



HAL
open science

Tannins and catechin gallate mediate the vasorelaxant effect of *Arbutus unedo* on the rat isolated aorta

Abdelkhaleq Legssyer, Hassane Mekhfi, Mohamed Bnouham, Vincent Roumy, Christine Herrenknecht, Christophe Fourneau, Alain Laurens, Jacqueline Hoerter, Abderrahim Ziyat, Rodolphe Fischmeister

► To cite this version:

Abdelkhaleq Legssyer, Hassane Mekhfi, Mohamed Bnouham, Vincent Roumy, Christine Herrenknecht, et al.. Tannins and catechin gallate mediate the vasorelaxant effect of *Arbutus unedo* on the rat isolated aorta. *Phytotherapy Research*, 2004, 18 (11), pp.889-894. 10.1002/ptr.1513 . hal-03161416

HAL Id: hal-03161416

<https://hal.science/hal-03161416>

Submitted on 15 Mar 2022

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.

**Tannins and Catechin Gallate Mediate the Vasorelaxant Effect
of *Arbutus unedo* on the Rat Isolated Aorta**

**Abdelkhaleq LEGSSYER¹, Abderrahim ZIYYAT¹, Hassane
MEKHFI¹, Mohamed BNOUHAM¹, Christine HERRENKNECHT³,
Vincent ROUMY³, Christophe FOURNEAU³, Alain LAURENS³,
Jacqueline HOERTER² and Rodolphe FISCHMEISTER²**

¹ *Laboratoire de Physiologie et Pharmacologie Cellulaire, Département de
Biologie, Faculté des Sciences, Université Mohamed Premier, BP 524,
Route Sidi Maafa, 60000 Oujda, Morocco*

² *Laboratoire de Cardiologie Cellulaire et Moléculaire, INSERM U446,
Université Paris-Sud, Faculté de Pharmacie, 5 rue Jean-Baptiste Clément,
F92296 Châtenay-Malabry Cedex, France*

³ *Laboratoire de Pharmacognosie, UMR CNRS 8076, Université Paris-Sud,
Faculté de Pharmacie, 5 rue Jean-Baptiste Clément, F92296 Châtenay-
Malabry Cedex, France*

Author of correspondence:

Pr. Abdelkhaleq LEGSSYER
Laboratoire de Physiologie et Pharmacologie Cellulaire
Département de Biologie - Faculté des Sciences
Université Mohamed Premier
B.P. 524, Route Sidi Maâfa, 60000 Oujda, Morocco
Fax : +212 56 50 06 03
Email : alegssyer@sciences.univ-oujda.ac.ma

ABSTRACT

Previous work has shown that roots of *Arbutus unedo* induce endothelium-dependent relaxation of rat thoracic aorta. In this study, we examined the vascular effect of *Arbutus* leaves and describe the isolation of several fractions responsible for their vasorelaxant activity. Aqueous extract (AE) of leaves was tested on rat aortic rings pre-contracted with 0.1 μ M noradrenaline. At 10^{-2} g/L, AE produced an endothelium dependent relaxation of $66\pm 5\%$, (n=8). Leaves of *Arbutus* were then extracted successively with different solvents (hexane, dichloromethane, ethyl acetate, methanol and water) and the extracts obtained were tested on pre-contracted aorta. The methanolic and the ethyl acetate extracts were the most active. When tannins (primarily condensed tannins) were precipitated from the methanolic extract, they showed a strong vasorelaxant activity ($87\pm 4\%$, n=5) whereas the elimination of tannins in the methanolic extract reduced significantly its vasorelaxant activity ($42\pm 8\%$, n=8, $p < 0.005$). Methanolic extract was further separated semi-preparatively by reversed-phase HPLC and fractions were collected and tested for their vasorelaxant activities. Four fractions (Fr2, Fr3, Fr4 and Fr6) were most active and produced $88\pm 2\%$ (n=5), $75\pm 6\%$ (n=5), $76\pm 3\%$ (n=7) and $76\pm 3\%$ (n=9) relaxation, respectively. These four fractions mainly correspond to polyphenols compounds. The analysis of Fr6 chromatogram indicates that this fraction contains catechin gallate. Dose-response curves for the vasorelaxant effects of Fr6 and commercial catechin gallate were superimposable confirming the likely contribution of catechin gallate to the effect of Fr6. In conclusion, the vasorelaxant activity of *Arbutus* is present both in leaves and roots. This activity is likely due to

polyphenol compounds, primarily condensed tannins and catechin gallate enhanced by quercetol heterosides.

Key words: *Arbutus unedo*; Ericaceae; Tannins; Vasorelaxation; Rat thoracic aorta

INTRODUCTION

Arbutus unedo L. (Ericaceae) is a species widely spread in Mediterranean basin and used in traditional medicine as astringent, diuretic and urinary antiseptic (Grieve, 1967). In Morocco, the roots of *Arbutus* are employed in decoction form for several uses (Bellakhdar, 1997) specially in the therapy of hypertension and diabetes (Ziyyat *et al.*, 1997). In the spontaneously hypertensive rat (SHR), oral administration of the root aqueous extract of *Arbutus* produces vascular, diuretic and natriuretic effects (Ziyyat & Boussairi, 1998). Recently, we have shown that root-aqueous extract also induces an endothelium-dependent vasorelaxation on rat isolated aorta (Ziyyat *et al.*, 2002), giving a rationale for its use in folk medicine against hypertension. This effect could be attributed to polyphenolic compounds likely to be present in the extract. Indeed, phytochemical studies on *Arbutus* have led to the isolation of several polyphenolic compounds, mainly tannins in the roots (Garnier *et al.*, 1961) and flavonoids such as afzelin, quercitrin and hyperoside in the aerial part (Dauguet & Foucher, 1982). The present study was thus undertaken to isolate some of the fractions present in *Arbutus* extract which might be responsible for its endothelium-dependent vasorelaxant activity and to examine the implication of some polyphenolic compounds, such as tannins, in this effect.

