



**HAL**  
open science

## Progressive ontogenetic niche shift over the prolonged immaturity period of wandering albatrosses

Alice Carravieri, Henri Weimerskirch, Paco Bustamante, Yves Cherel

### ► To cite this version:

Alice Carravieri, Henri Weimerskirch, Paco Bustamante, Yves Cherel. Progressive ontogenetic niche shift over the prolonged immaturity period of wandering albatrosses. *Royal Society Open Science*, 2017, 4 (10), pp.171039. 10.1098/rsos.171039 . hal-01616150

**HAL Id: hal-01616150**

**<https://hal.science/hal-01616150>**

Submitted on 12 Nov 2019

**HAL** is a multi-disciplinary open access archive for the deposit and dissemination of scientific research documents, whether they are published or not. The documents may come from teaching and research institutions in France or abroad, or from public or private research centers.

L'archive ouverte pluridisciplinaire **HAL**, est destinée au dépôt et à la diffusion de documents scientifiques de niveau recherche, publiés ou non, émanant des établissements d'enseignement et de recherche français ou étrangers, des laboratoires publics ou privés.

# **Progressive ontogenetic niche shift over the prolonged immaturity period of wandering albatrosses**

Alice Carravieri<sup>1\*</sup>, Henri Weimerskirch<sup>1</sup>, Paco Bustamante<sup>2</sup> and Yves Cherel<sup>1</sup>

<sup>1</sup>*Centre d'Etudes Biologiques de Chizé, UMR 7372 CNRS-Université de La Rochelle, 79360 Villiers-en-Bois, France*

<sup>2</sup>*Littoral Environnement et Sociétés (LIENSs), UMR 7266 CNRS-Université de la Rochelle, 2 rue Olympe de Gouges, 17000 La Rochelle, France*

\* Corresponding author: A. Carravieri, [alice.carravieri@gmail.com](mailto:alice.carravieri@gmail.com)

## **Abstract**

Very little is known about trophic ontogenetic changes over the prolonged immaturity period of long-lived, wide-ranging seabirds. By using blood and feather trophic tracers ( $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$ , and mercury, Hg), we studied age-related changes in feeding ecology during the immature phase of wandering albatrosses *Diomedea exulans* when they gradually change from a pure oceanic life to visits to their future breeding grounds. Immatures fed in subtropical waters at high trophic positions during moult. Between- and within-individual variations in isotopic niche were very high, irrespective of age, highlighting wide-ranging exploratory behaviours. In summer, while acting as central-place foragers from their future breeding colony, individuals progressively relied on lower trophic level prey and/or southern latitudes as they aged, until occupying a similar isotopic niche to that of adults. Immatures had exceptionally high Hg burdens, with males having lower Hg concentrations than females, suggesting that they foraged more in subantarctic waters. Our findings suggest a progressive ontogenetic niche shift during central-place foraging of this long-lived species.

## 1. Introduction

In long-lived species, young individuals have a critical impact on population dynamics through their survival and recruitment rates [1]. The immaturity stage may last several years, with the first breeding attempt occurring well after physiological maturity. Young individuals may need a long learning period to increase their foraging skills and body condition [2] before being recruited into the breeding population [3]. This might be exacerbated in marine environments, where prey occurrence is patchy and difficult to predict, thus involving complex foraging skills. As such, a failure in optimizing food acquisition leads to mortality in seabirds during the first months of independence [1]. Ontogenetic changes in feeding ecology over the immaturity stage have been rarely quantified [4]. Yet, they could be critical in shaping how immatures become adults, and explaining their prolonged breeding deferral.

Feeding ecology of immature seabirds is largely unknown, with diet information being biased towards chicks and breeding adults [4]. Lack of information is especially significant in species displaying large-scale movement strategies and prolonged immaturity such as albatrosses, which spend this period almost exclusively at sea. For instance, juvenile wandering albatrosses *Diomedea exulans* have a pure oceanic life for 2 years at least (average 5 years) after leaving their birth place [3]. Then, in order to search for future mates, they visit their natal colonies as immatures for short periods. During these visits, immatures are central-place foragers, and have either to compete with adults or to exploit different habitats [5] and/or prey. Over years, immatures could learn to use the waters surrounding the colony and gradually change their feeding behaviour to match that of adults (progressive ontogenetic shift hypothesis [4]).

