Higher plasma oxidative damage and lower plasma antioxidant defences in an Arctic seabird exposed to perfluoroalkyl carboxylic acids

David Costantini, Pierre Blévin, Dorte Herzke, Borge Moe, Geir Wing Gabrielsen, Jan Ove Bustnes, Olivier Chastel

► To cite this version:

David Costantini, Pierre Blévin, Dorte Herzke, Borge Moe, Geir Wing Gabrielsen, et al.. Higher plasma oxidative damage and lower plasma antioxidant defences in an Arctic seabird exposed to perfluoroalkyl carboxylic acids. *Environmental Research*, 2019, 168, pp.278-285. 10.1016/j.envres.2018.10.003 . hal-02238536

HAL Id: hal-02238536

<https://hal.science/hal-02238536>

Submitted on 26 Sep 2019

HAL is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.

**Higher plasma oxidative damage and lower plasma antioxidant defences in an
Arctic seabird exposed to perfluoroalkyl carboxylic acids**

David Costantini^{1,*}, Pierre Blévin², Dorte Herzke³, Børge Moe⁴, Geir Wing Gabrielsen⁵,
Jan Ove Bustnes⁶ and Olivier Chastel²

¹ UMR 7221 CNRS/MNHN, Muséum National d'Histoire Naturelle, Sorbonne
Universités, 7 rue Cuvier 75005 Paris, France

² Centre d'Etudes Biologiques de Chizé (CEBC), UMR 7372 – CNRS Université de La
Rochelle, 79360 Villiers-en-Bois, France

³ Norwegian Institute for Air Research, NILU, Fram Centre, NO-9296 Tromsø, Norway

⁴ Norwegian Institute for Nature Research, NINA, Høgskoleringen 9, NO-7034
Trondheim, Norway

⁵ Norwegian Polar Institute, Fram Centre, NO-9296 Tromsø, Norway

⁶ Norwegian Institute for Nature Research, NINA, Fram Centre, NO-9296 Tromsø,
Norway

*** Corresponding author:**

David Costantini

UMR 7221 CNRS/MNHN

Muséum National d'Histoire Naturelle

7 rue Cuvier 75005 Paris

France

email david.costantini@mnhn.fr

Tel. : +33(0)1.40.79.53.74

ABSTRACT

Perfluoroalkyl and polyfluoroalkyl substances (PFASs) may cause detrimental effects on physiological function and reproduction of Arctic animals. However, there is a paucity of information on the link between PFASs and oxidative stress, which can have potential detrimental effects on key fitness traits, such as cellular homeostasis or reproduction. We have examined the correlations between multiple blood-based markers of oxidative status and several perfluoroalkyl carboxylic acids (i.e., with 8 or more carbons) in male Arctic black-legged kittiwakes (*Rissa tridactyla*) during the pre-laying period. Higher protein oxidative damage was found in those birds having higher concentrations of perfluorododecanoic acid (PFDoA), perfluorotridecanoic acid (PFTriA) and perfluorotetradecanoic acid (PFTeA). Lower plasmatic non-enzymatic micro-molecular antioxidants was found in those birds having higher concentrations of perfluoroundecanoic acid (PFUnA), PFDoA and PFTeA. Effect size estimates showed that the significant correlations between PFASs and oxidative status markers were intermediate to strong. The non-enzymatic antioxidant capacity (including antioxidants of protein origin) was significantly lower in those birds having higher plasma concentration of linear perfluorooctanesulfonic acid (PFOSlin) only. In contrast, the activity of the antioxidant enzyme glutathione peroxidase in erythrocytes was not associated with any PFAS compounds. Our results suggest that increased oxidative stress might be one consequence of long-chain PFAS contamination. Given the correlative nature of our study, experimental work will be needed to demonstrate whether PFASs cause toxic effects on free-living vertebrates through increased oxidative stress.

INTRODUCTION

Ecotoxicological studies have so far extensively directed their attention toward legacy persistent organic pollutants (POPs) like organochlorine pesticides (OCPs) and polychlorobiphenyls (PCBs).¹ In contrast, less attention has been given to the environmental toxicity of other organic contaminants in the Arctic, such as chlorinated paraffins, phthalates, siloxanes or the perfluoroalkyl and polyfluoroalkyl substances (PFASs).² Among these, PFASs remain comparatively much less investigated.³ PFASs are synthetically manufactured chemicals, produced since the 1950s, that are widely used for numerous industrial and commercial purposes as water repellents and surfactants (e.g., impregnation agents for carpets, papers and textiles, fire-fighting foam, non-stick coating and waterproof clothing).⁴⁻⁵ Chemically and thermally stable, PFASs are highly persistent in the environment and have been detected globally in both wildlife and humans.⁶⁻⁸ Because of oceanic currents and atmospheric long-range transport, PFASs and their precursors and breakdown products can reach high latitudes, such as the Arctic Ocean.⁹⁻¹¹ Once deposited in the Arctic marine ecosystem, PFASs bio-accumulate in living organisms and bio-magnify along the food webs.¹²⁻¹⁶ Importantly, (i) PFASs have long half-lives, which facilitates their bio-accumulation through the food webs depending on the species and PFAS congener⁸; (ii) the long and odd carbon-chain-length PFASs appear to be more bio-accumulative and toxic than the short and even-chain length PFASs in wildlife.¹⁷⁻²⁰

It is worthwhile to note that while PFASs have been produced for over 50 years, it is only since late 1990s that their occurrence in the environment has come under scientific scrutiny. PFASs have raised recent concerns about their potential physiological disrupting properties and negative impacts on reproductive fitness in wildlife (multiple

species in ²¹; lesser black-backed gull in ²²; northern fulmar in ²³; zebrafish in ²⁴; tree swallow in ²⁵; black-legged kittiwake and northern fulmar in ²⁶; black-legged kittiwake in ²⁷⁻²⁸; black-legged kittiwake in ²⁹⁻³⁰; glaucous gull in ³¹; common eider, black guillemot, black-legged kittiwake, glaucous gull, arctic skua and great skua in ³²).

Increased molecular oxidative damage and disruption of antioxidant defences are suspected as important mechanisms through which PFASs could be detrimental for cell function and, possibly, for organism health. Experimental evidence on laboratory models found that PFASs may increase production of reactive oxygen species (ROS), increase molecular oxidative damage and up- or down-regulate antioxidant defences.^{24,33-34} Further work found that the perfluoroundecanoic and perfluorododecanoic acids (PFUnA and PFDoA, respectively) are equally potent inducers of stress response genes relative to perfluorooctane sulfonic acid (PFOS) and perfluorononanoic acid (PFNA) and that the effect of carbon-chain-length was more important than the functional group in determining oxidative stress.³⁵ There is thus good reason to expect that long-chain PFASs might cause dysregulation of the oxidative homeostasis, leading to accumulation of oxidative damage to key biomolecules like proteins or nucleic acids. However, the effect of PFAS exposure on oxidative stress is almost unknown for wildlife. To the best of our knowledge, only two studies have addressed this topic in free-living animals. ³⁶ did not find any significant relationship between plasma PFAS concentrations and the activity of the antioxidant enzyme superoxide dismutase in plasma of white-tailed eagle nestlings, while ³² did not find any significant relationship between PFASs and amount of DNA damage in lymphocytes.

Long-lived species, like many polar seabirds that occupy high trophic levels, are exposed to a greater risk of accumulation and sensitivity to high concentrations of

contaminants. In Svalbard (European Arctic), a number of studies showed that black-legged kittiwakes (*Rissa tridactyla*, hereafter “kittiwake”) are chronically exposed to a complex cocktail of organic contaminants and trace elements, which are known to correlate with physiological metrics, impaired individual fitness and population dynamics.^{27-30,37-39} It is, however, unknown whether exposure of kittiwakes to PFASs is associated with markers of oxidative damage and antioxidant protection.

