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To cite this version:

HAL Id: hal-02321911
https://hal.archives-ouvertes.fr/hal-02321911
Submitted on 21 Oct 2019

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Atmospheric Pressure Plasma Spraying of Silane-Based Coatings Targeting Whey Protein Fouling and Bacterial Adhesion Management.

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ABSTRACT

This work aims at studying the impact of silane-based coatings, generated by atmospheric pressure plasma spraying (APPS) of a liquid precursor (hexamethydisiloxane – HMDSO), on dairy antifouling and antibacterial properties of food-grade 316L stainless steel. The influence of the manufacturing parameters (precursor flow rate, nozzle-to-substrate distance and scanning speed) on the coatings properties was investigated using a wide range of characterization techniques (drop shape analysis, X-Ray Mappings, Scanning Electron Microscopy, Fourier-Transformed Infrared Spectroscopy, Atomic Force Microscopy). Coating’s roughness in particular was shown to strongly increase when precursor flow rate increases. A pilot pasteurizer, fed with a model foulant solution (whey protein and calcium), allowed performing two consecutive industrial-like isothermal dairy fouling tests, revealing the promising anti-fouling properties of the HMDSO-coated steel. A fouling reduction of up to 90% compared to bare stainless steel was achieved after first cycle for all samples. The second fouling run allowed to select the best-performing sample, which kept the same antifouling properties as in the first test. Its mechanism of action was investigated, which revealed that a nanostructured, Si-O-Si rich surface was efficient to prevent isothermal dairy fouling. The adhesion of the pathogenic bacterium Staphylococcus aureus also proved to be impacted by this plasma coating, with a significant decrease of adhered cells (-30% compared to native stainless steel).

Key-words: antifouling, atmospheric pressure plasma spraying, dairy pasteurization, silane, HMDSO
ACRONYMS

AFM Atomic Force Microscopy
APPS Atmospheric pressure plasma spraying
FTIR Fourier-Transformed Infrared Spectroscopy
HMDSO Hexamethyldisiloxane
MF Model fluid
PHE Plate heat-exchanger
SEM Scanning Electron Microscopy
SFE Surface free energy
SS Stainless steel
TSB Tryptic Soy Broth
WCA Water contact angle
XPS X-Ray photoelectron spectroscopy

SYMBOLS

D Nozzle-to-substrate distance (mm/s)
Q Precursor flow rate (g/h)
v Scanning speed (mm/s)
F% Fouling weight percent compared to native stainless steel (-)
γ Interfacial or surface energy (mN/m)
θ Contact angle (°)
1. INTRODUCTION

Fouling is a worldwide, costly and eco-aggressive issue, common to all food industries, and particularly present in dairy thermal processing. Milk and its derivatives are indeed rich in thermosensitive biomolecules whose conformations and structures change under heating, leading to their accumulation on the stainless steel (SS) surfaces of industrial equipment. The resulting deposits need to be regularly removed to maintain process efficiency and thus ensure food safety. Those frequent clean-in-place procedures result in production loss and consume large amounts of water, chemicals and energy. Overall, it is estimated that around 80% of dairy production costs are related to fouling [1]. Control strategies for heat-induced dairy fouling and microbial adhesion are therefore urgently needed, as it would allow the development of less expensive and more eco-responsible thermal treatments [2].

During the past decades, a significant research effort has been made to better understand dairy fouling mechanisms and to develop preventive (antifouling) and/or remedial (fouling-release) solutions [3]. It is generally recognized that, under pasteurization conditions (fluid temperature below 100°C), dairy deposits are mainly composed of soluble whey proteins (mainly β-lactoglobulin) and of calcium particles [4–7]. Previous works focusing on dairy fouling on a stainless steel (SS) surface demonstrated that unfolded protein deposits first during the early fouling steps [5] and that only unfolded protein takes part in deposit build-up, on the contrary to aggregated ones [8–10]. Heat induced fouling is also known to be a complex and multi-dependent phenomenon, impacted by the process parameters (e.g. temperature profiles [6,10] and hydrodynamic features [6,11–14]) but also by the fluid’s composition (e.g. calcium and protein ratio, ionic strength, pH [5,10,14–16]) and by the surface properties (e.g. morphology, wettability, surface free energy [17–21]).
Tuning the surface properties thus appears as a suitable route to reduce dairy fouling, as it allows modifying the interactions at the solid-liquid interface and consequently the protein adhesion. Several examples of surface modification targeting fouling control are available in the literature, although most of them target biomedical [22–25] and marine [26–29] fouling issues. Among them, atmospheric pressure plasma spraying (APPS) stands as a very versatile and easily up-scalable process. It allows to functionalize a vast range of substrates (glass, metal, polymers) for different applications, like enhancement of tribological properties [30–32], thermal [33], corrosion protection [34,35] or adhesion promotion [36] to cite a few. Particularly, cell and protein-repellent poly(ethylene glycol)-based hydrophilic surfaces were obtained through atmospheric pressure plasma spraying [37,38]. However, to the best of our knowledge, our team was the first to investigate hydrophobic atmospheric pressure plasma-sprayed coatings targeted at food-related fouling management [39].

