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ON MINIMAL DECOMPOSITIONS OF LOW RANK SYMMETRIC TENSOR

BERNARD MOURRAIN AND ALESSANDRO ONETO

ABSTRACT. We use an algebraic approach to construct minimal decompositions of symmetric tensors with low rank. This is done by using Apolarity Theory and by studying minimal sets of reduced points apolar to a given symmetric tensor, namely, whose ideal is contained in the apolar ideal associated to the tensor. In particular, we focus on the structure of the Hilbert function of these ideals of points. We give a procedure which produces a minimal set of points apolar to any symmetric tensor of rank at most 5. This procedure is also implemented in the algebra software Macaulay2.

1. INTRODUCTION

Tensors are multi-dimensional arrays that can be used to encode large data sets. For applications, it is useful to find convenient ways to represent them and, in the last decades, a lot of research has been focused on additive decompositions. For a more extensive survey on the relations between theoretical and applied aspects of tensor decompositions, we refer to the book of J. M. Landsberg [Lan12].

In the space of tensors $\mathbb{C}^{n_1+1} \otimes \ldots \otimes \mathbb{C}^{n_d+1}$, we call decomposable or rank-1 tensors the elements of the type $v_1 \otimes \ldots \otimes v_d$, where $v_i \in \mathbb{C}^{n_i+1}$. Given a tensor $T \in \mathbb{C}^{n_1+1} \otimes \ldots \otimes \mathbb{C}^{n_d+1}$, we call tensor decomposition an expression of $T$ as sum of decomposable tensors, i.e.,

$$T = \sum_{i=1}^{r} v_{i,1} \otimes \ldots \otimes v_{i,d},$$

and the smallest length of such a decomposition is called tensor rank of $T$. We call rank of $T$ the smallest possible length of such an expression. Note that this definition generalizes the notion of rank of a matrix which may be defined as the smallest number of rank-1 matrices needed to write the matrix as their sum.

An important family of tensors is the one of symmetric tensors, i.e., the tensors invariant under the action of the permutation group on $d$ objects $\Sigma_d$ on the space of tensors $\mathbb{C}^{n_1+1} \otimes \ldots \otimes \mathbb{C}^{n_d+1}$ by permutation of the factors. In this case, we consider additive decompositions as sums of rank-1 symmetric tensors.

If we consider the case $n_1 = \ldots = n_d = n$, symmetric tensors can be naturally identified with homogeneous polynomials of degree $d$ in $n+1$ variables. For example, if $\{x_0, \ldots, x_n\}$ is a basis for $\mathbb{C}^{n+1}$, a monomial $x_{i_1} \cdots x_{i_d}$ is identified with the symmetric tensor $\sum_{\sigma \in \Sigma_d} x_{\sigma(1)} \otimes \ldots \otimes x_{\sigma(d)}$. Since rank-1 symmetric tensors are the ones of the type $v \otimes d = v \otimes \ldots \otimes v$, with the previous identification, they correspond to $d$th powers of homogeneous polynomials of degree 1. Therefore, in the case of symmetric tensors, we rephrase the aforementioned problem on additive decomposition as follows.

Let $S = \mathbb{C}[x_0, \ldots, x_n] = \bigoplus_{d \geq 0} S_d$ be the standard graded ring of polynomials in $n + 1$ variables and with complex coefficients. Here, $S_d$ denotes the vector space of degree $d$ homogeneous polynomials, or forms.
Definition 1.1. Let \( f \in S_d \) be a form of degree \( d \). A Waring decomposition of \( f \) is an expression as
\[
f = \ell_1^d + \ldots + \ell_s^d,
\]
where the \( \ell_i \)'s are linear forms.

The minimal length of such a decomposition is called the Waring rank, or rank, of \( f \). We denote it \( \text{rk}(f) \).

Hence, our general question is the following.

Question 1.2. Given \( f \in S_d \), what is the rank of \( f \)? Can we provide a minimal Waring decomposition?

For general forms of fixed degree and fixed number of variables, the value of the rank is known due to the result of J. Alexander and A. Hirschowitz \([\text{AH}95]\). In the case of specific polynomials, the question is much more difficult. The case of binary forms (two variables) is very classical and due to J. J. Sylvester \([\text{Syl}51]\).

In the case of monomials, E. Carlini, M. V. Catalisano and A. V. Geramita gave a very explicit formula just in terms of the exponents of the monomial \([\text{CCG}12]\). In general, several algorithms have been described, but they efficiently work under certain constraints on the given polynomial \([\text{BCMT}10, \text{BGI}11, \text{OO}13]\).

Our approach to computing Waring decomposition is algebraic. By Apolarity Theory, minimal Waring decompositions of a given polynomial correspond to sets of reduced points in projective space apolar to the polynomial, i.e., sets of points whose ideal is contained in the so-called apolar ideal of the polynomial. This theory is explained in details in the book of A. Iarrobino and V. Kanev \([\text{IK}06]\). Under such a correspondence, the coordinates of the points are the coefficients of the linear forms that can be used to provide a Waring decomposition of the polynomial. In particular, the minimal cardinality of such a set of points coincides with the Waring rank of the polynomial. In this paper, we focus on invariants of ideals of sets of points apolar to a given polynomial as their Hilbert function and their regularity.

Although this algebraic approach to Waring decompositions is very classical and it basically goes back to the work of J. J. Sylvester on binary forms, we use a new tool which we believe have potential for further investigation. This is the concept of Waring locus of a polynomial which is defined as the locus of linear forms that may appear in a minimal Waring decomposition \([\text{CCO}17]\). The idea behind this construction is to find a way to decompose a given polynomial by adding one power at the time, namely by taking step-by-step a linear form in the Waring locus of the polynomial. In particular, this idea has a twofold use.

If the Waring locus is as big as possible, i.e., it is dense in the space of linear forms, it means that we can actually pick a random linear form to start our decomposition. This is what happen for form with rank higher than the generic rank, i.e., the rank of the general form. On the other hand, if the Waring is (contained in) a proper subvariety of the space of linear forms, we have conditions on the coefficients of the linear form we need to start our decomposition. In this case, with some further analysis on algebraic and geometric properties of the Waring locus, we may find a way to reduce the rank of our polynomial.

By using these ideas, we describe how to find a minimal Waring decomposition of homogeneous polynomials of low rank, for any number of variables and any degree; see Theorem 4.1. These methods can be extended to forms of higher rank, but, since the cases to study grows very quickly and they might need some ad hoc argument, we applied them to completely describe all cases up to rank 5.

We think it is worth mentioning that our computations left us with an intriguing algebraic question that should be investigated further. We can consider all the minimal sets of points apolar to a given polynomial and we might look at which algebraic and geometric properties they share. As far as we know, the only results in this direction regard: binary forms, where they obviously share the same Hilbert function since they are defined by principal ideals with the generator equal to the rank of the binary form; and monomials, where we know that they are complete intersections with the generators in the same degrees \([\text{BBT}13]\).
Structure of the paper. In Section 2, we introduced the necessary background and the tools we use in our computations. These include Apolarity Theory (Section 2.1), regularity of ideals of reduced points (e.g., see Theorem 2.17), essential number of variables (Section 2.2) and Waring loci (Section 2.3). In Section 3, we use these tools to study minimal sets of points apolar to polynomial of low rank (e.g., see Proposition 3.7 and Proposition 3.14). In Section 4, we give our main Theorem 4.1 where we describe a procedure to find a minimal set of points apolar to any polynomial of rank at most 5. In Section 5, we implement our computations with the algebra software Macaulay2 [GS02]. The code of the package ApolarLowRank can be found as ancillary material accompanying the arXiv and the HAL versions of the paper or on the personal webpage of the second author.

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2. Basic definitions and background

2.1. Apolarity Theory. One of the most important algebraic tools for studying Waring decompositions of homogeneous polynomials is Apolarity Theory, which relates Waring decompositions of a polynomial $f$ to ideals of reduced points contained in the so-called apolar ideal of $f$. For more details, we refer to [IK06].

Let $T = \mathbb{C}[y_0, \ldots, y_n] = \bigoplus_{d \geq 0} T_d$ be a standard graded polynomial ring. We define the apolar action of $T$ over $S$ by identifying the polynomials in $T$ with partial differentials over $S$; namely,

$$\circ : T \times S \rightarrow S, \quad (G, f) \mapsto G \circ f := G(\partial_0, \ldots, \partial_n) \cdot f.$$

Definition 2.1. Let $f \in S_d$. We define the apolar ideal of $f$ as

$$f^\perp := \{G \in T \mid G \circ f = 0\}.$$

We denote by $A_f$ the quotient ring $T/f^\perp$.

Remark 2.2. An important and useful property of apolar ideals is that, for any $f \in S_d$, the algebra $A_f$ is Artinian Gorenstein with socle degree $d$. Actually, also the viceversa is true, i.e., any artinian Gorenstein algebra is isomorphic to $A_f$, for some $f$. This characterization is referred as Macaulay’s duality [Mac94].

The following lemma is the key of our algebraic approach to Waring decompositions.

Lemma 2.3 (Apolarity Lemma, [IK06, Lemma 1.15]). Let $f \in S_d$. Then, the following are equivalent:

1. $f = c_1 \ell_1^d + \ldots + c_s \ell_s^d$, for some $c_i \in \mathbb{C} \setminus \{0\}$, $\ell_i \in S_1 \setminus \{0\}$;
2. $I_X \subset f^\perp$, where $I_X$ is the defining ideal of $s$ reduced points in $\mathbb{P}^n$. In particular, if $X = \{\xi_1, \ldots, \xi_s\} \subset \mathbb{P}^n$, with $\xi_i = (\xi_{i,0} : \ldots : \xi_{i,n})$, then $\ell_i = \ell_{\xi_i} := \xi_{i,0} x_0 + \ldots + \xi_{i,n} x_n \in S_1$.

Definition 2.4. Given $f \in S_d$, a set of points $X$ such that $I_X \subset f^\perp$ is said to be apolar to $f$.

Example 2.5 (Binary forms: Sylvester algorithm). We describe here how to compute the Waring rank of a binary form. The idea behind these computations goes back to J. J. Sylvester [Syl51]. For a modern exposition, we refer to [CS11]. Let $f \in \mathbb{C}[x_0, x_1]$. By Macaulay’s duality, we know that $f^\perp$ is artinian Gorenstein and, since we are in codimension 2, it is also a complete intersection, say $f^\perp = (G_1, G_2)$, with $\deg(G_i) = d_i$, $i = 1, 2$, and $d_1 + d_2 = d + 2$. Since ideals of reduced points in $\mathbb{P}^1$ are principal, we look for square-free polynomials in $f^\perp$. In particular, we get the following (we assume $d_1 \leq d_2$):
(1) if $G_1$ is square-free, then $\text{rk}(f) = d_1$;
(2) otherwise, the general element $H \cdot G_1 + \alpha G_2$, with $H \in T_{d_2-d_1}$, $\alpha \in \mathbb{C}$, is square-free and $\text{rk}(f) = d_2$.

Another classical tool useful to analyse these ideals are Hilbert functions.

**Definition 2.6.** Given a homogeneous ideal $I \subset S$, the Hilbert function in degree $i$ of the quotient ring $S/I$ is the dimension of $S_i/I_i$ as $\mathbb{C}$-vector space, i.e.,

$$h_{S/I}(i) := \dim_{\mathbb{C}}(S/I)_i = \dim_{\mathbb{C}} S_i - \dim_{\mathbb{C}} I_i,$$

for $i \in \mathbb{N}$.

**Remark 2.7.** Given a set of reduced points $X$, we denote the Hilbert function of the quotient ring $S/I_X$ simply by $h_X$. A well-known fact is that this Hilbert function is strictly increasing until it reaches the cardinality of the set of points and then it gets constant [IK06, Theorem 1.69].

**Remark 2.8.** Since the apolar algebra $A_f$ of a homogeneous polynomial $f \in S_d$ is artinian Gorenstein with socle degree $d$, we know that the Hilbert function of $A_f$ is symmetric and equal to 0 from degree $d + 1$.

Given a polynomial $f \in S_d$, the computation of the apolar ideal is a linear algebra exercise. For any $i = 0, \ldots, d$, we construct the $i$-th catalecticant matrix of $f$ as

$$\text{Cat}_{i}(f) : T_i \rightarrow S_{d-i}, \ G \mapsto G \circ f.$$  

Then, we have that, $f^\perp = \ker \text{Cat}_{i}(f)$.