In this study, we have examined the correlations between blood-based markers of oxidative status and several PFAS compounds in male kittiwakes during the pre-laying period, while controlling for a number of potential confounding factors that might affect the oxidative status independently from PFASs (i.e., body condition, body size, both time and day of blood sampling, hormonal status; reviewed in ⁴⁰). As with the hormonal status, we measured plasma levels of testosterone, baseline corticosterone and luteinizing hormone because prior work found large individual variation among kittiwakes^{27-28,38} and significant effects on organism’s oxidative status⁴⁰, which could affect the relationships between PFAS and oxidative status markers. We focused on males because this investigation on oxidative stress is part of a larger project aiming at assessing the overall consequences (ornament coloration, fecundity, oxidative stress, sexual hormones) of PFASs exposure in males during the pre-laying stage (nest site defence, pair-bonding, copulation, nest building) a period during which males appear to be sensitive to pollutants.³⁸

We have also examined whether the effect size of the association between each oxidative status marker and each PFAS compound varies according to their carbon-chain-length (C₈₋₁₄) because the toxicity of PFASs may increase with carbon-chain-length.

MATERIALS AND METHODS

Sampling

Fieldwork was conducted in 2016 on a colony of Arctic kittiwakes at Kongsfjord (78° 54' N; 12° 13' E), Svalbard. Blood samples were collected from 50 adult males during the pre-laying period (courtship and mating period), from 25th May to 6th June. Birds were caught on their nest with a loop at the end of a long pole. Within 3 minutes since capture 0.5 ml of blood were taken from the brachial vein using a heparinized syringe and a 25-gauge needle. This blood sample was used to measure oxidative status markers and hormones. Straightaway, a second sample of venous blood (ca. 2 ml) was collected using another syringe and this blood sample was used to assess the PFASs burden. Then, tarsus, skull (head + bill) and wing length were measured using a calliper (nearest 0.1 mm) and body mass was taken using a Pesola spring balance (nearest 5 grams). Blood samples were stored on ice in the field. On average, blood samples were stored on ice for 3h40min 38s (min: 1h30; max 9h55) before being centrifuged and stored at -80°C. Plasma and red blood cells, obtained after centrifugation, were kept frozen separately, either at -80°C for subsequent oxidative status markers or at -20°C for PFAS analyses. All samples were analysed within 4 months since collection.

Hormone assays

Plasma levels of testosterone, baseline corticosterone and luteinizing hormone (LH) were measured by radioimmunoassay at the Centre d'Etudes Biologiques de Chizé following protocols previously validated. Briefly, testosterone and corticosterone were extracted using diethyl ether and ethyl ether, respectively. Plasma concentrations of all three hormones were measured by radioimmunoassay. As with corticosterone, a commercial

antiserum against corticosterone-3-(O-carboxy- methyl) oxime bovine serum albumin conjugate (Biogenesis, UK) was used. The lowest detectable quantities significantly different from zero at a 90% confidence level were 0.05 ng/ml for testosterone, 0.4 ng/ml for corticosterone and 1.7 ng/ml for LH. All samples were analysed in duplicate. Corticosterone and LH were analysed in a single run and the mean coefficient of variation was 4.9 and 12.0%, respectively. Testosterone was analysed in two runs and the coefficients of variation were 11.2 and 11.5%.

Oxidative status markers

One marker of plasma oxidative damage, one marker of plasma non-enzymatic antioxidant capacity and one red blood cell antioxidant enzyme were measured at the Centre d'Etudes Biologiques de Chizé using standard methods. Protein carbonyls (marker of oxidative protein damage) were measured using the Protein Carbonyl Colorimetric assay (Cayman Chemical Company, Ann Arbor, USA). This assay is based on the colorimetric method proposed by ⁴¹. A same volume of plasma was used for all samples and the amount of carbonyls was standardised by the plasma protein concentration according to manufacturer's instructions. Protein carbonyls were derivatized to 2,4-dinitrophenylhydrazone by reaction with 2,4-dinitrophenylhydrazine (DNPH). The absorbance was read at 370 nm. The extinction coefficient for DNPH (0.022/μM/cm) was used to calculate the concentration of protein carbonyls, which was expressed as nmol/mg protein (amount of carbonyls generated per unit of protein) or as total nmol obtained by multiplying the concentration of carbonyls by the concentration of plasma proteins (i.e., total amount of carbonyls in the sample, which is also dependent on the amount of substrates available, i.e., proteins). The mean coefficient of variation of duplicates was

11.5%. The metric expressed as nmol/mg indicates the amount of carbonyls that occurs in a same amount of protein, thus this is standardised by the amount of substrates (i.e., proteins) that can be carbonylated. The second metric expressed as total amount of carbonyls indicates the total amount of carbonyls that occurs in the tissue, which is influenced by the amount of proteins available. This second metric is also important because accumulation of carbonyls is detrimental for the cells⁵⁰. The OXY-Adsorbent test (Diacron International, Italy) was used to quantify the non-enzymatic antioxidant capacity of plasma against HOCl. Values were expressed as either mM of HOCl neutralised or as mM of HOCl neutralised/mg protein to estimate the antioxidant potential of micromolecular antioxidants (e.g., vitamins, carotenoids, glutathione) without the contribution of proteins (i.e., non-enzymatic micro-molecular antioxidant capacity). The correlation between OXY values and protein concentration was actually high and significant ($r = 0.76$, $p < 0.001$), which is to be expected because plasma proteins, such as albumin, are prone to react with HOCl. Although free-radical trapping properties vary among proteins, standardising OXY values by the concentration of total plasma proteins gave us some kind of control about the contribution of proteins to OXY. The mean coefficient of variation of duplicates was 9.4%. The Ransel assay (RANDOX Laboratories, UK) was used to measure the activity of the antioxidant enzyme glutathione peroxidase (GPX) in haemolysates (red blood cells diluted with distilled water). Values were expressed as Units of GPX/mg of protein of haemolysate. The mean coefficient of variation of duplicates was 8.1%. The Bradford protein assay (Bio-Rad Laboratories, Hercules, USA) with bovine albumin as a reference standard was used to measure the concentration of proteins in both plasma samples and haemolysates.

PFAS analyses

Perfluoroalkyl carboxylic acids (i.e., PFASs with 8 or more carbons) were analysed in plasma at the Norwegian Institute for Air Research (NILU) in Tromsø, Norway. The following compounds were analysed in each plasma sample: perfluorooctanesulfonamide (PFOSA), perfluorobutanesulfonic acid (PFBS), perfluoropropanesulfonic acid (PFPS), perfluorohexanesulfonic acid (PFHxS), perfluoroheptanesulfonic acid (PFHpS), perfluorooctane sulfonic acid (PFOSlin), branched perfluorooctane sulfonic acid (PFOSbr), perfluorononane sulfonic acid (PFNS), perfluorodecane sulfonic acid (PFDcS), perfluorohexanoic acid (PFHxA), perfluoroheptanoic acid (PFHpA), perfluorooctanoic acid (PFOA), perfluorononanoic acid (PFNA), perfluorodecanoate (PFDcA), perfluoroundecanoic acid (PFUnA), perfluorododecanoic acid (PFDcA), perfluorotridecanoic acid (PFTriA), perfluorotetradecanoic acid (PFTeA) and two precursor compounds, the fluorotelomer sulfonates (6:2 FTS and 8:2 FTS). PFASs with concentrations below the limit of quantification (LOQ) were replaced with a value equal to $(\text{LOQ} \times \text{detection frequency})$ when the detection frequency (percentage of detection) was $> 50\%$. A 0.2 ml aliquot of plasma spiked with internal standards (carbon labeled PFAS)⁴² was extracted in methanol (1 ml) by repeated sonication and vortexing. The supernatant was cleaned-up using ENVICarb graphitized carbon absorbent and glacial acetic acid. Extracts were analysed by UPLC/MS/MS. Recovery of the internal standards ranged between 86.3% and 120%. Results were validated with blanks (clean and empty glass tubes treated like a sample) and standard reference material (1957 human serum from NIST) run with every 10 samples. The deviation of the target concentrations in the SRMs were within the laboratory's accepted range (69 - 119%). Blanks varied between

concentrations below the instrument detection limits and 30 pg/g and were applied as the LOD in the form of 3 times the average concentration.

