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Filters: when, why, and how (not) to use them

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1 **Summary**

2 Filters are commonly used to reduce noise and improve data quality. Filter theory
3 is part of a scientist’s training, yet the impact of filters on interpreting data is not al-
4 ways fully appreciated. This paper reviews the issue, explains what is a filter, what
5 problems are to be expected when using them, how to choose the right filter, or how
6 to avoid filtering by using alternative tools. Time-frequency analysis shares some of
7 the same problems that filters have, particularly in the case of wavelet transforms. We
8 recommend reporting filter characteristics with sufficient details, including a plot of the
9 impulse or step response as an inset.

10 **Keywords**

11 filter, artifact, Fourier analysis, time-frequency representation, ringing, causality,
12 impulse response, oscillations

13 **1. Introduction**

14 One of the major challenges of brain science is that measurements are contaminated
15 by noise and artifacts. These may include environmental noise, instrumental noise, or
16 signal sources within the body that are not of interest in the context of the experiment
17 (“physiological noise”). The presence of noise can mask the target signal, or interfere
18 with its analysis. However, if signal and interference occupy different spectral regions,
19 it may be possible to improve the signal-to-noise ratio (SNR) by applying a *filter* to the
20 data.

21 For example, a DC component or slow fluctuation may be removed with a high-
22 pass filter, power line components may be attenuated by a notch filter at 50 Hz or 60
23 Hz, and unwanted high-frequency components may be removed by “smoothing” the
24 data with a low-pass filter. Filtering takes advantage of the difference between spectra
25 of noise and target to improve SNR, attenuating the data more in the spectral regions
26 dominated by noise, and less in those dominated by the target.

27 Filters are found at many stages along the measurement-to-publication pipeline
28 (Fig. 1). The measuring rig or amplifier may include a high-pass filter and possibly a
29 notch filter, the analog-to-digital (AD) converter is preceded by a low-pass antialiasing
30 filter, preprocessing may rely on some combination of high-pass, lowpass and notch fil-
31 ters, data analysis may include bandpass or time-frequency analysis, and so on. Filters
32 are ubiquitous in brain data measurement and analysis.

33 [Figure 1 about here]

34 The improvement in SNR offered by the filter is welcome, but filtering affects also
35 the target signal in ways that are sometimes surprising. Obviously, any components
36 of the target signal that fall within the stop band of the filter are lost. For example
37 applying a 50 Hz notch filter to remove power line artifact might also remove brain
38 activity within the 50 Hz region. The experimenter who blindly relies on the filtered
39 signal is blind to features suppressed by the filter.

40 Harder to appreciate are the distortions undergone by the target. Such distortions
41 depend on the frequency characteristics of the filter, including both amplitude and
42 phase characteristics (which are often not reported). The output of a filter is obtained
43 by *convolution* of its input with the impulse response of the filter, which is a fancy way
44 of saying that each sample of the output is a weighted sum of several samples of the in-
45 put. Each sample therefore depends on a whole segment of the input, spread over time.
46 Temporal features of the input are smeared in the output, and conversely “features”
47 may appear in the output that were not present in the input to the filter.

48 We first explain what is a filter in detail, and how filters are involved in data anal-
49 ysis. Then we review the main issues that can arise, and make suggestions on how
50 to fix them. Importantly, similar issues occur also in time-frequency analyses, such
51 as spectrograms and wavelet transforms, which are based on a collection of filters (a
52 filterbank). Finally, we list a number of recommendations that may help investigators
53 identify and minimize issues related to the use of filters, and we suggest ways to report
54 them so that readers can make the best use of the information that they read. In this
55 paper, “filter” refers to the familiar one-dimensional convolutional filter (e.g. high-pass
56 or band-pass) applicable to a single-channel waveform, as opposed to “spatial filters”
57 applicable to multichannel data.

58 **2. What is a filter?**

59 For many of us, a filter is “a thing that modifies the spectral content of a signal”.
60 For the purposes of this paper, however, we need something more precise. A filter is
61 an operation that produces each sample of the output waveform y as a weighted sum
62 of several samples of the input waveform x . For a digital filter:

$$y(t) = \sum_{n=0}^N h(n)x(t-n) \quad (1)$$

63 where t is the analysis point in time, and $h(n), n = 0, \dots, N$ is the impulse response.
64 This operation is called convolution.

65 [Figure 2 about here]

66 We expect the reader to fall into one of three categories: (a) those who understand
67 and feel comfortable with this definition, (b) those who mentally transpose it to the
68 frequency domain where they feel more comfortable, and (c) those who remain mind-
69 boggled. Categories (b) and (c) both need assistance, and that is what this section is
70 about. Category (b) need assistance because a frequency-domain account is incomplete
71 unless phase is taken into account, but doing so is mentally hard and often not so
72 illuminating. It is often easier to reason in the time domain.

73 For the mind-boggled, the one important idea to retain is that every sample of the
74 output depends on *multiple* samples of the input, as illustrated in Fig. 2 (top). Con-
75 versely, each sample $x(t)$ of the input impacts several samples $y(t + n)$ of the output
76 (Fig. 2, bottom). As a result, the signal that is being filtered is smeared along the tem-
77 poral axis, and temporal relations between filtered and original waveforms are blurred.
78 For example, the latency between a sensory stimulus and a brain response, a straight-
79 forward notion, becomes less well defined when that brain response is filtered.

80 The exact way in which the output of a filter differs from its input depends upon
81 the filter, i.e. the values $h(n)$ of the impulse response. Some filters may smooth the
82 input waveform, others may enhance fast variations. There is a considerable body of
83 theory, methods, and lore on how best to design and implement a filter for the needs of
84 an application.

85 Expert readers will add that a filter is a *linear system*, that $h(n)$ is not expected
86 to change over time (*linear time-invariant system*), that in addition to *causal* filters
87 described by Eq. 1, there are *acausal* filters for which the series $h(n)$ includes also
88 negative indices (gray lines in Fig. 2), that N may be finite (*finite impulse response*,
89 *FIR*) or infinite (*infinite impulse response*, *IIR*). IIR filters are often derived from stan-
90 dard analogue filter designs (e.g. Butterworth or elliptic).

91 Essentially everything we discuss below is true for these more general notions of
92 filtering. Expert readers will also recognize that Eq. 1 can be substituted by the simpler
93 equation $Y(\omega) = H(\omega)X(\omega)$ involving the Fourier transforms of $x(t)$, $y(t)$ and $h(n)$,
94 that neatly describes the effects of filtering in the frequency domain as a product of two
95 complex functions, the transfer function of the filter $H(\omega)$ and the Fourier transform
96 of the input, $X(\omega)$. The *magnitude transfer function* $|H(\omega)|$ quantifies the amount of
97 attenuation at each frequency ω .

98 A special mention should be made of *acausal* filters. These are filters for which
99 each sample of the output depends also on future samples of the input, i.e. we must
100 modify Eq. 1 to include negative indices $n = -N', \dots, -1$. All physical systems must
101 be causal (the future cannot influence the past) so this filter cannot represent a physical
102 system, nor could it be implemented in a real time processing device. However, for
103 offline data analysis we can take samples from anywhere in the data set, so in that

104 context acausal filters are realizable. In particular, it is common to use *zero phase*
105 filters, for which the impulse response is symmetrical relative to zero. The Matlab
106 function `filtfilt` applies the same filter to the data twice, forward and backward,
107 effectively implementing a zero-phase filter.

108 While acausal filters are easy to apply, interpreting their output requires special
109 care. An important goal of neuroscience is to determine causal relations, for example
110 between a stimulus and brain activity, or between one brain event and another, and
111 we must take care that these relations are not confused by an acausal stage in the data
112 analysis.

