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ENHANCED PIOLA–HENCKY DISCRETE MODELS FOR PANTOGRAPHIC SHEETS WITH PIVOTS WITHOUT DEFORMATION ENERGY: NUMERICS AND EXPERIMENTS

EMILIO TURCO, ANIL MISRA, MAREK PAWLIKOWSKI, FRANCESCO DELL’ISOLA, AND FRANÇOIS HILD

ABSTRACT. The problem of the synthesis of second gradient (meta)materials, via architectured microstructures made of micro-lattices, has been solved [1, 2] by choosing ideal pivots as preferred constraints. The obtained homogenized macro-equations [3, 4]) show some pathologies that reflect the exotic behavior of the considered metamaterials, even if they are of interest by themselves [4]. The theoretical issues that they raise not only represent an intellectual challenge but also means for disclosing potentially interesting new phenomena. To make such disclosure evident, the related technological demand arose, namely, to find an innovative design and production process to construct [5], by using additive manufacturing, some pantographic sheets (made in this instance of polyamide but hopefully later also using metals or alloys) whose pivots do twist practically without deformation and with negligible dissipation. Remarkably the specimen could be printed in a monolith and required no post-assembly but only an easily standardized run-in procedure. In this paper, in order to introduce a mathematical description for pantographic sheets with perfect pivots and to avoid to face the aforementioned pathologies, a discrete, finite dimensional, Lagrangian model is formulated. Moreover, in order to include the case in which the beams interconnecting the pivots are long enough to store non negligible bending energy between the closest pairs of pivots, an enhanced Piola–Hencky discrete model is introduced. Two types of nodes are distinguished, the first one interconnects two pantographic fibers, the second one simply interconnects two different segments of the same fiber. The Vietnam long neck peculiar deformed shape experimentally observed in standard extension bias test, is obtained with very short computing time, so that the innovative code which has been elaborated can be used as subroutine in more complex computation schemes. A preliminary digital image correlation analysis, see [6, 7], is performed and shows that a remarkable agreement between theoretical predictions and experimental evidence can be obtained. This circumstance is easily explained by observing that said numerical code is based on a discrete model directly inspired by the mechanical properties of pantographic sheets and that, therefore, the passages to a continuum model via homogenization [8] and then to the subsequent re-discretization, via the introduction of more or less suitable finite elements, are avoided. In our opinion a theory driven formulation of a directly discrete numerical model presents many advantages and it seems suitable for attacking future structural optimization problems.

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1. Introduction

One of the frontiers of research in mechanics must be situated at the border sharing the models introduced for describing standard materials and those for exotic materials. There are many difficulties in recognizing where such a frontier is located, especially because the adjectives standard and exotic are very difficult to make precise. A critical reader may even start discussing preliminarily about the most fundamental concept of material and the difficulties involving in its definition. Questions arise: Can a complex mechanical system as the one depicted in Figs. 1, 2 and 3 be called a material? And if it actually can be called so, when such a description is appropriate? The aforementioned system is constituted at the micro-level by matter distributed in a refined and complex microstructure where, for instance, micro-gaps divide different deformable micro-parts, which, in some cases, may undergo large localized relative displacements.

The critical reader may maintain that if there is a material at all in such a system one has to find it at the micro-level, that is at the level at which the characteristic length is a fraction of the dimensions of the pivot (i.e. the small cylinders that link orthogonal beams) depicted in Fig. 3. To this reader another one, even more critical, may object that, by magnifying a little bit the image (see Fig. 4) another microstructure may appear, which is made of partially melt and agglomerated grains of polyamide powder used as raw material of the 3D printing process to produce the considered specimens whose theoretical analysis is reported in Ref. [9].

These critical remarks have often been made to try to understand the ultimate nature of physical phenomena [10, 11, 12, 13]). Therefore, the term homogeneous material is defined relative to a length scale $L$ of the corresponding Representative Volume Element (RVE), a cubic volume whose sides are $L$ such that, by moving the RVE within the specimen the overall (macro-)mechanical response of the material included in it does not change and can be described exclusively in terms of overall (macro-)kinematic descriptors that are assumed to be uniform for every RVE. Polyamide, when considering an RVE including a set of grains, is a material in
1.1. Definition of metamaterials. A metamaterial is defined herein as a material that has been designed to meet a specific purpose, by combining more elementary materials (characterized by a smaller micro-length scale) and by shaping them with geometrical structures and mechanical interactions (i.e. microstructure) characterized by the same micro-length scale. The micro
level corresponds to the scale at which the considered structure shows all its (geometrical and mechanical) inhomogeneity and complexity. At the macro level, it behaves as a homogeneous material.

It is worth noting that the more interesting cases (i.e. the macro-metamaterial shows a completely different behavior as its micro-constituents) are represented by microstructures in which
extremely high contrasts of mechanical and geometrical properties occur [14, 15, 16, 8]. In this sense the metamaterial studied herein is extreme in all aspects, namely, very thin structural elements interconnect stiffer elements, some elements have zero stiffness, others have a soft behavior, others are much stiffer. The geometry is, also, extremely heterogeneous with empty spaces used to partially detach the elastic response of interconnected elements (this is, for instance, the function of perfect pivots).

In order to design a metamaterial one has to choose its governing equations and then find the microstructure which, at the macro-level, is described by given equations. This formulation is often called the problem of synthesis of a given set of governing equations.

1.2. Continuum versus discrete models. The ideas of continuum mechanics are used, in general, to model the deformation phenomena occurring in any kind of material body. Therefore, very often, the mechanical systems designed to get metamaterials are described both at the micro- and macro-levels with continuous models. In particular, the problem of the synthesis of second gradient (meta)materials has been confronted and solved with homogenization methodologies involving continuous descriptions both at macro- and micro-levels, see [17, 18, 19]. The need for synthesizing a second gradient (meta)material (i.e. to design a suitable microstructure showing a second gradient behavior at macro-level) was formulated in a purely theoretical context in which even the consistency of mathematical theories was seriously questioned.

