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Biocompatible Polyion Complex Micelles Synthesized from Arborescent Polymers

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ABSTRACT: Water-dispersible polyion complex (PIC) micelles were prepared by the self-assembly of an arborescent polystyrene-graft-poly(2-vinylpyridine) copolymer (denoted G0PS-g-P2VP or G1) serving as core and a poly(acrylic acid)-block-poly(2-hydroxyethyl acrylate) (PAA-b-PHEA) double-hydrophilic block copolymer (DHBC) forming a shell. Varying the density of hydrophilic polymer chains in the stabilizing layer provided control over the size and structure of the entities obtained, from large flocculated species to stable isolated PIC micelles with diameters ranging from 42 to 67 nm. The hydrodynamic radius (determined from dynamic light scattering measurements), and the weight-average molar mass ($M_w$) and radius of gyration of the scatterers (extracted from static multi-angle light scattering data) evidenced the formation of either isolated or aggregated PIC micelles depending on the self-assembly conditions used (pH, concentration and mixing molar ratio $f$). Changes in the morphology of the arborescent copolymer after complexation were observed by atomic force microscopy (AFM) imaging. In particular, by varying the force applied with the AFM tip on the samples, the core–shell structure of the PIC micelles was clearly evidenced. The PIC micelles displayed no significant cytotoxicity towards mouse fibroblast L929 cells, a standard cell line recommended for toxicity assays, due to the good biocompatibility of the hydrophilic PAA-b-PHEA shell. In spite of a negative residual zeta potential due to an excess of negative charges, fluorescently labeled PIC* micelles were successful internalized by L929 cells, as confirmed by laser scanning confocal microscopy (LSCM) and transmission electron microscopy (TEM).

INTRODUCTION

In biomedical applications, colloidal stability is of critical importance to ensure the safety and efficacy of nanoscale products, since long blood circulation times are needed both for contrast agents and nanomedicines, while particles larger than 5 µm can cause capillary blockage and embolism. The modification of the surface of nanoparticles (NPs) by self-assembly or complexation with a copolymer is a technique commonly applied to the delivery of DNA (gene therapy) and oligonucleotides (anti-sense therapy), dendrimer porphyrin photosensitizers (photodynamic therapy), and other types of hydrophobic nanomaterials, by protecting (shielding) specific functions within the micellar core. Van der Waals (VDW) interactions are considered the main driving force leading to particle dispersion instability. However these can be counterbalanced by steric repulsions arising from a polymer coating, for example through adsorbed or grafted chains. When the magnitude of the attraction force between two colloidal particles at contact is greater than the thermal energy ($k_bT$) flocculation occurs, as seen for large cores stabilized by a low $M_w$ polymer. Increasing the $M_w$ of the stabilizing polymer efficiently reduces the magnitude of the VDW forces by limiting the minimal approach distance between the particles. Qualitatively, the polymer layer thickness must exceed the VDW effective attraction distance of 5 nm to impart stability to the dispersed phase. Since electrostatic stabilization is very sensitive to the ionic strength and the dielectric constant of the dispersion medium, polymeric stabilization (also referred to as steric stabilization), or a combination of steric and electrostatic (electrosteric) stabilization were preferred in this work, because the objective was to disperse the micelles in cell culture media. Considering that the grafted P2VP units of the arborescent G1 or G0PS-g-P2VP copolymer used in this investigation can be protonated, a polymer stabilizing shell bound through polyionic interactions appears promising, since it offers stronger interactions than physical adsorption and is much more versatile than covalent bonding.
The use of electrostatic interactions between two linear and oppositely charged polymers to form PIC micelles was first reported in the mid-1990s and immediately drew considerable attention. The main driving force for polymer complexation is a combination of Coulombic attraction and an entropy gain through the release of counterions. More precisely, polymer complex formation is ascribed to a decrease in total electrostatic free energy, due to a change in translational entropy for the small counterions and to the total electrostatic (or Born) energy. Hydrophobic interactions and hydrogen bonding are considered additional contributions to the polymer complex formation process.

Hydrogen bonding was sometimes cited as the driving force for the complexation of poly(2-vinylpyridine) (P2VP) or poly(4-vinylpyridine) (P4VP) homopolymers with poly(acrylic acid) (PAA) or poly(methacrylic acid) (PMAA) in ethanol/water (1:1) solutions.13 Intermolecular hydrogen bonding was also mentioned in the complexation of P4VP/P2VP-containing block copolymers (BCs) with PAA in DMF,14 with preformed PS-b-PAA micelles in ethanol,13 as well as with triblock copolymers of poly(ethylene oxide) monomethyl ether methacrylate and acrylic acid, (PEO₉MA)₇⁻,b-PAA₆₅₇-b-(PEO₉MA)₇₀ in DMF.16 By changing the solvent, tuning the chain length and adjusting the stoichiometry ratio of the complex, the extent of hydrogen bonding between PAA and poly(3-caprolactone)-b-poly(2-vinyl pyridine) in THF/ethanol could be controlled.17 The solvent was found to have a strong impact on the nature of the driving force for the complexation between P4VP and PS-b-PAA: Weak hydrogen bonding was observed in ethanol, while strong polyion interactions were reported in ethanol/water (1:1) solutions.18

Polyion complexation in an aqueous environment is not straightforward for the weak base P2VP, since the pH affects the degree of ionization of weak polyelectrolytes before complexation. Thus PIC micelles obtained by the complexation of P2VP-b-PEO with the strong polyanion sodium poly(4-styrenesulfonate) in water acidified to pH 4 exhibited reversible dissociation at elevated pH and reassembly upon decreasing the pH.19 The formation of PIC micelles upon mixing protonated P2VP-b-PEO with PMAA-b-PEO could only be achieved within a limited pH range (2 < pH < 6.1) to avoid the self-assembly into pure (single polymer) micelles of either PMAA-b-PEO at low pH or P2VP-b-PEO at high pH.20 Interesting phase behavior and micellization phenomena (e.g. heteroarm star-like micelles, irregular aggregates...) were also observed at various pH in the self-complexation of a P2VP-b-PMMA-b-PAA block terpolymer in aqueous dilute solutions.21 Wang et al.22 further reported the penetration of poly(N-isopropylacrylamide-co-4-vinylpyridine) statistical copolymer chains dissolved in an HCl solution into rigid preformed core–shell PS-co-PMAA microspheres.

