Perenniality induces high inbreeding depression in self-fertilising species.

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Abstract

When predicting the fate and consequences of recurring deleterious mutations in self-fertilising populations most models developed make the assumption that populations have discrete non-overlapping generations. This makes them biologically irrelevant when considering perennial species with overlapping generations and where mating occurs independently of the age group. The few models studying the effect of perennial life-histories on the genetic properties of populations in the presence of self-fertilisation have done so considering age-dependent selection. They find low levels of inbreeding depression in perennial populations that do not explain empirical observations. Here we propose a simple deterministic model in continuous time with selection at different fitness traits and feedback between population fitness and size. We find that a perennial life-history can result in high levels of inbreeding depression in spite of inbreeding, due to higher frequencies of heterozygous individuals at the adult stage. We also propose that there may be demographic advantages for self-fertilisation that are independent of reproductive success.

Keywords: Perennial, Self-fertilisation, Genetic load, Population size, Inbreeding depression, Demography

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1 1. INTRODUCTION

2 The prevalence of outcrossing in phylogenies where self-fertilisation has
 3 evolved independently several times (and with no detected returns to out-
 4 crossing [25]) is a long-running question in evolutionary biology. Though it
 5 has been suggested that self-fertilisation is an evolutionary dead-end [45, 50],
 6 with self-fertilising lineages suffering from higher extinction rates [22], the
 7 short-sightedness of natural selection makes it seem unlikely that only long-
 8 term disadvantages are responsible for the maintenance of outcrossing. Fur-
 9 thermore, there exists a correlation between longevity and the evolution of
 10 self-fertilisation, with annual species tending to be self-fertilising and peren-
 11 nials outcrossing (see [33]). This implies that life-history may play an impor-
 12 tant part in the evolution of reproductive systems. Short-term disadvantages
 13 or barriers to the spreading of self-fertilisation related to perenniality must
 14 therefore exist.

15 The most evident short-term barrier to the evolution of self-fertilisation
 16 is inbreeding depression, a lower relative fitness of selfed versus outcrossed
 17 progeny due to the expression of partially recessive deleterious mutations [11].
 18 It is generally accepted that if inbreeding depression is not too high, Fisher's
 19 automatic advantage will favour the spreading of an allele promoting self-
 20 fertilisation [18]. As self-fertilisation increases, this should lead to a purge of
 21 deleterious alleles [20], lowering the observed level of inbreeding depression.
 22 Indeed, it has been suggested that the observed correlation between perenni-
 23 ality and outcrossing is due to higher observed levels of inbreeding depression
 24 in perennial species even in species with mixed mating systems [33, 6, 48].
 25 This phenomenon has been attributed to selective interference [48], a con-
 26 sequence of linkage and identity disequilibria brought on by self-fertilisation
 27 that results in the inability to purge deleterious mutations in spite of selfing
 28 [30]. Though perenniality is expected to lead to higher per generation muta-
 29 tion rates than would be observed in annual species (due to a higher number
 30 of mitoses [43]), therefore favouring selective interference, it seems unlikely
 31 that the observed levels of inbreeding maintained in perennial populations
 32 be due solely to this phenomenon as selective interference requires a high
 33 mutation rate to very recessive deleterious mutations (independently of their
 34 coefficient of selection), and most deleterious mutations are only partially
 35 recessive (see [26]).

36 The higher than expected levels of inbreeding depression in perennials
 37 have been associated with a less efficient purging of the genetic load compared

to annual species [6]. This is further supported by the observation that self-fertilising perennials seem to maintain higher than expected heterozygosity at loci under selection [44] contrary to predictions from discrete-time models with non-overlapping generations [11, 20]. Life-history may therefore be a non-negligible trait when studying the evolution and the evolutionary consequences of self-fertilisation. Most conventional population genetics models studying the consequences of the evolution of self-fertilisation have done so assuming discrete-time and non-overlapping generations [29, 12, 38, 21]. Such models therefore neglect the potential effect of life-history traits on the maintenance of inbreeding depression.

Previous works on the relationship between life-histories and self-fertilisation have found that perenniality may actually facilitate the evolution to high selfing rates due to lowered levels of inbreeding depression at later stages [32]. However, Morgan's [32] model considered selection to occur on longevity, with each generation presenting the opportunity for less fit genotypes to be purged from the population. Though this is not an implausible definition of fitness, it does not take into account other possible components of fitness that can and do contribute to both mean fitness and inbreeding depression.

