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Running head: NMDA dependent inhibition of windup

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Abstract

Activation of afferent nociceptive pathways is subject to activity-dependent plasticity, which may manifest as windup, a progressive increase in the response of dorsal horn nociceptive neurons to repeated stimuli. At the cellular level, N \(^{-}\)methyl- D \(-\)aspartate (NMDA) receptor activation by glutamate released from nociceptive C \(-\)afferent terminals is currently thought to generate windup. Most of the wide dynamic range nociceptive neurons that display windup, however, do not receive direct C \(-\)fibre input. It is thus unknown where the NMDA mechanisms for windup operate. Here, using the Sprague-Dawley rat trigeminal system as a model, we anatomically identify a subpopulation of interneurons that relay nociceptive information from the superficial dorsal horn where C \(-\)fibres terminate, to downstream wide dynamic range nociceptive neurons. Using in vivo electrophysiological recordings, we show that at the end of this pathway, windup was reduced (24 +/- 6\%, n = 7) by the NMDA receptor antagonist AP-5 (2.0fmol) and enhanced (62 +/- 19\%, n = 12) by NMDA (1nmol). In contrast, microinjections of AP-5 (1.0fmol) within the superficial laminae increased windup (83 +/- 44\%, n =9), whereas NMDA dose dependently decreased windup (n =19). These results indicate that NMDA receptor function at the segmental level depends on their precise location in nociceptive neural networks. While some NMDA receptors actually amplify pain information, the new evidence for NMDA dependent inhibition of windup we show here indicates that, simultaneously, others act in the opposite direction. Working together, the two mechanisms may provide a fine tuning of gain in pain.
Introduction

In the spinal dorsal horn and brainstem trigeminal system, a simple form of activity-dependent plasticity is windup, in which repetitive stimulation of peripheral nociceptive C-fibres induces a progressive increase in the response of central nociceptive neurons (Mendell & Wall, 1965). Windup therefore amplifies the nociceptive message (Baranauskas & Nistri, 1998; Herrero et al., 2000; Woolf & Salter, 2000). As such, windup plays a part in the continuum encompassing the diverse reactions of nociceptive neurons to changes in their activity or environment (Woolf & Salter, 2000). Understanding the mechanisms responsible for windup would help to elucidate an important feature of pain signalling (Woolf, 1996; Woolf et al., 1998).

At the cellular level, windup is currently thought to result from both intrinsic and synaptic mechanisms (Woolf & Salter, 2000). The intrinsic neuronal ability to generate windup relies on the recruitment of voltage-gated currents triggering plateau-potentials (Morisset & Nagy, 1999; Russo & Hounsgaard, 1999; Morisset & Nagy, 2000; Derjean et al., 2003). Synaptic activation of glutamate (NMDA) and neurokinin receptors by glutamate and substance P, released from primary C-afferent terminals, is also believed to be critically involved in windup (Urban et al., 1994; Baranauskas & Nistri, 1998; Herrero et al., 2000). Most wide dynamic range (WDR) nociceptive cells that strongly windup their response to C-fibre activation, however, are located in the deep dorsal horns of the spinal cord (Schouenborg & Sjölund, 1983). Windup is present only in some superficial dorsal horn neurons (Schouenborg & Sjölund, 1983; Jeftinija & Urban, 1994; Yoshimura, 1996). As cutaneous C-fibres terminate in the superficial laminae of the dorsal horn only, the deep dorsal horn WDR nociceptive cells do not therefore receive direct C-fibre input (Light & Perl, 1979a; Light & Perl, 1979b; Ralston, III & Ralston, 1982; Sugiura et al., 1986). It is thus unknown where the synaptic mechanisms for windup operate. In the present work, we sought to understand where and how NMDA receptors are involved in windup.