MATERIALS AND METHODS

Vegetal material

Leaves of *Arbutus unedo* were collected from Jbel Tazekka in oriental Morocco in October 2000. Taxonomic identification was performed by Pr B. Haloui from the Biology Department of Oujda Sciences Faculty (Morocco) where voucher specimen has been deposited (collection N° ZL 14).

Plant extract preparation

Aqueous extract (AE): 20 g of dried and powdered leaves of *Arbutus unedo* were extracted by infusion with 1 L of water for 30 min. The aqueous extract was obtained after filtration and evaporation to dryness *in vacuo*.

Soxhlet extraction: 79 g of dried and powdered leaves of *Arbutus unedo* were extracted successively with different solvents (hexane, dichloromethane, ethyl acetate, methanol and water). The extracts were evaporated to dryness *in vacuo* to afford respectively 5.0 g, 1.15 g, 3.75 g, 19.0 g and 2.53 g of dry extract. (Rendement : 6.4%, 1.5%, 5.2%, 24.1%, 3.2%)

Semi-preparative HPLC separation of the methanolic extract: a final purification of the methanolic fraction was performed using repeated reversed-phase semi-preparative HPLC on Whatman (Maidstone; UK) Partisil 10 ODS-3 column (25×0.94 cm *i.d.*, 10 µm), flow rate 5 mL/min, UV detection 280 nm, 30 mg injection and step gradient elution as follows: 0-16 min (methanol/water/formic acid 25/75/0.02 v/v), 16-96 min (methanol/water/formic acid 35/65/0.02 v/v).

Equipment: semi-preparative separations were carried out with a Waters HPLC preparative system (St Quentin en Yvelines, France) equipped with a 590 pump coupled to a solvent select valve, a 484 detector and a ABB SE120 recorder.

Tannins separation

Separation by caffeine: 1 g of methanolic extract was dissolved in 2 mL of water. Tannins were precipitated by 4 mL of a 2% caffeine aqueous solution. After filtration the caffeine tannate precipitate was washed by water and then dissolved in 50 mL of methanol. 50 mL of water was then added to the solution which was extracted four times by 50 mL of chloroform and then evaporated under reduce pressure to give 288 mg of dry extract. In the same manner, to remove caffeine, the filtrate was extracted by chloroform and evaporated to dryness under reduce pressure to give 686 mg of dry extract.

Precipitation of tannins by skin powder: 100 mg of methanolic extract was dissolved in 20 mL of water. 200 mg of skin powder were added under stirring conditions during 1 hour. Tannins were removed by adsorption on skin powder after filtration. The filtrate led to 40 mg of dry extract.

Methanolic extract analysis

Analytical HPLC procedure: the methanolic extract and the different fractions isolated from methanolic extract were analyzed by using reversed-phase HPLC with a Waters μ Bondapak C₁₈ (30×0.39 *i.d.* cm, 10 μ m), 2 mL/min, UV detection 280 nm and a gradient elution with water (A) and methanol (B) both added with 0.05% (v/v) formic

acid as mobile phases with linear gradient from 5 to 60% B in 30 min, 60% B during 5 min.

Equipment: chromatographic analysis were performed using an HPLC system equipped with a Merck L-6200A pump (Fontenay sous Bois, France), a Waters 717 autosampler, a Merck L-4000 detector and a Shimadzu C-R3A integrator (Croissy Beabourg, France).

Preparation of aorta and experimental device

The animal investigation conforms with the European Community guiding principles in the care and use of animals (86/609/CEE, *CE Off J* n°L358, 18 December 1986) and the French decree n°87/748 of October 19, 1987 (*J Off République Française*, 20 October 1987, pp. 12245-12248). Authorisations to perform animal experiments according to this decree were obtained from the French Ministère de l'Agriculture et de la Forêt (n°04226, April 12, 1991).

Male Wistar rats weighing 300-350 g were anaesthetised with sodium pentobarbital (50 mg/kg of body weight, i.p.), and the thoracic aorta was removed carefully in physiological salt solution (PSS). An aortic ring of about 3 mm in length was suspended between two stainless steel hooks in 10-mL water-jacketed bath containing PSS of the following composition (mM): NaCl 119, KCl 4.7, CaCl₂ 1.6, MgSO₄ 1.2, KH₂PO₄ 1.2, NaHCO₃ 25 and glucose 11. The tissue bath solution was maintained at 37°C and gassed with 95% O₂ + 5% CO₂ (pH 7.4). The isometric contraction was recorded via a force-displacement transducer connected to an amplifier and a paper recorder. Data were also recorded on computer. A tension of 1 g was initially applied to the ring which was equilibrated in the medium for 30 min. Before

each experiment, vasoconstriction was initiated by 0.1 μ M noradrenaline (NAdr) in normal PSS and when contraction reached steady-state, 10 μ M carbachol (CCh, a cholinesterase-resistant analogue of acetylcholine) was added to induce endothelium-dependent relaxation. This step was necessary to verify the endothelium integrity. For relaxation studies, precontraction of the aortic rings was induced by 0.1 μ M NAdr, the extract of *Arbutus unedo* was then added to the organ bath, and relaxation was evaluated as a percentage of the initial tension induced by NAdr alone. In denuded aorta, the endothelium was removed mechanically by rubbing the lumen of the artery with plastic tubing. In this case, relaxation was induced by 1 μ M of sodium nitroprusside.

Chemicals. (-)-Norepinephrine hydrochloride (Noradrenaline, NAdr), carbamylcholine chloride (carbachol, CCh), catechin, gallic acid and catechin gallate were purchased from Sigma Chemicals Co. (St Quentin-Fallavier, France); Sodium nitroprusside (SNP) from Farco Chemicals (ville, pays); Arbutin, epicatechin, quercetin and hyperoside from Extrasynthèse(Genay, France); Formic acid from Prolabo (Fontenay sous Bois). Methanol was HPLC grade purchased from Carlo Erba (Val de Reuil, France). Water was purified by Milli-Q water purification system (Millipore),(St Quentin en Yvelines, France).