This work therefore aims at studying the surface characteristics of siloxane-based coatings generated by solvent-free atmospheric pressure plasma spraying of liquid precursor HMDSO on food-grade stainless steel and at investigating their antifouling properties against isothermal dairy fouling. The coatings’ behavior towards micro-organisms was also assessed through foodborne pathogenic bacterium adhesion tests.
2. EXPERIMENTAL METHODS

2.1. Substrates.

1 mm-thick food-grade 316L stainless steel (SS) samples (Sapim Inox, France) were used as substrate throughout the study. 45 x 15 mm² samples were used for fouling assessment, and 10 x 15 mm² samples were used for imaging. Before being used, the steel surfaces were degreased in 50/50 (v/v) ethanol/acetone and washed in a 2% (v/v) solution of RBS 35 commercial detergent at 65°C. They were then rinsed with hot and room temperature deionized water and dried in air.

2.2. Atmospheric Pressure Plasma Spraying (APPS) System.

Plasma coatings were manufactured using an UL-Scan atmospheric pressure plasma spraying device (AcXys Technologies, France) associated with nebulizing system allowing to spray the precursor directly into the plasma plume, which results from an electric discharge in pure nitrogen. The chosen siloxane-containing liquid precursor was hexamethyldisiloxane (HMDSO) (Fluka). The plasma jet and the precursor nebulizer (Mira-Mist, AnalysenTechnik, Germany) were mounted on a 3-axis automaton (TableTop TT, IAI, Germany) allowing to scan the plasma spot over the substrate. This set-up (Figure 1) allows for several manufacturing parameters to vary and different deposition conditions were thus tested. The variable parameters were: the precursor flow rate $Q$ (g/h), the nozzle-to-substrate distance $D$ (mm) and the scanning speed $v$ (mm/s). All experiments were carried out at room temperature (20°C). Nitrogen was used both as plasmagenic gas and precursor carrier gas, which flow rates were kept constant in all experiments, at 60 standard liter per minute (slm) and 1.9 slm, respectively. To enhance the coatings’ adhesion on SS, an activation pretreatment, i.e. four passes of the plasma jet without any precursor spraying ($N_2$ flow rate= 60 slm, $D= 20$ mm, $v= 100$ mm/s), was applied to all SS surfaces before coating. The efficiency of such pre-treatments has previously been demonstrated.
by Regula et al. (2009) and Szabová et al. (2009). The temperature of samples after exposure to plasma (T) was measured through K-type thermocouple. After activation, T reached 246°C. The samples were left 15 min to cool down to room temperature (20°C) before coating. The activated surfaces, i.e. exposed to plasma with no precursor spraying were then coated.

**Table 1** summarizes all the tested deposition conditions. PL 1 can be considered as the “central” sample, with Q = 35 g/h; D = 20 mm and v = 100 mm/s. For PL 2 to 4, HMDSO flow rate was modified. PL 5 and 6 present nozzle-to-substrate distance variations and finally, PL 7 and 8 present scanning speed variations.

![Figure 1: Schematic diagram of the UL-Scan device.](image)
Table 1: Deposition conditions for APPS coatings.

<table>
<thead>
<tr>
<th>Precursor</th>
<th>Sample ID</th>
<th>Precursor flow rate Q (g/h)</th>
<th>Nozzle-to-sub. distance D (mm)</th>
<th>Scanning speed $v_s$ (mm/s)</th>
<th>Sample Temperature (°C)</th>
</tr>
</thead>
<tbody>
<tr>
<td>HMDSO</td>
<td>PL 1</td>
<td>35</td>
<td>20</td>
<td>100</td>
<td>113</td>
</tr>
<tr>
<td></td>
<td>PL 2</td>
<td>40</td>
<td>20</td>
<td>100</td>
<td>113</td>
</tr>
<tr>
<td></td>
<td>PL 3</td>
<td>30</td>
<td>20</td>
<td>100</td>
<td>133</td>
</tr>
<tr>
<td></td>
<td>PL 4</td>
<td>25</td>
<td>20</td>
<td>100</td>
<td>113</td>
</tr>
<tr>
<td></td>
<td>PL 5</td>
<td>35</td>
<td>10</td>
<td>100</td>
<td>132</td>
</tr>
<tr>
<td></td>
<td>PL 6</td>
<td>35</td>
<td>30</td>
<td>100</td>
<td>107</td>
</tr>
<tr>
<td></td>
<td>PL 7</td>
<td>35</td>
<td>20</td>
<td>50</td>
<td>124</td>
</tr>
<tr>
<td></td>
<td>PL 8</td>
<td>35</td>
<td>20</td>
<td>150</td>
<td>105</td>
</tr>
</tbody>
</table>

2.3. Surface Characterizations

2.3.1. Goniometry

The wettability of the different coatings were assessed with a DSA100 Goniometer (Krüss, Germany) through static water contact angle (WCA) measurements. 2 µL water droplets were deposited on the substrate and the images were analyzed with the Advance 3.0 software.

