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Preparing the astrocyte perivascular endfeet transcriptome to investigate astrocyte molecular regulations at the brain vascular interface

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Running head

Preparing the endfeetome

Abstract

Astrocytes send out long processes that are terminated by endfeet at the vascular surface and regulate vascular functions in particular through the expression of a specific molecular repertoire in perivascular endfeet. We recently proposed that local translation might sustain this structural and functional polarization. More specifically we showed that a subset of mRNAs is distributed in astrocyte endfeet and characterized this transcriptome. We also identified among these endfeet RNAs, the ones bound to ribosomes, the polysomal astrocyte endfeet mRNAs, which we called the endfeetome. Here, we describe experimental strategies to identify mRNAs and polysomes in astrocyte perivascular endfeet, which are based on the combination of gliovascular unit purification and astrocyte specific translating ribosome affinity purification.

Keywords

Astrocyte; Endfeet; Brain vessels; Gliovascular unit; Transcriptome; Translating ribosome affinity purification (TRAP)

1. Introduction

Translation in cell areas distal from the soma is a well-recognized paradigm of morphologically complex cells, allowing local, rapid and efficient regulations, which are independent from somatic protein synthesis. In this process, mRNAs compacted into granules with specific RNA binding proteins escape translation in the cell soma and are sent to specific sites to be locally translated. In the brain, this operating mode has been well characterized in neurons which axons and dendritic arborization can cover very long distances [1]. It has also been shown to be critical for axon formation or in the fine regulation of neurotransmission [2]. Interestingly, three independent studies recently demonstrated that local translation also occurs in other neural cells such as astrocytes, which are the most numerous glial cells in the brain [3-5]. As neurons, astrocytes display a complex morphology with multiple processes covering large cellular domains and contacting synapses and brain vessels. At these specific interfaces, astrocytes influence synapse formation and function as well as cerebrovascular properties. Remarkably, blood vessels in the brain are almost entirely sheathed by astrocyte processes, also called endfeet, where astrocytes display a specific molecular repertoire involved in the regulation of critical vascular properties such as blood-brain barrier integrity, immune surveillance mechanisms, blood flow regulation and homeostasis [6]. Although the role of astrocytes in the regulation of cerebrovascular functions is well recognized, the way they fulfill it is however far from being understood.

In a recent study, we demonstrated that local translation occurs in astrocyte perivascular endfeet [4]. Moreover, we showed that these subcellular and distal astroglial compartments are equipped with the necessary organelles for translation, protein maturation and secretion, i.e. ribosomes, rough and smooth endoplasmic reticulum and the Golgi apparatus. We identified a pool of mRNAs present in astrocyte perivascular endfeet (the astrocyte endfeet transcriptome) and among them, those linked to ribosomes (polysomal mRNAs). Finally, we compared the

distribution of polysomal mRNAs in whole astrocytes and in perivascular endfeet. The list of most abundant polysomal mRNAs present in astrocyte perivascular endfeet was named the endfeetome. It comprises mRNAs encoding well-known astrocyte endfeet markers such as Aqp4 (Aquaporin 4) and Cx43 (Connexin 43) but also previously unknown markers of the gliovascular unit. Starting from the idea that local translation is a key biological process to regulate astrocyte functions at the vascular interface, the endfeetome might therefore represent a list of potentially important astroglial proteins involved in the regulation of cerebrovascular functions.

Here, we describe the experimental strategy to purify and characterize on one hand mRNAs distributed in astrocyte perivascular endfeet, and on the other hand the endfeetome, the pool of polysomal mRNAs in astrocyte endfeet. The identification of these mRNAs distributed in astrocyte endfeet is based on the comparison of mRNAs extracted from purified microvessels units retaining or not astrocyte endfeet [7, 4]. The identification of polysomal endfeet mRNAs is based on the combined purification of the gliovascular unit with an astrocyte specific ribosome affinity purification protocol (TRAP) [8].