113 For an *IIR* filter, the output depends on all samples from the start of the data, pre-
114 vious samples being treated as 0. If the IIR filter is acausal it can also depend on all
115 samples until the end of the data, samples beyond the end being treated as 0. This is
116 also the case when filters are implemented in the *Fourier domain*: each output sample
117 $y(t)$ depends potentially on all input samples $x(t)$ that are used to compute the Fourier
118 transform, i.e. every sample within the analysis window.

119 [Figure 3 about here]

120 Figure 3 illustrates four common types of filter: low-pass, high-pass, band-pass,
121 and notch (or band-reject). The upper plots show the magnitude transfer function (on a
122 log-log scale) and the bottom plots show the impulse response of each filter. For high-
123 pass and notch filters, the impulse response includes a one-sample impulse (“Dirac”)
124 of amplitude much greater than the rest (plotted here using a split ordinate). For each
125 filter two versions are shown, one with with shallow (blue) and the other with steep
126 (red) frequency transitions. Note that a filter with a steep transition in the frequency
127 domain tends to have an impulse response that is extended in the time domain.

128 Also important to note is that different impulse responses can yield the same mag-
129 nitude transfer function. Figure 4 (left) shows four impulse responses that all share
130 the same magnitude frequency characteristic (low-pass, similar to that shown in Fig. 3)
131 but differ in their phase characteristics (plotted on the right). Magnitude and phase
132 together fully specify a filter (as does the impulse response). Among all the filters that
133 yield the same magnitude frequency response, one is remarkable in that it is causal and
134 has *minimum phase* over all frequency (thick blue). Another is remarkable in that it
135 has *zero phase* over all frequency (thick green). It is acausal.

136 [Figure 4 about here]

137 3. Uses of filters

138 *Antialiasing*.. Ubiquitous, if rarely noticed, is the hardware “antialiasing” filter that
139 precedes analog-to-digital conversion within the measuring apparatus. Data process-

140 ing nowadays is almost invariably done in the digital domain, and this requires signals
141 to be sampled at discrete points in time so as to be converted to a digital representation.
142 Only values at the sampling points are retained by the sampling process, and thus the
143 digital representation is ambiguous: the same set of numbers might conceivably reflect
144 a different raw signal. The ambiguity vanishes if the raw signal obeys certain condi-
145 tions, the best known of which is given by the *sampling theorem*: if the original signal's
146 spectrum contains no power beyond the Nyquist frequency (one half the sampling rate)
147 then it can be perfectly reconstructed from the samples. The antialiasing filter aims to
148 enforce this condition ("Nyquist condition"). A hardware antialiasing filter is usually
149 applied before sampling, and a software antialiasing filter may later be applied if the
150 sampled data are further downsampled or resampled.

151 *Smoothing / low-pass filtering.* Phenomena of interest often obey slow dynamics. In
152 that case, high-frequency variance can safely be attributed to irrelevant noise fluctua-
153 tions and attenuated by low-pass filtering. Smoothing is also often used to make data
154 plots visually more palatable, or to give more emphasis on longer-term trends than on
155 fine details.

156 *High-pass filtering to remove drift and trends.* Some recording modalities such as
157 electroencephalography (EEG) or magnetoencephalography (MEG) are susceptible to
158 DC shifts and slow drift potentials or fields, upon which ride the faster signals of in-
159 terest (Huigen et al., 2002; Kappenman and Luck, 2010; Vanhatalo et al., 2005). Like-
160 wise, in extracellular recordings, spikes of single neurons ride on slower events, such
161 as negative deflections of the local field potential (LFP) that often precede spikes, or
162 the larger and slower drifts due to the development of junction potentials between the
163 electrode tip and the brain tissue. High-pass filters are the standard tool to remove such
164 slow components prior to data analysis. A hardware high-pass filter might also be in-
165 cluded in the measurement apparatus to remove DC components prior to conversion so
166 as to make best use of the limited range of the digital representation. This is the mean-
167 ing of "ac coupling" on an oscilloscope: it consists of the application of a high-pass
168 filter - often implemented as a mere capacitor - to the signal. Amplifiers for recording
169 extracellular brain activity are usually AC coupled.

170 *Notch filtering.* Electrophysiological signals are often plagued with power line noise
171 (50 or 60 Hz and harmonics) coupled electrically or magnetically with the recording
172 circuits. While such noise is best eliminated at its source by careful equipment design
173 and shielding, this is not always successful, nor is it applicable to data already gathered.
174 Notch filtering is often used to mitigate such power line noise. Additional notches may
175 be placed at harmonics if needed.

176 *Band-pass filtering.* It has become traditional to interpret brain activity as coming
177 from frequency bands with names such as *alpha*, *beta*, *theta*, etc., and data analysis
178 often involves applying one or more band-pass filters to isolate particular bands, al-
179 though the consensus is incomplete as to the boundary frequencies or the type of filter
180 to apply.

181 *Time-frequency analysis.* One prominent application of filtering is *time-frequency* (TF)
182 analysis. A TF representation can be viewed as the time-varying magnitude of the data
183 at the outputs of a filterbank. A filterbank is an array of filters that differ over a range of
184 parameter values (e.g. center frequencies and/or bandwidths). The indices of the filters
185 constitute the frequency axis, while the time series of their output magnitude unfolds
186 along the time axis of the TF representation. The time-varying magnitude is obtained
187 by applying a non-linear transform to the filter output, such as half-wave rectification
188 or squaring, possibly followed by a power or logarithmic transform. The time-varying
189 phase in each channel may also be represented.

190 **4. How do filters affect brain data?**

191 The answer to this question depends on the data and on the filter. In this section we
192 review a number of archetypical “events” that might occur within a time series of brain
193 activity, and look at how they are affected by commonly used filters.

194 *Impulse or spike.* Brain events that are temporally localized, for example a neuronal
195 “spike”, can be modeled as one or a few impulses. It is obvious from Eq. 1 that such
196 events must be less localized once filtered, as summarized schematically in Fig. 5. The
197 response is *spread over time*, implying that the temporal location of the event is less
198 well defined. It is *delayed* if the filter is causal. The delay may be avoided by choosing
199 a zero-phase filter (green), but the response is then *acausal*. If the impulse response has
200 multiple modes, these may appear misleadingly as multiple *spurious events*, confusing
201 the analysis.

202 [Figure 5 about here]

203 The nature and extent of these effects depends on the filter, and can be judged by
204 looking at its impulse response. Figure 6 shows impulse responses of a selection of
205 commonly used filters (others were shown in Fig. 3). The left-hand plot shows the
206 time course of the impulse response, and the right-hand plot displays the logarithm of
207 its absolute value using a color scale, to better reveal the low-amplitude tail. The first
208 three examples (A-C) correspond to low-pass filters with the same nominal cutoff (10

209 Hz). The next two (D-E) are low pass filters with nominal cutoff 20 Hz. The following
210 three (F-H) are band-pass filters. Two of the filters are zero-phase (B and E, in green),
211 the others are causal (blue).

212 The response of the first two filters is relatively short and unimodal, that of the
213 others is more extended and includes excursions of both signs. The temporal span is
214 greater for filters of high order (compare F and G) and for lower frequency parame-
215 ters (compare C and D). Bandpass filters have relatively extended impulse responses,
216 particularly if the band is narrow or the slopes of the transfer function steep. The os-
217 cillatory response of a filter to an impulse-like input is informally called 'ringing', and
218 may occur in all filter types (lowpass, bandpass, highpass and so on).

219 Of course, real brain events differ from an infinitely narrow unipolar impulse, for
220 example they have finite width, and the response to such events will thus differ some-
221 what from the ideal impulse response. As a rule of thumb, features of the impulse
222 response that are *wider* than the event are recognizable in the response of the filter to
223 the event. Features that are *narrower* (for example the one-sample impulse at the be-
224 ginning of the impulse response of the high-pass and notch filters in Fig. 3) may appear
225 smoothed.

