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HAL Id: hal-01598309
https://hal.archives-ouvertes.fr/hal-01598309
Submitted on 29 Sep 2017

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A new climate index controlling winter wave activity along the Atlantic coast of Europe: The West Europe Pressure Anomaly

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Abstract A pioneering and replicable method based on a 66-year numerical weather and wave hindcast is developed to optimize a climate index based on the sea level pressure (SLP) that best explains winter wave height variability along the coast of western Europe, from Portugal to UK (36–52°N). The resulting so-called Western Europe Pressure Anomaly (WEPA) is based on the sea level pressure gradient between the stations Valentia (Ireland) and Santa Cruz de Tenerife (Canary Islands). The WEPA positive phase reflects an intensified and southward shifted SLP difference between the Icelandic low and the Azores high, driving severe storms that funnel high-energy waves toward western Europe southward of 52°N. WEPA outscores by 25–150% the other leading atmospheric modes in explaining winter-averaged significant wave height, and even by a largest amount the winter-averaged extreme wave heights. WEPA is also the only index capturing the 2013/2014 extreme winter that caused widespread coastal erosion and flooding in western Europe.

1. Introduction

Large-scale patterns of atmospheric and oceanic variability on interannual and longer timescales, which are usually characterized in terms of oscillation around the mean, can be explained by teleconnections at the global scale [e.g., McPhaden et al., 2006]. This variability has a profound influence on temperature, rainfall or storm tracks and intensity, and, in turn, on the terrestrial and marine biosphere [Wang and Schimel, 2003; Bastos et al., 2016]. Coastal hazards are also strongly affected by large-scale climate patterns [e.g., Goodwin et al., 2016]. Barnard et al. [2015] show that the El Niño–Southern Oscillation can cause extreme coastal erosion and flooding across the Pacific, with these changes in extreme wave climate having the potential to cause dramatic change in the equilibrium state of beaches [Masselink et al., 2016a]. Therefore, winter and extreme coastal wave climate variability is a recent and important topic in climate studies [Izaguirre et al., 2010] and it becomes increasingly important to link extreme wave energy arriving locally at the coast to large-scale oceanic and atmospheric variability [e.g., Camus et al., 2014a; Perez et al., 2014].

The North Atlantic Oscillation (NAO) has long been known to affect climate variability in the Northern Hemisphere [Hurrell, 1995] and, as a result, the wave climate arriving at the west coast of Europe [e.g., Bacon and Carter, 1993; Dodet et al., 2010; Martinez-Asensio et al., 2016]. The influence of the NAO on waves along the Atlantic coast of Europe is particularly strong in the winter months [e.g., Bromirski and Cayan, 2015], when storm events are critical to both short- and long-term coastal behavior [e.g., Stive et al., 2002]. A number of studies investigated how the NAO impacts shoreline change and coastal behavior, e.g., in UK [Masselink et al., 2014] and France [Robinet et al., 2016], showing that the NAO can explain a small, but significant amount of the observed coastal variability. An explanation for this is that while the NAO has a major impact on the Atlantic winter wave height in the northern sector (NW of the British Islands), its influence is more subtle at more southern latitudes (UK, France, Spain, and Portugal [Dupuis et al., 2006]). In these regions, winter waves are more affected by other leading atmospheric modes in the North Atlantic, namely, the East Atlantic (EA) and Scandinavia (SCAND) patterns [Shimura et al., 2013]. The absence of a climate index specific to the Atlantic coast of Europe and the resulting lack of understanding of the major atmospheric control on winter wave climate along this coast is a major drawback. A striking example is the winter 2013/2014 that was characterized by extreme winter wave activity [Masselink et al., 2016a] and sea level events [Haigh et al., 2016].
along the Atlantic coast of Europe, with the largest winter-averaged wave energy arriving at the coast in middle to southern latitude, i.e., 55°N–38°N, over at least the last 67 years. This 2013/2014 winter, which caused unprecedented coastal erosion in many locations from western Europe down to Morocco [e.g., Castelle et al., 2015; Suárez et al., 2015; Masselink et al., 2016a, 2016b], was not captured by any of the above mentioned climate indices. From the perspective of coastal hazards, climate indices are therefore also relevant if they can explain extreme wave energy events, which are critical to flooding, cliff failure, and beach erosion [e.g., Menéndez et al., 2008; Ruggiero et al., 2010; Barnard et al., 2011].