Statistics. Results are expressed as the means \pm SEM for n separate experiments. Data were analysed by Student's *t*-test and a difference was considered as statistically significant when *p* value was less than 0.05.

RESULTS

Figure 1A shows a typical experiment in which an intact thoracic aortic ring was exposed to 0.1 μM NAdr after equilibration in control solution. NAdr produced a dramatic increase in tension. As expected, application of CCh (10 μM) in the continuing presence of NAdr strongly ($\sim 80\%$) reduced the effect of NAdr. The tension obtained in the presence of 0.1 μM NAdr and the relaxation produced by 10 μM CCh were used as references in subsequent experiments evaluating the relaxant effects of plant extracts. On average, intact aortic rings developed a tension of 1.3 ± 0.1 g in response to 0.1 μM NAdr ($n=25$), and 10 μM CCh induced a $83 \pm 2\%$ relaxation ($n=20$). As shown in Fig. 1B, aqueous extract of Arbutus leaves (AE, 10^{-2} g/L) also induced a strong relaxation of pre-contracted aortic rings. The relaxation was preceded by a small rise in tension. On average, AE (10^{-2} g/L) produced a $66 \pm 5\%$ ($n=8$) relaxation. As the relaxant effect of CCh requires the presence of an intact endothelium, we tested whether this was also the case for the relaxant effect of AE. Figure 1C shows an experiment performed in a denuded aortic ring. NAdr still produced a strong contraction of the aorta but, as expected, CCh had no effect. Interestingly, addition of AE (10^{-2} g/L) to the cocktail had no effect either, while application of the NO-donor SNP strongly relaxed the muscle. This result, which was obtained in all of 3 similar experiments, indicates that, similarly to root extracts (Ziyyat *et al.*, 2002), leaf extracts from Arbutus also require an intact endothelium to produce a relaxant effect.

(Figure 1 near here)

The subsequent experiments were aimed at identifying the active compounds present in AE which might be responsible for the relaxant effect. To do this, leaves of *Arbutus* were extracted successively with solvents of increasing polarity. Lipids were first removed with hexane, and four successive extracts were obtained with dichloromethane, ethyl acetate, methanol and water. These extracts were then tested on NAdr pre-contracted aortic rings at concentrations ranging from 10^{-3} to 10^{-1} g/L. As shown in Fig. 2, all four extracts caused a vasorelaxant effect. However, ethyl acetate and methanol extracts appeared most active, since at 10^{-2} g/L concentration they fully relaxed NAdr pre-contracted rings, while dichloromethane and water extracts required a 10-fold larger concentration to produce a similar effect (Fig. 2).

(Figure 2 near here)

In the following, we focused our attention to the methanolic extract, which caused a $79\pm 4\%$ relaxation ($n=9$) of NAdr pre-contracted aortic rings at 10^{-2} g/L and was selected for the purification of active compounds. Preliminary chemical research on this extract showed the abundant presence of condensed tannins (green coloration with FeCl_3 and precipitation with Stiasny reagent). Therefore, it was logical to question the implication of tannins in the vasorelaxant effects observed with this extract. We addressed this question by treating the methanolic extract with caffeine, a procedure used to precipitate most of the tannins (Okuda *et al.*, 1982). Methanolic extract was also treated with skin powder, which is commonly used to eliminate the tannins present in solution (European Pharmacopoeia 4th edition, Council of Europe, Strasbourg, France). The fraction precipitated by caffeine and the filtrate of the fraction treated with skin

powder were tested on aortic rings pre-contracted by NAdr. Vasorelaxation was still robust ($87\pm 4\%$, $n=5$) when the fraction precipitated by caffeine was tested at 10^{-2} g/L. On the contrary, elimination of tannins by skin powder strongly reduced the vasorelaxant effect ($42\pm 8\%$, $n=8$, $p<0.005$). These experiments clearly indicate that tannins participate in the vasorelaxant effect of Arbutus leaves. However, the presence of a residual vasorelaxant activity in the solution treated by skin powder also demonstrates that other components besides tannins may also be involved.

(Figure 3 near here)

Methanolic extract was further separated semi-preparatively by reversed-phase HPLC. A complete chromatogram of the total methanolic extract is shown in Fig. 3A. This chromatogram was separated in thirteen fractions, named Fr1 to Fr13 (Fig. 3A). Each fraction was collected and tested at 10^{-2} g/L on pre-contracted aorta. Figure 3B shows that Fr2, Fr3, Fr4 and Fr6 were the most active, as they produced a relaxing effect of $88\pm 2\%$ ($n=5$), $75\pm 6\%$ ($n=5$), $76\pm 3\%$ ($n=7$) and $77\pm 3\%$ ($n=10$), respectively. The nine other fractions produced a 4 to 10 fold lower relaxation at the same concentration, and none of their effects was statistically significant. The four active fractions were further examined for their concentration-dependent effects. As shown in Fig. 4A, Fr2, Fr3, Fr4 and Fr6 produced a concentration-dependent relaxation. Fr2, Fr4 and Fr6 had a threshold value near 10^{-3} g/L and their effect was half maximal around 3×10^{-3} g/L. Fr3 was about 3-fold less active.

(Figure 4 near here)

Despite the complexity of the methanolic extract chromatogram (Fig. 3A), several components were identified by HPLC coupled with mass spectrometry and confirmed by retention time of standard. These include arbutoside, quercetin, epicatechin, catechin, catechin gallate, hyperoside and gallic acid (see Fig. 5 for chemical structures). Thus, we tested all these compounds at 10^{-2} g/L for their effects on NAdr pre-contracted aortic rings. As shown in Table 1, only catechin gallate induced a strong vasorelaxant activity. Arbutoside, quercetin and epicatechin had no significant effect whereas catechin and hyperoside induced a moderate vasorelaxant effect (Table 1).

