



# Measuring cell displacements in opaque tissues: dynamic light scattering in the multiple scattering regime

Benjamin Brunel, Vincent Levy, Arnaud Millet, Monika Elzbieta Dolega,  
Antoine Delon, Romain Pierrat, Giovanni Cappello

## ► To cite this version:

Benjamin Brunel, Vincent Levy, Arnaud Millet, Monika Elzbieta Dolega, Antoine Delon, et al.. Measuring cell displacements in opaque tissues: dynamic light scattering in the multiple scattering regime. *Biomedical optics express*, 2020, 11 (4), pp.2277. 10.1364/BOE.388360 . hal-02612914

HAL Id: hal-02612914

<https://hal.science/hal-02612914>

Submitted on 19 May 2020

**HAL** is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.



# Measuring cell displacements in opaque tissues: dynamic light scattering in the multiple scattering regime

BENJAMIN BRUNEL,<sup>1</sup> VINCENT LEVY,<sup>1</sup> ARNAUD MILLET,<sup>2,3</sup>  
MONIKA ELZBIETA DOLEGA,<sup>1</sup> ANTOINE DELON,<sup>1</sup> ROMAIN  
PIERRAT,<sup>4</sup> AND GIOVANNI CAPPELLO<sup>1,\*</sup>

<sup>1</sup>Université Grenoble Alpes, Laboratoire Interdisciplinaire de Physique, CNRS, F-38000 Grenoble, France

<sup>2</sup>Institute for Advanced Biosciences, Inserm U1209 - CNRS UMR 5309, Université Grenoble Alpes, F-38000 Grenoble, France

<sup>3</sup>Research Department, University Hospital of Grenoble Alpes, F-38000 Grenoble, France

<sup>4</sup>ESPCI Paris, PSL University, CNRS, Institut Langevin, 1 rue Jussieu, F-75005, Paris, France

\*Giovanni.Cappello@univ-grenoble-alpes.fr

**Abstract:** Coherent light scattered by tissues brings structural and dynamic information, at depth, that standard imaging techniques cannot reach. Dynamics of cells or sub-cellular elements can be measured thanks to dynamic light scattering in thin samples (single scattering regime) or thanks to diffusive wave spectroscopy in thick samples (diffusion regime). Here, we address the intermediate regime and provide an analytical relationship between scattered light fluctuations and the distribution of cell displacements as a function of time. We illustrate our method by characterizing cell motility inside half millimeter thick multicellular aggregates.

© 2020 Optical Society of America under the terms of the [OSA Open Access Publishing Agreement](#)

## 1. Introduction

In the past two decades, we have witnessed an unprecedented development of optical microscopy for biology. On the one hand, the advent of super-resolved microscopy [1–3] allowed to break the diffraction barrier. On the other hand, new techniques were introduced to allow optical sectioning of thick samples, including confocal and two photon microscopy [4,5], light sheet microscopy [6–8], optical coherence tomography [9–12] and phase conjugation [13,14]. Apart from the latter, these techniques are based on the signal carried by ballistic photons, those that have not been scattered in their path through the tissue. Unfortunately, cells have a very large scattering cross section that severely limits the mean free path of photons (called  $\ell_s$  hereinafter) to few tens of microns, in biological tissues [15,16]. As the non-scattered photons decrease exponentially with the penetration depth, the signal becomes unexploitable beyond a thickness corresponding to few cells [17].

To go beyond this limit, several techniques based on the exploitation of the scattered photons have been developed. Even for very thick tissues, fluctuations of coherent scattered light are informative of the dynamics of the scatterers population, though individual behaviors cannot be measured. In laser Doppler flowmetry [18,19] (LDF), scatterers are red blood cells and blood flow is calculated from the fluctuations of backscattered light. Laser speckle flowmetry [20,21] (LSF) works similarly, but the blood flow is evaluated from the speckles contrast relatively to the exposure time. Dynamic light scattering (DLS) [22,23] is generally used to measure the diffusion coefficient of colloidal suspensions and was recently applied on sub-cellular components [24–26]. All three techniques rely on the same physical principles, although the formalism varies as they were developed in different communities relatively to their field of application. Light fluctuations are analyzed either by mean of the power spectrum of the intensity over time (LDF), or by mean of the speckle contrast (LSF), related to the power spectrum as explained in [27], or by mean of

the autocorrelation function of the intensity over time (DLS). As LDF and LSF were developed to measure *in vivo* blood flow, a backscattering configuration (scattering angle of 180°) was adopted. On the contrary, in DLS an additional information can be retrieved from the angular dependence of the signal. To obtain similar information with backscattering, the acquisition must be performed on several axes [28].

Relating light fluctuations to a quantitative measurement of the scatterers dynamics is made difficult by multiple scattering (MS). Several methods have been proposed to reject multiply scattered photons if they represent a small fraction of the scattered light [29–32]. Low-coherence interferometry proved to be efficient in selecting photons depending on their path-length, allowing single scattering conditions either by setting a path-length smaller than  $\ell_s$  or by use of confocal optics at a depth of the selected path-length (DLS-optical coherence tomography) [33]. Apart from technical solutions, MS can be integrated into the model used to relate light fluctuations and scatterers movements. For the specific case of red blood cells moving behind a highly diffusive tissue (LDF,LSF), a model was proposed by Bonner *et al.* [34]. For a backscattered configuration (LDF), a correction of the power spectrum under MS was reported by Wax *et al.* [35]. As for DLS, diffusive wave spectroscopy [36,37] (DWS) was developed as an extension to optically thick samples. More precisely, DLS is only valid if the sample size  $L < \ell_s$  because photons are assumed to be scattered only once, while DWS applies to samples thicker than the transport mean free path  $\ell^*$  [38].  $\ell^*$  is the average distance after which photons are isotropically oriented [see Eq. (10)]. In biological tissues,  $\ell^*$  is roughly 10 times larger than  $\ell_s$  [39] because the scattering is mainly forward. DWS was applied to biological samples [40,41] and was also used to perform dynamical tomography by acquiring scattered light in numerous directions and numerically solve an inverse problem (Diffuse Correlation Tomography [42], Speckle Contrast Optical Tomography [43]).

In aforementioned models, the angular dependence of the signal was not studied, either because only backscattered light was collected or because the signal was isotropic in the  $L > \ell^*$  regime. However, the intermediate case ( $\ell_s < L < \ell^*$ ) is rather frequent and the forward-scattering configuration (or small-angle scattering) is more beneficial than backscattering for two reasons. First, multiply scattered photons are fewer because in tissues light is mainly scattered in the forward direction [39]. Secondly, the signal can be measured at different angles, bringing more information than backscattering. Using numerical resolution, some approaches address the lower limit of DWS [44,45] or even bridge DLS and DWS regimes [46].

In this paper, we derive the relationship between scatterers displacements and scattered light fluctuations in the regime  $L < \ell^*$ , thanks to an analytical model of the multiply scattered photons propagation. Our method, denoted Multiple Scattering DLS (MS-DLS) in the following, is suitable for small-angle scattering in the intermediate regime and does not require time-consuming simulations. The angular dependence allows the measurement of the displacements distribution over time, without having to assume any type of motion (ballistic or Brownian). The scatterers that interested us were cells rather than sub-cellular elements studied in [24–26]. This is consistent with a measurement at small angles where the scattered light is dominated by the cells as a whole rather than its sub-cellular elements [47]. Using DLS on cell monolayers, we previously showed that cell migration speed could be measured without the need for usual cell tracking procedures [48]. Thanks to MS-DLS, we extend here the measurement of cell displacements over time to spherical multicellular aggregate (Multi Cellular Spheroid - MCS) where MS cannot be neglected. Our experiments revealed a decrease in the average cell speed from the periphery toward the center, as well as preference in the tangential direction for cells motion. We also found that an isotropic compression of the MCS inhibits cell motility, probably by limiting the access to the intercellular space, filled by extracellular matrix and interstitial fluid.

## 2. Materials and methods

### 2.1. Sample preparation

Colon carcinoma cells CT26 (ATCC CRL-2638<sup>TM</sup>; ATCC, Manassas, VA) were cultured in 25 cm<sup>2</sup> sterile flask (VWR, Radnor, PA) containing 6 to 10 mL of DMEM with GlutaMAX (THERMO FISHER, Waltham, MA) supplemented with 10% of fetal bovine serum and 1% Penicillin-Streptomycin (SIGMA-ALDRICH, St. Louis, MO). Incubated at 37° and 5% CO<sub>2</sub>, cells were passaged using trypsin every 2 to 3 days to keep the cell surface concentration between 30 and 1000 cells/mm<sup>2</sup>. Spheroid were prepared in 96 wells plates coated with 1% agarose gel [49]. 300 cells suspended in a 150 µL culture medium solution were seeded in each well, leading to the formation of a  $L = 250 \pm 30 \mu\text{m}$  (standard deviation) diameter spheroid after 3 days of incubation ("small" spheroids with ~3000 cells) or a  $L = 470 \pm 50 \mu\text{m}$  diameter spheroid after 7 days of incubation ("big" spheroids with ~20000 cells). To apply an isotropic pressure on the spheroid, we used the osmotic stress exerted by Dextran molecules (SIGMA-ALDRICH) in solution ( $r > 15 \text{ nm}$ , MW > 200 kDa) as previously described in [50,51]. Dextran molecules are excluded from the spheroid volume and exert a pressure at its surface, following the empirical relationship indicated in Table 1. For each experiment, a single spheroid was put into a 35 mm VWR round petri dish containing 2 mL of culture medium with or without Dextran. To prevent translational motion of the spheroid, the petri dish was treated beforehand with Pol-L-lysine (SIGMA-ALDRICH) for 10 minutes and rinsed with phosphate-buffered saline (PBS), improving the adhesion of the spheroid to its surface.

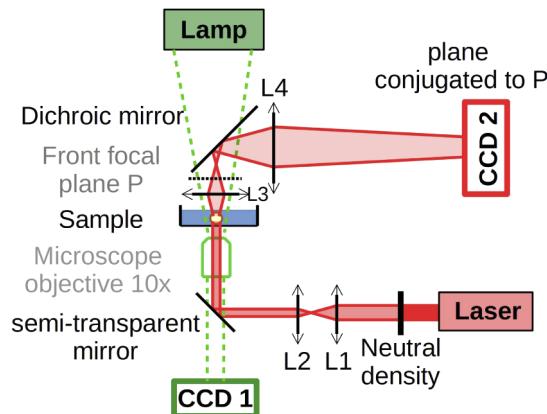
**Table 1. Pressure exerted by Dextran molecules in solution depending on their mass concentration.**

Pressure (kPa)	0	2.5	5	7.5	10	12.5	15	17.5	20	25
Concentration (g/L)	0	37.0	54.8	68.8	78.4	87.5	95.5	102.6	109.2	120.9

### 2.2. Experimental setup

The light scattering setup was implemented on a commercial microscope (Axiover 100; ZEISS, Jena, Germany) in order to switch easily between the phase contrast image of the sample and scattered light image [see Fig. 1]. Monitoring both images simultaneously is possible, as described in [48], but it would lower the quality of the light scattering signal. Implementing a scattering detection over a microscope have been previously done in numerous works, such as [52], [24] and [53].