Body size and body condition

A body size index was estimated using the PC1 from a PCA of tarsus, skull and wing length (loadings, 0.73, 0.83 and 0.45, respectively). As far as the body condition, we did not use the ratio of body mass onto body size nor the residuals of a linear regression of body mass onto body size because both indices have been criticized.⁴³ Rather we included both body mass and body size index as factors in the models. In doing so, the coefficient estimate of body mass is calculated considering the effect of body size, thus the outcome reflects the effect of body condition on the given marker of oxidative status.⁴³

Statistical analyses

Generalized linear models were performed using the software STATISTICA 10 (StatSoft. Inc., Tulsa, OK, USA) to assess relationships between each oxidative status marker (protein carbonylation, non-enzymatic antioxidant capacity, non-enzymatic micro-molecular antioxidant capacity and glutathione peroxidase) and the following predictor variables: PFASs congener (PFOSlin, PFNA, PFDcA, PFUnA, PFDoA, PFTriA or PFTeA), body size index, body mass, hormonal status, day of blood sampling and time of blood sampling. All predictor variables were scaled to mean of 0 and standard deviation of 1. These predictor variables were included in all models because prior work showed that each of them can be significantly associated with oxidative status markers (reviewed in ⁴⁰). The two metrics of protein oxidative damage (protein carbonyls per mg of protein and total protein carbonyls) were combined using the PC1 from a Principal Components

Analysis (PCA) because they were highly correlated ($r = 0.79$, $p < 0.001$). The hormonal status was estimated using the PC1 from a PCA of corticosterone, testosterone and luteinizing hormone (loadings, 0.39, 0.61 and 0.84, respectively). A normal error function and an identity-link function were applied to models of non-enzymatic antioxidant capacity and GPX. A gamma error function and an identity-link function were applied to models of protein carbonyls and non-enzymatic micro-molecular antioxidant capacity. These functions were selected because the model had the best fitting to the dataset according to the Akaike Information Criterion. Preliminary analyses showed that the time elapsed from the collection of blood to its storage was not significantly correlated (p -value > 0.45) with any marker of oxidative status nor hormones, thus it was not further considered in the analyses. Visual inspection of residuals, Q-Q plots and Cook's distance did not highlight any violation of normality and homogeneity of variance nor the presence of outliers (all samples were below a 0.5 Cook's distance). The variance inflation factor was always below 2, indicating that multicollinearity was low. The multicollinearity is thought to be high and problematic when the variance inflation factor is higher than 5.

The “compute.es package”⁴⁴ in R⁴⁵ was used to calculate the standardized effect size Hedges' g from test statistics of oxidative status markers that had significant associations with PFASs (i.e., protein oxidative damage and non-enzymatic micro-molecular antioxidant capacity). The “forestplots function” of the “metafor package” in R was used to visualise boxplots of effect size and 95% confidence interval. Effect sizes were considered to be small (Hedges' $g = 0.2$, explaining 1% of the variance), intermediate ($g = 0.5$, explaining 9% of the variance) or large ($g = 0.8$, explaining 25% of the variance) according to⁴⁶.

RESULTS

Concentrations of detectable PFASs are reported in Table 1 together with other variables measured in kittiwakes. Six out of 20 PFASs (i.e. PFOSlin, PFNA, PFDcA, PFUnA, PFDoA, PFTriA) were detectable in all individuals, while one PFAS (i.e. PFTeA) was detectable in 33 out of 50 individuals. PFOSlin, PFUnA and PFTriA concentrations were the highest of all PFASs measured in the investigated samples, with a percentage contribution for each kittiwake ranging from 23.4 to 54.5%, from 20.3 to 34.8% and from 11.8 to 35.2%, respectively. The percentage contribution of all other detected PFASs ranged between 0.1 and 10.6%. PFOSA, PFBS, PFPS, PFHxS, PFHpS, PFOSbr, PFNS, PFDcS, PFHxA, PFHpA, PFOA, and the two precursor fluorotelomer sulfonates (6:2 FTS and 8:2 FTS) were below the detection limit in all the investigated samples.

Protein oxidative damage was significantly higher in those birds having higher plasma concentration of PFDoA, PFTriA or PFTeA (Table 2). Effect size estimates increased with chain length of PFASs (indicating an increase of protein damage with chain length) and were significantly different from zero) for PFDoA (95% confidence interval: 0.06 to 1.25), PFTriA (95% confidence interval: 0.01 to 1.20) and PFTeA (95% confidence interval: 0.29 to 1.54;Fig. 1). The non-enzymatic micro-molecular antioxidant capacity was significantly lower in those birds having higher plasma concentration of PFUnA, PFDoA or PFTeA (Table 2). There was also a near-significance tendency of the non-enzymatic micro-molecular antioxidant capacity to be lower in birds with higher plasma PFTriA (Table 2). Effect size estimates were larger for longer PFASs (indicating a decrease of micro-molecular antioxidants with chain length) and were significantly different from zero for PFUnA (95% confidence interval: -1.20 to -0.02), PFDoA (95% confidence interval: -1.35 to -0.14) and PFTeA (95% confidence interval: -1.23 to -0.04;

Fig. 2). The non-enzymatic antioxidant capacity including the contribution of antioxidant of protein origin was significantly lower in those birds having higher plasma concentration of PFOSlin, but it was not associated with any other PFAS congener (Table 2). The activity of GPX was not associated with any PFAS compounds (Table 2).

Finally, our models showed that (i) kittiwakes in poorer body condition had more plasma protein carbonyls, (ii) the non-enzymatic antioxidant capacity was higher in kittiwakes sampled later in the day, and (iii) the non-enzymatic micro-molecular antioxidant capacity was higher in kittiwakes having lower concentrations of hormones.

DISCUSSION

Our results provide the first evidence in wild vertebrates that the correlation between oxidative status markers and PFASs is stronger for long-chain congeners. We found that male kittiwakes having higher plasma concentrations of long-chain PFASs had more protein oxidative damage and less plasma antioxidants after controlling statistically for potentially confounding variables. The non-enzymatic antioxidant capacity (including antioxidants of protein origin) was significantly lower in kittiwakes having higher plasma concentration of PFOSlin. On the other hand, the activity of glutathione peroxidase in erythrocytes was not related to any PFAS congener. Effect size estimates were intermediate to large, indicating that PFASs explained from 9 to more than 25% of the variance in protein oxidative damage and non-enzymatic micro-molecular antioxidant capacity of plasma.⁴⁶ Intermediate effect sizes are suggested to be biologically meaningful because average proportions of variance explained in ecological, evolutionary and physiological studies is usually below 7%.⁴⁷ Our effect size estimates were also larger

than those found in the comparison of oxidative status markers between animals living in polluted (e.g., air pollution, heavy metals) and unpolluted sites.⁴⁸