(Figure 5 near here)

Analysis of Fr6 chromatogram indicated that catechin gallate was actually present in this fraction. Therefore, we compared the vasorelaxant effect of Fr6 and catechin gallate. As shown in Fig. 4B, Fr6 and commercially available catechin gallate produced a similar concentration-dependent vasorelaxant effect on NAdr pre-contracted aortic rings. In order to determine structure-activity relationships, this activity was compared that of catechin and gallic acid. As shown above, the vasorelaxant effect of catechin was weaker than that of catechin gallate (Table 1). Moreover, gallic acid exerted a strong vasoconstriction ($51\pm 13\%$ at 10^{-2} g/L, $n=5$, $p<0.05$).

(Table 1 near here)

DISCUSSION

Arbutus unedo is one of the most popular medicinal plants used in oriental Morocco (Ziyyat *et al.*, 1997). Traditionally, roots of the plant are used in decoction to treat hypertension. In this study, we focused our interest on *Arbutus* leaves, because they can be collected more easily and do not require the destruction of the shrub, which is of ecological relevance. We found that the aqueous extract of *Arbutus* leaves produces a strong relaxation of pre-contracted aorta. This effect was endothelium-dependent and comparable, in potency and efficacy, to that of the root extract (Ziyyat *et al.*, 2002). Thus, *Arbutus* leaves may be used instead of roots in folk medicine, provided that, like the roots, they do not present any toxic effect.

As we found that the vasorelaxant effect of *Arbutus* roots extract involves activation of endothelial NO-synthase and cGMP synthesis (Ziyyat *et al.*, 2002), it is likely that *Arbutus* leaves also contain one or several active compounds which cause the endothelial cells to produce NO. Extraction of dried and powdered leaves by different successive solvents of increasing polarity led us to the observation that these compounds were likely present in the ethyl acetate and methanolic extracts. Indeed, these two extracts accounted for most of the vasorelaxant activity of *Arbutus*. Bioguided fractionation of these extracts, using Stiasny reagent and the green coloration with FeCl₃, led us to unmask the presence of polyphenolic compounds such as tannins.

Tannins and related polyphenols include more than 4000 identified compounds, and represent one of the largest groups of active phytochemicals (Waltner-Law *et al.*, 2002). The participation of condensed tannins in the vasorelaxant effect of *Arbutus* leaves extract was suggested by the observation i) that tannins precipitated by caffeine

from the methanolic extract showed a strong vasorelaxant activity, whereas ii) the adsorption of tannins by skin powder in the methanolic extract reduced significantly its effect. Thus, the endothelium-dependent vasodilator effect of Arbutus leaves extract was mainly due to oligomeric condensed tannins. However, the presence of a residual vasorelaxant activity in the solution treated by skin powder also demonstrates that other components besides tannins may also be involved. These are likely to include flavonic heterosides (flavonoids), which are present in Arbutus leaves (Dauguet & Foucher, 1982). Both flavonoids and tannins have been shown earlier to produce endothelium-dependent relaxation of rat aortic rings (Fitzpatrick *et al.*, 1993; Chen *et al.*, 1996; Chan *et al.*, 2000), an effect which resembles the effect of Arbutus leaves extract. Moreover, tannins and related polyphenols were also shown to produce an endothelium-dependent, NO-derived vasorelaxation through an extracellular Ca^{2+} -dependent mechanism (Andriantsitohaina, 1999; Andrianbeloson *et al.*, 1998; 1999). Oral administration of wine polyphenol compounds produces a decrease in blood pressure in normotensive rats associated with an endothelium-dependent relaxation and an induction of gene expression of inducible NO-synthase and cyclooxygenase 2 (Diebolt *et al.*, 2001). Recently, provinol, a phenolic compound, was found to accelerate the regression of blood pressure and improve structural and functional cardiovascular changes produced by chronic inhibition of NO synthesis in L-NAME rats (Bernatova *et al.*, 2002). This resembles the effect of an oral administration of the root aqueous extract of Arbutus in the SHR rat (Ziyyat & Boussairi, 1998). Thus, there is ample evidence to suggest that tannins or related polyphenols also mediate the vasorelaxant effect of Arbutus leaves extract.

Semipreparative separation of the methanolic extract by reversed-phase HPLC led to the identification of thirteen fractions. Out of these, four fractions (Fr2, Fr3, Fr4 and Fr6) were particularly active. These four fractions correspond to polyphenol compounds, primarily oligomeric condensed tannins. Interestingly, we found that Fr6 fraction contains catechin gallate, an oligomeric tannin. Test of its activity on aortic rings identified this compound as a potent vasorelaxant compound, similar to the complete Fr6 fraction. While this is the first report on the isolation of catechin gallate from *Arbutus*, we conclude that this compound represents one of the main compounds responsible for the vasorelaxant effect of the plant.

Catechins are generally known to produce vasorelaxant effects (Huang *et al.*, 1999). Yet, catechin derivatives were found to potentiate the contractile response to phenylephrine at low concentrations and to produce vasorelaxation only when used at high concentration (Sanae *et al.*, 2002). Although structurally related to catechin gallate, we found here that catechin exerted a much weaker relaxation than catechin gallate and gallic acid was even vasoconstrictive (see also: Sanae *et al.*, 2003).

In addition to fraction Fr6, a strong vasorelaxant activity was also found in fractions Fr2, Fr3 and Fr4 of the methanolic extract. These fractions correspond to oligomeric condensed tannins. Oligomerization of tannins may be required for tannins to produce a vasorelaxant activity. Indeed, (+)-catechin, which is with (-)-epicatechin one of the basic units of oligomeric condensed tannins, produces no vasorelaxation while oligomeric tannins present in red wine (Andriambeloson *et al.*, 1998) or *Arbutus* (this study) relax pre-contracted aorta. Fraction Fr11, which contains heterosides of quercetin (hyperoside and quercitrin), had a much weaker activity. Genin alone (quercetin) showed a very weak activity, while the corresponding heteroside

(hyperoside) was more active. Finally, arbutoside (present in Fr1), which is responsible for the antiseptic activity of *Arbutus* leaves (Frohne, 1970), had no vasorelaxant activity.

