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Stratigraphy, Sedimentology

Late Holocene palaeogeographical evolution of Paroikia Bay (Paros Island, Greece)

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A B S T R A C T

Although there is rich evidence for human occupation of Paros’ coastline, there is a dearth of data with regards to the evolution of the island’s seaboard palaeoenvironments. In this paper, we use sedimentological and palaeontological proxies of late Holocene coastal deposits from lagoonal environment to reconstruct the evolution of coastal landscapes in Paroikia Bay (Paros Island, Greece). A semi-enclosed lagoon existed in the northeastern part of Paroikia from at least 2915–2551 BC, which was gradually infilled after around 780–436 BC. Although it was not possible to chronologically constrain the timing of the infill, it is most likely relatively young, indicating anthropogenic effects. A correlation of our chronostratigraphic data with archaeological remains and tidal notches in the study area suggests that the subsidence observed on Paros Island is linked to long-term subsidence in combination with vertical seismic displacements.

1. Introduction

Relative sea-level fluctuations, climate change and human impacts are well recorded in the sediments of coastal marshes and wetlands (e.g., Edwards, 2007; Giraudi, 2011; Kemp et al., 2011). Coastal marshes and lagoons are particularly sensitive to local and regional palaeoenvironmental changes and have proven to be powerful archives for studying coastal changes during the Holocene (e.g., Anthony, 2008; Clave et al., 2001; Cole and Liu, 1994; Ejarque et al., 2016; Sacchi et al., 2014; Scott and Medioli, 1978; Stanley and Warne, 1994; Vella and Provansal, 2000). Many palaeoenvironmental studies in the Aegean Sea are based on sedimentary archives extracted from coastal marshes and lagoons (e.g., Evelpidou et al., 2012a; Pavlopoulos et al., 2010; Triantaphyllou et al., 2010; Vouvalidis et al., 2010). Using a multi-proxy approach based on sedimentology, micro- and macrofauna identification and dating, it is possible to reconstruct the coastal evolution and relative sea level changes (e.g., Ghilardi et al., 2014; Marriner et al., 2014; Nixon et al., 2009; Primavera et al., 2011; Vacchi et al., 2017).

Our study area, Paros Island (Cyclades), has rich evidence for human occupation; however, there is a
dearth of data with regards to the evolution of the island’s seaboard palaeoenvironments. Palaeogeographical reconstructions are fundamental to better investigate coastal archaeological sites and to provide the basis for archaeologists regarding past human – environment interactions. In this context, the primary aim of this study is to probe the evolution of the coastal zone in Paroikia bay, Paros Island (Cyclades), and to reconstruct the palaeoshoreline changes during the late Holocene.

2. Study area

2.1. Physical setting

Paros Island is part of the Cyclades Islands complex, in the central Aegean Sea. It is the third largest island of the Cyclades (Fig. 1). The Cycladic region is presumed to be under the influence of an extensional tectonic regime behind the modern volcanic arc at the centre of the Aegean plate and possesses a relatively thin continental crust about 25–26 km in thickness (e.g., Tirel et al., 2004; Zhu et al., 2006). The central Aegean is characterized by relatively low seismicity and the absence of large earthquakes (e.g., Papazachos, 1990). According to Sakellariou and Galanidou (2016), vertical tectonic movements have been considered of minor significance for the palaeogeographical evolution of this area during the late Pleistocene-Holocene.

Several geomorphological and geoarchaeological investigations have been conducted in the Cycladic region to evaluate the RSL changes in the area (e.g., Baika, 2008; Desruelles et al., 2009; Evelpidou et al., 2012a, 2012b; Evelpidou et al., 2014; Kapsimalis et al., 2009; Karkani et al., 2017; Pavlopoulos et al., 2011; Poulos et al., 2008). For Paros Island, Evelpidou et al. (2014) have reported the presence of submerged tidal notches and suggested three palaeoshorelines at −35 cm, −170 cm and −230 ± 20 cm. The occurrence of tidal notches at various depths reveals the occurrence of rapid subsidence events, potentially of seismic origin (Evelpidou et al., 2014).

