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Towards a high MnO$_2$ loading and gravimetric capacity from proton-coupled Mn$^{4+}$/Mn$^{2+}$ reactions using 3D free-standing conducting scaffold

Arvinder Singh,a Ozlem Sel,b Hubert Perrot,b Véronique Ballard,b Benoît Limoges,c and Christel Laberty-Robert*a,b

a Chimie de la Matière Condensé, Sorbonne Université - CNRS, UMR 7574, 4 place Jussieu, 75005 Paris, France
b Laboratoire Interfaces et Systèmes Electrochimiques (LISE), Sorbonne Université - CNRS, UMR8235, 4 place Jussieu, 75005 Paris, France.
c Université de Paris, Laboratoire d’Electrochimie Moléculaire, UMR CNRS 7591, F-75013 Paris, France.

We highlight 3D free-standing electrospun CNF electrodes as a superior conductive scaffold for the highly reversible proton-coupled Mn$^{4+}$ (aq) + Mn$^{2+}$ (aq) conversion in a mild aqueous buffered electrolyte (pH 5). Electrochemical quartz crystal microbalance is used to in-situ monitor these conversion reactions on the non-transparent CNF electrodes. Free-standing CNFs allows for a remarkably high relative MnO$_2$ loading (63%, equivalent to a m$_{MnO_2}$/M$_{CNF}$ ratio of 1.7) at a maximal charge of 1.4 mA·h/cm$^2$, while keeping a C.E. ≥ 95% over 300 cycles. The gravimetric capacity of the complete cathode is thus as high as 338 mA·h/g$_{MnO_2}$ (f.e., 534 mA·h/g$_{MnO_2}$CNF), outperforming the current state-of-the-art based conventional graphite/carbon felts as substrates (< 30% MnO$_2$ loading, < 0.4 m$_{MnO_2}$/M$_{CNF}$ ratio and < 150 mA·h/g$_{MnO_2}$substrate) or composite electrodes. Furthermore, the buffered electrolyte allows for remarkably highly constant deposition-dissolution potentials with low hysteresis (0.16 V). Pairing 3D electrospun CNFs (diameter ≤ 200 nm) and mild aqueous buffered electrolytes is thus a striking approach towards the development of MnO$_2$-based mild aqueous batteries with high energy efficiency.

The intense interest in manganese oxides (MnO$_2$) for aqueous batteries is driven by their high theoretical gravimetric capacity of 617 mA·h/g (Mn$^{4+}$ ↔ Mn$^{2+}$), abundant earth reserves, eco-friendliness, and low cost compared to other metal oxides (e.g., Ni- and Co-oxides) based cathodes.1–3 Recently, the two electrons reversible conversion reactions of Mn$^{4+}$ to Mn$^{2+}$ have been demonstrated under extreme pH conditions.4–6 However, the use of such conditions imposes several practical challenges on the development of large-scale devices due to safety concerns. Therefore, there is a growing scientific quest for the development of aqueous Zn-MnO$_2$ batteries operating in mild aqueous electrolytes. However, in such systems, full utilization of capacity from a complete reduction of Mn$^{4+}$ to Mn$^{2+}$ is rare as evidenced by gravimetric capacities below 400 mA·h/g$_{MnO_2}$7–9. Besides, the charge storage mechanism occurring at the MnO$_2$ cathode remains a matter of debate, especially regarding the reversible insertion of Zn$^{2+}$ cations.9 An alternative mechanism involving the reversible electrodeposition-electrodissolution of MnO$_2$ has recently emerged. Because relying on proton-coupled electron transfers, this reaction is associated with significant local pH gradients, triggering precipitation of zinc hydroxides and restricting the gravimetric capacity, as well as to potential drifts.10–13 To overcome these limitations, Mateos et al. demonstrated the benefit of using a buffered aqueous electrolyte (pH = 5) to fully convert MnO$_2$ to water-soluble Mn$^{2+}$ at stable potential values and with low hysteresis through the highly reversible proton-coupled reaction given below.14,15

$$\text{MnO}_2(\text{s}) + 4 \text{AH} + 2 \text{e}^- \Rightarrow \text{Mn}^{2+}(\text{aq}) + 4 \text{A}^- + 2 \text{H}_2\text{O} \quad (1)$$