Here, we quantify age-related differences in feeding ecology in immature wandering albatrosses from the Crozet Islands (southern Indian Ocean) by using trophic tracers ( $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$ , and mercury, Hg). Trophic information was obtained over two temporal scales: when

immatures disperse widely and moult over oceanic waters (feathers), and when they behave as central-place foragers during visits to the colony (blood). Under the progressive ontogenetic shift hypothesis [4], we expected trophic tracer values to change gradually with age until becoming similar to those of adults.

## 2. Material and methods

Thirty-nine immature wandering albatrosses were sampled in January-March 2015 on Possession Island, Crozet Archipelago (46°S, 52°E), where a long-term capture-mark-recapture programme of the entire population started in 1966 [3]. Individuals were 3–8 years old and had never attempted reproduction. Blood (1.5 ml) was taken from the tarsal vein with 2 ml syringes and kept in ethanol (70%) until analyses. One dorsal body feather was sampled from the lower back and 1–2 cm sections of barbs were cut from primary feathers. Wandering albatrosses have a protracted wing moult pattern, with up to three generations of primaries being present simultaneously and identifiable by their degree of wear: new (not abraded, less than or equal to 1 year old), intermediate (abraded, 1–2 years old), and old (very abraded, more than or equal to 2 years old) feathers [6,7]. The bird age at feather synthesis was therefore deduced. For example, in a 5-year-old individual a new primary (and body feather) was assigned age 4, an intermediate primary age 3 and an old primary age 2 [6,7]. Feather moult occurs entirely outside the breeding period [6,7]. In seven individuals (aged 3–5), primaries of large chicks close to fledging were still present, as shown by their low  $\delta^{13}\text{C}$ ,  $\delta^{15}\text{N}$  and Hg values ('chick feathers', table 1). These feathers were excluded from further analyses.

The isotopic niche was used as proxy of the trophic niche.  $\delta^{15}\text{N}$  values reflect the birds' trophic position, while  $\delta^{13}\text{C}$  values represent their feeding habitats [8]. Whole blood and feather

isotopic values reflect dietary intake in the last month and during feather synthesis, respectively. Hg is a highly toxic, non-essential metal that biomagnifies up food webs. Top predators thus accumulate Hg through food intake [9]. In the southern Indian Ocean, there is a latitudinal gradient in Hg transfer to predators, with wandering albatrosses feeding in warm subtropical waters having higher blood Hg concentrations than those feeding in colder, southern waters [10]. Blood Hg burden is thus a feeding habitat proxy. Furthermore, Hg is excreted in feathers, with concentrations reflecting accumulated burdens over the inter-moult period [11]. Stable isotope, Hg and statistical analyses are presented in the electronic supplementary material.

### 3. Results

Moulting immatures fed extensively in subtropical waters, with feather  $\delta^{13}\text{C}$  values being generally above  $-18.3\text{‰}$  [8]. Feather  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  values were correlated (table 2). Age had no effect on between individual differences in feather  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  values (table 2). No gender differences were detected in feather  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  values (tables 1 and 2). Within-individual variation in feather  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  values was very high, because including a random intercept for individuals did not significantly improve model fit and explained a small part of the variance (table 2). Feather Hg concentrations decreased significantly with age in both females and males (figure 1 and table 2), with the latter having lower concentrations (tables 1 and 2). Including a random intercept for individuals improved model fit (table 2), indicating low within-individual variation in feather Hg concentrations.