To the best of our knowledge, most of the studies in the literature were performed with polyvinylpyridine (PVP) homopolymers or block copolymers, but not with complex polymer architectures containing PVP blocks as side-chains. Therefore this is the first report on the complexation of poly(acrylic acid)-b-poly(2-hydroxyethyl acrylate) (PAA-b-PHEA) with an arborescent graft copolymer (GoPS-g-P2VP) in water to produce well-defined (non-aggregated) PIC micellar species. Water was used as the complexation solvent to obtain PIC micelles in one step, instead of relying upon micellization in organic solvents followed by transfer to aqueous media by heating or stepwise dialysis. The current investigation aimed to characterize the PIC micelles in their dispersed form before examining their structure in the dry state, in contrast to most studies mentioned above. The goal of the PIC process was to anchor PAA-b-PHEA onto the surface of the G1 copolymer, such that the PHEA tails would form a swollen shell increasing the separation distance between the particles to the extent that VDW attractions would become negligible (> 5 nm, as observed for many colloidal systems). The micellar structures thus obtained were expected to be colloidally stable in water at pH 7, and most importantly biocompatible due to the shell of PHEA, a highly biocompatible material. The ability of PAA-b-PHEA DHBCs (with different block lengths) to stabilize the hydrophobic G1 substrate was evaluated using dynamic light scattering (DLS) and static multi-angle laser light scattering (MALLS) measurements, while the PIC micelle internal structure was further analyzed by atomic force microscopy (AFM). Cytotoxicity and cell internalization studies are presented in the last section, to demonstrate the usefulness of such PIC micelles in a biological context.

EXPERIMENTAL SECTION

Synthesis of polymers. The G1 or GoPS-g-P2VP copolymer (Mₑₒ = 1.1×10⁶ g mol⁻¹; Mₑₒ/Mₑᵣ = 1.08), consisting in a Go or comb-branched polystyrene substrate grafted with 182 P2VP side-chains and having a 2VP unit content of 91 mol%, was synthesized by Gauthier and Munam. The synthesis and characterization of PAA-b-PHEA DHBCs with varying block lengths are described in the Electronic Supporting Information (ESI) S1. The preparation of fluorescently labeled PAA₂₇⁻,b-PHEA₆₀₀ (referred to as PAA₂₇⁻,b-PHEA₆₀₀) is also described in ESI S2.

Preparation of Polyion Complex Micelles. Complexation of the G1 arborescent copolymer with various amounts of different PAA-b-PHEA DHBCs was carried out in aqueous solutions. Hereafter the parameter  f = CO₂H/N will be used to quantify the molar ratio between the CO₂H groups (from the PAA segment of the DHBCs) and the N moieties (2VP units of G1). The
RESULTS AND DISCUSSION

Synthesis of the PAA-b-PHEA DHBCs and Fluorescent Labeling. The determination of the number-average degree of polymerization of the polymers is described in ESI S1.2. The apparent molar mass dispersity of copolymers $D_{\text{SEC}} = M_{\text{c}}/M_{\text{n}}$, determined by size-exclusion chromatography (ESI S1.2), was as follows: PAA$_{27}$-b-PHEA$_{56}$ ($D_{\text{SEC}} = 1.15$), PAA$_{37}$-b-PHEA$_{50}$ ($D_{\text{SEC}} = 1.23$), PAA$_{27}$-b-PHEA$_{36}$ ($D_{\text{SEC}} = 1.08$), and PAA$_{27}$-b-PHEA$_{36}$ ($D_{\text{SEC}} = 1.16$). The number of fluoresceinamine (FA) molecules conjugated per PAA*-b-PHEA$_{36}$ molecule (containing 27 CO$_2$H groups) was 1.88 ± 0.15, corresponding to 7.0 mol% labeling, which was sufficient to image the micelles in fluorescence microscopy whilst not changing their colloidal properties (hydrodynamic diameter and zeta potential; ESI S2.2).

PIC Micelles in Water. GoPS-$g$-P2VP is insoluble in aqueous media at neutral pH, while PAA-b-PHEA is soluble. No micelles nor aggregates are formed when mixing them directly at pH 7. To maximize the interactions between the two weak polyelectrolytes PAA and P2VP, it is crucial to ionize these components before the complexation, by protonating a portion of the amine groups of P2VP (pK$_a$ = 5)$^{99}$ into NH$,^+$ and ionizing some of the CO$_2$H moieties of PAA (pK$_a$ = 6.5)$^{99}$ into CO$_2$$. It should be easier to form stable electrostatic bonds between polycations and polyanions within a pH range where a majority of both the acid and basic moieties exist in their ionic forms,$^{99}$ but this was difficult to achieve for our system. Figure SI-5 illustrates the challenge in finding a pH range where the majority of both components exist in their ionic forms. Complexation is unfavorable at either too low (acidic) or too high (basic) pH values, but pH 4.7 was selected as a compromise solution such that ca. 67% of the 2VP moieties would be protonated, while 1.6% of the carboxylic groups would exist in their anionic form according to the classical Henderson-Hasselbalch law of ionization for weak acids and bases. The interactions between PAA and P2VP may be much stronger at that pH in practice, since the apparent pK$_a$ value of PAA was found by Burke and Barrett$^{35}$ to shift downwards by up to 4 pH units when incorporated into multilayer assemblies, which would result in larger acid and base activities.

Intermolecular hydrogen bonding between neutral H-donor CO$_2$H groups in the PAA segments and neutral H-acceptor N groups in P2VP has been claimed to be the main driving force for complexations performed in organic solvents.$^{14,37-35}$ In aqueous environments at pH 4.7, multiple intermolecular hydrogen bonding interactions may also assist at least transiently the electrostatic interactions in the complexation process. However at pH 7, these hydrogen bonds should be perturbed due to increased ionization of the CO$_2$H groups, allowing the electrostatic interactions to play a dominant role in the polyeion complexation process.$^{36}$ At pH 7 ca. 76% of the CO$_2$H functionalities should exist in their ionic form, while much less (i.e. < 1%) of the N moieties may stay protonated, which should result in negatively charged PIC micelles at every $f$ investigated. This was confirmed with zeta potential measurements (Figure 1). Electrostatic repulsions between these negatively charged PIC micelles, as indicated by their large zeta potential (ZP) values (Figure 1), may contribute significantly to colloidal stability of the particles, in addition to steric stabilization by the neutral PHEA chains.