**Remark 2.9.** For any degree $d$, we consider the standard monomial basis

$$\mathcal{R}_d = \left\{ x^\alpha := x_0^{\alpha_0} \cdots x_n^{\alpha_n} \ | \ \alpha \in \mathbb{N}^{n+1}, |\alpha| = \sum_i \alpha_i = d \right\}$$

of $S_d$, and the dual basis

$$\mathcal{R}_d^\vee = \left\{ y^{(\alpha)} := \frac{1}{\alpha!} y_0^{\alpha_0} \cdots y_n^{\alpha_n} \ | \ \alpha \in \mathbb{N}^{n+1}, |\alpha| = \sum_i \alpha_i = d \right\}.$$  

Note that $y^{(\alpha)} \circ x^\beta = x^{\beta-\alpha}$. Therefore, with respect to these basis, we have that,

$$\text{Cat}_{i}(f) = (c_{\alpha+\beta})_{|\alpha|=i}, \ \text{where} \ f = \sum_{\alpha \in \mathbb{N}^{n+1}, |\alpha|=d} c_\alpha x^\alpha \in S_d.$$  

By Apolarity Lemma, for any set of points $X$ apolar to $f$, we have that $h_X(i) \geq h_{A_f}(i) = \text{codim} \ker \text{Cat}_{i}(f) = \text{rk}\text{Cat}_{i}(f)$. Moreover, for any $i \in \mathbb{N}$, $|X| \geq h_X(i)$. Therefore, if we denote by $\ell(f) := \max_i \{h_{A_f}(i)\} = \max_i \{\text{rk}\text{Cat}_{i}(f)\}$ the differential length of $f$, we have that

$$\text{rk}(f) \geq \ell(f).$$

**Remark 2.10.** If $f$ is a binary form, then $f^\perp = (G_1, G_2)$ with $\deg(G_1) = d_1, \deg(G_2) = d_2, d_1 \leq d_2$ and $d_1+d_2 = d+2$. Then $h_f(i) = i+1$ for $i = 0, \ldots, d_1-1, h_f(i) = d_1$ for $i = d_1, \ldots, d_2-1$ and $h_f(i) = d+1-i$ for $i = d_2, \ldots, d$. In particular, $\ell(f) = d_1$ and $\text{rk}(f) = \ell(f)$ if $G_1$ is square-free. Otherwise, $\text{rk}(f) = d+2-\ell(f)$.

**Lemma 2.11.** If for some $k \leq d$, $(f_k^\perp) = I_X$ is defining a set $X$ of $r$ reduced points, then $\text{rk}(f) \leq r = h_f(k)$.

**Proof.** As $f_k^\perp$ is defining a set $X$ of $r$ reduced points, $I_X = (f_k^\perp) \subset (f^\perp)$ and by the apolarity Lemma 2.3, $X$ is apolar to $f$ and $\text{rk}(f) \leq |X| = r$. Moreover, $h_X(k) = r = \dim(S_k/(I_X)_k) = \dim(S_k/f_k^\perp) = h_f(k).$  

This leads to the following possible algorithm to find the Waring rank of a given polynomial $f \in S_d$:

(1) consider the largest catalecticant $\text{Cat}_m(f)$, for $m = \left\lceil \frac{d}{2} \right\rceil$ and the ideal $I$ generated by its kernel;
(2) if $I$ does not define a set of reduced points, then we fail;
Lemma 2.15. Let \( f \) be a polynomial. If the zero set of \( I \) is a set of reduced points \( Z(I) = \{[L_1], \ldots, [L_r]\} \), then we solve the linear system \( f = \sum_{i=1}^{r} c_i \ell_i^d \) to find a Waring decomposition of \( f \). Moreover, in this case, this is minimal and unique.

Numerical conditions to ensure that this catalecticant method works have been presented in [IK06, OO13].

In [IK06], A. Iarrobino and V. Kanev analysed the Hilbert function of ideals of sets of reduced points apolar to a given polynomial in order to use Apolarity Lemma and deduce its rank. We want to continue in this direction and, in the next section, we will classify polynomials with low rank.

Definition 2.12 (Regularity). For a family \( \mathcal{X} = \{\xi_1, \ldots, \xi_r\} \) of points in \( \mathbb{P}^n \), we define the regularity of \( \mathcal{X} \) as
\[
\rho(\mathcal{X}) = \min\{k \in \mathbb{N} | \exists U_1, \ldots, U_r \in S_k \text{ s.t. } U_i(\xi_j) = \delta_{i,j}\}.
\]

Remark 2.13. This regularity is also called the interpolation degree of the points \( \mathcal{X} \). Let \( \text{van}_k(\mathcal{X}) \) denotes the Vandermonde matrix of degree \( k \) associated to \( \mathcal{X} \), i.e., if \( \mathcal{X} = \{\xi_1, \ldots, \xi_r\} \), with \( \xi_j = (\xi_{i,j} : \ldots : \xi_{i,n}) \in \mathbb{P}^n \),
\[
\text{van}_k(\mathcal{X}) = \bigl(\xi_j^a\bigr)_{j=1,\ldots,r,|a|=k},
\]
where \( \xi_j^a := \xi_{j,0}^{a_0} \cdots \xi_{j,n}^{a_n} \). The regularity \( \rho(\mathcal{X}) \) is also the minimal \( k \) for which, \( \text{van}(\mathcal{X})_k \) is of rank \( |\mathcal{X}| \).

This regularity coincides with the so-called regularity index, i.e., the smallest integer in which the Hilbert function of the ideal of points gets constant. Also, \( \rho(\mathcal{X}) \) is the Castelnuovo-Mumford regularity of \( S/I_{\mathcal{X}} \) which is defined as \( \min_i \{d_{i,j} - i\} \) where \( d_{i,j} \)'s are the degrees of generators of the \( i \)-th syzygy module in a minimal free resolution of \( S/I_{\mathcal{X}} \); see [Eis05, Chapter 4]:
\[
\rho(\mathcal{X}) = \text{reg}(S/I_{\mathcal{X}}) = \text{reg}(I_{\mathcal{X}}) - 1.
\]

Question 2.14. Let \( \mathcal{X}, \mathcal{X}' \) be minimal set of points apolar to a polynomial \( f \in S_d \). Is it true that \( \rho(\mathcal{X}) = \rho(\mathcal{X}') \)? More generally, is it true that \( h_{\mathcal{X}} = h_{\mathcal{X}'} \)?

The latter question has a positive answer for:

1. binary forms, as described by Sylvester’s algorithm;
2. monomials, since any minimal apolar set of points to a monomial \( x_0^{d_0} \cdots x_n^{d_n} \), where the exponents are ordered increasingly, is a complete intersection with \( n \) generators of degrees \( d_1 + 1, \ldots, d_n + 1 \), respectively; see [BBT13],

We now prove that it has an affirmative answer also if the regularity of a minimal set of points is large enough with respect to the degree of the polynomial. In particular, in this case, we have that the catalecticant method works and gives us a minimal apolar set of points.

Lemma 2.15. Let \( f \in S_d \) and let \( \mathcal{X} \) be a minimal set of points apolar to \( f \). Assume that \( d \geq \rho(\mathcal{X}) \). Then,
\[
(I_{\mathcal{X}})_k = f_k^{|\mathcal{X}|} \quad \text{for } 0 \leq k \leq d - \rho(\mathcal{X}).
\]

Proof. Let \( \mathcal{X} = \{\xi_1, \ldots, \xi_r\} \), where \( \xi_j = (\xi_{i,j} : \ldots : \xi_{i,n}) \in \mathbb{P}^n \). We denote by \( \ell_{\xi_j} = \xi_0 x_0 + \cdots + \xi_n x_n \in S_1 \).

By Apolarity Lemma, we know that \( f = \sum_{i=1}^{s} a_i \ell_{\xi_i}^d \), for some coefficients \( a_i \in \mathbb{C} \). Now, for any \( y^{(a)} \in T_{\mathcal{X}} \), we have that
\[
y^{(a)} \circ f = \sum_{i=1}^{s} a_i y^{(a)} \circ \ell_{\xi_i}^d = \sum_{i=1}^{s} \left( a_i \frac{d!}{(d-k)!}\right) \ell_{\xi_i}^{d-k} =
\]
\[
= \sum_{\beta \in \mathbb{N}_{d-k+1}} \sum_{|\beta|=d-k} \left( a_i \frac{d!}{\beta_0! \cdots \beta_n!}\right) \xi_0^{\alpha+\beta} x^{\beta} = \sum_{\beta \in \mathbb{N}_{d-k}} \sum_{|\beta|=d-k} \bar{a}_i \xi_0^{\alpha+\beta} x^{\beta}.
\]
Therefore,
\[ \text{Cat}_i(f) = \left( \sum_{i=1}^{s} \overline{a_i} \xi_i^{\alpha_i + \beta} \right)_{[\alpha] = k, [\beta] = d-k} = \text{van}_{d-k}(X)^T \cdot D \cdot \text{van}_k(X), \]
where \( D \) is the diagonal matrix \( D = \text{diag}(\overline{a_1}, \ldots, \overline{a_s}) \).

Since \( d - k \geq \rho \), \( \text{van}_{d-k}(X)^T \) is injective. Therefore, we have that the kernel of \( \text{Cat}_k(f) \), which is \( f_k^{\perp} \), is equal to the kernel of \( \text{van}_k(X) \), which is \((I_X)_k\).

**Remark 2.16.** In [IK06, Theorem 5.3(E-ii)], the authors proved a similar statement under a stronger assumption, namely, by assuming that the polynomial admits a tight apolar set of points, i.e., a set of points \( X \) apolar to \( f \) such that \( h_A(i) = |X| \), in some degree \( i \).

**Theorem 2.17.** Let \( f \in S_d \) and let \( X \) be a minimal set of points apolar to \( f \). If \( d \geq 2\rho(X) + 1 \), then \( I_X = \langle f_k^{\perp} \rangle \). Moreover, \( X \) is the unique minimal set of points apolar to \( f \).

**Proof.** By Lemma 2.15, for \( 0 \leq k \leq \rho(X) + 1 \), we have \((I_X)_k = f_k^{\perp}\). Since \( \rho(X) + 1 = \text{reg}(I_X) \) is greater than the degree of a minimal set of generators of \( I_X \), \((f_k^{\perp})_{\leq \rho(X) + 1} = I_X\).

2.2. **Essential number of variables.** In [Car06], E. Carlini introduced the concept of essential number of variables of a polynomial as the smallest number of variables needed to write it.

**Definition 2.18.** Given a homogeneous polynomial \( f \in S \), the essential number of variables of \( f \) is the smallest number \( N \) such that there exists linear forms \( \ell_1, \ldots, \ell_N \in S \), such that \( f \in \mathbb{C}[\ell_1, \ldots, \ell_N] \). In this case, we call the \( \ell_i \)'s the essential variables of \( f \). In the literature, a form \( f \in \mathbb{C}[x_0, \ldots, x_n] \) with \( n + 1 \) essential variables is also called concise.

**Lemma 2.19.** Let \( f \in S_d \). Then:

1. [Car06, Proposition 1] the number of essential variables is the rank of \( \text{Cat}_1(f) \), that is \( h_f(1) \);
2. [CCO17, Proposition 2.3] any minimal Waring decomposition of \( f \) involves only linear forms in the essential variables.

For this reason, the first thing we do when we look for a Waring decomposition is to compute the first catalecticant matrix and then working modulo its kernel.

**Example 2.20 (Rank 1 polynomials).** If \( f \) has only one essential variable, i.e., the first catalecticant matrix has rank 1, then we have that \( f \) is a pure \( d \)-th power of a linear form. Indeed, if we consider the kernel of the first catalecticant matrix we obtain \( n \) linear forms which define a simple points \( \xi \in \mathbb{P}^n \). Then, by Apolarity Lemma, for a suitable choice of a scalar \( c \in \mathbb{C} \), \( f = c\ell^d \).

2.3. **Waring loci and forms of high rank.** In [CCO17], the second author together with E. Carlini and M.V. Catalisano defined the concept of Waring locus of a homogeneous polynomial.

**Notation 2.21.** Given a subset \( W \) of elements in a vector space, we denote by \( \langle W \rangle \) their linear span. Similarly, if we consider a subset of points in a projective space, it will denote their projective linear span.

