a</sup>	250	10	55	25	1800	1.7
<b>2</b> <sup>a</sup>	250	10	150	30	1300	1.6
<b>2</b> <sup>a</sup>	250	10	275	35	1500	1.7
<b>2</b> <sup>a</sup>	250	10	1275	48	1400	1.6

<sup>a</sup> At 80°C. <sup>b</sup>At 100°C.

Table 5. Relevant energetic parameters for complexes **1**, **3** and **4**.

complex	$\Delta G(\text{SFRP})$ (kcal/mol)	$\Delta G(\text{ATRP})$ (kcal/mol)	$C_{\text{tr}}$
<b>1</b>	-12.8	12.8	5.0
<b>3</b>	-11.8	12.2	0.3
<b>4</b>	-12.1	12.6	0.8

## Captions for Figures.

Figure 1.  $^1\text{H}$  NMR chemical shifts of **6** at different temperatures. Solvent =  $\text{CD}_3\text{CN}$ . Empty circles:  $\text{PMe}_3$  resonance; Plain circles: Cp resonance.

Figure 2.  $M_n$  (left axis, plain symbols) and PDI (right axis, open symbols) as a function of conversion for the bulk styrene ATRP at  $80^\circ\text{C}$ . (a) With compound **3**; [styrene]:[BEB]:[Mo] = 220(twice) : 1 : 1. (b) With **4**; [styrene] : [BEB] : [Mo] = 270 : 1 : 1.

Figure 3. Plots of  $\ln([M_0]/[M])$  versus time for the styrene ATRP with **3** (triangles) and **4** (circles). The experiments are the same ones shown in Figure 2.

Figure 4. MALDI-TOF mass spectrum of the ATRP polymer. Reaction conditions [Styrene] : [AIBN] : [**3**] = 200 : 10 : 1. Peak 1:  $M/z = 1542.77$   $\text{H}-(\text{Sty})_{12}-\text{CH}_2-\text{CH}(\text{Ph})\text{Br}$ ,  $\text{Ag}^+$ . Peak 2:  $M/z = 1566.29$   $\text{H}-(\text{Sty})_{13}-\text{CH}=\text{CH}(\text{Ph})$ ,  $\text{Ag}^+$ . Peak 3:  $M/z = 1585.28$   $\text{H}-(\text{Sty})_{14}-\text{CH}=\text{CH}(\text{Ph})$ ,  $\text{Na}^+$ . Peak 4:  $M/z = 1602.47$   $\text{H}-(\text{Sty})_{13}-\text{CH}_2-\text{CH}(\text{Ph})\text{Cl}$ ,  $\text{Ag}^+$ .

Figure 5.  $M_n$  (circles, plain for theoretical values and empty symbols for experimental) and PDI (triangles) in reverse ATRP with **5**. Reaction conditions [Styrene] : [AIBN] : [**5**] = 270 : 1.5 : 1.

Figure 6.  $M_n$  versus conversion for the bulk styrene SFRP at  $100^\circ\text{C}$ . Squares: [styrene]/[AIBN]/[**1**] = 188/0.33/1. Circles: [styrene]/[AIBN]/[**3**] = 223/0.78/1. Triangles: [styrene]/[AIBN]/[**4**] = 230/0.80/1.

Figure 7. MALDI-TOF mass spectrum of the CCT polymer. Reaction conditions : [Styrene] : [BEB] : [1] = 200 : 1 : 1 at 80°C

Figure 8. Plot of  $M_n$  vs conversion for a simulated SFRP polymerization with  $\beta$ -hydride transfer at 100°C. Circles:  $C_{tr} = 0.1$ ; diamonds:  $C_{tr} = 1$ ; squares:  $C_{tr} = 8$ . Simulation conditions:  $[1] = [AIBN] = 0.0409 \text{ mol L}^{-1}$ ;  $[\text{styrene}] = 7.69 \text{ mol L}^{-1}$ ,  $k_+ = 3 \cdot 10^7 \text{ s}^{-1} \text{ mol}^{-1} \text{ L}$ ;  $k_- = 1 \text{ s}^{-1}$ . For other conditions, see text.