Dynamic Light Scattering (DLS) Measurements. The PIC process was optimized in terms of its ability to yield exclusively isolated (non-aggregated) micellar structures, i.e. incorporating only one G1 substrate molecule within their core. To this end, DLS measurements at 90° were used to generate number- and intensity-weighted size distributions and the corresponding average hydrodynamic diameters for most sample compositions investigated. The G1 substrate had an intensity-average hydrodynamic diameter $D_h^I = 29 ± 4$ nm, with an extremely low polydispersity index (PDI = 0.04) at pH 4, which is much larger than the theoretical hard-core diameter ($D_{G1} = 14.6$ nm calculated from the bulk densities of PS and P2VP of 1.05 and 1.17 g/cm$^3$ respectively, and the molar mass of the G1 polymer) for a collapsed PS-P2VP hydrophobic sphere at pH 7. The coiled dimensions of the PHEA segments ($l_{\text{PHEA}}$) in the different DHBCs, ranging from 7.1 to 12.2 nm, suggests that the absolute...
maximum hydrodynamic diameter of isolated PIC micelles (derived from a single G1 molecule), denoted thereafter \( D_{\text{max}} \), should be in a range of ca. 29–40 nm, with a narrow and unimodal size distribution, in analogy to the G1 substrate. The thickness of the protecting layer \( \delta^h = \frac{1}{2} \left[ D^h_{\text{PIC}} - D^h_{G1} \right] \) can be calculated for an isolated micelle, where \( D^h_{G1} \approx 14.6 \text{ nm} \) for a collapsed spherical PS-g-P2VP core. This information was used to determine the nature of the core–shell nanoparticles obtained, i.e. whether they were built around a single G1 polymer core (isolated micelles) or aggregated (multi-core) species.

In all cases where an intensity-weighted unimodal size distribution was obtained by DLS analysis, similar results were also obtained for number- and volume-weighted distribution curves, but with peaks in a lower size range (Figures SI-6 and SI-7). The intensity-weighted z-average \( D^h_{\text{z}} \) was obtained by cumulants analysis of the autocorrelation function for the scattered intensity (see ESI S3.1). This value is shifted towards larger sizes as compared to the number-average radius \( D^n_{\text{z}} \), because it is dominated by the larger components of the size distribution. Since only unimodal distributions were obtained in the current investigation, the use of cumulants analysis was justified and the number-weighted mean diameter \( D^n_{\text{z}} \) can be used to describe the size of the PICs without bias towards larger sizes. The \( D^n_{\text{z}} \) values obtained, reported together with the \( D^h_{\text{z}} \) values in Table 1, therefore provide more realistic PIC dimensions than the z-average \( D^h_{\text{z}} \) for comparison with other number-weighted measurements (e.g. AFM analysis).

**Table 1.** Hydrodynamic diameter and polydispersity index of G1@PAA-b-PHEA PIC micelles in water at 90°, pH 7 and 25 °C for various \( f \) ratios. The optimal \( f \) values for each DHBC are **bolded**.

<table>
<thead>
<tr>
<th>f</th>
<th>9</th>
<th>6</th>
<th>3</th>
<th>1</th>
<th>0.5</th>
<th>0.25</th>
<th>0.125</th>
</tr>
</thead>
<tbody>
<tr>
<td>G1@PAA27-b-PHEA56</td>
<td>( D^h_{\text{z}}/D^n_{\text{z}} ) (nm)</td>
<td>67/44</td>
<td>84/61</td>
<td>184/80</td>
<td>1600</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>(( l_{\text{PHEA}} \approx 7.3 \text{ nm,} \ D_{\text{max}} \approx 29 \text{ nm}) )</td>
<td>PDI</td>
<td>0.16</td>
<td>0.10</td>
<td>0.20</td>
<td>-1</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>G1@PAA13-b-PHEA50</td>
<td>( D^h_{\text{z}}/D^n_{\text{z}} ) (nm)</td>
<td>48/36</td>
<td>66/45</td>
<td>100/75</td>
<td>1290</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>(( l_{\text{PHEA}} \approx 7.1 \text{ nm,} \ D_{\text{max}} \approx 29 \text{ nm}) )</td>
<td>PDI</td>
<td>0.07</td>
<td>0.10</td>
<td>0.07</td>
<td>-1</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>G1@PAA13-b-PHEA50</td>
<td>( D^h_{\text{z}}/D^n_{\text{z}} ) (nm)</td>
<td>-</td>
<td>-</td>
<td>50/32</td>
<td>46/29</td>
<td>104/83</td>
<td>169/98</td>
</tr>
<tr>
<td>(( l_{\text{PHEA}} \approx 10.1 \text{ nm,} \ D_{\text{max}} \approx 35 \text{ nm}) )</td>
<td>PDI</td>
<td>-</td>
<td>-</td>
<td>0.18</td>
<td>0.14</td>
<td>0.04</td>
<td>0.16</td>
</tr>
<tr>
<td>G1@PAA13-b-PHEA50</td>
<td>( D^h_{\text{z}}/D^n_{\text{z}} ) (nm)</td>
<td>-</td>
<td>-</td>
<td>9</td>
<td>7</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>(( l_{\text{PHEA}} \approx 12.2 \text{ nm,} \ D_{\text{max}} \approx 39 \text{ nm}) )</td>
<td>PDI</td>
<td>-</td>
<td>-</td>
<td>0.18</td>
<td>0.13</td>
<td><strong>0.08</strong></td>
<td>0.18</td>
</tr>
</tbody>
</table>

\( D^h_{\text{z}} \) and \( D^n_{\text{z}} \): intensity-weighted and number-weighted hydrodynamic diameters; \( \text{PDI} \): Polydispersity index; \( \text{Thickness of protecting layer} \) \( \delta^h = \frac{1}{2} \left[ D^h_{\text{PIC}} - D^h_{G1} \right] \) calculated for an isolated micelle, where \( D^h_{G1} \approx 14.6 \text{ nm} \) for a collapsed spherical PS-g-P2VP core. The coiled dimensions of PHEA blocks indicated in parentheses \( (l_{\text{PHEA}}) \) were used to estimate the maximum theoretical diameter of an isolated core–shell assembly for each copolymer.