where AH and A are the weak Brønsted acid and base of the buffer, respectively. When performed on transparent 2D ITO electrodes, accumulation of an electrochemically inactive fraction of MnO$_2$ (ca. 20 wt% of the total deposited amount) is reported, as attested by in-situ UV-visible absorption spectroscopy and postmortem inductively coupled plasma atomic emission spectrometry (ICP-AES) quantification, leading thus to a subsequent decrease of the gravimetric capacity.14 This issue was recently solved using transparent 3D ITO electrodes as a conductive mesoporous scaffold for the electrodeposition-electrodissolution of MnO$_2$, leading to a significant improvement of the reversible gravimetric capacity up to 560 mA·h/g$_{MnO_2}$.15 However, while such model ITO-based electrodes are of great interest for fundamental quantitative studies, they do not allow to switch to operational batteries. For such purpose, a conductive scaffold combining high specific surface electroactive area...
and an easy as well as low-cost preparation is highly desirable, which can be notably achieved with electrospun carbon nanofibers (CNFs). The 3D electrospun carbon nanofibers with their interesting peculiarities such as 1-D longitudinal electron transport, a high surface to volume ratio, interconnected voids/porosity, and less agglomeration than ordinary carbon nanoparticles are excellent substrates, providing several structural parameters that could be easily controlled, i.e., fiber diameter (from tens of nanometers to several micrometers), intra-fiber porosity, layer thickness, fiber alignment (flexibility), and inter-fiber spacing/voids.\textsuperscript{16, 17} Moreover, the use of free-standing 3D electrospun CNF electrodes without the auxiliary materials (additives, binders, additional current collectors such as stainless steel) would be plausible for high energy density batteries.\textsuperscript{16, 17} With this perspective, the present work aims to study \textit{in-situ} the proton-coupled electrodeposition-electrodissolution of MnO\textsubscript{2} in a mild aqueous buffered electrolyte (pH = 5) on electrospun 3D CNF substrates. With such a non-transparent conductive scaffold, electrochemical quartz crystal microbalance (EQCM) can substitute UV-visible absorption spectroelectrochemistry to monitor \textit{in-situ} the charge storage mechanism and demonstrate that the Mn\textsuperscript{IV} $\leftrightarrow$ Mn\textsuperscript{II} conversion reaction remains highly efficient and reversible at the high surface area CNFs. Further, we aim to test the capability of these free-standing 3D CNF electrodes in maintaining the reversibility of these conversion reactions at high loads ($Q_{\text{charge}}$) and demonstrate that electrospun CNFs with nano-sized fiber diameter are far superior substrates than conventional carbon/graphite felts (cloths) for achieving high gravimetric capacity and relative MnO\textsubscript{2} loading.

PAN-derived carbon nanofibers (CNFs) were prepared using the electrospinning technique followed by carbonization at 1200 °C under steady-state Ar flow (see more details in ESI-Part II). The FEG-SEM image (ESI Fig. S1(a)) of CNFs shows that NFs possess a smooth non-porous surface and an average diameter of 127 ± 47 nm. The estimated $d_{002}$-spacing from the XRD pattern of CNF (ESI Fig. S1(b)) manifests that CNFs are, up to some extent, similar to turbostratic carbon and exhibit short-range ordered (graphitic) domains in the amorphous fiber. These non-porous/microporous CNFs exhibit electrical conductivity in the range of 5–10 S/cm as reported previously.\textsuperscript{18–20} Moreover, CNFs exhibit pure double-layer capacitance of ca. 13.6 mF/cm\textsuperscript{2} (3.4 F/g) in 1 M KCl (pH = 6.4) aqueous electrolyte (see more details in ESI Fig. S1(c–d)). To demonstrate the electrodeposition-electrodissolution of MnO\textsubscript{2} on the 3D CNFs electrode, we first covered the gold electrode of the quartz resonator (Au-quartz) with
these electrospun CNFs (\( \sim 35 \mu g/cm^2 \)) using the drop-casting method and directly used them for the \textit{in-situ} electrodeposition of MnO\(_2\) from 1 M acetate buffer electrolyte (pH 5) pre-equilibrated with 10 mM of MnCl\(_2\). Fig. 1(a) shows the corresponding galvanostatic charge-discharge (GCD) curves at a current density of \( \pm 0.6 \) mA/cm\(^2\) and for a total charge, \( Q_{\text{charge}} \), of 180 mC/cm\(^2\). At the early stage of the galvanostatic charge, the potential immediately reached a maximal value of \( \sim 0.69 \) V, which is attributed to the generation of MnO\(_2\) nuclei on the CNF. The potential is then stabilized to a remarkably constant value of \( \sim 0.62 \) V within a few seconds, which is reminiscent of the growth mechanism. During the following discharge process (Fig. 1(a)), a single plateau at a highly stable potential value of 0.56 V is observed and attributed to the electrodissolution of MnO\(_2\) to soluble Mn\(^{2+}\) (see reaction 1), as previously reported in such electrolyte.\(^{14}\) The highly stable potentials for both the deposition and dissolution steps indicate that the conductivity of CNFs is sufficient to maintain fast kinetics and that the electrochemical reactions occur almost under thermodynamic control, without significant pH and Mn\(^{2+}\) gradients at the electrode/electrolyte interface.