This scientific controversy is not new. Piola did formulate mathematical models for continuous materials by introducing deformation energies depending on higher order gradients of displacement [12] and Peridynamics [13]). When asked about the soundness of his continuum models and about the true physical content of his theories, he resorted to the study of a homogenization problem. He proved the validity of his macroscopic models by i) basing them on the study of a micro-structured mechanical system characterized by simply interacting elementary constituents and a well specified geometry, ii) describing such micro-system with a Lagrangian discrete finite dimensional model, iii) finally homogenizing micro-models (via the so-called Piola Ansatz) to get the corresponding macro-response [13]).

Under the push for the need of new metamaterials, the paradigm set up by Cauchy seems to need an evolution, as already demanded by Piola in 1825 even before Cauchy’s full formulation of his ideas. More generally one could attempt to solve a class of problems formulated as follows [20, 16]). Given: a macro-length scale, set of kinematic macro-descriptors, some strain energy functional and Rayleigh dissipation functional; find: a micro-length scale, a set of micromaterials and a microstructure such that the complex micro-system behaves at the macro-level as specified by the given functionals.

Coming back to the particular problem of synthesis of second gradient materials by using architectured microstructures, it was solved with a double scale homogenization process [1, 2]. Slender continua are considered and, after homogenization, beam elements are obtained, and
subsequently interconnected with ideal pivots, and a second homogenization step is performed. Ideal pivots represent preferred constraints in the chosen class of micro-lattices that appear to be essential to produce second gradient macro-continua. The homogenized macro-equations show some pathologies that reflect the “exotic” behavior of considered metamaterials [3, 4]. These mathematical pathologies are of interest by themselves [4] as the theoretical issues that they provoke not only represent an intellectual challenge but also means for disclosing potentially interesting new phenomena.

In order to make such disclosure evident, and to experimentally investigate the special role that perfect pivots played in synthesized microstructures, the following technological demand arose: “to find an innovative design and production process to fabricate, via additive manufacturing, pantographic sheets made for instance of polyamide, whose pivots actually twist without deformation and with negligible dissipation” [5]. The specimens could be printed in a monolith and required no post-assembly but only an easily standardized run-in procedure.

A potential vicious circle immediately appears under first examination of the previously described conceptual procedure involving continuous systems: i) as underlined by Piola [21] a clear understanding of the mechanical features of considered microstructures is attained mainly by formulating finite dimensional Lagrangian models, possibly with dissipation accounted for by a Rayleigh potential; ii) a homogenization procedure can be used to get continuum models but the range of applicability is restricted by the finite size of the periodic cell constituting the microstructure; iii) nowadays, to get predictions one needs to use a numerical code and therefore the continuum model must be discretized, for instance with a finite element scheme. One may wonder for which reason it is necessary to use the intermediate step involving homogenization and why one should lose all phenomenological control on the third step, i.e. discretization, which is usually performed based only on purely computational considerations. For this reason we have decided to completely refrain from the introduction of any continuum model for the microstructure which we consider in this paper and we preferred to introduce and study directly a discrete (Lagrangian) micro-model (see [22]) for a different example of similar discrete model inspired by trusses).

1.3. A first discussion of the presented novel results. It is decided to avoid facing the pathologies presented by continuum models, bypassing their formulation, and the well-posedness of corresponding boundary value problems. Instead a finite set of Lagrangian parameters is proposed in order to specify the state of considered system. This set of parameters includes, in particular, the positions of the nodes corresponding to the twisting pivots interconnecting the two families of fibers (Fig. 3) constituting the sheet. It is assumed that such pivots are strong enough to ensure that the two beams they are interconnecting have a constant distance. When this assumption is not satisfied the reader is referred to the treatment proposed in Ref. [23], which can be possibly modified to generalize the description presented hereafter. However, the
mechanical case is sought in which the beams interconnecting the twisting pivots are designed to be long enough so that a non negligible bending energy is stored between the closest pairs of pivots. It is worth noting that a twisting pivot at the micro-level will produce, at macro-level, a shear stiffness.

In order to account for this additional deformation mechanism, which is not accounted for in Refs. [8, 24], the discrete Piola–Hencky model is enriched by adding extra degrees of freedom. The discrete kinematic description is enhanced by distinguishing two types of nodes, namely, the first one, which was already considered, interconnects the two families of pantographic fibers while the second one simply interconnects two subsegments (Fig. 1) of the same fiber. The first family of nodes is where the inter-fiber interactions are located, while the second one is where the extra bending energy relative to the fibers is assumed to be concentrated. Therefore the overall considered set of kinematic parameters must also include the positions of these intermediate nodes, which are allowing for the bending of the fibers between two twisting pivots.

The Lagrangian method, the procedure for the search of minima of the total energy, and the step-wise construction of equilibrium configurations, described by one or more parameters, which was already exploited in Refs. [24, 25], allow for the determination of a large family of equilibrium shapes for perfect pantographic sheets. In particular, the Vietnam long neck\(^1\) shape, which is experimentally observed in standard extension bias tests, is predicted with a very short computing times. Further, with a very limited set of constitutive parameters, experimental observations are predicted (e.g. quantitatively describing equilibrium shapes, reaction forces via application of Castigliano theorem, and the first rupture mechanism [26]).