Climate indices can be computed through the principal empirical orthogonal function (EOF) of surface pressure derived from numerical weather hindcast to give a physically based expression of atmospheric structure [e.g., Rogers, 1981]. Alternatively, indices based on sea level pressure (SLP) measurements can also be computed based on well-known atmospheric structures if relevant land-based measurements exist. For instance, the NAO index was first computed using measured SLP difference between Iceland and a southern station (Lisbon, Azores, or Gibraltar) to capture the variability between the Azores high and the Icelandic low [Hurrell, 1995]. EOF- and SLP-based NAO indices generally show very good agreement [Hurrell and Deser, 2009]. However, compared to EOF-based indices that need reliable numerical hindcast of large-scale SLP patterns, SLP-based indices using two SLP stations have the advantage that they can be calculated back to the early 1900s, or even 1800s, as measured weather data from more than 100 years are not uncommon across the world [Trenberth and Paolino, 1980; Goodwin, 2005; Jones et al., 2013].

In this paper, we develop a new SLP-based climate index that acts as a primary control on winter waves along the Atlantic coast of Europe. Previous studies systematically developed or used climate indices based on their atmospheric expression to further address their influences on, for instance, rainfall, temperature, or wave climate. Instead, here the index is reverse engineered from the end product, namely, winter wave height along the west coast of Europe, as large wave heights are the primary cause of coastal hazards. The optimal SLP gradient that best explains the observed variability of winter wave activity is objectively searched from a 66 year numerical weather and wave hindcast. It will be shown that our new index explains between 40% and 90% of the observed winter-averaged wave height variability from southern Ireland down to Portugal, where all the other indices explain at best 40% and that it also captures the variability of extreme wave heights. The positive phase of this climate index reflects an intensified latitudinal SLP gradient in the NE Atlantic, between Ireland and Canary Islands, driving increased W-SW winds around 45°W, as measured wind data from more than 100 years are not uncommon across the world [Trenberth and Paolino, 1980; Goodwin, 2005; Jones et al., 2013].

### 2. Data and Method

#### 2.1. Atmospheric Data and Climate Indices

We used the 6-hourly SLP and 10 m wind ($\vec{u}_{10}$) fields (2.5° × 2.5°) of the National Centers for Environmental Prediction (NCEP)/National Center for Atmospheric Research reanalysis project from January 1948 to April 2016 [Kalnay et al., 1996]. Storm tracks were computed using the algorithm described in Murray and Simmonds [1991]. This method is based on the local maxima in relative vorticity, rather than local pressure minima, as the former was shown to also identify small-scale pressure systems and was further validated in the North Atlantic Ocean [Pinto et al., 2005]. Monthly teleconnection indices, based on the rotated EOF analysis described in Barnston and Livezey [1987] and available since January 1950, were downloaded from the National Oceanic and Atmospheric Administration (NOAA) Climate Prediction Center (www.cpc.ncep.noaa.gov). We used the climate indices associated with the leading atmospheric modes in the North Atlantic and with proven links with the wave climate in the NE Atlantic [Shimura et al., 2013], namely, EOF-based NAO, EA, and SCAND.

#### 2.2. Wave Modeling

To address long-term wave height variability in the North Atlantic, we used the same approach as detailed in Masselink et al. [2016a], extending the modeling effort to span the 68 year period 1948–2016. The spectral wave model Wave Watch III V4.18 [Tolman, 2014] was implemented on a 0.5° resolution grid covering the North Atlantic Ocean (80°–0°W; 0°–70°N) forced with the 6-hourly wind fields $\vec{u}_{10}$ described in section 2.1. For more details on the modeling approach and the validation against a wealth of buoys along the European shelf, please see Masselink et al. [2016a]. Six virtual wave buoys were used to address the spatial distribution of wave heights along the entire Atlantic coast of Europe from Scotland in the North to Portugal in the south (Figure 1c): SC: Scotland; IR: Ireland; BR: Brittany; BI: Biscay; GA: Galicia; PT: Portugal.
2.3. Methodology