226 [Figure 6 about here]

227 *Step.* Certain brain events can be modeled as a step function, for example the steady-
228 state pedestal that may follow the onset of a stimulus (Picton et al., 1978; Lammert-
229 mann and Lütkenhöner, 2001; Southwell et al., 2017). Figure 7 illustrates the various
230 ways a step can be affected by filtering: the step may be *smoothed* and spread over
231 time, implying that its temporal location is less well defined, and it may be *delayed*
232 if the filter is causal. Multiple *spurious events* may appear, some of which may occur
233 before the event if the filter is acausal.

234 [Figure 7 about here]

235 The nature of these effects depends on the filter and can be inferred from its *step*
236 *response* (integral over time of the impulse response). Step responses of typical filters
237 are shown in Fig. 8. The sharp transition within the waveform is smoothed by a low-
238 pass filter (A-B) and delayed relative to the event if the filter is causal (A), or else
239 it starts before the event if the filter is acausal (B). The steady-state pedestal is lost
240 for a high-pass (C-E) or bandpass (F-H) filter. The response may include spurious
241 excursions, some of which precede the event if the filter is acausal. The response may
242 be markedly oscillatory (ringing) (F-H), and it may extend over a remarkably long
243 duration if the filter has a narrow transfer function.

244 Of course, actual step-like brain events differ from an ideal step. As a rule of thumb,
245 features of the step response that are *wider* than the event onset will be recognizable
246 in the output, whereas features that are *narrower* will appear smoothed. Note that a
247 response of opposite polarity would be triggered by the *offset* of a pedestal.

248 [Figure 8 about here]

249 *Oscillatory pulse.* Some activity within the brain is clearly oscillatory (Buzsáki, 2006;
250 da Silva, 2013). A burst of oscillatory activity can be modeled as a sinusoidal pulse.
251 As Fig. 9 shows, the time course of such a pulse is affected by filtering: it is always
252 *smoothed* and spread over time, it may be *delayed* if the filter is causal, or else start
253 earlier than the event if the filter is acausal. These effects are all the more pronounced
254 as the filter has a narrow passband (as one might want to use to increase the SNR of
255 such oscillatory activity).

256 For a notch filter tuned to reject the pulse frequency, ringing artifacts occur at both
257 onset and offset. If the filter is acausal, these artifacts may both precede and follow
258 onset and offset events. For a notch filter tuned to reject power line components (50 or
259 60 Hz), such effects might also be triggered by fluctuations in amplitude or phase. They
260 might also conceivably affect the shape of a short narrow-band gamma brain response
261 in that frequency region (Fries et al., 2008; Saleem et al., 2017).

262 [Figure 9 about here]

263 5. What can go wrong?

264 The use of filters raises many concerns, some serious, others merely inconvenient.
265 It is important to understand them, and to report enough details that the reader too
266 fully understands them. An obvious concern is *loss of useful information* suppressed
267 together with the noise. Slightly less obvious is the *distortion* of the temporal features
268 of the target: peaks or transitions may be smoothed, steps may turn into pulses, and
269 *artifactual features* may appear. Most insidious, however, is the *blurring of temporal or*
270 *causal relations* between features within the signal, or between the signal and external
271 events such as stimuli. This section reviews a gallery of situations in which filtering
272 may give rise to annoying or surprising results.

273 *Loss of information..* This is an obvious gripe: information in frequency ranges re-
274 jected by the filter is lost. High-pass filtering may mask slow fluctuations of brain
275 potential, whether spontaneous or stimulus-evoked (Picton et al., 1978; Lammertmann
276 and Lütkenhöner, 2001; Vanhatalo et al., 2005; Southwell et al., 2017). Low-pass filter-
277 ing may mask high-frequency activity (e.g. gamma or high-gamma bands), or useful

278 information about the shape of certain responses (Cole and Voytek, 2017; Lozano-
279 Soldevilla, 2018). A notch filter might interfere with narrowband gamma activity that
280 happens to coincide with the notch frequency (Fries et al., 2008; Saleem et al., 2017).
281 A bandpass filter may reduce the distinction between shapes of spikes emitted by dif-
282 ferent neurons and picked up by an extracellular microelectrode, degrading the quality
283 of spike sorting.

284 *Artifactual features.* Slightly less obvious is the *distortion* of the temporal features of
285 the target: peaks or transitions may be smoothed, steps may turn into pulses, and so on.
286 *Artifactual features* may emerge, such as response peaks, or oscillations (“ringing”)
287 created de novo by the filter in response to some feature of the target or noise signal.
288 Figure 10 shows the response to a step of a high-pass filter (Butterworth order 8) of
289 various cutoff frequencies. The response includes multiple excursions of both polarities
290 (“positivities” and “negativities”) that may have no obvious counterpart in the brain
291 signal. Disturbingly, the latencies of some fall in the range of standard ERP response
292 features (schematized as lines in Figure 10).

293 [Figure 10 about here]

294 The morphology of these artifacts depends on both the filter and the brain activity,
295 as further illustrated in Fig. 11. An investigator, or a reader, might wrongly be tempted
296 to assign to the multipolar deflections of the filter response a sequence of distinct phys-
297 iological processes. Similar issues have been pointed out with respect to spike wave-
298 form morphology from extracellular recordings (Quiñ Quiroga, 2009; Molden et al.,
299 2013).

300 *Spurious oscillations.*

301 [Figure 11 about here]

302 Oscillatory phenomena play an important role in the brain (Buzsáki, 2006; da Silva,
303 2013), and many response patterns are interpreted as reflecting oscillatory activity
304 (Zoefel and VanRullen, 2017; Meyer, 2017; Singer, 2018), although in some cases this
305 interpretation has been questioned (Yeung et al., 2004; Yuval-Greenberg et al., 2008;
306 Jones, 2016; van Ede et al., 2018).

307 Non-oscillatory inputs (e.g. an impulse or step) can trigger a filter response with
308 distinctly oscillatory features. Figure 12 shows the response of a 8-11 Hz bandpass
309 filter (such as might be used to enhance alpha activity relative to background noise)
310 to several inputs, including a 10 Hz sinusoidal pulse (top) and two configurations of
311 impulses. Visually, the responses to the non-oscillatory impulse pairs are, if anything,
312 more convincingly oscillatory than the response to the oscillatory input!

313 [Figure 12 about here]

314 Oscillations tend to occur with a frequency close to a filter cutoff, and to be more
315 salient for filters with a high order. They can occur for any filter with a sharp cutoff in
316 the frequency domain, and are particularly salient for band-pass filters, as high-pass and
317 low-pass cutoffs are close and may interact. Furthermore, if the pass band is narrow,
318 the investigator might be tempted to choose a filter with steep cutoffs, resulting in a
319 long impulse response with prolonged ringing.

320 *Masking or reintroduction of artifacts.* Cognitive neuroscientists are alert to potential
321 artifacts, for example muscular activity that differs between conditions due to different
322 levels of effort. Muscular artifacts are most prominent in the gamma range (where
323 they emerge from the $1/f$ background), and thus low-pass filtering is often indicated to
324 eliminate them. Indeed, visually, there is little in the low-pass filtered signal to suggest
325 muscle artifacts. Low-frequency correlates are nonetheless present (muscle spikes are
326 wideband) and could potentially induce a statistically significant difference between
327 conditions. Filtering masks this problem (if there is one).

328 Conditions that require different levels of effort might also differ in the number of
329 eye-blinks that they induce. Subjects are often encouraged to blink between trials, so as
330 avoid contaminating data within the trials. However if high-pass or band-pass filtering
331 is applied to the data before cutting them into epochs, the filter response to the blink
332 may extend into the epoch, again inducing a statistically significant difference between
333 conditions. For a causal filter each epoch is contaminated by any blinks that precede it,
334 for an acausal filter it may also be contaminated by any blinks that follow it.