The reason for which the aforementioned agreement between numerical predictions and experimental evidences had to be expected can be explained as follows. The numerical code is based on a discrete model that is directly constructed and closely inspired by the understanding of the deformation mechanism(s) of the studied pantographic sheets. There is no need for complex constructions but efficient numerical algorithms. This gives a further example of a theory driven analysis of complex phenomenology, whose study based on data driven approaches would produce an intractable and probably useless amount of computing processes.

After the state-of-the-art presented in this structured Introduction, we discuss the structural design of pantographic sheet having pivots without strain energy in Sec. 2. Successively, in Sec. 3, we report and discuss the results of an extension bias test. We tackle the presentation of the enhanced Piola–Hencky discrete model of the pantographic sheet in Sec. 4 whereas we report some insight about the in-house numerical code to attack the nonlinear system of equilibrium equations in Sec. 5 and the calibration of the numerical model in Sec. 6 by using the

\(^1\)see https://en.wikipedia.org/wiki/Neck/ring
results of the extension bias test. In Section 3.1 we try to bridge experiments and numerical simulations introducing the tool of digital image correlation. Indeed, up to now, the experimental study of pantographic sheets and the comparison of experimental evidence with numerical predictions has been performed by means of simple tools and by focusing on the measurements of few (particularly significant) kinematical or dynamical parameters. However more systematic and accurate analysis of deformed shapes is required and the tools supplied by digital image correlation (DIC), see [6, 7], seem to be suitable to supply it. Some really suggestive images are presented whose interpretation (from quantitative and qualitative point of view) is supporting strongly the modeling choices presented in this paper. Finally, we close the paper reporting some remarks and future challenges.

2. Structural design: pivots without strain energy

Up to now, the pantographic sheets, which were fabricated with additive printing, necessarily had two families of fibers interconnected with small cylindrical pivots undergoing rotations at the expense of some non-negligible strain energy. This circumstance limits the possibility of structural optimization, which could require the choice of pivots having variable stiffness in different locations. Conversely, pivots without strain energy could lead to a change of the distribution of strain energy and its partition, e.g. into bending and extensional energies, thereby improving the damage resiliency of such structures.

The resolution of the printing process was 0.1 mm and it was exploited in order to leave un-sintered some grains of polyamide between the two adjacent solidified male and female parts of the printed pivots (Figs. 2 and 3). The pantographic sheet shown in Figs. 1-3 is made of a series of parallel micro-beams linked to the orthogonal ones by means of the introduced pivots. Cross-sections of the micro-beams are rectangular with the exception of the parts near the pivots, which are designed to be linked with the orthogonal family of micro-beams by means of specifically tailored the pivots.

3. Extension bias tests: experimental evidence

The aforementioned first printed specimens (overall dimensions the specimen are 213.4 mm × 71.13 mm) were subjected to extension bias tests and the evolution of their deformed shape recorded by acquiring image series. For the first test, an additional preparation was followed to probe the feasibility of digital image correlation in the present context. For the second test, the grips were left unspeckled and no DIC analysis was run.

3.1. Digital image correlation analysis. In the sequel a preliminary image analysis is performed to quantify global deformation modes in an extension bias test. Digital image correlation (DIC [6, 7]) will be used to measure displacement fields during the reported experiment. To the authors’ best knowledge, such technique has never been used in this context. A series of
42 pictures were acquired. In the present case, grey level images are reconstructed by a binning of two process to account for Bayer’s filter. They are subsequently cropped so that their final definition is $1147 \times 261$ pixels. For DIC purposes, the upper and lower parts of the grips were speckled with black and white paints (Fig. 5). In addition, the pivots of the pantograph were marked in black and a red background was used in order to create high contrast with the white pantograph.

![Grey level images of the pantograph](image)

(a)

(b)

(c)

**Figure 5.** Grey level images of the pantograph in the reference configuration (a), last analyzed deformed configuration (b) and at failure (c).

The analysis of pantograph motions can be performed at different scales. The most obvious, yet the most difficult, would be to have a geometric description that would fit the actual pantograph shape. The corresponding kinematics could then be tailored thanks, for instance, to generalized beam theories. DIC analyses may then be possible as was shown for steel beams [27]. In the present case, it would mean having an explicit description of all the fibers that compose the pantograph. This route will not be followed hereafter. Another path consists in measuring macroscopic motions via so-called local or global DIC [28]. Since the final aim of such analyses will be their comparison with numerical simulations, the displacement fields will be expressed in the same language, namely, with finite element bases. Global DIC with 3-noded triangles with linear interpolation functions is considered (*i.e.* T3-DIC). Because the mesh is not made
compatible with the pantograph mesostructure, mechanical regularization will be used to enable the DIC code to converge \( i.e. \) RT3-DIC \([29]\). To avoid any significant bias, the regularization length is identical to the element length \( i.e. \) 25 pixels in the present case.

Figure 6(a) shows the region of interest (ROI) that extends over the whole pantograph and part of the speckled grips. This setting allows the RT3-DIC code to converge first in the grips and then in the central part of the pantograph where most of the deformation takes place. In the present case, the convergence criterion was set to \( 10^{-5} \) pixel for the norm of the mean displacement corrections. This very low value could be achieved thanks to the regularization strategy used herein.

Figure 7 shows the results of the RT3-DIC analysis of the 5th loading step. First, the grey level residuals should be checked, see Figure 7(a). They correspond to grey level differences between the picture in the reference configuration and that of the deformed configuration corrected by the measured displacement field. If perfect match were achieved, this difference should only contain acquisition noise. This is not observed in the present case since there still are some stigmata of the pantograph geometry. It confirms that a continuous kinematic basis made of 3-noded triangles cannot fully capture the present kinematics. However, the deviations remain very small. Consequently the displacement fields shown in Figure 7(b-c) are deemed trustworthy at the macroscale. The transverse \( u_x \) displacement field shows that there is a huge contraction in comparison with the longitudinal \( u_y \) motions. This is due to the geometry of the pantograph. This observation translates into the nominal strain components reported in Figure 7(d-f). In the present case, they are computed from the deformation gradient, which is
constant per element. Thus the *pixelisation* of the strain maps is due to the underlying mesh used in the RT3-DIC calculations. The central part of the pantograph contracts more in the transverse direction, $\varepsilon_{xx}$, than its longitudinal expansion, $\varepsilon_{yy}$. This phenomenon is accompanied with more moderate shear $\varepsilon_{xy}$.