The microscope was equipped with a phase-contrast condenser, a 10× objective (EC Plan-Neofluar; ZEISS, NA = 0.3) and a Charge-Coupled Device camera (CCD1 - Pike; ALLIED VISION, Stadtroda, Germany). The sample was illuminated using a 850 nm laser (CPS850V, 0.85 mW; THORLABS, Newton, NJ). The beam was attenuated (2.0 ND; THORLABS) and narrowed with two lenses (L1: +150 mm, L2: +50 mm) to obtain a Gaussian beam with a waist of  $192 \pm 12 \mu\text{m}$ . The front focal plane of L3 lens (+60 mm, LA1401-B; THORLABS) [see Fig. 1] contains the scattered light image formed at infinity (Fraunhofer scattering) and is imaged on the CCD2 camera (Guppy F 046B; ALLIED VISION) using L4 lens (same as L3). L3 was positioned as close as possible to the sample to maximize the range of collected scattering vectors  $\mathbf{q}$ : from  $0.01 \mu\text{m}^{-1}$  (laser divergence) to  $1.7 \mu\text{m}^{-1}$ . L4 was positioned to adjust this  $\mathbf{q}$  range to the CCD detector size, leading to an angular resolution of  $0.0014 \mu\text{m}^{-1}$  per pixel. Angular calibration was performed using a diffraction grating. To maintain temperature, humidity and pH, the sample was put inside a top-stage incubator system (CU-501; Live Cell Instrument, Seoul, South Korea). We choose to keep the scattering setup simple but one could use low-coherence interferometry and confocal optics to have a z-resolve measurements [33].



**Fig. 1.** Schematic view of the experimental setup. Light scattering detection was added to a commercial microscope. The illumination part was composed of a laser (850 nm) attenuated (neutral density) and narrowed (L1 and L2). The detection part was composed of two lenses L3 and L4 positioned so that the front focal plane of L3 is imaged on the CCD2 camera.

### 2.3. Data acquisition and analysis

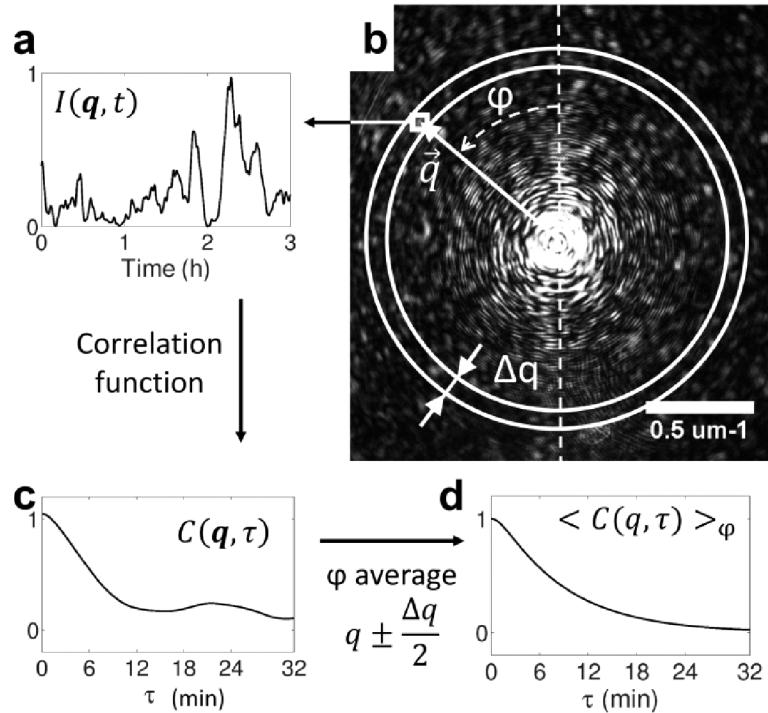
Data acquisition and analysis were performed using MATLAB (THE MATHWORKS, Natick, MA). Scattered light was recorded using CCD2 at one frame every 20 seconds, over a period of at least 2.5h. To capture the wide range of scattered intensity, each frame was composed of 5 concentric rings taken at different time exposures. From largest scattering angles, where the intensity was lower, to smallest angles, exposure times were: 512 ms, 128 ms, 32 ms, 8 ms and 2 ms. To measure the phase function  $p$  [see Eq. (2)], the background light was subtracted and vignetting effects were corrected [54]. Then, the intensity was averaged over the azimuthal angle  $\varphi$ . More specifically, the average over  $\varphi$  was performed on a set of rings of scattering vectors  $\mathbf{q}$  satisfying  $k\Delta q < |\mathbf{q}| < (k + 1)\Delta q$ ,  $k$  being an integer and  $\Delta q$  the discretization step [see Fig. 2 (b)]. As the speckle grain area was about 900 pixels, rings contained from 3 (inner ring) to 150 (outer ring) speckle grains.

When cells move inside the spheroid, each spot of the diffraction pattern fluctuates. Figure 2 (a) displays the temporal evolution of the intensity  $I(\mathbf{q}, t)$ , recorded from a given pixel at a scattering vector  $\mathbf{q}$ . To quantify light fluctuations, we computed the intensity autocorrelation function  $C$  [see Fig. 2 (c)]:

$$C(\mathbf{q}, \tau) = \left\langle \frac{I(\mathbf{q}, t)I(\mathbf{q}, t + \tau)}{\langle I(\mathbf{q}, t) \rangle_\varphi \langle I(\mathbf{q}, t + \tau) \rangle_\varphi} \right\rangle_t - 1. \quad (1)$$

Qualitatively, at a given  $|\mathbf{q}|$ , the time needed for the correlation function  $C$  to reach zero is related to the time needed for one cell to travel a distance of  $1/|\mathbf{q}|$ . The more times photons are scattered, the shorter the time to zero is because photons probe a combination of several cells displacements.

Different scattering patterns corresponds to different cell configurations inside spheroids. We assume that all different orientation configurations of spheroids can be explored while looking at a single direction over time (ergodic hypothesis) :  $\langle I(\mathbf{q}, t) \rangle_\varphi = \langle I(\mathbf{q}, t) \rangle_t$ . This hypothesis is reasonable because of the rotational symmetry of spheroids. The spheroid azimuthal symmetry also led to the same symmetry in the correlation function and  $C$  was averaged over  $\varphi$  [see Fig. 2 (b) and (d)] :  $C(\mathbf{q}, \tau) = \langle C(\mathbf{q}, \tau) \rangle_\varphi$ . In order to measure cells dynamics at steady-state, we waited until the correlation function became stationary. In practice we discarded the first tens of minutes of acquisition after MCS manipulation.



**Fig. 2.** (b)  $q$ -resolved diffraction pattern as acquired on CCD2.  $\varphi$  is the azimuthal angle. (a) Time evolution of the scattered intensity for a given scattering vector  $\mathbf{q}$ , and (c) its autocorrelation function. (d) The autocorrelation function is averaged over  $\varphi$ , i.e. over pixels inbetween the two white circles in (b).

### 3. Results

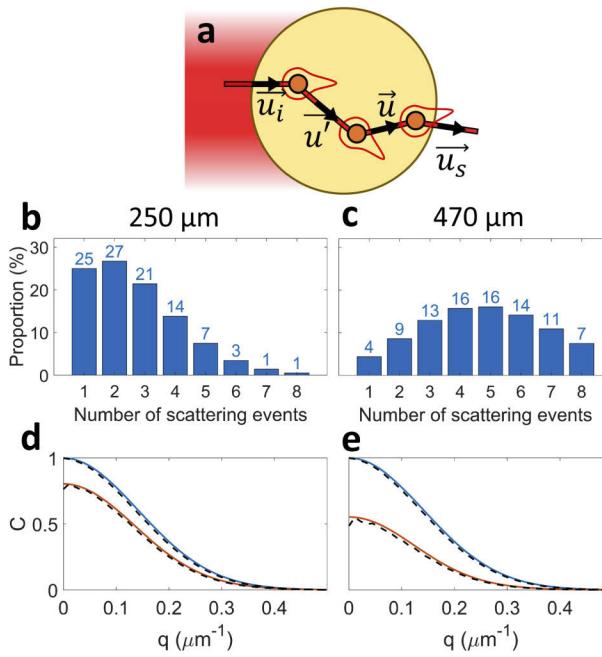
#### 3.1. DLS extension to multiple scattering

Dynamic light scattering relies on the hypothesis of single scattering (Born approximation). However, this approximation is limited to thin samples as the average distance between two scattering events, the so-called mean free path  $\ell_s$ , range from 15 to 100  $\mu\text{m}$  inside tissues [15,16].

To address the case of a small number of scattering events, intermediate between classical DLS and DWS, we modelled the propagation of light as corpuscular. While crossing a spheroid, a photon can be scattered several times by different cells [see Fig. 3 (a)]. Each scattering event is described as a change of direction, from  $\mathbf{u}'$  to  $\mathbf{u}$  (unit vectors), following a probability proportional to the angular intensity  $I_s$  of a single scattering event. This description ignores interference with other photons during the propagation following the scattering event. This is the so-called ladder or independent scattering approximation valid for a dilute medium such that the wavenumber satisfies  $k_0 \ell_s \gg 1$ . The probability function  $I_s$  corresponds to the phase function of a single cell and is defined as

$$p_s(k_0(\mathbf{u} - \mathbf{u}')) = \frac{I_s(k_0(\mathbf{u} - \mathbf{u}'))}{\iint I_s(k_0(\mathbf{u} - \mathbf{u}')) k_0^2 d\mathbf{u}}. \quad (2)$$

where  $k_0$  is the wavenumber  $k_0 = 2\pi/\lambda$ . The phase function is usually defined as a dimensionless quantity. Here we chose to define it with the dimension of a surface ( $1/k_0^2$ ) in order to have consistent dimensions in the following Eq. (3).



**Fig. 3.** (a) Diagram of the light propagation model inside a spheroid (large circle). Photons arrive from the laser beam on the left with a direction vector  $\mathbf{u}_i$ . Then, they follow a random walk trajectory (red lines) with changes in direction vectors ( $\mathbf{u}', \mathbf{u}$ ) following an angular probability (red shapes). The last scattering event emits a wave, observed in the direction  $\mathbf{u}_s$ . (b,c) Proportion in the scattered light of photons scattered between 1 and 8 times, for a Gaussian beam with a waist of  $w = 192 \pm 12 \mu\text{m}$  and a spheroid of diameter  $L = 250 \mu\text{m}$  (b) and  $L = 470 \mu\text{m}$  (c). (d,e) Correlation function  $C$  as a function of the scattering vector norm  $q$ , calculated using Eq. (3) (solid orange line) or a Monte Carlo simulation (dash black line), for virtual homogeneous spheres of  $L = 250 \mu\text{m}$  (d) or  $L = 470 \mu\text{m}$  (e), containing scatterers whose displacement distribution follows Eq. (11)

The phase difference between each photon is calculated geometrically, according to its trajectory. Finally, the electrical field on the detector is taken as the addition of all electrical fields associated to photons.