Surface free energy (SFE) measurements were performed using the same device and software, following the Owens, Wendt, Rabel and Kaelble (OWRK) method (Equation 1 [41]) with deionized water, diiodomethane and formamide (Sigma-Aldrich) as probe fluids. This approach allows for total SFE ($\gamma^{\text{Total}}$) to be decomposed between a polar ($\gamma^p$) and a dispersive ($\gamma^d$) component.

$$\gamma_{SL} = \gamma_S + \gamma_L - 2(\sqrt{\gamma_S^D \cdot \gamma_L^D} \cdot \sqrt{\gamma_S^P \cdot \gamma_L^P})$$  \hspace{1cm} \text{Equation 1}

The resulting data are representative of at least 9 measurements (3 measurements on 3 droplets) for each probe fluid.

2.3.2. Scanning Electron Microscopy (SEM)

SEM pictures were obtained with a Hitachi S4700 device. A 5 kV acceleration voltage and a current intensity of 15 µA were implemented for all observations.
2.3.3. Electron-Probe Micro-Analyzer (EPMA)

Sample preparation
To obtain cross-section images, the samples were embedded in epoxy resin cylinders and then polished on a rotary polisher with abrasive silicon carbide paper (grades #180 to #2400) in order to get neat and smooth cross-sections.

When X-ray mappings of thin coatings are needed (below 1 μm), the sample is not embedded in epoxy resin, the cross section is directly polished by the mean of an ion polisher, Fischione 1060 SEM ion milling. A 5 hours polishing process was used, the argon beam was used at 4kv for 4hours for polishing and then at 1kV for 1hour for cleaning.

X-Ray Mappings
EPMA analyses were carried out with a Cameca SX100 electron probe micro-analyzer at 15 kV, 40 nA. X-ray mappings used PET crystal to detect the Kα of S (protein deposit) and Ca (mineral deposit), TAP crystal to detect the Kα of Si (plasma coating) and LiF crystal to detect the Kα of Fe (steel substrate).

2.3.4. Contact Profilometer
Arithmetic mean roughness of the different samples was measured on an AlfaStep IQ surface profilometer (KLA-Tencor). The tip speed was 20 μm/s and profiles were recorded on 500 μm-long segments. At least three measurements were carried out on each surface.

2.3.5. Atomic Force Microscopy (AFM)
The samples were imaged using a Dimension 3100 model AFM (Veeco) equipped with a Nanoscope IV controller (Digital Instruments) under ambient conditions. Single beam silicon cantilevers (AFM-TM Arrow, Nanoworld) with spring constants of ~ 42 Nm⁻¹ and resonant frequencies of ~250 kHz were used. All AFM images were acquired in tapping mode and the image size was 200×200 nm².
2.3.6. *Fourier-Transform Infrared Spectroscopy (FTIR)*

FTIR spectroscopy of the different coatings was performed on a Nicolet iS-50 spectrometer (Thermo Scientific), in the spectral range 500 to 4000 cm\(^{-1}\). Spectra post-treatment was done with Omnic 9 software.

2.3.7. *X-Ray photoelectron spectroscopy (XPS)*

XPS analysis were performed on a Kratos AXIS Ultra LDL device with a monochromatic Al K\(\alpha\) X-ray source (10 mA, 12 kV). C 1s, O 1s, Fe 2p, Cr 2p, Ni 2p and Si 2p spectra were obtained using a 40 eV pass energy. Spectra post-treatment was done using Casa XPS software (version 2.3.16, Casa Software Ltd.) All spectra were charge corrected to give the adventitious C1s component a binding energy of 284.8 eV.

2.3.8. *Cross-Hatch Adhesion Test*

The coating’s adhesion on SS substrates was studied following the ASTM D3359-B standard with an Elcometer 107 cross-hatch cutter of 3 mm with 6 teeth. This procedure classifies coatings adhesion from 5B (very good adhesion) to 0B (poor adhesion) ranges.