![Figure 7](image)

**Figure 7.** Correlation results for the 5th loading step: grey level residuals (a), $u_x$ (b) and $u_y$ (c) displacement fields (expressed in pixels); $\varepsilon_{xx}$ (d), $\varepsilon_{xy}$ (e), $\varepsilon_{yy}$ (f) nominal strain fields.

In Figure 8 the same fields are shown for the 10th loading step. The grey level residuals only slightly degrade in comparison with the previous loading step, see Fig. 8(a). The pattern of the transverse and longitudinal displacement fields is very similar with higher overall levels. The same observation applies for the strain fields. The deformation mode remains unchanged. It is worth observing that all strain levels in the grips remain close to zero, which is to be expected. This is a further validation of the present results.

The last load level prior to damage inception, *i.e.* first beam failure, is reported in Fig. 9. In that case the grey level residuals, see Figure 9(a), are significantly higher than the previous two cases (see Figures 7(a) and 8(a)). The chosen kinematics is no longer able to properly describe, in a continuous way, the actual kinematics of the central region of the pantograph. For the parts of the pantograph closer to the grips and the grips themselves, the registration quality is significantly better. This result validates the choice of including part of the speckled grips in the analysis. For this last step the highly deformed region has grown toward both ends of the pantograph, which can be understood by the fact that when struts touch each other, the deformation mechanism moves away from these zones.
Figure 8. Correlation results for the 10th loading step: grey level residuals (a), $u_x$ (b) and $u_y$ (c) displacement fields (expressed in pixels); $\varepsilon_{xx}$ (d), $\varepsilon_{xy}$ (e), $\varepsilon_{yy}$ (f) nominal strain fields.

Figure 9. Correlation results for the 30th loading step: grey level residuals (a), $u_x$ (b) and $u_y$ (c) displacement fields (expressed in pixels); $\varepsilon_{xx}$ (d), $\varepsilon_{xy}$ (e), $\varepsilon_{yy}$ (f) nominal strain fields.
The DIC results reported herein show that such analyses can be run on pantographs. Prior to damage inception, longitudinal nominal strains of the order of 50% and transverse strains as high as -90% were achieved. Such levels could be measured thanks to the sample procedure followed herein, namely, the grips of the pantograph were speckled. In the future, it is likely that speckled pantographs should be analyzed in order to make the DIC analyses easier. It was also shown that a continuous displacement basis was only partly capturing the actual kinematics of the experiment. This calls for more advanced registration techniques that would be consistent of the particular geometry of the pantographs and their specific kinematics.

3.2. **Second test.** The peculiarity of the observed behavior was the very low force level, well-below the sensitivity of the load cell, that was needed to deform the specimen up to very large elongations (of the order of 30% of the initial specimen length. Figure 10 shows the measured displacement-force response. The displacement is made non-dimensional, with $\lambda$ varying between 0 and 1, when the applied displacement of the shorter side of the pantographic sheet along the direction of the longer reaches 60 mm. The displacement-force plot is more like a band than a line, whose thickness is about 1 N in the first part (approximately until $\lambda < 0.7$). The reaction forces were less than the load cell uncertainty (which is about 2 N) for elongations up to 14%. This calls for more resolved load cells [25].

![Figure 10. Extension bias test. Measured force $R$ vs. nondimensional displacement $\lambda$.](image)

The deformed specimens assumed a very peculiar appearance, which will be referred to as *Vietnam long neck shape* (see Figs. 5(b) and 11). In these shapes the fibers undergo
finite bending between the interconnecting pivots and, ultimately, the first rupture occurs in a fiber which is extremely elongated, close to the corners between the long and short sides of the specimens (Figs. 5(c)).

The pattern of damage and final failure is very similar to those observed when the pivots supply a significant amount of macro-shear strain energy [26], which is sometimes more than 60%-80% of the total strain energy [30]. Therefore it is concluded that the pantographic microstructure determines such a pattern.

4. Enhanced Piola–Hencky discrete model

Pantographic sheets were modelled [24], and evaluated for several loading conditions [31, 32, 33] with a finite dimensional Lagrangian system, consisting of nodes interconnected two by two by extensional springs, and by rotational springs storing energy when two adjacent segments, interconnecting close nodes, change their relative angle. These nodes are called interconnecting nodes as they establish a mechanical interaction between the two families of fibers constituting the pantographic sheet.

The model introduced in Ref. [24] presents some difficulties if the described experimental evidences are to be predicted. There is a significant amount of strain energy that is stored via bending of the fibers between the interconnecting nodes that cannot be described by the rotational springs [34]. Additional nodes, which are called intermediate nodes, are considered. They only connect two segments of the same fiber, without coupling it with the transverse family of fibers. As a result, an enhanced Piola–Hencky discrete model is obtained.

The enhanced Piola–Hencky discrete model is formulated for improving the description of the strain energy related to the bending mode of each micro-beam. From experiments it is observed that the beam segment of fibers do bend between two nodes and that it is not possible to properly describe the corresponding bending energy solely with an elastic joint in correspondence with the pivot positions. The simplest way to address this issue is to introduce additional elastic joints between those already used. In this way one avoids the introduction of beam elements of varying sophistications [35, 36, 37, 38] that can add computational complexities.