**Definition 2.22.** Let \( f \in S_d \). Then, the Waring locus of \( f \) is the locus of linear forms that can appear in a minimal Waring decomposition of \( f \), i.e.,

\[ W_f := \{ \ell \in \mathbb{P}(S_d) \mid \exists \ell_2, \ldots, \ell_r, r = \text{rk}(f), \text{ s.t. } f \in \langle \ell, \ell_2, \ldots, \ell_r \rangle \}; \]

analogously, by Apolarity Lemma,

\[ W_f := \{ P \in \mathbb{P}^n \mid \exists P_2, \ldots, P_r, r = \text{rk}(f), \text{ s.t. } I_X \subset f^{\perp}, X = \{ P, P_2, \ldots, P_r \} \}. \]

The complement is called forbidden locus of \( f \) and denote \( F_f := \mathbb{P}^n \setminus W_f \).
Remark 2.23. The Waring locus (hence, the forbidden locus) is not necessary open or closed, e.g., in the case of planar cubic cusps it is given by the union of a point and a Zariski open subset of a line; see [CCO17, Theorem 5.1]. We only know that it is constructible since it can be described as a linear projection of (the open part of) the classical Variety of Sums of Powers (VSP) defined by K. Ranestad and F.-O. Schreyer [RS00], i.e., $\text{VSP}(f, \text{rk}(f)) := \{([\ell_1], \ldots, [\ell_r]) \in \text{Hilb}_b(\mathbb{P}(S_1)) \mid f \in \langle \ell^1_1, \ldots, \ell^d_r \rangle \}$.

The motivation that inspired the definition of Waring loci is to look for a recursive way to construct Waring decompositions, by adding, step-by-step, one power at the time. In [CCO17], Waring loci of quadrics, binary forms, monomials, plane cubics have been computed.

Example 2.24 (Recursive decomposition of binary forms). In [CCO17, Theorem 3.5], the Waring locus of binary forms has been computed. By Sylvester’s algorithm, if the rank $r = \text{rk}(f)$ is less than the generic, i.e., $r < \lceil \frac{d+1}{2} \rceil$, or $r = \lceil \frac{d+1}{2} \rceil$ and $d$ is odd, then, we have a unique decomposition and, in particular, the Waring locus is closed and consists of $r$ distinct points. If $r > \lceil \frac{d+1}{2} \rceil$ or $r = \lceil \frac{d+1}{2} \rceil$ and $d$ is even, then, the Waring locus is dense. This means that, in the latter cases, for a general form $\ell \in S_1$, there exists a minimal Waring decomposition of $f$ involving $\ell_d$, up to some scalar. Actually, by [CCO17, Proposition 3.8], we know that for a general choice of $\ell_1, \ldots, \ell_s \in S_1$, where $s = r - \lceil \frac{d+1}{2} \rceil$, there exist scalars $c_1, \ldots, c_s$ such that $f - \sum_{i=1}^s c_i \ell^d_i$ has rank $r-s$. At this point, we cannot continue with generic linear forms because, depending on the parity of the degree, the remaining part of the decomposition might be uniquely determined.

Our first result is a generalization of the fact explained in the latter example in a more general setting.

Definition 2.25. For any projective variety $X \subset \mathbb{P}^N$, we say that $X$ spans $\mathbb{P}^N$ if every point of $\mathbb{P}^N$ is in the linear span of points in $X$.

Given a point $P \in \mathbb{P}^N$, the $X$-rank of $P$ is the smallest number of points on $X$ whose linear span contains $P$. We denote it $\text{rk}_X(P)$. By convention, if $P$ is not in any linear span of points of $X$, $\text{rk}_X(P) = +\infty$.

Remark 2.26. From this definition, the Waring rank is simply the $X$-rank inside the space of homogeneous polynomials of $\mathbb{P}(S_2)$ with respect to the Veronese variety of $d$-th powers. Other relevant varieties that have been considered in relation to tensor decompositions are Segre and Segre-Veronese varieties.

Definition 2.27. Given a point $P \in \mathbb{P}^N$, we define the $X$-decomposition locus of $P$ as

\[ \mathcal{W}_{X,P} = \{Q \in X \mid \exists Q_2 \in X, \ldots, Q_r \in X, \text{ } r = \text{rk}_X(P), \text{ } P \in \langle Q, Q_1, \ldots, Q_r \rangle \}. \]

The $X$-forbidden locus is $\mathcal{F}_{X,P} = X \setminus \mathcal{W}_{X,P}$.

Remark 2.28. If $X$ is the Veronese variety of $d$-th powers of linear forms, the $X$-decomposition locus of a point $[f] \in \mathbb{P}(S_d)$ corresponds to the image of the Waring locus of $f$ via the $d$-th Veronese embedding. Analogously for the forbidden locus.

In the following, we prove that the $X$-decomposition locus of a point with rank higher than the generic is dense in $X$. The proof follows an idea used in [BHMT17] to study the loci of points with high rank.

Theorem 2.29. Let $X \subset \mathbb{P}^N$ be an irreducible projective variety, which spans $\mathbb{P}^N$ and let $g$ be the generic $X$-rank. Let $P \in \mathbb{P}^N$ with $r = \text{rk}_X(P)$. If $r > g$, then $\mathcal{W}_{X,P}$ is dense in $X$.

Proof. We proceed by induction on $r$. Assume that $P$ has $X$-rank $r > g + 1$. Then it lies on a line $\langle P_1, P_2 \rangle$, where $P_1$ has $X$-rank $g + 1$ and $P_2$ has $X$-rank $r - g - 1$. Now, if we assume that the claim holds for $P_1$, we have that, for a general point $Q \in X$, we have a point $Q' \in \langle P_1, Q \rangle$ of $X$-rank $g$. Now, let $P'$ be the point of intersection $\langle P, Q \rangle \cap \langle Q', P_2 \rangle$. Since $P' \in \langle Q', P_2 \rangle$, then $\text{rk}_X(P') = r - 1$. Hence, $P \in \langle P', Q \rangle$ with $P'$ of $X$-rank $r - 1$ and $Q \in X$ so that $Q \in \mathcal{W}_{X,P}$.
Hence, we just need to prove the claim in the case \( \text{rk}_X(P) = g + 1 \). Let \( \sigma^g \) be the set of points of \( X \)-rank equal to \( g \). By definition of the generic rank, we know that \( \sigma^g \) is a dense subset of \( \mathbb{P}^N \). For any \( P \in \mathbb{P}^N \) of rank \( g + 1 \), let \( C_P = (P, X) \) be the union of all lines passing through \( P \) and a point on \( X \). As \( P \) is of \( X \)-rank \( g + 1 \), it is on a line \( \langle P', Q \rangle \) with \( P' \in \sigma^g \) of \( X \)-rank \( g \) and \( Q \in X \). Thus \( C_P \cap \sigma^g \) is non-empty. As \( X \) and \( C_P \) are irreducible and \( \sigma^g \) is dense in \( \mathbb{P}^N \), the Zariski closure of \( C_P \cap \sigma^g \) is \( C_P \) and \( C_P \cap \sigma^g \) is dense in \( C_P \). Therefore, for a generic point \( Q \in X \), there is a point \( P' \in \sigma^g \) with \( X \)-rank equal to \( g \) on the line \( \langle P, Q \rangle \). By definition of \( \mathcal{W}_{X,P} \), it implies that \( Q \in \mathcal{W}_{X,P} \). This concludes the proof.

**Corollary 2.30.** Let \( g \) be the generic rank of forms of degree \( d \) in \( n + 1 \) variables. Let \( f \in S_d \) with \( r = \text{rk}(f) \).

If \( r > g \), then for any general choice of \( \ell_1, \ldots, \ell_s \in S_1 \), with \( s = r - g \), there exists a minimal Waring decomposition involving the \( \ell_i \)'s.

**Proof:** It directly follows by applying \( r - g \) times Theorem 2.29 on Veronese varieties.

**Remark 2.31.** A big challenge when we want to use Waring loci to construct minimal Waring decompositions is that, fixed a linear form \( \ell \) in the Waring locus of \( f \), there exists a suitable coefficient such that \( \text{rk}(f + c \ell^d) = \text{rk}(f) - 1 \), but computing the scalar \( c \) is not trivial. In the case of forms of high rank, we have seen that \( \ell \) can be chosen generically, but this also implies that the scalar \( c \) can be chosen generically.

Indeed, let \( f \) be of rank \( r \) higher than the generic and let \( \ell \) be a general linear form. Since the (closure of the) locus of forms of rank bigger than \( r \) is a proper subvariety of forms of rank \( r - 1 \), we have that on the line \( \langle f, \ell^d \rangle \) the condition of having rank \( r - 1 \) is an open condition. Therefore, since it is also non empty because \( \ell \) is in the Waring locus of \( f \), the general point of the line has rank \( r - 1 \).

**Remark 2.32.** In the proof of Theorem 2.29, the fact that the point has rank strictly larger than the generic rank is crucial. Indeed, if we consider forms of smaller rank, anything can happen. For example:

1. The Waring locus can be open: if we consider a general plane cubic of rank 4, we know that the apolar ideal is generated by three conics which define a linear base-point-free linear system; hence, by Bertini’s Theorem, if we impose the passage through a point \( P \) of the plane, we obtain a pencil of conics. These conics define a set of four reduced points, for \( P \) outside a discriminant curve of \( \mathbb{P}^2 \). The Waring locus is the complementary of this discriminant curve and is open (see for more details [CCO17, Section 3]);

2. The Waring locus can be closed and 0-dimensional: a general cubic of \( \mathbb{P}^2 \) has rank 5 and, by Sylvester Pentahedral Theorem [Cle61], we have that it is identifiable, i.e., has a unique decomposition. Therefore, the Waring locus is the unique minimal apolar set of points. It is classically known that also the general binary form of odd degree and the general plane quintic are identifiable. Recently, Galuppi and Mella proved that this are the only cases [GM16]. An algorithm to find such a unique decomposition is presented in [OO13, Theorem 3.9].

3. The Waring locus can be neither closed nor open: consider a plane cuspidal cubic which has rank 4 and, up to a change of variables, it can be written in the form \( x_0^3 + x_1^2 x_2 \). The Waring locus is given by the union of the point \( (1 : 0 : 0) \) and the pinched line \( \mathbb{P}^1_{x_1,x_2} \setminus (0 : 1) \) (see [CCO17, Section 3]).

In the following lemma, we generalize the latter case to a more general setting.

**Lemma 2.33.** Let \( f = x_0^d + g(x_1, \ldots, x_n) \in S_d \) of rank \( n + 2 \), with \( n \geq 2 \), and degree \( d \geq 4 \). Assume that \( g^2 = [(y_0, G_1, \ldots, G_N)]_2 \), where the \( G_i \)'s are quadrics and \( N = \binom{n}{2} - 1 \). Then, \( \mathcal{W}_f = (1 : 0 : \ldots : 0) \cup \mathcal{W}_g \). In other words, any minimal Waring decomposition of \( f \) is given by \( x_0^d \) plus a minimal decomposition of \( g \).
Proof: By [BBKT15, Lemma 1.12], we know that \( f_i^\perp = ((y_0^d)^\perp)_i \cap g_i^\perp \), for \( i \leq d - 1 \). In particular, since \( d \geq 4 \), we get \( f_2^\perp = (y_0y_1, \ldots, y_0y_n, G_1, \ldots, G_N) \). Hence, we have that

\[
h_{A_f}(2) = \binom{n + 2}{2} - n - \binom{n}{2} = n + 2.
\]

Therefore, since any minimal set \( \mathcal{X} \) of points apolar to \( f \) has rank \( n + 2 \), we obtain \((I_\mathcal{X})_2 = f_2^\perp \). Hence, \( \mathcal{X} \) is contained in the variety defined by \((f_2^\perp)\) which is \((1 : 0 : \ldots : 0) \cup \mathbb{P}^{n-1}_{x_1,\ldots,x_n} \). Hence, any minimal decomposition is of the type \( x_0^d + \sum_{i=1}^r \ell_i^d(x_1,\ldots,x_n) \), where \( r = \text{rk}(g) \). By restricting on \( \{x_0 = 0\} \), we get a minimal decomposition of \( g \) and the claim follows. \( \square \)

3. Decompositions of low rank polynomials

From the previous section, we noticed that if the degree of the polynomial is sufficiently large with respect to the regularity of the points of a minimal decomposition, then there is a unique Waring decomposition which can be found directly from the generators of the apolar ideal (Theorem 2.17). Also, we noticed that if the rank is sufficiently large, then we can choose some elements of a minimal Waring decomposition generically and reduce the rank to be equal to the general rank (Theorem 2.29).