Blood  $\delta^{13}\text{C}$  values indicated that immature wandering albatrosses fed in subtropical ( $\delta^{13}\text{C}$  values  $> -20.1\text{‰}$  [8]) and subantarctic waters ( $-22.9\text{‰} < \delta^{13}\text{C}$  values  $< -20.1\text{‰}$  [8]) while visiting Crozet Islands. Blood  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  values were correlated (table 2). Males had lower blood  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  values than females (table 1) but the difference was not significant (table 2). Interestingly, blood  $\delta^{15}\text{N}$  values decreased with age (figure 2), but the relationship was

marginally non-significant, as shown by the small effect size (table 2). By contrast, blood  $\delta^{13}\text{C}$  and Hg values were not age-related (table 2). Blood Hg concentrations were significantly higher in females than in males (tables 1 and 2).

#### **4. Discussion**

This study presents novel trophic ecology data of the understudied yet crucial immaturity stage of a long-lived, wide-ranging seabird. Critically, results suggest that feeding habits during central-place foraging changed in a progressive manner over immaturity, and that effort should be made to study prey choice of immature seabirds as they age.

##### ***4.1. Moulting feeding habits***

During breeding, wandering albatrosses feed extensively on squids, and rely also on fish and carrion [8,12]. Yet, very little is known on their diet outside the breeding period and during immaturity. This study confirms that moulting immatures fed extensively in subtropical waters, irrespective of gender, and occupied a very high trophic position [8]. Moreover, we showed that both between- and within individual variations in isotopic niche were high, suggesting that immatures varied largely in their feeding habits during moult. This is consistent with the large number of oceanic destinations visited by juvenile wandering albatrosses during their first year at sea, with some individuals showing multiple strategies [13]. Between-individual variation in feeding strategies is high in all age classes [8], but adult wandering albatrosses show long-term fidelity to foraging grounds and dietary specialization [14,15]. Although tracking investigations should complement this study in order to understand subtler ontogenetic changes in feeding ecology, our results suggest that individuals continue their wide range exploration during immaturity following the juvenile stage, whereas fidelity to specific moulting grounds or

dietary specialization takes place during the transition phase to maturity, or later during adulthood.

#### *4.2. Feeding habits during summer*

Trophic segregation of immature and breeding individuals has often been documented and could be the result of inferior foraging skills of immatures, and/or competition with adults [4,8]. While at Crozet Islands, immatures perform short foraging trips in waters surrounding the colony, where the competition with breeding adults might be high [5]. Indeed, young immatures here had higher blood  $\delta^{15}\text{N}$  values than breeding individuals (data from a previous study on the same population [8]), but there was a decreasing trend towards lower values as they aged (figure 2). The small size effect of this age-related decrease is likely due to the small sample size. Immatures showed also an age-related decrease, although not significant, in blood  $\delta^{13}\text{C}$  values. Hence, immatures progressively relied on lower trophic level prey and/or exploited colder, subantarctic waters as they aged, until having a similar niche to that of adults. These results support the progressive ontogenetic niche shift hypothesis during central-place foraging. Increasing foraging and/or competition skills of immatures as they age might enable them to select and/or access higher-quality habitats and prey around the colony. This could be critical to manage the constraints of central-place foraging and reach the body condition necessary for breeding onset [3]. The age-related niche shift was evident in blood (central-place foraging niche), but not in feathers (moulting niche), but this is not in opposition with the progressive ontogenetic niche shift hypothesis, because immatures are not exposed to the same constraints when they are central-place foragers and when they moult. Indeed, when not bound to the colony, both juveniles [13] and adults [14] disperse over huge distances, with high between-individual variation in oceanic destinations, which likely weakens intra-specific competition.

The higher competition pressure around the breeding colony likely drives the ontogenetic niche shift more clearly than during moult.