2.4. *Fouling Tests*

2.4.1. *Model Fluid*

A model fluid (MF) was used instead of fresh milk for fouling tests to ensure repeatability and control of the fouling process. Its formulation was chosen to approach skim milk \(\beta\)-lactoglobulin content [42]. This MF was a 1% (w/v) solution of whey protein concentrate powder (Promilk 825 FB1, 80% protein in dry state, IDI SAS, France) in reverse osmosis water. Proteins were left to rehydrate for 2 hours at room temperature, under stirring and then the calcium content was adjusted at 100 ppm \textit{via} CaCl\(_2\) adjunction in order to generate significant deposits during the run,
while avoiding overpressure phenomena [6]. Five hundred liters of MF were freshly prepared for each fouling test. The pH value of this solution was 6.8 and the protein and calcium contents of each batch were checked via atomic absorption spectrometry and HPLC respectively.

2.4.1.1. Pilot Pasteurizer

The pilot pasteurizer used in this study (Figure 2) results from the downscale of an industrial process. It consists in a storage tank, a volumetric pump and two plate heat-exchangers (PHE) with V7 corrugated plates from Alfa-Laval Vicarb (France). The first PHE preheats the MF from room temperature to 65°C. The second PHE heats the fluid to the pasteurization working temperature, i.e. 85°C. The sample holder is connected just at the outlet of the heating section. The samples are therefore tested under isothermal conditions, like the inner surface of a holding section. Model fluid flow rate was 300 L/h, which corresponds to a Reynolds number of 2400 in the sample-holder (transient-turbulent regime). The plant was started with reverse osmosis water and switched to MF once steady-state regime was reached. A by-pass allowed to equilibrate the conditions with MF before circulating in the sample holders. To better mimic industrial conditions, the MF was not recirculated. Each fouling test lasted 1.5 h, which is the threshold of fouling-induced pressure increase the system can withstand. After a first fouling test, the samples were rinsed for 20 min with hot water, taken out of the pasteurizer and left to dry completely in a cold room before to be weighted and analyzed. Some plasma coated samples were then submitted to a second fouling test, identical to the first one. In that second pasteurization run, clean bare SS surfaces were used as references. The fouling results presented in this article are representative of at least 3 replicates for each sample.
2.5. **Bacterial Adhesion Assay**

Bacterial adhesion assays were carried out with *Staphylococcus aureus* CIP 4.83, a well-known foodborne pathogen bacterium. Pre-cultures were prepared by inoculating 100 µL from frozen tubes into 5 ml of Tryptic Soy Broth (TSB) and grown at 37°C for 24h. Main cultures were then prepared by inoculating 50 mL of TSB with 100 µL from the pre-culture tubes and incubated at 37°C with shaking at 160 rpm. *S. aureus* cells were harvested at the late exponential phase of bacterial growth (centrifugation at 3000 rpm, 4°C, 10 min). The cells were then washed twice with 20 mL of physiological water (PW). After re-suspension in PW and sonication, the absorbance at 620 nm was checked by optical density measurements and the cell suspension was diluted to an estimated concentration of $10^7$ CFU/mL.

**Figure 2:** Pilot pasteurizer diagram [21].
The different substrates were then covered with 3 mL of bacterial suspension. After one hour of static incubation, they were rinsed twice with PW and stained with acridine orange for 15 min. After two rinses with PW, the substrates were observed with an Olympus BX43 fluorescence microscope (x 100). The data presented in the paper are representative of 12 different samples for each surface (2 batches of 6 samples, tested on different days with different pre-cultures, 10 microscope fields per sample).
3. RESULTS AND DISCUSSIONS

3.1. Influence of the manufacturing parameters on surface properties.

Wettability, surface energy and roughness features of the plasma coatings are gathered in Table 2.

Table 2: Surface properties of the HMDSO plasma coatings.

<table>
<thead>
<tr>
<th>Sample ID</th>
<th>Water contact angle (°)</th>
<th>Surface free energy (mN/m)</th>
<th>Arithmetic mean roughness Ra (nm)</th>
<th>Adhesion Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bare SS</td>
<td>84.2 ± 2.6</td>
<td>41.9 ± 4.3</td>
<td>32.0 ± 1.3</td>
<td>68 ± 12</td>
</tr>
<tr>
<td>Activated SS</td>
<td>23.5 ± 0.9</td>
<td>64.7 ± 15.0</td>
<td>35.7 ± 6.3</td>
<td>70 ± 9</td>
</tr>
<tr>
<td>PL 1</td>
<td>95.7 ± 3.3</td>
<td>37.7 ± 1.8</td>
<td>33.8 ± 1.1</td>
<td>45 ± 3</td>
</tr>
<tr>
<td>PL 2</td>
<td>79.3 ± 4.0</td>
<td>38.4 ± 1.9</td>
<td>35.7 ± 1.0</td>
<td>51 ± 1</td>
</tr>
<tr>
<td>PL 3</td>
<td>101.2 ± 0.6</td>
<td>44.0 ± 1.7</td>
<td>28.2 ± 1.6</td>
<td>43 ± 4</td>
</tr>
<tr>
<td>PL 4</td>
<td>101.5 ± 1.0</td>
<td>46.5 ± 3.0</td>
<td>32.0 ± 1.1</td>
<td>41 ± 3</td>
</tr>
<tr>
<td>PL 5</td>
<td>97.1 ± 0.8</td>
<td>43.3 ± 4.0</td>
<td>36.2 ± 1.1</td>
<td>64 ± 5</td>
</tr>
<tr>
<td>PL 6</td>
<td>94.3 ± 2.2</td>
<td>41.5 ± 4.7</td>
<td>34.3 ± 2.3</td>
<td>49 ± 3</td>
</tr>
<tr>
<td>PL 7</td>
<td>95.0 ± 1.3</td>
<td>48.5 ± 7.0</td>
<td>36.1 ± 1.2</td>
<td>40 ± 13</td>
</tr>
<tr>
<td>PL 8</td>
<td>95.4 ± 1.4</td>
<td>42.3 ± 4.6</td>
<td>32.0 ± 1.3</td>
<td>51 ± 4</td>
</tr>
</tbody>
</table>