![Figure 2](image_url)

**Fig. 2** (a) GCD cycles (shown for eight specific cycles over 100) and (b) simultaneous QCM monitoring (frequency change) for electrodeposition-electrodissolution of MnO\(_2\) on 3D CNF covered Au-quartz electrode at \( \pm 0.6 \) mA/cm\(^2\) for a total load (\( Q_{\text{charge}} \)) of 180 mC/cm\(^2\). An inset to (b) shows frequency change for the initial few cycles. (c) GCD cycles (shown for nine specific cycles over 300) obtained during cycling on free-standing CNFs at \( Q_{\text{charge}} \) of 5 C/cm\(^2\) in a 1 M acetate buffer containing 0.15 M MnCl\(_2\) (pH = 5). (d) C.E. during cycling at \( Q_{\text{charge}} \) of 180 mC/cm\(^2\) (\textit{in-situ} EQCM) and 5 C/cm\(^2\) (free-standing CNFs).

The electrodeposition-electrodissolution mechanism is further supported by the \textit{in-situ} EQCM monitoring. Fig. 1(a) (red) shows the frequency responses of the CNF modified Au-quartz resonator for the 1\textsuperscript{st} GCD cycle at \( \pm 0.6 \) mA/cm\(^2\) for a total \( Q_{\text{charge}} \) of 180 mC/cm\(^2\). The \( f \) of the CNF modified resonator in the electrolyte is taken as a reference point and the \( f \) decreases/increases around this point, during MnO\(_2\) deposition and dissolution, respectively. The nearly symmetric \( \Delta f \) response with Coulombic efficiency (C.E.) \( \geq 99.6\% \) (estimated from 100 \( \times \Delta f_{\text{dissolution}}/\Delta f_{\text{deposition}} \)) corroborates the full reversibility of the process with the complete dissolution of MnO\(_2\) during the discharge step. Further, the phase, morphology, and compositional characterization of the electrodeposited material (\( Q_{\text{charge}} \) of 180 mC/cm\(^2\)) was performed. The \textit{ex-situ} XRD pattern of the fully charged CNF electrode shows a broad peak centered at 2\( \theta \) = 37°, which suggests that the electrodeposited MnO\(_2\) has poor crystallinity (see ESI Fig. S2).\(^{21}\) The FEG-SEM image and elemental maps (Fig. 1(b-f)) manifest the presence of a highly uniform coating of sheet-like nanostructures, which are arranged perpendicular to the CNF surface. The typical nucleation and growth mechanism for the electrodeposited MnO\(_2\) films on carbon and other substrates is reported elsewhere.\(^{22-25}\) After complete discharge, the CNFs return close to their
initial pristine morphology (ESI Fig. S3). The observed average oxidation state of Mn was deduced from ex-situ XPS analysis. The observed core level Mn 3s spectrum shows two peaks representing multiplet split components (ESI Fig. S4), which are caused by the coupling of non-ionized 3s electron with 3d valence-band electrons. The magnitude of binding energy separation ($\Delta$BE) is ~4.56 eV, which is the diagnostic of the average oxidation state (AOS) of Mn ($\text{AOS} = 8.95 - 1.13 \times \Delta\text{BE (eV)}$), and the AOS of Mn is thus estimated to be ~3.7, which suggests the simultaneous presence of 30% Mn$^{III}$ and 70% Mn$^{IV}$ (corresponds to an average exchange of n = 1.7 e$^{-}$ per Mn center). This AOS value (3.7) is similar to the one reported by Mateos et al. on 2D ITO and 3D GLAD-ITO electrodes (AOS = 3.7-3.86), when charged in the same buffered electrolyte. It is also identical to the value reported by Zeng et al. for MnO$_2$ electrodeposited on carbon cloth from a 1 M Zn(acetate)$_2$ + 0.4 M Mn(acetate)$_2$ electrolyte of close pH. Therefore, we deduced that the electrodeposition process is quite independent of the substrate chemical properties. In the following, we will still refer to this active material oxidized state as MnO$_2$ and associate a molecular mass of 87 g/mol. According to the 1.7 electrons