**G1@PAA27-b-PHEA56 and G1@PAA13-b-PHEA50** (\( l_{\text{PHEA}} \approx 7.1–7.3 \text{ nm,} \ D_{\text{max}} \approx 29 \text{ nm} \)). These two systems had similar characteristics and thus will be discussed concomitantly. The \( f = 1 \) ratio failed to yield a dense-enough polymeric shell to stabilize the G1 molecules, resulting in \( >1.2 \mu \text{m} \) diameter agglomerates. For \( f = 3, 6 \) and 9, stable PIC micelle dispersions were obtained with decreased \( D^n_{\text{z}} \) values approaching the theoretical \( D_{\text{max}} \). Increasing the \( f \) ratio provided more DHBC chains to the stabilizing shell and increased the CO\(_2\) charge density surrounding the G1 molecules, leading to stronger electrostatic repulsions, as well as smaller and more stable particles due to their enhanced colloidal stability. The reduction in the PAA chain length from 27 to 13 units, whilst maintaining a comparable length for the PHEA block, resulted in smaller particle sizes and much narrower size distributions (for \( f = 3, 6, 9 \)). Indeed when PAA\(_{27}\)-b-PHEA\(_{56}\) and PAA\(_{13}\)-b-PHEA\(_{50}\) are used at the same \( f \) ratio, the latter corresponds to twice as many chains (providing a higher density of stabilizing segments) for the same number of CO\(_2\)H functionalities. However even for the highest ratio \( (f = 9) \), the micelles seem to be aggregated since: i) the \( D^n_{\text{z}} \) is much larger than \( D_{\text{max}} \approx 29 \text{ nm} \); ii) the thickness \( \delta^h \approx 15-
11 nm is larger than \( l_{\text{PHEA}} \approx 7.3-7.1 \) nm. The very negative ZP of the PIC micelles (ca. \(-29\) mV, Figure 1) also confirms the excess of \( \text{CO}_2^- \) at pH 7 in all cases, and suggests an important contribution of electrostatic repulsions to PIC micelle stability. In most cases, however, even a combination of electrostatic and steric stabilization was insufficient to produce isolated PIC micelles. The optimal composition of these systems was determined to be for \( f = 9 \), which is relatively high.

**Figure 1.** Intensity- (top) and number-weighted hydrodynamic diameters (bottom) for four series of PIC micelles. The first data point in each series is disconnected from the trend line because it is off-scale. The zeta potential values for the samples are provided next to each data point.

\[
\text{G1@PAA}_{13}-b-\text{PHEA}_{150} (l_{\text{PHEA}} \approx 10.1 \text{ nm}, D_{\text{max}} \approx 35 \text{ nm}) \quad \text{and} \quad \text{G1@PAA}_{27}-b-\text{PHEA}_{260} (l_{\text{PHEA}} \approx 12.2 \text{ nm}, D_{\text{max}} \approx 39 \text{ nm}).
\]

Good stabilization was observed for a ratio \( f = 3 \), yielding PIC micelles with \( D_h = 32 \text{ nm} \) and \( 37 \text{ nm} \) (< \( D_{\text{max}} \)), respectively, and relatively narrow size distributions (PDI = 0.18). The seemingly non-aggregated nature of these micelles highlights the advantages of these DHBCs. The thicker PHEA shell (shell thickness \( \delta_n \approx 9 \) and 11 nm, exceeding the 5 nm effective distance of VDW forces) provides enhanced steric stability for the PIC micelles, which favors the formation of isolated PIC species even though the contribution from electrostatic stabilization is fairly small (ZP = \(-13\) and \(-19\) mV, Figure 1).

Stabilization was also investigated for \( f = 1 \), yielding \( \text{G1@PAA}_{13}-b-\text{PHEA}_{150} \) PIC micelles with \( D_h = 29 \text{ nm} \) (PDI = 0.14, ZP = \(-15\) mV), and for \( \text{G1@PAA}_{27}-b-\text{PHEA}_{260} \) \( D_h = 34 \text{ nm} \) (PDI = 0.13, ZP = \(-17\) mV). These PIC micelles are still likely non-aggregated, with a shell thickness \( \delta_n \approx 7-10 \) nm; for the same \( f \) ratio, \( \text{PAA}_{27}-b-\text{PHEA}_{260} \) increased the layer thickness by ca. 2-3 nm, in agreement with the larger dimensions of the PHEA chains. Reducing the \( f \) ratio from 3 to 1 decreased the density of DHBC in the micelles 3-fold, such that steric stabilization due to the long polymer chains presumably dominated colloidal stability. These results show that by introducing more HEA units into the polymeric stabilizer, the colloidal stability of the PIC micelles changed from electrosteric (a combination of electrostatic repulsion and steric stabilization, when using short PHEA chains) to predominantly steric stabilization (when employing longer PHEA blocks). Upon reducing the \( f \) ratio further to 0.5, 0.25 and 0.125, the decreased density of DHBC chains in the PIC assemblies led to flocculation for the \( \text{G1@PAA}_{27}-b-\text{PHEA}_{260} \) system, suggesting that the optimal \( f \) for this DHBC is \( f = 1 \). The influence of steric stabilization imparted by longer chains is also evident as \( \text{G1@PAA}_{27}-b-\text{PHEA}_{260} \) \( f = 0.5 \) had \( D_h = 26 \text{ nm} \), fairly close to the size of the collapsed G1 core (\( D_{\text{G1}} = 14.6 \text{ nm} \), \( \delta_n \approx 6 \) nm) and a narrow size distribution (PDI = 0.08), thus confirming their non-aggregated nature. The \( \text{G1@PAA}_{27}-b-\text{PHEA}_{260} \) \( f = 0.5 \) PIC micelles are the smallest colloidally stable micelles obtained. The ca. 6 nm shell thickness gives a closest distance of approach between
two cores of 12 nm, still exceeding the 5 nm minimum effective distance and further confirming the superior stabilizing ability of this copolymer. Further reduction in the $f$ ratio leads to fewer stabilizing chains per micelle. For $f = 0.25$ and 0.125, the DHBC content was insufficient for stabilization of the G1 copolymer in its isolated form, which led to the formation of larger, aggregated micellar species. The most efficient copolymer tested for the preparation of isolated PIC micelles was therefore PAA$_{27}$-b-PHEA$_{150}$ as it maintained a sufficient thickness for the protecting shell while allowing a sufficient density of chains to cover the G1 substrate. For these copolymers, the optimal $f$ was about 0.5–i, i.e. close to charge stoichiometry.