Winter averages of climate indices, grid point significant wave height $H_s$ and their 90%, 95%, and 99% exceedance values ($H_{90\%}$, $H_{95\%}$, and $H_{99\%}$), $\overline{u}$_{10}, and SLP were computed by averaging the monthly values for the Boreal winter (December, January, February, and March (DJFM), consistent with earlier climate studies) [e.g., Camus et al., 2014b; Martinez-Asensio et al., 2016; Ouzeau et al., 2011] from 1950 to 2016 (66 winters). The relationship between winter-averaged $H_s$ and all possible virtual climate indices was studied computing the correlation coefficient $R$ between the normalized time series of winter-averaged $H_s$ and the difference of normalized SLP between all possible grid point pairs within the whole domain ($80^\circ$ – $0^\circ$W; $0^\circ$ – $70^\circ$N). For each virtual buoy along the Atlantic coast of Europe (Figure 1c), the pair of virtual SLP stations that gave the highest correlation $R$ was used to define the optimal climate index to explain the variability of winter-averaged $H_s$ at that location. The same approach was also applied for only grid point pairs containing land within a corresponding 2.5° × 2.5° cell to further search for existing, relevant, and long-term SLP measurements.

3. Results and Discussion

Figure 1a displays the optimal winter-averaged SLP gradients obtained by searching for virtual stations anywhere within the domain. It is of interest to note that for SC and IR, the south virtual SLP station of the optimal latitudinal gradient is closer to the Iberian Peninsula than to the Azores, suggesting that correlations between NAO and winter-averaged $H_s$ for northern latitudes should be higher when using the Lisbon/Gibraltar-Reykjavik NAO SLP station-based index than when using the Ponta-Delgada (Azores)-Reykjavik NAO SLP station-based index. The corresponding correlation coefficient $R$ is high (Table 1, 0.95 and 0.93 for SC and IR, respectively), meaning that the optimal NAO-like index explains more than 86% of the winter-averaged $H_s$ variability off Scotland and Ireland. This is consistent with earlier studies [e.g., Dodet et al., 2010; Bertin et al., 2013; Bromirski and Cayan, 2015; Martinez-Asensio et al., 2016] showing that the NAO has a major impact on the winter-averaged $H_s$ along the northern coast of Europe (NW of British isles). Going southward, the optimal SLP gradients become increasingly both longitudinal and/or shifted southward, still with high correlation ($R > 0.89$, Table 1). While all the four southern buoys correlate with SLP gradients based on a northern virtual station within or in the vicinity of Ireland, the southern virtual stations are systematically located in the open ocean, inhibiting the use of land-based SLP pair measurements.
Table 1. Correlation Coefficient $R$ Between the Winter-Averaged $H_s$ (DJFM) Simulated at the Six Buoys (Left-Hand Columns) Against Simulated Optimal (max($R$)) Winter-Averaged Normalized SLP Difference Between Virtual Stations Anywhere Within the Domain (80°–0°W; 0°–70°N) or Virtual Grid Point Stations Containing Land Within the Corresponding 2.5° × 2.5° Cell$^a$

<table>
<thead>
<tr>
<th>Computed Indices</th>
<th>Climate Indices</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>max($R$)</td>
</tr>
<tr>
<td>Scotland (SC)</td>
<td>0.95</td>
</tr>
<tr>
<td>Ireland (IR)</td>
<td>0.93</td>
</tr>
<tr>
<td>Brittany (BR)</td>
<td>0.89</td>
</tr>
<tr>
<td>Biscay (BI)</td>
<td>0.94</td>
</tr>
<tr>
<td>Galicia (GA)</td>
<td>0.91</td>
</tr>
<tr>
<td>Portugal (PT)</td>
<td>0.92</td>
</tr>
</tbody>
</table>

$^a$The right-hand side of the table indicates the correlation coefficient $R$ between the winter-averaged $H_s$ at the six buoys and the leading atmospheric modes in the North Atlantic (NAO, EA, and SCAND) as well as the WEPA. Bold font indicates the maximum correlation with climate indices.