In conclusion, like the root extract, *Arbutus* leaves extract possesses a strong endothelium-dependent, vasorelaxant activity which provides a rationale for the use of this plant in folk medicine to treat hypertension. A chromatographic fractionation of *Arbutus* leaves methanolic extract allowed to assign this vasorelaxant activity to polyphenolic compounds such as oligomeric condensed tannins and catechin gallate.

Acknowledgements

We gratefully acknowledge the help of P. Lechêne (INSERM U-446, Université Paris Sud, France) for computer programming and Pr. B. Haloui (Faculté des Sciences, Université Mohamed Ier, Morocco) for botanical determination. This work was supported by grants from: the Centre National de Recherche (CNR, Morocco), projet PARS Médecine 081; the Institut National de la Santé et de la Recherche Médicale (INSERM, France), projet Franco-Marocain INSERM-CNR 2000.

REFERENCES

- Andriambelosen, E., Magnier, C., Haan-Archipoff, G., Lobstein, A., Anton, R., Beretz, A., Stoclet, J. C., and Andriantsitohaina, R. (1998). Natural dietary polyphenolic compounds cause endothelium-dependent vasorelaxation in rat thoracic aorta. *J. Nutr.* **128**, 2324-2333.
- Andriantsitohaina, R. (1999). Regulation of vascular tone by plant polyphenols: role of nitric oxide. *Gen. Physiol. Biophys.* **18**, 3-5.
- Bellakhdar J. (1997). La pharmacopée marocaine traditionnelle: médecine ancienne et savoirs populaires. Edition Ibis press Paris; LeFennec, Casablanca.
- Bernatova, I., Pechanova, O., Babal, P., Kysela S., Stvrtina, S., Andriantsitohaina, R. (2002). Wine polyphenols improve cardiovascular remodeling and vascular function in NO-deficient hypertension. *Am. J. Physiol. Heart Circ. Physiol.* **282**, H942-H948.
- Chan, EC., Pannagetch, P., Woodman, OL. (2000). Relaxation of flavones and flavonols in rat isolated thoracic aorta: mechanism of action and structure-activity relationships. *J. Cardiovasc. Pharmacol.* **35**, 326-333.
- Chen, CK. and Pace-Asciak, CR. (1996). Vasorelaxing activity of resveratrol and quercetin in isolated rat aorta. *Gen. Pharmac.* **27**, 363-366.
- Dauguet, J.C. and Foucher, J.P. (1982). Les flavonoïdes de *Arbutus unedo* L. (Ericacées). *Plant. Med. Phytotherap.* **XVI 3**, 185-191.
- Diebolt M., Bucher, B., Andriantsitohaina, R. (2001). Wine polyphenols decrease blood pressure, improve NO vasodilatation, and induce gene expression. *Hypertension*, **38**, 159-165.

- Fitzpatrick, D. F., Hirschfield, S. L., and Coffey, R. G. (1993). Endothelium-dependent vasorelaxing activity of wine and other grape products. *Am. J. Physiol. Heart Circ. Physiol.* **265**, H774-H778.
- Frohne, D. (1970). Urinary disinfectant activity of bearberry leaf extracts. *Planta Med.*, **18**, 1-25.
- Garnier, G., Bezanger-Beauquesne, L., and Debraux, G. (1961). Ressources Médicinales de la Flore Française, Vol. **2**, pp. 962-964, Vigot Frères, Paris.
- Huang, Y. Chan NW., Lau, CW. Yao, XQ., Chan, FL., Chen, YZ. (1999). Involvement of endothelium/nitric oxide in vasorelaxation induced by purified green tea (-) epicatechin. *Biochim. Biophys. Acta.* **1427**, 322-328.
- Okuda, T., Mori, K. and Mitsuyo, S. (1982). Effects of the interaction of tannins with coexisting substances. III. Formation and solubilization of precipitates with alkaloids. *Yakugaku Zasshi*, **102**, 854-858.
- Sanae, F., Miyaichi Y., Kizu, H., Hayashi. H. (2002). Effects of catechins on vascular tone in rat thoracic aorta with endothelium. *Life Sci.* **91**, 2553-2562.
- Sanae, F., Miyaichi, Y. and Hayashi, H. (2003). Endothelium-dependent contraction of rat thoracic aorta induced by gallic acid. *Phytother. Res.* **17**, 187-189.
- Waltner-Law, M.E., Wang, X.L., Law, B.K., Hall, R.K., Nawano, M., Granner, D.K. (2002). Epigallocatechin gallate, a constituent of green tea, represses hepatic glucose production. *J. Biol. Chem.* **277**, 34933-34940.
- Ziyyat, A., Legssyer, A., Mekhfi, H., Dassouli, A., Serhrouchni, M., and Benjelloun, W. (1997). Phytotherapy of hypertension and diabetes in oriental Morocco. *J. Ethnopharmacol.* **58**, 45-54.

Ziyyat, A. and Boussairi, E. (1998). Cardiovascular effects of *Arbutus unedo* L. in spontaneously hypertensive rats. *Phytother. Res.* **12**, 110-113.

Ziyyat, A., Mekhfi, H., Bnouham, M., Tahri, A., Legssyer, A., Hoerter, J. and Fischmeister, R. (2002). *Arbutus unedo* induces endothelium dependent relaxation of the isolated rat aorta. *Phytotherapy Res.* **16**, 1-4.

Table 1. Mean values of the vasorelaxant effect (expressed as percent of relaxation on intact NAdr pre-contracted aorta) of the compounds identified in methanolic extract (n=4).

	10 ⁻² g/L					
	Arbutoside	Quercitin	Epicatechin	Hyperoside	Catechin	Catechin gallate
% relaxation	1±1	5±1	3±1	23±6*	35±4*	81±6*

Values are means ± SEM. * $p < 0.05$ vs. Controle (NAdr. Alone).

FIGURE LEGENDS

Figure 1. Vasorelaxant effect of Arbutus leaves aqueous extract

Original tracings showing the effect of carbachol (CCh, 10 μ M, A, C), aqueous extract of Arbutus leaves (AE, 10⁻² g/L, B, C) or SNP (1 μ M, C) in intact (A, B) or denuded (C) rat aortic rings pre-contracted by 0.1 μ M NAdr. The rings were first exposed to control solution and the solid lines indicate the period of drug perfusion.