Based on this model, we deduced the expression of the intensity correlation function  $C(\mathbf{q}, \tau)$ , defined in Eq. (1), with the delay  $\tau$  and the scattering vector  $\mathbf{q} = k_0(\mathbf{u}_s - \mathbf{u}_i)$  [see Fig. 3(a)]. The calculus is detailed in the [appendix](#). Briefly, all possible photon trajectories are integrated, with weights given by the angular distribution  $p_s$  and the proportion, noted  $\alpha_k$ , of  $k$ -times scattered photons in the scattered light. The result gives the relationship between the correlation function  $C$  and the cell displacement distribution at a given delay, noted  $D(\Delta\mathbf{r}, \tau)$ :

$$C(\mathbf{q}, \tau) = \left| \frac{\sum_k \alpha_k [p_s(\mathbf{q}) \tilde{D}(\mathbf{q}, \tau)] \circledast^{k-1} [p_s(\mathbf{q}) \tilde{D}(\mathbf{q}, \tau)]}{p(\mathbf{q})} \right|^2, \quad (3)$$

with

$$p(\mathbf{q}) = \sum_k \alpha_k [p_s \circledast^k p_s](\mathbf{q}), \quad (4)$$

where  $p_s \circledast^k p_s$  denotes  $p_s$  being convoluted with itself  $k$  times, with the convention  $p_s \circledast^0 p_s = p_s$ ;  $\tilde{D}(\mathbf{q}, \tau)$  is the 3D Fourier Transform of  $D(\Delta\mathbf{r}, \tau)$  along  $\mathbf{q}$ .  $p$  corresponds to the phase function

of the whole spheroid, defined as in Eq. (2) by replacing  $I_s$  by the average intensity scattered by the spheroid  $\langle I(\mathbf{q}, t) \rangle_t$ . In the single-scattering approximation, Eq. (3) simplifies into:  $C(\mathbf{q}, \tau) = |\tilde{D}(\mathbf{q}, \tau)|^2$ . Equation (3) is valid under the following hypotheses: i) light fluctuations are mainly due to cell displacements rather than cell shape changes, ii) cell displacements are uncorrelated, iii) displacements are small as compared to the mean free path, iv) the sample is homogeneous in terms of cell displacement behavior. Regarding hypothesis i), the smaller the scattering angle is, the less cell shape details impact the scattered pattern. Hypothesis ii) is a strong hypothesis in biological samples. However, measured speeds may still be interpreted as speeds of independent groups of cells. Finally,  $\mathbf{q}$  only takes values on a surface, approximated at small angles as a plane perpendicular to the optical axis. As a result,  $D(\Delta\mathbf{r}, \tau)$  can only be measured on this plane and movements parallel to the optical axis cannot be detected.

To evaluate  $\alpha_k$ , we start from the probability for a photon to be scattered  $k$ -times while traveling a distance  $s$  inside the sample, which follows a Poisson distribution [55] (we neglect absorption over scattering):

$$P_b(k, s) = \frac{s^k}{\ell_s^k k!} \exp\left[-\frac{s}{\ell_s}\right]. \quad (5)$$

Then, the proportion  $\alpha_k^*$  of photons scattered  $k$ -times by a spheroid of radius  $R$  can be calculated by integrating Eq. (5) over the cross section of the spheroid (polar coordinates  $r, \theta$ ), weighted by the incoming laser intensity  $I_l$ :

$$\alpha_k^* = \frac{\int_0^{2\pi} \int_0^\infty P_b(k, s(r)) I_l(r, \theta) r dr d\theta}{\int_0^{2\pi} \int_0^\infty I_l(r, \theta) r dr d\theta}. \quad (6)$$

The traveling distance  $s(r)$  was approximated as the thickness of the spheroid ( $s(r) = 2\sqrt{R^2 - r^2}$ ) because photons trajectories are nearly straight as the forward direction is lost after a distance of  $\ell^* = 950 \mu\text{m}$ , as measured hereafter. The integration over  $r$  goes beyond  $R$  to take into account the light that misses the spheroid ( $s(r) = 0$  in this case).

Finally, to obtain the proportion  $\alpha_k$  of photons  $k$ -times scattered within the scattered light, the unscattered light was taken out:

$$\alpha_k = \frac{\alpha_k^*}{1 - \alpha_0^*}. \quad (7)$$

The mean free path  $\ell_s$  was deduced from the measurement of  $\alpha_0^*$ , the ratio of unscattered light (central spot) with and without the sample. We found  $\ell_s = 76 \pm 4 \mu\text{m}$  at a  $\lambda = 850 \text{ nm}$  wavelength.

Figure 3 (b) and 3 (c) shows  $\alpha_k$  computed for two spheroids, the diameters of which are respectively  $250 \mu\text{m}$  and  $470 \mu\text{m}$ . It shows that the Born approximation is not valid for our samples, hence the need of Multiple Scattering DLS.

### 3.2. Displacement distribution measurement

To illustrate our approach, we deduce the displacement distribution  $D(\Delta\mathbf{r}, \tau)$  of cells from the correlation function  $C(\mathbf{q}, \tau)$ , inside an opaque multicellular aggregate. The correlation function is calculated from the evolution of the scattered intensity pattern, as explained in the method section. Then, to deduce the cell displacement distribution from Eqs. (3) and 4, we empirically chose a parametric form for the phase function  $p_s$ , combining a Gaussian function for small

angles and a Henyey-Greenstein function for larger angles [56]:

$$p_s [k_0(\mathbf{u} - \mathbf{u}') ] = \frac{a}{2\pi q_0^2} \exp \left[ -\frac{[k_0(\mathbf{u} - \mathbf{u}')]^2}{2q_0^2} \right] + \frac{1-a}{4\pi k_0^2} \frac{1-b^2}{[1+b^2-2b\mathbf{u} \cdot \mathbf{u}']^{3/2}}, \quad (8)$$

where the dot product  $\mathbf{u} \cdot \mathbf{u}'$  is the cosine of the scattering angle. The parameters  $a$ ,  $q_0$  and  $b$  were adjusted so that  $p$  calculated using Eq. (4) fitted (least squares) the data points. The calculation is easier in Fourier space as convolution products become products. Fourier transforms were performed analytically when possible (Gaussian, Henyey-Greenstein). Otherwise, analytical expressions were discretized with a sampling rate and a range making the numerical error negligible as compared to data noise.

Figure 4 (c) shows the adjustment of the measured phase function of a spheroid of 146  $\mu\text{m}$  in diameter. The best fit was obtained for  $a = 0.23$ ,  $q_0 = 0.14 \mu\text{m}^{-1}$  and  $b = 0.90$ . Incidentally, we deduced  $\ell^*$  from this measure of  $p_s$ . First, we calculated the anisotropy factor  $g$ , defined as

$$g = k_0 \iint p_s (k_0(\mathbf{u} - \mathbf{u}')) \mathbf{u} \cdot \mathbf{u}' d\mathbf{u}' = 0.92. \quad (9)$$

Then,  $\ell^*$  was obtained as

$$\ell^* = \frac{\ell_s}{1-g} = 950 \mu\text{m}. \quad (10)$$

Similarly, we propose an empirical parametric function for  $D(\Delta\mathbf{r}, \tau)$ . A Gaussian distribution showed a relative agreement with the data [Fig. 4 (a)], while preserving the azimuthal symmetry showed by the correlation functions  $C$ :

$$D(\Delta\mathbf{r}, \tau) = \frac{1}{(2\pi)^{3/2}\sigma_\tau^3} \exp \left( -\frac{\Delta r^2}{2\sigma_\tau^2} \right), \quad (11)$$

where  $\Delta\mathbf{r} = |\Delta\mathbf{r}|$ .  $\sigma_\tau$  is an adjustable parameter that scales with  $\tau$  in a manner that depends on the nature of cell motion (subdiffusive, diffusive, ballistic). Because this approach is based on curve fitting, it can be used even when certain angles are not measurable. This is our case as, due to the direct beam,  $C$  is measurable only for  $q > 0.09 \mu\text{m}^{-1}$ .

### 3.3. Full multiple scattering model

To consolidate our model, we compared the prediction given by Eq. (3) to a full theoretical model of light transport in the MS regime. This model is presented in detail in Ref. [57]. Starting from first principles (i.e. generalized scattering matrix for a moving scatterer), a transport equation is derived directly for the temporal correlation function of the field  $g^{(1)}$ . This equation, similar to the well-known Radiative Transfer Equation (RTE) reads in the steady-state regime:

$$\left[ \mathbf{u} \cdot \nabla_{\mathbf{r}} + \frac{1}{\ell_s} \right] g^{(1)}(\mathbf{r}, \mathbf{u}, \tau) = \frac{1}{\ell_s} \int k_0^2 p_s (k_0(\mathbf{u} - \mathbf{u}')) \tilde{h}(k_0|\mathbf{u} - \mathbf{u}'| \tau) g^{(1)}(\mathbf{r}, \mathbf{u}', \tau) d\mathbf{u}' \quad (12)$$

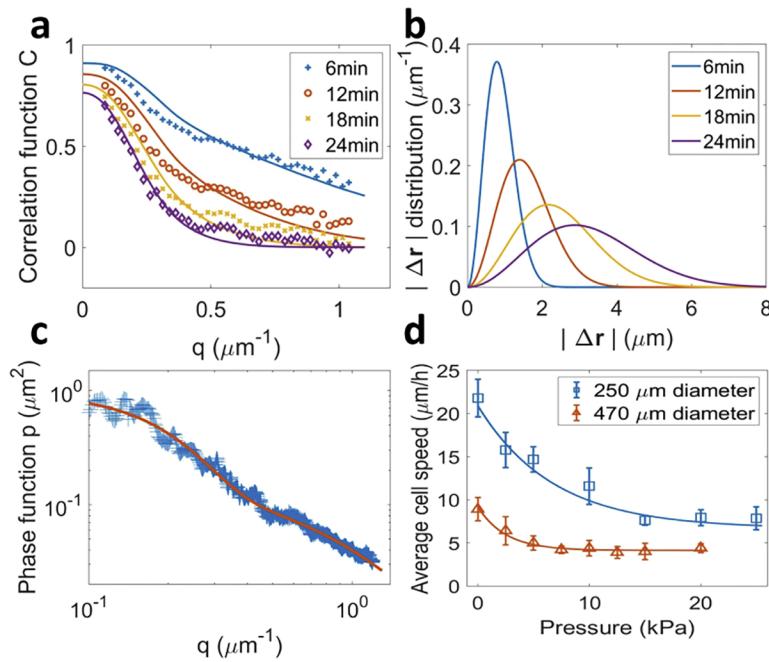
where  $\tilde{h}$  is the 1D Fourier transform of

$$\tilde{h}(w) = \int \delta \left[ w - \frac{\mathbf{w} \cdot \mathbf{v}}{w} \right] h(\mathbf{v}) d\mathbf{v}. \quad (13)$$

