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Gram Matrices Formulation of Body Shape Motion: An Application for Depression Severity Assessment

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Abstract—We propose an automatic method to measure depression severity from body movement dynamics in participants undergoing treatment for depression. Participants in a clinical trial for treatment of depression were interviewed on up to four occasions at 7-week intervals with the clinician-administered Hamilton Rating Scale for Depression. Body movement was tracked using OpenPose from full-body video recordings of the interviews. Gram matrices formulation was used for body shape and trajectory representations from each video interview. Kinematic features were extracted and encoded for video based representation using Gaussian Mixture Models (GMM) and Fisher vector encoding. A multi-class SVM was used to classify the encoded body movement dynamics into three levels of depression severity: severe, mild, and remission. Accuracy was high for severe depression (68.57%) followed by mild depression (56%), and then remission (37.93%). The obtained results suggest that automatic detection of depression severity from body movement is feasible.

Index Terms—Gram matrices, body movement, dynamics, depression severity.

I. INTRODUCTION

Depression is one of the most common psychiatric disorders worldwide. According to the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) behavioral indicators of depression include reduced facial expressiveness, decreased vocal intensity and speech, inability to sit still, pacing, handwringing, and slowed body movements [DSM-5]. Yet, often these indicators are not taken into account in depression severity assessment that relies almost entirely on patients’ verbally reported symptoms in clinical interviews. To improve depression severity assessment, automatic and objective assessment of depression from behavioral signals has emerged as a powerful option.

Most previous efforts in automatic assessment of depression severity have focused on facial expression [1], [2], voice quality and timing [3], and head pose [1], [2], [4]. For instance, Hdibeklioglu and colleagues [1] proposed a state of the art multimodal (face, head, and voice) deep learning based approach to detect depression severity in participants undergoing treatment for depression. The dynamics of facial, head, and vocal prosody was important for the measurement of depression severity, but one could not say whether the dynamics of those measures was increasing, decreasing, or varying in some non-linear way. To overcome that limitation, Kacem and colleagues [2] proposed a method to measure depression severity from facial and head movement dynamics using affine-invariant barycentric and Lie algebra representation, respectively. Consistent with clinical data, the extracted kinematic features revealed that the velocity and acceleration of facial movement strongly mapped onto depression severity symptoms [2].

Although body movement also changes with depression severity (e.g., inability to sit still, slowed body movement [DSM-5]), the communicative functions of body movement dynamics in relation to depression severity have been fairly unexplored using automatic approaches. One notable exception is [5]. In [5], the authors investigated body movement for the detection of depression. To do so, the authors extracted the relative orientation and radius of body parts as well as the holistic body motion measured using space-time interest points [6]. The two set of descriptors were then fused to train a support vector machine (SVM) classifier for the detection of presence from the absence of depression. From a clinical perspective, it is also critical to measure change over time in depression severity. In the continuity with the initial efforts listed above, we investigated the discriminating power of body movement dynamics for depression severity assessment.

Compared with previous efforts, including ours [1], [2], we focused on the unique contribution of body movement dynamics in clinically relevant participants in treatment of moderate to severe depression. The combination of body movement with other modalities (e.g., face and head [1], [2]) are subject to future work. To capture changes in the dynamics of body movement that would reflect the psychomotor retardation and agitation of depressed participants, Gram matrices formulation is used for body shape and trajectories representation. Relevant kinematic features are then extracted from body shape trajectories (i.e., velocities amics and accelerations). Gaussian Mixture Models (GMM) combined with an improved fisher vector encoding are then used to obtain a single vector representation for each sequence (i.e., clinical interview). Finally, a multi-class SVM with a Gaussian kernel is used to classify the encoded body movement dynamics into three depression severity levels: severe, mild, and remission. To the best of
our knowledge, this is the first time that depression severity rather than only presence from absence of depression has been measured automatically from body movement dynamics. The proposed approach is illustrated in Fig. 1.

II. PARTICIPANTS

Fifty-seven participants with moderate to severe depression (34 women, 23 men) were recruited from a clinical trial for treatment of depression [1]. At the time of the study, all met DSM-4 criteria [7] for Major Depressive Disorder (MDD). Data from 49 participants was available for analysis. Participant loss was due to change in original diagnosis (e.g., severe suicidal ideation) and methodological reasons (e.g., missing or corrupted video recordings). Symptom severity was evaluated on up to four occasions at 1, 7, 13, and 21 weeks post diagnosis and intake by four clinical interviewers (the number of interviews per interviewer varied) [1].