#### ***4.3. Further insights from Hg exposure***

Immature wandering albatrosses had extremely high feather and blood Hg concentrations, in agreement with their high trophic position and subtropical feeding habitats [11,16]. High Hg burdens also stem from the albatrosses' protracted moult cycle, which results in smaller Hg quantities that are excreted each year [11,16]. This mechanism could explain the age-related decrease in Hg concentrations described here. Moult is energetically demanding, thus in conflict with maintenance in young individuals, limiting the amount of feathers that can be replaced each year [7]. Over the immaturity period, with increasing foraging skills, immatures may become more efficient in energy intake and allocation, and feather replacement more regular, implying a decrease in Hg body burdens. Moreover, during visits to the natal colony, immatures gradually relied more on subantarctic waters, where Hg exposure is lower [10], thus boosting the age-related Hg decrease. Males had lower Hg concentrations than females, indicating that they spent more time in subantarctic waters. Males' preference for cold, southern latitudes could thus occur earlier than previously thought [8]. Alternatively, the larger size of males [6,7] could account for a greater dilution of Hg body burdens, or they could be physiologically less prone to Hg accumulation than females. Hg concentrations were higher than past reports, especially in females [10,11], suggesting a temporal increase in Hg bioavailability in the southern Indian Ocean, and/or a trophic shift to more Hg-contaminated prey. Young individuals are more sensitive than adults to environmental stressors, including contaminants [9]. Monitoring Hg exposure and toxic effects in immature wandering albatrosses should thus be a research priority.

**Ethics.** The Ethics Committee of the French Polar Institute approved the field procedure (IPEV, project no. 109: H.W.).

**Authors' contributions.** H.W., Y.C.: study conception and design; A.C., Y.C., H.W.: analysis and interpretation; A.C., manuscript writing. All authors approve the final version of the manuscript and agree to be held accountable for the content therein.

**Conflict of interest.** The authors declare that there are no conflicts of interest.

**Funding.** This study is a contribution to the Program EARLYLIFE funded by a European Research Council Advanced Grant under the European Community's Seven Framework (grant agreement FP7/2007–2013/ERC-2012-ADG\_20120314 to H.W.).

**Acknowledgements.** The authors thank C. Morey Rubio for sample collection, J. Collet for helpful discussions, and the LIENSs' Plateforme Analyses Élémentaires and Isotopiques (in particular, M. Brault-Favrou, C. Churlaud and G. Guillou). The IUF (Institut Universitaire de France) is acknowledged for its support to P.B.

## References

1. Daunt F, Afanasyev V, Adam A, Croxall JP, Wanless S. 2007 From cradle to early grave: juvenile mortality in European shags *Phalacrocorax aristotelis* results from inadequate development of foraging proficiency. *Biol. Lett.* **3**, 371–374. (doi:10.1098/rsbl.2007.0157)
2. Lack D. 1954 *The natural regulation of animal numbers*. Clarendon. Oxford.
3. Weimerskirch H. 1992 Reproductive Effort in Long-Lived Birds: Age-Specific Patterns of Condition, Reproduction and Survival in the Wandering Albatross. *Oikos* **64**, 464–473. (doi:10.2307/3545162)
4. Campioni L, Granadeiro JP, Catry P. 2016 Niche segregation between immature and adult seabirds: does progressive maturation play a role? *Behav. Ecol.* **27**, 426–433. (doi:10.1093/beheco/arv167)
5. Riotte-Lambert L, Weimerskirch H. 2013 Do naive juvenile seabirds forage differently from adults? *Proc. Biol. Sci.* **280**, 20131434. (doi:10.1098/rspb.2013.1434)
6. Weimerskirch H. 1991 Sex-specific differences in molt strategy in relation to breeding in the wandering albatross. *Condor* , 731–737.
7. Prince PA, Weimerskirch H, Huin N, Rodwell S. 1997 Molt, Maturation of Plumage and Ageing in the Wandering Albatross. *The Condor* **99**, 58–72. (doi:10.2307/1370224)
8. Jaeger A, Goutte A, Lecomte VJ, Richard P, Chastel O, Barbraud C, Weimerskirch H, Cherel Y. 2014 Age, sex, and breeding status shape a complex foraging pattern in an extremely long-lived seabird. *Ecology* **95**, 2324–2333. (doi:10.1890/13-1376.1)
9. Wolfe MF, Schwarzbach S, Sulaiman RA. 1998 Effects of mercury on wildlife: a comprehensive review. *Environ. Toxicol. Chem.* **17**, 146–160.
10. Carravieri A *et al.* 2014 Wandering Albatrosses Document Latitudinal Variations in the Transfer of Persistent Organic Pollutants and Mercury to Southern Ocean Predators. *Environ. Sci. Technol.* **48**, 14746–14755. (doi:10.1021/es504601m)
11. Bustamante P, Carravieri A, Goutte A, Barbraud C, Delord K, Chastel O, Weimerskirch H, Cherel Y. 2016 High feather mercury concentrations in the wandering albatross are related to sex, breeding status and trophic ecology with no demographic consequences. *Environ. Res.* **144, Part A**, 1–10. (doi:10.1016/j.envres.2015.10.024)
12. Cherel Y, Xavier JC, de Grissac S, Trouvé C, Weimerskirch H. 2017 Feeding ecology, isotopic niche, and ingestion of fishery-related items of the wandering albatross *Diomedea exulans* at Kerguelen and Crozet Islands. *Mar. Ecol. Prog. Ser.* **565**, 197–215.
13. de Grissac S, Börger L, Guitteaud A, Weimerskirch H. 2016 Contrasting movement strategies among juvenile albatrosses and petrels. *Sci. Rep.* **6**. (doi:10.1038/srep26103)

