White matter connectivity analysis in patients suffering from depression.

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White matter connectivity analysis in patients suffering from depression

**Introduction**

- Major depressive disorder (MDD) is characterized by a profound dysregulation of affect and mood: cognitive dysfunction, insomnia, fatigue and appetite disturbance.
- Up to 80% of patients will suffer from a relapse.
- Understanding the neural correlates underlying the depression is critical for improving the efficacy of diagnostic and treatment strategies.
- Dysfunction of the circuits connecting frontal and subcortical brain regions, leads to a "disconnection syndrome" [1].
- Using graph theory-based analysis, we examined white matter changes in the organization of networks in patients suffering from depression.

**Material and Methods**

**Data:**
- LONGIDEP is a routine care cohort of patients suffering from MDD who underwent clinical, neuropsychological testing and imaging study.
- DTI scans: 30 directions using an EPI sequence with a b-value of 1000s/mm².
- 20 MDD patients and 20 healthy controls (CTL) subjects.

**Network node definition:**
- Parcellation of the cerebral cortex into 66 cortical and 14 subcortical regions using Freesurfer image analysis [2].
- Each regions represents a node of the cortical network

**Diffusion tractography:**

**Network analysis:**
- Computation of various metrics that characterize the global organization of anatomical networks
- Fiber density (number of fibers normalized by ROI volume) characterizes the strength of inter-regional connections.
- Regional nodal properties: Strength (reflects how the node is interacting with many other nodes in the network), Betweenness (in integrating dispersed networks) and Clustering (in local networks).
- Two-sample Student t-test between the two groups with age, gender, duration of disease and medication load [3] as nuisance covariates, combined with a permutation test.

**Results**

- Widespread white matter abnormalities in patients with MDD: reduced connection between the frontal and parietal lobes, and between the frontal pole and limbic regions
- In the frontal pole: reduced strength and reduced clustering
- Higher betweenness in right and left thalamus and in right putamen for MDD

**Conclusion**

- Decreased fiber density in circuits connecting subcortical brain regions with the frontal and parietal cortex, supporting the theory of limbic-frontal circuit dysfunction in MDD.
- Less segregated network organization in the frontal lobe, implicated in abnormalities of emotion regulation and cognition in MDD.
- Thalamus and putamen: highly interactive regions that likely participate in more functional interactions.

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