2. Materials

The ultimate goal of this protocol is to purify intact mRNAs from astrocyte endfeet. Therefore, all manipulations require an RNase-free environment: use aerosol-resistant pipette tips and RNase-free reagents and DEPC-treated water, decontaminate benches with RnaseZap (Thermofisher, ref. AM9780), change gloves often. All solutions should be prepared the day before experiment, and kept at 4°C and always keep samples on ice. In all buffers, add 1 µL/mL RNasin just before use to inhibit RNases. To extract polysomes, add 100 µg/mL Cycloheximide (CHX) to all solutions to stabilize mRNA-ribosome complexes. Use EDTA-free reagents since EDTA dissociates polysomes.

2.1. Purification of mRNAs from the gliovascular unit

1. DEPC-treated (RNase free) water
2. RNasin
3. Cycloheximide (CHX): prepare 100 mg/mL (1000x) stock solution in Methanol the day of the experiment
4. Buffer 1 (B1): 10 mM HEPES in HBSS (calcium, magnesium, no phenol red).
5. Buffer 2 (B2): 18% Dextran (from *Leuconostoc* spp. Mr~70,000 in B1.
6. Buffer 3 (B3): 1% Bovine serum albumin (BSA) in B1.
7. RNeasy kit (Qiagen).
8. Trizol (Thermofisher).
9. Nylon net filter disc Hydrophilic 20 µm 47 mm (see Note 1).
10. Motor-driven tissue homogenizer (Dutscher).
11. Refrigerated bench top centrifuges for 50 mL, 20 mL and 1.5 mL plastic tubes.
12. Swinnex 47 mm filter holder PP 8/Pk (Millipore) modified by cutting the bottom off the upper screwing part (see Note 2).

13. Scalpels.

14. Low binding pipette tips (Sorenson, BioScience) see (Note 3).

15. Tissue Lyser (Qiagen).

2.2. Purification of mRNAs from the endfeet-depleted gliovascular units

1. DEPC-treated (RNase free) water

2. RNAsin

3. B1, B2 and B3 buffers.

4. B1 enzyme Mix: 9.683 mL B1 with 150 μ L Liberase DL (2.5 mg/mL) (final concentration: 37.5 μ g/mL) and 166.5 μ L DNaseI (20 U/mL final).

5. RNeasy kit.

6. Trizol.

7. 37°C water bath.

8. Glass Pasteur pipettes with flame-polished edges.

2.3. Translating ribosome purification (TRAP) in astrocyte and astrocyte endfeet

The original TRAP protocol has been elaborated in the laboratory of Nathaniel Heintz (Rockefeller University, NY) and is available in the bacTRAP project web site: www.bactrap.org. We have introduced several modifications to adapt it to our purpose, which are detailed below [8].

1. Astrocyte-specific TRAP mouse line: the strain Tg(Aldh1l1-eGFP/Rpl10a) JD130Htz (MGI: 5496674) (Aldh1l1:L10a-eGFP) expresses the ribosomal protein RPL10a fused with eGFP specifically in astrocytes. It has been generated in the laboratory of Nathaniel Heintz (Rockefeller University, NY) [9] by BAC (bacterial artificial chromosome) transgenesis and is kept in a heterozygous state by backcrossing it with *C57BL6* mice.