In the spinal dorsal horn, the C-fibre mediated nociceptive information is brought from the superficial laminae to the deep ones through local interneurons (Ritz & Greenspan, 1985; Light & Kavookjian, 1988; Li et al., 1999; Nakatsuka et al., 2002). The NMDA mechanisms for WDR nociceptive neuron windup may thus operate at either end of these interneurons. The close proximity of the laminae in the spinal dorsal horn, however, makes it extremely difficult to microinject drugs in the superficial laminae without having a direct effect on nociceptive neurons recorded from deeper laminae. To overcome this problem, we used the rat spinal trigeminal
nucleus in which a pool of WDR neurons is located rostrally, in the subnucleus oralis (Sp5O), approximately 3 mm apart from C-fibre afferent terminals that abut caudally, in the superficial laminae of the medullary dorsal horn (MDH; Dallel et al., 1990; Dallel et al., 1998; Dallel et al., 1999; Sessle, 2000). First, we found that, similar to that which exists in the spinal dorsal horn, interneurons relay nociceptive information from the superficial laminae of the MDH to downstream WDR trigeminal neurons. This confirmed the validity of the trigeminal model. We then examined where and how NMDA receptor-dependent mechanisms for windup operate.
Material and methods

Adult male Sprague-Dawley rats (280-300 g) were obtained from Iffa Credo (France) and maintained in a controlled environment (lights on 07:00-21:00 h, 22°C) with food and water freely available. All efforts were made to minimize the number of animals used. The experiments followed the ethical guidelines of the International Association for the Study of Pain and the European communities Council directive of 24 November 1986 (86/609/EEC).

Retrograde tracing and Fos immunocytochemistry

Animals were anaesthetized with chloral hydrate (400 mg/kg, i.p. injected) and placed in a stereotaxic frame. Through a craniotomy, a glass micropipette containing retrograde fluorescent tracer fluorogold (Molecular Probes, Eugene, OR, USA) was inserted stereotaxically so that its tip (25-40µm diameter) was located within the dorsal portion of the ventrolateral part of the right Sp5O (AP -1.8 to -2.3, ML 3.0, P 9.0 according to Paxinos & Watson, 1997). Fluorogold was injected electrophoretically (positive current, 5µA, 10-15 min). Two days later, rats were anaesthetized with urethane (1.1 g/kg, i.p) and injected with 100µL 0.1% capsaicin in the right upper lip. Two hours later they were perfused intracardially with heparinized saline followed by paraformaldehyde (4%) and picric acid (0.8%) in phosphate buffer. Brainstems were removed and left overnight in fixative containing 30% sucrose at 4°C. Coronal sections (30µm thickness) were cut on a freezing microtome. Sections underwent free-floating dual immunostaining using first a rabbit antibody specific for ūorogold (1 : 5000,48 h; Chemicon, Temecula, CA, USA), followed by a Fos antibody (c-fos Ab-2, 1 : 1000, 48 h; Oncogene Research Products, Cambridge, MA, USA). Immunoreactivity for ūorogold was visualized using diaminobenzidine tetrahydrochloride (DAB) while Fos-like immunoreactivity was detected with a nickel-enhanced DAB procedure. Controls consisted of the omission of the primary antibody and incubation of sections in inappropriate secondary antibodies. In all these control experiments, no specific staining was evident. Computer-assisted bright-field images of representative labelling and Fos-like immunoreactivity were obtained using a CCD colour video camera (Sony DXC-950P) connected to a Nikon Optiphot-2 microscope sending an RGB output to a PC microcomputer. Images were captured and digitized using the Vision Stage and Neurolab 2.02 software (Alliance Vision, Mirmande, France; Voisin et al., 2002). Representations of the sites of injection were grouped on standard drawings of the Sp5O. Retrogradely labelled cell bodies expressing Fos-
positive nuclei were counted according to their laminar location along different rostrocaudal planes within the MDH. One single tissue section was counted for each level in each animal. Brainstem sections were categorized according to their approximate rostrocaudal location at 360µm intervals from +720µm to -3240µm relative to the most caudal tip of the spinal trigeminal nucleus subnucleus interpolaris/MDH transition region as described by Yoshida et al. (1991). The rostral level of the range (720µm) corresponded to the end of the transition level. The spino-medullary junction was considered to be at -2160µm (approximately the caudal end of the pyramidal decussation) and the C1-C2 junction, which corresponded to the end of the range, at -3240µm. The delineation of the different laminae of the MDH was adapted from Strassman & Vos (1993). Representative examples of the distribution of retrogradely labelled cell bodies were grouped on standard drawings of the MDH.