per Mn center involved in the electrodeposition-electrodissolution reactions on electrospun CNFs, the mass of active material electrodeposited during 180 mC/cm$^2$ charge was thus estimated to 95.5 $\mu$g$_{\text{MnO}_2}$/cm$^2$. Once compared to the CNF loading of ~35 $\mu$g/cm$^2$ (see Table 1), it is worth noting here that the mass of active material electrodeposited can also be estimated from the in-situ EQCM measurements. It is due to the observed linear response between the applied different successive loads of 36-180 mC/cm$^2$ and the resulting $\Delta f$ (ESI Fig. S5(a-b)), which allows for $dm$ estimation by using Sauerbrey equation (eq S3 in ESI). Slightly higher mass values than those corresponding to an exchange of 1.7 e$^{-}$ were obtained, which might be due to the fact that electrolyte species (H$^+$, K$^+$, H$_2$O, Mn$^{II}$, CH$_3$COO$^-$) can simultaneously adsorb (double-layer capacitance) on the CNF/MnO$_2$ or intercalate (H$^+$, K$^+$, H$_2$O) into the MnO$_2$ structure during electrodeposition, as reported previously.

Finally, up to 100 cycles could be achieved at the CNFs covered Au-quartz electrode with a Coulombic efficiency as high as 99.6%, and excellent overlap of all galvanostatic charge/discharge curves (Fig. 2a). The corresponding frequency ($\Delta f$) of the resonator during this long term cycling is reported in Fig. 2 (b). The frequency profile remains remarkably stable during long-term cycling. This observation suggests that there is no accumulation of poorly active MnO$_2$ on the electrode since $\Delta f$ returns back to its initial value at the end of each cycle. Furthermore, the amplitude of the $\Delta f$ variation during each step remains also highly stable, which indicates that an identical amount of MnO$_2$ is reversibly electrodeposited/electrodissolved during each galvanostatic step. This is consistent with the very high C.E. of 99.6% deduced from galvanostatic cycling (Fig. 2d). It is noteworthy that, in each cycle, the electrodeposited MnO$_2$ is amorphous (see ESI Fig. S2). Furthermore, the nucleation potential is also remarkably constant during cycling (Fig. 2a), which further affirms that there is no surface modification of CNF during cycling and that complete dissolution of MnO$_2$ occurs from the very first cycle. This is indeed in stark contrast with what is observed at a 2D bare Au-quartz substrate while cycling at 50 $\mu$A/cm$^2$ for $Q_{\text{charge}}$ of 15 mC/cm$^2$ (Fig. S6(a-b)). On the bare gold electrodes, the nucleation potential is found to decrease gradually for the first 20-25 cycles (Fig. S6a(a)). This is associated with the accumulation of inactive material at the gold electrode as attested by the low C.E. values of ≤ 90% and the progressive decrease of the $f$ of the resonator at the end of each cycle (Fig. S6(b) and Fig. S7(a)). The same process has been previously reported by Mateos et al.$^{16}$ at planar 2D GLAD-ITO electrodes and it confirms that accumulation of a poorly active MnO$_2$ fraction depends on the architecture of the electrodes rather than on their chemical nature or conductivity. Overall, the results obtained from the in-situ EQCM experiment demonstrate that the 3D CNFs is an appropriate substrate to achieve the highly reversible electrodeposition-electrodissolution of MnO$_2$ without significant accumulation of an inactive fraction during the early cycles. Based on the Mn AOS and the 1.7 electrons reversibly exchanged, the gravimetric capacity of the electrode remains thus as high as 524 mA-h/$g_{\text{MnO}_2}$ over 100 cycles (or 382 mA-h/$g_{\text{MnO}_2+CNF}$), but the surface load remains low (180 mC/cm$^2$ equivalent to 0.05 mA-h/cm$^2$).