2. Monoclonal anti-GFP antibodies: 19C8 and 19F7 bioreactor supernatant (from Sloan Kettering Institute, New York).
3. DEPC-treated (RNase free) water
4. RNasin
5. Cycloheximide (CHX): prepare 100 mg/mL (1000x) stock solution in Methanol the day of the experiment
6. Protein G Dynabeads.
7. Protease Inhibitors (Complete-EDTA free) (see Note 4).
8. 300mM 1,2-Diheptanoyl-sn-Glycero-3-Phosphocholine (DHPC) (Coger) (300mM Stock solution): dissolve 200 mg DHPC in 1.38 mL DEPC-treated water (see Note 5)
9. Mouse immunoglobulin (see Note 6)
10. Yeast tRNA (see Note 7)
11. RNeasy kit.
12. Dissection buffer: 1 x HBSS; 2.5 mM HEPES-KOH [pH 7.4]; 35 mM Glucose ; 4 mM NaHCO₃. At the last minute add CHX at 100 µg/mL.
13. Homogenization buffer: 10 mM HEPES-KOH [pH 7.4]; 150 mM KCl, 5 mM MgCl₂. At the last minute add 0.5mM Dithiothreitol (DTT, fresh aliquot from 1M stock solution in water, aliquote and keep at -20°C), Protease Inhibitors (Complete-EDTA free) 1 mini tablet /10 mL, Rnasin 1 µL/mL, CHX 100 µg/mL.
14. 0.15 KCl IP wash buffer: Homogenization buffer with 1% NP-40. At the last minute add 0.5mM DTT, Protease Inhibitors (Complete-EDTA free) 1 mini tablet /10 mL, Rnasin 1 µL/mL, CHX 100 µg/mL.
15. 0.35 KCl IP wash buffer: Homogenization buffer with 1% NP-40 with 350 mM KCl. At the last minute add 0.5mM DTT; Protease Inhibitors (Complete-EDTA free) 1 mini tablet /10 mL; Rnasin 1 µL/mL; CHX 100 µg/mL.

- 16.** Blocking buffer: Add yeast tRNA (0.1 mg/100 μ L beads) in 1 mL 0.15 KCl IP wash buffer and 0.02 g BSA (2%) (see Note 7).
- 17.** Magnetic 1.5 mL tube holder.
- 18.** Motor-driven Teflon-Glass homogenizer (Dutscher).
- 19.** Refrigerated bench top centrifuge for 1.5 mL tubes.

3. Methods

3.1. Characterization of the astrocyte endfeet transcriptome

We have shown that astrocyte endfeet perivascular membranes containing locally distributed astrocyte mRNAs remain attached to mechanically isolated brain vessels, whereas astrocyte cell bodies as well as all other neural cells are lost during the purification. We also demonstrated that a partial BL enzymatic digestion applied to the purified vessels detaches perivascular endfeet from the vessel surface resulting in the specific depletion of astrocyte perivascular mRNAs and proteins [4]. mRNAs depleted from purified brain vessels upon BL digestion are therefore those that are primarily present in astrocyte endfeet. Thus, the comparison of mRNAs extracted from purified brain vessels submitted or not to BL digestion can allow the identification of mRNAs present in astrocyte endfeet. In this chapter we describe the purification of the gliovascular unit and the partial BL digestion protocol (Fig. 1A).

3.1.1 Purification of the gliovascular unit and mRNA extraction

1. Add 1 μ L/mL RNAsin to all buffers
2. For polysomal RNA extractions, add 100 μ g/mL CHX to stabilize mRNA-ribosome complexes.
3. Prepare a 150 mL beaker with 20 mL of B1. Keep on ice and cover with parafilm to avoid contamination by dusts.
4. Deeply anesthetize and kill the mouse in compliance with national and institutional regulations. Anesthesia is verified by a lack of reaction to a toe pinch.
5. Section the skin with a scalpel from the neck to the nose and pull it away. Remove all contaminating hairs with PBS.
6. To open the skull, first insert scissors anteriorly to the olfactory bulb, and open the scissors to rupture the skull in two parts.