Figure 12 shows three elastic joints, depicted by $P_{j-1}$, $P_j$ and $P_{j+1}$ in the reference position (on the top), and by $p_{j-1}$, $p_j$ and $p_{j+1}$ in the current position (on the bottom). The bending strain energy contribution related to the elastic joint $P_j$ (distinguished with a black bullet) reads

$$E_b = b f(\beta),$$

where $b$ is the bending stiffness of the elastic joints, and $\beta$ the angle between the rigid links $p_{j-1}-p_j$ and $p_j-p_{j+1}$. The cosine of the angle $\beta$, which expresses the bending strain, is computed by means of Carnot’s theorem making use of the coordinates of $p_{j-1}$, $p_j$ and $p_{j+1}$.
Figure 11. Extension bias test. Deformed shape for five values (0, 0.25, 0.5, 0.75 and 1) of the non-dimensional displacement $\lambda$.

An enhanced representation of the bending strain energy is obtained by further adding elastic joints between those already mentioned, see Fig. 13, where these additional joints are represented as open circles. The bending contributions related to the elastic joints both between $P_{j-1}$ and $P_j$, and between $P_j$ and $P_{j+1}$ have to be considered. In Fig. 13 the case of three additional
Figure 12. Kinematics of a discrete micro-beam. Reference (on the top-left) and current (on the bottom-right) configurations.

Figure 13. Kinematics of the enhanced approximation of a micro-beam. Reference (on the top-left) and current (on the bottom-right) configurations.

The relationship between the assumed bending strain energy and the constitutive parameter $b$ of the elastic joint, the stiffness of the rotational spring, is determined as the solution to a simple structural problem. The single degree-of-freedom problem is illustrated in Fig. 14. A rigid bar with length $\ell$ is loaded on the right end with a shearing force $F$. The displacement on the left end is completely constrained whereas the rotation is resisted by the rotational spring with stiffness $b$. 
Let us consider three types of bending strain energy $E_b$ differentiated by subscripts 1, 2 or 3

\begin{align}
E_{b_1} &= \frac{1}{2} b_1 \varphi^2, \\
E_{b_2} &= \frac{1}{2} b_2 \theta^2, \quad \theta = 2 \tan \frac{\varphi}{2}, \\
E_{b_3} &= b_3 (1 - \cos \varphi) .
\end{align}

Equations (2) and (4) utilize the Lagrangian parameter $\varphi$ to describe the displacements, while that in Eq. (3) uses the Lagrangian parameter $\theta$, which is linked to $\varphi$ by the change of variables reported in Eq. (3). The first expression is widely used in structural mechanics for modeling linear elastic behavior known to be applicable for small rotations. For finite rotation problems, the second [39] and third [8]) forms have been considered. A simple power series expansion shows that the forms adopted for finite rotations reduce to first order expressions for quadratic terms, while they differ with each other in the higher order terms of $\varphi$. For all cases, the external work $W$ reads

$$W = F \ell \sin \varphi .$$

The stationarity condition of the potential energy gives the equilibrium equations for each type of assumed strain energy and, consequently, the relationship between the non-dimensional force $F \ell / b_i$ and the Lagrangian parameter $\varphi$

\begin{align}
\frac{F \ell}{b_1} &= \frac{\varphi}{\cos \varphi}, \\
\frac{F \ell}{b_2} &= \frac{2 \sin \frac{\varphi}{2}}{\cos \varphi \cos^3 \frac{\varphi}{2}}, \\
\frac{F \ell}{b_3} &= \frac{\sin \varphi}{\cos \varphi} .
\end{align}

Figure 15 reports the plots of the non-dimensional force $F \ell / b_i$ ($i = 1, 2, 3$) assuming that the rotation $0 \leq 2\varphi / \pi < 1$. The three plots show that when large rotations occur, the non-dimensional force can be significantly different for the assumed models. In particular, the second form represents a stiffening behavior with deformation, while the third form shows a gradual softening behavior. However, it is possible to minimize the difference in the results.
from the three predictions by selecting a (different) most suitable value for the stiffness parameter $b_i$. The expression most appropriate for modeling the bending energy for the present problem is not immediately apparent. It is clear, however, that for the considered pantographic sheets modeled by the enhanced Piola–Hencky discrete model, which considers thousands of rotational degrees of freedom, the rotations can take values that are relatively small, typically close to the boundaries, as well as those that are rather large, typically in the central part of the sheet. For the sake of convenience, and considering that the stiffness parameter $b_i$ will be determined in an empirical manner, the third expression is selected in this work.

![Figure 15. Non-dimensional force $F\ell/b_i$ versus rotation $\varphi/\varphi_{\text{max}}$.](image)

The strain energy is completed by adding the extensional contribution of each micro-beam

$$E_a = \frac{1}{2} a (\ell - \ell_0)^2,$$

where $\ell$ and $\ell_0$ are the length of the micro-beam in the current and reference configuration, respectively, and $a$ its axial stiffness.

For the considered pantographic structure, the two types of strain energies (i.e., rotational and extensional) described above are the only quantities necessary to reconstruct the complete equilibrium path, that is to find the set of couples $\{\lambda_i, \mathbf{q}_i\}$ in which $\lambda_i$ is a scalar parameter that represents the applied displacement and $\mathbf{q}_i$ the vector that collects the parameters which completely define the corresponding deformation.
5. Numerical code details

The above described enhanced Piola–Hencky discrete model of the pantographic sheet was implemented in an in-house MatLab code able to reconstruct the complete equilibrium path using a step-by-step strategy (i.e. find an unknown equilibrium point on the basis of the knowledge of the previous known equilibrium point). The energy associated with the pantographic sheet can then be obtained simply by summing all elementary contributions. If the Lagrangian parameters, which describe the actual configuration, are collected in the vector \( \mathbf{q} \) then the total strain energy becomes \( E = E(\mathbf{q}) \). The gradient and the Hessian of the strain energy give the structural response vector \( \mathbf{s}(\mathbf{q}) \) and the tangent stiffness matrix \( \mathbf{K}(\mathbf{q}) \), respectively.