Figure 1b is based on the same analysis, but using land-based stations only. The largest amount of winter-averaged $H_s$ variability at the Scottish buoy (SC) is explained by the SLP-based Iceland-Lisbon definition of the NAO, which shows slightly better correlation than using the Iceland-Gibraltar definition. In contrast, the largest amount of winter-averaged $H_s$ variability at all the other buoys (except PT) is explained by the anomaly in SLP gradients between Ireland and various southern locations (Azores, Canary Islands, Spain, or France), with systematically $R > 0.89$ (Table 1). Of note, while Figure 1b displays the optimal land-based SLP gradients, some other SLP gradients also show very good skill. For instance, the optimal SLP gradient for the BI (Bay of Biscay) buoy is Ireland-Azores ($R = 0.92$), but the SLP gradient Ireland-Canary Islands also shows very good skill ($R = 0.86$). Similarly, the NAO (Iceland-Lisbon gradient definition) shows very good skill ($R = 0.79$) for the IR buoy, although it is outscored by a SLP gradient between Ireland and Brittany ($R = 0.9$, see Figure 1b and Table 1).

It is relevant to look for a climate index that skillfully explains the winter-averaged $H_s$ along the entire Atlantic coast of Europe. However, the atmospheric patterns controlling wave heights at the southern and northern latitudes of the west coast of Europe are significantly different and the NAO is known to strongly control winter height in the northern regions. Therefore, it is relevant to address the region where the NAO and other climate indices show poor skill, i.e., from southern Ireland to southern Portugal. Accordingly, we searched for the optimal SLP gradient that, on average, shows the best correlation with the four southern buoys (black line gradient in Figures 1a and 1b).

Results show that the variability of winter-averaged $H_s$ is strongly controlled by an optimal SLP gradient that is essentially both latitudinal and longitudinal with a northern station in Ireland (Figure 1a). In contrast, the optimal gradient using land-based stations only is essentially latitudinal between Ireland and Canary Islands (Figure 1b), meaning that the loss of longitudinal SLP gradient is the result of the need to have land-based stations. It is important to note that the optimal land-based SLP gradient showing the best correlation averaged over the six buoys is also Ireland-Canary Islands, although poor correlation is found at the northern latitudes (see below). Hereafter, this optimal climate index is referred to as the Western Europe Pressure Anomaly (WEPA) and is calculated from the daily measured SLP at Valentia station (Ireland) and Santa Cruz de Tenerife, Canary Island (Spain). The winter time series of WEPA is provided as supporting information.

Figure 2 shows the spatial distribution of the correlation between the winter-averaged $H_s$ as well as the winter-averaged $H_{95%}$, and three climate indices, namely, NAO, EA, and our new index WEPA. The spatial distribution for SCAND is not shown here as poor correlation is found across the whole East Atlantic. In line with earlier studies [e.g., Dodet et al., 2010; Shimura et al., 2013; Bromirski and Cayan, 2015], the NAO is found to have a strong influence on the winter-averaged $H_s$ at the northern latitudes (Figures 2a and 2c; $R = 0.89$ for the SC buoy in Table 1). This influence dramatically decreases south of 52°N (e.g., $R = 0.45$ at BI station, Figures 2a and 2c). In contrast, the EA shows better correlation south of 52°N, although the correlation $R$ along the coast is systematically below 0.65 (see Table 1 and Figures 2d and 2f), meaning that EA explains at best approximately
Figure 2. (a, b, d, e, g, and h) The spatial correlation of the winter (DJFM)-averaged $H_s$ and $H_{95\%}$, respectively, against the winter-averaged NAO (Figures 2a and 2b) and EA indices (Figures 2d and 2e), and against our new WEPA index (Figures 2g and 2h) computed as the normalized SLP difference measured between station Valentia (Ireland) and station Santa Cruz de Tenerife (Canary Islands, Spain). (c, f, and i) Time series of the corresponding indices with superimposed normalized winter-averaged $H_s$ simulated at the buoys SC (Scotland, black) and BI (Biscay, grey) with corresponding correlation coefficient.