PFOSlin, PFUnA and PFTrA concentrations were the highest of all PFASs measured in the investigated samples, with a percentage contribution for each kittiwake ranging from 11.8 to 54.5%. The concentration of PFOSlin was higher than that previously recorded in males from the same kittiwake population in 2012 (13.4 vs. 10.6 pg/g ww in²⁹). In contrast, the average concentrations of PFUnA (10.3 vs. 12.1 pg/g ww in²⁹) and of PFTrA (8.6 vs. 11.6 pg/g ww in²⁹) were both lower in our study than in prior work.²⁹ One reason for such differences might be because ²⁹ measured PFASs of male kittiwakes caught during the chick rearing phase. Work on male glaucous gulls during the incubation period in Svalbard found levels of PFOSlin similar to ours, while those of PFUnA (4.4 pg/g ww) and of PFTrA (3.9 pg/g ww) were much lower than those we recorded.³¹

The strength of the correlation between oxidative status markers and PFASs increased with the chain length of the congener. While persistent in the environment, PFASs with fewer than eight carbons, such as PFHxA, and PFASs with fewer than six carbons, such as PFBS, are generally less toxic and bioaccumulative in wildlife and humans, while exposure of laboratory animals to long-chain congeners produces detrimental reproductive, developmental, and systemic effects.^{4,6,18,49} For example, the toxic effects of PFASs on rat brain cells decreased with increasing carbon chain length.¹⁷ Interestingly, the toxic effects of PFASs were attenuated by the antioxidant vitamin E, indicating a possible involvement of oxidative stress in the reduction of cell viability.⁴⁹ Further work showed that, compared to short-chain PFASs, long-chain PFASs are stronger inducers of the response of genes regulating the cell oxidative status.³⁵

Effects of PFAS exposure on oxidative status have been moderately investigated in laboratory models and almost unexplored in wild animals. Thus, limited information is available for a comparison with our results and interpretation. Protein carbonylation arises from overproduction of ROS by metabolic reactions that use oxygen and shift the balance between oxidant/antioxidant statuses in favour of the oxidants.⁵⁰ Protein carbonylation also occurs when carbonyls are introduced into proteins through the reactions with lipid oxidative damage products (malondialdehyde and hydroxynonenal).⁵⁰ Carbonylation is mostly irreversible and results in alteration of protein structure and function. Only a small fraction of carbonylated proteins can be removed through proteasome-dependent proteolysis. Work carried out on laboratory models found evidence that exposure to PFASs may change expression of genes regulating proteasome activation and proteolysis.^{6,51-52} It is, however, unclear, whether such changes in gene expression make proteins one important target of the pro-oxidant effects of PFASs. This is important because when protein carbonyls accumulate, they tend to aggregate leading to cell death, tissue injury and development of disorders. Several studies found higher amounts of plasma protein carbonyls in individuals affected by a given disease,⁵³⁻⁵⁴ suggesting a potential role of protein carbonylation in disease progression.

Depletion of circulating non-enzymatic antioxidants might reflect increased oxidation due to reaction with ROS, reduced intake from diet or mobilisation of antioxidants from blood to other target tissues. Irrespective of the reason, prior work on other bird species found evidence that circulating antioxidants may be linked to important individual or population fitness-related traits. For example, ⁵⁵ found that barn swallows (*Hirundo rustica*) with lower plasma non-enzymatic antioxidants had reduced probability of survival. ⁵⁶ found that Gentoo (*Pygoscelis papua*) and Adélie (*Pygoscelis adeliae*)

penguins from increasing populations had higher plasma non-enzymatic antioxidant capacity than those from decreasing populations.

Metabolic activity is one important source of ROS production. Thus the association we found between PFASs and oxidative status markers might mirror an effect of PFASs on metabolism. Prior work on the same kittiwake population found a positive association between the long-chain PFTriA and resting metabolic rate in females but not in males.³⁰ Thus, the association between PFASs and oxidative status markers does not appear, at least for males, to be due to a dysregulation of general body metabolism. The lack of an effect on metabolic rate does not reject the hypothesis that ROS production might have been higher in the more contaminated birds. For example, PFASs might have localised effects on important ROS generators (e.g., mitochondria of red blood cells or of other target tissues) without compromising the metabolism of the whole organism. *In vitro* studies found that PFAS exposure may impair mitochondrial activity and lead to increased rates of ROS production.⁵⁷

It is unclear why the activity of glutathione peroxidase was not associated with any PFAS compound. It might be that up-regulation of this enzyme might have been too costly for the birds given the imminent start of breeding activity or that any effects of PFASs on oxidative status did not come through the pathways involving glutathione peroxidase. The biochemical function of glutathione peroxidase is to reduce hydrogen peroxide to water and organic hydroperoxides to their corresponding alcohols.⁵⁰ Thus, we cannot exclude that results would have been different if another antioxidant enzyme with a different biochemical function would have been measured. There are, however, many discrepancies in the literature about the response of antioxidant enzymes to PFAS exposure. For example, prior work did not find any association between PFASs exposure

and whole-body catalase activity in the planktonic crustacean *Daphnia magna*⁵⁸ or plasma superoxide dismutase activity in white-tailed eagle (*Haliaeetus albicilla*) nestlings.³⁶ In contrast, exposure to PFASs affected catalase activity in hepatocytes of freshwater tilapia *Oreochromis niloticus*²⁴ and expression of antioxidant genes Sod1, Sod2, Gpx2 and Nqo1 in mouse pancreas.⁵⁹ Irrespective of the mechanisms involved, the activity of GPX in erythrocytes does not appear to be an informative marker about the impact on oxidative status of the PFASs we have measured in this work.

In conclusion, our work shows that higher protein oxidative damage was found in those birds having higher concentrations of PFDoA, PFTrIA and PFTeA. Lower plasmatic non-enzymatic micro-molecular antioxidants was found in those birds having higher concentrations of PFUnA, PFDoA and PFTeA. Experimental work will be needed to ascertain whether the correlation between individual PFAS burden and oxidative status markers reflects a direct toxic effect of PFASs on oxidative homeostasis. It will also be important to determine whether increased oxidative damage or decreased antioxidant defences turn into a reduction in survival probability or lifetime reproductive success. Resistance against oxidative stress may also decrease with chronological age.⁶⁰ Thus, we highlight the importance of assessing in future studies whether the effects of PFASs on oxidative status markers are stronger in older individuals.

ACKNOWLEDGEMENTS

This project was financially and logistically supported by Institut Polaire Français (IPEV project 330 to O. Chastel) and by Research Council of Norway (RCN, Arctic Field Grant n° 256934 from the Research Council of Norway provided to P. Blévin). P. Blévin was funded by a PhD grant from University of La Rochelle. Additional funding was provided

by the Hazardous Substances Flagship (the Multistress project) at the Fram center in Tromsø and by the Contrat de Plan État-Région (CPER) ECONAT, at the CEBC. We thank the Polar Norwegian institute for their logistic help in the field. We also thank the Littoral Environnement et Sociétés (Université La Rochelle) for allowing us to use the plate reader to measure one of the markers. This study was approved by the Norwegian Food Safety Authority (FOTS ID 8679) and the Governor of Svalbard. We thank Ségolène Humann-Guillemot, Bruno Michaud, Solveig Nilsen and Ingrid Gabrielsen for their great help in the field. We thank all the staff of the NILU for their assistance during PFASs analysis; C. Trouvé and C. Parenteau from CEBC for hormone assay. Finally, we thank four anonymous reviewers for providing their comments on our work.

COMPETING INTERESTS

The authors declare no competing financial interests.