335 *Temporal blurring, delay, causality.* The most subtle effect of filtering is the blurring
336 of temporal relationships, which can interfere with the comparison between brain mea-
337 surements and stimulation or behavior, or between recordings at different recording
338 sites, or between different frequency bands. Temporal or causal relationships between
339 events are less clear when looking at filtered data. The problem is mild if the filter
340 impulse response is short relative to the phenomena being measured, but such is not al-
341 ways the case. Impulse responses of commonly-used filters may extend over hundreds
342 of milliseconds (Fig. 6) whereas important stages of neural processing may occur over
343 shorter time scales.

344 The time course of sensory processing is often inferred either from the latency of
345 the *peak* response to stimulation, or of the point at which the response emerges from
346 background noise. A causal filter introduces a systematic bias in the first measure
347 (towards a longer latency), and an acausal filter a bias in the second measure (towards
348 a shorter latency). The early part of an acausal filter response might misleadingly
349 masquerade as an early brain response, or as the correlate of a predictive mechanism.

350 Similar issues arise for Temporal Response Functions (TRF) obtained by fitting
351 stimulus and response data with a linear model (Lalor and Foxe, 2010; Ding and Si-
352 mon, 2013; O’Sullivan et al., 2015; Crosse et al., 2016). TRF analysis has become
353 popular as a tool to characterize the response to continuous stimuli such as speech or
354 environmental sound. Features of the TRF (e.g. peaks) are sometimes interpreted as
355 reflecting particular brain processes, and inferences are made about their anatomical
356 localization based on their latency. If, as is common, the brain data are filtered to re-
357 strict the analysis to a frequency range where the response is expected to best follow
358 the stimulus (e.g. 1-10 Hz), the estimated TRF will approximate the *real TRF filtered*
359 *with the impulse response of the filter*. To illustrate this point, a simulated “stimulus”
360 consisting of Gaussian white noise was processed with a simulated “TRF” consisting
361 of a half-sinusoidal pulse of duration 50 ms (Fig. 13 black line) to obtain simulated
362 brain data. These data were then filtered with a bandpass filter and the TRF estimated
363 using the mTRF toolbox (Crosse et al., 2016). Figure 13 (blue line) shows the TRF
364 estimate. The green line is the estimate when the same filter was applied in both di-
365 rections using `filtfilt`. In both cases, the shape of the estimated TRF differs from
366 that of the real TRF. The potential effect of filtering on TRFs is rarely discussed, and
367 filters used to preprocess the data prior to TRF analysis are often not fully described.

368 [Figure 13 about here]

369 *Time-frequency analysis.* Time-Frequency (TF) analysis is usually seen as a data anal-
370 ysis rather than filtering tool. Nonetheless, filters are involved “under the hood” and
371 TF representations are vulnerable to similar problems as noted for filters.

372 Time-frequency (TF) representations (e.g. spectrograms) are obtained by applying
373 short-term spectral analysis to the data with a short analysis window that slides in time.
374 At each time point the analysis yields a spectrum and these spectra are concatenated to
375 form the two-dimensional TF representation. Each pixel in the 2-D representation is in-
376 dexed by time (abscissa) and analysis frequency (ordinate). The representation usually
377 displays some transform of amplitude or power (Fig. 14 B, C), but it is also possible to
378 plot phase (Fig. 14 D, E). Importantly, the computation of a TF representation can be
379 equivalently formulated in terms of filtering, using one filter (or two related filters) for
380 each frequency. Thus, everything we said about filters holds for TF representations as
381 well.

382 In a standard “short-term Fourier transform” (STFT) spectrogram, the size of the
383 analysis window is the same for all frequencies (Fig. 14 B). In contrast, in a wavelet
384 spectrogram this parameter varies with frequency, for example such that each analysis
385 window spans the same number of cycles (Fig. 14 C), i.e. it is longer at low frequencies
386 and shorter at high frequencies.

387 The value of the TF representation at the analysis time point reflects all signal val-
388 ues within the analysis window. Conversely each signal value impacts TF values over
389 a range of analysis time points. The overall alignment between data values and TF val-
390 ues depends on the convention chosen to assign a time index to the analysis value. TF
391 samples can be aligned with the *end* of the analysis window, corresponding to a causal
392 analysis, or more commonly with the *center* of the analysis window, corresponding to
393 an acausal analysis. TF features are thus either delayed relative to events within the
394 data (causal analysis) or else they partly reflect future events (acausal analysis).

395 Figures 14 (B, C) show TF magnitude representations in response to a pulse-shaped
396 input signal. The temporally-localized event at $t = 0$ affects the spectrogram over a
397 range of time points spanning the event (for example ± 0.25 s in Fig. 14 B). Equiva-
398 lently, the value of the spectrogram at $t = 0$ can “see” all signal values within a range
399 of time points spanning that instant.

400 [Figure 14 about here]

401 Figures 14 (D, E) show TF phase representations in response to the same pulse-
402 shaped input signal. The color of each pixel represents the phase estimate (calculated
403 over the analysis window) for that time and frequency channel, in response to the pulse
404 at $t = 0$. Phase is defined only for non-zero magnitude, i.e. only when the pulse falls
405 within the analysis window. The event at $t = 0$ affects the phase estimate of analyses
406 made over a range of time points spanning the event. Equivalently, the phase estimate
407 obtained at $t = 0$ is affected by all events within that range, some of which occur *later*
408 than the analysis point. This blurred, non-causal relation between data and TF analysis
409 can lead to misleading conclusions.

410 As an example of such a misleading conclusion, suppose that we wish to estab-
411 lish whether the phase of brain oscillations preceding a stimulus predicts the brain or
412 behavioral response to that stimulus. TF analysis seems to be the right tool for that pur-
413 pose. Indeed, using it we observe that phase within some frequency band (e.g. alpha)
414 measured just before the trial is systematically biased towards a particular value on
415 successful trials. From this we conclude that oscillatory phase preceding stimulation
416 determines the response. Unfortunately, that conclusion is not warranted if the analy-
417 sis window overlaps the stimulus-evoked sensory or behavioral motor response. The
418 interesting conclusion (response dependency on prior phase) can only be made if that
419 more trivial possibility is ruled out, for example by using causal TF analysis (Zoefel
420 and Heil, 2012). Similar issues may arise in analyses of cross-spectral coupling. These
421 issues may be harder to spot if wavelet analysis is involved, because the span of the
422 analysis window varies with the frequency channel.

423 *Notch filter artifacts.* A narrow notch filter works well to remove narrowband interfer-
424 ence that is stationary (e.g. 50 or 60 Hz line power). However, notch filtering may be
425 less effective if the interference is not stationary. Amplitude fluctuations may occur if
426 the subject moves, and for MEG the phase may fluctuate with changes in load in the
427 tri-phase power network from which originates the interference. Artifacts can also be
428 triggered by large-amplitude glitches (Kıraç et al., 2015). Notch filtering is ineffective
429 in removing interference close to the ends of the data (Fig. 9, bottom), and thus should
430 not be applied to epoched data.

431 *Inadequate antialiasing.* Effects of the antialiasing filter are rarely noticed or objec-
432 tionable. More serious may be a *lack* of sufficient antialiasing. Figure 15 (left) shows
433 the power spectrum of a sample of data from a MEG system with shallow (or miss-
434 ing) antialiasing. As common in MEG, there are salient power line components at 60
435 Hz and harmonics (black arrows), but also many additional narrowband components
436 that likely reflect aliasing of sources with frequencies beyond the Nyquist frequency
437 (250 Hz). Possible sources include higher harmonics of 60 Hz, or high-frequency in-
438 terference from computer screens, switching power supplies, etc. The frequency of the
439 artifact cannot be known for sure. For example, the spectral line at 200 Hz (red arrow)
440 could be the aliased 300 Hz harmonic of the power line interference, or it could have
441 some other origin. This example underlines the importance of an adequate antialiasing
442 filter.