Figure 9. Plot of  $M_n$  versus conversion for a simulated ATRP polymerization with  $\beta$ -hydride transfer. Circles:  $C_{tr} = 0.1$ ; diamonds:  $C_{tr} = 1$ ; squares:  $C_{tr} = 8$ . Simulation conditions:  $[RBr] = 0.05 \text{ mol L}^{-1}$ ,  $k'_+ = 3 \cdot 10^7 \text{ s}^{-1} \text{ mol}^{-1} \text{ L}$ ;  $k'_- = 1 \text{ s}^{-1} \text{ mol}^{-1} \text{ L}$ . Other conditions are as for Figure 8.

Figure 10. Relative amount of Mo(III) at 50% conversion in an SFRP experiment ( $T = 100^\circ\text{C}$ ) vs. the position of the SFRP equilibrium, *i.e.*  $-RT \ln(k_+/k_-)$  in Scheme 8c. Simulation conditions are as in Figure 8.

Figure 11. Relative amount of Mo(III) at 50% conversion in an ATRP experiment ( $T = 100^\circ\text{C}$ ) versus the position of the ATRP equilibrium, *i.e.*  $-RT \ln(k'_-/k'_+)$  in Scheme 8d). Squares:  $\Delta G(\text{SFRP}) = -12.8 \text{ kcal/mol}$ ; circles:  $\Delta G(\text{SFRP}) = -9.4 \text{ kcal/mol}$ . Simulation conditions are as in Figure 9.

Figure 12 Experimental molecular weights (square) and conversions (circles) versus time for the ATRP of styrene with **4**. The experimental values correspond to entries 1 to 6 of Erreur ! Source du renvoi introuvable.. The plain lines correspond to the simulated values using  $\Delta G(\text{SFRP}) = -12.1$  kcal/mol,  $\Delta G(\text{ATRP}) = + 12.6$  kcal/mol,  $C_{tr} = 0.8$ .