Interviews were conducted using the Hamilton Rating Scale for Depression (HRSI) [8]. HRSD is a clinician-rated multiple item questionnaire to measure depression severity and response to treatment. HRSD scores of 15 or higher are generally considered to indicate moderate to severe depression; scores between 8 and 14 indicate mild depression; and scores of 7 or lower indicate remission [9] [1].

Participant and interviewer were sitting face-to-face during the entire interview (see Fig. 2). Interviews were recorded using three hardware synchronized analogue cameras and two unidirectional microphones (see Fig. 2). Audio data was not used in the current paper. For video data, one camera recorded the interviewer’s shoulders and face from approximately 15 degrees to the participant’s right. Two additional cameras were positioned approximately 15 degrees to the interviewers left and right (see Fig. 2). One camera recorded the participants face and one camera recorded a full body view (see Fig. 2). In the current work, we used the data recorded from the full body view camera digitized at a frame rate of 29.97 fps (see Fig. 2). Using these data and the cut-off scores of depression severity described above, we defined three ordinal depression severity classes: moderate to severe depression, mild depression, and remission (i.e., recovery from depression). The final sample from the body camera view was 89 available full body recorded sessions from 49 participants: 35 moderate to severely depressed, 25 mildly depressed, and 29 remitted.

III. AUTOMATIC BODY TRACKING

We used a real-time fully-automatic multi-person 2D body tracker (OpenPose, [10]) to track body parts’ locations. OpenPose uses a non-parametric representation (key-points association that encodes both position and orientation of human limbs) to learn the association between body parts’ locations (i.e., Head, Shoulders, Elbows, Wrists, Hips, Knees, and Ankles, see Fig. 3) and individuals present in a given image. The tracker encodes global context, allowing a greedy bottom-up parsing step that maintains high accuracy of body parts tracking while achieving real-time performance, irrespective of the number of people in the image [10]. OpenPose reliability has been evaluated with state-of-the-art accuracy on multiple public benchmarks [10]. Table I reports the proportions of tracked video frames for each body point for all data. Valid tracking was lower for points 10 and 13 (left ad right ankles, respectively). Self-occlusion (occluded ankles) contributed to tracking failure of points 10 and 13.

Because we are interested in body points only, tracked points 14, 15, 16, 17 (i.e., eyes, nose, and ears, respectively) were not used for analyses. Because points 10 and 13 are usually not detected, they were not used for analyses. This resulted in skeletons of 12 body joints used for the analysis of body movement dynamics in participants in treatment for moderate to severe depression (for a more detailed description of the data please see section Participants).

IV. MODELING BODY MOVEMENT DYNAMICS USING GRAM MATRICES FORMULATION

Evolutionary theories of depression highlights symptoms of psychomotor retardation and agitation [11], [12]. We used dynamic measures of body movement to capture aspects of psychomotor retardation and agitation in participants in treatment for moderate to severe depression.

A. Frame Based Body Shape Representation

Body movement dynamics is represented using the time series of the coordinates of the 12 tracked body points (i.e., \( p_1 = (x_1, y_1), \ldots, p_{12} = (x_{12}, y_{12}) \)) during each video sequence (see section Automatic Body Tracking). Each video sequence is thus characterized by a set of landmark configurations \( \{Z_0, \ldots, Z_\tau\} \), where \( \tau \) is the duration in frames of the video sequence (interview). Each configuration \( Z_i (1 \leq i \leq \tau) \) is an \( n \times d \) matrix where \( d = 2 \) and \( n = 12 \), matrix of rank \( d \) encoding the positions of \( n \) distinct landmark points in \( d \) dimensions. We seek to measure the dynamic changes of the curves formed by the landmark configurations invariant to rotation and translation. To do so, we computed the matrix of pairwise distances between the landmarks of the same body shape (at a given frame). The measured distances are then centered by subtracting the landmarks center of mass referred to as \( p_0 \). We then compute the Gram matrices as the squares of all measured centered distances such as:

\[
G = ZZ^T = \langle p_i, p_j \rangle, \quad 1 \leq i, j \leq n ,
\]

The Gram matrices of the form \( ZZ^T \), where \( Z \) is an \( n \times d \) matrix of rank \( d \), are characterized as \( n \times n \) positive semi-definite matrices of rank \( d \). Conveniently, the Riemannian geometry of the space of these matrices, called the positive semi-definite cone \( S^+(d, n) \), was well studied in [13]–[17].