14. Weimerskirch H, Delord K, Guitteaud A, Phillips RA, Pinet P. 2015 Extreme variation in migration strategies between and within wandering albatross populations during their sabbatical year, and their fitness consequences. *Sci. Rep.* **5**. (doi:10.1038/srep08853)
15. Ceia FR, Phillips RA, Ramos JA, Cherel Y, Vieira RP, Richard P, Xavier JC. 2012 Short- and long-term consistency in the foraging niche of wandering albatrosses. *Mar. Biol.* **159**, 1581–1591.
16. Tavares S, Xavier JC, Phillips RA, Pereira ME, Pardal MA. 2013 Influence of age, sex and breeding status on mercury accumulation patterns in the wandering albatross *Diomedea exulans*. *Environ. Pollut.* **181**, 315–320. (doi:10.1016/j.envpol.2013.06.032)

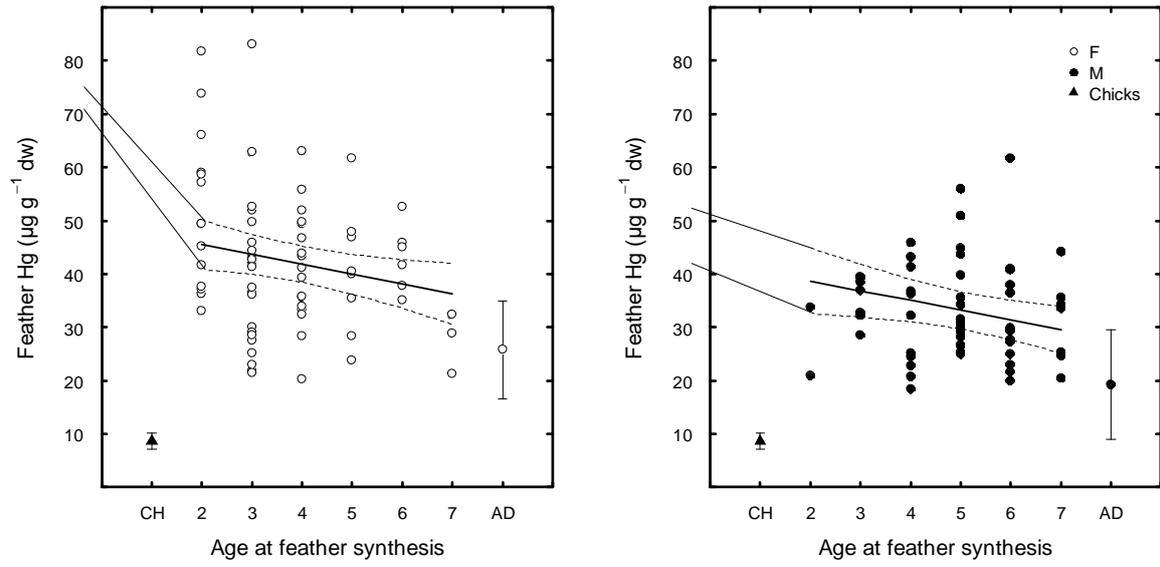
**Table 1.** Feather and blood  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  values and Hg values in immature wandering albatrosses from Crozet Islands.