The second aim of this work is to switch to battery conditions and test the capability of free-standing CNFs in maintaining the full reversibility of the electrodeposition-electrodissolution at high loads (Fig. 2 (c-d) and Fig. 3). All experiments were performed in a standard 3-electrode cell for accurately monitoring the electrode potential. Free-standing CNFs were used as working electrode (area ~1 cm$^2$; thickness ~150 µm, 1.54 g/cm$^3$), and ca. 7 mL of 1 M acetate buffer containing 0.1 M Mn$^{II}$ as electrolyte (pH 5). We first performed successive galvanostatic cycles at 1 mA/cm$^2$ by increasing progressively $Q_{\text{charge}}$ from 1.5 to 6 C/cm$^2$ (i.e., 0.52 to 1.7 mA-h/cm$^2$). Fig. 3 (a-b) shows the corresponding galvanostatic charge-discharge curves and C.E. values. Upon increasing the charging
time, the MnO₂ deposit remains highly homogeneous while its thickness increases, as clearly evidenced by the FEG-SEM images and the estimated mean diameter of MnO₂ covered CNFs (ESI Fig. S8 and Fig. 3(c), respectively). However, we notice a positive drift in the charge potential for \( Q_{\text{charge}} > 3 \, \text{C/cm}^2 \) that might be indicative of small local pH or [Mn²⁺] gradients induced by the high loading. Besides, the C.E. value also slightly decreases, indicating a somewhat accumulation of MnO₂ at the CNFs for the highest loads. Accordingly, the PAN-derived electrospun CNFs were tested for long term cycling at a \( Q_{\text{charge}} \) of 3 C/cm² in the 1 M acetate buffer electrolyte pre-equilibrated with 0.1 M MnCl₂. ESI Fig. S9 (a-b) shows the corresponding galvanostatic charge-discharge curves and C.E. over 100 cycles. The charge/discharge potentials remain highly constant during cycling, with a low hysteresis of 0.16 V, while the C.E. remains in the 97-98% range. We further increased the Mn³⁺ concentration up to 0.15 M and successfully cycled CNFs over 300 cycles at \( Q_{\text{charge}} \) of 5 C/cm² (Fig. 2(c-d)). The potential remains again highly stable during the charge, indicative of negligible local pH or [Mn³⁺] gradients, with low hysteresis (0.16 V). The C.E. remains in the 95-98% range over the 300 cycles performed; lowered by 2-5% only in comparison to those observed during in-situ EQCM cycling (180 mC/cm²) (Fig. 2(d)). Based on 1.7 e⁻ reversibly exchanged, the mass of MnO₂ electrodeposited during \( Q_{\text{charge}} \) of 5 C/cm² is estimated to be 2.6 mg MnO₂/cm², which corresponds to a high \( m_{\text{MnO}_2}/m_{\text{carbon}} \) ratio of ~1.7 or 63% of the active material in the charged electrode (see Table 1).

Fig. 3 Galvanostatic measurements performed using free-standing 3D CNF electrodes at ±1 mA/cm². (a-b) \( Q_{\text{charge}} \) increased progressively from 1.5 to 6 C/cm² and corresponding C.E. (c) Variation of the mean diameter of CNFs as a function of applied loads after electrodeposition of MnO₂ at 1 mA/cm² (see more details in ESI Fig. S8). The red line is the linear regression (the equation of which is shown on the graph) to the experimental data with \( r^2 = 0.935 \).