$h(\mathbf{v})$  is the velocity distribution of the scatterers. It is related to the displacement distribution by the relation

$$h(\mathbf{v}) = \frac{D(\tau\mathbf{v}, \tau)}{\tau}. \quad (14)$$

In Eq. (12),  $g^{(1)}(\mathbf{r}, \mathbf{u}, \tau)$  is the Wigner transform of the field time correlation function [57]. It gives access to the time decorrelation of the field at a given point  $\mathbf{r}$  and for a given direction  $\mathbf{u}$



**Fig. 4.** (a) Autocorrelation functions  $C(q, \tau)$  measured for a  $L = 413 \mu\text{m}$  spheroid, with a delay going from 6 to 24 min (markers). Data was fitted (lines) using Eqs. (4), 3 and 11. Fitting parameters are  $\sigma = 0.79 \mu\text{m}$ ,  $1.40 \mu\text{m}$ ,  $2.16 \mu\text{m}$  and  $2.87 \mu\text{m}$ . (b) Cell displacements magnitude distribution ( $D(\Delta r, \tau)$ ) multiplied by  $4\pi|\Delta r|^2$  deduced from the fit of (a). (c) Phase function  $p$  measured for a spheroid of  $146 \mu\text{m}$  in diameter, averaged azimuthally. Data was fitted using Eqs. (4) and 8. (d) Mean cells speed inside spheroids as a function of the pressure applied, for spheroids of respectively  $250 \mu\text{m}$  and  $470 \mu\text{m}$  in diameter (markers). Data was fitted by an exponential decay (lines).

inside or outside the medium. It is strictly equivalent to the specific intensity in the case of a static disordered medium. This RTE-type equation states that light propagates following a random walk process where the average step-size is  $\ell_s$  and the angular redistribution at each scattering event is given by  $p_s$ . A time decorrelation occurs also at each scattering event because of the Doppler shift taken into account in  $h$  in Eq. (12). This model is valid in a dilute inhomogeneous medium such as  $k_0\ell_s \gg 1$  and for all possible optical thicknesses  $b = L/\ell_s$  (from single-scattering to diffusion). To the best of our knowledge, analytical solutions of a RTE-type equation are limited to very simple geometries and the case of a spheroid, even with a homogeneous density of scatterers, requires a numerical treatment. The simplest numerical algorithm to solve this problem is the well-known Monte Carlo method. This is particularly adapted to obtain directly the field temporal correlation function for the beam radiated in far-field. To reproduce experimental conditions, parameters of the simulation were fixed at their experimental values. The phase function was taken from Eq. (8) with the subsequent coefficients values, the wavelength was  $\lambda = 0.85 \mu\text{m}$  and the scattering mean free path was  $\ell_s = 76 \mu\text{m}$ . The dilute assumption was then largely fulfilled. The spheroid was shined with a Gaussian beam of waist  $w = 192 \mu\text{m}$  centered in the spheroid center. Finally, the Siegert relation was used to deduce the intensity temporal correlation function assuming that we had a Gaussian statistical field [58]:

$$C = |g^{(1)}|^2. \quad (15)$$

Fig. 3 (d) and (e) show the comparison, on virtual samples, between  $C$  obtained by simulation of the full multiple scattering model (dash black line) and  $C$  calculated with Eqs. (4) and 3 (plain orange line). In silico samples were homogeneous spheres of  $L = 250 \mu\text{m}$  (d) or  $L = 470 \mu\text{m}$  (e), containing scatterers whose displacement distribution follows Eq. (11) with  $\sigma_\tau = 5 \mu\text{m}$ . As an indication, the  $C$  that would have been obtained in the single scattering regime is represented (plain blue line). In all cases, we found a very good agreement between our model prediction and the simulations. This confirms the validity of the hypotheses we used, in particular the approximation of straight line trajectories in the calculation of  $\alpha_k$ .

### 3.4. Cell displacements inside a spheroid

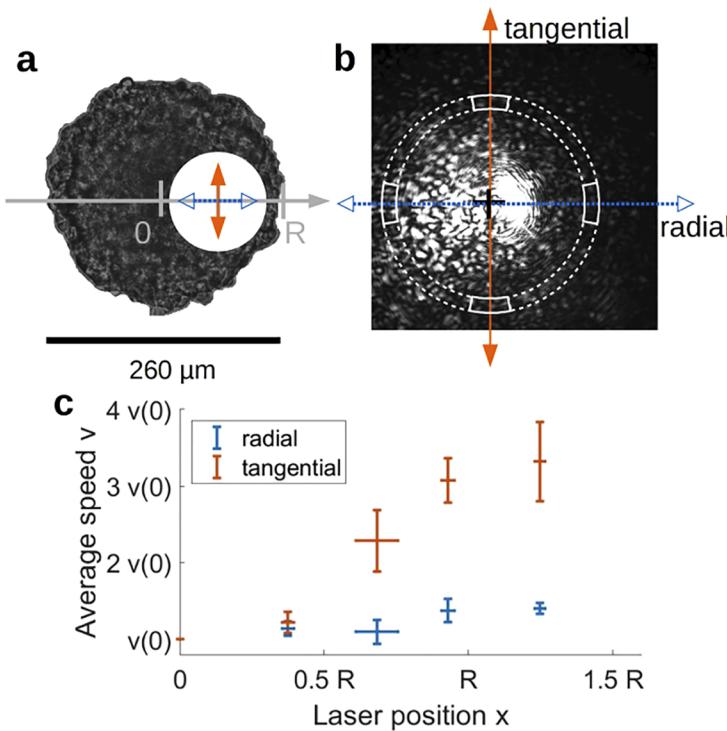
Figure 4 (a) shows an example of  $C(q, \tau)$  measured for  $\tau = 6 \text{ min}, 12 \text{ min}, 18 \text{ min}$  and  $24 \text{ min}$ , in a spheroid of  $413 \mu\text{m}$  in diameter.  $C$  is azimuthally symmetric and is therefore only represented as a function of  $q = |\Delta q|$ . Figure 4 (b) shows the corresponding fitting distributions (Eq. (11)) of the amplitude of displacements [ $4\pi|\Delta r|^2 D(\Delta r, \tau)$ ]. The evolution of the distribution gives information about the type of motion. Here, the average distance traveled by cells ( $2\sqrt{2}/\pi\sigma$ ) increases nearly proportionally with time:  $1.3, 2.2, 3.4$  and  $4.6 \mu\text{m}$ . Hence cells move in a ballistic manner (constant speed) inside a spheroid. The four  $C$  curves can be fitted altogether to Eq. (11), using a unique function  $\sigma(\tau) = \bar{v}\tau/(2\sqrt{2}/\pi)$ , where  $\bar{v}$  is the average speed of the cells,  $\bar{v} = 11.4 \mu\text{m/h}$ . In every measurement performed on spheroids, ballistic motion was observed for delays smaller than  $30 \text{ min}$ . However, a progressive deviation toward a Brownian motion ( $\sigma(\tau) \propto \tau^{1/2}$ ) was observed for longer delays, suggesting cells perform a random walk with steps lasting more than  $30 \text{ min}$ . Finally, the shape of the speed distribution gives information about the cell population diversity, with a standard deviation of  $12.4 \mu\text{m/h}$ .

### 3.5. Cell motility under pressure

There are evidences that a moderate compressive stress (500 Pa to 5000 Pa) inhibits cell proliferation inside MCS [51]. With MS-DLS we can now easily determine whether the pressure-induced proliferation arrest correlates with a reduction in cell motility. To do so, we measured the mean cell velocity inside spheroids submitted to pressures up to 25kPa, which are the typical stresses that tumors receive *in vivo* from its surrounding environment [59]. Applying a pressure to spheroids did not affect the type of motion nor the shape of the distribution. For this reason, the impact of pressure on cells motility was only characterized by the evolution of the average speed of cells  $\bar{v}$ . Blue squares in Fig. 4 (d) display the mean cell speed  $\bar{v}(P)$  as a function of pressure, for spheroids with a diameter of  $250 \mu\text{m}$ . The velocity exponentially decreases (blue lines) from  $\bar{v}(0 \text{kPa}) = 22 \pm 2 \mu\text{mm/h}$  to  $\bar{v}(25 \text{kPa}) = 7 \pm 3 \mu\text{m/h}$ . Interestingly, cells inside larger spheroids ( $L = 470 \mu\text{m}$ ) are systematically slower, even without pressure, and the plateau is reached at lower pressures (red triangles). In large spheroids, we measured  $\bar{v}(0) = 9 \pm 1 \mu\text{m/h}$  and  $\bar{v}(\infty) = 4.1 \pm 0.3 \mu\text{m/h}$ .

### 3.6. Radial profile of cell speed inside spheroids

We made the approximation of a homogeneous sample (hypothesis iv), but spheroids are known to be heterogeneous, with a radial structure [60]. To test whether a heterogeneity also existed in term of cell speed, and measure if it does, we probed the local cell velocity. To do so, the laser waist was reduced to  $120 \pm 40 \mu\text{m}$ : smaller than the spheroid but large enough to have a reasonable statistic ( $\sim 500$  cells). The center of the laser was positioned at different distances from the center of the spheroid to measure cells speed radial profile [see Fig. 5 (a)]. To compare spheroids of different diameters ( $240 \mu\text{m}$  to  $480 \mu\text{m}$ ), we introduced the normalized coordinates  $r/R$ , where  $R$  is the spheroid radius and  $r$  the distance from the center, and  $v(r/R)/v_0$ , where  $v_0$  is the mean velocity of the cells measured at  $r/R = 0$ .



**Fig. 5.** (a) Diagram representing a spheroid and the area illuminated by the laser positioned on the side of the spheroid. Arrows indicate radial (white) and tangential (black) directions. (b) Example of a diffraction pattern obtained for an off-center illuminated spheroid. Radial and tangential directions are indicated similarly to (a). For a given direction and a given  $q$  norm, pixels included inside white sections are considered. (c) Cell velocity  $v/v_0$  as a function of the laser position  $r/R$ , normalized by the speed at the center  $v_0$ .