Figure 1

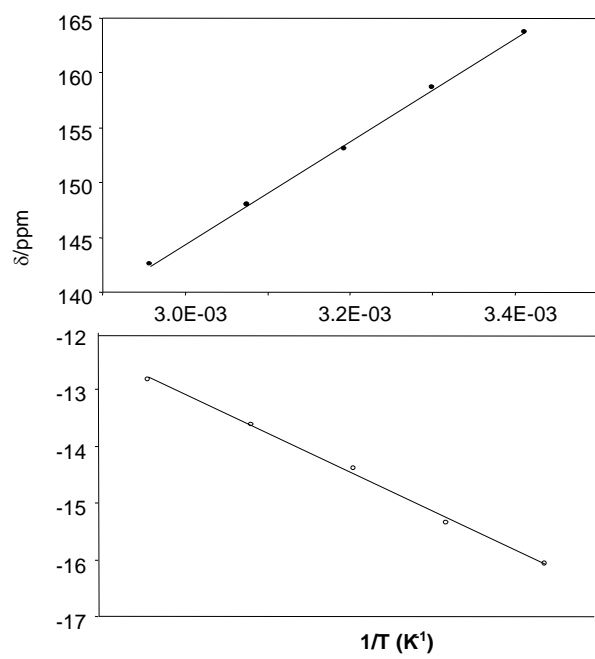


Figure 2

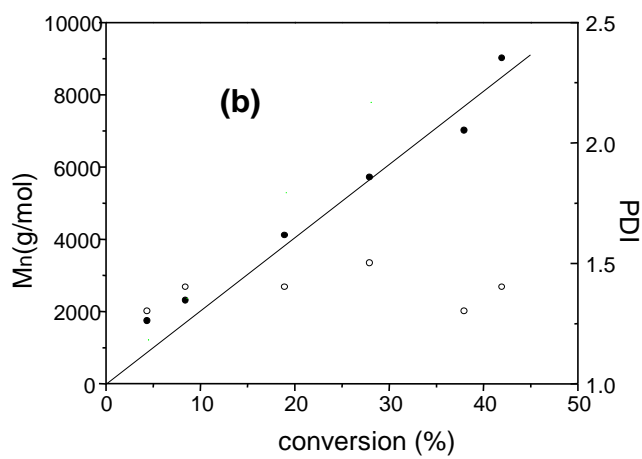
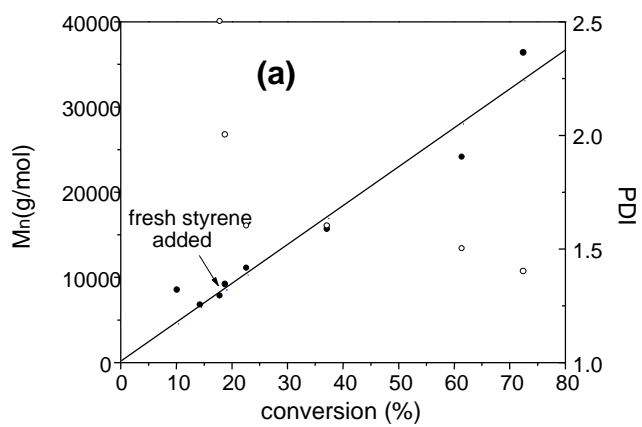