For cases without applied forces (as considered in the experiment presented here), the action is the applied displacement on the smaller side of the sheet along the direction of the longer side and the nonlinear system of equations that expresses the equilibrium conditions reads

\[
\mathbf{s}(\mathbf{q}) = 0. \tag{10}
\]

Vector \( \mathbf{q} \), which collects the Lagrangian parameters used to describe the actual configuration, is rearranged as

\[
\mathbf{q} = \begin{bmatrix} \mathbf{u} \\ \lambda \bar{\mathbf{u}} \end{bmatrix}, \tag{11}
\]

where the vector \( \mathbf{u} \) is the collection of the free Lagrangian parameters, and \( \lambda \bar{\mathbf{u}} \) of those prescribed. The non-dimensional displacement parameter \( \lambda \) then regulates the step-by-step incrementation of the assigned displacements.

The solution to the nonlinear system of equations (10) is obtained, in the framework of a step-by-step strategy, by an algorithm based upon Newton’s scheme. If the couple \( (\lambda_1, \mathbf{u}_1) \) belongs to the equilibrium path, in other words if the associated residual is zero (i.e. its norm is less than a fixed threshold), a nearby equilibrium point \( (\lambda_2, \mathbf{u}_2) \) is computed by means of the iterative scheme based on the first-order approximation of the residual defined as

\[
\Delta \mathbf{u} := \mathbf{u}_2 - \mathbf{u}_1 = -\tilde{\mathbf{K}}^{-1} \mathbf{s}(\mathbf{u}_1, (\lambda_1 + \Delta \lambda) \bar{\mathbf{u}}), \tag{12}
\]

where, in order to make the notation compact, \( \Delta \lambda = \lambda_2 - \lambda_1 \) and

\[
\mathbf{s}(\mathbf{u}_1, (\lambda_1 + \Delta \lambda) \bar{\mathbf{u}}) = \mathbf{s} \begin{bmatrix} \mathbf{u}_1 \\ (\lambda_1 + \Delta \lambda) \bar{\mathbf{u}} \end{bmatrix}. \tag{13}
\]

Furthermore, the stiffness matrix \( \tilde{\mathbf{K}} \) is the part of the tangent stiffness matrix, computed in \( \mathbf{u}_1 \), related to the unknowns collected in \( \mathbf{u} \).

The drawback of Newton’s scheme, see Eq. (12), is related to the singularity of the tangent stiffness matrix. An arc-length strategy, see [40], is implemented. The equilibrium path is described by using as parameter its arc-length. A detailed description of an efficient implementation of the arc-length iterative scheme can be found in [41]. Here we only describe necessary
computational details of the present code. A simple way to introduce some form of orthogonality conditions is to start from the residual expression

$$
 r(u_1 + \Delta u + \hat{u}, (\lambda_1 + \Delta \lambda + \hat{\lambda})\bar{u}) \approx s(u_1 + \Delta u, (\lambda_1 + \Delta \lambda)\bar{u} + \tilde{K}\begin{bmatrix} \hat{u} \\ \lambda\bar{u} \end{bmatrix} = 0, 
$$

(14)

where $\hat{\lambda}$ and $\hat{u}$ define the needed corrections to the extrapolations $\lambda_1 + \Delta \lambda$ and $u_1 + \Delta u$. As before, $\tilde{K}$ is the part of the tangent stiffness matrix, now computed in $u_1 + \Delta u$, related to the free unknowns. A general form of the constraint equation necessary to make the number of equations equal to the unknowns reads

$$
 \Delta u^T C\dot{u} + \gamma \Delta \lambda \dot{\lambda} = 0, 
$$

(15)

where $C$ and $\gamma$ are a matrix and a scalar, respectively, that can be chosen to, e.g., improve the convergence or make simpler the necessary calculations. The condition (15) is general and can be interpreted as a representation of orthogonality between extrapolation ($\Delta \lambda, \Delta u$) and correction ($\dot{\lambda}, \dot{u}$).

From Equation (14) the correction $\dot{u}$ on the displacement are obtained

$$
 \dot{u} = -\tilde{K}^{-1}s(u_1 + \Delta u, (\lambda_1 + \Delta \lambda + \hat{\lambda})\bar{u}), 
$$

(16)

Using Eq. (15), the correction $\dot{\lambda}$ becomes

$$
 \dot{\lambda} = \frac{\Delta u^T C\tilde{K}^{-1}s(u_1 + \Delta u, (\lambda_1 + \Delta \lambda)\bar{u})}{\gamma \Delta \lambda - \Delta u^T C\tilde{K}^{-1}\Delta s}, 
$$

(17)

where

$$
 \Delta s = \frac{s(u + \Delta u, (\lambda + \Delta \lambda + \hat{\lambda})\bar{u}) - s(u + \Delta u, (\lambda + \Delta \lambda)\bar{u})}{\hat{\lambda}}. 
$$

(18)

Equations (16) and (17) are general but can be particularized to obtain very simple expressions and computational efficiency. Choosing as $(\gamma, C)$ the couple $(0, \tilde{K})$ very simple expressions for the corrections are obtained. The corresponding expression for $\dot{\lambda}$ is given by

$$
 \dot{\lambda} = -\frac{\Delta u^T s(u_1 + \Delta u, (\lambda_1 + \Delta \lambda)\bar{u})}{\Delta u^T \Delta s}. 
$$

(19)