Figure 2. Vasorelaxant effect of Arbutus leaves extracts

Original tracings showing the vascular effect of four extracts of Arbutus leaves obtained by soxhlet extraction with solvents of increasing polarity. Dichloromethane (A), water (B), ethyl acetate (C) and methanol extracts (D) of Arbutus leaves were tested at 10⁻³ - 10⁻¹ g/L on noradrenaline (NAdr, 1 μ M) pre-contracted intact rat aortic rings. The rings were first exposed to control solution and the solid lines indicate the period of drug perfusion.

Figure 3. Separation and test of different fractions from methanol extract of Arbutus leaves

A) complete chromatogram of the total methanolic extract of Arbutus leaves obtained by semi-preparative reversed-phase HPLC. This chromatogram was separated in thirteen fractions, named Fr1 to Fr13. B) Each fraction was collected and tested at 10⁻² g/L on 0.1 μ M NAdr pre-contracted rat aortic rings. The effect is expressed as percent relaxation. Each bar indicates the mean \pm SEM of the number of experiments shown in parentheses.

Figure 4. Concentration-response curves for the effects of different fractions from methanol extract of Arbutus leaves

A) Concentration-response curves for the effects of fractions Fr2 (◆), Fr3 (■), Fr4 (triangles) and Fr6 (●) separated as shown in Fig. 3A. Aortic rings pre-contracted by 0.1 μM NAdr were exposed to 10⁻³, 3x10⁻³ or 10⁻² g/L of each fraction. B) Concentration-response curves for the effects of Fr6 (●, same data as in A) and catechin gallate (CG, ■). Each symbol indicates the mean ± SEM of the number of experiments indicated in parentheses.

Figure 5. Chemical structures of compounds identified in methanolic extract.