REFERENCES

- (1). Stockholm Convention. *Stockholm convention on persistent organic pollutants*. Geneva, Switzerland: Stockholm Convention Secretariat **2009**; Available from: <http://chm.pops.int/Convention/ThePOPs/tabid/673/language/en-US/Default.aspx>.
- (2). AMAP. *Chemicals of emerging Arctic concern. Summary for Policy-makers*. Arctic Monitoring and Assessment Programme (AMAP), Oslo, Norway, **2017**.
- (3). DeWitt, J. C. *Toxicological effects of perfluoroalkyl and polyfluoroalkyl substances*. Humana Press, **2015**.
- (4). Jensen, A. A.; Leffers, H. Emerging endocrine disrupters: perfluoroalkylated substances. *Int. J. Androl.* **2008**, 31, 161-169.

- 431 (5). Kissa, E. *Fluorinated Surfactants and Repellents*. Second ed. Marcel Dekker,
432 New York, 2001.
- 433 (6). Lau, C.; Anitole, K.; Hodes, C.; Lai, D.; Pfahles-Hutchens, A.; Seed, J.
434 Perfluoroalkyl acids: a review of monitoring and toxicological findings. *Toxicol. Sci.*
435 **2007**, 99, 366-394.
- 436 (7). Key, B. D.; Howell, R. D.; Criddle, C. S. Fluorinated organics in the biosphere.
437 *Environ. Sci. Technol.* **1997**, 31, 2445-2454.
- 438 (8). Muir, D. C.; de Wit, C. A. Trends of legacy and new persistent organic pollutants
439 in the circumpolar arctic: overview, conclusions, and recommendations. *Sci. Total*
440 *Environm.* **2010**, 408, 3044-3051.
- 441 (9). Butt, C. M.; Berger, U.; Bossi, R.; Tomy, G. T. Levels and trends of poly-and
442 perfluorinated compounds in the arctic environment. *Sci. Total Environm.* **2010**, 408,
443 2936-2965.
- 444 (10). Giesy, J. P.; Kannan, K. Global distribution of perfluorooctane sulfonate in
445 wildlife. *Environ. Sci. Technol.* **2001**, 35, 1339-1342.
- 446 (11). Prevedouros, K.; Cousins, I. T.; Buck, R. C.; Korzeniowski, S. H. Sources, fate
447 and transport of perfluorocarboxylates. *Environ. Sci. Technol.* **2006**, 40, 32-44.
- 448 (12). Fang, S.; Chen, X.; Zhao, S.; Zhang, Y.; Jiang, W.; Yang, L.; Zhu, L. Trophic
449 magnification and isomer fractionation of perfluoroalkyl substances in the food web of
450 Taihu Lake, China. *Environ. Sci. Technol.* **2014**, 48, 2173-2182.
- 451 (13). Haukås, M.; Berger, U.; Hop, H.; Gulliksen, B.; Gabrielsen, G. W.
452 Bioaccumulation of per-and polyfluorinated alkyl substances (PFAS) in selected species
453 from the Barents Sea food web. *Environ. Pollut.* **2007**, 148, 360-371.

- 454 (14). Kannan, K.; Tao, L.; Sinclair, E.; Pastva, S. D.; Jude, D. J.; Giesy, J. P.
455 Perfluorinated compounds in aquatic organisms at various trophic levels in a Great Lakes
456 food chain. *Arch. Environ. Contam. Toxicol.* **2005**, 48, 559-566.
- 457 (15). Kelly, B. C.; Ikonomou, M. G.; Blair, J. D.; Surridge, B.; Hoover, D.; Grace, R.;
458 Gobas, F. A. Perfluoroalkyl contaminants in an Arctic marine food web: trophic
459 magnification and wildlife exposure. *Environ. Sci. Technol.* **2009**, 43, 4037-4043.
- 460 (16). Tomy, G. T.; Budakowski, W.; Halldorson, T.; Helm, P. A.; Stern, G. A.; Friesen,
461 K.; Pepper, K.; Tittlemier, S. A.; Fisk, A. T. Fluorinated organic compounds in an eastern
462 Arctic marine food web. *Environ. Sci. Technol.* **2004**, 38, 6475-6481.
- 463 (17). Berntsen, H. F.; Bjørklund, C. G.; Audinot, J. N.; Hofer, T.; Verhaegen, S.;
464 Lentzen, E.; Gutleb, A. C.; Ropstad, E. Time-dependent effects of perfluorinated
465 compounds on viability in cerebellar granule neurons: dependence on carbon chain length
466 and functional group attached. *Neurotoxicol.* **2017**, 63, 70-83.
- 467 (18). Conder, J. M.; Hoke, R. A.; de Wolf, W.; Russell, M. H.; Buck, R. C. Are PFCA
468 bioaccumulative? A critical review and comparison with regulatory criteria and persistent
469 lipophilic compounds. *Environ. Sci. Technol.* **2008**, 42, 995-1003.
- 470 (19). Martin, J. W.; Smithwick, M. M.; Braune, B. M.; Hoekstra, P. F.; Muir, D. C.;
471 Mabury, S. A. 2004. Identification of long-chain perfluorinated acids in biota from the
472 Canadian Arctic. *Environ. Sci. Technol.* **2004**, 38, 373-380.
- 473 (20). Verreault, J.; Houde, M.; Gabrielsen, G. W.; Berger, U.; Haukås, M.; Letcher,
474 R.J.; Muir, D. C. Perfluorinated alkyl substances in plasma, liver, brain, and eggs of
475 glaucous gulls (*Larus hyperboreus*) from the Norwegian arctic. *Environ. Sci. Technol.*
476 **2005**, 39, 7439-7445.

477 (21). Bossi, R.; Riget, F. F.; Dietz, R. ; Sonne, C. ; Fauser, P. ; Dam, M. ; Vorkamp, K.
 478 Preliminary screening of perfluorooctane sulfonate (PFOS) and other fluorochemicals in
 479 fish, birds and marine mammals from Greenland and the Faroe Islands. *Environ. Pollut.*
 480 **2005**, 136, 323-329.

481 (22). Bustnes, J. O.; Erikstad, K. E.; Lorentsen, S. H.; Herzke, D. Perfluorinated and
 482 chlorinated pollutants as predictors of demographic parameters in an endangered seabird.
 483 *Environ. Pollut.* **2008**, 156, 414-424.

484 (23). Braune, B. M.; Trudeau, S.; Jeffrey, D. A.; Mallory, M. L. Biomarker responses
 485 associated with halogenated organic contaminants in northern fulmars (*Fulmarus*
 486 *glacialis*) breeding in the Canadian Arctic. *Environ. Pollut.* **2011**, 159, 2891-2898.

487 (24). Liu, Y.; Wang, J.; Fang, X.; Zhang, H.; Dai, J. 2011. The thyroid-disrupting
 488 effects of long-term perfluorononanoate exposure on zebrafish (*Danio rerio*). *Ecotoxicol.*
 489 **2011**, 20, 47-55.

490 (25). Custer, C. M.; Custer, T. W.; Schoenfuss, H. L.; Poganski, B. H.; Solem, L.
 491 Exposure and effects of perfluoroalkyl compounds on tree swallows nesting at Lake
 492 Johanna in east central Minnesota, USA. *Reprod. Toxicol.* **2012**, 33, 556-562.

493 (26). Nøst, T. H.; Helgason, L. B.; Harju, M.; Heimstad, E. S.; Gabrielsen, G. W.;
 494 Jenssen, B. M. Halogenated organic contaminants and their correlations with circulating
 495 thyroid hormones in developing Arctic seabirds. *Sci. Total Environm.* **2012**, 414, 248-
 496 256.