The algorithm outlined above requires the definition of the first extrapolation in each step. The straightforward way is its evaluation using the results of the previous steps. Using the quantities already defined

$$
 \Delta \lambda = m(\lambda_1 - \lambda_0), \\
 \Delta u = m(u_1 - u_0), 
$$

(20)

having used the adaptive coefficient $m$ to modify the arc-length during the step-by-step procedure. In practice, the adaptive coefficient serves to increase the step-length in the parts of the
equilibrium path that are \textit{practically linear}, and decrease the step-length in the parts of the equilibrium path that are highly nonlinear. A simple and efficient formula for the adaptive coefficient $m$, see [42], is
\begin{equation}
    m = 1 - \frac{r_l - n_l}{r_l + n_l},
\end{equation}
which modifies the arc-length on the basis of $r_l$, the actual loops, and $n_l$, the needed loops, necessary to achieve the convergence in the current step. For the first step $m = 1$ and the value of $\Delta \lambda$ is fixed. In this way, the arc-length is implicitly defined by computing the corresponding value of $\Delta u$.

6. \textsc{Calibration of the numerical model}

The determination of the constitutive parameters introduced in the enhanced Piola–Hencky model starting from the geometry and the mechanical properties of the pantographic specimens is not straightforward [43]. The issue concerning micro-macro identification processes has been addressed from many points of view [16] and we refrain from studying it here. Instead the introduced micro-constitutive parameters are calibrated in order to fit the experimental data at the macro-level. To this end a parametric study was performed wherein some simple estimates of the stiffness parameters are obtained, and then varied over a range suggested by these first estimates. Given the DIC results reported in Section 3.1, another could be followed in the future, provided the measurements are performed at the micro-level.

The procedure starts by considering the geometrical data of the technical drawing reported in Fig. 2. From these a simple first estimate of the stiffness parameters of the discrete model is obtained using the results given by the solution of De Saint Venant problem. In practice, for a straight beam of initial length $L$, cross-sectional area $A$, and inertia $J$, the stiffnesses $a$ and $b$ are estimated as
\begin{equation}
    a = \frac{YA}{\ell}, \\
    b = c \frac{YJ}{\ell},
\end{equation}
where $Y$ is the Young’s modulus $= L/\ell$ the number of segments whose sum is the length of the beam, and $c = 1 - \ell/L$ a coefficient accounting for the actual number of bending elastic joints. This coefficients rapidly goes to one when the number of segments increases (this hypothesis is not made herein).

Geometric data taken from the technical drawing reported in Fig. 2 may be considered accurate of within 0.1 mm. Conversely, the value of the Young’s modulus, which affects both stiffnesses $a$ and $b$, has to be evaluated carefully. Technical references on the polyamide used in the 3D printing process suggest a value of 1700 MPa.\footnote{see \url{https://www.shapeways.com/rrstatic/material_docs/mds-strongflex.pdf}.} Figure 16 reports the computed global
structural reaction \( R \) (in red), by means of the Piola–Hencky discrete model, and the same quantity obtained by measurements (in black). The numerical model using the nominal stiffness parameters overestimates \( R(\lambda = 1) \).

![Figure 16. Extension bias test. Global reaction \( R \) computed (in red) and measured (in black) vs. non-dimensional applied displacement \( \lambda \) for \( Y = 1700 \text{ MPa} \).](image)

As another estimate that can provide an improved fit, the results of the numerical simulation are rescaled simultaneously modifying the stiffness parameters \( a \) and \( b \) with an additional condition, for example that \( R(\lambda = 1) \) be the same for the computed and measured global reactions. The Young’s modulus \( Y \) was determined minimizing the discrepancy, through a suitable measure of chosen quantities, between numerical and physical models. A least-squares approach has been selected \[44\]

\[
\delta = \| x - \bar{x} \|^2 ,
\]

where \( \delta \) is the measure of the discrepancy, in this case the \( L_2 \)-norm of the differences between \( x \) and \( \bar{x} \), that is between the predicted, by the numerical model, and the measured, from the physical experiment, data. There are many possible choices (e.g. the discrepancy between the configuration of the pivots relative to the same value of the non-dimensional applied displacement \( \lambda \), or the discrepancy between the predicted and measured global reaction(s) for various levels of \( \lambda \)).

The best identified values, using as additional condition that \( R(\lambda = 1) \) be the same for the numerical simulation and physical experiment, for the stiffnesses are \( a = 307.1 \text{ N/mm} \) and \( b = 62.23 \text{ Nmm} \), which correspond to an identified value of \( Y = 950 \text{ MPa} \). The numerical
results relative to this set of stiffnesses $a$ and $b$ are reported in Figs. 17 and 18. In Fig. 17

![Diagrams showing deformation history](image)

**Figure 17.** Extension bias test. Deformation history for four values (0.25, 0.5, 0.75 and 1) of the non-dimensional applied displacement $\lambda$ for $a = 307.1$ N/mm and $b = 62.23$ Nmm (the color map shows the strain energy density on each micro-beam).

the history of deformation is reported for four selected values of the non-dimensional applied displacement $\lambda$ (0.25, 0.5, 0.75 and 1) whereas in Fig. 18 the comparison between the computed and measured reactions *versus* $\lambda$ (a) and the strain energy split in axial and bending parts are shown when $\lambda$ increases (b).

The most important differences between the numerical simulation and the experiment are:

1. the pronounced shrinkage in the middle part of the specimen mostly for high values of $\lambda$;
Figure 18. Extension bias test. Global reaction (in black: measured force) $R$ (a) and contributions to the strain energy $E$ of the axial $E_a$ and bending $E_b$ parts (b) vs. non-dimensional applied displacement $\lambda$ when $a = 307.1$ N/mm and $b = 62.23$ Nmm.