**Multi-Angle Static and Dynamic Light Scattering.**

Static MALLS measurements were performed on selected PIC micelle samples over a concentration range of 0.2–1 mg·mL$^{-1}$ and at 25 angles ranging from 30–150°, to be extrapolated to zero concentration and angle by the Zimm technique (Figures SI-8 to SI-10) to determine their weight-average absolute molecular weight ($M_\text{w}$), radius of gyration ($R_g$), and second virial coefficient ($A_2$).

The hydrodynamic radius ($R_h$) of these samples was also determined at 25 different angles by 2nd order cumulants analysis of the dynamic light scattering (DLS) data at a concentration of 1 mg·mL$^{-1}$, and extrapolation to zero angle as discussed in ESI S3.3 (Fig. SI-11). The results obtained by both techniques are summarized in Table 2.

**Isolated vs. Aggregated Micelles.**

The nature of the PIC micelles may be investigated by comparing the experimental weight-average molecular weight $M_\text{w(Exp)}$ obtained from static multi-angle laser light scattering (MALLS) data analysis with the molecular weight of the arborescent substrate ($M_\text{w(Gi)} = 1.1 \times 10^6$ g·mol$^{-1}$) and the theoretical molecular weight based on the amounts of each component used in the complex formation, $M_\text{w(Theor)} = M_\text{w(Gi)} \times \text{wt(Gi+BC)}/\text{wt(Gi)}$ where wt(Gi+BC) is the total weight of PIC micelles recovered after dialysis. The formation of isolated micelles can be confirmed if $M_\text{w(Exp)}$ is in a range comparable to $M_\text{w(Gi)}$, while for $M_\text{w(Exp)} >> M_\text{w(Theor)}$ the formation of aggregates is unambiguously demonstrated.

<table>
<thead>
<tr>
<th>$\text{Gi@PAA}_x$-b-PHEA$_y$</th>
<th>$M_\text{w(10^6 g·mol}^{-1}$</th>
<th>$f$</th>
<th>Theor.</th>
<th>Exp.</th>
<th>#BC/PIC</th>
<th>$R_g$ (nm)</th>
<th>$R_h$ (nm)</th>
<th>PDI</th>
<th>$\rho = R_g/R_h$</th>
<th>$A_2$ ($10^{-3}$ cm$^3$/mol·g$^{-2}$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>27-56</td>
<td>9</td>
<td>18.7</td>
<td>1.3</td>
<td>22</td>
<td>26.7</td>
<td>28.7</td>
<td>0.30</td>
<td>0.93</td>
<td>9.5</td>
<td></td>
</tr>
<tr>
<td>13-50</td>
<td>9</td>
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The non-aggregated nature of PIC micelles prepared from the DHBC with long PHEA segments, Gi@PAA$_{33}$-b-PHEA$_{150}$ with $f = 3$ and 1, and Gi@PAA$_{27}$-b-PHEA$_{260}$ with $f = 0.5$ was previously concluded from the DLS measurements at 90°. This is also confirmed by the MALLS data since $M_\text{w(Exp)} < 2 \times M_\text{w(Gi)}$ with $M_\text{w(Gi)} = 1.1 \times 10^6$ g·mol$^{-1}$. This is probably also true for Gi@PAA$_{33}$-b-PHEA$_{260}$ with $f = 3$ and $f = 1$, for which $M_\text{w(Exp)} < 3 \times M_\text{w(Gi)}$ and non-aggregated character was likewise concluded from the DLS measurements when comparing the $D_n$ of the arborescent substrate and the PIC micelles. This assumption allows the calculation of the average number of chains shielding a G1 core in the micelles. For the five samples deemed to be non-aggregated, the number of DHBC chains per micelle varied from 27 PAA$_{27}$-b-PHEA$_{150}$ surrounding one G1 core for $f = 1$, to 68 molecules for Gi@PAA$_{27}$-b-PHEA$_{260}$ with $f = 3$. The number of DHBC molecules per micelle increased as the amount of copolymer ($f$ ratio) used in their preparation was increased, which seems reasonable. It is also larger for the PAA$_{27}$-b-PHEA$_{260}$ sample series in comparison to the PAA$_{33}$-b-PHEA$_{150}$ samples, in spite of the longer PHEA$_{260}$ segment increasing the DHBC bulkiness. This highlights the dominating influence of the anchoring PAA segment length in determining the number of copolymer chains incorporated in the PIC micelles.
Since the $M_w(\text{Exp})$ determined for PIC micelles G1@PAA13-b-PHEA150 with $f = 0.5$ and 0.25, and G1@PAA13-b-PHEA260 with $f = 0.25$ was larger than $M_w(\text{Theor.})$, the micelles clearly flocculated due to the lack of stabilizer within the PIC shell. Contrary to our expectations, the G1@PAA13-b-PHEA150 and G1@PAA13-b-PHEA360 systems with $f = 9$, thought to be aggregated on the basis of the DLS measurements, were found to have $M_w(\text{Exp}) < 2xM_w(\text{G1})$. The expected structure of these two assemblies will be further discussed on the basis of their $\rho$-parameter below.

$\rho$-Parameter. The ratio of the gyration and hydrodynamic radii $R_g/R_h$, also known as the $\rho$-parameter, is structure-sensitive and can provide information on the morphology of PIC micelles. For example, $\rho = 0.775$ is expected for rigid spheres of uniform density, while $\rho = 1.7$-2.0 is typically observed for randomly coiled polymer chains. However, for particles combining a dense core and partly coiled, less dense chain segments forming the shell, the concentration of the mass within their core can lead to a small radius of gyration, and $\rho$-values below the rigid sphere “limit” are thus often observed, while $\rho$-values close to 0.775 more likely reflect a core–shell structure with a non-homogenous mass density. Thus $\rho$-parameters below the rigid sphere limit (0.58 < $\rho$ < 0.61) were reported for lightly and moderately cross-linked PMMA microgels in THF, and 0.61 < $\rho$ < 0.68 for spherical PS microgels measured in toluene. Micelles with PS segregated within the micellar core, surrounded by less dense PMAA segments in a dioxane : water 80 : 20 v/v solvent mixture had $\rho$-values ranging from 0.37 to 0.6. It is also possible for a core–shell structure to have $\rho > 0.775$, as reported for CdS@PS-b-PMMA hybrid inorganic–organic core–shell NPs with $\rho = 1.3$ in toluene (where both PMMA and PS chain segments were swollen), and with $\rho = 1.1$ in acetone (where the PS chains were collapsed).