B. Video Based Body Shape Trajectories

The dynamic changes of body joints movement are characterized by parametric trajectories on the Riemannian manifold of positive semi-definite matrices of fixed-rank (see Fig.1a). More specifically, let \( \beta_{Q_i} : I \rightarrow S^+(d, n) \) defines a curve (\( I \) denotes the time domain, e.g., \( [0, 1] \)) to model the spatio-temporal evolution of elements on \( S^+(d, n) \). Given a sequence
Fig. 1. Overview of the proposed approach, (a) Automatic landmark detection for each frame of the video and Gram matrix computation, (b) Building trajectories on $S^+(2, n)$ and Bezier curve smoothing, (c) Kinematic features extraction, (d) Depression severity classification.

TABLE I

| Points | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| % of tracked data | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 99 | 86 | 46 | 99 | 82 | 39 | 99 | 81 | 99 | 100 |

Fig. 2. Face-to-face clinical interview setup.

Fig. 3. Overview of OpenPose Targeted Body Points [10].

of landmark configurations $\{Z_0, \ldots, Z_\tau\}$ represented by their corresponding Gram matrices $\{G_0, \ldots, G_\tau\}$ in $S^+(d,n)$, the corresponding curve is the trajectory of the point $\beta_G(t)$ on $S^+(d,n)$, when $t$ ranges in $[0,1]$.

Body shape points trajectories are characterized by the curves obtained by connecting all successive Gramian representations of shapes $G_i$ and $G_{i+1}$, $0 < i \leq \tau - 1$, by pseudo-geodesics in $S^+(d,n)$. Modeling a sequence of landmarks as a trajectory on $S^+(d,n)$ showed very promising results when the data are well acquired (i.e., without tracking errors or missing data) [18], [19], [20]. To account for both missing data and tracking errors we apply a curve fitting algorithm (as “smoothing” on Bezier curves [21]) on the trajectories of the Gram matrices in the manifold. More precisely, the trajectories in the manifold are considered as Bezier curves and can be generalized with the De Casteljau algorithm (see Fig.1.b).

To do so, let’s consider the positive, semi-definite, of fixed
rank matrices $S^+(d, n)$. Our goal is to approximate a Bezier curve $\mathbf{B}$ to data points $d_0, \ldots, d_t$, with $t$ the number of points composing the trajectories. The control points estimated for the curve are chosen such that $\mathbf{B}$ is close the the data points and the mean squared acceleration is small. Therefore, the Bezier curves are composed of $t$ Bezier functions. Let $p_0, \ldots, p_t \in S^+(d, n)$ denotes the endpoints of each Bezier curve and let $(b_i^0, b_i^1) \in S^+(d, n) \times S^+(d, n)$ denotes the right and left control points of $p_i$. Fig.1.b illustrates Bezier curve estimation.

V. Kinematic Features and Fisher Vector Encoding

A. Kinematic Features

Because videos of interviews varied in length, the extracted body curves (of different videos) vary in length. This variation in the obtained curves’ lengths could introduce distortions in feature extraction. To overcome this problem, we apply a cubic spline interpolation to the obtained $C(t)$ curves. This step results in smoother and shorter curves of fixed length. We set empirically the new length of the curve given by spline interpolation to 5000 samples for body curves. Then, we compute the velocities by computing the tangent vectors between successive frames. These can be obtained using the logarithm map with respect to the Riemannian metric of $S^+(d, n)$ introduced in [17]. More specifically, given two successive Gram matrices $C(t) = G_t = Z_t Z_t^T$ and $C(t+1) = G_{t+1} = Z_{t+1} Z_{t+1}^T$ at time $t$ and $t+1$, respectively, the velocity is a vector at the tangent space of $C(t)$ and is given by,

$$V_C(t) = \log_{C(t)}(C(t+1)) = Z_{t+1} Q^* - Z_t,$$  

where $Q^*$ is the optimal $2 \times 2$ rotation aligning $Z_{t+1}$ and $Z_t$ which can be efficiently computed using SVD. By doing so, the velocities will lie on different tangent spaces, i.e., each of them belongs to the tangent space of the current frame. As a solution, we use the parallel transport provided in the Manopt Toolbox [22] in order to transport all the velocities to the tangent space of a common reference frame. After that, we compute the acceleration $A_C(t) = \frac{\partial^2 C(t)}{\partial t^2}$ from the transported velocities after reducing their dimensions (see Fig.1.c). Finally, body shapes, velocities, and accelerations are concatenated as:

$$K_C(t) = [C(t); V_C(t); A_C(t)].$$  

B. Fisher Vector Encoding

Our goal is to obtain a single vector representation from the kinematic curves $K_C(t)$ for depression severity assessment. Following [23], we used the Fisher Vector representation using a Gaussian mixture model (GMM) distributions [24] (see Fig.1.d). Assuming that the observations of a single kinematic curve are statistically independent, a GMM with $c$ components is computed for each kinematic curve by optimizing the maximum likelihood (ML) criterion of the observations to the $c$ Gaussian distributions. To encode the estimated Gaussian distributions in a single vector representation, we use the improved fisher vector encoding, which is suitable for large-scale classification problems [25]. This step is performed for kinematic curves $K_C(t)$ separately. The number of Gaussian distributions $c$ are chosen by a leave-one-subject-out cross-validation and are set to 9 and the fisher vectors dimension is $12 \times 2 \times 2 \times 2 \times 9 = 864$.

The set of encoded dynamic features are then fed to a multi-class SVM with a Gaussian kernel to classify the extracted body movement dynamics into different depression severity levels (see Fig.1.d).

VI. Results

We seek to discriminate three levels of depression severity (mild, moderate to severe, and remission) from body movement dynamics. To do so, we used leave-One-Subject-Out cross validation scheme. Performance was quantified using the mean accuracy over the three levels of depression severity. A multi-class SVM was used to classify the encoded body movement dynamics into three levels of depression severity.

To evaluate the reliability and effectiveness of curve fitting, we first compared the overall classification results with and without curve fitting. As shown in Table II, Gram with curve fitting performed better than without curve fitting. The obtained results can be explained by the fact that curve fitting smooths the curves without modifying the velocity and the acceleration of body movement.

Table III shows the confusion matrix for depression severity assessment using body movement dynamics. Misclassification was more common between adjacent categories (e.g., Severe and Remission) than between distant categories (e.g., Remission and Severe). Consistent with previous findings, using the dynamics of facial and head movements [1], [2], highest accuracy was found for Severe depression (68.57%) compared to Mild (56%) and Remission (37.93%). The assessment of the unique contribution of different body joints movement for depression severity assessment is work in progress.

We evaluated the possible interpretability of the proposed kinematic features (i.e., $K_C(t)$ in Eq. 2) for depression severity assessment. To do so, we compute the l2-norm of velocity and acceleration intensities for body (i.e., $V_C(t)$ and $A_C(t)$) curves for each video. Since each video is analyzed independently,
we compute the histograms of the velocity and acceleration intensities over 10 samples (videos) from each level of depression severity. This results in histograms of 50000 velocity and acceleration intensities for each depression level.

Fig. 4 shows the histograms of body velocity and acceleration intensities. The level of depression severity is proportional to the acceleration intensity of body movement. Acceleration decreases as participants improve from severe to mild and remission. Velocity on the other hand failed to vary systematically with change in depression severity. Previous automatic based studies have found that depression severity is marked by reductions in general facial expressiveness [2]. Velocity and acceleration of facial expressiveness both increased as participants improved from severe to mild and then to remission [2]. On the other hand, our findings suggest that body movement is highest during severe depression and decrease during mild to remission. These results highlights symptoms of psychomotor agitation (e.g., fast or repetitive body movements) and are consistent with the observation that psychomotor agitation in body movements (e.g., unable to sit still, fidgeting, hand-wringing) in depression lessens as severity decreases (i.e., participants become less agitated when remitted). While encouraging, our results should be interpreted with caution given the unbalanced distribution of depression severity scores. Future research, with a larger sample, is needed to replicate our findings on the relation between depression severity and the dynamics of body movement. Finally, the next step will be to compare the relative contribution of each body joint for depression severity assessment and related dynamics changes during the course of treatment.

Overall the obtained results show that depression severity can be assessed from body movement dynamics. Because other behavioral markers (e.g., face and head movement dynamics) also showed discriminating power for depression severity assessment [1], [2], the combination of different modalities (i.e., face and head) with body movement dynamics is work under progress.

VII. CONCLUSION

We proposed a space-time geometric representation of body movement dynamics to measure depression severity. The proposed approach model the temporal evolution of joint points configurations as parameterized trajectories on the positive semidefinite matrices of fixed-rank. The results of proposed approach obtained in adults participants with history of chronic depression show promising results.

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