**Electrophysiology**

Rats were anaesthetized with 2% halothane in a nitrous oxide : oxygen mixture (2 : 3, 1 : 3). After intraperitoneal injection of 100µg atropine sulphate, a tracheal cannula was inserted and the jugular vein cannulated. Rats were paralysed by a perfusion of pancuronium bromide (0.5 mg/h) and artificially ventilated with a volume-controlled pump. They were placed in a stereotaxic frame and a craniotomy and C1 laminectomy performed to give access to the Sp5O and the MDH, respectively. After surgery, the levels of halothane (0.5%), O₂,N₂O and end-tidal CO₂ (3.5-4.5%) were monitored together with heart rate and core temperature, under the control of alarms (Dallel et al., 1990; Dallel et al., 1998; Dallel et al., 1999). This anaesthetic regime gives a stable level of anaesthesia sufficient to avoid suffering during the application of noxious stimuli (Dallel et al., 1988).

Unitary extracellular recordings were made using single or double/triple barrel glass pipettes made according to a method adapted from Akaoka et al. (1992). The recording pipette (7-10 MOhm) was filled with a mixture of 5% NaCl and pontamine sky blue. Single unit activities were amplified and displayed on oscilloscopes, and also led into a window discriminator connected to a CED 1401plus interface and a computer (CED and Spike 2.01 software; Cambridge Electronic Design, UK) to allow sampling and analysis of neuronal activity.

Neurons were classified as WDR on the basis of their responses to both mechanical and percutaneous electrical stimulation applied to their receptive field (Dallel et al., 1990; Dallel et
Innocuous mechanical stimuli to the skin, mucosa and teeth included air puffs, brushing with a soft brush, gentle stroking and light pressure with a blunt probe. Noxious mechanical stimuli consisted of heavy pressure, pinprick and pinching with fine forceps (tip area 1 mm²) which evoked a painful sensation when applied to the experimenters' skin. Once a neuron had been identified, the extent of its receptive field was determined and mapped and its location was designated in terms of its involvement in intraoral, perioral or more peripheral regions of the face (Dallel et al., 1990). Electrical square-wave stimuli (2 ms duration) were applied through a pair of stainless steel stimulating electrodes inserted subcutaneously into the centre of the previously delineated receptive field. The thresholds for obtaining A-fibre and C-fibre responses were determined. Increasing the current to a suprathreshold value induced reproducible responses. Post-stimulus histograms were analysed to distinguish responses due to A-fibre and C-fibre inputs, according to their latencies and by using the classification of Gasser & Erlanger (1927) and Burgess & Perl (1973).

All drugs were purchased from Sigma. They were microinjected into the Sp5O by air pressure (5-10 nL for 50 ms), using ejection pipettes stuck to the recording pipette, and into the MDH through micropipettes (0.25µL for 2 min) connected to Hamilton syringes (Dallel et al., 1998). Sequences of 30 electrical stimulations (0.66 Hz, 1.5-3-fold C-fibre threshold intensity) were delivered every 5 min until two successive trials displayed less than 10% variation in responses, which served as control. Windup was calculated as the difference between the total number of action potentials evoked by the 30 stimuli at C-fibre latencies and the number of action potentials produced by the first stimulus multiplied by 30 (Chapman et al., 1994; Dallel et al., 1999).

Results are expressed as mean+/-SEM. Statistical analysis used t-test, one way ANOVA or Friedman repeated measures ANOVA on ranks followed by appropriate posthoc tests (Tukey or Dunnet). The level of significance was set at P < 0.05.