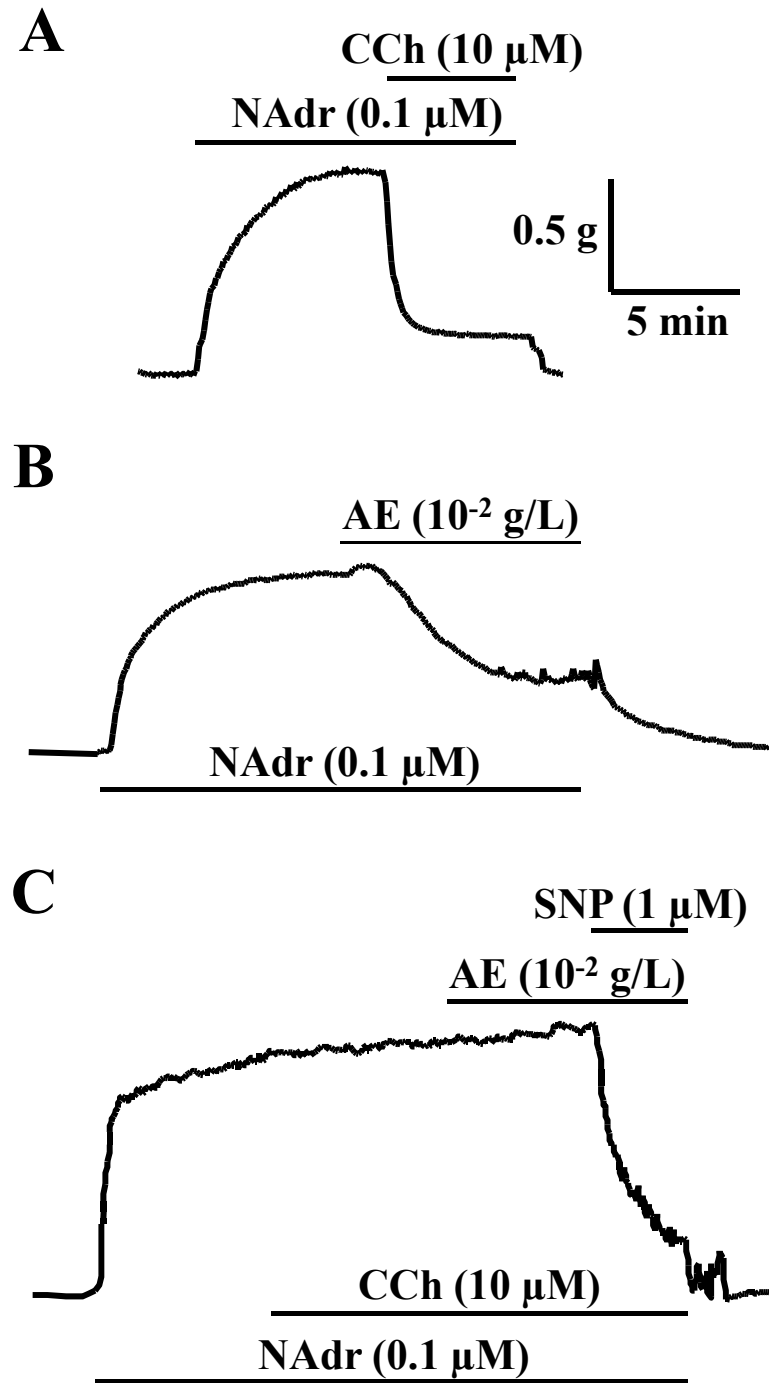


Figure 1

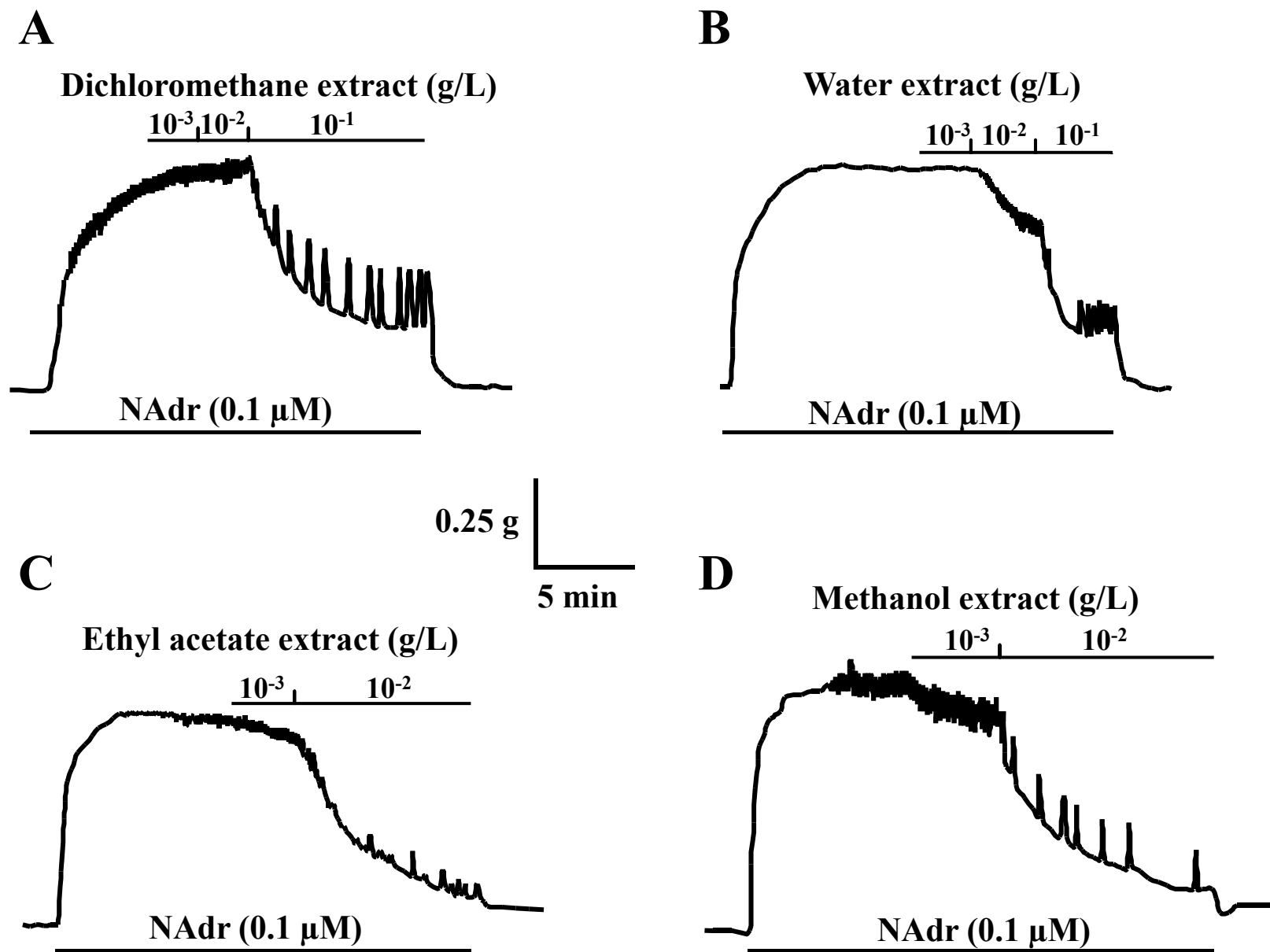


Figure 2

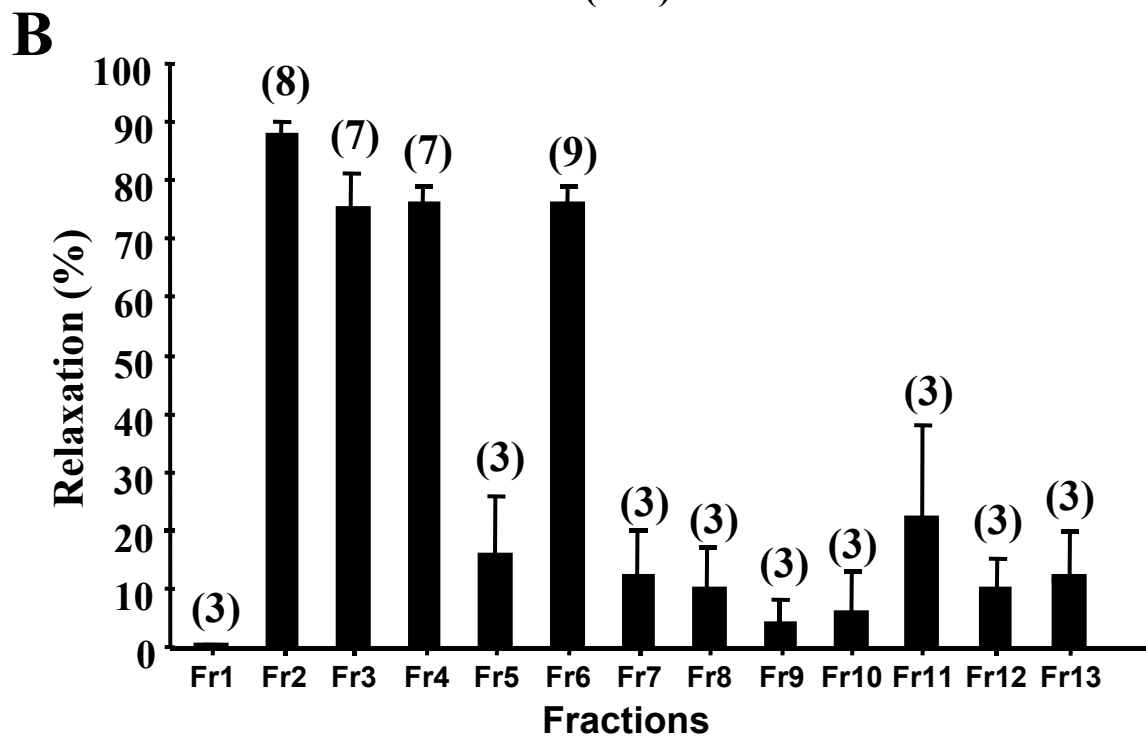