497 (27). Tartu, S.; Gabrielsen, G. W.; Blévin, P.; Ellis, H.; Bustnes, J. O.; Herzke, D.;
 498 Chastel, O. Endocrine and fitness correlates of long-chain perfluorinated carboxylates
 499 exposure in Arctic breeding black-legged kittiwakes. *Environ. Sci. Technol.* **2014a**, 48,
 500 13504–13510.

- (28). Tartu, S.; Angelier, F.; Herzke, D.; Moe, B.; Bech, C.; Gabrielsen, G. W.; Bustnes, J. O.; Chastel, O. The stress of being contaminated? Adrenocortical function and reproduction in relation to persistent organic pollutants in female black legged kittiwakes. *Sci. Tot. Environm.* **2014b**, 476-477, 553-560.
- (29). Blévin, P.; Angelier, F.; Tartu, S.; Bustamante, P.; Herzke, D.; Moe, B.; Bech, C.; Gabrielsen, G. W.; Bustnes, J. O.; Chastel, O. 2017a. Perfluorinated substances and telomeres in an Arctic seabird: Cross-sectional and longitudinal approaches. *Environ. Pollut.* **2017a**, 230, 360-367.
- (30). Blévin, P.; Tartu, S.; Ellis, H. I.; Chastel, O.; Bustamante, P.; Parenteau, C.; Herzke, D.; Angelier, F.; Gabrielsen, G. W. Contaminants and energy expenditure in an Arctic seabird: Organochlorine pesticides and perfluoroalkyl substances are associated with metabolic rate in a contrasted manner. *Environ. Res.* **2017b**, 157, 118–126.
- (31). Melnes, M.; Gabrielsen, G. W.; Herzke, D.; Sagerup, K.; Jenssen, B. M. Dissimilar effects of organohalogenated compounds on thyroid hormones in glaucous gulls. *Environ. Res.* **2017**, 158, 350-357.
- (32). Haarr, A.; Hylland, K.; Eckbo, N.; Gabrielsen, G. W.; Herzke, D.; Bustnes, J. O.; Blévin, P.; Chastel, O.; Moe, B.; Hanssen, S. A.; Sagerup, K.; Borgå, K. DNA damage in Arctic seabirds: baseline, sensitivity to a genotoxic stressor, and association with organohalogen contaminants. *Environ. Toxicol. Chem.* **2018**, 37, 1084-1091.
- (33). Yao, X.; Zhong, L. Genotoxic risk and oxidative DNA damage in HepG2 cells exposed to perfluorooctanoic acid. *Mutation Res./Genet. Toxicol. Environ. Mutag.* **2005**, 587, 38-44.
- (34). Eriksen, K. T.; Raaschou-Nielsen, O.; Sorensen, M.; Roursgaard, M.; Loft, S.; Moller, P. Genotoxic potential of the perfluorinated chemicals PFOA, PFOS, PFBS,

525 PFNA and PFHxA in human HepG2 cells. *Mutation Res./Genet. Toxicol. Environ.*
526 *Mutag.* **2010**, 700, 39-43.

527 (35). Nobels, I. ; Dardenne, F. ; De Coen, W.; Blust, R. Application of a multiple
528 endpoint bacterial reporter assay to evaluate toxicological relevant endpoints of
529 perfluorinated compounds with different functional groups and varying chain length.
530 *Toxicol. In Vitro* **2010**, 24, 1768–1774.

531 (36). Sletten, S.; Bourgeon, S.; Bårdsen, B. J.; Herzke, D.; Criscuolo, F.; Massemin, S.;
532 Zahn, S.; Johnsen, T. V.; Bustnes, J. O. Organohalogenated contaminants in white tailed
533 eagle (*Haliaeetus albicilla*) nestlings: an assessment of relationships to immunoglobulin
534 levels, telomeres and oxidative stress. *Sci. Total Environ.* **2016**, 539, 337-349.

535 (37). Goutte, A.; Barbraud, C.; Herzke, D.; Bustamante, P.; Angelier, F.; Tartu, S.;
536 Clément-Chastel, C.; Moe, B.; Bech, C.; Gabrielsen, G. W.; Bustnes, J. O.; Chastel, O.
537 Survival rate and breeding outputs in a high Arctic seabird exposed to legacy persistent
538 organic pollutants and mercury. *Environ. Pollut.* **2015**, 200, 1-9.

539 (38). Tartu, S.; Goutte, A.; Bustamante, P.; Angelier, F.; Moe, B.; Clément-Chastel, C.;
540 Bech, C.; Gabrielsen, G. W.; Bustnes, J. O.; Chastel, O. To breed or not to breed:
541 Endocrine response to mercury contamination by an Arctic seabird. *Biol. Lett.* **2013**, 9,
542 20130317.

543 (39). Blévin, P.; Angelier, F.; Tartu, S.; Ruault, S.; Bustamante, P.; Herzke, D.; Moe,
544 B.; Bech, C.; Gabrielsen, G. W.; Bustnes, J. O.; Chastel, O. Exposure to oxychlordan is
545 associated with shorter telomeres in arctic breeding kittiwakes. *Sci. Total Environ.* **2016**,
546 563, 125–130.

- 547 (40). Costantini, D. *Oxidative stress and hormesis in evolutionary ecology and*
 548 *physiology: a marriage between mechanistic and evolutionary approaches*. Springer-
 549 Verlag, Berlin Heidelberg, pp. 348, **2014**.
- 550 (41). Levine, R. L.; Garland, D.; Oliver, C. N.; Amici, A.; Climent, I.; Lenz, A. G.;
 551 Ahn, B. W.; Shaltiel, S.; Stadtman, E. R. Determination of carbonyl content in oxidatively
 552 modified proteins. *Methods Enzymol.* **1990**, 186, 464-478.
- 553 (42). Hanssen, L.; Dudarev, A. A.; Huber, S.; Odland, J. Ø.; Nieboer, E.; Sandanger, T.
 554 M. Partition of perfluoroalkyl substances (PFASs) in whole blood and plasma, assessed
 555 in maternal and umbilical cord samples from inhabitants of arctic Russia and Uzbekistan.
 556 *Sci. Total Environm.* **2013**, 447, 430–437.
- 557 (43). García-Berthou, E. On the misuse of residuals in ecology: testing regression
 558 residuals vs. the analysis of covariance. *J. Anim. Ecol.* **2001**, 70, 708–711.
- 559 (44). Del Re, A. C. Compute.es: compute effect sizes. R package version 0.2–2, **2013**,
 560 <http://cran.r-project.org/web/packages/compute.es>.
- 561 (45). R Core Team, et al. *R: A language and environment for statistical computing*. R
 562 Foundation for Statistical Computing Vienna, Austria, **2013**, <https://www.R-project.org/>
- 563 (46). Cohen, J. *Power analysis for the behavioural sciences*. Erlbaum, Hillsdale, **1988**.
- 564 (47). Møller, A.; Jennions, M. D. How much variance can be explained by ecologists
 565 and evolutionary biologists? *Oecologia* **2002**, 132, 492-500.
- 566 (48). Isaksson, C. Pollution and its impact on wild animals: a meta-analysis on
 567 oxidative stress. *EcoHealth* **2010**, 7, 342–350.
- 568 (49). Concawe. *Environmental fate and effects of poly- and perfluoroalkyl substances*
 569 *(PFAS)*; **2016**. Available online at <https://www.concawe.eu/publications/>