3.1.1. Effect of the Activation Step

Bare SS exhibits a static WCA value of 84.2 ± 2.6°, which is slightly high compared to some existing papers [43], but is still consistent with other data found in the literature [44,45]. As expected, the plasma activation of SS significantly decreases the WCA of the substrates from 84.2 ± 2.6° to 23.5 ± 0.9° and consequently increases their SFE from 41.9 ± 4.3 mN/m to 64.7 ± 15.0 mN/m. It is noticeable that, while the dispersive SFE components of bare and activated SS do not differ from each other (38.2 ± 0.9 mN/m vs 35.7 ± 6.3 mN/m, respectively), activation clearly has an effect on the polar component that shifted from 3.7 ± 2.5 mN/m to 29.0 ± 9.1 mN/m. Plasma activation is indeed known to change surface chemistry and to generate reactive groups, like hydroxyls, on the treated substrates [34]. Activation has no impact on roughness, which was expected, as APPS does not deliver enough energy to melt and reshape stainless steel.
3.1.2. **HMDSO Coatings**

Cross-hatch test revealed that all plasma coatings classify as 5B grade, which indicates that activation induced very good adhesion to the SS substrate. Similar effect of plasma activation was reported by Regula et al. (2009) [34], who showed better adhesion for HMDSO coatings on silver thanks to plasma-induced reductive species.

Overall, the HMDSO coatings exhibit mild to medium hydrophobicity with WCA between 79.3 ± 4.0° and 101.5 ± 1.0° and in all cases except PL 2 (which has been done with the highest HMDSO flow rate), the plasma coating increased surface hydrophobicity. Arithmetic mean roughness was decreased in presence of the coating, regardless of the deposition conditions. This was not surprising as the silicon-containing layer is expected to partly fill in some of the grain boundaries and structural defects of the SS surface. It is interesting to notice that while total SFE ($\gamma^{\text{Total}}$) values of bare and coated SS, regardless of the coating conditions, do not present any significant difference, the polar component ($\gamma^{\text{P}}$) does evolve. PL 3, 4, 7 and 8 indeed exhibit higher $\gamma^{\text{P}}$ values than bare SS. In comparison, Rosmaninho et al. (2007) [17] reported very rough (Ra = 206 ± 48 nm) and rather hydrophilic SiO$_x$ coatings obtained on SS with HMDSO through PECVD (plasma enhanced chemical vapor deposition, i.e. low pressure plasma), for which WCA value was of 15 ± 3°, $\gamma^{\text{Total}}$ was of 55.6 ± 0.1 mN/m and $\gamma^{\text{P}}$ was of 52.9 ± 1.7 mN/m. Beuf et al. (2003) [46] also studied PECVD SiO$_x$ coatings from HMDSO on stainless steel. Their coatings were less rough than that of Rosmaninho et al. (2007) and their SFE approached that of SS, as it is the case here. The differences observed between those coatings and the ones obtained here by APPS, although they originate from the same chemical precursor and similar processes, highlight the importance of manufacturing conditions on the final properties of a surface.

Characterization of the coatings’ surfaces and comparisons between each other allowed to study the consequences of deposition parameters modification on the surface properties (Figure 3).
Those comparisons pointed out that while the variation of HMDSO flow rate impacts the coating’s properties, changes in nozzle-to-substrate distance and scan speed in the studied range do not: indeed, in those cases variations of WCA, SFE and Ra do not exceed the incertitude margins (Figure 3B and C).
Figure 3: Surface characteristics of HMDSO coatings according to HMDSO flow rate (A), nozzle-to-substrate distance (B) and scanning speed (C).