In this section, we use these tools to construct minimal Waring decompositions of polynomials of small rank, for any number of variables and any degree.

Remark 3.1. Any quadric \( q(x) \) can be represented by a symmetric matrix \( Q \), i.e., \( q(x) = xQx^T \). Then, it is well known that the Waring rank of \( q \) coincides with the rank of \( Q \) and a minimal Waring decomposition is obtained by finding a diagonal form of \( Q \). Therefore, we will always assume \( d \geq 3 \).

Example 3.2 (Rank 1 and 2). The rank 1 case can be easily explained in terms of essential variables, see Example 2.20. The rank 2 case can be explained using the Sylvester algorithm, see Example 2.5. In particular, if the Hilbert function of \( A_f \) is \( 1 \ 2 \ 2 \ \cdots \ 2 \ 1 \ \cdots \), then it means that \( f \) has two essential variables and the apolar ideal is given by

\[
f^\perp = (L_1,\ldots,L_{n-1},G_1,G_2), \ \text{where} \ \deg(L_i) = 1, \deg(G_1) = 2, \deg(G_2) = d,
\]

where \( G_1 \) is square-free.

Lemma 3.3. Let \( f \in \mathbb{C}[x_0,\ldots,x_n] \) be a concise form of degree \( d \). Then, \( \text{rk}(f) = n+1 \) if and only if \( \ell(f) = n+1 \) and \( f^\perp \) defines a set of reduced points. In this case, there is a unique minimal apolar set of points.

Proof: If \( f \) has \( n+1 \) essential variables and the rank is equal to \( n+1 \), then, up to a change of coordinate, we can write it as \( f = x_0^d + \ldots + x_n^d \). In this case, we know that

\[
h_{A_f} : 1 \ n+1 \ n+1 \ \cdots \ n+1 \ 1 \ -.
\]

Hence, any minimal set of points is such that \((I_\mathcal{X})_2 = (f_2^\perp) = \{y_iy_j \mid i,j = 0,\ldots,n\} \). These quadrics define a set of \( n+1 \) reduced coordinate points; therefore, also uniqueness follows.

Vice versa, if \( I_\mathcal{X} = (f_2^\perp) \) is a set of reduced points and \( \ell(f) = n+1 \), since \( f \) is concise, we have that

\[
h_{S/I_\mathcal{X}} : 1 \ n+1 \ n+1 \ n+1 \ \cdots .
\]

Therefore, \( |\mathcal{X}| = n+1 \) and, by Apolarity Lemma, we have \( \text{rk}(f) = n+1 \). \( \square \)

Now, we can start our analysis of minimal decompositions of low rank polynomials.
3.1. **Polynomials of rank** 3. If the rank of $f$ is equal to 3, then we have that $f$ has at most three essential variables. Hence, we only have two possible configurations of points:

- (3a) three collinear points;
- (3b) three general points.

**Proposition 3.4.** Let $f \in S_d$ be a form of rank 3.

- (3a) If $f$ has two essential variables, then $f^\perp = (L_1, \ldots, L_{n-1}, G_1, G_2)$, where we set $d_i := \deg(G_i)$ and $d_1 \leq d_2$. In particular,
  
  (i) for $d = 3, 4$, minimal apolar sets of points are given by $I_X = (L_1, \ldots, L_{n-1}, HG_1 + \alpha G_2)$, for a general choice of $H \in T_{d_2-d_1}$ and $\alpha \in \mathbb{C}$;
  
  (ii) if $d \geq 5$, there is a unique minimal apolar set of points given by $I_X = (L_1, \ldots, L_{n-1}, G_1)$.

- (3b) If $f$ has three essential variables, there is a unique minimal apolar set of points given by $I_X = (f^\perp_2)$.

**Proof.** Case (3a) follows from Sylvester algorithm (Example 2.5) and case (3b) from Lemma 3.3. □

**Remark 3.5.** By Lemma 2.19, we obtain a stratification of the locus of rank 3 polynomials in the sense that, given a polynomial of rank 3, all minimal apolar sets of points are either of type (3a) or of type (3b). In this way, we have that Question 2.14 has positive answer for rank 3 polynomials. In particular, we obtain that: if $f$ is of type (3a), then any minimal apolar set of points have Hilbert function $1 \ 2 \ 3 \ 3 \ \cdots$; while, if $f$ is of type (3b) then any minimal apolar set of points have Hilbert function $1 \ 3 \ 3 \ 3 \ \cdots$.

**Remark 3.6.** The Zariski closure of the space of plane cubics of rank 3 is an hypersurface defined by the Aronhold invariant; e.g. see [LO13]. In [Ott09], G. Ottaviani describes how to compute such invariant in terms of Pfaffians of particular skew-symmetric matrices called Koszul flattenings. We refer also to [OO13] for a description of Koszul flattenings of homogeneous polynomials and their use to compute decompositions of symmetric tensors.

3.2. **Polynomials of rank** 4. The possible configurations of 4 points in projective spaces are in Figure 1.

**Theorem 3.7.** Let $f \in S_d$ be a form of rank 4.

- (4a) If $f$ has two essential variables ($h_f(1) = 2$), then $f^\perp = (L_1, \ldots, L_{n-1}, G_1, G_2)$, where $\deg(G_i) = d_i$ and $d_1 \leq d_2$. In particular, it has to be $d \geq 4$ and:
  
  (i) if $d = 4, 5, 6$, then $d_2 = 4$, and minimal apolar sets of points are defined by ideals $I_X = (L_1, \ldots, L_{n-1}, HG_1 + \alpha G_2)$, for a general choice of $H \in T_{d_2-d_1}$ and $\alpha \in \mathbb{C}$;
  
  (ii) if $d \geq 7$, then $d_1 = 4$ and the unique minimal apolar set of points is given by $I_X = (L_1, \ldots, L_{n-1}, G_1)$.

- (4b) If $f$ has three essential variables ($h_f(1) = 3$) and a minimal apolar set $X$ of type (4b), then:
(i) if \( d = 3 \), then \( (f_2^\perp) \) defines a 0-dimensional scheme \( P + D \), where \( P \) is a reduced point and \( D \) is connected scheme of length 2 whose linear span is a line \( L_D \); moreover, any minimal apolar set is of the type \( P \cup X' \), with \( X' \subset L_D \);

(ii) if \( d = 4 \), then \( h_f(2) = 4 \), \( (f_2^\perp) \) defines a disjoint union \( P \cup L \), where \( P \) is a reduced point and \( L \) is a line not passing through \( P \); moreover, any minimal apolar set is of the type \( P \cup X' \), where \( X' \subset L \).

(iii) if \( d \geq 5 \), then \( h_f(2) = 4 \), \( (f_2^\perp) \) defines a disjoint union \( P \cup L \), where \( P \) is a reduced point and \( L \) is a line not passing through \( P \) and \( (f_2^\perp) \) defines the unique minimal apolar set.

(4c) If \( f \) has three essential variables \( (h^+ = 3) \) and a minimal apolar set \( X \) of type \( 4c \) then:

(i) if \( d = 3 \), then \( Z(f_2^\perp) = \emptyset \) and \( W_f \) is dense in the plane of essential variables;

(ii) if \( d \geq 4 \), there is a unique minimal apolar set of points given by \( I_X = (f_2^\perp) \).

(4d) If \( f \) has four essential variables, there is a unique minimal apolar set of points given by \( I_X = (f_2^\perp) \).

**Proof.** Case (4a). It follows from Sylvester algorithm, Example 2.5.

Case (4b). We may assume that \( f = x_0^d + g(x_1,x_2) \), where \( g \) is a binary form of rank 3. Then, since \( d \geq 3 \), by [BBKT15, Lemma 1.12], we have that \( f_2^\perp = (y_1,y_2) \cap g_2^\perp \). If \( d = 3 \), the claim follows from [CCO17, Section 3]. If \( d \geq 4 \), since \( g \) is a binary quartic of rank 3, we have \( g^\perp = (y_0,G_1,G_2) \), where the \( G_i \)'s are cubics, and, therefore, \( f_2^\perp = (y_0,y_1,y_0y_2) \) and \( h_f(2) = 4 \). Observe that, any set \( X \) of 4 points, non-collinear in \( \mathbb{P}^2 \), has \( \rho(X) = 2 \). Hence, by Lemma 2.15, we have that \( (I_X)_2 = f_2^\perp \) and the claim follows. In the case \( d \geq 5 \), the claim follows from Theorem 2.17.

Case (4c). If \( d = 3 \), it follows from [CCO17, Section 3]. If \( d = 4 \), by Lemma 2.15, for any minimal set of points \( X \) apolar to \( f \), we have that \( f_2^\perp = (I_X)_2 \). Since by assumption there exists a minimal set of points \( X \) which is a complete intersection of two conics, \( f^\perp \) defines the unique minimal apolar set of points of \( f \). If \( d \geq 5 \), then the claim follows from Theorem 2.17.

Case (4d). It follows from Lemma 3.3. \( \square \)

**Remark 3.8.** From this result, we have that, given a polynomial of rank 4, all minimal apolar set of points fall within the same configuration. In other words, we obtain a stratification of the space of rank 4 polynomials accordingly to the configuration of minimal apolar sets of points. Moreover, we obtain that Question 2.14 has a positive answer for polynomials of rank 4. In particular, any minimal apolar set of points of a given rank 4 polynomial have one of the following Hilbert functions:

\[
\text{(4a)}: 1 \ 2 \ 3 \ 4 \ 4 \ \ldots; \quad \text{(4b)}: 1 \ 3 \ 4 \ 4 \ \ldots; \quad \text{(4c)}: 1 \ 4 \ 4 \ \ldots.
\]

Note that, as explained in [Eis05, Section 3B.2], the cases (4b) and (4c) can be distinguished by looking at finer numerical invariants related to their resolution as their graded Betti numbers. In particular, we have:

\[
\begin{array}{c}
1 \ 1 \\
1 \ 1 \\
\cdot \ 1 \\
\cdot \ \cdot \\
\cdot \ \cdot \\
\end{array}
\]

\[
\begin{array}{c}
1 \ 1 \ 1 \\
\cdot \ 2 \ 1 \\
\cdot \ \cdot \\
\cdot \ \cdot \\
\cdot \ \cdot \\
\end{array}
\]

Remark 3.9. As we said, we want to do that step-by-step, but it is not enough to pick a point in the Waring locus because, in order to construct the decomposition, we should also find the suitable coefficient to put in front of the power of the corresponding linear form.

In the case (4b), for \( d = 3,4 \), we have seen that the scheme defined by the degree 2 part of the apolar ideal of \( f \) has a unique reduced point \( P \) and then a non-reduced part (for \( d = 3 \)) or a 1-dimensional part (for \( d = 4 \)). In both cases, we consider the linear form \( t_P \) having the coordinates of \( P \) as coefficients and we reduce the rank of \( f \) by finding the suitable coefficient \( c \) such that \( f - ct_P^d \) has two essential variables, i.e., such that the 1st catalecticant matrix has rank 2.
In the case (4c), for \( d = 3 \), we can chose a random point \( P \) in \( \mathbb{P}^2 \). Then, we need to find a suitable coefficient such that \( f - c \ell_3^5 \) has rank 3. In order to do so, we need to use equations for the space of (the closure of) rank 3 polynomials. These equations are very difficult to find and, in general, are not always known. A list of known cases is nicely explained in [LO13]. In the case of plane cubics of rank 3, we know that this is a hypersurface given by the so-called Aronhold invariant. We explain this in Section 5.3.

### 3.3. Polynomials of rank 5

Possible configurations of 5 points in projective space are in Figure 2.

![Configurations of 5 points in projective space](image)

**Figure 2.** Configurations of 5 points in projective space.

Since we have several cases to consider, we start with some preliminary lemma. In the first one, we study case (5b) in a more generality, by considering a set of \( r \) points \( \mathbb{P}^2 \) with \( r - 1 \) collinear points.

**Lemma 3.10.** Let \( f = x_1^d + g(x_1, x_2) \in S_d \) of rank \( \geq 4 \). Then, \( \operatorname{rk}(f) = \operatorname{rk}(g) + 1 \) and we have that \( \mathcal{W}_f = (1 : 0 : 0) \cup \mathcal{W}_g \). In other words, any minimal Waring decomposition of \( f \) is given by the sum of \( x_1^d \) and a minimal Waring decomposition of \( g \), i.e., it is \( x_1^d + \sum_{i=1}^r \ell_i^d(x_1, x_2) \), where \( r = \operatorname{rk}(g) \).