The DLS data used in the $\rho$-parameter analysis were extrapolated to zero angle at a concentration of 1 mg/mL (ESI S3.3) to determine the hydrodynamic radius ($R_h$). The differences observed by extrapolation in comparison to the 90° data were relatively small in most cases (10% on average). Concentration-dependent DLS measurements also revealed that the influence of concentration (0.2–1 mg/mL) on the results was negligible, with ca. 1% variation among the samples. Consequently, only the data obtained at 1 mg/mL were considered in the multi-angle DLS analysis. Since a collapsed core-loose stabilizing shell morphology was postulated earlier for our PIC micelles, the $\rho$-parameter should reflect the relative masses of the G1 core and shell components. Thus for G1@PAA13-b-PHEA150 with $f = 9$, the value $\rho = 0.93$ obtained could suggest a core–shell structure. However the unexpectedly large $D_{h} = 44$ nm (Table 1) and extrapolated $D_h = 57$ nm (2x$R_h$ in Table 2) vs. $D_{\text{Exp}} = 29$ nm suggest an aggregation pattern corresponding to a mixture of isolated and aggregated species. The $M_w(\text{Exp})$ of these assemblies, being less than $2xM_w(\text{G1})$, most likely results from a dominant population of isolated species in comparison to aggregated species, resulting in an average hydrodynamic diameter larger than that expected for isolated micellar species. The situation is different for G1@PAA27-b-PHEA260 $f = 9$, with a very large $\rho = 1.97$ and $M_w(\text{Exp}) = 1.4\times10^6$ g mol$^{-1}$, slightly larger than $M_w(\text{Exp}) = 1.3\times10^5$ g mol$^{-1}$ in the previous case, corresponding to more repulsive interactions (larger $A_j$) resulting from a denser neutral polymer shell, decreasing the effective hydrodynamic diameter.

The non-aggregated PIC micelles G1@PAA13-b-PHEA360 with $f = 3$ and 1 have $\rho = 1.46$ and 1.13, respectively, consistent is with a core–shell structure. These values are indeed well above the rigid dense sphere value, which evidences the large contribution from the mass of swollen block copolymer chains in the shell surrounding the collapsed arborescent core. The protecting shell was likely less dense for $f = 1$ than for $f = 3$, as evidenced by the somewhat lower $M_w(\text{Exp})$. This also led to smaller $R_g$ (27.7 vs. 35.8 nm) and $\rho$ (1.13 vs. 1.46) values for $f = 1$, in agreement with the former interpretation of the results.

Among the $R_g$ values obtained for the G1@PAA13-b-PHEA360 system, only the values for $f = 3$ and 0.25 are considered reliable since the other two samples had $R_g < 1.20$ – 15 nm, i.e., dimensions in a range outside the Guinier approximation domain, leading to large errors. On that basis, $\rho = 0.8$ obtained for the PIC micelles with $f = 3$ is considered consistent with a dense core–swollen shell morphology. It is tempting to come to the same conclusion for $f = 1$ and 0.5, in spite of the large errors expected on the $R_g$ values. Furthermore, the non-aggregated PIC micelles in the G1@PAA13-b-PHEA360 series with $f = 3$, 1 and 0.5 exhibit a larger $\rho$-value for $f = 3$. This could be due to a more extended conformation for the copolymer chains in the shell for $f = 3$, resulting from increased steric crowding effect in this sample which had the highest molecular weight among all the non-aggregated samples ($M_w(\text{Exp}) = 3.2\times10^6$ g mol$^{-1}$).

The aggregates produced by the PIC micelles G1@PAA13-b-PHEA260 with $f = 0.25$ were characterized by $\rho = 0.57$, suggesting the formation of a dense collapsed core with a relatively small number of G1 molecules ($M_w(\text{Exp}) = 9.7\times10^6$ g mol$^{-1}$). Similarly, $\rho = 0.89$ obtained for the aggregates G1@PAA13-b-PHEA360 $f = 0.5$, would correspond to a dense core formed by a larger number of G1 molecules ($M_w(\text{Exp}) = 3.9\times10^7$ g mol$^{-1}$), surrounded by a loose shell of PHEA chains. This low $\rho$-parameter value could also be due to the presence of small clusters composed of many PIC micelles as suggested by Qin et al. The $\rho = 1.56$ value obtained for G1@PAA37-b-PHEA360 micelles with $f = 0.25$, apart from corresponding to even larger aggregates of G1 molecules ($M_w(\text{Exp}) = 1.7\times10^7$ g mol$^{-1}$), could also correspond to the formation of linear cluster structures, given that $\rho$ is significantly larger than in the previous case.
**Second Virial Coefficient.** The second virial coefficient ($A_2$) of polymers in solution obtained from MALLS data is a measure of solvent quality or solvent–polymer interactions. All the measured $A_2$ values were positive, reflecting favorable interactions between the –OH groups in the PHEA segments of the PIC micelles with the solvent (water). However the range of values observed (from $0.2 \times 10^{-5}$ to $19.3 \times 10^{-5}$ cm$^3$ mol$^{-2}$) is indicative of variations in the solvent–polymer interactions. It can be noted that: 1) Values in the high-end were observed mostly for systems with $f > 1$, regardless of the specific DHBC used, thus reflecting the importance of interactions between the –OH groups in the PHEA chains and water. 2) Lower $A_2$ values were observed for lower $f$ ratios among the series of PIC micelles derived from the same DHBC type. This is also consistent with the first statement. 3) Comparison between the G1@PAA$_{7}$-b-PHEA$_{50}$ and G1@PAA$_{7}$-b-PHEA$_{650}$ PIC micelles at the same $f$ ratio produces the same result: The $A_2$ values for the former are smaller than for the latter. This is again related to differences in the number of –OH groups per PIC micelle. Taking $f = 3$ as an example, the G1@PAA$_{7}$-b-PHEA$_{50}$ micelle had ca. 5,000 –OH groups provided by 33 DHBC side chains, G1@PAA$_{7}$-b-PHEA$_{650}$, carried ca. 17,500 –OH groups on 68 DHBC side chains.