At the end of the experiment, injection of pontamine sky blue allowed further histological delineation of the recording and injection sites. The animal was killed by injection of a lethal dose of pentobarbital, its brainstem removed and fixed by immersion in a 10% formaldehyde solution.
Results

Intratrigeminal connections relay C-fibre input from the MDH to the Sp5O

To chart the pathway bringing C-fibre mediated nociceptive information from the MDH to the Sp5O, we combined neuroanatomical retrograde tracing from the Sp5O with Fos expression upon nociceptive stimulation (Hunt et al., 1987; Strassman & Vos, 1993). Injection of capsaicin, a selective activator of C-fibre nociceptors (Caterina & Julius, 2001), in the upper lip resulted in strong, somatotopic Fos expression in laminae I-II of the MDH (n = 5 rats, Table 1, Fig. 1C). Injections of the retrograde tracer fluorogold were performed in the somatotopically corresponding portion of the Sp5O (Voisin et al., 2002; n = 8 rats; Fig. 1A). Cell bodies labelled retrogradely were found in lamina I, external II and to a greater degree in laminae III-IV and V of the ipsilateral, rostral MDH (Table 1; Fig. 1B). The internal lamina II was almost devoid of labelling. Double labelled neurons were found in lamina I and external II, at rostral levels (n = 5 rats; Table 1, Fig. 1D and E). No colocalization was found in the three unstimulated rats. These data provided an anatomical support for C-fibre activation of Sp5O WDR neurons via a subpopulation of interneurons whose cell bodies are located in the superficial laminae of the MDH. The synaptic mechanisms for Sp5O neuron windup may thus operate at either end of these interneurons.

Table 1. Rostrocaudal and lamina-specific distribution of fos-like immunoreactivity and retrograde labelling in the medullary dorsal horn of stimulated animals

<table>
<thead>
<tr>
<th></th>
<th>Number of Fos-positive nuclei</th>
<th>Number of neurons retrogradely labelled in laminae I-II</th>
<th>Percentage of double (vs. retrogradely) labelled neurons in laminae I-II</th>
<th>Number of neurons retrogradely labelled in laminae III-IV</th>
<th>Number of neurons retrogradely labelled in lamina V</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medulla-interpolaris</td>
<td>26 ± 1.5</td>
<td>13 ± 3</td>
<td>11 ± 4%</td>
<td>100 ± 18</td>
<td>52 ± 11</td>
</tr>
<tr>
<td>Rostral MDH</td>
<td>51 ± 18</td>
<td>10 ± 2</td>
<td>26 ± 4%</td>
<td>65 ± 7</td>
<td>33 ± 6</td>
</tr>
<tr>
<td>Caudal MDH</td>
<td>19 ± 9</td>
<td>2 ± 1</td>
<td>15 ± 10%</td>
<td>23 ± 6</td>
<td>9 ± 3</td>
</tr>
<tr>
<td>Cl</td>
<td>10 ± 5</td>
<td>3 ± 1</td>
<td>0 ± 0%</td>
<td>16 ± 6</td>
<td>6 ± 1</td>
</tr>
</tbody>
</table>

*Data are presented as means per slice +/- SEM, n=5 rats.*
Fig.1. Intratrigeminal connections relay C-fibre input from the superficial laminae of the MDH to the Sp5O. (A) Camera lucida diagrams representing the coronal level at which the retrograde tracer fluorogold deposition was maximal in the Sp5O. (B) Low-power view of retrogradely labelled neurons in the rostral MDH. (C) Image of Fos-immunoreactive cell nuclei in the rostral MDH following capsaicin injection in the upper lip (different animal from B). (D) High-power views of retrogradely labelled neurons expressing Fos-immunoreactive nuclei (arrowheads). (E) Drawings showing the distribution of retrogradely labelled neurons expressing Fos-immunoreactive nuclei at different rostro-caudal levels of the MDH in five animals. I-V, laminae of the MDH; Vtr, trigeminal tract; scale bars, 200µm (B and C), 10µm (D).