**Proof.** Since binary forms of degree \( d \) have rank at most \( d \), we have that \( r = \operatorname{rk}(g) \leq d \).

Now, by [BBKT15, Lemma 1.12], we have \( f_i^\perp = (y_1, y_2)_i \cap g_i^\perp \), for \( i \leq d - 1 \). If \( d = r \), we have that \( g \) is a binary form of maximal rank \( r \) which, up to a change of variables, can be written in the form \( x_1 x_2^{d-1} \). Hence, the claim follows from [CCO17, Theorem 5.1]. If \( d \geq r + 1 \), then \( g^\perp = (y_0, G_1, G_2) \) where \( G_1 \) has degree \( r \) and \( G_2 \) has degree \( d + 2 - r \). Since \( r \geq 3 \) and \( d \geq r + 1 \), we have that the \( G_i \)'s have degree at least 3. In particular, \( f_2^\perp = (y_0 y_1, y_0 y_2) \). Now, observe that any set of \( r + 1 \) points in \( \mathbb{P}^2 \) with a subset of \( r \) collinear points, have \( \rho(X) \leq r - 1 \). Hence, by Lemma 2.15, for any minimal set of points \( X \) apolar to \( f \), we have \( (I_X)_i = f_i^\perp \), for \( i \leq d - \rho(X) \). In particular, since \( d - \rho(X) \geq d - r + 1 \geq 2 \), we have \( (I_X)_2 = f_2^\perp = (y_0 y_1, y_0 y_2) \). This concludes the proof.

In the next lemma, we consider the case (5c) in the case of plane quartics.

**Lemma 3.11.** Assume that \( f \) is a plane quartic such that \( \operatorname{rk}(f) = 5 \) and \( f_2^\perp = (C) \). Then:

1. if \( C \) is irreducible, then \( \mathcal{W}_f \) is dense in the conic \( Z(C) \);
2. if \( C \) is reducible, say \( C = L_1 \cup L_2 \), let \( Q = L_1 \cap L_2 = Z(\ell_1) \cap Z(\ell_2) \); then:
(a) if $Q$ is not a forbidden point for $f$, then $\mathcal{W}_f$ is dense in $Z(C)$;
(b) if $Q$ is forbidden point for $f$, then, for either $i = 1$ or $i = 2$, $\mathcal{W}_f \cap Z(\ell_i)$ is dense in $Z(\ell_i)$.

Proof. For any minimal set of points $X$ apolar to $f$, since by assumption we have that $h_f(2) = 5$, we have that $(I_X)_2 = f_2^+ = \langle C \rangle$. Hence, we have that $\mathcal{W}_f \subset Z(C)$.

Let $\{U_1, \ldots, U_5\}$ be interpolation polynomials of $X$. Then, with respect to the basis $(U_1, \ldots, U_5, C)$ of $T_2$,
\[
\mathrm{Cat}_2(f) = \begin{bmatrix} I_5 & 0 \\ * & 0 \end{bmatrix}.
\]
For any point $P \in Z(C)$, the catalecticant matrix $\mathrm{Cat}_2(\ell_2^d)$, with respect to the same basis as above, has the last column equal to 0. We write
\[
\mathrm{Cat}_2(\ell_2^d) = \begin{bmatrix} M_f & 0 \\ * & 0 \end{bmatrix}.
\]
Now, since $M_f$ is a rank 1 symmetric matrix, there exists a (unique) non-zero eigenvalue $\lambda$ such that $\det(\text{Id} - \lambda M_f) = 0$. In particular, for such a $\lambda$, we have that $\mathrm{Cat}_2(f + \lambda \ell_2^d)$ has rank 4. Hence, we have a second conic $C'$ such that $(f + \lambda \ell_2^d)_1 = \langle C, C' \rangle$. Moreover, since the coefficients of $C'$ are rational polynomial functions in the coordinates of $P$, there exists a Zariski open subset $\mathcal{U}$ in $Z(C)$, for which the conics $C$ and $C'$ meet transversally. We need to show when (and where) this open set is non-empty.

(1) If $C$ is irreducible, then $\mathcal{U}$ is non-empty. We know that there exists at least one minimal apolar set of points $X$ for $f$. This is a set of 5 points lying on the irreducible conic $Z(C)$. In particular, if we assume $P$ to be one of these points, we have that $X \setminus \{P\}$ is a complete intersection of two conics. In particular, $P \in \mathcal{U}$.

(2-a) Let $C = L_1 \cup L_2$, $Q = L_1 \cap L_2 = Z(\ell_1) \cap Z(\ell_2)$ and $Q$ is not a forbidden point for $f$. By assumption, there exists a minimal apolar set of points $X$ for $f$ which includes the point $Q$. By using this set of points, we can write $f = f_1 + f_2 + \ell_2^4$ where $f' = f_1 + \ell_2^4$ is a rank 3 quartic in the two essential variables of the line $Z(\ell_1)$. By [CCO17, Theorem 3.5], we know that $\mathcal{W}_{f'_1}$ is dense in $Z(\ell_1)$.

Since $\mathcal{W}_{f'_1} \subset \mathcal{W}_f$, we conclude that $\mathcal{W}_f$ is dense in $Z(\ell_1)$. By proceeding in the same way with $f'_2 = f_2 + \ell_2^4$, we conclude.

(2-b) Let $C = \ell_1 \ell_2$, $Q = Z(\ell_1) \cap Z(\ell_2)$ and $Q$ is a forbidden point for $f$. By assumption, there exists a minimal apolar set of points $X$ which, since $C$ is reducible, splits as the union of three points on a line, say $Z(\ell_1)$, and two points on the other. Following a similar idea as above, we can write $f = f_1 + f_2$ where $f_1$ is a quartic in the two essential variables of the line $Z(\ell_1)$ of rank 3. By [CCO17, Theorem 3.5], we know that $\mathcal{W}_{f_1}$ is dense in $Z(\ell_1)$ and this concludes the proof.

Now, we consider the case of cubics and quartics with four essential variables.

Lemma 3.12. Let $f$ be a cubic of rank 5 with four essential variables, i.e., $h_f(1) = 4$, and let $X$ be a minimal set of points apolar to $f$. Then:

(1) if all but one point of $X$ are coplanar, no three of them collinear, then there exists a unique ternary cubic $f'$ and $c \neq 0$ such that $f = cx_0^3 + f'(x_1, x_2, x_3)$, rk$(f') = \text{rk}(f) - 1$, and any minimal Waring decomposition of $f$ is obtained from a minimal decomposition of $f'$, i.e., $\mathcal{W}_f = (1 : 0 : 0 : 0) \cup \mathcal{W}_{f'}$;

(2) if all but two points of $X$ are collinear then $f = x_0^3 + x_1^3 + g(x_2, x_3)$, where $g$ is a binary cubic of rank 3, and any minimal Waring decomposition of $f$ is obtained from a minimal decomposition of $g$, i.e., $\mathcal{W}_f = (1 : 0 : 0 : 0) \cup (0 : 1 : 0 : 0) \cup \mathcal{W}_g$;

(3) otherwise, $f$ has a unique decomposition.

Proof. Let $X$ be a minimal set of apolar points of $f$ (with $|X| = 5$).

If $X$ has not a subset of four coplanar points, point (3) follows from the classical Sylvester's Pentahedral Theorem. We refer to [Dol12, Theorem 9.4.1] for a modern proof.
If all but one point of \( X \) are coplanar points, then we can write \( f = x_0^3 + g(x_1, x_2, x_3) \) where \( g \) is a ternary cubic with \( 4 \leq \text{rk}(g) \leq 5 \).

Then \( f_2^\perp = (y_0 y_1, y_0 y_2, y_0 y_3) \) and \((g_2^\perp \cap C[y_1, y_2, y_3])_2 \). As \( \text{rk}(g) \geq 4 \), we have \( Z(g_2^\perp) = \emptyset \) and \( Z(f_2^\perp) = \{ P \} \cup H \) where \( P = (1 : 0 : 0) \in X \) is one of the apolar point and \( H \) is the plane defined by the equation \( x_0 = 0 \) containing the other apolar points.

By Sylvester’s Pentahedral Theorem ([Do12, Theorem 9.4.1]) any minimal apolar set of points contains four coplanar points. Then the non-coplanar point and the plane containing the other points are uniquely determined by \( f_2^\perp \).

Let \( \ell \) be the linear form corresponding to the non-coplanar point \( P \) (or the isolated point of the zero locus of \( f_2^\perp \)). In a suitable basis of \( T_1 \), we can write
\[
\text{Cat}_1(f - c\ell^3) = \text{Cat}_1(f) - c\text{Cat}_1(\ell^3) = \begin{bmatrix} \tau - c & 0 \\ 0 & \text{Cat}_1(\ell') \end{bmatrix}.
\]
Therefore, there exists a unique value \( c = \tau \) for which \( \text{Cat}_1(f - c\ell^3) \) has rank 3 and a unique ternary cubic \( f' \) such that \( f = c x_0^3 + f'(x_1, x_2, x_3) \). Consequently, \( \mathcal{W}_f = (1 : 0 : 0) \cup \mathcal{W}_{f'} \). This proves (1).

If \( X \) has three collinear points, then we can write \( f = x_0^3 + x_1^3 + g(x_2, x_3) \) where \( g \) is a binary cubic of rank 3. In this case, we have that the zero locus of \( f_2^\perp \) consists of two points \((1 : 0 : 0) \) and \((0 : 1 : 0) \).

Similarly as above, we conclude that the points and the line where the three collinear points lie is uniquely determined by \( f_2^\perp \). This proves (2).

**Lemma 3.13.** Let \( f \) be a quaternary quartic of rank 5 with \( h_f(1) = 4 \) and let \( X \) be a minimal set of points apolar to \( f \).

1. If \( X \) contains four coplanar points, then we may assume that \( f = x_0^3 + g(x_1, x_2, x_3) \), where \( g \) is a plane quartic of rank 4 and we have that \( \mathcal{W}_f = (1 : 0 : 0) \cup \mathcal{W}_g \).
2. Otherwise, \( f \) has a unique decomposition given by \( I_X = (f_2^\perp) \).

**Proof.** If any 4 of points \( X \) are not coplanar, then \( X \) has a regularity \( \rho(X) = 2 \) and is defined by 5 quadrics. Then by Lemma 2.15, \( (I_X)_2 = f_2^\perp \) and \( f \) has a unique decomposition. This proves (2).

If the set \( X \) contains four coplanar points, we may assume \( f = x_0^3 + g(x_1, x_2, x_3) \), where \( g \) is a ternary quartic of rank 4. Therefore, we know \( f_2^\perp = (y_1, y_2, y_3) \) and \( g_2^\perp = (y_0 y_1, y_0 y_2, y_0 y_3) \) and \((g_2^\perp \cap C[y_1, y_2, y_3]) \). By Theorem 3.7(4b-ii & 4c-ii), \( h_g(2) = 4 \), \( (g_2^\perp \cap C[y_1, y_2, y_3]) \) is generated by two elements \( G_1, G_2 \) defining either the 4 points apolar to \( g \) or a point \( P \) apolar to \( g \) and a line \( L \) containing the 3 other points apolar to \( g \).

This shows that \((1 : 0 : 0) \) is a point of any minimal set of points apolar to \( f \) and that \( \mathcal{W}_f = (1 : 0 : 0) \cup \mathcal{W}_g \), which proves (1).

Now, we can give the complete description of rank 5 polynomials.