Lithologically, Paros Island is characterized by a variety of metamorphic rocks (with the dominance of marble, gneiss, and schists) along with some Neogene and Quaternary formations covering only a small part of its coastal zone. The coastal zone of Paros mainly consists of Quaternary deposits, marbles, gneiss schists, and some minor outcrops of igneous rocks. It is mainly rocky and steep, particularly in the north-eastern and north-western part, and the beaches form a smaller part. The studied site, Livadia, is located in the northwestern part of Paros Island, at an alluvial plain bounded by two faults of NNE–SSW and east-west direction, respectively (Figs. 1 and 2).

2.2. Archaeological context

Paros Island is of great geoarchaeological back to the 5th millennium BC (Schilardi, 2002), while the nearby island of Saliagos has yielded a Neolithic settlement (Evans and Renfrew, 1968). In antiquity, Paros had two renowned harbours, one of which according to Scylax (Periplus 58: “...Πάρος λιμῆνα εἰς χουσα δύνα, κ΄ τὸν ἅνα κλειστόν”) was ‘closed’, i.e. situated within the city walls (Papathanassopoulos and Schilardi, 1981). Due to its sheltered harbours and the island’s position in the Aegean, along with the marble trade, Paros became a rich maritime power.

The submerged antiquities of Paros include cemeteries of various time periods, harbour installations and buildings. The bay of Paroikia, in particular, is characterized by the presence of coastal and submerged archaeological remains (Fig. 1c), some of which remain undated (Papathanassopoulos and Schilardi, 1981). In particular, remains of a submerged Roman building have been reported by Rubensohn (1901, 1949) and later by Papathanassopoulos and Schilardi (1981). During an underwater survey by Papathanassopoulos and Schilardi (1981), an ancient mole was found between −2 and −3 m, with a length of ~100 m. However, no chronological indices were found. The ancient cemetery in the bay of Paroikia was in use from the end of the 8th c. BC until the 3rd–4th c. AD (Zapheiropoulou, 2000). Although the island has been the object of geomorphological and archaeological research, no late Holocene palaeogeographical reconstructions have been undertaken.

Fig. 1. Location of the study area and drilling site: a) Location of Paros Island within the Aegean; b) aerial photograph of Paros Island (Google Earth); c) location of the core along with the main submerged archaeological remains in Paroikia Bay (wind rose from windfinder.com, Image Google Earth); d) aerial view of the coring site in Livadia (the red arrow shows the coring location).
3. Materials and methods

3.1. Fieldwork

For the purposes of this study, a multiproxy analysis was undertaken, which included sedimentological and biostratigraphic analyses of the core. The borehole was drilled with a portable drilling sampler, 35 mm in diameter. Here, we present the results from Livadia coastal zone (LIV1), which reached a depth of 4.46 m b.s.l. (below sea level).

Core LIV1 was drilled on a coastal plain (Figs. 1d and 2), 1.2 km to the north-northeast of Paroikia. The plain is composed of Quaternary alluvial deposits, surrounded mainly by gneiss and schists. The site of the coring is, nowadays, a coastal marsh of brackish water (water salinity brackish: 5.0–18.0 g/l; WWF, 2013). It is supplied with fresh water by an aquifer and through an intermittent stream.

3.2. Sedimentological analyses

The analyses took place at the CNRS laboratory facilities of the “Chrono-environnement” lab (université de Franche-Comté, Besançon, France). Before sampling for grain size analysis, the core was studied and photographed in detail in order to record the general stratigraphy. Samples were oven-dried at 50 °C, and dry sediment aggregates were weighed and washed through two mesh sizes, 2 mm and 50 μm, to separate the gravel (> 2 mm), sand (2 mm to 50 μm) and silt/clay (< 50 μm) fractions.

3.3. Biostratigraphy

The gravel fraction of the sediments was examined to identify mollusc shells and determine their ecology. The identification and classification was accomplished based on d’Angelo and Gargiullo (1978) and Doneddu and Trainito (2005). The species were assigned to ecological groups defined by Péres and Picard (1964) and Péres (1982).

Ostracods were extracted from the dry sand fraction (> 150 μm). A minimum of 100 valves was identified and the identified taxa were assigned to five assemblages based on their ecological preferences: fresh water, lagoonal, marine lagoonal, coastal and marine (Lachenal, 1989; Marriner et al., 2012; Nachite et al., 2010; Salel et al., 2016).