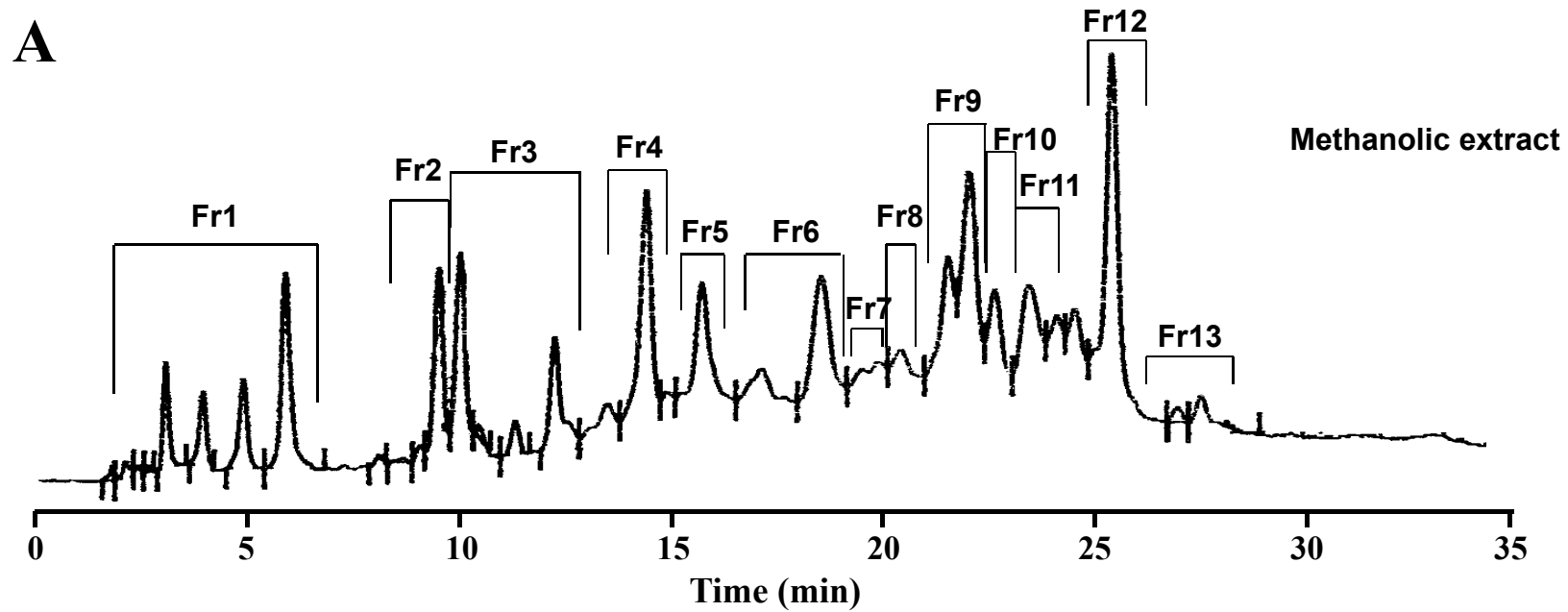


Figure 3

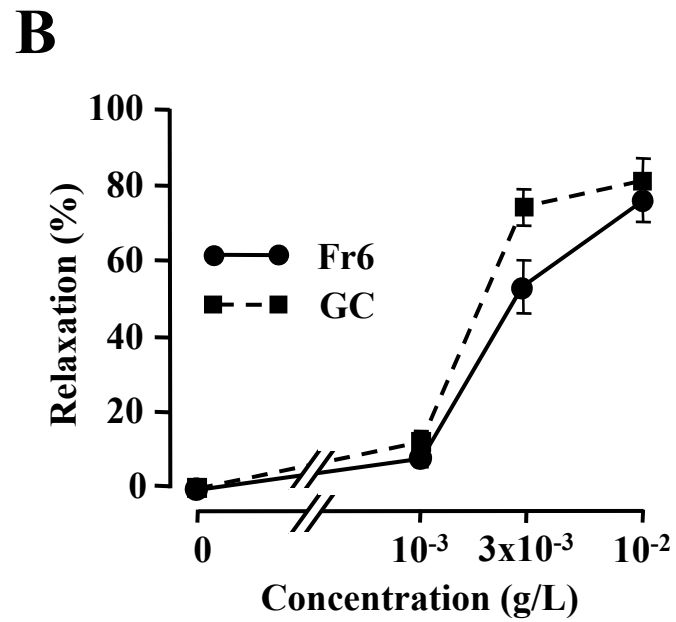
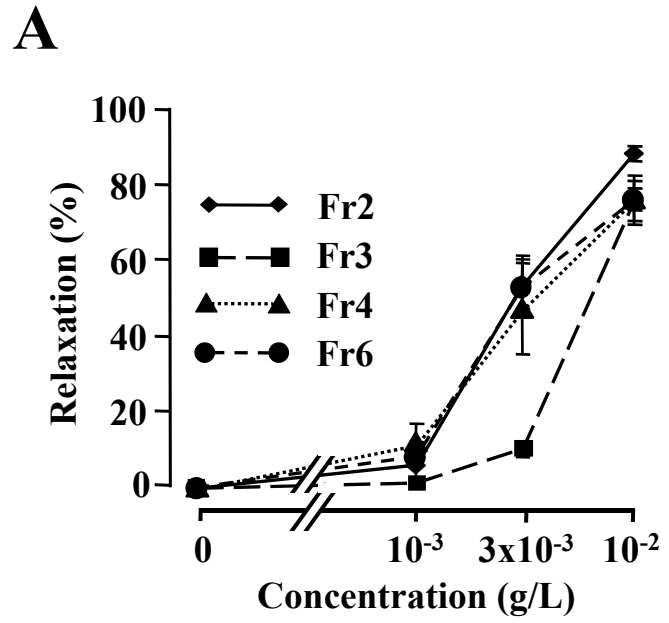


Figure 4