**Theorem 3.14.** Let \( f \in S_d \) be a form of rank 5.

1. If \( f \) has two essential variables, then \( f^\perp = (L_1, \ldots, L_{n-1}, G_1, G_2) \), where \( \text{deg}(G_i) = d_i \) and \( d_1 \leq d_2 \).
   - In particular, it has to be \( d \geq 5 \) and:
     - (i) if \( d = 5, \ldots, 8 \), then \( d_2 = 5 \), and minimal apolar sets of points are defined by ideals \( I_X = (L_1, \ldots, L_{n-1}, H G_1 + \alpha G_2) \), for a general choice of \( H \in T_{8-d} \) and \( \alpha \in \mathbb{C} \);
     - (ii) if \( d \geq 9 \), there is a unique minimal apolar set of points given by \( I_X = (L_1, \ldots, L_{n-1}, G_1) \).
2. If \( f \) has three essential variables and a minimal apolar set \( X \) of type (5b), then \( d \geq 4 \) and:
   - (i) if \( d = 4, 5, 6 \), then any minimal apolar set is of the type \( P \cup X' \), where \( X' \) are collinear points;
   - (ii) if \( d \geq 7 \), then \( f^\perp \) defines the unique minimal apolar set of points.
(5c) If \( f \) has three essential variables and a minimal apolar set \( X \) of type (5c), then:

(i) if \( d = 3 \), then the Waring locus is dense in all \( \mathbb{P}^2 \);

(ii) if \( d = 4 \), then, if \( f_2 = (C) \), we have:

(a) if \( C \) is irreducible, then \( \mathcal{W}_f \) is dense in the conic \( Z(C) \);

(b) if \( C \) is reducible, say \( C = \ell_1 \ell_2 \), let \( Q = Z(\ell_1) \cap Z(\ell_2) \); then:

(b1) if \( Q \) is not a forbidden point for \( f \), then \( \mathcal{W}_f \) is dense in \( Z(C) \);

(b2) otherwise, for either \( i = 1 \) or \( i = 2 \), \( \mathcal{W}_f \cap Z(\ell_i) \) is dense in \( Z(\ell_i) \).

(iii) if \( d \geq 5 \), then we have a unique minimal apolar set of points.

(5d) If \( f \) has four essential variables and a minimal apolar set \( X \) of type (5d), then it can be written as \( f = x_0^d + g(x_1, x_2, x_3) \), where \( g \) is a ternary form of rank four; then:

(i) if \( d = 3 \), then \( \mathcal{W}_f = (1 : 0 : 0) \cup \mathcal{W}_g \);

(ii) if \( d \geq 4 \), then there is unique minimal apolar set given by \( I_X = (f_2^\perp) \).

(5e) If \( f \) has four essential variables and a minimal apolar set \( X \) of type (5e), then:

(i) if \( d = 3 \), it is Sylvester Pentahedral Theorem and we have a unique decomposition in \( f_2^\perp \);

(ii) if \( d \geq 4 \), then there is a unique decomposition given by \( I_X = (f_2^\perp) \).

(5f) If \( f \) has five essential variables, there is a unique minimal apolar set given by \( I_X = (f_2^\perp) \).

**Proof.** Case (5a). It follows from Sylvester algorithm, Example 2.5.

Case (5b). Up to a change of coordinates, we may assume \( f = x_0^d + g(x_1, x_2) \), where \( g \) is a binary form of rank 4 then, since binary forms have maximal rank equal to the degree, it has to be \( d \geq 4 \). The claim follows from Lemma 3.10, in the special case \( r = 4 \), and by Theorem 3.7(4a).

Case (5c). If \( d = 3 \), it follows from [CCO17, Section 3.4]. If \( d = 4 \), it follows from Lemma 3.11. Since 5 general points in \( \mathbb{P}^2 \) have regularity 2, it follows from Theorem 2.17 in the cases with \( d \geq 5 \).


Case (5e). If \( d = 3 \), this is the classical Sylvester Pentahedral Theorem [OO13, Theorem 3.9]. Since the regularity of 5 points in \( \mathbb{P}^3 \) is equal to 2, by Lemma 2.15, if \( d \geq 4 \), we have that \( (I_X)_{2} = f_2^\perp \). Since five general points in \( \mathbb{P}^3 \) are generated by quadrics, the claim follows.

Case (5f). It follows from Lemma 3.3.

**Remark 3.15.** Similarly as in the previous cases, this result gives us a stratification of polynomials of rank 5. In particular, we obtain a positive answer to Question 2.14. Again, we want to underline that some of the cases cannot be distinguished just by looking at the Hilbert function of the set of points, but we should look at the entire resolution and, in particular, to the graded Betti numbers.

4. **LOW RANK SYMMETRIC TENSOR DECOMPOSITION ALGORITHM**

In this section, we summarize the low rank cases and give a procedure, which determines the rank of the tensor when it is \( \leq 5 \) and computes its decomposition. The analysis depends on the Hilbert sequence \( h_f = [h_f(0), h_f(1), \ldots, h_f(d)] \) of \( S/f^\perp \) and the locus of \( f^\perp = \ker \text{Cat}_r(f) \). We have \( h_f(0) = h_f(d) = 1 \) and the sequence \( h_f \) is symmetric (\( h_f(d - i) = h_f(i) \)) of length \( d + 1 \) where \( d = \deg(f) \). The rank \( r \) of \( f \) is such that \( r \geq l(f) = \max_i \{h_f(i)\} \). Hereafter, we denote by * a finite sequence of values of length at least 1 and by \( k^* \) a finite sequence of constant terms \( k \) of length at least 1.

We consider here symmetric tensors of degree \( d \geq 3 \), since the decomposition of quadrics can be done by rank decomposition of symmetric matrices. We implement the procedure described in the following theorem in the algebra software Macaulay2 [GS02]; see Section 5.

**Theorem 4.1 (and low rank decomposition algorithm).** Let \( f \) be a symmetric tensor of degree \( d \geq 3 \). Then, either one the following points is satisfied or \( \text{rk}(f) > 5 \):
\begin{center}
\begin{tabular}{|c|c|c|}
\hline
Hilbert & Extra & Algorithm to find a minimal apolar set \\
Sequence & Condition & \hline
(1) & \begin{align*}
& \text{rk}(f) = 1 \text{ and } (f^i) \text{ defines the point apolar to } f \\
& f \text{ has two essential variables and Sylvester algorithm is applied:} \\
& (i) \text{ if } f^i \subseteq (U) \text{ defines a set of } l(f) \text{ reduced points, then } \text{rk}(f) = l(f); \\
& (ii) \text{ otherwise, } \text{rk}(f) = d + 2 - l(f) \text{ and a minimal apolar set is} \\
& \text{given by the principal ideal generated by}\end{align*} \\
(2) & \begin{align*}
& [1^*] \text{ connected, 0-dim} \text{ point}\end{align*} & \text{a generic pair of conics } q_1, q_2 \text{ of } f^i \text{ defines 4 points and } \text{rk}(f) = 4 \\
(3) & \begin{align*}
& Z(f^i) = \emptyset \text{ connected, 0-dim} \text{ point} \\
& f \text{ is simple point}\end{align*} & \text{rk}(f) = 5 \text{ and, for a generic } P \text{ and a generic } c \neq 0 \text{ such that} \\
& \text{f} = f + ct^i_p \text{ is a ternary cubic of rank 4 and we apply (4) to } f' \\
(4) & \begin{align*}
& Z(f^i) = P \cup D, \\
& P \text{ is simple point} \\
& D \text{ connected, 0-dim} \text{ point} \\
& \text{deg}(D) = 2 \text{ or } \text{deg}(D) = 3 \\
& f \text{ is simple point}\end{align*} & \text{rk}(f) = 3 \text{ and the unique minimal apolar set is } Z(f^i) \\
(5) & \begin{align*}
& Z(f^i) = D \\
& \text{deg}(D) = \text{deg}(D) = 3 \\
& f \text{ is simple point}\end{align*} & \text{rk}(f) = 4 \text{ and the unique minimal apolar set is } Z(f^i) \\
(6) & \begin{align*}
& Z(f^i) = \text{P} \cup \text{L}, \\
& \text{P} \text{ is a point of any minimal apolar set; then, we find} \\
& \text{the scalar } c \text{ such that } f' = f - ct^i_p \text{ has two essential variables} \\
& \text{and we apply Sylvester algorithm to } f' \text{ as in (2)} \\
& \text{P} \text{ is a simple point} \\
& \text{L is line, } P \neq L \\
& \text{P} \text{ is simple point}\end{align*} & \text{rk}(f) = 4 \text{ and the unique minimal apolar set is } Z(f^i) \\
(7) & \begin{align*}
& Z(f^i) = C \\
& C \text{ is irreducible quadric} \\
& \text{let } P \text{ be a generic point on } C \text{ and } c \text{ be a scalar such that} \\
& f' = f - ct^i_P \text{ has } h_{f}(2) = 4. \\
& (i) \text{ if } Z((f')^{-1}) = \{P_1, \ldots, P_l\} \text{ is a set of } 4 \text{ reduced points, then,} \\
& \text{rk}(f) = 5, \text{ and a minimal set apolar to } f \text{ is } \{P, P_1, \ldots, P_l\}; \\
& (ii) \text{ otherwise, } \text{rk}(f) > 5 \\
\end{align*} & \text{rk}(f) = 5 \text{ and the unique minimal apolar set is } Z(f^i) \\
(8) & \begin{align*}
& Z(f^i) = \text{L}_1 \cup \text{L}_2, \\
& \text{L}_i \text{ are distinct lines} \\
& \text{P} \text{ is a generic point on } L_i, \text{ for } i = 1, 2, \text{ respectively, and} \\
& \text{c}_i \text{ be a scalar such that } f_i = f - c_i t^i_{P_i} \text{ has } h_{f}(2) = 4, \text{ for } i = 1, 2. \\
& (i) \text{ if } Z((f_i)^{-1}) = \{P_1, \ldots, P_l\}, \text{ for either } i = 1 \text{ or } i = 2, \text{ then,} \\
& \text{rk}(f) = 5, \text{ and a minimal apolar set of } f \text{ is } \{P, P_1, \ldots, P_l\}; \\
& (ii) \text{ otherwise, } \text{rk}(f) > 5 \\
& \text{P} \text{ is a reduced points} \\
& \text{P} \text{ is a simple point}\end{align*} & \text{rk}(f) = 5 \text{ and the unique minimal apolar set is } Z(f^i) \\
(9) & \begin{align*}
& Z(f^i) = \text{L}_1 \cup \text{L}_2, \\
& \text{L}_i \text{ are distinct lines} \\
& f \text{ has two essential variables} \\
& \text{and we apply (3) or (4) to } f' \\
& \text{P} \text{ is a reduced points} \\
& \text{P} \text{ is a simple point}\end{align*} & \text{rk}(f) = 5 \text{ and the unique minimal apolar set is } Z(f^i) \\
(10) & \begin{align*}
& Z(f^i) = \text{L}_1 \cup \text{L}_2, \\
& \text{L}_i \text{ are distinct lines} \\
& \text{P} \text{ is a reduced points} \\
& \text{P} \text{ is a simple point}\end{align*} & \text{rk}(f) = 5 \text{ and the unique minimal apolar set is } Z(f^i) \\
(11) & \begin{align*}
& Z(f^i) = \text{P} \cup \text{H}, \\
& \text{P} \text{ is a point of any minimal apolar set; then, we find} \\
& \text{the scalar } c \text{ such that } f' = f - ct^i_p \text{ has three essential variables} \\
& \text{and we apply (3) or (4) to } f' \\
& \text{P} \text{ is a reduced points} \\
& \text{P} \text{ is a simple point}\end{align*} & \text{rk}(f) = 5 \text{ and the unique minimal apolar set is } Z(f^i) \\
(12) & \begin{align*}
& Z(f^i) = \text{P} \cup \text{H}, \\
& \text{P} \text{ is a point of any minimal apolar set; then, we find} \\
& \text{the scalar } c \text{ such that } f' = f - ct^i_p \text{ has three essential variables} \\
& \text{and we apply (3) or (4) to } f' \\
& \text{P} \text{ is a reduced points} \\
& \text{P} \text{ is a simple point}\end{align*} & \text{rk}(f) = 5 \text{ and the unique minimal apolar set is } Z(f^i) \\
(13) & \begin{align*}
& Z(f^i) = \text{P} \cup \text{H}, \\
& \text{P} \text{ is a point of any minimal apolar set; then, we find} \\
& \text{the scalar } c \text{ such that } f' = f - ct^i_p \text{ has three essential variables} \\
& \text{and we apply (3) or (4) to } f' \\
& \text{P} \text{ is a reduced points} \\
& \text{P} \text{ is a simple point}\end{align*} & \text{rk}(f) = 5 \text{ and the unique minimal apolar set is } Z(f^i) \\
(14) & \begin{align*}
& Z(f^i) = \text{P} \cup \text{H}, \\
& \text{P} \text{ is a point of any minimal apolar set; then, we find} \\
& \text{the scalar } c \text{ such that } f' = f - ct^i_p \text{ has three essential variables} \\
& \text{and we apply (3) or (4) to } f' \\
& \text{P} \text{ is a reduced points} \\
& \text{P} \text{ is a simple point}\end{align*} & \text{rk}(f) = 5 \text{ and the unique minimal apolar set is } Z(f^i) \\
\hline
\end{tabular}
\end{center}

*Proof.* By the analysis of the previous sections, a symmetric tensor of rank \( \leq 5 \) satisfies one of these cases.