3.4. Radiocarbon dating

The chronostratigraphy of the cores was determined by a series of five AMS radiocarbon datings on marine shells, performed at the Poznan Radiocarbon Laboratory (Poland). The samples were corrected for the local marine reservoir
**Table 1**

Radiocarbon ages for dated samples from Paros cores.

<table>
<thead>
<tr>
<th>Sample code</th>
<th>Lab code</th>
<th>Depth below sea level (cm)</th>
<th>Material</th>
<th>δ13C</th>
<th>14C BP</th>
<th>Age cal. BP</th>
<th>Cal. BC/AD (2σ)</th>
</tr>
</thead>
<tbody>
<tr>
<td>LIV1-1</td>
<td>Poz-81150</td>
<td>150–160</td>
<td>Cerithium vulgatum</td>
<td>4.3</td>
<td>3630 ± 30</td>
<td>3193–3508</td>
<td>1559–1244 BC</td>
</tr>
<tr>
<td>LIV1-2</td>
<td>Poz-81151</td>
<td>235–245</td>
<td>Bittium reticulatum</td>
<td>–1.4</td>
<td>3470 ± 30</td>
<td>2985–3330</td>
<td>1381–1036 BC</td>
</tr>
<tr>
<td>LIV1-3</td>
<td>Poz-81156</td>
<td>284–296</td>
<td>Prinella conica</td>
<td>–7</td>
<td>2985 ± 35</td>
<td>2385–2729</td>
<td>780–436 BC</td>
</tr>
<tr>
<td>LIV1-4</td>
<td>Poz-81157</td>
<td>360–370</td>
<td>Prinella conica</td>
<td>2.7</td>
<td>3110 ± 30</td>
<td>2559–2872</td>
<td>923–610 BC</td>
</tr>
<tr>
<td>LIV1-5</td>
<td>Poz-81192</td>
<td>420–430</td>
<td>Hydrobia</td>
<td>–5.9</td>
<td>4670 ± 50</td>
<td>4500–4864</td>
<td>2915–2551 BC</td>
</tr>
</tbody>
</table>

The radiocarbon ages of the samples were calibrated by using Calib 7.10 (Stuiver et al., 2016) with the Marine13 curve (Reimer et al., 2013). The radiocarbon ages are expressed in calibrated years BP and BC at 95% probability (2σ).

4. Results

4.1. Dating results

Table 1 presents the results of the radiocarbon dating. Two samples (Poz-81150 and Poz-81151) provided ages that appear inconsistent with the stratigraphic order and the ages of the other samples.

4.2. Sedimentological and biostratigraphic results

LIV1 core reached a depth of 4.46 m b.s.l. Based on the sedimentological and faunal analysis, four units were distinguished.

4.2.1. Unit A1: semi-enclosed lagoon under fluvial influence

This unit was observed from the base of the core up to 2.84 m b.s.l., dominated by grey silts (Figs. 3 and 4). The silt/clay fraction represents almost 77% of the total sediment texture up to 3.85 cm, and between 3.75 and 2.84 cm it is reduced to 45%. Lagoonal (*Cyprideis torosa*) and freshwater ostracods (*Ilyocypris gibba*, *Heterocypris salina*, *Potamocypris variegata*) are present. The ostracods are dominated by freshwater (*Ilyocypris gibba*, *Heterocypris salina*, *Potamocypris variegata*) (82.2%) and lagoonal species (*Cyprideis torosa*) (17.8%), with the absence of any marine lagoonal or coastal species. Species richness generally decreased towards the top of the unit. The top of Unit B was dated to 1381–1036 cal BC (2985–3330 cal BP). However, this date is older than the ages obtained in Unit A1 and appears inconsistent with the stratigraphic order (maybe reworked by fluvial processes). The low species diversity, the abundance in freshwater ostracods, along with the lagoonal species *Cyprideis torosa* is probably indicative of a local stream/river influence in the lagoon.