The corresponding pH-dependent variations in $D_h$ and $D_h^c$ of the PIC micelles were similar (Figure 2c), but the discussion will focus on the trends observed in $D_h^c$. At pH 7.4, the number-weighted hydrodynamic diameter was 28.5 nm. Slight swelling of the PIC micelles to ca. 33 nm at pH 8–9.5 was likely caused by electrostatic repulsion between the CO$_2$H groups, even at higher ionic strengths after the addition of 0.1 M NaOH. The hydrodynamic diameter almost doubled as the pH was decreased from 7.4 to 5.8, and tripled at pH to 2, indicating the formation of aggregates. At the isoelectric point (pH 4) the PIC micelles formed small clusters, but no PIC micelle dissociation was observed within the pH range tested. The variations in ZP and size were reversible over the range of pH ≥ 7 (isolated structures), while between 3.5 ≤ pH ≤ 6.5 small clusters formed that persisted even if the pH was subsequently brought back to 7.

![Figure 2](image.png)

**Figure 2.** a) Dependence of $A_2$, on the number of –OH groups/PIC micelle. b) Zeta potential and c) Hydrodynamic diameter of PIC micelles G1@PAA$_{7}$-b-PHEA$_{650}$ with $f = 0.5$ at different pH.

**Atomic Force Microscopy.** The bare G1 substrate, deposited from acidic solutions (pH 4), exhibited ill-defined morphologies because the arborescent copolymer flattened extensively on mica (visible more clearly in the phase image of Figure 3, column 1), presumably due to strong electrostatic interactions between the protonated G1 and the negatively charged mica. Both the molecular diameter measured on the AFM image (ca. 43 nm, larger than the $D_h = 29$ nm in acidic solutions) and the height (ca. 1.9 nm) obtained by section analysis of the height image confirm strong flattening of the molecules. It is noteworthy that the PIC micelles obtained after complexation appeared as uniformly distributed, almost spherical particles with a narrow size distribution on the mica surface. The spherical morphology of the PIC micelles, shown in the 3D images and in section analysis of the images (Figure 3, column 2), are attributed in part to electrostatic
repulsions between the PIC micelles and mica, both negatively charged. Section analysis reveals a particle diameter for the solid PIC micelles of 27 nm (close to \(D_h\) = 26 nm measured in the aqueous dispersions), and a particle height of ca. 2.3 nm.

The phase lag of the cantilever oscillations with respect to the applied force is sensitive to variations in composition, adhesion, friction, viscoelasticity, as well as other factors. Since the pioneering work of Leclère et al., darker domains of AFM phase images have been assigned to "soft" materials in several reports, whilst the bright regions were ascribed to stiffer domains. The surface of PIC micelles changed dramatically in comparison to the G1 substrate, from a "stiff" GoPS-g-P2VP matrix appearing in bright color to a dark "soft" coating layer. This is interpreted as a transition from a glassy PS-g-P2VP core to the acrylic hydrophilic PHEA phase of lower \(T_g\), also potentially plasticized by adsorbed water. The size, size distribution and uniformity of the PIC particles assessed by AFM analysis provide strong evidence for the success of the polyion complexation process using DHBC PAA27-b-PHEA260.

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Figure 3. 3D images (row 1), height (row 2), phase AFM images (row 3) and section analysis (row 4) for the G1 substrate (column 1), G1@PAA27-b-PHEA260 with \(f = 0.5\) at set-points ratios of 0.96 (column 2), 0.92 (column 3), and 0.86 (column 4). The scale of all the images is 400 x 400 nm².

In Tapping Mode™, the oscillating force applied during scanning is related to the ratio of the set-point amplitude to the free-oscillation amplitude of the cantilever, usually defined as the set-point ratio. For set-point ratios close to but less than 1, a low force is applied on the surface whilst at smaller set-point ratios, the AFM tip interacts more strongly with the sample. By tuning the amplitude set-point and thus varying the interaction forces between the AFM tip and the particles, the morphology of PIC micelle can be probed. The PIC micelles (Figure 3) appear as spherical particles surrounded by a layer of "soft" PHEA (in darker color) at a set-point ratio of 0.96 (column 2). A stronger force applied at a set-point ratio of 0.92 (column 3) reveals the
“hard” PS core (bright color) inside each PIC micelle, with a surrounding softer ring (darker color), thus confirming the core–shell morphology of the micelles. This structure was further confirmed by the “mountain-like” topology of PIC micelles (shown in the 3D images and the section analyses). When the set-point ratio was further decreased to 0.86 (column 4), at which point the PIC micelles appeared in a “sunny side up” egg-like morphology on the height AFM images, only the rigid PS component could be detected in the phase image. It may thus be concluded beyond any doubt that AFM analysis confirmed the formation of a DHBC stabilizing layer on the G1 arborescent substrate, as deduced from the DLS and MALLS measurements.

Cytotoxicity Assessment. Due to the hydrophobicity of PS and P2VP at physiological pH, these polymers would be most likely isolated within the core of the PIC micelle, thus shifting the need for biocompatibility to the protecting shell, namely PAA and PHEA in our case. PAA has been used as an adhesive and surface-protective agent in dentistry, in eye drops, suppositories, capsules, wart creams, and in ophthalmic gels.50-53 PHEA has biocompatibility including low cytotoxicity and good cell compatibility,53-55 similarly to the more widespread poly(2-hydroxyethyl methacrylate). PHEA-based materials have been used in controlled release drug delivery55 and in cell culture media without significant cytotoxicity.54 Within the concentration range tested (from 0.2 to 10 mg·mL⁻¹), none of the PIC micelles displayed cytotoxicity on the L929 cells (Figure 4a, b), despite their different sizes ($D_{h}^I = 42$ and 87 nm for G1@PAA₂₇₋b-PHEA₁₆₀ $f = 0.5$ and 0.25; $D_{h}^I = 46$ and 104 nm for G1@PAA₁₃₋b-PHEA₁₅₀ $f = 1$ and 0.5). Even after a 48-h incubation period, the L929 cells were well-spread in the wells and some were still undergoing mitosis, indicating the proliferation capability of the cells after exposure to the NPs. The good cell viability is attributed to the high hydrophilicity, biocompatibility and electrostatic neutrality of the PHEA shell.