Let us prove conversely that if one of these cases is satisfied then the rank is determined.

**Case (1).** \( f \) has one essential variable and thus \( \text{rk}(f) = 1 \).

**Case (2).** \( f \) has two essential variables and can be decomposed by Sylvester algorithm; see Example 2.5.

**Case (3), (4) and (5).** We have \( \text{rk}(f) \geq h_f(1) = 3 \). If \( \text{rk}(f) = 3 \), then by Proposition 3.4, \( f^i \) should define 3 reduced points, which is not the case. Hence, since the maximal rank of plane cubics is 5, we have...
4 \leq \text{rk}(f) \leq 5$. Considering the classification of plane cubics (see [LT10]), it is possible to check that we have three possibilities for $Z(f_2^\perp)$.

If $Z(f_2^\perp) = \emptyset$, we know that the Waring locus is dense in the projective plane. If $\text{rk}(f) = 4$, for a generic point $P$, there exists $P_1, P_2, P_3$ such that $X = \{P, P_1, P_2, P_3\}$ is a minimal set of points apolar to $f$. Moreover, they are of type $(4c)$. Thus, $(I_X)_2 \subset f_2^\perp$ is spanned by two quadrics $q_1, q_2 \in f_2^\perp$. This proves the point (5).

If $Z(f_2^\perp) = P \cup D$, where $P$ is a simple point and $D$ is a degree 2 connected 0-dimensional scheme. As $f$ has three essential variables, we can assume that $f$ is a ternary form in the variables $x_0, x_1, x_2$. By a change of coordinates, $P = (1:0:0)$ and $D$ lies on the line $y_0 = 0$, e.g., $D$ is defined by the ideal $(y_0, y_1^2)$. Then, $f = x_0^3 + f'(x_1, x_2)$. Since binary cubics have rank at most 3, we have $\text{rk}(f) = 4$. By Theorem 3.7(4b-i), $P$ is in any minimal set of points apolar to $f$. The other three (collinear) points to get a minimal set of points apolar to $f$ are found by applying (2) to the form $f' = f - c t_P^3$, where $c$ is a suitable scalar such that $f'$ has two essential variables, i.e., such that $\text{rk}(\text{Cat}_1(f) - c \text{Cat}_1(t_P^3)) = 2$. This proves the point (4).

If $Z(f_2^\perp) = D$, then $D$ is a degree 3 connected 0-dimensional scheme lying on a plane conic. Since the rank 4 cases have $Z(f_2^\perp)$ which is either empty or the union of a simple point and a degree 2 scheme, we have that $\text{rk}(f) = 5$. Then, by Theorem 2.29, for any generic point $P$ and any non-zero $c \in \mathbb{C}$, $f' = f + c t_P^3$ is of rank 4 and the previous decomposition applies. This proves the point (5).

Cases (6), (8), (11), (13) and (14). They are consequences of Lemma 2.11.

Case (7). As $f$ has 3 essential variables, we can assume that it is a ternary form in the variables $x_0, x_1, x_2$. By a change of coordinates, we can also assume that $f_2^\perp$ defines $P = (1:0:0)$ and the line $L$ of equation $y_0 = 0$. Then, $f$ can be written (up to scalar) as $f = x_0^3 + f'(x_1, x_2)$ and $f_2^\perp \supset \langle y_0 y_1, y_0 y_2 \rangle$.

If $\text{rk}(f) = 3$, then by $f_2^\perp$ should define the apolar points, which is not the case. Hence, $\text{rk}(f) \geq 4$ and we deduce the result from Lemma 3.10. In particular, $P$ is in any minimal set of points apolar to $f$. The other (collinear) points to get a minimal set of points apolar to $f$ are found by applying (2) to the form $f' = f - c t_P^3$, where $c$ is a suitable scalar such that $f'$ has two essential variables, i.e., such that $\text{rk}(\text{Cat}_1(f) - c \text{Cat}_1(t_P^3)) = 2$.

Cases (9) and (10). We have $\text{rk}(f) \geq h_f(2) = 5$. If $\text{rk}(f) = 5$, we deduce the decomposition of $f$ by applying Lemma 3.11. In particular, choosing one of the intersections between a generic line and the irreducible conic $Q$, in the case (8), or the reducible conic $L_1 L_2$, in the case (9), we can find a scalar $c$ such that $f' = f - c t_P^3$ has rank 4, i.e., such that $\text{rk}(\text{Cat}_1(f) - c \text{Cat}_1(t_P^3)) = 4$. Then, we apply (7) to $f'$.

Case (12). As $f$ has 4 essential variables, we can assume it is a quaternary cubic in the variables $x_0, x_1, x_2, x_3$. By a change of coordinates, we can assume that the zero locus of $f_2^\perp$ is $P = (1:0:0:0)$ and the plane $H$ defined by $y_0 = 0$. Then, $f$ can be written (up to scalar) as $f = x_0^3 + f'(x_1, x_2, x_3)$ and $f_2^\perp \supset \langle y_0 y_1, y_0 y_2, y_0 y_3 \rangle$. Since ternary cubics have rank at most 5, we have $4 = h_f(1) \leq \text{rk}(f) \leq 6$. If $\text{rk}(f) = 4$, by Theorem 3.7(5d), $f_2^\perp$ should define 4 reduced points, which is not the case. Thus $\text{rk}(f) \geq 5$.

If $\text{rk}(f) = 5$, by Lemma 3.12, $P$ is a point of any minimal apolar set of points of $X$, $\text{rk}(f) = \text{rk}(f') + 1$ and the other points form a minimal set of points apolar to $f'$.

If $\text{rk}(f) = 6$, then $\text{rk}(f') = 5$, $P$ is one of the apolar points to $f$ and the other are the apolar points to $f'$.

These points can be computed by finding the scalar $c$ such that $f' = f - c t_P^3$ has 3 essential variables, i.e., by imposing $\text{rk}(\text{Cat}_1(f) - c \text{Cat}_1(t_P^3)) = 3$, and by applying (3) and (4) to the cubic $f'$. 

\[ \square \]
5. A Macaulay2 Package

The procedure explained in the previous section can be implemented by using computational algebra or computer algebra softwares. We chose to use the algebra software Macaulay2 [GS02]. The package ApolarLowRank.m2 here described can be found on the personal webpage of the second author or in the ancillary files of the arXiv and HAL versions of the article and can be loaded as

```plaintext
i1 : loadPackage "ApolarLowRank"
  o1 = ApolarLowRank
  o1 : Package
```

For more details, we refer to the documentation

```plaintext
i2 : viewHelp ApolarLowRank
```

In the following, we explain some of the main functions and we show how it works in a few examples.

5.1. Essential variables. As we have explained in Section 2.2, given a homogeneous polynomial \( f \in S \), the essential number of variables of \( f \) is the smallest number \( N \) such that there exists linear forms \( \ell_1, \ldots, \ell_N \in S \) such that \( f \in \mathbb{C}[\ell_1, \ldots, \ell_N] \). In our package, we have implemented the functions:

- **essVar**, which returns the number of variables of \( f \) and a list of linear forms generating \( f^\perp_1 \);
  ```plaintext
  i3 : S = QQ[x,y,z,t];
  i4 : F = (x+y)^5 + (z-t)^5;
  i5 : essVar(F)
  o5 = (2, {x - y, z + t})
  o5 : Sequence
  ```

- **simplifyPoly**, which returns a simplified version of the polynomial in a set of essential variables and a ring map describing the linear change of coordinates needed.
  ```plaintext
  i6 : simplifyPoly(symbol Y, F)
  5 5
  o6 = (Y - Y, map(S,QQ[Y , Y],{x + y, - z + t}))
  0 1 0 1
  o6 : Sequence
  ```

Note that as input in the function `simplifyPoly` it is required also a Symbol so that the user can chose a name for the indexed variables for the output.

5.2. Two essential variables: Sylvester's algorithm. In the case of two essential variables, Sylvester's algorithm tells us how to find a minimal set of points apolar to a given form; see Example 2.5.

In our package, we implemented the function `sylvesterApolar` that returns a minimal set of points apolar to a given form with two essential variables.

Note that, as input, it is required also a Symbol so that the user can chose a name for the indexed variables for the output, which is expressed in a set of essential variables of the polynomial. The output is a `ApolarScheme` which is new type of `HashTable` that we have introduced within the package. In particular, an `ApolarScheme` has four attributes:

1. `hPoly`, which is a homogeneous polynomial;
2. `idX`, which is the ideal defining a 0-dimensional scheme apolar to the polynomial given by `hPoly`;
3. `Xdeg`, which is an integer giving the degree of the 0-dimensional scheme;
4. `Xred`, which is a boolean saying if the 0-dimensional scheme is whether reduced or not.

Hence, the function `sylvesterApolar` works as follows.
5.3. **Ternary cubics.** The cases of homogeneous polynomials with three essential variables are dealt with the function `planar5Apolar`. Here, we want to explain how we implemented the cases of ternary cubics, i.e., the cases (3), (4) and (5). As we have seen, the distinction between these cases is given by the vanishing locus of $f_{2}$.  

```plaintext
i8 : S = QQ[x,y,z];  
i9 : F = random(3,S);  -- case (3)  
i10 : G = random(QQ)*x^3 + y*z^2;  -- case (4)  
i11 : H = x*y^2 + y*z^2;  -- case (5)  
```

First, we consider the case (3). The general plane cubic has rank 4 and, as explained in [CCO17, Section 3.4], we know that the Waring locus is dense in the whole plane of ternary linear forms. In other words, given a random ternary cubic $F$ and a random ternary linear form $L$, there exists a coefficient $c$ such that the cubic $F' = F - c \cdot L^3$ has rank 3. Then, $F'$ has a unique decomposition which is easy to compute. In order to compute the suitable value of $c$, we need to intersect the line spanned by $F$ and the third power of $L$ with the (Zariski closure) of the space of plane cubics of rank 3 (see Remark 3.6).

This is a function to compute the Aronhold invariant of a given cubic with three essential variables.

```plaintext
aronhold = method();  
aronhold (RingElement) := F -> (  
  R := ring F;  
  V := (entries vars R)_0;  
  K := matrix{{0,-V_2,V_1},{V_2,0,-V_0},{-V_1,V_0,0}};  
  C := diff(basis(1,R), transpose diff(basis(1,R),F));
```
KF := diff(K,C);
Pf := pfaffians(8,KF);
if Pf != sub(ideal (),R) then return Pf_0 else return 0_R
)

Now, we can find the suitable coefficient to reduce the rank of the general cubic \( F \) in \( S = \mathbb{Q}[x,y,z] \).

\[
i19 : \quad L = \text{random}(1,S)
\]
\[
\begin{align*}
2 & \quad 7 & \quad 7 \\
7 & \quad 10 & \quad 9
\end{align*}
\]
o19 = \(-x + \frac{7}{10}y + \frac{9}{7}z\)

\[
i20 : \quad R = \mathbb{Q}[c][x,y,z];
\]
i21 : \( F' = \text{sub}(F,R) - c*(\text{sub}(L,R)^3) \)
i22 : \( Ic = \text{ideal aronhold} F' \)
\[
\begin{align*}
12176725000 & \quad 305183 \\
2083725000 & \quad 125
\end{align*}
\]
o22 = ideal(- \frac{12176725000}{2083725000}c + \frac{305183}{125})

\[
i23 : \quad F' = \text{sub}(\text{sub}(F',R/Ic),S);
\]

Hence, \( F' \) has rank 3 and a unique decomposition, which is given by \( Z((f')^\perp_2) \). By adding the point corresponding to the form \( L \), we conclude and find the ideal \( IX \) of a minimal set of points apolar to \( F \).

\[
i24 : \quad IP = \text{ideal(basis}(1,S) * \text{gens kernel transpose(coefficients}(L))_1)
\]
o24 = ideal (-49x + 20y, -49x + 18z)

\[
i25 : \quad IX' = \text{ideal(select(first entries gens perpId}(F'), i->degree(i)=={2}));
\]
o25 : Ideal of S

\[
i26 : \quad IX = \text{intersect}(IX',IP);
\]
o26 : Ideal of S

-- Check if IX given a minimal set of points apolar to F
\[
i27 : \quad \text{dim} IX, \text{degree} IX, IX == \text{radical} IX, \text{isSubset}(IX,\text{perpId}(F))
\]
o27 = (1, 4, true, true)