When the laser is off-center, the rotational symmetry of the spheroid is lost. This is clearly visible in the speckle pattern of the scattered light [see Fig. 5(b)]. As a consequence, the correlation function was measured for each axis. For a given direction and a given  $q$  norm, pixels used for  $C$  calculation are comprised inside two  $\pi/8$  sections centered on the axis [see Fig. 5(b)]. Radial and tangential  $C$  were then fitted together as described above, with an empirical parametric function for the displacement distribution  $D(\Delta\mathbf{r}, \tau)$ . As previously, we chose a Gaussian distribution, but with two independent axes:

$$D(\Delta\mathbf{r}, \tau) = \frac{8}{(\pi\tau)^3 \bar{v}_r \bar{v}_t^2} \exp \left[ -\frac{4}{\pi} \left\{ \left( \frac{\Delta r_r}{\tau \bar{v}_r} \right)^2 + \left( \frac{\Delta r_t}{\tau \bar{v}_t} \right)^2 + \left( \frac{\Delta r_z}{\tau \bar{v}_t} \right)^2 \right\} \right] \quad (16)$$

where  $\Delta r_r$ ,  $\Delta r_t$  and  $\Delta r_z$  are respectively the radial, the tangential and the optical axis components of  $\Delta\mathbf{r}$ . The average speed along the optical axis was chosen to be equal to the one tangential one, but it actually has no impact on the result of the calculation. Radial ( $\bar{v}_r$ ) and tangential ( $\bar{v}_t$ ) velocities are fitted for each laser position with respect to the spheroid center [see Fig. 5(c)].

At the center of the spheroid, both directions are equivalent and therefore speeds are identical ( $\bar{v}_t/\bar{v}_r = 0.98 \pm 0.04$ ). Moving the laser toward the surface, two features appear: both speeds increase toward the surface and tangential speed becomes greater than radial speed. Note that, due to the finite beam waist,  $r/R$  may be greater than 1, while the laser beam still intersects the spheroid.

## 4. Discussion

### 4.1. DLS extension to multiple scattering

In the diffusion regime (DWS), the large number of scattering events effectively mixes up the signal from different scattering angles, with a loss of information. As a result, the autocorrelation function is flattened, as illustrated in simulations showed in Fig. 3 (d) and (e). If we consider C as a function of the delay for a given scattering vector, the flattening implies a faster loss in intensity auto-correlation as compared to the single-scattering regime, meaning intensity fluctuates more rapidly. As expected, this flattening is exacerbated in thicker samples [Fig. 3 (e) as compared to (d)]. Using MS-DLS, this effect can be corrected, by adjusting the parametric model of the MS signal to experimental measurements. An analytical solution allows for tremendously faster curve fitting as compared to Monte Carlo simulations. Moreover, our model helps understanding how MS modifies the signal, making it easier to choose a parametric model for the dynamics of the sample. Two aspects limits MS-DLS to samples thinner than  $\ell^*$ . First, because it relies on angular dependence of the correlation function, which is lost for  $L > \ell^*$ . Secondly, in the calculation of  $\alpha_k$  (Eq. (6)), we assumed that photons follow straight line trajectories. This is not true for  $L > \ell^*$  and proper calculation requires random walk Monte Carlo simulations.

Results from Fig. 5 show that the hypothesis of homogeneity was not valid, which might induce a bias in the average of cells speed. This assumption was used to transit from Eq. (39) to Eq. (41) in the [appendix](#), but a more restrictive hypothesis is enough: that the dynamics of the population of cells involved in k-times scattered photons does not depend on k. This is not true for spheroids because photons scattered a small amount of time mainly come from the sides of the spheroid where cells are faster. To evaluate the bias induced in spheroid-averaged speed, we fitted data in Fig. 4 considering a simpler, but exaggerated, model where fast cells (standard deviation of  $2\sigma_\tau$  in Eq. (11)) are involved in slightly-scattered photons ( $k \leq 4$ , 56% of scattered light) while slow cells ( $\sigma_\tau/2$ ) are involved in highly scattered photons ( $k > 4$ , 44% of scattered light). Instead of previous average distances 1.3, 2.2, 3.4 and 4.6  $\mu\text{m}$ , we found 0.8, 1.3, 2.2 and 2.5  $\mu\text{m}$ . Under homogeneity hypothesis, speed are overestimated by a factor 1.7 in average because phase dynamics is dominated by slightly scattered photons, involving fast cells in our case. In reality, this factor should be smaller as highly scattered photons also involve cells from the surface. In any case, relative measurement of speed is still valid and absolute measurement can be achieved by reducing the width of the probing laser beam.

### 4.2. Cell motility under pressure

Pressure inside multi-cellular system result from two components: a growth induced internal pressure [61,62] and an external pressure coming from the surrounding tissues. Both are present in our experiments, the second one being mimicked by the pressure induced by Dextran molecules. The resulting pressure increases from the periphery to the core [63] which correlates with the decrease of speed observed in Fig. 5 (c). To check whether pressure causes a cell displacements reduction, we varied its intensity by adding an external pressure or by making larger (older) spheroids with an increased growth pressure [64]. Figure 4 (d) shows that in both cases, the average cell speed is decreased when pressure is increased. The speed is more than halved at 7kPa and 15kPa, respectively for large and small spheroids ; Then a plateau is reached. It is noticeable that the same pressure slows cell proliferation in spheroids made from cells of the same line [50]. Interestingly, this pressure also corresponds to the maximal stress that a growing tumor can exerts on its surroundings [59], defined as the homeostatic pressure in [65]. We conclude that aggregates are sensitive to stresses up to the homeostatic pressure, with no additional effect above this threshold. The effect of pressure on cell displacements depends on the cell line. Janet *et al.*

[66] showed on cells sheets that pressure could increase the migration of aggressive cancerous cells while decreasing the migration of less invasive cells. It might also depend on the direct surroundings of a cell. Using the same cell line as ours, Alessandri *et al.* [67] measured an increased migration under pressure at the surface of encapsulated spheroids.

## 5. Conclusion

MS-DLS is an analytical method that can measure cell motion in opaque samples thinner than the transport mean free path  $\ell^*$ . Based on small-angle light scattering, it can be implemented on any microscope devoted to biological imaging with the addition of few optical elements. We applied it to the measurement of cell motion inside multicellular aggregates, quantifying how much external mechanical constraints impair cell displacements. This experiment could be extended to the study of cell migration regulation under numerous conditions: mechanical constraints, genetic mutations, temperature, drugs. More generally, our technique would prove useful in studying the migration of specific cells (cancer cells, macrophages) inside complex environments (gels with inclusions, ex vivo tissues).

## Appendix : MS-DLS analysis formula demonstration

In this appendix, we demonstrate the formula used to obtain cell displacement distribution from the intensity correlation function (Eqs. (3) and (4) in Results section).

### 5.1 Light propagation

Light propagation is modeled as photons going from a scatterer to another inside the spheroid to finally emit a wave at the last scattering. First, we calculate the relative phase shift between photons, depending on the changes of propagation direction at each scattering event. Figure 6 shows an example of a photon being scattered twice: at positions  $r_1$  and  $r_2$ . As phase reference in the calculation of the phase shift, we take a photon scattered once, at the center of the spheroid.  $u_i$ ,  $u_1$  and  $u_s$  are the directions of the photon incoming, scattered once and outgoing respectively. The scattering angle of observation is  $q = k_0(u_s - u_i)$  and we note  $q_1 = k_0(u_1 - u_i)$  and  $\delta = r_2 - r_1$ . As in DLS or DWS, the phase shift is calculated from the difference in the optical path of the photon. In this example, the phase shift  $\phi$  is:

$$\begin{aligned}\phi &= k_0(u_i \cdot r_1 + u_1 \cdot \delta - u_s \cdot r_2) \\ &= k_0(u_i \cdot r_1 + u_1 \cdot (r_2 - r_1) - u_s \cdot r_2) \\ &= -q_1 \cdot r_1 + k_0(u_1 - u_s) \cdot r_2 \\ &= -q_1 \cdot r_1 + (q_1 - q) \cdot r_2\end{aligned}\tag{17}$$

This result is equivalent to what we would obtain from the transport equation (Eq. (12)) which was derived from first principles by controlling rigorously the approximations made [57].

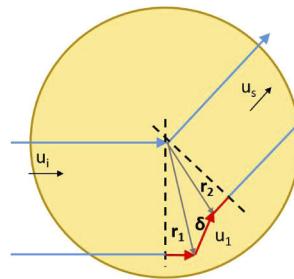
In the general case of  $k$  scattering events at positions  $r_m$  for  $m$  in  $[1..k]$ , with directions  $u_m$  associated to  $q_m = k_0(u_m - u_i)$ , the phase shift is:

$$\phi(q, t) = -\sum_{m=1}^k (q_m - q_{m-1}) \cdot r_m(t)\tag{18}$$

With  $q_0 = \mathbf{0}$  and  $q_k = q$ . The electrical field on the detector is taken as the addition of all waves emitted by  $N$  scattering cells:

$$E(q, t) = \sum_{j=1}^N E_j(q) e^{i\phi_j(t)}\tag{19}$$

where  $E_j$  is the amplitude of the field scattered by the  $j^{th}$  cell and  $\phi_j$  its phase shift.  $E_j$  is determined by the cell shape. We assume that light fluctuations due to cell shape changes are negligible as



**Fig. 6.** Diagram showing the trajectory of a photon scattered twice (bottom) inside a spheroid, compared with the phase reference trajectory (up).  $\mathbf{u}_i$ ,  $\mathbf{u}_1$  and  $\mathbf{u}_s$  are the directions of the photon incoming, scattered once and outgoing respectively. Scattering events are located at position  $\mathbf{r}_1$  and  $\mathbf{r}_2$  with  $\delta = \mathbf{r}_2 - \mathbf{r}_1$ .

compared to those due to cell displacements (hypothesis i). The smaller the scattering vector is, the less details of the cell shape impact  $E_j(\mathbf{q})$  and the more valid this hypothesis is. Following hypothesis i, we assume  $E_j$  to be constant over time.

### 5.2 Phase function

Let us start with the phase function in Eq. (4). The temporal average intensity is:

$$\begin{aligned}
 \langle I(\mathbf{q}, t) \rangle_t &= \langle |E(\mathbf{q}, t)|^2 \rangle_t \\
 &= \langle E(\mathbf{q}, t) \overline{E(\mathbf{q}, t)} \rangle_t \\
 &= \left\langle \left( \sum_j^N E_j(\mathbf{q}) e^{i\phi_j(\mathbf{q}, t)} \right) \left( \sum_m^N E_m(\mathbf{q}) e^{-i\phi_m(\mathbf{q}, t)} \right) \right\rangle_t \\
 &= \left\langle \sum_{j,m}^N E_j(\mathbf{q}) e^{i\phi_j(\mathbf{q}, t)} E_m(\mathbf{q}) e^{-i\phi_m(\mathbf{q}, t)} \right\rangle_t \\
 &= \sum_{j,m}^N E_j(\mathbf{q}) E_m(\mathbf{q}) \langle e^{i\phi_j(\mathbf{q}, t)} e^{-i\phi_m(\mathbf{q}, t)} \rangle_t
 \end{aligned} \tag{20}$$

We make the hypothesis that cell positions are not correlated (hypothesis ii). Because different phases  $\phi$  rely on different cells, they are not correlated and we have:

$$\langle e^{i\phi_j(\mathbf{q}, t)} e^{-i\phi_m(\mathbf{q}, t)} \rangle_t = \begin{cases} \langle e^{i\phi_j(\mathbf{q}, t)} \rangle_t \langle e^{-i\phi_m(\mathbf{q}, t)} \rangle_t = 0 & \text{if } j \neq m \\ 1 & \text{if } j = m \end{cases}$$

Back to Eq. (20), we have:

$$\langle I(\mathbf{q}, t) \rangle_t = \sum_j^N E_j^2(\mathbf{q}) \tag{21}$$

As described in the main section, cells considered here correspond to the last event of scattering in the scattering chain of photons. We group them depending on the number of scattering in the chain.