Nevertheless, nozzle-to-substrate distance obviously impacts the residence time ($t_r$) of the precursor in the plasma plume. This residence time can be assimilated to its travel time between the nozzle and the substrate, as HMDSO is nebulized right at the nozzle outlet. $t_r$ value therefore correlates with the plasmagenic gas flow rate – as established by Lommatzsch & Ihde (2009) – which was kept constant at 60 l/min ($10^{-3}$ m$^3$/s) for all experiments. The speed of the gas can be approximated as the ratio between its flow rate and the nozzle section ($1.3.10^{-5}$ m$^2$) to the value of 79.5 m/s. Consequently, for samples PL 1 to 4 and 7 to 8, where D was kept constant at 20 mm, HMDSO took $2.5.10^{-4}$ s to reach the substrate surface, which is the $t_r$. For PL 5 (D = 10 mm) and PL 6 (D=30 mm), $t_r$ was $1.5.10^{-4}$ s and $3.9.10^{-4}$ s, respectively. Considering that there is no significant difference between PL 1, 5 and 6 in terms of WCA, SFE or roughness (Figure 3A), it could then be concluded that in the present conditions, the precursor reaches its final degradation state within $1.5.10^{-3}$ s after penetration in the plasma plume.

On the other hand, the increase of HMDSO flow rate clearly impacts the coatings’ WCA and roughness. Nevertheless, the corresponding SFE values do not differ significantly from one another (Figure 3C). This can seem surprising, as SFE and WCA are generally considered to vary together (WCA increases as SFE decreases). Nevertheless, as roughness also fluctuates, the WCA decrease is susceptible to be the consequence of morphological differences between the samples rather than chemical ones. It is indeed known that surface roughness impacts the apparent water contact angle of a surface as stated by the Wenzel’s equation (Equation 1 [48]) which links this apparent contact angle ($\theta_w$) to the real “flat” one ($\theta$), i.e. the contact angle resulting only from surface chemistry.

\[
\cos\theta_w = r \cos\theta
\]

Equation 1
In the present case, SEM micrographs of coatings (Figure 4) generated with three different HMDSO flow rates (25, 35 and 40 g/h respectively) reveal an evolution of the surface morphology vs flow rate increase. At 25 g/h, the surface of the coating looks smooth, but when $Q_{\text{HMDSO}}$ rises to 35 g/h, scattered lumps appear. The coating generated with the highest flow rate (40 g/h) has a very grainy, lumpy look which corroborates the existing literature stating that higher precursor flow rate induces the formation of powder in the plasma plume and the integration of particles in the coatings [47]. Moreover, FTIR spectra of coated stainless steel with 25 g/h and 40 g/h of HMDSO (Figure 5) prove that HMDSO flow rate had no significant effect on the coatings’ chemistry, which is in accordance with the findings of Lommatzsch and Ihde (2009) [47]. Consequently, it can be suggested that the WCA changes come from morphological variations.

![Figure 4: SEM surface micrographs of different HMDSO coatings compared to native stainless steel.](image-url)
Figure 5: FTIR spectra of HMDOS APPS coatings with two different precursor flows, 25 g/h (A) and 40 g/h (B).

3.2. Fouling results

All samples were submitted to two consecutive fouling runs, to study their antifouling performances and to perform a first quantitative evaluation of their durability. Native stainless steel was taken as reference in all experiments. Samples were weighted before and after each fouling test and their fouling percentages (F%) were calculated according to Equation 2.

$$F\% = \left( \frac{M_{PL i} - M_{Ref}}{M_{Ref}} \right) \times 100$$  \hspace{1cm} \text{Equation 2}

$F\%$: Percentage of fouling gained or lost compared to the reference (-)

$M_{PL i}$: Deposit mass on sample PL $i$ (mg)

$M_{Ref}$: Deposit mass on the reference bare stainless steel (mg)
After their first use, all HMDSO coatings presented very good antifouling behaviors regardless of the deposition conditions (Figure 6), with F% comprised between -90 wt. % and -99 wt. %. The present hydrophobic plasma coatings were nevertheless able to reduce significantly dairy fouling in a simulated pasteurization holder. In comparison, Beuf et al. (2003) [46] and Rosmaninho et al. (2007) [17] reported that plasma enhanced chemical vapor deposition (PECVD), i.e. vacuum plasma SiOx coatings had mediocre to disadvantageous effect on dairy fouling. However, the coatings reported in those two studies were rather hydrophilic and rough, which are two fouling-promoting factors [49]. Moreover, the present atmospheric plasma coating SFE do not differ from the one of bare SS, and the polar components $\gamma_p$ are generally higher than the one of stainless steel (Table 2). Such sets of surface free energy parameters are usually considered as unfavorable for fouling reduction [17]. The antifouling action of plasma coating is thus very likely to lie with the generally acknowledged chemical inertness of siloxanes.