	<i>N</i>	$\delta^{13}\text{C}$ (‰) mean $\pm$ s.d. [min; max]	$\delta^{15}\text{N}$ (‰) mean $\pm$ s.d. [min; max]	Hg ( $\mu\text{g g}^{-1}$ dw) mean $\pm$ s.d. [min; max]
feathers <sup>a</sup>				
F	22	$-16.6 \pm 0.4$ [-17.8; -16.0]	$17.3 \pm 0.5$ [16.2; 18.2]	$42.9 \pm 9.5$ [28.1; 65.1]
M	17	$-16.7 \pm 0.4$ [-17.8; -15.8]	$17.2 \pm 0.4$ [16.4; 17.9]	$33.1 \pm 6.7$ [25.0; 51.4]
chicks	7	$-20.0 \pm 0.5$ [-20.5; -19.3]	$14.9 \pm 0.4$ [14.3; 15.5]	$8.6 \pm 1.5$ [6.2; 10.4]
blood				
F	22	$-20.0 \pm 0.6$ [-21.1; -18.8]	$14.4 \pm 0.4$ [13.2; 15.3]	$11.0 \pm 3.6$ [5.0; 19.4]
M	17	$-20.3 \pm 0.5$ [-21.6; -19.2]	$14.0 \pm 0.4$ [13.3; 15.0]	$7.7 \pm 2.7$ [3.5; 14.4]

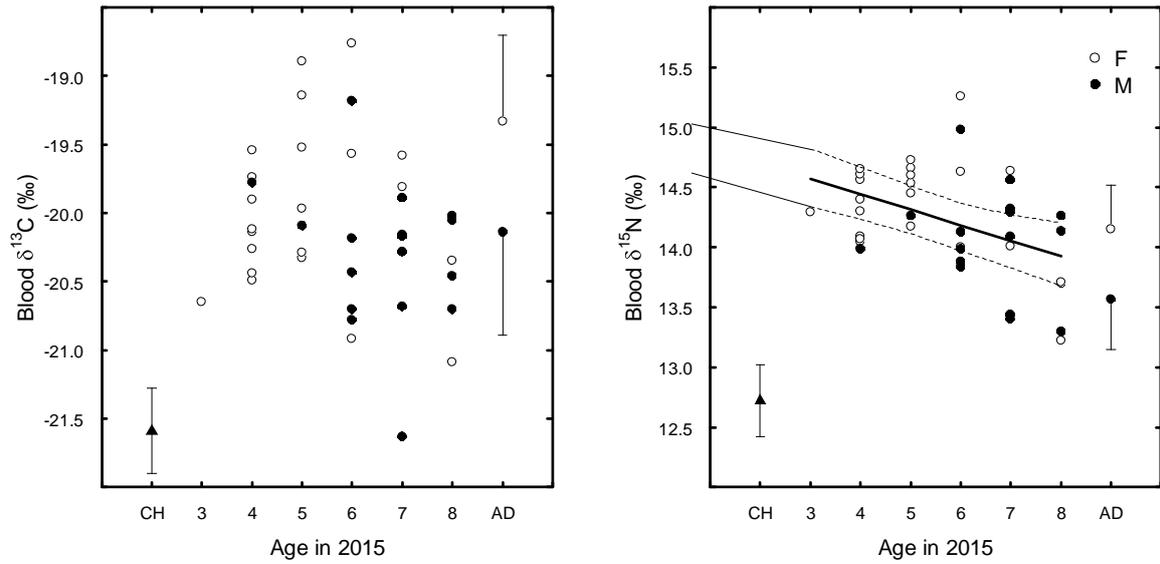
<sup>a</sup> Immature body and primary feather values were pooled (n=3 or 4 per bird), while chick feathers are primaries only (n=1 per bird).