40% of the observed winter-averaged $H_s$ variability. Figures 2g and 2i shows the same analysis for our new climate index WEPA. Clearly, the correlation with winter-averaged $H_s$ across the Atlantic coast of Europe south of 52°N is greatly increased ($R > 0.8$), with even areas showing $R > 0.9$–0.95 (e.g., $R = 0.91$ at Galicia buoy GA, Table 1). In addition, only WEPA captures the 2013/2014 winter that was characterized by extreme wave activity along the Atlantic coast of Europe [Masselink et al., 2016a] (Figure 2i). This is further emphasized by the spatial distribution of the correlation between the winter-averaged $H_{95\%}$ and the same three climate indices (Figures 2b, 2e, and 2h). Correlation patterns for winter-averaged $H_{95\%}$ are very similar to those of winter-averaged $H_s$, showing that WEPA captures both the temporal (2013/2014 winter, Figure 2i) and spatial (Figure 2h) variability of extreme wave energy.

The relevance of the WEPA for the west coast of Europe is further emphasized in Figure 3 that displays the spatial distribution of the optimal climate indices to explain the winter wave climate within the NE Atlantic. The optimal climate index is defined as the index with the highest $R^2$ associated with the local winter-averaged $H_s$. Here we now switch from $R$ to $R^2$ both to address the amount of variability explained by the index and to account for negative correlations. Disregarding the WEPA the two optimal climate indices explaining winter-averaged $H_s$ along the Atlantic coast of Europe north and south of 52°N are clearly NAO and EA, respectively (Figure 3a). This corroborates the results of Shimura et al. [2013] who included nine teleconnection index in their study. Including the WEPA, Figure 3b shows that WEPA largely outscores the other indices along the Atlantic coast of Europe south of 52°N. Compared to EA, WEPA increases the explanation of the winter-averaged $H_s$ variability by 25–150% (see the large increase in $R^2$ in Figure 3c). This improvement is...
Figure 3. (a–c) Spatial distribution of optimal climate indices explaining the largest variability of local winter-averaged $H_s$ (DJFM) ignoring (Figure 3a) and accounting (Figure 3b) for our new WEPA climate index computed as the normalized SLP difference measured between station Valentia (Ireland) and station Santa Cruz de Tenerife (Canary Islands, Spain), with the corresponding regression coefficient $R^2$ contoured in the background of both panels. (c) Corresponding spatial distribution of the increase (%) in $R^2$ including the WEPA as a climate index in the NE Atlantic, in winter-averaged $H_s$ predictability. WEPA index increases by 25 to 125% the explanation of the winter-averaged $H_s$ variability along the Atlantic coast of Europe from southern Ireland to Portugal. (d–f) The same analysis as in Figure 3c but for $H_{90\%}$ (Figure 3d), $H_{95\%}$ (Figure 3e), and $H_{99\%}$ (Figure 3h).

Figure 4 provides physical insight into the atmospheric phenomenon for both the NAO and the WEPA, with positive and negative phase of each index addressed by averaging the 5 years with the largest and smallest values, respectively. During the positive phase of the NAO (NAO$^+$, Figures 4a–4d), larger and smaller waves are observed at northern and southern latitudes, respectively (Figures 4a and 4b). The strengthened latitudinal SLP gradient, which corresponds to a wider and stronger anticyclone centered on the Azores and lower pressures in high latitudes (Figures 4c and 4d), drives deep low-pressure systems passing between Greenland and Scotland (Figure 4e) associated with increased W-SW winds around 60°N (Figure 4d). This drives larger winter waves at northern latitudes during NAO$^+$. The opposite situation is observed during the negative phase of the NAO (NAO$, -$, Figures 4f–4j) with fewer and less deep, southward shifted, low-pressure systems driving slightly larger and much smaller winter waves in the southern and northern latitudes, respectively. During the positive phase of the WEPA, larger waves are observed from the middle to southern
Figure 4. Influence of the NAO and WEPA indices on winter-averaged $H_s$, SLP, 10 m surface winds, and storm tracks, with positive phase and negative phase of each index addressed by averaging the 5 years with the largest and smallest index values over 1950–2016, respectively. (a, f, k, and p) winter-averaged $H_s$; (b, g, l, and q) corresponding anomaly; (c, h, m, and r) winter-averaged SLP with superimposed $\vec{u}_{10}$ field; (d, i, n, and s) corresponding anomaly; (e, j, o, and t) superimposed storm tracks over the 5 years with the colored circles indicating the sea level pressure at the center of the low-pressure system every 6 h. Note that for clarity and to focus on the more severe storms, only identified storms that have a low-pressure center deeper than 96,000 Pa are plotted. By order of decreasing importance, the five winter years considered for each index phase are NAO+ (2015, 1989, 1995, 2012, and 2000); NAO− (2010, 1964, 1969, 1963, and 1977); WEPA+ (2014, 1994, 2001, 2016, and 1977); WEPA− (1992, 1953, 2005, 1976, and 1993), where, for instance, 1977 means the DJFM 1976/1977 winter.
latitudes with a maximum increase in the Bay of Biscay (Figures 4k and 4l). The SLP pattern consists of a latitudinal dipole of anomaly that resembles a 15° southward shifted NAO pattern, driving increased W-SW winds around 45°N funneled towards western Europe (Figures 4m and 4n). This SLP anomaly pattern also drives a large number of deep low-pressure systems passing over Ireland and UK (Figure 4t) together with much stronger than average SW to W winds across the middle latitudes (Figure 4n). This generates larger waves across the Atlantic coast of Europe south of 52°N during WEPA+. In contrast, during the negative phase of WEPA, which resembles a northward shifted and less intense NAO+ pattern, fewer storms, and smaller winter waves are observed from SW Ireland to southern Portugal.