The gravimetric capacity of the cathode is thus as high as 338 mA·h/g_{MnO₂+CNF} (equivalent to 534 mA·h/g_{MnO₂}). By using CNFs, we thus significantly improved the \( m_{\text{MnO}_2}/m_{\text{carbon}} \) ratio and so areal/gravimetric capacity as compared to the early work performed by Mateos et al. on model GLAD-ITO electrodes in the same buffered aqueous electrolyte (Table 1). The present results also compare favorably with those reported up to date for MnO₂ cathodes based on commercial carbon/graphite felts (cloths) and operating through a similar conversion mechanism (see Table 1 for selected data from publications providing detailed information on the commercial carbon substrate). Upon utilization of carbon cloth/felts with fiber diameter 8-10 µm as substrates for electrodeposition of MnO₂, low relative MnO₂ loadings (< 30%) were previously systematically retrieved, therefore leading to limited gravimetric capacities (< 150 mA·h/g_{MnO₂+substrate}) when considering the full mass of the cathode. The much better gravimetric capacity achieved here at the electrospun CNFs can be attributed to the higher aspect ratio of this electrode as compared to commercial fibers. The typical Brunauer-Emmett-Teller (BET) specific surface area of pristine carbon/graphite felts (cloths) with 8–10 µm sized fibers remains below 3 m²/g whereas the typical BET surface area of non-porous PAN-derived CNFs are ~35 m²/g, thus one order of magnitude higher. It is worth noting here that the gravimetric capacity retrieved in the present work also outperforms those previously reported in mild acidic aqueous electrolytes for composite slurry electrodes made of MnO₂ active material (generally 70% in mass) combined with carbon and polymer additives. Indeed, the record gravimetric capacity of 382 mA·h/g_{MnO₂} reported in the literature translates into < 270 mA·h/g_{MnO₂+additives}. Upon decreasing the proportion of additives to 10% (only carbon), Gao et al. were able to achieve a high gravimetric capacity of 330 mA·h/g_{MnO₂+carbon} but at the expense of a low cyclability (~30% after 5 cycles).

Finally, galvanostatic cycling in Zn/CNF-MnO₂ cell configuration was performed at ± 1 mA/cm² for \( Q_{\text{charge}} = 5 \, \text{C/cm}^2 \) (or 1.39 mA·h/cm²) using aqueous 0.15 M Mn³⁺ + 0.25 M Zn²⁺ (chloride) + 1 M acetate buffer (pH = 4.85) solution as electrolyte, CNFs as working electrode and Zn foil as counter electrode. The collected GCDs and corresponding C.E. over 100 cycles are shown in EIS Fig. S10 (a-b). The charge
and discharge potentials at an average value of 1.71 V and 1.55 V, respectively, remain remarkably highly stable during cycling with a low hysteresis of ~0.16 V, similar to the one observed in a 3-electrode cell. This is because Zn anode is highly stable in near-neutral acetate-based aqueous electrolytes as reported previously.\textsuperscript{28} The observed gravimetric capacity of the cathode in the 2-electrode cell configuration is as high as 309 mA·h/g\textsubscript{MnO\textsubscript{2}+CNF} while maintaining a high $m_{\text{MnO}\textsubscript{2}}/m_{\text{CNF}}$ ratio of 1.48, considering the identical Mn\textsuperscript{4+} (s) $\leftrightarrow$ Mn\textsuperscript{2+} (aq) conversion reactions involved on the cathode side. The C.E. during GCD cycling remains $\geq$ 96.6\% over 100 cycles.

In conclusion, reversible electrodeposition-electrodissolution of MnO\textsubscript{2} in a mild aqueous buffered electrolyte (pH = 5) was successfully transposed from model ITO electrodes into more practical CNFs electrodes. This allowed to reversibly cycling the cathode at a high surface load (up to 1.4 mA·h/cm\textsuperscript{2}) with low hysteresis and achieving the highest gravimetric capacity to date (based on the total cathode mass). The results presented here clearly show that the combination of PAN-derived electrospun CNFs with a buffered mild acidic aqueous electrolyte is a good and promising option to achieve mild aqueous batteries with high energy efficiencies. More work is going on to further improve the charge capacity as well as rate performances. High surface area PAN-derived thick and dense 3D CNF electrodes with a reduced inter-fiber spacing (voids) could help in further increasing the MnO\textsubscript{2} loading without compromising reversibility. Optimization of the electrolyte composition might also be achieved to avoid pH and/or [Mn\textsuperscript{2+}] gradients at high loads.