Sp5O WDR nociceptive neurons display windup
As NMDA receptors are expressed in both the MDH superficial laminae and the Sp5O (Petralia et al., 1994), we questioned their role in windup at these two locations using in vivo single unit microelectrode recordings in Sp5O combined with microinjections of NMDA receptor agonists or antagonists in either Sp5O or MDH. WDR nociceptive neurons (n=55, one per rat) were recorded from the ventrolateral part of the Sp5O (Dalle et al., 1990; Dalle et al., 1998; Dalle et
al., 1999). Neurons were not spontaneously active. Most had receptive fields located within or around the oral cavity or nose (maxillary, \( n = 43 \); ophthalmic, \( n = 1 \); both, \( n = 11 \)). Sp5O WDR neurons responded to mechanical stimulation by increasing their firing rate as the intensity of the stimuli increased into the noxious range (Fig. 2A). The percutaneous electrical stimulation of Sp5O WDR neuron excitatory receptor fields induced two peaks of activation (Fig. 2B and C).

**Fig. 2.** Sp5O wide dynamic range nociceptive neurons display windup in response to repeated stimulation of C-fibres. (A) Responses of a Sp5O neuron to mechanical stimulation applied to its receptive field (shown in grey). (B) Examples of consecutive oscilloscope single sweep recordings showing the A-fibre and C-fibre evoked responses to repetitive percutaneous suprathreshold electrical stimulation (0.66 Hz). (C) Post-stimulus time histogram showing the cumulated response to 30 trials in a single neuron. (D) Evolution over time of the mean number (+/-SEM) of C-fibre latency spikes triggered by repetitive stimulation. (E) Schematic diagram illustrating the processing of trigeminal C-fibre input to the Sp5O.
The first peak was obtained at a mean threshold of 0.30±0.05 mA and a mean latency of 2.51±0.11 ms. The second peak occurred at a mean threshold of 7.49±0.61 mA and at a mean latency of 81.18±3.4 ms. According to Gasser & Erlanger (1927) and Burgess & Perl (1973), such values correspond to A-fibres and C-fibres, respectively. In all neurons, windup could be observed in the latency range of C-fibres (Fig. 2B and D).

**NMDA receptors within the Sp5O are involved in windup**

We first investigated the role of NMDA receptor activity in the Sp5O upon windup. Microinjections of NMDA receptor antagonists or agonists were performed near to the recorded Sp5O WDR neurons (Fig. 2E). On the one hand, microinjections of the NMDA receptor antagonist AP-5 (2.0 fmol) decreased Sp5O neuron windup by 24±6% at 40 min (P<0.05), with return to control values within 75 min. This showed that Sp5O WDR neuron windup depends on local NMDA receptors (Fig. 3A and B).

![Fig. 3](https://example.com/figure3.png) **Fig.3.** Sp5O WDR neuron windup depend on local NMDA receptors. (A) Microinjection of the NMDA receptor antagonist AP-5 in the Sp5O reversibly decreased Sp5O neuron windup. For clarity, the error bars for the recovery traces are not shown. (B) Post-stimulus time histograms illustrating the time course of the effect of AP-5 upon cumulated responses in a single Sp5O neuron.
The C response (the response to the first stimulus in the series) was reduced by AP-5 microinjections slightly, but not significantly, from 8.1+/−2.5 to 5.3+/−2.4 spikes (n=7). In no case was A-fibre evoked activity altered significantly (n=7). On the other hand, single microinjections of NMDA (1 nmol) triggered immediate short-lasting bursts of action potentials (1746+/−46 spikes for 56+/−12 s) in all tested neurons (n=25) and increased windup in 12 out of 17 neurons, by 62+/−19% at 5 min (P<0.001), with return to control values within 15 min (Fig. 4A and B).

**Fig. 4.** Windup can be generated through activation of NMDA receptors within the Sp5O. (A) Microinjection of NMDA in the Sp5O reversibly increased Sp5O neuron windup. For clarity, the error bars for the recovery traces are not shown. (B) Post-stimulus time histograms illustrating the time course of the effect of NMDA upon cumulated responses in a single Sp5O neuron. (C) Low-frequency activation of NMDA receptors by repetitive microinjections of NMDA in the Sp5O mimicked windup, a response blocked by intravenous MK-801. Left, example in a single neuron; right, plot of mean values (+/−SEM)
NMDA microinjections enhanced the C response slightly, but not significantly, from $4.7+/-0.7$ to $6.1+/-1.3$ spikes ($n=12$). NMDA microinjections did not change windup in the five remaining cells. Furthermore, low-frequency activation of NMDA receptors by repetitive microinjections of NMDA in the Sp5O resulted in a progressive increment in the amplitude of the response recorded as action potential discharge (Fig. 4C). This effect was blocked by intravenous injection of the NMDA receptor antagonist MK-801 (0.15 mg/kg, Fig. 4C). Microinjections of the vehicle alone had no effect upon spontaneous activity, or on windup ($n=4$). Altogether, these results indicate that windup can be generated through activation of NMDA receptors within the Sp5O.