**Table 2.** Effects of age and sex on feather and blood  $\delta^{13}\text{C}$ ,  $\delta^{15}\text{N}$  and Hg values, and of individual random effects on feather values only, in immature wandering albatrosses from Crozet Islands. s.e., standard error; CI, 95% confidence interval; Adj., Mar. and Cond.  $R^2$ , adjusted, marginal and conditional  $R^2$ , respectively; LR, log-likelihood ratio.

	model specification	model significance	explained variance/deviance			effect sizes				
			Adj $R^2$	Mar $R^2$	Cond $R^2$	variable	estimate $\pm$ s.e.	CI	statistics	p-value
feathers	linear mixed effect models, $N = 136$									
$\delta^{15}\text{N}$	$\sim\delta^{13}\text{C} + 1:\text{Individual}$	LR = 85.12; $p < 0.0001^{***}$	—	0.47	0.50	$\delta^{13}\text{C}$	$0.84 \pm 0.08$	[0.69; 0.99]	$t = 10.9$	$<0.0001^{***}$
$\delta^{13}\text{C}$	$\sim\text{Age} + \text{Sex} + 1:\text{Individual}$	LR = 2.02; $p = 0.364$	—	0.02	0.16	Age	$0.04 \pm 0.05$	[-0.14; 0.06]	$t = -0.82$	0.417
						Sex (M)	$-0.11 \pm 0.16$	[-0.43; 0.21]	$t = -0.72$	0.477
						1:Individual	—	—	LR = 1.34	0.246
$\delta^{15}\text{N}$	$\sim\text{Age} + \text{Sex} + 1:\text{Individual}$	LR = 2.25; $p = 0.325$	—	0.02	0.02	Age	$-0.07 \pm 0.06$	[-0.18; 0.04]	$t = -1.25$	0.214
						Sex (M)	$-0.03 \pm 0.17$	[-0.37; 0.30]	$t = -0.20$	0.844
						1:Individual	—	—	LR < 0.0001	0.999
Hg	$\sim\text{Age} + \text{Sex} + 1:\text{Individual} + \text{VarPower}(\text{Age})$	LR = 17.52; $p = 0.0002^{***}$	—	0.05	0.12	Age	$-1.83 \pm 0.77$	[-3.37; -0.30]	$t = -2.37$	0.020*
						Sex (M)	$-6.82 \pm 2.61$	[-12.11; -1.53]	$t = -2.61$	0.013*
						1:Individual	—	—	LR = 5.70	0.017*
blood	linear (LM) or generalized linear (GLM), $N = 39$									
$\delta^{15}\text{N}$	$\sim\delta^{13}\text{C}$ (LM)	$F_{1,37} = 40.26$ ; $p < 0.0001^{***}$	0.51	—	—	$\delta^{13}\text{C}$	$0.55 \pm 0.09$	[0.37; 0.72]	$t = 6.35$	$<0.0001^{***}$
$\delta^{13}\text{C}$	$\sim\text{Age} + \text{Sex}$ (GLM, Gaussian identity)	Dev = -1.15; $p = 0.178$	0.09	—	—	Age	$-0.05 \pm 0.07$	[-0.19; 0.10]	$t = -0.61$	0.544
						Sex (M)	$-0.26 \pm 0.22$	[-0.69; 0.17]	$t = -1.19$	0.243
$\delta^{15}\text{N}$	$\sim\text{Age} + \text{Sex}$ (GLM, Gaussian identity)	Dev = -1.55; $p = 0.010^{**}$	0.20	—	—	Age	$-0.10 \pm 0.05$	[-0.20; 0.003]	$t = -1.91$	0.064
						Sex (M)	$0.16 \pm 0.15$	[-0.46; 0.14]	$t = -1.05$	0.303
Hg	$\sim\text{Age} + \text{Sex}$ (GLM, Gamma inverse)	Dev = -1.24; $p = 0.004^{**}$	0.23	—	—	Age	$-0.004 \pm 0.004$	[-0.01; 0.004]	$t = -0.95$	0.350
						Sex (M)	$0.04 \pm 0.01$	[0.02; 0.07]	$t = 3.23$	0.003**



**Figure 1.** Feather Hg concentrations decrease with age in female (left panel) and male (right) immature wandering albatrosses from the Crozet Islands. Mean  $\pm$  SD is also presented for chicks (CH, Table 1) and adults (AD, [11]).