\textbf{Acknowledgements}

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Table 1 Performance comparison of electrospun free-standing CNFs with other substrates used for electrodeposition-electrodissolution reactions of MnO$_2$ in mild or acidic electrolytes.

<table>
<thead>
<tr>
<th>Substrates</th>
<th>Thickness (mm)</th>
<th>Substrate Mass (mg/cm$^2$)</th>
<th>Electrolyte</th>
<th>$Q_{\text{charge}}$ (mA·h/cm$^2$)</th>
<th>$\eta$</th>
<th>$m_{\text{MnO}_2}$ deposited at each cycle (mg/cm$^2$)</th>
<th>Relative MnO$_2$ mass loading</th>
<th>$Q_{\text{charge}}$ (mA·h/gMnO$_2$-substrate)</th>
<th>Ref</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carbon felt</td>
<td>3.18</td>
<td>24</td>
<td>1 M MnSO$_4$ + 0.05 M H$_2$SO$_4$</td>
<td>1</td>
<td>1.9 e$^-$</td>
<td>1.7$^+$</td>
<td>6.6%</td>
<td>39</td>
<td>5</td>
</tr>
<tr>
<td>Graphite felt modified with carbon black and PVDF</td>
<td>5</td>
<td>50-75*</td>
<td>0.5 M Mn(acetate)$_2$ + 0.5 M ZnCl$_2$ + 2 M KCl electrolyte</td>
<td>10</td>
<td>ns (1.7 e$^-$ assumed)</td>
<td>19$^+$</td>
<td>20-27%</td>
<td>145-106</td>
<td>36</td>
</tr>
<tr>
<td>Carbon cloth</td>
<td>0.33</td>
<td>12</td>
<td>1 M Zn(acetate)$_2$ + 0.4 M Mn(acetate)$_2$</td>
<td>0.5</td>
<td>1.7 e$^+$</td>
<td>0.9</td>
<td>7%</td>
<td>39-128</td>
<td>28</td>
</tr>
<tr>
<td>GLAD-ITO</td>
<td>0.001</td>
<td>0.38</td>
<td>1 M acetate buffer + 0.1 M MnCl$_2$</td>
<td>0.028</td>
<td>1.86 e$^+$</td>
<td>0.048$^+$</td>
<td>11%</td>
<td>65</td>
<td>15</td>
</tr>
<tr>
<td>CNF</td>
<td>0.15</td>
<td>1.51</td>
<td>1 M acetate buffer + 0.15 M MnCl$_2$</td>
<td>1.39</td>
<td>1.7 e$^+$</td>
<td>2.6$^+$</td>
<td>63%</td>
<td>338</td>
<td>This work</td>
</tr>
<tr>
<td>CNF</td>
<td>0.15</td>
<td>1.54</td>
<td>1 M acetate buffer + 0.1 M MnCl$_2$</td>
<td>0.83</td>
<td>1.7 e$^+$</td>
<td>1.6$^+$</td>
<td>51%</td>
<td>264</td>
<td>This work</td>
</tr>
<tr>
<td>CNF/Au (in-situ EQCM)</td>
<td>ns</td>
<td>0.035</td>
<td>1 M acetate buffer + 0.01 M MnCl$_2$</td>
<td>0.05</td>
<td>1.7 e$^+$</td>
<td>0.095$^+$</td>
<td>73%</td>
<td>385</td>
<td>This work</td>
</tr>
</tbody>
</table>

* assuming a typical density of 0.1-0.15 g/cm$^3$ – provider website (TE.GW group)

$^+$ calculated based on the $\eta$ value and assuming an identical molecular mass of 87 g/mol for the electrodeposited MnO$_2$ film.

$^*$ estimated from electrode weight before/after electrodeposition

$^\dagger$ deduced from ICP quantification
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