- 570 (50). Halliwell, B. H.; Gutteridge, J. M. C. *Free Radicals in Biology and Medicine*.
571 Oxford University Press, Oxford, **2015**.
- 572 (51). Nilsen, A. J.; Landin, M. A.; Haug, K. H.; Fonnum, F.; Berger, U.; Osmundsen,
573 H. Comparative hepatic gene expression profiling of rats treated with 1H,1H,2H,2H-
574 heptadecafluorodecan-1-ol or with pentadecafluorooctanoic acid. *Physiol Genom.* **2008**,
575 34, 285–303.
- 576 (52). Zhang, W.; Liu, Y.; Zhang, H.; Dai, J. Proteomic analysis of male zebrafish livers
577 chronically exposed to perfluorononanoic acid. *Environm. Int.* **2012**, 42, 20-30.
- 578 (53). Winterbourn, C. C.; Bonham, M. J.; Buss, H.; Abu-Zidan, F. M.; Windsor, J. A.
579 Elevated protein carbonyls as plasma markers of oxidative stress in acute pancreatitis.
580 *Pancreatol.* **2003**, 3, 375-382.
- 581 (54). Hlaváčková, A.; Štikarová, J.; Pimková, K.; Chrastinová, L.; Májek, P.; Kotlín,
582 R.; Čermák, J.; Suttar, J.; Dyr, J. E. Enhanced plasma protein carbonylation in patients
583 with myelodysplastic syndromes. *Free Radic. Biol. Med.* **2017**, 8, 1-7.
- 584 (55). Saino, N.; Caprioli, M.; Romano, M.; Boncoraglio, G.; Rubolini, D.; Ambrosini,
585 R.; Bonisoli-Alquati, A.; Romano, A. Antioxidant defenses predict long-term survival in
586 a passerine bird. *PLoS One* **2011**, 6, e19593.
- 587 (56). Beaulieu, M.; Thierry, A.-M.; González-Acuña, D.; Polito, M. J. Integrating
588 oxidative ecology into conservation physiology. *Conserv. Physiol.* **2013**, 1, cot004.
- 589 (57). O'Brien, T. M.; Wallace, K. B. Mitochondrial permeability transition as the
590 critical target of N-acetyl perfluorooctane sulfonamide toxicity in vitro. *Toxicol. Sci.*
591 **2004**, 82, 333-340.

592 (58). Li, M.-H. Chronic effects of perfluorooctane sulfonate and ammonium
593 perfluorooctanoate on biochemical parameters, survival and reproduction of *Daphnia*
594 *magna*. *J. Health Sci.* **2010**, 56, 104-111.

595 (59). Kamendulis, L. M.; Wu, Q.; Sandusky, G. E.; Hocevar, B. A. Perfluorooactnoic
596 acid exposure triggers oxidative stress in the mouse pancreas. *Toxicol. Rep.* **2014**, 1, 513-
597 521.

598 (60). Marasco, V.; Stier, A.; Boner, W.; Griffiths, K.; Heidinger, B.; Monaghan, P.
599 Environmental conditions can modulate the links among oxidative stress, age, and
600 longevity. *Mech. Ageing Dev.* **2017**, 164, 100–107.

601

Table 1. Descriptive statistics of all poly- and perfluorinated alkyl substances congeners, oxidative status markers (i.e., response variables) and several individual metrics (potential confounding factors) measured in 50 male black-legged kittiwakes from Svalbard.

Variable	Mean $\pm$ Standard deviation
CONTAMINANT	
PFOSlin - Linear perfluorooctane sulfonic acid (ng/g ww)	13.4 $\pm$ 6.2
PFNA - Perfluorononanoic acid (ng/g ww)	2.0 $\pm$ 0.9
PFDcA - Perfluorodecanoic acid (ng/g ww)	2.9 $\pm$ 1.2
PFUnA - Perfluoroundecanoic acid (ng/g ww)	10.3 $\pm$ 3.7
PFDcA - Perfluorododecanoic acid (ng/g ww)	1.7 $\pm$ 0.8
PFTriA - Perfluorotridecanoic acid (ng/g ww)	8.6 $\pm$ 3.1
PFTeA - Perfluorotetradecanoic acid (ng/g ww)	1.0 $\pm$ 0.8
OXIDATIVE STATUS MARKERS – RESPONSE VARIABLES	
Protein carbonyls (nmol/mg protein)	1.8 $\pm$ 0.6
Total protein carbonyls (nmol)	22.5 $\pm$ 8.2
Glutathione peroxidase (Units/mg protein)	0.4 $\pm$ 0.2
Non-enzymatic antioxidant capacity (mM HOCl neutralised)	169.9 $\pm$ 37.1
Non-enzymatic micro-molecular antioxidant capacity (mM HOCl neutralised/mg protein)	13.0 $\pm$ 2.0
INDIVIDUAL TRAITS	
Body mass (g)	416.2 $\pm$ 23.1
Skull length (mm)	93.9 $\pm$ 1.6
Tarsus length (mm)	34.9 $\pm$ 1.0
Wing length (mm)	317.1 $\pm$ 6.3
Baseline corticosterone (ng/ml)	9.6 $\pm$ 7.4
Testosterone (ng/ml)	1.7 $\pm$ 1.4
Luteinizing hormone (ng/ml)	6.2 $\pm$ 2.4

Table 2. The table shows the outcomes of generalized linear models performed to test the effect of each PFASs congener on oxidative status markers. Each model also included a number of potential confounding factors that may affect oxidative status markers independently from PFASs. Significant effects are shown in bold type. Note that the coefficient estimate for the relationship between body mass and the dependent variable (i.e., oxidative status marker) is calculated considering the effect of body size, thus it actually indicates the covariation between a given marker and the individual body condition.⁴³ GPX = glutathione peroxidase; N-E Antioxs = non-enzymatic antioxidant capacity of plasma; N-E Micromol Antioxs = non-enzymatic micro-molecular antioxidant capacity of plasma; ce $\pm$ se = coefficient estimate $\pm$ standard error.