![Figure 6: Fouling performances of HMDSO APPS coatings.](image)

However, after the second fouling test, coatings exhibit very variable F%. Particularly, PL 1, 2, 5 and 8 present a fouling increase compared to bare SS whereas PL 3, 4 and 7 exhibit clear loss of
nonfouling properties. On the other hand, PL 6 (35 g/h; 30 mm; 100 mm/s) remained close to its original fouling performance. One possible explanation is that, depending on surface morphology, some deposit from the first use persisted more or less on the coatings and acted as a promoting basis for further deposition during the second testing run. Indeed, WCA measures carried on coatings after their first use showed a clear shift for all coatings towards hydrophilicity, except for PL6, whose post-fouling WCA stayed close to its initial value (Table 3). Dairy fouling deposits are composed of hydrophilic protein and minerals, and the observed decrease of WCA is consistent with residual deposits on the substrates. By comparison, control measurements carried out on coatings that were immersed in 85°C water for 1.5h showed WCA values very close to that of pristine coatings.

**Table 3**: Water contact angle of the coatings in pristine state, after the first fouling test and after a 1.5 h immersion in hot water.

<table>
<thead>
<tr>
<th>Sample ID</th>
<th>Pristine WCA (°)</th>
<th>WCA after 1st fouling test</th>
<th>WCA after a 1.5 h immersion in hot water</th>
</tr>
</thead>
<tbody>
<tr>
<td>PL 1</td>
<td>95.7 ± 3.3</td>
<td>68.4 ± 2.2</td>
<td>95.2.5 ± 2.5</td>
</tr>
<tr>
<td>PL 2</td>
<td>79.3 ± 4.0</td>
<td>57.0 ± 2.7</td>
<td>76.6 ± 1.7</td>
</tr>
<tr>
<td>PL 3</td>
<td>101.2 ± 0.6</td>
<td>61.8 ± 4.0</td>
<td>101.1 ± 1.4</td>
</tr>
<tr>
<td>PL 4</td>
<td>101.5 ± 1.0</td>
<td>61.7 ± 4.0</td>
<td>102.4 ± 0.9</td>
</tr>
<tr>
<td>PL 5</td>
<td>97.1 ± 0.8</td>
<td>63.0 ± 1.4</td>
<td>97.7 ± 1.5</td>
</tr>
<tr>
<td>PL 6</td>
<td>94.3 ± 2.2</td>
<td>93.2 ± 1.1</td>
<td>93.8 ± 2.4</td>
</tr>
<tr>
<td>PL 7</td>
<td>95.0 ± 1.3</td>
<td>78.9 ± 0.8</td>
<td>96.1 ± 1.7</td>
</tr>
<tr>
<td>PL 8</td>
<td>95.4 ± 1.4</td>
<td>63.1 ± 2.7</td>
<td>94.8 ± 3.8</td>
</tr>
</tbody>
</table>

From this point, the focus will be taken on PL6, in order to elucidate the reasons for its good performances.

**Figure 7** presents cross-section EPMA X-Ray Mappings performed on PL 6 coating after two consecutive fouling tests compared to bare SS. The arborescent look of dairy fouling on native stainless steel (**Figure 7B**) and the presence of calcium in forms of particles (**Figure 7C**) are consistent with previous observations of isothermal fouling [5,21].
The HMDSO coating is apparent (Figure 7G) and its thickness can be approximated to 150 nm. As a matter of fact, coating thickness did not vary according to manufacturing conditions, probably because the studied flow rate variation range is too small to have a significant impact. The difference between dairy fouling on bare steel and on PL 6 coating is striking. The deposit forms a continuous 250-300 µm-thick film on the reference after one fouling test, whereas only 5µm-thick isolates are found on PL 6 after two pasteurization cycles.

**Figure 7**: Cross-section EPMA X-ray Mappings of one-time fouled bare stainless steel (top row) and two-time fouled PL 6 coating (bottom row).

XPS analyses (Figure 8) indeed showed the presence of oxygen, carbon and silicon at the surface of PL 6 coatings, whereas iron, nickel, oxygen and carbon were found on bare SS. Component analysis of the different elements on both surfaces allowed to investigate closely their composition. On bare SS, the study of Fe 2p and Cr 2p spectra (Figure 9) following the decomposition proposed by [50] revealed the strong presence of iron and chromium oxides, which are electron donor components, very prone to bound unfolded whey protein [51]. On PL 6, the Si 2p binding energy (102.8 eV) was found to match exclusively that of siloxane [52] and the O 1s binding energy (532.6 eV) to match exclusively that of the oxygen atom of a Si-O-Si group.
The PL 6 coating’s surface is thus rich in Si-O-Si groups, which are electron acceptors [54]. The antifouling properties of PL 6 coatings are thus consistent with the findings of Boxler et al. (2013a), who established the antifouling properties of Si-O doped coatings against dairy proteins.