**Figure 2.** Age-related changes in blood  $\delta^{13}\text{C}$  (left) and  $\delta^{15}\text{N}$  (right) values in immature wandering albatross during summer at the Crozet Islands. Mean  $\pm$  SD is also presented for chicks (CH, authors' unpublished data 2007) and adults (AD, young breeders, [8]).

## Supplementary material

### *Stable isotope and Hg determination in blood and feathers*

The relative abundance of stable isotopes was determined in feathers (homogenised by cutting them into small fragments) and lyophilised whole blood (hereafter blood) with a continuous flow isotope ratio mass spectrometer (Thermo Scientific Delta V Advantage) coupled to an elemental analyser (Thermo Scientific Flash EA 1112) (aliquots mass: ~0.3 mg) at the laboratory LIENSs, La Rochelle, France. Results are in the usual  $\delta$  notation relative to Vienna PeeDee Belemnite and atmospheric N<sub>2</sub> for  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$ , respectively. Replicate measurements of internal laboratory standards (acetanilide) indicate measurement errors  $< 0.15$  ‰ for both  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  values. Results are given in ‰ as means  $\pm$  SD. Total mercury (Hg) was quantified with an Altec AMA 254 spectrophotometer (aliquots mass: 2-5 mg dry weight, dw). All analyses were repeated in duplicate-triplicate until having a relative standard deviation  $< 5\%$  for each individual. Accuracy was checked using a certified reference material (CRM, Tort-2 Lobster Hepatopancreas, NRC, Canada; certified Hg concentration:  $0.27 \pm 0.06$   $\mu\text{g g}^{-1}$  dw). Our measured values were  $0.28 \pm 0.02$   $\mu\text{g g}^{-1}$  dw, N = 23. Blanks were analysed at the beginning of each set of samples and the limit of detection was  $0.005$   $\mu\text{g g}^{-1}$  dw.

### *Statistical analyses*

All statistical analyses were conducted using R 3.3.2 (R Core Team 2016). Model assumptions were checked by residuals analyses. In a first step, the effect of age and sex on  $\delta^{13}\text{C}$ ,  $\delta^{15}\text{N}$  and Hg values was quantified in feathers by using linear mixed effects models (LME, package nlme, function lme), with a random intercept for individuals. The significance of within-individual variation was tested by comparing models with and without Individual as a random effect using likelihood ratio tests (LRTs). Furthermore, we calculated the marginal and conditional R<sup>2</sup>,

which represent the amount of variation explained by the fixed effects and by the fixed and random effects together, respectively, following Nakagawa and Schielzeth (2013). Since feather Hg variance decreased with age, the model's variance structure was constrained to account for age (VarPower function, power = -0.57; LRT between models including or not the VarPower variance structure: likelihood ratio (LR) = 9.97,  $p = 0.002$ ). The correlation between feather  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  values was also tested using a LME with a random intercept for Individual. In a second step, the effect of age and sex on  $\delta^{13}\text{C}$ ,  $\delta^{15}\text{N}$  and Hg values was quantified in blood by using generalised linear models (GLM) with a gaussian ( $\delta^{13}\text{C}$ ,  $\delta^{15}\text{N}$ ) or a Gamma (inverse link function, Hg) family. The correlation between blood  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  values was tested using a linear model (LM). All models were fitted with maximum likelihood (ML) and compared against an intercept-only model using LRTs. In order to estimate effect sizes, models were then refitted using restricted maximum likelihood (REML). Age and sex (with no interaction, due to small sample sizes) were included simultaneously in all models, in order to account for the unbalanced sample size (more females were sampled at age 3 and 4, and more males at age 7 and 8).

## References

- R Core Team 2016 R: A language and environment for statistical computing. R Foundation for Statistical Computing, Vienna, Austria. URL. <https://www.R-project.org/>.
- Nakagawa S, Schielzeth H 2013 A general and simple method for obtaining  $R^2$  from generalized linear mixed-effects models. *Methods Ecol Evol* 4:133–142