7. Carefully remove the brain using a brain spatula. Dissect out the choroid plexus from the lateral ventricles as they would contaminate the blood vessel preparation [10]. The final preparation will contain parenchymal and meninges vessels. If not desired, meninges can be peeled off following the procedure described by [10].
8. Transfer the brain into the beaker containing B1 solution on ice.
9. Using two scalpels, manually and vigorously beat the brain in the B1 solution subsequently obtaining small pieces of about 2 mm.
10. Homogenize the preparation with an automatized *Dounce homogenizer*, performing 20 strokes at 400 rpm. Ensure that the glass tube is maintained in ice and that the upper part of the douncer is in solution when moving up and down, so as to prevent the formation of air pockets. If several samples are prepared, wash the douncer with ionized water between each homogenization.
11. Transfer the homogenate into a 50 mL plastic tube and proceed to the centrifugation at 2,000 g for 10 min at 4°C. A large white interface (mostly myelin) will form on top of the vessel pellet, which is light red if no perfusion was performed.
12. Discard the supernatant. The vessel pellet and the white interface remain attached together. Add 20 mL of ice-cold B2 solution and shake the tube manually and vigorously for 1 min.
13. Proceed to the second centrifugation at 4,400 g for 15 min at 4°C. The myelin will now form a dense white layer at the surface of the supernatant.
14. Carefully detach the myelin layer from the tube walls by holding the tube and slowly rotating it to allow the supernatant to pass along the walls. Discard myelin with the supernatant. The pellet containing the vessels remains at the bottom of the tube.
15. Blot the inside wall of the tube with an absorbent paper wrapped around a 5 mL plastic pipette and remove all residual fluids, avoid touching the vessel pellet. Keep the tube

upside-down on an absorbent paper to drain any remaining liquid. This step should be performed quickly, do not let the vessel pellet dry.

16. Resuspend the pellet in 1 mL of ice-cold B3 solution by pipetting up and down with low-binding tips (see Note 3), keeping the tube on ice, then add another 5 mL of B3 solution. Make sure that vessels are well resuspended and do not form aggregates anymore.
17. Prepare a beaker on ice with 30 mL of ice-cold B3 solution. Cover with parafilm to avoid air contamination.
18. Place a 20 µm-mesh filter (see Note 1) on a modified filter holder on the top of an empty beaker and rinse by applying 10 mL of ice-cold B3 solution.
19. Pour the vessel preparation on the filter and rinse the vessels now present on the filter with 10 mL of ice-cold B3 solution.
20. Recover the filter using clean forceps and immediately immerse it in the beaker containing 30 mL B3 cold solution. Detach the vessels from the filter by shaking it gently. Always keep the beaker on ice.
21. Pour the beaker content in a 50 mL plastic tube and centrifuge at 2,000 g for 5 min at 4°C.
22. Resuspend the pellet of microvessels in 1 mL of ice-cold B3 solution and transfer it by pipetting it into a 1.5 mL plastic tube. Centrifuge at 2,000 g for 5 min at 4°C.
23. Keep the pellet at -80°C or proceed directly to the RNA extraction by adding 1 mL Trizol and disrupting the vessels at room temperature following the RNA extraction kit protocol.

3.1.2 Purification of the gliovascular unit partially depleted from astrocyte endfeet mRNAs

This protocol is similar to the previous one except that a partial BL digestion is applied to the

brain homogenate prior to the purification of brain vessels. It is critical to carefully monitor digestion so as to remove only astrocyte perivascular membranes, since complete digestion of the BL dissociates the vascular cells. The specific removal of astrocyte endfeet can be easily monitored testing the level of astrocyte (ex: Aqp4), endothelial cells (Cldn5) and mural cells (SMA/acta2, Pdgfr β) markers, at the protein and mRNA levels by Western-blot and by qPCR respectively. Only depletion of astroglial markers should be observed upon BL digestion. Under these conditions, the comparison of mRNAs extracted from digested and undigested brain vessels allows the identification of mRNAs depleted upon BL digestion, which are astrocyte endfeet mRNAs.