Each group includes an average of  $N\alpha_k$  cells (see the definition of  $\alpha_k$  in the Results section *DLS extension to multiple scattering*), so that:

$$\langle I(\mathbf{q}, t) \rangle_t = \sum_k N\alpha_k \langle E_j^2(\mathbf{q}) \rangle_{j(k)} \quad (22)$$

where the average is over cells of indexes  $j(k)$  that are last scatterers of  $k$  times scattered photons.

$E_j^2$  can be decomposed into an amplitude factor  $I_0$  and a phase function. The phase function is the one of a single scatterer, noted  $p_s$  in the main section, with an orientation determined by the direction before the last scattering:

$$E_j^2(\mathbf{q}) = I_0 p_s(\mathbf{q} - \mathbf{q}_{k-1}(j)). \quad (23)$$

The average over  $j(k)$  is then taken as an average over possible trajectories. For  $k = 1$ ,  $\mathbf{q}_{k-1} = \mathbf{0}$  and:

$$\langle E_j^2(\mathbf{q}) \rangle_{j(1)} = I_0 p_s(\mathbf{q}) \quad (24)$$

For  $k = 2$ , the photon is first scattered in a direction  $\mathbf{q}_1$  with a probability  $p_s(\mathbf{q}_1)$  and the average calculated as:

$$\langle E_j^2(\mathbf{q}) \rangle_{j(2)} = \iint I_0 p_s(\mathbf{q}_1) p_s(\mathbf{q} - \mathbf{q}_1) d\mathbf{q}_1 = I_0 [p_s \circledast p_s](\mathbf{q}) \quad (25)$$

where  $[p_s \circledast p_s]$  is the convolution product of  $p_s$  with itself. In the general case, the photon undergoes  $k-1$  scattering in the successive directions  $\mathbf{q}_1, \dots, \mathbf{q}_{k-1}$ , associated with a probability  $p_s(\mathbf{q}_1)p_s(\mathbf{q}_2 - \mathbf{q}_1) \cdots p_s(\mathbf{q}_{k-1} - \mathbf{q}_{k-2})$  and the final phase function is  $p_s(\mathbf{q} - \mathbf{q}_{k-1})$ . Following the same reasoning, we obtain:

$$\langle E_j^2(\mathbf{q}) \rangle_{j(k)} = I_0 [p_s \circledast^k p_s](\mathbf{q}) \quad (26)$$

where  $[p_s \circledast^k p_s]$  is  $p_s$  convoluted to itself  $k$ -times, with the convention  $[p_s \circledast^0 p_s] = p_s$ . Replacing in Eq. (22), we get:

$$\langle I(\mathbf{q}, t) \rangle_t = NI_0 \sum_k \alpha_k [p_s \circledast^k p_s](\mathbf{q}) \quad (27)$$

To obtain  $p$ , Eq. (27) needs to be divided by the total intensity scattered:

$$\iint \langle I(\mathbf{q}, t) \rangle_t d\mathbf{q} = NI_0 \sum_k \alpha_k \iint [p_s \circledast^k p_s](\mathbf{q}) d\mathbf{q} = NI_0 \sum_k \alpha_k = NI_0 \quad (28)$$

Finally, we have:

$$p(\mathbf{q}) = \frac{\langle I(\mathbf{q}, t) \rangle_t}{NI_0} = \sum_k \alpha_k [p_s \circledast^k p_s](\mathbf{q}) \quad (29)$$

### 5.3 Intensity correlation function

This section details the calculation leading to Eq. (3) on  $C$ .

For our sample,  $\langle I(\mathbf{q}, t) \rangle_\varphi = \langle I(\mathbf{q}, t) \rangle_t$ . The average intensity is thus written  $\langle I(\mathbf{q}) \rangle$  hereafter and is time and  $\varphi$  independent. Under this condition, the intensity correlation function  $C$  becomes:

$$C(\mathbf{q}, \tau) = \frac{\langle I(\mathbf{q}, t)I(\mathbf{q}, t + \tau) \rangle_t}{\langle I(\mathbf{q}) \rangle^2} - 1 \quad (30)$$

We introduce cell displacements over the period  $\tau$  as:

$$\Delta\mathbf{r}(t, \tau) = \mathbf{r}(t + \tau) - \mathbf{r}(t) \quad (31)$$

Phase modifications are then expressed as:

$$\begin{aligned} \Delta\phi(\mathbf{q}, t, \tau) &= \phi(\mathbf{q}, t + \tau) - \phi(\mathbf{q}, t) \\ &= - \sum_{m=1}^k (\mathbf{q}_m - \mathbf{q}_{m-1}) \cdot (\mathbf{r}_m(t + \tau) - \mathbf{r}_m(t)) \\ &= - \sum_{j=m}^k (\mathbf{q}_m - \mathbf{q}_{m-1}) \cdot \Delta\mathbf{r}_m(t, \tau) \end{aligned} \quad (32)$$

Where we made the approximation that  $\mathbf{q}_m$  are constant over time (hypothesis iii). This approximation is valid if the distance between scattering events of a single photon trajectory ( $\approx$  mean free path) is large as compared to cell displacements.

First, we calculate  $\langle I(\mathbf{q}, t)I(\mathbf{q}, t + \tau) \rangle_t$  using Eq. (19):

$$\begin{aligned} &\langle I(\mathbf{q}, t)I(\mathbf{q}, t + \tau) \rangle_t \\ &= \langle E(\mathbf{q}, t)\bar{E}(\mathbf{q}, t)E(\mathbf{q}, t + \tau)\bar{E}(\mathbf{q}, t + \tau) \rangle_t \\ &= \left\langle \left( \sum_j^N E_j(\mathbf{q}) e^{i\phi_j(\mathbf{q}, t)} \right) \left( \sum_l^N E_l(\mathbf{q}) e^{-i\phi_l(\mathbf{q}, t)} \right) \left( \sum_m^N E_m(\mathbf{q}) e^{i\phi_m(\mathbf{q}, t + \tau)} \right) \left( \sum_p^N E_p(\mathbf{q}) e^{-i\phi_p(\mathbf{q}, t + \tau)} \right) \right\rangle_t \\ &= \left\langle \sum_{j,l,m,p}^N E_j(\mathbf{q})E_l(\mathbf{q})E_m(\mathbf{q})E_p(\mathbf{q}) e^{i(\phi_j(\mathbf{q}, t) - \phi_l(\mathbf{q}, t))} e^{i(\phi_m(\mathbf{q}, t + \tau) - \phi_p(\mathbf{q}, t + \tau))} \right\rangle_t \\ &= \sum_{j,l,m,p}^N E_j(\mathbf{q})E_l(\mathbf{q})E_m(\mathbf{q})E_p(\mathbf{q}) \langle e^{i(\phi_j(\mathbf{q}, t) - \phi_l(\mathbf{q}, t))} e^{-i\phi_l(\mathbf{q}, t)} e^{i\phi_m(\mathbf{q}, t + \tau)} e^{-i\phi_p(\mathbf{q}, t + \tau)} \rangle_t \end{aligned} \quad (33)$$

As in the calculation of the phase function,  $A = \langle e^{i(\phi_j(\mathbf{q}, t) - \phi_l(\mathbf{q}, t))} e^{i(\phi_m(\mathbf{q}, t + \tau) - \phi_p(\mathbf{q}, t + \tau))} \rangle_t$  is non null only if:

- $j = l$  and  $m = p$ , leading to  $A = 1$ .
- $j = p$  and  $l = m$  with  $m \neq p$ , leading to

$$A = \langle e^{i(\phi_j(\mathbf{q}, t) - \phi_j(\mathbf{q}, t + \tau))} \rangle_t \langle e^{i(\phi_m(\mathbf{q}, t + \tau) - \phi_m(\mathbf{q}, t))} \rangle_t = \langle e^{-i\Delta\phi_j(\mathbf{q}, t, \tau)} \rangle_t \langle e^{i\Delta\phi_m(\mathbf{q}, t, \tau)} \rangle_t \quad (34)$$

- $j = m$  and  $l = p$  with  $m \neq p$ , leading to

$$A = \langle e^{i(\phi_j(\mathbf{q}, t) + \phi_j(\mathbf{q}, t + \tau))} \rangle_t \langle e^{-i(\phi_p(\mathbf{q}, t) + \phi_p(\mathbf{q}, t + \tau))} \rangle_t = 0 \quad (35)$$

As a consequence, Eq. (33) can be written:

$$\begin{aligned} \langle I(\mathbf{q}, t)I(\mathbf{q}, t + \tau) \rangle_t &= \sum_{j,m}^N E_j^2(\mathbf{q})E_m^2(\mathbf{q}) + \sum_{j,m}^N E_j^2(\mathbf{q})E_m^2(\mathbf{q})\langle e^{-i\Delta\phi_j(\mathbf{q}, t, \tau)} \rangle_t \langle e^{i\Delta\phi_m(\mathbf{q}, t, \tau)} \rangle_t \\ &= \langle I(\mathbf{q}) \rangle^2 + \left( \sum_j^N E_j^2(\mathbf{q})\langle e^{-i\Delta\phi_j(\mathbf{q}, t, \tau)} \rangle_t \right) \left( \sum_m^N E_m^2(\mathbf{q})\langle e^{i\Delta\phi_m(\mathbf{q}, t, \tau)} \rangle_t \right) \\ &= \langle I(\mathbf{q}) \rangle^2 + \left| \sum_j^N E_j^2(\mathbf{q})\langle e^{i\Delta\phi_j(\mathbf{q}, t, \tau)} \rangle_t \right|^2 \end{aligned} \quad (36)$$

and the correlation function becomes:

$$C(\mathbf{q}, \tau) = \frac{\left| \sum_j^N E_j^2(\mathbf{q})\langle e^{i\Delta\phi_j(\mathbf{q}, t, \tau)} \rangle_t \right|^2}{\langle I(\mathbf{q}) \rangle^2} \quad (37)$$

Now, we take separately the sum, and rearrange the terms depending on the number k of scattering events, as we did previously in Eq. (22):

$$\sum_j^N E_j^2(\mathbf{q})\langle e^{i\Delta\phi_j(\mathbf{q}, t, \tau)} \rangle_t = \sum_k N\alpha_k \langle E_j^2(\mathbf{q})e^{i\Delta\phi_j(\mathbf{q}, t, \tau)} \rangle_{t,j(k)} \quad (38)$$

where the average is now also over cells of indexes j(k) that are last scatterers of k times scattered photons.