(2) the experimental curve $R(\lambda)$ may be approximatively considered as bilinear formed by two straight lines; the same could be said for the computed curve with the transition point shifted forward and a steeper second segment.

Guided by the estimates described above a parametric study of the stiffness set was performed by computing the global reaction $R$ when $\lambda$ varies between 0 and 1. For the sake of clarity, only the curves obtained by varying the axial stiffness $a$ from 50 to 500 N/mm and the bending stiffness $b$ from 20 Nmm to 200 Nmm are reported (Fig. 19). From the previous results, it is concluded that:

(1) a reduction of the slope of the second part of the $R(\lambda)$ curve is obtained increasing $b$;
(2) the value $R(\lambda = 1)$ is largely influenced by $a$ and much less from $b$;
(3) the slope of the first part of $R(\lambda)$ curve is constant and the curves are shifted upward increasing $b$ and much less increasing $a$.

These observations suggest a further refinement on the stiffnesses $a$ and $b$, using as best fit criterion that of minimizing the discrepancy between the whole curve, keeping the value $R(\lambda = 1)$, gives the values 190 N/mm and 180 Nmm, respectively. Figures 20 and 21 show the results obtained by using this set of stiffnesses. Figure 20 reports the history of the deformation for $\lambda$ varying in the set {0.25, 0.5, 0.75, 1} (color map shows the density of the energy level on the micro-beam).

Figure 21 compares the computed and measured $R(\lambda)$ responses, and the strain energy contributions, split into extensional $E_a$ and flexural $E_b$ parts, respectively.
Conversely, minimizing the discrepancy between the second part of the curve, and keeping always the reaction $R(\lambda = 1)$, gives the values 148 N/mm and 280 Nmm, respectively (Figs. 22 and 23). This last fitting procedure seems rather reliable. The coefficients that were obtained by fitting the shapes and force/displacement relationship for selected elongations continue to be effective in predicting the experimental results outside the range of fitting as well. The procedure could be further refined by introducing some shear resistance in the pivots, thereby introducing some spatial variability.

### 7. Concluding remarks and future challenges

A discrete Lagrangian model of the considered mechanical system was introduced based on the physical understanding of its properties. No continuum model was considered or constructed as the result of a homogenization step. The most suitable continuum model should include the dependence of strain energy on the second gradient of displacement, and this requires the introduction of more complex modeling concepts and constitutive parameters. The lack of micro-scale torsional (and macro-scale shear) strain energy in the interconnecting pivots is the ultimate cause of the Vietnam long neck shapes that are observed both in experiments
Figure 20. Extension bias test. Deformation history for four values (0.25, 0.5, 0.75 and 1) of the non-dimensional applied displacement $\lambda$ for $a = 190$ N/mm and $b = 180$ Nmm (the color map shows the strain energy density on each micro-beam).

and numerical simulations. These shapes are also the source of many conceptual and numerical difficulties whose rigorous mathematical treatment requires, when using continuum models [45, 46, 47], the use of advanced functional concepts [4].

There is another reason for which a discrete model was preferred herein. There are many material systems in which the discrete approach is preferable over a continuum formulation. The presented discrete model and the second gradient continuum Ansatz are not able to describe the effects of compression when fibers actually touch each other in very large deformation regimes [48]. In order to handle such phenomenology some strongly nonlinear nodal interactions need to be incorporated, which in discrete models make energetically difficult the too close placement of adjacent fibers, or exponentially increasing deformation potentials in the continuum model.
Finally, some future challenges, which will be tackled in the next future, are listed:

1. the numerical model developed herein considered the elastic regime. Repeated loading/unloading steps should be analyzed and extra constitutive parameters will be required [49];

2. the experimental evidence compared with numerical predictions involved very few data (e.g. reaction forces, some global elongations); it has been observed a posteriori that the deformed and predicted shapes are rather close. This methodology, however reliable and effective, does not allow for a complete use of all available data. It was shown that digital image correlation could be used to quantify the whole experimental kinematics. A complete comparison between measured and computed displacement fields is to be performed for validation and calibration purposes.

3. the experimental set up has high performances. However, its elongation is insufficient to always achieve failure. Changing the geometry of the pantographic substructure (e.g. the fiber angle [30]) may lead to failure of specimens in the available range of applied displacements, say, in shear tests [26]. Similarly the beam spacing or their sections can be altered;

4. in this paper the stiffnesses of the enhanced Piola–Hencky model were assumed to be invariable over the whole pantographic sheet. This hypothesis may be relaxed with no increasing computational cost. That allows the study of pantographic sheets with defects, see [50], or the optimization of the stiffnesses of micro-beams and pivots;

5. the extension of this study to dynamic cases could give some suggestions for the use of pantographic sheets for mitigating the effects of shocks and vibrations [51, 52, 53, 54];
Figure 22. Extension bias test. Deformation history for four values (0.25, 0.5, 0.75 and 1) of the non-dimensional applied displacement $\lambda$ for $a = 148 \text{ N/mm}$ and $b = 280 \text{ Nmm}$ (the color map shows the strain energy density on each micro-beam).

(6) an adaptation of the discrete model presented herein could be profitably used to model wrinkling mechanics of specifically designed specimens [55];

(7) the enhanced Piola–Hencky discrete model could be considered in the study granular media [56, 57, 58, 59], or foams with Pott’s model [60, 61, 62].

References

Figure 23. Numerical simulation of the bias extension test. Global reaction (in black: measured force) $R$ (a) and contributions to the strain energy $E$ of the axial $E_a$ and bending $E_b$ parts (b) vs. the non-dimensional applied displacement $\lambda$ for $a = 148 \text{ N/mm}$ and $b = 280 \text{ N/mm}$.


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