**Fig. 5.** Activation of NMDA receptors by the segmental nociceptive input in the MDH superficial laminae restrains windup. (A) Microinjections of the NMDA receptor antagonist AP-5 in the superficial laminae of the MDH reversibly increased Sp5O neuron windup. For clarity, the error bars of the recovery trace are not shown. The injection sites are mapped on the right. (B) Post-stimulus time histograms illustrating the time course of the effect of AP-5 in the MDH upon cumulated responses in a single Sp5O neuron.
NM
dA receptor activation in MDH superficial laminae restrains Sp5O neuron windup

We then questioned the role of NMDA receptor activity in the superficial laminae of the MDH upon windup. Microinjections of NMDA receptor antagonists or agonists were performed within the MDH, while recording from Sp5O WDR neurons (Fig. 2E). Microinjections of the NMDA receptor antagonist AP-5 (1 fmol) within the superficial laminae of the MDH increased Sp5O neuron windup by 83+/−44% at 10 min (P<0.05), with return to control values within 25 min (Fig. 5A and B). The C response was enhanced slightly, but not significantly, from 4.4+/−0.7 to 6.0+/−0. 9spikes (n=9). A-fibre evoked activity was not altered significantly (n=9). Microinjections of the vehicle alone had no effect upon spontaneous activity, or on windup (n=4). These suggest that, while Sp5O WDR neurons windup their response to C- fibre stimulation, NMDA receptor activation in the superficial laminae of the dorsal horn restrains the amplification process. This inhibitory mechanism is activated by the segmental input and not tonic, as there was no effect of AP-5 on spontaneous firing (n=9). Accordingly, microinjections of NMDA within the superficial laminae of the MDH dose-dependently decreased windup (Fig. 6A-C), and not A-fibre evoked activity. The C response was not modified. As shown by the results of microinjections of the largest dose of NMDA in different laminae of the MDH, the magnitude of this effect was closely related to a superficial location of the injection (Fig. 6D). Furthermore, microinjections of NMDA within the superficial laminae of the MDH at any dose tested (0.01-5 nmol) did not trigger any activity in Sp5O WDR neurons (n=19), which suggests that NMDA receptors located in the superficial laminae of the MDH were not involved in the activation of the MDH-Sp5O circuit.
Fig. 6. NMDA microinjection in the MDH superficial laminae restrains windup. (A) Microinjections of NMDA in the superficial laminae of the MDH decreased Sp5O neuron windup. For clarity, the error bars of the recovery trace are not shown. The injection sites are mapped on the right. (B) Poststimulus time histograms illustrating the time course of the effect of NMDA in the MDH upon cumulated responses in a single Sp5O neuron. (C) Dose-dependence of the inhibitory effect of NMDA in the MDH (* significantly different from control). (D) The inhibitory effect of NMDA depended on the injection site location. The sites of injection are illustrated on the top right. In C and D, control refers to the cumulated number of C-fibre latency spikes triggered by 30 trials before drug injection.
Discussion

Our results indicate that NMDA receptor function depends on their precise location in segmental nociceptive neural networks. We show that an important group of WDR nociceptive neurons receive nociceptive information indirectly, from a subpopulation of interneurons that lie in the superficial dorsal horn, where afferent nociceptive C-fibres terminate. At the end of this pathway, windup actually depends on NMDA receptor activation. Some NMDA receptors, thus, amplify pain information. In contrast, in the superficial dorsal horn, activation of NMDA receptors by the nociceptive input itself restrains windup. This suggests a new, inhibitory role for NMDA receptors in pain processing at the segmental level.