Finally, using Eqs. (23) and (32) we calculate:

$$\begin{aligned} \langle E_j^2(\mathbf{q})e^{i\Delta\phi_j(\mathbf{q}, t, \tau)} \rangle_{t,j(k)} &= I_0 \langle p_s(\mathbf{q} - \mathbf{q}_{k-1})e^{-i\sum_{m=1}^k (\mathbf{q}_m - \mathbf{q}_{m-1}) \cdot \Delta\mathbf{r}_m(t, \tau)} \rangle_{t,j(k)} \\ &= I_0 \langle p_s(\mathbf{q} - \mathbf{q}_{k-1}) \prod_{m=1}^k e^{-i(\mathbf{q}_m - \mathbf{q}_{m-1}) \cdot \Delta\mathbf{r}_m(t, \tau)} \rangle_{t,j(k)} \end{aligned} \quad (39)$$

We assume that all cells follow the same displacement probability  $D_\tau(\Delta\mathbf{r})$ , i.e. the sample is homogeneous in terms of cell displacements (hypothesis iv). As a consequence, photon trajectories, given by the  $\mathbf{q}_j$ , are independent on specific cells and the average over trajectories can be separated from the average over time.

$$\langle E_j^2(\mathbf{q})e^{i\Delta\phi_j(\mathbf{q}, t, \tau)} \rangle_{t,j(k)} = I_0 \langle p_s(\mathbf{q} - \mathbf{q}_{k-1}) \prod_{m=1}^k \langle e^{-i(\mathbf{q}_m - \mathbf{q}_{m-1}) \cdot \Delta\mathbf{r}_m(t, \tau)} \rangle_t \rangle_{j(k)} \quad (40)$$

Taking separately the average over time, we notice that:

$$\langle e^{-i(\mathbf{q}_j - \mathbf{q}_{j-1}) \cdot \Delta\mathbf{r}_j(t, \tau)} \rangle_t = \iiint D_\tau(\Delta\mathbf{r}) e^{-i(\mathbf{q}_j - \mathbf{q}_{j-1}) \cdot \Delta\mathbf{r}} d\Delta\mathbf{r} = \widetilde{D}_\tau(\mathbf{q}_j - \mathbf{q}_{j-1}) \quad (41)$$

$\widetilde{D}_\tau$  being the 3D Fourier transform of  $D_\tau$ . Back to the previous equation:

$$\begin{aligned}
 & \langle E_m^2(\mathbf{q}) e^{i\Delta\phi_j(\mathbf{q}, t, \tau)} \rangle_{l, j(k)} \\
 &= I_0 \langle p_s(\mathbf{q} - \mathbf{q}_{k-1}) \prod_{j=1}^k \widetilde{D}(\mathbf{q}_j - \mathbf{q}_{j-1}) \rangle_{j(k)} \\
 &= I_0 \int \cdots \int p_s(\mathbf{q}_1) \widetilde{D}_\tau(\mathbf{q}_1) p_s(\mathbf{q}_2 - \mathbf{q}_1) \widetilde{D}_\tau(\mathbf{q}_2 - \mathbf{q}_1) \cdots p_s(\mathbf{q} - \mathbf{q}_{k-1}) \widetilde{D}_\tau(\mathbf{q} - \mathbf{q}_{k-1}) d\mathbf{q}_1 \cdots d\mathbf{q}_{k-1} \\
 &= I_0 \int \cdots \int [p_s \widetilde{D}_\tau \circledast p_s \widetilde{D}_\tau](\mathbf{q}_2) [p_s \widetilde{D}_\tau](\mathbf{q}_3 - \mathbf{q}_2) \cdots [p_s \widetilde{D}_\tau](\mathbf{q} - \mathbf{q}_{k-1}) d\mathbf{q}_2 \cdots d\mathbf{q}_{k-1} \\
 &= I_0 \left[ p_s \widetilde{D}_\tau \circledast^{k-1} p_s \widetilde{D}_\tau \right] (\mathbf{q})
 \end{aligned} \tag{42}$$

Introducing this result in Eq. (38) and then in the correlation function expression Eq. (37):

$$C(\mathbf{q}, \tau) = \frac{\left| NI_0 \sum_k \alpha_k [p_s \widetilde{D}_\tau \circledast^{k-1} p_s \widetilde{D}_\tau](\mathbf{q}) \right|^2}{\langle I(\mathbf{q}) \rangle^2} \tag{43}$$

Finally, as  $p = \frac{\langle I(\mathbf{q}) \rangle}{NI_0}$ , we have:

$$C(\mathbf{q}, \tau) = \left| \frac{1}{p(\mathbf{q})} \sum_k \alpha_k [p_s \widetilde{D}_\tau \circledast^{k-1} p_s \widetilde{D}_\tau](\mathbf{q}) \right|^2 \tag{44}$$

## Funding

Institut National de la Santé et de la Recherche Médicale (PC201407); Agence Nationale de la Recherche (ANR-10-IDEX-0001-02 PSL\*).

## Acknowledgments

We thank Pr. R. Carminati for his significant contribution in initiating this work.

BB, GC, AM and AD designed the experiments; BB built up and characterized the experimental device and conceived the MS-DLS analysis; BB, VL, AM and MD performed the experiments; RP carried out numerical simulations and supervised the theoretical work; GC supervised the experimental work; BB, RP and GC wrote the manuscript.

## Disclosures

The authors declares no conflict of interest.

## References

1. S. W. Hell and J. Wichmann, "Breaking the diffraction resolution limit by stimulated emission: stimulated-emission-depletion fluorescence microscopy," *Opt. Lett.* **19**(11), 780–782 (1994).
2. K. A. Lidke, B. Rieger, T. M. Jovin, and R. Heintzmann, "Superresolution by localization of quantum dots using blinking statistics," *Opt. Express* **13**(18), 7052–7062 (2005).
3. M. J. Rust, M. Bates, and X. Zhuang, "Stochastic optical reconstruction microscopy (storm) provides sub-diffraction-limit image resolution," *Nat. Methods* **3**(10), 793–796 (2006).
4. T. Wilson, "Optical aspects of confocal microscopy," *Confocal Microscopy* pp. 93–141 (1990).
5. W. Denk, J. H. Strickler, and W. W. Webb, "Two-photon laser scanning fluorescence microscopy," *Science* **248**(4951), 73–76 (1990).
6. J. Huisken, J. Swoger, F. Del Bene, J. Wittbrodt, and E. H. K. Stelzer, "Optical sectioning deep inside live embryos by selective plane illumination microscopy," *Science* **305**(5686), 1007–1009 (2004).
7. J. Huisken and D. Y. R. Stainier, "Even fluorescence excitation by multidirectional selective plane illumination microscopy (mspim)," *Opt. Lett.* **32**(17), 2608–2610 (2007).

8. P. J. Verveer, J. Swoger, F. Pampaloni, K. Greger, M. Marcello, and E. H. K. Stelzer, "High-resolution three-dimensional imaging of large specimens with light sheet-based microscopy," *Nat. Methods* **4**(4), 311–313 (2007).
9. D. Huang, E. A. Swanson, C. P. Lin, J. S. Schuman, W. G. Stinson, W. Chang, M. R. Hee, T. Flotte, K. Gregory, C. A. Puliafito, and J. Fujimoto, "Optical coherence tomography," *Science* **254**(5035), 1178–1181 (1991).
10. P. Yu, M. Mustata, J. J. Turek, P. M. W. French, M. R. Melloch, and D. D. Nolte, "Holographic optical coherence imaging of tumor spheroids," *Appl. Phys. Lett.* **83**(3), 575–577 (2003).
11. J. A. Izatt, M. A. Choma, and A.-H. Dhalla, "Theory of optical coherence tomography," *Optical Coherence Tomography: Technology and Applications* pp. 65–94 (2015).
12. C.-E. Leroux, J. Palmier, A. C. Boccara, G. Cappello, and S. Monnier, "Elastography of multicellular aggregates submitted to osmo-mechanical stress," *New J. Phys.* **17**(7), 073035 (2015).
13. Z. Yaqoob, D. Psaltis, M. S. Feld, and C. Yang, "Optical phase conjugation for turbidity suppression in biological samples," *Nat. Photonics* **2**(2), 110–115 (2008).
14. M. Jang, H. Ruan, I. M. Vellekoop, B. Judkewitz, E. Chung, and C. Yang, "Relation between speckle decorrelation and optical phase conjugation (opc)-based turbidity suppression through dynamic scattering media: a study on *in vivo* mouse skin," *Biomed. Opt. Express* **6**(1), 72–85 (2015).
15. W.-F. Cheong, S. A. Prahl, and A. J. Welch, "A review of the optical properties of biological tissues," *IEEE J. Quantum Electron.* **26**(12), 2166–2185 (1990).
16. S. L. Jacques, "Optical properties of biological tissues: a review," *Phys. Med. Biol.* **58**(11), R37–R61 (2013).
17. A. Badon, A. C. Boccara, G. Lerosey, M. Fink, and A. Aubry, "Multiple scattering limit in optical microscopy," *Opt. Express* **25**(23), 28914–28934 (2017).
18. C. Riva, B. Ross, and G. B. Benedek, "Laser doppler measurements of blood flow in capillary tubes and retinal arteries," *Investigative Ophthalmology & Visual Science* **11**, 936–944 (1972).
19. V. Rajan, B. Varghese, T. G. van Leeuwen, and W. Steenbergen, "Review of methodological developments in laser doppler flowmetry," *Lasers Med. Sci.* **24**(2), 269–283 (2009).
20. A. Fercher and J. D. Briers, "Flow visualization by means of single-exposure speckle photography," *Opt. Commun.* **37**(5), 326–330 (1981).
21. A. K. Dunn, "Laser speckle contrast imaging of cerebral blood flow," *Ann. Biomed. Eng.* **40**(2), 367–377 (2012).
22. B. J. Berne and R. Pecora, *Dynamic Light Scattering with Applications to Biology, Chemistry and Physics* (Wiley, 1976).
23. W. I. Goldberg, "Dynamic light scattering," *Am. J. Phys.* **67**(12), 1152–1160 (1999).
24. M. Suissa, C. Place, E. Goillot, and E. Freyssingeas, "Internal dynamics of a living cell nucleus investigated by dynamic light scattering," *Eur. Phys. J. E: Soft Matter Biol. Phys.* **26**(4), 435–448 (2008).
25. D. D. Nolte, R. An, J. Turek, and K. Jeong, "Holographic tissue dynamics spectroscopy," *J. Biomed. Opt.* **16**(8), 087004 (2011).
26. J. Lee, H. Radhakrishnan, W. Wu, A. Daneshmand, M. Climov, C. Ayata, and D. A. Boas, "Quantitative imaging of cerebral blood flow velocity and intracellular motility using dynamic light scattering-optical coherence tomography," *J. Cereb. Blood Flow Metab.* **33**(6), 819–825 (2013).
27. A. K. Dunn, H. Bolay, M. A. Moskowitz, and D. A. Boas, "Dynamic imaging of cerebral blood flow using laser speckle," *J. Cereb. Blood Flow Metab.* **21**(3), 195–201 (2001).
28. D. L. Marks, R. L. Blackmon, and A. L. Oldenburg, "Diffusion tensor optical coherence tomography," *Phys. Med. Biol.* **63**(2), 025007 (2018).
29. J. M. Schmitt, A. H. Gandjbakhche, and R. F. Bonner, "Use of polarized light to discriminate short-path photons in a multiply scattering medium," *Appl. Opt.* **31**(30), 6535–6546 (1992).
30. G. D. J. Phillies, "Suppression of multiple scattering effects in quasielastic light scattering by homodyne cross-correlation techniques," *J. Chem. Phys.* **74**(1), 260–262 (1981).
31. K. Schätzel, "Suppression of multiple scattering by photon cross-correlation techniques," *J. Mod. Opt.* **38**(9), 1849–1865 (1991).
32. J.-M. Tualle, E. Tiné, and S. Avrillier, "A new and easy way to perform time-resolved measurements of the light scattered by a turbid medium," *Opt. Commun.* **189**(4-6), 211–220 (2001).
33. D. A. Boas, K. K. Bizheva, and A. M. Siegel, "Using dynamic low-coherence interferometry to image brownian motion within highly scattering media," *Opt. Lett.* **23**(5), 319–321 (1998).
34. R. Bonner and R. Nossal, "Model for laser doppler measurements of blood flow in tissue," *Appl. Opt.* **20**(12), 2097–2107 (1981).
35. A. Wax, C. Yang, R. R. Dasari, and M. S. Feld, "Path-length-resolved dynamic light scattering: modeling the transition from single to diffusive scattering," *Appl. Opt.* **40**(24), 4222–4227 (2001).
36. D. J. Pine, D. A. Weitz, P. M. Chaikin, and E. Herbolzheimer, "Diffusing-wave spectroscopy," *Phys. Rev. Lett.* **60**(12), 1134–1137 (1988).
37. D. J. Pine, D. A. Weitz, J. X. Zhu, and E. Herbolzheimer, "Diffusing-wave spectroscopy: dynamic light scattering in the multiple scattering limit," *J. Phys.* **51**(18), 2101–2127 (1990).
38. D. J. Durian, "Accuracy of diffusing-wave spectroscopy theories," *Phys. Rev. E* **51**(4), 3350–3358 (1995).
39. V. Ntziachristos, "Going deeper than microscopy: the optical imaging frontier in biology," *Nat. Methods* **7**(8), 603–614 (2010).