1. Steps 1 to 9 are identical to the previous protocol.
2. Centrifuge at 600 g 5 min at 4°C to pellet the brain pieces.
3. Eliminate the supernatant and replace by 5 mL of B1 enzyme Mix.
4. Incubate at 37°C in a water bath and regularly put the brain pieces in suspension by gentle shaking (Note 8).
5. After 15 min, pass the mixture several times through a 5 mL pipette until no more progress is observed in the homogenization (no more than 10 passages).
6. Repeat step 5 using a flame-polished Glass Pasteur pipette of large diameter.
7. Repeat step 5 using a flame-polished Glass Pasteur pipette of small diameter and homogenize until the mix is homogenous.
8. Centrifuge at 2000 g 10 min at 4°C.
9. Discard supernatant and add 10 mL of ice-cold B2 solution and shake the tube manually and vigorously for 1 min.
10. Carefully detach the myelin layer from the tube walls by holding the tube and slowly rotating it to allow the supernatant to pass along the walls. Discard the supernatant. The pellet containing the vessels remains at the bottom of the tube.

11. Next steps are identical to the previous protocol from step 14 to the end.

3.2. Identification of polysomal mRNAs in astrocytes and astrocyte endfeet

Identification of ribosome-bound astrocyte endfeet mRNAs is performed by combining the previously described gliovascular unit isolation with an astrocyte-specific translating ribosome affinity purification (TRAP) [9, 8]. Brain vessels are purified from Aldh1l1:L10a-eGFP mice in which GFP-tagged ribosomes are present specifically in astrocytes. Astrocyte endfeet GFP-tagged polysomes (mRNAs bound to ribosomes) are immunoprecipitated using anti-GFP antibodies, mRNAs are extracted and analyzed. We recommend performing a parallel TRAP experiment on the whole brain to extract astrocyte ribosome-bound mRNAs in the whole cell. The comparison of endfeet and astrocyte mRNAs first allows verification of the specificity of the extraction since any mRNAs present in the endfeet must be detected in whole astrocytes. It also allows identification of possible enrichment/depletion of mRNAs in endfeet. The endfeetome can also be compared to the previously described endfeet transcriptome. Such analysis enables the study of the translational status of endfeet mRNAs. Indeed, mRNAs present in endfeet might not necessarily be bound to ribosomes (Fig. 1B, C).

3.2.1 Column preparation

The protocol is described here for a half adult mouse brain (total astrocyte polysomes) or purified vessels extracted from 4 adult mouse whole brains and pooled before immunoprecipitation (IP) (endfeet polysomes).

We have included two pre-cleaning steps of the extracts before IP to the initial TRAP protocol described by [8]. These steps are designed to avoid unspecific bind of mRNAs to the beads or IgG. The lysate is first placed on a pre-clean column with no antibody, then on a mouse IgG column. In addition, we propose to block unspecific sites of the IP column with yeast tRNA

and BSA. Because combining both gliovascular unit preparation and TRAP is a very long procedure, we recommend preparing all columns the day before extraction (Fig. 1C).

The columns are the following:

Pre-clean: 200 μ L magnetic beads

IgG pre-clean: 200 μ L magnetic beads with 25 μ g mouse IgG (3 mg/mL)

IP GFP: 200 μ L magnetic beads blocked with yeast tRNA and BSA and combined with 50 μ g of mouse anti-eGFP 19C8 and 50 μ g of mouse anti-eGFP 19F7.

1. Resuspend the stock of Protein G Dynabeads by mixing 1-2 minutes.
2. Aliquot 200 μ L Dynabeads per column in 1.5 mL plastic tubes.
3. Place the tubes in magnet for 1 minute and remove supernatant.
4. Remove the tubes from magnet, add 500 μ L 0.15 KCl Wash buffer. Repeat this wash 2 more times.
5. IgG pre-clean column: add 175 μ L of 0.15 KCl Wash buffer. Add 25 μ g mouse IgG and incubate with a slow tilt rotation overnight at 4°C.
6. IP GFP column: add 1 mL 0.15 KCl Wash buffer containing 0.2 mg yeast tRNA and 2% BSA and incubate with a slow tilt rotation for 1 h at 4°C. Wash 3 times with 0.15M Wash Buffer. Add 175 μ L 0.15 KCl Wash Buffer. Add 50 μ g of Mouse anti-eGFP 19C8 and 50 μ g of Mouse anti-eGFP 19F7 and incubate with a slow tilt rotation 2 h (or overnight) at 4°C.
7. The day of TRAP, wash all columns with 500 μ L 0.15 KCl Wash Buffer 3 times to remove unbound antibodies.
8. Resuspend beads with 180 μ L 0.15 KCl Wash buffer and keep on ice.