Figure 3

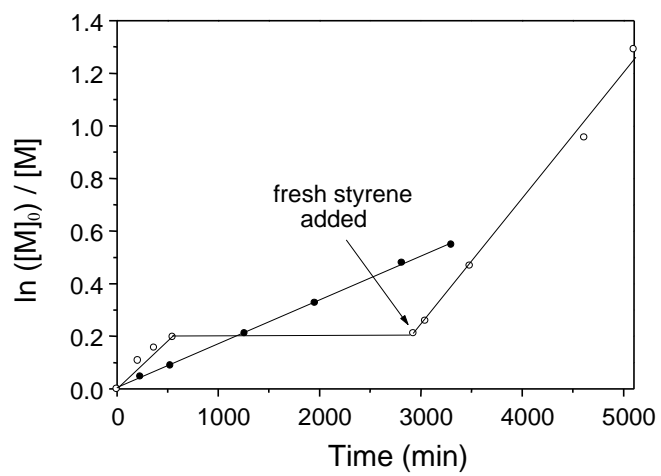




Figure 4

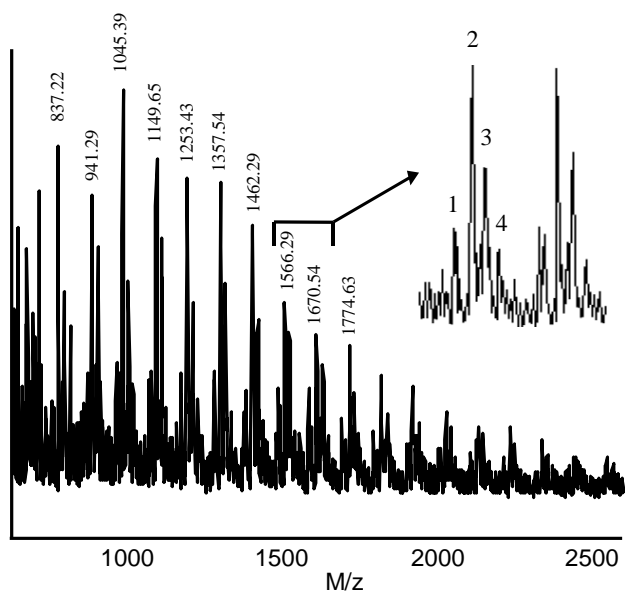


Figure 5

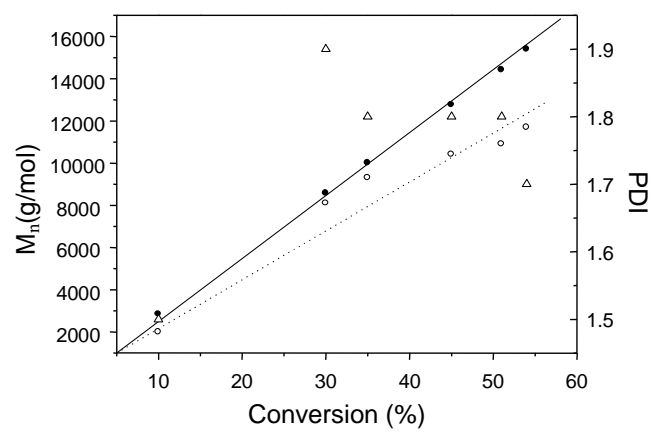


Figure 6