40. F. Jaillon, S. E. Skipetrov, J. Li, G. Dietsche, G. Maret, and T. Gisler, "Diffusing-wave spectroscopy from head-like tissue phantoms: influence of a non-scattering layer," *Opt. Express* **14**(22), 10181 (2006).
41. J. Li, G. Dietsche, D. Iftime, S. E. Skipetrov, G. Maret, T. Elbert, B. Rockstroh, and T. Gisler, "Noninvasive detection of functional brain activity with near-infrared diffusing-wave spectroscopy," *J. Biomed. Opt.* **10**(4), 044002 (2005).
42. D. A. Benaron, S. R. Hintz, A. Villringer, D. Boas, A. Kleinschmidt, J. Frahm, C. Hirth, H. Obrig, J. C. van Houten, E. L. Kermit, W.-F. Cheong, and D. K. Stevenson, "Noninvasive functional imaging of human brain using light," *J. Cereb. Blood Flow Metab.* **20**(3), 469–477 (2000).
43. H. M. Varma, C. P. Valdes, A. K. Kristoffersen, J. P. Culver, and T. Durduran, "Speckle contrast optical tomography: A new method for deep tissue three-dimensional tomography of blood flow," *Biomed. Opt. Express* **5**(4), 1275–1289 (2014).
44. P.-A. Lemieux, M. U. Vera, and D. J. Durian, "Diffusing-light spectroscopies beyond the diffusion limit: The role of ballistic transport and anisotropic scattering," *Phys. Rev. E* **57**(4), 4498–4515 (1998).
45. R. Pierrat, N. B. Braham, L. F. Rojas-Ochoa, R. Carminati, and F. Scheffold, "The influence of the scattering anisotropy parameter on diffuse reflection of light," *Opt. Commun.* **281**(1), 18–22 (2008).
46. R. Carminati, R. Elaloufi, and J.-J. Greffet, "Beyond the diffusing-wave spectroscopy model for the temporal fluctuations of scattered light," *Phys. Rev. Lett.* **92**(21), 213903 (2004).
47. M. Xu, T. T. Wu, and J. Y. Qu, "Unified mie and fractal scattering by cells and experimental study on application in optical characterization of cellular and subcellular structures," *J. Biomed. Opt.* **13**(2), 024015 (2008).
48. B. Brunel, C. Blanch, A. Gourrier, V. Petrolli, A. Delon, J.-F. Joanny, R. Carminati, R. Pierrat, and G. Cappello, "Structure and dynamics of multicellular assemblies measured by coherent light scattering," *New J. Phys.* **19**(7), 073033 (2017).
49. J. Friedrich, C. Seidel, R. Ebner, and L. A. Kunz-Schughart, "Spheroid-based drug screen: considerations and practical approach," *Nat. Protoc.* **4**(3), 309–324 (2009).
50. F. Montel, M. Delarue, J. Elgeti, L. Malquin, M. Basan, T. Risler, B. Cabane, D. Vignjevic, J. Prost, G. Cappello, and J.-F. Joanny, "Stress clamp experiments on multicellular tumor spheroids," *Phys. Rev. Lett.* **107**(18), 188102 (2011).
51. S. Monnier, M. Delarue, B. Brunel, M. E. Dolega, A. Delon, and G. Cappello, "Effect of an osmotic stress on multicellular aggregates," *Methods* **94**, 114–119 (2016).
52. N. N. Boustany, S. C. Kuo, and N. V. Thakor, "Optical scatter imaging: subcellular morphometry in situ with fourier filtering," *Opt. Lett.* **26**(14), 1063–1065 (2001).
53. Z. J. Smith and A. J. Berger, "Integrated raman-and angular-scattering microscopy," *Opt. Lett.* **33**(7), 714–716 (2008).
54. F. Ferri, "Use of a charge coupled device camera for low-angle elastic light scattering," *Rev. Sci. Instrum.* **68**(6), 2265–2274 (1997).
55. C. M. Sorensen, R. C. Mockler, and W. J. O'Sullivan, "Multiple scattering from a system of brownian particles," *Phys. Rev. A* **17**(6), 2030–2035 (1978).
56. G. Hall, S. L. Jacques, K. W. Eliceiri, and P. J. Campagnola, "Goniometric measurements of thick tissue using monte carlo simulations to obtain the single scattering anisotropy coefficient," *Biomed. Opt. Express* **3**(11), 2707–2719 (2012).
57. R. Pierrat, "Transport equation for the time correlation function of scattered field in dynamic turbid media," *J. Opt. Soc. Am. A* **25**(11), 2840 (2008).
58. A. J. F. Siegert, *On the Fluctuations in Signals Returned by Many Independently Moving Scatterers* (Radiation Laboratory, Massachusetts Institute of Technology, 1943).
59. G. Helmlinger, P. A. Netti, H. C. Lichtenfeld, R. J. Melder, and R. K. Jain, "Solid stress inhibits the growth of multicellular tumor spheroids," *Nat. Biotechnol.* **15**(8), 778–783 (1997).
60. F. Hirschhaeuser, H. Menne, C. Dittfeld, J. West, W. Mueller-Klieser, and L. A. Kunz-Schughart, "Multicellular tumor spheroids: an underestimated tool is catching up again," *J. Biotechnol.* **148**(1), 3–15 (2010).
61. T. Stylianopoulos, J. D. Martin, V. P. Chauhan, S. R. Jain, B. Diop-Frimpong, N. Bardeesy, B. L. Smith, C. R. Ferrone, F. J. Hornciek, Y. Boucher, L. L. Munn, and R. K. Jain, "Causes, consequences, and remedies for growth-induced solid stress in murine and human tumors," *Proc. Natl. Acad. Sci. U. S. A.* **109**(38), 15101–15108 (2012).
62. T. Colin, G. Dechriste, J. Fehrenbach, L. Guillaume, V. Lobjois, and C. Poignard, "Experimental estimation of stored stress within spherical microtissues," *J. Math. Biol.* **77**(4), 1073–1092 (2018).
63. M. E. Dolega, M. Delarue, F. Ingreméau, J. Prost, A. Delon, and G. Cappello, "Cell-like pressure sensors reveal increase of mechanical stress towards the core of multicellular spheroids under compression," *Nat. Commun.* **8**(1), 14056 (2017).
64. H. T. Nia, H. Liu, G. Seano, M. Datta, D. Jones, N. Rahbari, J. Incio, V. P. Chauhan, K. Jung, J. D. Martin, V. Askoxylakis, T. P. Padera, D. Fukumura, Y. Boucher, F. J. Hornciek, A. J. Grodzinsky, J. W. Baish, L. L. Munn, and R. K. Jain, "Solid stress and elastic energy as measures of tumour mechanopathology," *Nat. Biomed. Eng.* **1**(1), 0004 (2017).
65. M. Basan, T. Risler, J.-F. Joanny, X. Sastre-Garau, and J. Prost, "Homeostatic competition drives tumor growth and metastasis nucleation," *HFSP J.* **3**(4), 265–272 (2009).
66. M. T. Janet, G. Cheng, J. A. Tyrrell, S. A. Wilcox-Adelman, Y. Boucher, R. K. Jain, and L. L. Munn, "Mechanical compression drives cancer cells toward invasive phenotype," *Proc. Natl. Acad. Sci. U. S. A.* **109**(3), 911–916 (2012).
67. K. Alessandri, B. R. Sarangi, V. V. Gurchenkov, B. Sinha, T. R. Kießling, L. Fether, F. Rico, S. Scheuring, C. Lamaze, A. Simon, S. Geraldo, D. Vignjević, H. Doméjean, L. Rolland, A. Funfak, J. Bibette, N. Bremond, and P. Nassoy,

"Cellular capsules as a tool for multicellular spheroid production and for investigating the mechanics of tumor progression in vitro," *Proc. Natl. Acad. Sci. U. S. A.* **110**(37), 14843–14848 (2013).