443 In contrast, Fig. 15 (right) shows the response to a sharp change in sensor state of
444 one channel of a different MEG system with a particularly steep antialiasing filter (8th
445 order elliptic filter with 120 dB rejection and 0.1 ripple in pass-band) (Oswal et al.,
446 2016). The data show a prominent oscillatory pattern that is likely not present in the
447 magnetic field measured by the device.

448 [Figure 15 about here]

449 **6. How to fix it ?**

450 *Report full filter specs.* This should go without saying. In each case, the problem
451 is compounded if the reader can't form an opinion about possible effects of filtering.
452 Filter type, order, frequency parameters, and whether it was applied in one direction or
453 both (`filtfilt`) should be reported. Include a plot of the impulse response (and/or
454 step response) as an inset to one of the plots. When reporting the *order* of a filter, be
455 aware that for FIR filters this refers to the duration of the impulse response in samples
456 (minus one), whereas for IIR filters implemented recursively it refers to the largest
457 delay in the difference equation that produces each new output sample as a function of

458 past input and output samples. The order of an IIR filter is usually small (e.g. 2-16),
459 whereas that of an FIR is often large (e.g. 100-1000). The plot thickens when an IIR
460 filter is *approximated* by an FIR filter. In that case, both numbers should be reported.
461 An “order-512 Butterworth filter” is an unusual beast.

462 *Antialiasing artifacts.* Antialiasing artifacts are rarely an issue. In the event that they
463 are, consider first whether antialiasing is needed. If you are certain that the original
464 data contain no power beyond the Nyquist frequency, omit the filter and live danger-
465 ously. If instead there are high-frequency sources of large amplitude, you might want
466 to verify that the antialiasing filter attenuates them sufficiently before sampling. Note
467 that, because of the aliasing, the frequency of those sources cannot be inferred with
468 confidence from the sampled data. A wide-band oscilloscope or spectrum analyzer
469 might be of use applied to the data before sampling. To reduce temporal smear and
470 ringing, consider using an antialiasing filter with a lower cutoff and shallower slope. In
471 the case of downsampling or resampling of a signal that is already sampled, consider
472 alternatives such as interpolation (e.g. linear, cubic or spline). The artifact of Fig. 15
473 (right) can be removed as described by de Cheveigné and Arzounian (2018).

474 *Low-pass.* First, ask whether the aim is to *smooth* the temporal waveform, for example
475 to enhance the clarity of a plot, or whether it is to ensure attenuation of high-frequency
476 power (for example preceding downsampling). If the former, consider using a sim-
477 ple smoothing kernel, for example square, triangular, or Gaussian (Fig. 6 a, b). Such
478 kernels have a limited and well-defined temporal extent, and no negative portions so
479 they do not produce ringing. They tend however to have poor spectral properties. Con-
480 versely, if temporal distortion is of no importance, the filter can be optimized based
481 only on its frequency response properties (Widmann et al., 2015).

482 If data are recorded on multiple channels (e.g. local field potentials, EEG, or MEG),
483 spatial filters may be applied to remove noise sources with a spatial signature different
484 from the target sources. The appropriate filters can be found based on prior knowledge
485 or using data-driven algorithms (e.g. Parra et al., 2005; de Cheveigné and Parra, 2014).

486 *High-pass.* If the high-pass filter is required merely to remove a constant DC offset,
487 consider subtracting the overall mean instead. If there is also a slow trend, consider *de-*
488 *trending* rather than high-pass filtering. Detrending involves fitting a function (slowly-
489 varying so as to fit the trend but not faster patterns) to the data and then subtracting the
490 fit. Suitable functions include low-order polynomials. Like filtering, detrending is sen-
491 sitive to temporally localized events such as glitches, however these can be addressed
492 by *robust detrending* (de Cheveigné and Arzounian, 2018).

493 If the slow trend signal can be estimated independently from the measurement that
494 it contaminates, consider using regression techniques to factor it out (Vrba and Robin-
495 son, 2001; de Cheveigné and Simon, 2007). Even when this is impossible, if the data
496 are multichannel, consider using a component-analysis technique to factor it out, as has
497 also been suggested to obtain distortion-free extracellular spike waveforms (Molden et
498 al., 2013).

499 If all else fails, and high-pass filtering must be used, pay particular attention to
500 its possible effects on the morphology of responses. If the initial portion of the data
501 (duration on the order of $1/f_c$ where f_c is the cutoff frequency) is on average far from
502 zero, it may be useful to subtract the average over that portion, so as to minimize
503 the filter response to the implicit initial step (the filter treats the input data as being
504 preceded by zeros). If the data are to be cut into epochs (e.g. to excise responses to
505 repeated stimuli), it is usually best to filter the continuous data first. Be aware that
506 artifacts from out-of-epoch events (e.g. eye blinks) may extend to within the epoch.

507 *Band-pass.* Consider whether a band-pass filter is really needed, as the potential for
508 artifactual patterns is great. If band-pass filtering must be applied (for example to im-
509 prove signal-to-noise ratio to assist a component-analysis technique), consider filters
510 with relatively shallow slopes, and cutoff frequencies distant from the activity of inter-
511 est. Be on the lookout for artifactual results due to the filtering.

512 *Notch.* Notch filtering is usually motivated by the desire to suppress line noise (50
513 Hz or 60 Hz and harmonics). Of course, the best approach is to eliminate that noise
514 at the source by careful design of the setup, but this is not always feasible. As an
515 alternative to filtering, it may be possible to measure the line noise on one or more
516 reference channels and regress them out of the data (Vrba and Robinson, 2001). If
517 the data are multichannel, consider using component analysis to isolate the line noise
518 components and regress them out (Delorme et al., 2012; de Cheveigné and Parra, 2014;
519 de Cheveigné and Arzounian, 2015).

520 If the high-frequency region is not of interest, a simple expedient is to apply a
521 boxcar smoothing kernel of size 1/50 Hz (or 1/60 Hz as appropriate). This simple
522 low-pass filter has zeros at the line frequency and all its harmonics, and thus perfectly
523 cancels line noise. The mild loss of temporal resolution (on the order of 20 ms) might
524 be deemed acceptable. If the sampling rate differs from a multiple of the line frequency,
525 the appropriate kernel can be implemented using interpolation (see de Cheveigné and
526 Arzounian, 2018, for details).

527 *Time-frequency analysis.* If the patterns of interest can be interpreted in the time do-
528 main, eschew TF analysis. If the data are multichannel, and the aim is to increase the

529 signal-to-noise ratio of narrow-band or stimulus-induced activity, consider component
530 analysis techniques that can boost SNR of narrow-band signals (Nikulin et al., 2011;
531 de Cheveigné and Arzounian, 2015).

532 If TF analysis must be applied, consider using fixed kernel-size analysis (e.g. DFT)
533 rather than, or in addition to, wavelet analysis, so that temporal bias and smearing are
534 uniform across the frequency axis. Consider using relatively short analysis windows to
535 reduce temporal bias and/or smearing. Weigh carefully the choice between causal anal-
536 ysis (temporal bias but no causality issues) and acausal analysis (no temporal bias but
537 risk of misleading causal relations). In every case, be alert for potential artifacts. One
538 should be particularly concerned if an interesting effect only emerges with a particular
539 analysis method.

540 **7. Horror scenarios**

541 This section imagines scenarios in which filtering effects might affect the science.
542 Some are mildly embarrassing, others might keep a scientist awake at night.