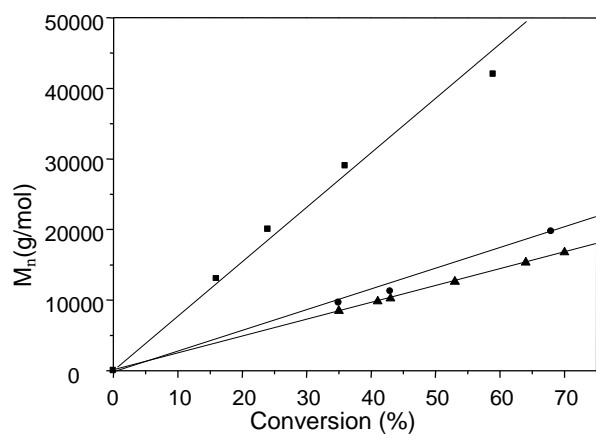


Figure 7

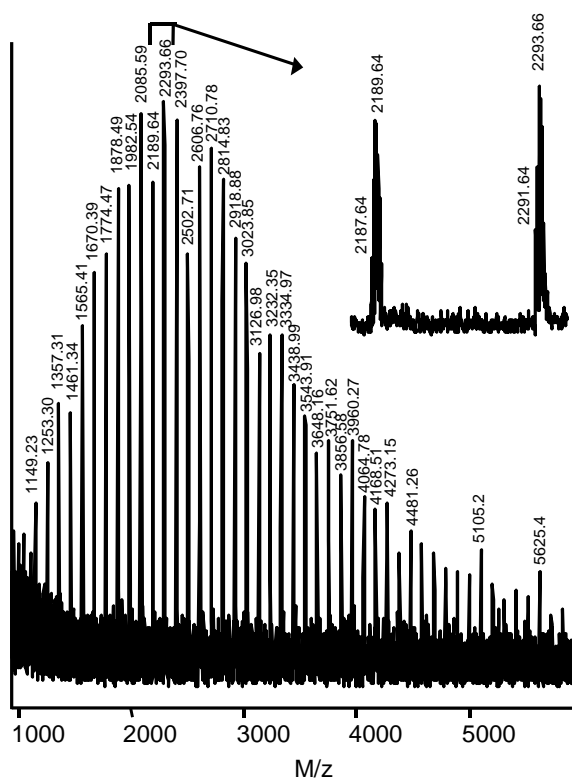


Figure 8

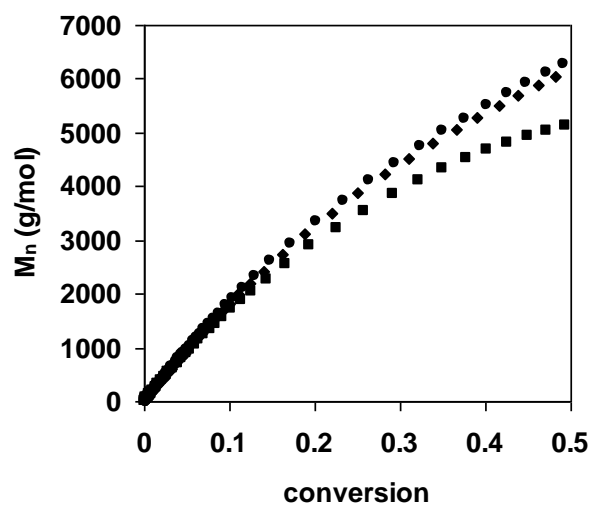


Figure 9

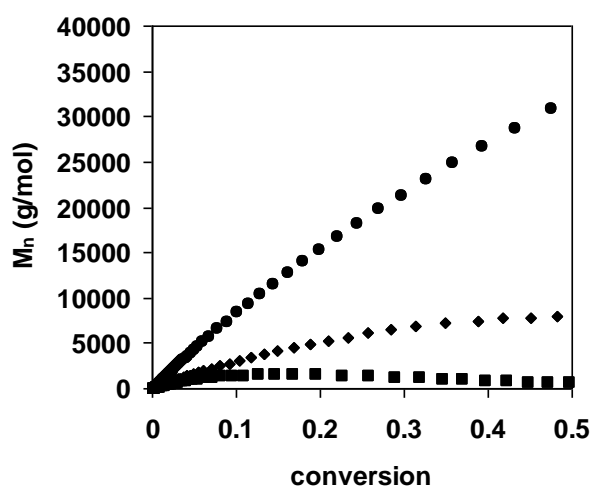