	Protein Oxidative Damage		GPX		N-E Antioxs		N-E Micromol Antioxs	
Main effect included in the model	ce $\pm$ se	P	ce $\pm$ se	P	ce $\pm$ se	P	ce $\pm$ se	p
PFOSlin	0.03 $\pm$ 0.12	0.817	0.02 $\pm$ 0.02	0.462	-13.7 $\pm$ 5.0	0.006	-0.20 $\pm$ 0.28	0.484
sampling date	0.11 $\pm$ 0.13	0.406	0.03 $\pm$ 0.03	0.309	-16.6 $\pm$ 5.0	0.001	0.18 $\pm$ 0.31	0.546
sampling time	-0.20 $\pm$ 0.11	0.074	0.03 $\pm$ 0.02	0.196	14.3 $\pm$ 4.6	0.002	0.22 $\pm$ 0.28	0.425
body mass	-0.29 $\pm$ 0.12	0.013	-0.02 $\pm$ 0.03	0.407	4.0 $\pm$ 5.0	0.424	0.00 $\pm$ 0.29	1.000
body size	-0.02 $\pm$ 0.11	0.840	0.02 $\pm$ 0.02	0.403	-5.5 $\pm$ 4.7	0.236	0.10 $\pm$ 0.27	0.704
hormonal status	-0.10 $\pm$ 0.11	0.391	0.02 $\pm$ 0.02	0.348	4.0 $\pm$ 4.7	0.391	-0.94 $\pm$ 0.28	0.001
PFNA	-0.03 $\pm$ 0.13	0.852	0.01 $\pm$ 0.03	0.764	-1.0 $\pm$ 6.0	0.872	-0.09 $\pm$ 0.34	0.804
sampling date	0.08 $\pm$ 0.15	0.580	0.02 $\pm$ 0.03	0.433	-10.7 $\pm$ 6.0	0.077	0.22 $\pm$ 0.35	0.534
sampling time	-0.20 $\pm$ 0.11	0.074	0.03 $\pm$ 0.02	0.208	14.2 $\pm$ 5.0	0.004	0.22 $\pm$ 0.28	0.423
body mass	-0.30 $\pm$ 0.12	0.011	-0.02 $\pm$ 0.03	0.395	5.2 $\pm$ 5.4	0.336	0.01 $\pm$ 0.29	0.977
body size	-0.01 $\pm$ 0.11	0.896	0.02 $\pm$ 0.02	0.353	-7.4 $\pm$ 5.0	0.137	0.08 $\pm$ 0.27	0.768
hormonal status	-0.08 $\pm$ 0.11	0.460	0.03 $\pm$ 0.02	0.262	0.28 $\pm$ 4.9	0.953	-0.98 $\pm$ 0.27	<0.001
PFDcA	0.22 $\pm$ 0.13	0.106	0.00 $\pm$ 0.03	0.904	-0.65 $\pm$ 5.8	0.910	-0.49 $\pm$ 0.31	0.116
sampling date	0.22 $\pm$ 0.14	0.104	0.02 $\pm$ 0.03	0.493	-10.5 $\pm$ 5.0	0.075	-0.02 $\pm$ 0.33	0.950
sampling time	-0.18 $\pm$ 0.11	0.088	0.03 $\pm$ 0.02	0.195	14.1 $\pm$ 4.9	0.004	0.21 $\pm$ 0.27	0.438
body mass	-0.22 $\pm$ 0.12	0.056	-0.02 $\pm$ 0.03	0.407	5.1 $\pm$ 5.6	0.357	-0.07 $\pm$ 0.29	0.809
body size	-0.03 $\pm$ 0.11	0.795	0.02 $\pm$ 0.02	0.352	-7.4 $\pm$ 5.0	0.140	0.09 $\pm$ 0.27	0.723
hormonal status	-0.14 $\pm$ 0.11	0.204	0.03 $\pm$ 0.02	0.249	0.24 $\pm$ 4.9	0.960	-0.92 $\pm$ 0.27	0.001
PFUnA	0.14 $\pm$ 0.13	0.268	0.00 $\pm$ 0.03	0.970	-3.3 $\pm$ 5.6	0.562	-0.62 $\pm$ 0.29	0.035
sampling date	0.19 $\pm$ 0.14	0.181	0.02 $\pm$ 0.03	0.517	-12.0 $\pm$ 5.8	0.038	-0.07 $\pm$ 0.32	0.822
sampling time	-0.18 $\pm$ 0.11	0.098	0.03 $\pm$ 0.02	0.196	13.9 $\pm$ 4.9	0.005	0.19 $\pm$ 0.27	0.483
body mass	-0.24 $\pm$ 0.12	0.045	-0.02 $\pm$ 0.03	0.403	4.2 $\pm$ 5.7	0.453	-0.13 $\pm$ 0.29	0.659
body size	-0.03 $\pm$ 0.11	0.807	0.02 $\pm$ 0.02	0.348	-7.1 $\pm$ 5.0	0.154	0.12 $\pm$ 0.26	0.644
hormonal status	-0.13 $\pm$ 0.11	0.237	0.03 $\pm$ 0.02	0.247	0.86 $\pm$ 4.9	0.861	-0.87 $\pm$ 0.26	0.001
PFDaA	0.29 $\pm$ 0.13	0.024	-0.01 $\pm$ 0.03	0.761	-1.5 $\pm$ 5.4	0.779	-0.73 $\pm$ 0.29	0.012
sampling date	0.26 $\pm$ 0.14	0.066	0.01 $\pm$ 0.03	0.625	-10.9 $\pm$ 5.6	0.052	-0.10 $\pm$ 0.30	0.736
sampling time	-0.18 $\pm$ 0.10	0.088	0.03 $\pm$ 0.02	0.199	14.1 $\pm$ 4.9	0.004	0.21 $\pm$ 0.26	0.421
body mass	-0.20 $\pm$ 0.11	0.076	-0.02 $\pm$ 0.03	0.343	4.9 $\pm$ 5.6	0.378	-0.16 $\pm$ 0.28	0.563
body size	-0.02 $\pm$ 0.11	0.833	0.02 $\pm$ 0.02	0.325	-7.2 $\pm$ 5.0	0.148	0.14 $\pm$ 0.25	0.574
hormonal status	-0.14 $\pm$ 0.10	0.176	0.03 $\pm$ 0.02	0.220	0.21 $\pm$ 4.8	0.965	-0.95 $\pm$ 0.25	<0.001
PFTriA	0.30 $\pm$ 0.14	0.036	0.00 $\pm$ 0.03	0.923	2.0 $\pm$ 5.9	0.735	-0.58 $\pm$ 0.32	0.064
sampling date	0.26 $\pm$ 0.15	0.075	0.02 $\pm$ 0.03	0.597	-8.8 $\pm$ 6.1	0.153	-0.12 $\pm$ 0.34	0.725
sampling time	-0.18 $\pm$ 0.11	0.094	0.03 $\pm$ 0.02	0.214	14.5 $\pm$ 5.1	0.004	0.10 $\pm$ 0.27	0.725
body mass	-0.26 $\pm$ 0.11	0.026	-0.02 $\pm$ 0.03	0.368	5.7 $\pm$ 5.5	0.299	-0.08 $\pm$ 0.28	0.763
body size	-0.06 $\pm$ 0.12	0.632	0.02 $\pm$ 0.02	0.348	-7.9 $\pm$ 5.2	0.124	0.20 $\pm$ 0.27	0.454
hormonal status	-0.14 $\pm$ 0.11	0.181	0.03 $\pm$ 0.02	0.226	-0.13 $\pm$ 4.9	0.979	-0.92 $\pm$ 0.26	<0.001
PFTeA	0.33 $\pm$ 0.11	0.003	-0.02 $\pm$ 0.03	0.482	7.4 $\pm$ 5.4	0.171	-0.65 $\pm$ 0.29	0.028
sampling date	0.22 $\pm$ 0.12	0.070	0.01 $\pm$ 0.02	0.664	-7.4 $\pm$ 5.1	0.145	0.05 $\pm$ 0.29	0.852
sampling time	-0.27 $\pm$ 0.11	0.013	0.03 $\pm$ 0.02	0.149	12.3 $\pm$ 5.0	0.015	0.40 $\pm$ 0.27	0.144
body mass	-0.25 $\pm$ 0.11	0.018	-0.03 $\pm$ 0.03	0.317	6.4 $\pm$ 5.3	0.227	-0.05 $\pm$ 0.28	0.858
body size	-0.05 $\pm$ 0.11	0.668	0.03 $\pm$ 0.02	0.275	-9.0 $\pm$ 5.0	0.072	0.19 $\pm$ 0.26	0.461
hormonal status	-0.19 $\pm$ 0.10	0.062	0.03 $\pm$ 0.02	0.171	-1.9 $\pm$ 4.9	0.704	-0.84 $\pm$ 0.27	0.001

Figure captions

Figure 1. Mean estimates of effect size and 95% confidence interval are shown. These were calculated from the statistical outcomes showing the effect of each PFAS congener on protein oxidative damage. Estimates are positive when values of damage are higher in birds having higher plasma concentration of a given PFAS congener. Note that effect size estimates are significant when the 95% confidence interval does not include zero. Numbers in bracket indicate carbon-chain-length of each PFAS congener.

Figure 2. Mean estimates of effect size and 95% confidence interval were calculated from the statistical outcomes showing the effect of each PFAS congener on plasma non-enzymatic micromolecular antioxidant capacity. Estimates are negative when values of antioxidants are lower in birds having higher plasma concentration of a given PFAS congener. Note that effect size estimates are significant when the 95% confidence interval does not include zero. Numbers in bracket indicate carbon-chain-length of each PFAS congener.

Figure 1

Figure 2