543 *Missed observation..* Researcher **A** applies a high-pass filter to data recorded over a
544 long period and fails to notice the existence of infra-slow brain activity (as reported by
545 Vanhatalo et al., 2005). Researcher **B** applies a low-pass filter and fails to notice that a
546 certain oscillatory activity is not sinusoidal (as reported by Cole and Voytek, 2017). It
547 is frustrating to miss part of the phenomena one set out to study.

548 *Bias from eye movements..* Following a scenario hinted at in Sect. 5, researcher **C**
549 runs a study in which some conditions are more demanding than others. Subjects are
550 instructed to blink only between trials, but because acausal high-pass (or band-pass)
551 filtering is applied to the data, each blink triggers a filter response that extends into the
552 trial, resulting in a significant difference between conditions. Researcher **D** runs studies
553 that create miniature eye movements (microsaccades) that differ between conditions.
554 Microsaccades introduce so-called spike potentials, transients with a time course of
555 a few tens of milliseconds, which after TF analysis boost energy in the gamma band
556 selectively in some conditions rather than others (Yuval-Greenberg et al., 2008). In
557 both cases ocular activity masquerades as brain activity.

558 *Distorted observation..* Researcher **E** records brain responses to stimulation, applies a
559 high-pass filter to attenuate a pesky slow drift, and fails to notice that the brain response
560 actually consisted of a sustained pedestal. Instead, a series of positive and negative
561 peaks is observed and interpreted as reflecting a succession of processing stages in
562 the brain. In a milder version of this scenario, the brain response does include such

563 peaks, but the filter affects their position, leading to incorrect inferences concerning
564 brain processing latencies.

565 *Flawed replication..* Researcher **F** replicates Researcher **E**'s experiments, using the
566 same filters and generating the same artifacts. Results are consistent, giving weight to
567 the conclusion that they are real.

568 *Faulty communication..* Researcher **G**, who is filter-savvy, reads his/her colleague's
569 papers and suspects something is amiss, but cannot draw firm conclusions because
570 methods were not described in full. He/she re-runs the experiments with careful meth-
571 ods, and finds results that invalidate the previous studies. The paper is not published
572 because the study does not offer new results.

573 *Proliferation of "new" results..* Other researchers run further studies using analogous
574 stimuli, but using different analysis parameters. New patterns of results are found that
575 are interpreted as new discoveries, whereas the actual brain response (in this hypothet-
576 ical scenario) is the same.

577 *Oscillations?.* Researcher **H** knows that with the right kind of preprocessing, multiple
578 layers of oscillatory activity can be found hidden within brain signals, and is confident
579 that the analysis is revealing them. Researcher **I** suspects that these oscillations reflect
580 filter ringing, but finds it hard to counter **H**'s arguments (Fourier's theorem says that any
581 signal is indeed a compound of oscillations). **I** remains worried because the observed
582 oscillations depend on the choice of filter, but **H** is not: different filters extract different
583 parts of the data, each with its own oscillatory nature. The debate mobilizes a good
584 proportion of their energy.

585 *Biased time-frequency analysis..* Researcher **K** uses time-frequency analysis to test
586 the hypothesis that the phase of ongoing brain oscillations modulates perceptual sen-
587 sitivity. To avoid contamination by the sensory or behavioral response, the analysis is
588 carefully restricted to the data preceding stimulation. However the analysis window,
589 centered on the analysis point, extends far enough to include the sensory or behavioral
590 response, biasing the distribution of measured phase. **K** concludes (incorrectly in this
591 hypothetical scenario) that the hypothesis is correct. In a variant of this scenario, **L** uses
592 time frequency analysis to test the hypothesis that brain activity is durably entrained by
593 a rhythmical stimulus. The analysis is applied to the data beyond the stimulus offset,
594 but the analysis window overlaps with the stimulus-evoked response, again biasing the
595 phase distrtrition. **L** concludes (again incorrectly in this scenario) that the hypothesis
596 was correct.

597 **8. Discussion**

598 A filter has one purpose, improve SNR, and two effects: improve SNR and distort
599 the signal. Many investigators consider only the first and neglect the second. The
600 filtered data are the sum of the filtered target signal and the filtered noise, and thus
601 one can focus separately on these two effects (Fig. 16). Here we focused on target
602 distortion.

603 [Figure 16 about here]

604 Issues related to distortion have been raised before, in particular distortion due to
605 low-pass filtering (VanRullen, 2011; Rousselet, 2012; Widmann and Schröger, 2012),
606 high-pass filtering (Kappenman and Luck, 2010; Acunzo et al., 2012; Tanner et al.,
607 2015, 2016; Widmann et al., 2015; Lopez-Calderon and Luck, 2014) and band-pass
608 filtering (Yeung et al., 2004), in the context of EEG and MEG and also extracellular
609 recordings (Quian Quiroga, 2009; Molden et al., 2013; Yael and Bar-Gad, 2017). They
610 are also discussed in textbooks and guidelines (Picton et al., 2000; Nunes and Srinivasan,
611 2006; Gross et al., 2013; Keil et al., 2014; Luck, 2014; Puce and Hämäläinen,
612 2017; Cohen, 2014, 2017).

613 *How serious are these issues?* They can be recapitulated as follows. First, the *loss of*
614 *information* in spectral regions suppressed by the filter. This problem is straightforward
615 and does need elaboration. Second, the *distortion of response waveforms* and the *emer-*
616 *gence of spurious features*. This is certainly a concern if spurious features (e.g. delayed
617 excursions, or ringing) misleadingly suggest brain activity that is not there. Third, the
618 *blurring of temporal relations*, in particular violation of *causality*. This too is a concern
619 given the importance of response latency in inferring the sequence of neural events, or
620 the anatomical stage at which they occur. Fourth, *the non-uniqueness of phenomeno-*
621 *logical descriptions*: the same event can take very diverse shapes depending on the
622 analysis. This can interfere with comparisons between studies, and can lead to redun-
623 dant reports of the same phenomenon under different guise. Fifth, the *lack of details*
624 required by a knowledgeable reader to infer the processing involved. Rather than an
625 issue with filtering per se, the issue is with sloppy practice in reporting methodological
626 details of filtering and TF analysis.

627 Cutoff frequencies may be reported, but not the type of filter, its order, or whether
628 it was applied in a single pass or both ways. As illustrated in Figs. 6 and 8, the cut-
629 off frequency of a filter is not sufficient to characterize its impulse or step response,
630 information that is needed to guess how it might have impacted a reported response.
631 Failure to report details can be due to space limits (sometimes misguidedly imposed
632 by journals), incomplete knowledge (e.g. proprietary or poorly documented software),

633 reluctance to appear pedantic by reporting mundane trivia, or lack of understanding
634 that this information is important.

635 The issue of non-uniqueness is not often raised. Non-uniqueness refers to the fact
636 that analysis of the same phenomenon can give rise to different descriptions depending
637 on the analysis parameters, making it hard to compare across studies. It is sometimes
638 recommended that parameters should be adjusted to the task at hand, rather than use de-
639 fault values proposed by the software (Widmann and Schröger, 2012). Optimizing data
640 analysis is laudable, but it carries the risks of “cherry-picking” or “double-dipping”
641 (Kriegeskorte et al., 2009).

642 *Quid frequency and phase?* Filter design has developed sophisticated methods to op-
643 timize the frequency response to maximize rejection, minimize ripple, and/or obtain
644 the steepest possible transition between pass and stop bands. Engineers and scientists
645 trained in those methods tend to choose a filter based on these properties, with less
646 attention to their time-domain counterpart. It is not always clear that this emphasis is
647 justified. For example, a band-pass filter with steep slopes might be motivated by the
648 desire to “keep the delta band distinct from the theta band”, but given that there is little
649 theoretical or phenomenological evidence for a clear boundary between bands, this is
650 should perhaps not be a primary goal.