4.2.2. Unit A2: input of coarser sediments – high energy event?

This unit consists of a 10-cm layer of coarse sand with some gravels, between 3.85–3.75 m b.s.l. (Figs. 3 and 4). The sand fraction represents 54.8% of the total sediment texture, 44% and silt/clays 30.8%. This unit is barren of any molluscan fauna, while the ostraco-fauna shows low densities. They are characterized by a peak in the coastal *Pontocythere elongata* (17%), a relative decrease in freshwater species (8%) and an increase in *Cyprideis torosa* (75%). Considering the chronostratigraphy of Unit A1, this unit is older than ~923–610 cal BC (2559–2872 cal BP).

4.2.3. Unit B: freshwater influenced lagoon

The unit, found between 2.84 m and 2.35 m b.s.l., consists of coarse-medium sands (Figs. 3, 4). Sands represent 58.7% and silt/clays 35% of the total sediment texture. It is barren of molluscan fauna, except at the top of the unit, where a few individuals of an infratidal sand species (*Bittium reticulatum*) are identified. The ostracods are dominated by freshwater (*Ilyocypris gibba*, *Heterocypris salina*, *Potamocypris variegata*) (82.2%) and lagoonal species (*Cyprideis torosa*) (17.8%), with the absence of any marine lagoonal or coastal species. Species richness generally decreased towards the top of the unit. The top of Unit B was dated to 1381–1036 cal BC (2985–3330 cal BP). However, this date is older than the ages obtained in Unit A1 and appears inconsistent with the stratigraphic order (maybe reworked by fluvial processes). The low species diversity, the abundance in freshwater ostracods, along with the lagoonal species *Cyprideis torosa* is probably indicative of a local stream/river influence in the lagoon.

4.2.4. Unit C: infilling of the lagoon

Unit C occurred between 2.35 and 1.5 m b.s.l. (Figs. 3 and 4). The base of the unit is dominated by sandy silts with charcoal and the upper part by silty sands with charcoal and traces of oxidation. Ostracods are only present in the sandy silt layer, represented by a few individuals. The lagoonal species *Cyprideis torosa* represents 83% of the total assemblage while freshwater species comprise *Potamocypris variegata* (17%). Molluscan faunas...
are poor in unit C, mainly characterized by broken pieces of hard substrate assemblage species (*Murex, Gibbula* sp.). The top of the unit was dated to 1559–1244 BC (3193–3508 cal BP). This date, however, is significantly older than expected, and furthermore is not in stratigraphic order in relation to deeper samples. This unit is probably indicative of the gradual infilling of the lagoon.

### 5. Discussion

The drilling site at Livadia is located a few hundred meters from the remains of a submerged Roman building, a submerged mole (*Papathanassopouloous and Schilardi, 1981; Rubensohn, 1901*) and the ancient cemetery of Paroikia (*Zapheiropoulou, 2000*) (Fig. 1c). In 1979, the remains of the Roman building were found 1 m offshore at a depth of 0.5 m below sea level (*Papathanassopouloous and Schilardi, 1981*). The submerged ancient mole was found between −2 and −3 m, but, unfortunately, remains undated. For the ancient cemetery, no information is available concerning the precise elevation of the excavation; however, it is located below the level of the sea and unless the water is constantly drained, the excavation area turns into a swamp within a few hours (*Zapheiropoulou, 1990, 2000*). The only available datum, at present, is the depth of the Late Roman cemetery, which extends to the west of the Archaic and Classic one (*Zapheiropoulou, 1990*). The graves in the Late Roman cemetery were marble sarcophagi placed on high marble pedestals, which are dated to the 3rd c. AD; according to archaeologists, they were found at a depth of −1.50 m (below modern ground level) (*Zapheiropoulou, 1990*). Taking into consideration the elevation of the ground level (*Topographic map of Paroikia Port, 1999*) and the depth of the sarcophagi, the current elevation of the ancient cemetery may be estimated at about ~30–40 cm below sea level.
Overall, the archaeological remains in Paroikia Bay suggest a subsidence regime for the study area. This observation is further supported by the presence of submerged tidal notches, which indicates that at least part of this observed subsidence is related to vertical seismic displacements (Evelpidou et al., 2014). Three submerged palaeoshorelines have been reported for Paros Island by Evelpidou et al. (2014), related to palaeoearthquakes that have taken place since ~3300 BP, and shorelines at −35 and −170 cm have been noted near the Livadia coring site to the southwest. No differential tectonic movements have been noted by Evelpidou et al. (2014) for the island of Paros based on the layout of the observed notches.