Figure 10

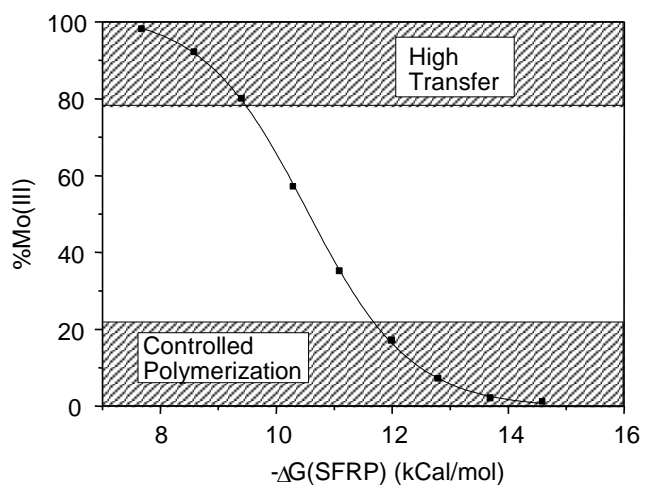


Figure 11

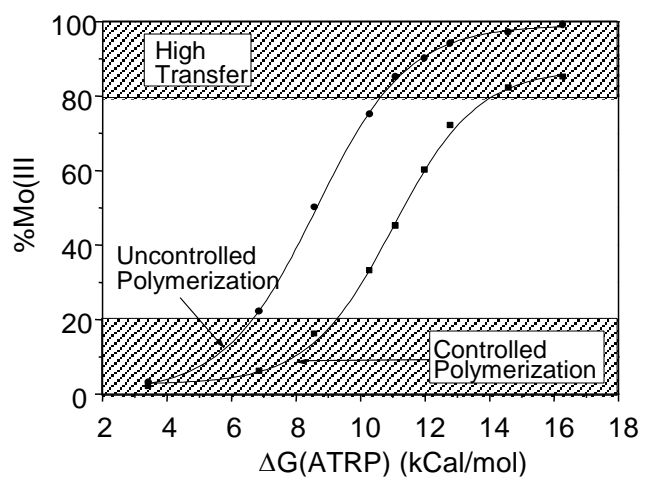
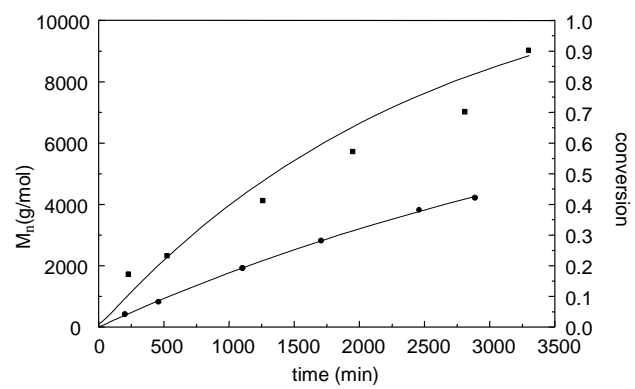
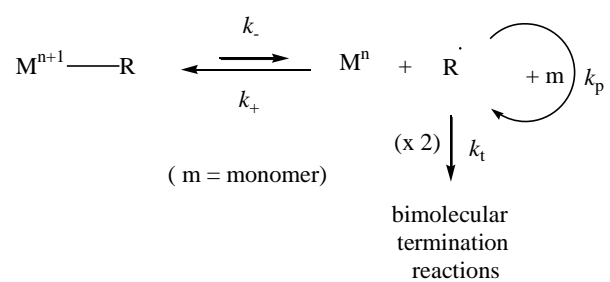