651 For any given magnitude response, there are multiple filters with different phase
652 responses. Of particular interest are *zero phase* filters with minimal waveform dis-
653 tortion and no delay (but that are unfortunately acausal), and *minimum phase* filters
654 with greater waveform distortion but that are causal. The choice between these phase
655 characteristics (or others) depends on whether one wishes to favour causality, overall
656 delay, or waveform distortion, knowing that it is impossible to favour all. Some authors
657 recommend causal filters (Rousselet, 2012), others linear phase or acausal (Widmann
658 and Schröger, 2012). Some studies report using simple filters (e.g. low order Butter-
659 worth), others sophisticated designs (e.g. Chebyshev or elliptic) or even “brickwall”
660 filters implemented in the Fourier domain.

661 A crucial point that we strive to make in this paper is that *no* choice of filter can
662 avoid temporal distortion, as *any* filter entails scrambling of the temporal axis (Fig. 2).
663 Given that a filter with steep slopes in the frequency domain entails a long impulse re-
664 sponse (a problem of particular importance when using brickwall filters in the Fourier
665 domain), it may be worth relaxing spectral criteria so as to optimize temporal proper-
666 ties.

667 *Causality, again.* As mentioned earlier, for an acausal filter the output depends on
668 input values that occur later in the future. No physical system can have this behaviour.
669 Offline analysis allows us greater flexibility to align the analysis arbitrarily with respect

670 to the data, but we must be clear about what this implies. If we wish to relate the “brain
671 response” to other events within the brain or the world (e.g. stimuli or behaviour),
672 acausal filtering implies that that this response might depend on signal samples that
673 occur *after* those events, indeed, a violation of causality.

674 **9. Recommendations**

675 *Document..* This should go without saying, but many (most?) papers provide incom-
676 plete information about the filters employed, a situation exacerbated by the insistence
677 of some journals on limiting the space devoted to methods. Data analysis decisions,
678 however suboptimal, can be justified, incomplete reporting cannot. The reader needs
679 this information to infer the brain signal from the patterns reported.

680 To authors: provide full specifications of the filters applied to the data. A simple
681 plot of the impulse response (or step response) as an insert can be very helpful. To
682 editors and reviewers: demand this information. To journals: avoid requirements that
683 discourage proper documentation. To equipment manufacturers: provide full specifi-
684 cations of any hardware filters.

685 *Know your filters..* Make sure that you know the exact filters that are involved in your
686 data recording and analysis. This may require delving into the documentation (or even
687 the code) of your analysis software (e.g. EEGLab, FieldTrip, SPM. etc.). Plot the im-
688 pulse response and/or the step response and paste it on the wall in front of your desk.
689 If several filters are cascaded, plot the response of their cascade. If specs are lack-
690 ing, figure out how to deliver a pulse (and/or step) to the recording device and plot the
691 resulting response. If you are using TF analysis, do you know exactly what kernels
692 were employed? Are they causal and thus likely to introduce latency? Are they instead
693 acausal (e.g. zero-phase) and thus likely to confuse causal relations? Are they wavelets,
694 in which case temporal spread and latency might differ across frequency bands? All
695 this should be known.

696 *Know your noise..* The main purpose of a filter is to attenuate noise. What is that
697 noise, where does it come from? Might it be possible to mitigate it at the source? Some
698 experimenters speak of their rig as if it were inhabited by gremlins. This deserves little
699 patience: how can one understand the brain if we can’t find the source of line noise in
700 the rig? It may not be possible to suppress the noise (e.g. turn off myogenic, cardiac,
701 ocular or alpha activity, tramways in the street, etc.) but at least the source should be
702 understood. Given that signal and noise both impact the results, understanding a noise
703 process merits as much effort as understanding a brain process.

704 *Eliminate noise at the source.* No need for a filter if there is nothing to attenuate. To
705 get rid of line noise: banish power cables from the vicinity of the setup, use lights fed
706 with filtered DC, apply proper shielding (electrostatic coupling), avoid loops (magnetic
707 coupling), avoid ground loops (ensure that ground cables and shields have a star topol-
708 ogy with no loops), etc. To eliminate high-frequency noise: banish computer screens,
709 fluorescent lights, equipment with switching power supplies, cell phones, etc. If need,
710 apply Faraday shielding. To minimize slow drifts in EEG: follow appropriate proce-
711 dures when applying the electrodes, and keep the subjects cool. To minimize alpha
712 components: ensure that subjects keep their eyes open, give them a task to keep them
713 alert, and so on. Textbooks (e.g. Luck, 2014; Cohen, 2014) and guidelines can offer
714 many such suggestions.

715 *Ensure that you have adequate antialiasing.* Antialiasing filters in recording equip-
716 ment are not always well documented. In some situations they might prove insufficient
717 if there is high amplitude noise with a frequency beyond the Nyquist rate (for example
718 from a computer screen, fluorescent light, or cell phone). A similar issue may arise
719 when downsampling digital data: does the low-pass filter suffice to ensure that aliased
720 components are negligible? This may require checking the data and/or software at hand
721 (at the time of writing, Matlab's `resample` sets the low-pass cutoff *at* Nyquist rather
722 than below, which is inadequate).

723 *Consider alternatives to filtering.* Consider *detrending* (in particular robust detrend-
724 ing) as an alternative to high-pass filtering (Bigdely-Shamlo et al., 2015; de Cheveigné
725 and Arzounian, 2018). Consider using an independent reference signal measurement
726 that picks up only noise, and use *regression* techniques to factor out the noise (Vrba
727 and Robinson, 2001; de Cheveigné and Simon, 2007; Molden et al., 2013). Consider
728 component analysis techniques to design a *spatial filter* that factors out the noise (Parra
729 et al., 2005; Delorme et al., 2012; de Cheveigné and Parra, 2014).

730 *Choose the right filter.* If filter we must, a prime consideration is whether to opti-
731 mize the time domain (minimal distortion of the waveform) or the frequency domain
732 (optimal frequency response), the two being at loggerheads. Taking the example of a
733 low-pass filter, if our goal is to smooth the waveform to enhance the visual clarity of a
734 plot, or locate a peak with less jitter, then a simple box-car smoothing kernel (rectan-
735 gular impulse response) may be sufficient, with minimal temporal blurring. The poor
736 frequency response of such a low-pass filter is of little import. If instead the focus is on
737 spectral features (e.g. frequency-following response, or narrowband oscillations), we
738 may wish to optimize the spectral properties of the filter at the expense of greater tem-
739 poral smearing. If the focus is on spectrotemporal features, then the choice of filter(s)
740 necessarily involves a tradeoff between the two (Cohen, 2014).

741 *Simulate.* It is hard to fully predict the impact of filtering, particularly if multiple
742 stages are cascaded. A simple expedient is to simulate the situation using a known
743 target signal (e.g. an idealized evoked response) and known noise (e.g. EEG data from
744 an unrelated recording). The effect of filtering can then be evaluated separately on
745 each, given that the filtered sum is the sum of the filtered parts (Fig. 16).

746 The synthetic target signal could be an impulse or step (to visualize canonical re-
747 sponse properties), or a signal similar to a typically-observed response (to see how
748 processing might affect it), or a signal constructed to mimic the observed response af-
749 ter filtering (to help infer true patterns from observations). Observing the response to
750 the target tells us how it is distorted, observing the response to the noise tells us how
751 well it is attenuated and what artifactual patterns to expect. Comparing the two tells us
752 whether our observation is helped (or hindered) by filtering.

753 *Be paranoid.* Is the effect of interest only visible for a particular type of filter, or a
754 particular variety of TF analysis? Consider whether it might depend on an artifact of
755 that filter or analysis. Do your conclusions involve temporal or causal dependencies be-
756 tween events in the EEG and events in the world? Make sure that you fully understand
757 how they might be affected by filtering or the TF analysis.

