An intravascular coronary plaque elasticity reconstruction method using limited depth penetration ultrasound signals

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1. Introduction

Vulnerable atherosclerotic plaque (VP) rupture is the leading cause of acute coronary syndrome, myocardial infarction and stroke in the Western world (Go et al. 2013). Although past studies have identified fibrous cap thickness (Cap_{thick}) as the primary predictor of coronary plaque rupture (Virmani et al. 2006), biomechanical studies have recognized peak cap stress (PCS) as an additional key predictor of plaque disruption (Ohayon et al. 2008). Quantification of PCS amplitude requires not only an accurate description of plaque morphology but also a precise knowledge of the mechanical properties of plaque components. An early and accurate determination of these properties remains an essential step to implement preventive therapeutic strategies.

A previous approach (named iMOD for imaging modulography) has been conducted by our group to reconstruct the Young's modulus map (i.e. modulogram) from intravascular ultrasound (IVUS) strain-elastogram (Le Floch et al. 2009). However, one major limitation of such a method is the need to accurately estimate the strain field in the entire lesion, which may be often difficult when using HD-IVUS techniques with limited depth penetration signals (Kobayashi et al. 2014). Therefore, an extended iMOD approach (E-iMOD), based on the continuum mechanics theory prescribing the strain field in the limited atherosclerotic endoluminal region, was designed and successfully applied to coronary lesions of patients imaged *in vivo* with IVUS.

2. Methods

2.1. Population

Seven plaques geometries, acquired from patients with stable angina and scheduled to undergo percutaneous coronary intervention at the Hospital of Cardiology and Pneumology of Lyon, were used to initiate the finite element (FE) analysis. The IVUS echogenicity aspects were used to characterize VP components.

The digitized contours obtained with ImageJ were imported into MATLAB and then transferred in the FE software Comsol (Structural Mechanics Module, version 3.5, Comsol, France).

2.2. Plaque strain and displacement reconstructions

The mechanical properties of the fibrous regions, calcified inclusions and soft necrotic cores were modelled as isotropic and quasi-incompressible media (Poisson's ratio $\nu = 0.49$) with Young's moduli $E_{fibrosis} = 800$ kPa, $E_{calcified} = 5000$ kPa and $E_{core} = 5$ kPa (Finet et al. 2004). A pressure gradient ΔP of 1 kPa (7.5 mmHg) occurring between two successive frames of recorded IVUS sequence was assumed. Displacement and radial strain fields ($\vec{u}^{meas}, \epsilon_{rr}^{meas}$) were obtained by performing static FE computations on the VP geometries under the assumption of plane strain. The performance of the proposed elasticity reconstruction method E-iMOD was tested with these input displacement and radial strain fields.

2.3. Inverse problem: elasticity reconstruction

The theoretical framework of this method is based on the one proposed previously by our group (Le Floch et al. 2009). Briefly, considering two successive frames of the IVUS sequence, we applied the iMOD technique, which involves three successive steps: (i) the computation of a pseudo-gradient elasticity map, (ii) the dynamic segmentation procedure that makes use of the previous step results to extract the inclusions' contours, and (iii) the mathematical optimization procedure that provides the estimated Young's moduli of detected inclusions and surrounding tissue.

3. Results

Figure 1 illustrates the performance of E-iMOD algorithm to detect soft necrotic core. Based on the results obtained on our

Figure 1. (A)–(B) Geometry extracted from IVUS acquisition, in blue the endoluminal contours (C) Radial strain-elastogram and amplitude of the displacement vector applied. (D) Computed modulogram.
Notes: nc: necrotic core. fi: fibrous region.

entire population ($n = 7$), we show that (1) E-iMOD method identified reasonably Young's moduli of the necrotic core and fibrous region with mean values of 5.41 ± 0.51 kPa and 790.61 ± 23.28 kPa instead of 5 and 800 kPa, respectively, and (2) Cap_{thick} amplitudes are with minimal and maximal relative errors close to -2.7% (corresponding to a computed Cap_{thick} of $91 \mu m$ for a theoretical value of $93 \mu m$) and $+64.6\%$ (corresponding to a computed Cap_{thick} of $68 \mu m$ instead of $41 \mu m$), respectively.

A VP with a Cap_{thick} and necrotic core area ($Area_{core}$) equal to $93 \mu m$ and $1.36 mm^2$, respectively, was used to study the influence of white noise (Le Floch et al. 2009) on Young's modulus and plaque morphology reconstructions. The performed simulations showed that E-iMOD method was able to highlight the VP morphology when introducing significant white noise on both radial strain and displacement fields (up to 3 dB). The Cap_{thick} and $Area_{core}$ amplitudes were underestimated and vary from $87.19 \pm 7.51 \mu m$ and $1.32 \pm 0.03 mm^2$ with a white noise of 18 dB to $82.75 \pm 5.63 \mu m$ and $1.18 \pm 0.28 mm^2$ with high white noise (3 dB), respectively. The E-iMOD method identified reasonably mean Young's moduli of the necrotic core and

fibrous region with both maximal relative error lower than 20%. According to this noise study, the algorithm still gave reasonable results when introducing significant white noise amplitude.

4. Conclusions

This study demonstrates the potential of the revisited IVUS E-iMOD modulography technique to detect and quantify both the mechanical properties and the morphologies of VPs when considering HD-IVUS catheters with limited depth penetration.

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