Both phases of the WEPA are associated with profound large-scale changes in mean SLP and wind patterns and, as a result, in the intensity, location and trajectories of severe storm tracks driving extreme wave events. Although the WEPA can be interpreted as a southward shifted NAO the indices WEPA and NAO are not correlated ($R = 0.08$). The key factor determining this optimal SLP gradient is the reduction in the northerly extent of SLP gradients by replacing Iceland by Ireland as the northern SLP station. Other SLP-based indices were computed based on Valentia station (Ireland) to the north and other southern stations (e.g., Azores and Gibraltar). These indices also show excellent, although slightly inferior, overall skill from southwestern Ireland to southern Portugal. These indices also outscore WEPA at some locations. For instance, the SLP-based index between Ireland and Azores shows outstanding skill in the Bay of Biscay, explaining 85% of the observed winter-averaged $H_s$ at the BI buoy, but does a poor job in southern Portugal. Similarly to WEPA, the EA pattern is often interpreted as a southward shifted NAO pattern. However, despite 36% of the WEPA variability being explained by EA, the two indices show different skill. For instance, only the WEPA captures the extreme winter 2013/2014 [Masselink et al., 2016a]. In addition, WEPA is much more relevant than EA along the coast of Europe, while EA shows more skill farther offshore eastward of $-25°$. WEPA is therefore of much more relevance than EA from the coastal hazards perspective, which is further emphasized in the analysis of $H_{90}\%$, $H_{95}\%$, and $H_{99}\%$ (Figures 3d–3f). Finally, as the Valenta and Canary Island SLP data have been measured from 1943, a 74-year time series of the WEPA index is available (supporting information) to further explore its influence on wave climate in the North Atlantic, particularly in the coastal regions. In addition, potential relationships between WEPA and, for instance, rainfall and temperatures in western Europe should be explored.

4. Conclusions

A generic method using numerical weather and wave hindcast was developed to identify the optimal SLP-based climate index explaining winter wave activity along the Atlantic coast of Europe spanning 1950–2016. The resulting so-called Western Europe Pressure Anomaly (WEPA) index is based on the normalized SLP difference measured between the stations Valentina (Ireland) and Santa Cruz de Tenerife (Canary Islands, Spain). The positive phase of WEPA reflects intensified latitudinal SLP gradient in the NE Atlantic that drives increased W-SW winds around 45° associated with severe storms, many eventually passing over UK, which funnel high-energy waves toward western Europe. Complementary to the NAO that controls winter-averaged $H_s$ in the NW of the British Island (>52°N), our new index WEPA explains between 40% and 90% of the observed winter-averaged $H_s$ variability along the Atlantic coast of Europe southward of 52°. WEPA largely outscores the SCAND and EA indices, which are often argued as the primary control of winter wave activity in this region. WEPA is also the most relevant index to capture extreme wave height both spatially and temporally, like for the extreme 2013/2014 that caused severe erosion along the Atlantic coast of Europe. We therefore anticipate that the WEPA index is critical to understand coastal hazards in western Europe. Finally, further testing in other coastal regions worldwide and for other end products (e.g., rainfall) should be carried out to assess the generality of this method to develop improved climate indices.

References