758 *Go with the zeitgeist.* This is in counterpoint to the previous recommendations. One
759 cannot ignore that many studies, past and present, employ filters in ways that we de-
760 scribe as problematic. Those results cannot be discarded, and one may need to use
761 similar methods oneself to allow comparisons, and place new results within the context
762 of prior knowledge. Many researchers and laboratories have well established method-
763 ologies that may need to be adhered to for consistency. If such is the case, go for it, but
764 don't forget to fully document, and do call the reader's attention to potential issues.

765 **Conclusion**

766 Filters are ubiquitous in electrophysiology and neuroscience and are an important
767 part of the methodology of any study. Their role is to suppress noise and enhance target
768 activity, but they may have deleterious effects that the investigator should be aware of.
769 When reporting results, it is important to provide enough details so that the reader too
770 can be aware of these potential effects. In some cases there exist alternatives to filtering
771 that are worth considering, in others a filter cannot be avoided. In every case, care must
772 taken to fully understand and report the potential effects of filtering on the patterns
773 reported.

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782 **Declaration of Interests**

783 None.

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Figure 1: A typical recording-to-publication data pipeline, showing where filters are applied. Filters are analog in the first stages (green) and digital in subsequent stages (red). The recording rig might include a high-pass filter (implicit in the case of AC coupling), and perhaps also a notch filter to attenuate line frequency power. The analog-to-digital converter is preceded by a low-pass antialiasing filter. In data preprocessing it is common to apply a high-pass filter to remove slow drift components, and a low-pass filter to attenuate noise (often spread over the entire spectrum), or to avoid antialiasing when the data are down-sampled. Data analysis might involve bandpass filtering (for example to isolate a standard frequency band such as "alpha" or "gamma") or time-frequency analysis. Data display or plotting might call for additional smoothing (low-pass filtering).

Figure 2: Filtering. Top: each sample of the output y is the sum of samples of the input x weighted by the impulse response h . For a causal filter, only past or present samples of the input make a contribution (black). For an acausal filter, future samples too can contribute (gray). Bottom: another way of describing this process is that each sample of the input x affects multiple samples of the output y , with a weight determined by the impulse response h .

Figure 3: Typical magnitude transfer function shapes (top) and the associated impulse responses (bottom). The low-pass filter attenuates high frequencies, the high-pass attenuates low frequencies, the band-pass attenuates out-of band frequencies, the notch attenuates a narrow band of frequencies. The steeper the transition in the frequency domain, the more extended the impulse response (red). The steepness of the transitions depends on the type and order of the filter. Low-pass, high-pass and band-pass are Butterworth filters of order 4 and 16, notch filters are second-order filters with Q factors (ratio of bandwidth to centre frequency) of 1 and 10. Impulse responses for high-pass and notch include a high amplitude impulse, plotted here with a break.

Figure 4: Left: impulse responses that all yield the same magnitude transfer function (low-pass, similar to that shown in Fig. 3 top left). The filters in blue are causal, those in green acausal. The filter in thick green is zero-phase. All examples are implemented as a cascade of two Butterworth lowpass filters of order 8 and cutoff 10 Hz. Thick blue: both impulse responses are convolved. Blue dashed: same but the result is delayed. Green dashed: same as thick blue but time-reversed. Thick green: one impulse response is time-reversed then convolved with the other. Right: corresponding phase responses. In subsequent figures, causal filters are plotted in blue, acausal in green.

Figure 5: Effects of filtering on a temporally localized event (impulse or spike). The response is spread over time (i.e. no longer precisely localized in time), and delayed if the filter is causal. The overall delay is eliminated if the filter is zero-phase (green), but the response is then acausal, i.e. part of it occurs before the event. The response may include multiple spurious 'features' due to filter ringing.

Figure 6: Impulse responses of typical filters. The left panel shows the impulse response time series, the right plot shows the log of its absolute value (truncated at -60 dB) on a color scale to reveal the low-amplitude tail. A: boxcar of duration 50 ms, B: same, applied using `filtfilt`, C: Butterworth lowpass, cutoff 10 Hz, order 8, D: same as C, cutoff 20 Hz, E: same as D, applied using `filtfilt`, F: Butterworth bandpass, 10-20 Hz, order 8, G: same, order 2, H: same as G, 10-12 Hz. Filters plotted in green are acausal.

Figure 7: Effects of filtering on a step-like event. The response may be smoothed (low-pass filter), and delayed (causal filter). The steady-state part may be lost (high-pass filter), and spurious 'features' may appear, some of which may occur before the event (acausal filter, green).

Figure 8: Step responses of typical filters. The left panel shows the step response time series, the right plot shows the log of its absolute value (truncated at -60 dB) on a color scale to reveal the low-amplitude tail. A: Low-pass Butterworth order 8, cutoff 10 Hz, B: same, applied using `filtfilt`, C: High-pass Butterworth order 2, cutoff 10 Hz, D: same, order 8, E: same as D, applied using `filtfilt`, F: Band-pass Butterworth order 2, 10-20 Hz, G: same, 10-12 Hz, H: same as G, applied using `filtfilt`. Filters in green are acausal.

Figure 9: Effects of filtering on a sinusoidal pulse. The pulse is widened and delayed (causal filter) by a bandpass filter. The delay is avoided with a zero-phase filter, but the response then starts before the event. The pattern of distortion may be more complex (here a bandpass with cutoff slightly below the pulse frequency). For a notch filter tuned to the frequency of the pulse, the suppression may be delayed and there may be a rebound artifact after the pulse. If the filter is acausal a 'rebound' artifact may also occur before onset and offset events.

Figure 10: High-pass filter response to a step (Butterworth order 8, cutoff as indicated in legend). The lines at the bottom of each graph indicate temporal intervals within which certain widely-reported ERP features are expected (Berenscheiftspotential BP, N1 or N100, MMN, P300, P600). These were selected for illustrative purposes; numerous other features have been reported in this range.

Figure 11: Examples of artifactual features that can arise due to high-pass filtering. A: step response of a zero-phase filter (Butterworth order 8 applied using `filtfilt`), cutoff as indicated in legend. B: response to a pulse of a Butterworth order 8 filter, cutoff as indicated in legend. C: response to a smoothed step of a Butterworth filter of order 8 and cutoff 1 Hz, step transition duration as indicated in legend. D: response to a pulse of a Butterworth filter of order 8 and cutoff 1 Hz, pulse duration as indicated in legend. The lines at the bottom of each graph are as defined in Fig. 10.

Figure 12: Response of a bandpass filter (8-11 Hz, Butterworth order 8 applied with `filtfilt`) to a 10 Hz sinusoidal pulse (top) and to an input consisting of two impulses (middle and bottom).

Figure 13: Temporal Response Function estimated from simulated stimulus-response data. Black: “true” TRF. Thick blue: TRF estimated using response data that has been filtered by a causal filter (Butterworth bandpass 1-10 Hz, order 4+4). Green: same with acausal filter (Matlab’s `filtfilt`).

Figure 14: Time frequency power spectral density plots in response to a Dirac pulse (A). B: STFT-based spectrogram with an analysis window of duration 0.5 s. C: wavelet-based spectrogram with an analysis window of duration 7 cycles. D and E: phase plots corresponding to B and C.

Figure 15: Left: power spectrum of data from a MEG system with a shallow (or missing) antialiasing filter. Peaks at 60, 120, 180 and 240 Hz (black arrows) probably reflect power line harmonics, but the origin of the other peaks is mysterious. They might be the result of aliasing of high-frequency sources within the environment, or of higher harmonics of 60 Hz. For example the peak at 200 Hz (red arrow) might result from aliasing of the fifth harmonic of 60 Hz. Right: ringing artifact in a MEG system with a particularly steep antialiasing filter. The magnetic field change was a sharp step.

Figure 16: Linear operations can be swapped. The filtered noisy signal is the superposition of the filtered signal and the filtered noise.