3.2.2 TRAP procedure

1. Add 1 μ L/mL RNAsin and 100 μ g/mL CHX to all buffers

2. Transfer brain or purified gliovascular units to the 1 mL Teflon-glass homogenizer with 500 μ L homogenization buffer.
3. Insert the Teflon-glass into the glass tube until the solution submerges the entire Teflon-glass.
4. Start stirring at 300 rpm, and then raise speed slowly to 900 rpm. Lower glass tube but do not let Teflon-glass rising to air-solution interface to avoid making air pockets.
5. Perform 12 strokes (whole tissue) or 25 strokes (gliovascular units) and transfer the lysate in a 1.5 mL plastic tube on ice.
6. Spin at 2,000 g for 10 minutes at 4 °C in a refrigerated centrifuge.
7. Transfer the lysate in a 1.5 mL plastic tube on ice and add 50 μ L 10% NP-40 and 58.25 μ L of 300mM DHPC (**Note 5**). Mix slowly by inversion and incubate on ice for 5 minutes.
8. Spin at 20,000 g (14,555 rpm) for 15 minutes at 4 °C in a refrigerated centrifuge.
9. Transfer the supernatant to the first pre-clean column and incubate with a slow tilt rotation for 1h at 4°C.
10. Place tube on magnet for 1 minute and transfer the supernatant to the pre-clean IgG column and incubate with a slow tilt rotation for 1 h at 4°C.
11. Place tube in magnet for 1 minute and transfer the supernatant to the IP GFP column. Add 20 μ L of 300 mM DHPC and incubate with a slow tilt rotation for 30 min at 4°C.
12. Collect beads with the magnet and wash with 500 μ L 0.35 M KCl IP wash buffer 3 times.
13. Collect beads with the magnet and remove the supernatant.
14. Add 300 μ L RLT (RNeasy kit lysis buffer) and incubate 5 min at room temperature.
15. Collect beads with the magnet and transfer the supernatant to a 1.5 mL plastic tube.
16. Extract mRNAs or immediately freeze at -80°C.

4. Notes

- 1 The use of filters of varying size can be introduced to separate brain vessels of different diameters. For example, 100 μm -mesh filters preferentially retain larger vessels [7]. Differential filtration might be interesting to address endfeetome differences among vessel types.
- 2 These specific holders allow an efficient rinsing of the vessels with no loss of material.
- 3 Brain vessels adhere naturally to untreated plastics. Omitting this point would result in the loss of most vessels.
- 4 It is critical to use EDTA-free solutions for polysomal extraction as EDTA dissociates ribosomal units.
- 5 DHPC solubilizes rough microsomes and efficiently removes endoplasmic reticulum membranes from polysomes without altering their structure [11].
- 6 Incubation on the pre-clean columns will remove from the lysate the proteins and mRNAs binding unspecifically to the beads and IgG.
- 7 Incubating the IP column with yeast tRNA and BSA allows blocking of unspecific binding sites.
- 8 Purified vessels need to be treated equally for the comparison of mRNAs extracted from purified gliovascular units and from BL digested gliovascular units, we recommend to incubate brain homogenates in B1 with no enzymes at 37°C as done for BL digestion, prior to the centrifugation step. This will ensure that the vessels are treated equally in both preparations.

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