The trigeminal brainstem somatosensory system was used here to study where the synaptic NMDA mechanisms for windup operate. Although the MDH is generally considered as the essential brainstem relay of orofacial nociceptive information (Dubner & Bennett, 1983), earlier findings have established that nociceptive neurons are in the Sp5O (Greenwood & Sessle, 1976; Azerad et al., 1982; Dallel et al., 1990). The properties of Sp5O WDR neurons clearly resemble those of WDR neurons in lamina V of the spinal dorsal horn. First, they respond to mechanical, thermal, chemical and electrical cutaneous (or mucosal) noxious stimuli as well as to non-noxious stimuli (Raboisson et al., 1995). Second, they can be activated by stimulation of A-fibres as well as C-fibres, and encode both non-noxious and noxious stimuli (Dallel et al., 1999). The long latency responses that were recorded in the present work were due to activation of C-fibres as they could be evoked by high intensity stimulations only and exhibited windup during low frequency (0.66 Hz) suprathreshold electrical stimulation (Mendell, 1966; Wagman & Price, 1969; Urban & Randic, 1984; Woolf et al., 1988; Yoshimura & Jessell, 1989; Thompson et al., 1994). Furthermore, in a previous work, Sp5O neuron long latency responses were also found to be depressed by intravenous morphine in a naloxone-dependent way (Dallel et al., 1998). They were also strongly and quickly reduced by intracutaneous injection of capsaicin (0.1%), with little effect on the short latency responses (Dallel et al., 1999).

Common structural features are shared by the Sp5O and lamina V of the spinal dorsal horn. First, cutaneous C-fibres terminate in the superficial laminae of the dorsal horn only and do not contact directly WDR neurons located either in lamina V of the dorsal horn or in Sp5O (Light & Perl, 1979a; Light & Perl, 1979b; Ralston, III & Ralston, 1982; Sugiura et al., 1986; Ambalavanar & Morris, 1992). Second, opioid receptors (Atweh & Kuhar, 1977; Arvidsson et al., 1995; Ding et
al., 1996) as well as substance P, a marker for peptidergic C-fibres (Sugimoto et al., 1997) are not seen in significant amount within these regions. Finally, while morphine has no direct effect upon Sp5O or lamina V WDR neuron activity, it can inhibit their response to noxious stimuli when injected in the corresponding superficial laminae of the dorsal horn (Duggan et al., 1977; Fleetwood-Walker et al., 1988; Dallel et al., 1998). The present anatomical findings further validate the trigeminal model for studying segmental nociceptive integration. As previously reported, the distribution of fos-like immunoreactive neurons in laminae I-II induced by low doses of capsaicin matched the known distribution of nociceptive C-fibre terminals (Hunt et al., 1987; Strassman & Vos, 1993). The effects of capsaicin on peripheral afferents vary with doses: low capsaicin concentrations, such as 0.1%, affect unmyelinated fibres selectively, while higher concentrations affect both A-fibres and C-fibres (Holzer, 1991). It is therefore likely that, in this study, Fos expression resulted from C-input activation. The retrograde labelling confirmed the existence of ipsilaterial connections from the MDH to the Sp5O. In the present study, however, the total amount of cells counted in the MDH was much larger than in our previous work (Voisin et al., 2002). This may be explained by the use of a pure retrograde tracer (horogold) instead of a dual antero/retrograde tracer (tetramethylrhodamine-dextran), combined to the larger size of the injection sites. The general lamina specific distribution of labelling was nevertheless similar in the two studies, although a consistent number of retrogradely labelled cells was found here in the outer lamina II (approximately 2% of the total number of retrogradely labelled neurons). The double-labelling study showed that interneurons located in the superficial laminae of the MDH convey trigeminal nociceptive C-fibre input to WDR Sp5O neurons. This is in good agreement with results of recent work showing that Sp5O neurons receive their nociceptive C-input indirectly via the MDH (Dallel et al., 1998; Park et al., 2001; Chiang et al., 2002). The MDH-Sp5O organization is thus similar to that found in the spinal dorsal horn, where the important group of WDR neurons, which lie in the deep dorsal horn of the spinal cord, receive a strong polysynaptic C-fibre input from the superficial laminae (Ritz & Greenspan, 1985; Light &Kavookjian, 1988; Li et al., 1999; Nakatsuka et al., 2002).