The results from the Livadia core offer new elements to reconstruct the main phases of shoreline development in the northern part of Paroikia (Fig. 5a, b). From at least 2915–2551 BC (4500–4864 cal BP) until ~780–436 BC (2385–2729 cal BP), the area was a semi-closed lagoon with fresh water input, as attested by the presence of freshwater microfauna (~51% on average). This lagoon must have been almost continuously affected by the presence of a local stream. In fact, a closer examination of the river network of the area

![Fig. 4. Mollusc species and assemblages in Core LIV1.](image-url)
shows that two third-class streams discharge into the bay of Paroikia.

This environment appears to be interrupted by an input of coarser sediments, which is attested to by the presence of a 10-cm-thick layer of coarse sand with gravels. This event is probably dated to before 923–610 BC (2559–2872 cal BP). The coarse sand layer bears no evidence of molluscan fauna. However, ostracod faunas are characterized by a peak in the coastal *Pontocythere elongate*, and freshwater ostracods are poorly represented in comparison to Unit A1. The transition from fine (unit A1) to coarser deposits (unit A2) correlated with the increase in the proportion of coastal ostracods in A2 may indicate reworking during a possible storm episode. The input of sand along with gravels, considering the contemporary beach sediments, may have originated from the coast. Sedimentological and faunal evidence indicates a high-energy event, i.e. a storm. However, in many occasions, the
sedimentological characteristics of these high-energy events are similar, and it is not always possible to distinguish them (e.g., Kortekaas and Dawson, 2007; Morton et al., 2007). Following this event, the lagoon barrier appears to be more frequently breached, as attested to by some coastal macrofauna along with marine lagoonal and coastal ostracods.

After ~780–436 BC (2385–2729 cal BP), the absence of any coastal-marine molluscs and the dominant presence of freshwater ostracods suggest that the lagoon is primarily affected by fluvial processes. These processes are not evidenced in the last unit of the core (Unit C), and sedimentological and faunal observations probably reflect the gradual infilling of the lagoon. The presence of a few ostracod species, limited only to the lower part of unit C, along with the presence of only broken pieces of hard substrate assemblages, may reflect the gradual infilling of the lagoon. Charcoal fragments probably indicate burning, while pedogenesis may be suggested by traces of oxidation in the unit. Although it is not possible to chronologically constrain the timing of this change, it may be relatively young, testifying to anthropogenic impacts.

In order to provide insights into the RSL changes in the study area, RSL index points were produced from the dated samples of this study (Table 1). To produce RSL index points, we considered an indicative range from 0 to −1 m for samples deposited in semi-enclosed lagoons (e.g., Vacchi et al., 2016). The archaeological data from Paroikia bay were used as terrestrial limiting points, as their relationship to sea level cannot be accurately defined. We compared our results with the RSL reconstruction by Desruelles et al. (2009) from the wider region (Fig. 6). For Paros Island, Papathanassopoulos and Schilardi (1981) estimated an RSL of 2–3 m at about 2500–2900 BP, while Morrison (1968) estimated a RSL rise of ~5.5 m since 5500 BP.

According to Lykousis (2009), a continuous subsidence rate has dominated during the last 400 ka, quantified to 0.34–0.60 mm/a for the Cycladic plateau, with a gradual decrease in the magnitude of the extensional tectonic regime. At the same time, the presence of submerged tidal notches at various depths in Paros and neighbouring islands (Naxos, Sifnos, Iraklia, Keros) indicates that at least part of this observed subsidence is related to vertical seismic displacements (Evelpidou et al., 2014, Fig. 3).

As already noted, Paros was a rich maritime power, because of its sheltered harbours, and the island’s position in the Aegean, along with the marble trade. However, its harbours remain to be found. Understanding the evolution of coastal landscapes and palaeoshoreline reconstructions may provide the basis for further geoarchaeological studies.

6. Conclusions

Multiproxy analysis of a coastal core allowed us to reconstruct the coastal landscape evolution of Paroikia Bay (Paros Island, Greece) during the late Holocene. Based on

![Fig. 6. Relative sea-level changes in Paros Island. The produced RSL index points are plotted in relation to the RSL curve by Lambeck and Purcell (2005).](image-url)
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