**Figure 8:** XPS surveys of bare stainless steel (A) and PL 6 coating (B).

**Figure 9:** XPS Spectra of Fe (A) and Cr (B) in bare stainless steel.
Figure 10: XPS Spectra of O (A) and Si (B) in PL 6 coating.

AFM observations of bare SS and PL 6 (Figure 11) revealed a drastic change in surface morphology induced by plasma coating, although the plasma coating is too thin to fill completely the grain boundaries of the stainless steel substrate. Indeed, while bare SS presents hundred-nanometer deep and wide defects, nano-peaks are visible on PL 6. This nano-roughness is reminiscent of nanotextured and antiadhesive biological surfaces (e.g. lotus leaves). In the case of PL 6, this particular morphology, allied to the chemical features mentioned earlier, certainly lowered deposit adhesion and prevented interlocking of dairy foulant particles whose diameters are of 50-60 nm. Previous work indeed pointed out the importance of the relative size of surface relief versus foulants, suggesting that nano-roughness could be beneficial regarding fouling management [5,21].
3.3. Bacterial Adhesion.

The observation and comparison of bare stainless steel and PL6 coating (Figure 12) revealed that plasma treatment had a significant impact on S. aureus adhesion. It was indeed observed that the adhesion rate of bacterial cells are reduced by 30 % on PL6 surfaces when compared to native surface: bare stainless steel presented an adhesion rate of 48 ± 6 cells per microscopic field, whereas PL6 samples showed an adhesion rate of 34 ± 7 cells per microscopic field. Microscopic observations moreover evidenced that a significant part of adhered cells on PL6 were located in the surface’s grain boundaries (Figure 13). This impact of surface topography on bacterial adhesion has been previously reported [56,57]. A polishing step before plasma treatment should thus improve the coating’s resistance to bacterial adhesion.

Figure 11: AFM pictures of bare SS and PL 6 coating.
Figure 12: *Staphylococcus aureus* total cell counts on native stainless steel and PL6 coating after 1 hour of static adhesion test.

![Graph showing bacterial cell counts](image)

Figure 13: Fluorescence microscopy picture of bare SS (left) and PL6 surface (right) after 1 h of *S. aureus* adhesion.

![Fluorescence microscopy image](image)
4. CONCLUSIONS

Atmospheric pressure plasma spraying was successfully used to generate thin, very adhesive, hydrophobic silane-based coatings on food-grade stainless steel. The impact of manufacturing conditions (precursor flow rate, scanning speed and nozzle to substrate distance) on the coatings’ surface properties was investigated. Variation of precursor flow was shown to significantly impact surface roughness and morphology of the coatings, as particles are formed in the plasma plume when precursor flow increases. Those particles, included in the film, generate uneven morphologies. However, no significant effect of scanning speed or distance between the nozzle and the substrate was witnessed in the chosen variation ranges. Further research should definitely study the impact of other ranges for manufacturing conditions.

HMDSO coated samples were tested against dairy fouling under industrial conditions. They were shown to be efficient antifouling surfaces, however, as expected, the manufacturing conditions impacted the coatings’ performances. The best performing coating, which allowed to reduce dairy fouling by more than 90 % for two consecutive fouling runs, was closely characterized. Its nanostructured Si-O-Si rich surface was demonstrated to be well fitted for fouling reduction. This plasma treatment also proved to reduce by 30% the number of S. aureus adherent cells compared to native stainless steel.

Further research will be dedicated to the optimization of the manufacturing parameters through experimental design in order to produce coatings with tuned surface properties targeting antifouling in isothermal or non-isothermal conditions. Surface roughness of the treated stainless steel should also be investigated.
SUPPLEMENTARY DATA

The supplementary data include the quantitative fouling performances of the different plasma coatings.

ACKNOWLEDGEMENTS

The authors would like to thank the Région Hauts-de-France and University of Lille – Sciences and Technologies (France) for funding this project. They also thank the french Agence Nationale de la Recherche (ANR) through the ECONOMICS project (ANR-17-CE08-0032) for its financial support and the Common Microscopy Center of UMET for the SEM and EPMA analysis. Chevreul Institute (FR 2638), Ministère de l’Enseignement Supérieur et de la Recherche and FEDER are also acknowledged for supporting and funding this work.
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Highlights for Atmospheric Plasma Spraying of Silane-Based Coatings Targeting Whey Protein Fouling and Bacterial Adhesion Management.

- Among manufacturing conditions, precursor flow rate highly impacts coating topography.
- Silane-based coatings efficiently decrease whey protein isothermal fouling.
- A Si-O-Si-rich and nanotextured surface is an asset against protein fouling and bacterial adhesion.
Graphical abstract