Our electrophysiological data indicate that, at the end of this circuit, i.e. in the Sp5O, WDR neuron windup depends on NMDA receptors. This is consistent with previous in vitro and in vivo studies of the deep dorsal horn/trigeminal systems supporting the involvement of NMDA receptors in windup (Davies & Lodge, 1987; Dickenson & Sullivan, 1990; Parada et al., 1997;
Luccarini et al., 2001; Woda et al., 2001). At the cellular level, temporal summation of slow excitatory postsynaptic potentials may lead to a cumulative depolarization (Sivilotti et al., 1993). Additional NMDA receptor current on removal of the Mg$^{2+}$ block of the channels would further promote windup (Woolf & Salter, 2000). It is unlikely, however, that glutamate released from C-fibre terminals directly reaches postsynaptic NMDA receptors on WDR neurons in Sp5O, as well as in lamina V of the dorsal horn (Light & Perl, 1979b; Ralston, III & Ralston, 1982; Sugiura et al., 1986; Dalle et al., 1998). It is tempting to speculate that interneurons that transmit the nociceptive input from the superficial laminae provide the glutamatergic input to deep dorsal horn and Sp5O WDR nociceptive neurons. In summary, windup depends upon NMDA receptor activation at the end of the pathway which allows WDR neuron activation by C-fibres.

Our most intriguing finding, however, is that while amplification of the C-fibre input is in progress during windup, it remains under the control of an inhibitory mechanism. This mechanism depends on NMDA receptors located in the superficial laminae of the dorsal horn. This suggests a new, inhibitory role for NMDA receptors in pain processing at the segmental level. Such a mechanism is not tonic and is activated by the incoming nociceptive input itself. Indeed, it is unlikely to be triggered by activation of myelinated, large diameter fibres, as the inhibition could not be evoked from laminae III-IV of the dorsal horn where most Aβ-fibres terminate (Light & Perl, 1979a; Willis & Coggeshall, 1991). Furthermore, in the dorsal horn, NMDA receptors contribute to neurotransmission of C-fibre dependent inputs, not innocuous stimuli (Morris, 1989; King & Lopez-Garcia, 1993). The inhibitory mechanism also differs from heterotopic modulation by diffuse noxious inhibitory control (Le Bars et al., 1979), as it was evoked from the receptor field of the recorded neuron. A variety of inhibitory interneurons containing GABA, glycine or enkephalin have been shown to be present in the superficial dorsal horn (Hunt et al., 1981; Todd, 1990) and they may be involved in the NMDA-dependent inhibition of windup. Interestingly, terminals from unmyelinated primary afferent fibres synaptically contact GABA containing neurons (Bernardi et al., 1995) and some of these develop Fos immunoreactivity after noxious stimulation (Todd et al., 1994). Furthermore, NMDA receptor antagonists attenuate Fos expression in spinal dorsal horn GABAergic neurons after intradermal injection of capsaicin (Zou et al., 2001).
Functionally, the NMDA-dependent inhibition of windup, by working in concert with NMDA receptors that amplify pain information, provides a means of tuning the gain in nociception at the segmental level (Woolf & Salter, 2000). Windup and central sensitization are clearly not equivalent (Woolf, 1996), as windup amplifies the pain message for a few minutes only. The NMDA-dependent inhibition of windup, however, might prevent further activation of the intracellular signalling cascades involved in the development of central sensitization under sustained nociceptive C-fibre barrage (Woolf & Salter, 2000). We may thus speculate that under pathological conditions, dysfunction of the NMDA-dependent inhibition of windup could contribute to central sensitization of pain systems.

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**Abbreviations**

MDH: medullary dorsal horn  
NMDA: N-methyl-D-aspartate  
Sp5O: subnucleus oralis of the spinal trigeminal nucleus  
WDR: wide dynamic range

**References**