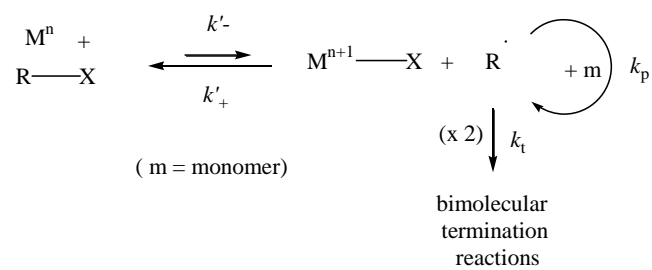
Figure 12



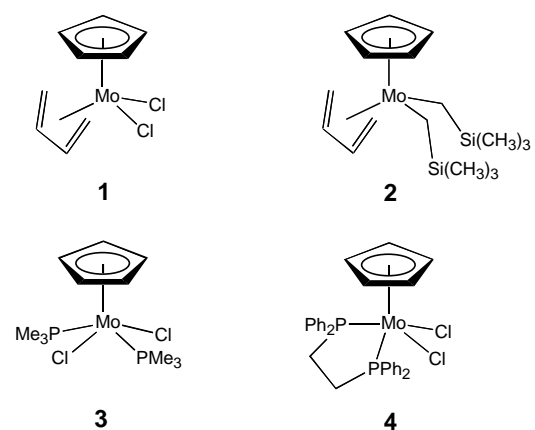
Scheme 1



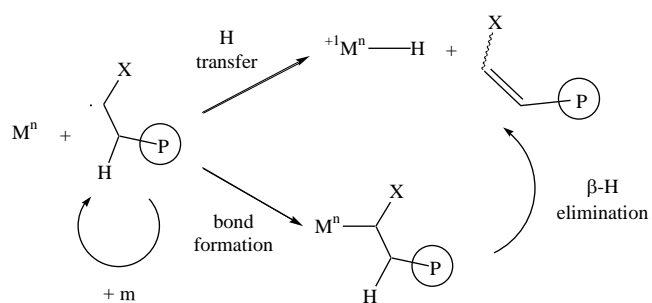
Scheme 2



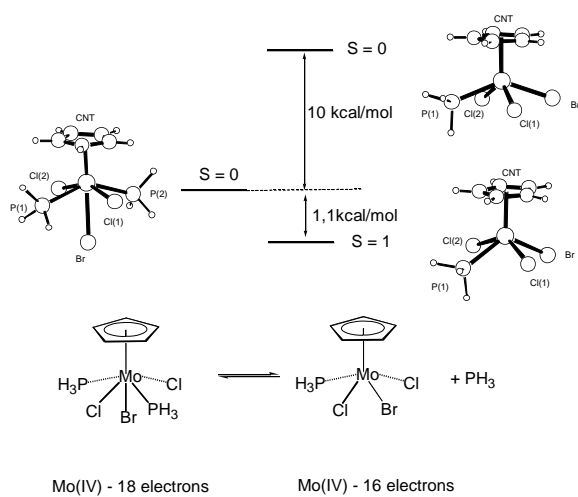
Scheme 3



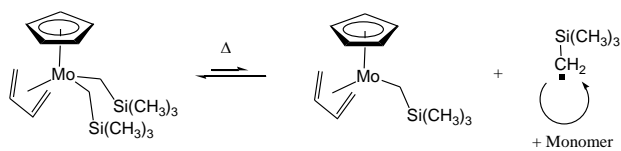
### Scheme 4



### Scheme 5

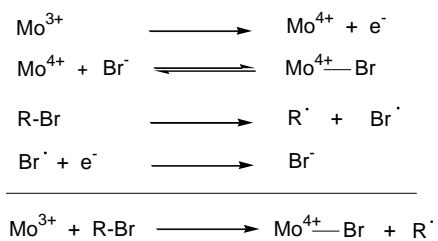


### Scheme 6

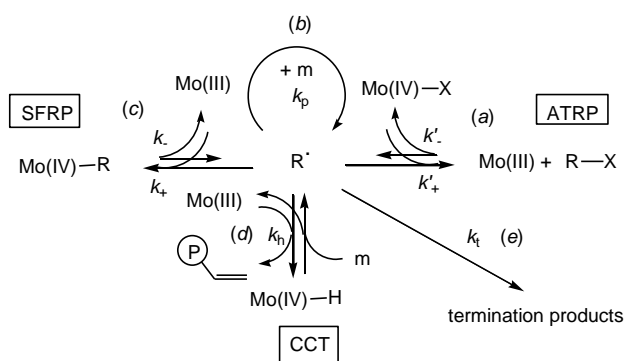




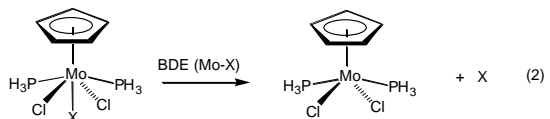
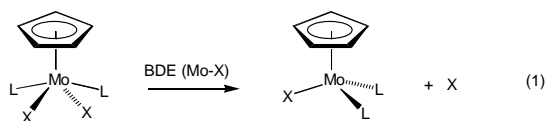
### Scheme 7



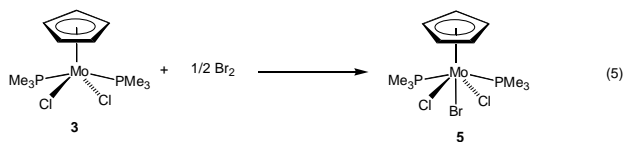
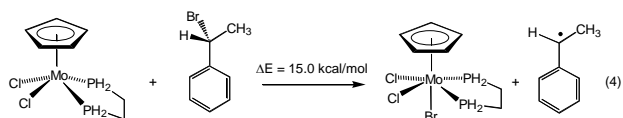
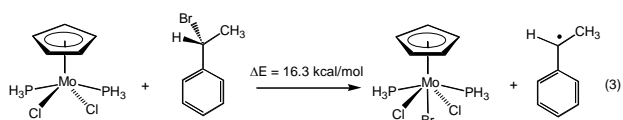
### Scheme 8



## Equations



BDE (Mo-X) = 44.0 (Cl), 31.7 (Br), 24.3 (CH<sub>3</sub>) (kcal/mol)



$$M_n = M_0 \frac{k_p [m]}{k_t [R^\bullet] + k_h [Mo(III)]} \quad (6)$$