Now, we consider the case (4).

\[
i28 : \quad G = \text{random}(\mathbb{Q})*x^3+y*z^2
\]
\[
\begin{align*}
5 & \quad 3 & \quad 2 \\
8 & \quad \quad &
\end{align*}
\]
o28 = \(-x + y*z^2\)

\[
i29 : \quad R = \mathbb{Q}[c][x,y,z];
\]
i30 : \( G' = \text{sub}(G,R) - c*x^3 \)
i31 : \( Ic = \text{trim minors}(3,\text{cat}(1,G')) \)
o31 = \text{ideal}(8c - 5)

\[
i32 : \quad Ic = \text{Ideal of } R
\]
i33 : \( G' = \text{sub}(\text{sub}(G',R/Ic),S); \)

\[
i33 : \quad \text{perpId} G'
\]
o33 = ideal (x, y, z)

-- Use Sylvester's Algorithm to find a minimal set apolar to \( G' \)
i34 : IX' = ideal(x,z^3 - (random(QQ)*y+random(QQ)*z)*y^2);
o34 : Ideal of S
-- Adding the point (1:0:0) corresponding to the linear form ‘x’, we conclude
i35 : IX = intersect(IX',ideal(y,z));
o35 : Ideal of S
-- Check if IX given a minimal set of points apolar to G
i36 : dim IX, degree IX, IX == radical IX, isSubset(IX,perpId(G))
o36 = (1, 4, true, true)
o36 : Sequence

As regards the case (5), if we consider a ternary cubic \( H \) of maximal rank 5, as explained in [CCO17, Section 3.4], we can use a random linear form \( L \) to reduce the rank. Then, we apply the previous cases. We can check that the rank of \( H-L^3 \) drops by looking at the degree 2 part of the apolar ideal, as explained.

i37 : H = x*y^2 - y*z^2
 2 2
2
o37 = x*y - y*z
i38 : H' = H - L^3;
i39 : Hperp2' = ideal(select(first entries gens perpId(H'), i->degree(i)=={2}))
 2 2 2 2
o39 = ideal (24y + 5x*z - 12y*z - 6z , x*y - x*z + z , x - 2x*z)
o39 : Ideal of S
i40 : dim Hperp2'
o40 = 0

5.4. Rank 5 plane quartics. Here, we want to comment the cases (9) and (10) of plane quartics \( f \) having \( h_f(2) = 5 \). If the unique apolar conic \( C \) is irreducible (case (9)), then we can reduce the rank of \( f \) by taking a generic point on the conic; see Lemma 3.11(a). In our implementation, this is done by considering the intersections of a generic line and the conic \( C \). Since this involves solving a quadratic equation which might not have solution of \( \mathbb{Q} \), in this case, the output of our main function minimalApolar5 depends on a parameter satisfying that quadratic equation and, for this reason, the ideal idX has degree 10 instead of 5.

i41 : S = QQ[x,y,z];
i42 : F = sum for i to 4 list (random(1,S))^4;
i43 : first minimalApolar5(symbol Y, F)
 4 3 2 2
 0 0 1 0 1
4
o43 = ApolarScheme{hPoly =>14000508577Y +118257495840Y Y +394649884800Y Y ...
 0 0 1 0 1
idX => ideal (42277476088772685406212514432670091701648... 
Xdeg => 10 
Xred => true 
o43 : ApolarScheme 
i44 : ring X#idX
QQ[a][Y , Y , Y ]
 0 1 2
2
a - 31293683294493204311665
o44 : QuotientRing
When the unique apolar conic is reducible $C = L_1 L_2$ (case (10)), we proceed in a similar way as in the previous case. However, it is not enough to consider a generic point on $C$ because, as we said in Lemma 3.11(2), if the intersection point $Q = L_1 \cap L_2$ is forbidden for the form $f$, then the Waring locus is dense only in one of the two lines. We see that in an example which also shows how we implemented the procedures explained in Theorem 4.1(9-10) to find a minimal set of points apolar to $f$.

We consider an example where $f_2^\perp = (xz)$.

$$
\begin{align*}
\text{i56 : } & G = x^2 y^2; \\
\text{i57 : } & L_1 = \text{random}(\mathbb{Q}) y + \text{random}(\mathbb{Q}) z; \\
\text{i58 : } & L_2 = \text{random}(\mathbb{Q}) y + \text{random}(\mathbb{Q}) z; \\
\text{i59 : } & F = L_1^4 + L_2^4 + G; \\
\text{i60 : } & \text{perpId F} \\
& \begin{array}{ccc}
2 & 2 & 3 \\
3 & 3 & 2 \\
\end{array} \\
& \text{o60 = ideal (x*z, 648 y z - 1467 y*z + 560 z, 46656 y - 198801 y*z + ...)} \\
& \text{o60 : Ideal of S}
\end{align*}
$$

Now, we consider a random point on the line $\{x = 0\}$.

$$
\begin{align*}
\text{i61 : } & L = \text{random}(\mathbb{Q}) y + \text{random}(\mathbb{Q}) z \\
& 3 \\
& 8 \\
& \text{o61 = -y + 10z} \\
\text{i62 : } & R = \mathbb{Q}[c][x,y,z]; \\
\text{i63 : } & F_1 = \text{sub}(F,R) - c*\text{sub}(L^4,R); \\
\text{i64 : } & I_c = \text{radical minors}(5, \text{cat}(2,F_1)) \\
& \text{o64 = ideal (- 10368345145825 c + 717382656)} \\
& \text{o64 : Ideal of R} \\
\text{i65 : } & F_1 = \text{sub}(\text{sub}(F_1,R/I_c),S); \\
\text{i66 : } & F_1^{\perp 2} = \text{ideal select(first entries gens perpId F_1, i->degree(i)=={2})} \\
& \begin{array}{ccc}
2 & 2 \\
\end{array} \\
& \text{o66 = ideal (x*z, 84009951144 x - 26206863345 y*z + 26903620240 z)} \\
& \text{o66 : Ideal of S} \\
\text{i67 : } & \text{dim F_1^{\perp 2}, degree F_1^{\perp 2}} \\
& \text{o67 = (1, 4)} \\
\text{i68 : } & \text{netList primaryDecomposition F_1^{\perp 2}} \\
& +---------------------------------------------+ \\
& \text{o68 = |ideal (5241372669 y - 5380724048 z, x)} | \\
& +---------------------------------------------+ \\
& | 2 | 2 \\
& | ideal (z, x*z, 9334439016 x - 2911873705 y*z)| \\
& +---------------------------------------------+
\end{align*}
$$

Since $F_1$ has the vanishing locus of the homogeneous part of degree 2 which is not among the cases listed in Theorem 4.1, we conclude that it has rank 6. Hence, the random point on the line $\{x = 0\}$ is not in the Waring locus of $F$. Now, we proceed by considering a random point on the line $\{z = 0\}$.

$$
\begin{align*}
\text{i69 : } & L = \text{random}(\mathbb{Q}) x + \text{random}(\mathbb{Q}) y \\
& 9 \\
& 1 \\
& \text{o69 = -x + -y} \\
& 2 \\
& 3
\end{align*}
$$
ON MINIMAL DECOMPOSITIONS OF LOW RANK SYMMETRIC TENSOR

\[ o_{69} : S \]

\[ i_{70} : R = \text{QQ}[c][x,y,z] ; \]

\[ i_{71} : F2 = \text{sub}(F,R) - c*\text{sub}(L^4,R) ; \]

\[ i_{72} : Ic = \text{radical minors}(5,\text{cat}(2,F2)) \]

\[ o_{72} = \text{ideal}(- 81c + 2) \]

\[ o_{72} : \text{Ideal of } R \]

\[ i_{73} : F2 = \text{sub}(\text{sub}(F2,R/Ic),S) ; \]

\[ i_{74} : \text{F2perp2 = ideal select(first entries gens perpId F2,i->degree(i)==(2))} \]

\[ o_{74} = \text{ideal}(x*z, 32x^2y + 53272y - 13203y*z + 5040z ) \]

\[ o_{74} : \text{Ideal of } S \]

\[ i_{74} : \text{dim F2perp2, degree F2perp2, F2perp2 == radical F2perp2} \]

\[ o_{74} = (1, 4, \text{true}) \]

Hence, \( F2 \) is a quartic of rank 4 whose apolar ideal in degree 2 defines a minimal apolar set of points.

Hence, we can find a minimal set of 5 points apolar to \( F \).

\[ i_{75} : \text{IP = ideal(basis(1,S) * gens kernel (diff(vars S,L)))} \]

\[ o_{75} = \text{ideal}(- 2x + 27y, z) \]

\[ o_{75} : \text{Ideal of } S \]

\[ i_{76} : \text{IX = intersect(IP,F2perp2)} \]

\[ o_{76} = \text{ideal}(x*z, 648y z - 1467y*z + 560z , ... \]

\[ o_{76} : \text{Ideal of } S \]

\[ i_{77} : \text{dim IX, degree IX, IX == radical IX, isSubset(IX,perpId(F))} \]

\[ o_{77} = (1, 5, \text{true, true}) \]

\[ o_{77} : \text{Sequence} \]

5.5. Main function. All procedures listed in Theorem 4.1 have been collected in the function \texttt{minimalApolar5} that produces a minimal set of points apolar to a given polynomial of rank at most 5 in any number of variables and any degree by using the suitable algorithm, as explained in Theorem 4.1. Here, we want to present some tests we made by using a personal computer with processor Intel Core i7 with 2,2 GHz.

We first tested the efficiency of the main function in relation to the number of essential variables. In particular, we considered five different cases of minimal apolar set:

(1) 5 generic points in a \( P^4 \);
(2) 5 generic points in a \( P^3 \);
(3) 4 generic coplanar points plus a generic point;
(4) 3 collinear points plus two generic points;
(5) 5 generic points in a \( P^2 \).

Here is the code used:

-- fix: d = degree; n = number of variables
S = QQ[x_0..x_n];
-- fix the "essential variables"
L = for i to 4 list random(1,S);
-- A) five generic points in P^4
F = sum for i to 4 list L_i^d;
-- B) five generic points in P^3
G = sum for i to 4 list (L_0 + random(QQ)*L_1 + random(QQ)*L_2 + random(QQ)*L_3)^d;
-- C) four generic points in P^3 + 1 generic point
H = L_0^d + sum for i to 3 list (L_1 + random(QQ)*L_2 + random(QQ)*L_3)^d;
-- D) three collinear points in $\mathbb{P}^1 + 2$ generic points
$K = L_0^d + L_1^d + \text{sum for } i \text{ to } 2 \text{ list } (\text{random(QQ)} \ast L_2 + \text{random(QQ)} \ast L_3)^d$;
-------- if $d = 3$: $K = L_0^3 + L_1^3 + L_2 \ast L_3^2$;
-- E) five generic points in $\mathbb{P}^2$
$M = \text{sum for } i \text{ to } 4 \text{ list } (\text{random(QQ)} \ast L_0 + \text{random(QQ)} \ast L_1 + \text{random(QQ)} \ast L_2)^d$;
-------- if $d = 3$: $M = L_0 \ast L_1^2 + L_1 \ast L_2^2$;

time minimalApolar5(symbol Y, F)
time minimalApolar5(symbol Y, G)
time minimalApolar5(symbol Y, H)
time minimalApolar5(symbol Y, K)
time minimalApolar5(symbol Y, M)

After fixing the degree $d = 3, 4, 5$, we let the number of essential variables grow. The tables in Figure 3, 4 and 5 describe the time needed for our computations.

**Figure 3.** Tests with fixed degree equal to 3.

**Figure 4.** Tests with fixed degree equal to 4.
We want to underline that the first step of the function \texttt{minimalApolar5} is to reduce the polynomial in a minimal set of variables. This is the reason why the function works quite efficiently also in a large set of variables. It seems that the complexity of our function \texttt{minimalApolar5} depends more on the degree of the polynomial: we tested the same cases as before by fixing the number of variables \((n = 5)\) and by letting the degree grow. Here is the table describing the time needed for our computations; see Figure 6.

![Figure 5. Tests with fixed degree equal to 5.](image1)

![Figure 6. Tests with fixed number of variables equal to 6. Note that, in the case of three collinear and two generic points, the degree 5 is special because it requires a procedure different than the cases with larger degree; it follows from Theorem 4.1(12).](image2)

\section*{References}