Figure 4. a) and b) Cytotoxicity profiles for PIC micelles G1@PAA-b-PHEA at various $f$ ratios with the L929 cells determined via MTS assay at different concentrations after 48 h of incubation. Cell viability is expressed as the mean value and the standard deviation from three independent experiments, each with four replicates per condition, relatively to untreated cells (100% control); c) to f) confocal laser scanning microscopy images; and g) 3D construction and $xz$, $yz$ sections for L929 cells treated with PIC* micelles (2 mg·mL⁻¹, 24 h incubation).

Cell Internalization Study. A preliminary qualitative cell internalization study by confocal laser scanning microscopy (CLSM) used the same cell line as the cytotoxicity assessment. The cytoskeleton F-actin was labeled with phalloidin (red), while the nuclei were labeled with DAPI (blue), as shown in Figure SI-12 (for L929 cells not treated with PIC micelles), and in Figure 4c to f (for L929 cells treated with the PIC* micelles).

Even though they had a net negative charge, the PIC* micelles G1@PAA₂₇₋b-PHEA₁₆₀ $f = 0.5$ were successfully internalized in the L929 cells, as evidenced by the green fluorescence found primarily in the cytoplasm at the periphery of the nuclear membrane, and probably in vesicles (Figure 4c to f). This observation is in good agreement with the residence of NPs in endosomes or lysosomes reported by other groups.55-56 The ease of internalization of the NPs is attributed to their small size ($D_{h}^I = 42$ nm, PDI = 0.08). The PIC* micelles were clearly visualized as individual green fluorescence species.
fluorescent dots below optical resolution (∼300 nm), thereby evidencing their non-aggregation within the cytoplasm of cells and their integrity: The PHEA shell may prevent degradation induced by proteases and other enzymes existing in the low pH environment of late endosomes and lysosomes. The cells contained variable numbers of PIC micelles. The 3D construction from a 50 CLSM image stack (Figure 4g) clearly shows the location of the PIC micelles inside the cytoplasm, although some also stayed at the periphery of the nuclear membrane.

CONCLUSIONS

PAA-b-PHEA DHBCs with four different block lengths were synthesized by ATRP, and for the first time employed as polymeric stabilizers for P2VP-containing arborescent substrate cores through polyion complexation in water. Control over the size and structure of the PIC micelles, from large flocculated species to stable isolated (non-aggregated) entities, was accomplished by tuning the density of the polymer stabilizing layer, either by varying the DHBC stoichiometry or the length of the PAA anchoring block, and most notably by varying the length of the nonionic PHEA block. Slightly better stability was achieved by decreasing the PAA block length from 27 to 13 units at constant length of the PHEA block, which presumably led to increased coverage by the DHBC on the surface of the micelles. Short PHEA tails were insufficiently bulky to impart good colloidal stability, while most effective stabilization was achieved when the length of the nonionic segments was increased to 260 units, even for the sub-stoichiometric complexation ratio $f = 0.5$. Evidence for isolated vs. aggregated structures formation was obtained by: i) comparing the hydrodynamic diameter of the micelles with the dimensions calculated for the collapsed core and ii) obtaining molar mass ($M_w$) and gyration–to–hydrodynamic radii ratio ($\rho$-parameter) values from static and dynamic light scattering measurements. The second virial coefficient $A_2$ obtained by MALLS also highlighted the dominating role of –OH/water interactions. The success of the complexation process and the core–shell morphology of PIC micelles were confirmed by imaging of the soft shell of PHEA surrounding the stiff G1 core through variations in the amplitude set-point in Tapping Mode™ AFM.

None of the PIC micelles incorporating one or multiple G1 arborescent core(s) and a shell of PAA-b-PHEA (tested at concentrations of up to 10 mg·mL$^{-1}$) had significant cytotoxicity for L929 cells after 48 h of incubation, in spite of their different coating densities and sizes. The good colloidal stability and non-cytotoxicity of the PIC micelles are ascribed to their good biocompatibility and hydrophilicity, and to the neutrality of the PHEA shell. In spite of being negatively charged, fluorescently labeled PIC+ micelles were successfully internalized through the L929 cell membrane to reach the cytoplasmic compartment and perinuclear region. The response of PIC micelles to pH variations could be useful for applications such as the preparation of metallic or metal oxide NPs. A forthcoming article will describe the preparation of magnetic PIC micelles, making use of their GoPS-g-P2VP core as chelator for iron oxide precursors, and as templating medium for the synthesis of inorganic nanoparticles. The PIC process using PAA-b-PHEA to stabilize hydrophobic P2VP-containing arborescent copolymers can be applied to different P2VP copolymers, or to more complex arborescent materials (e.g. hybrid organic–inorganic systems).

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge on the ACS Publications website http://pubs.acs.org/ at DOI: 10.1021/acs.langmuir.6b03683

Detailed procedures for the synthesis and characterization of the double-hydrophilic block copolymers and the PIC micelles. Methodology for biocompatibility and cell internalization assessment (PDF).

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Author Contributions. M. G. and O. S. conceived the overall approach and supervised the project. M.-C. D.P.-G. supervised the cell culture assessment. V. T. A. N. designed and performed experiments, analyzed data and wrote this manuscript, which was corrected by M.-C. D.P.-G., O. S. and M. G.

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ABBREVIATIONS

AFM, atomic force microscopy; CLSM, confocal laser scanning microscopy; DLS, dynamic light scattering;
REFERENCES AND NOTES

(24) One of the referees expressed strong objection to using “PIC micelle” terminology to describe the self-assembled structures obtained in the present investigation, insisting that they rather be described as “polymer complex colloids”, given the high molecular weight of the arborescent polymers used to prepare them. We insist on using this particular nomenclature.
however, considering that 1) under optimal conditions, the self-assembled structures incorporate one single arborescent polymer molecule with well-defined characteristics (narrow molecular weight distribution, controlled branching density, etc.), as opposed to a solid particle, 2) coupling of the double-hydrophilic block copolymer with the hydrophobic arborescent substrate is achieved via electrostatic interactions, and 3) the amphiphilic character of the assemblies is indeed analogous to other micellar species such as those obtained by the self-assembly of amphiphilic block copolymers, as well as amphiphilic dendritic structures. The use of the term "micelles" to describe different types of dendritic amphiphiles (the closest analogues to the systems being investigated) is indeed widespread in the literature, as demonstrated by the following four reviews on these types of amphiphilic constructs.