The concept of fitness is essential in any work determining how natural selection influences a population's genetic and demographic state. In very general terms, the consensus is that individual fitness is its ability not only to survive but also to reproduce in a given environment [36]. In population genetics models, this remains true, though the exact definition of fitness may vary depending on how selection has been introduced (see [23], Chapter 7 of [40] and [37] for examples of how fitness was accounted for). The very widely used discrete models with non-overlapping generations make biological assumptions that cannot be universally applied and mainly represent annual plant populations [35]. In such models definitions of fitness i.e. survival or fecundity are interchangeable [23, 5]. As individuals are present for only one generation this does indeed seem plausible (if an individual does not survive to reproduce or simply does not reproduce the outcome is the same), but what of populations that are not as compartmentalised as annual plants? Do different components have the same influence on population equilibria as in the discrete case?

When modelling perenniality, two approaches can be considered: discrete-time age-structured models (see [9]) or continuous-time models ([17], Chapter 5.3 of [15], and [35]). In the latter case, age-structure is of little importance if selection is considered to be age-independent as genic and genotypic fre-

quencies in a population evolve towards time-persistent forms independently of the initial conditions considered [46]. The use of continuous-time models without age-structure provides a simpler alternative to modelling overlapping generations, there are however two main consequences: 1) The effect of age on reproductive capacity and survival is ignored and 2) Certain individuals can live for a very long time due to the variability of life-spans. How age influences fecundity and survival is not clear-cut (see [4]), considering age-independent selection is not wholly unrealistic.

Most continuous-time models stem from Fisher's Fundamental Theorem of Natural Selection [17] wherein he introduced the notion of Malthusian fitness, defined as the growth rate. However, simultaneously introducing mutation, selection and non-random mating in such models can prove to be challenging and simpler models in continuous time seem to be lacking. For there to be demographic equilibrium, all genotypes must have the same Malthusian fitness, making it an inappropriate indicator of differences between genotypes in this scenario [7]. Other definitions of fitness are therefore to be preferred when examining population equilibrium, all the more so if they facilitate the comparison to definitions of fitness in discrete-time models.

Another aspect that is often ignored in conventional population genetics models is that of the demographic consequences of the genetic load. Works that have addressed the potential genotypic effects of deleterious mutations on population size have done so by considering density-dependent selection, usually with a trade-off between r- and K-selection (for example [8, 13, 40], but in [8] see section on density-independent selection). And in cases where mutations are unconditionally deleterious, the ecological and genetic aspects of the models were dissociated ([14, 1], but see the extreme case of the mutational meltdown [28, 31]). By considering that the ecological and genetic properties vary independently, any potential feed-back between the two may be missed. That different components of fitness have different effects on population size has been suggested by different models [14, 1], but could the mating system further influence the consequences of selection on population demography?

Here we introduce a simple model in continuous time where both the demographic and genetic equilibria are emerging properties and not pre-defined parameters. We study how the rate of self-fertilisation, in interaction with different components of fitness, influences population size and the genetic properties of populations at mutation-selection balance. We compare our results to expectations from conventional population genetics models in dis-

114 crete time so as to evaluate whether perenniality may play a role in the
115 maintenance of outcrossing.

116 2. Model

117 We consider the evolution of a population with a varying population size
118 and a single bi-allelic locus, where A is the wild type and a is a deleterious
119 mutant allele influencing individual fitness. The population is made up of
120 sexually reproducing hermaphrodite individuals, who self-fertilise at a fixed
121 rate α (with $\alpha = 0$ being panmictic and $\alpha = 1$ strictly self-fertilising). The
122 environment is stable, and the population is isolated and spatially unstruc-
123 tured. Three genotypes can be found in the population, aa , Aa and AA ,
124 which, from here onwards, are denoted X , Y , and Z respectively. At a given
125 time t , the population is made up of three kinds of individuals, X_t , Y_t and Z_t
126 representing the number of individuals carrying the respective genotype. We
127 denote the population size $N_t = X_t + Y_t + Z_t$. In a large population setting,
128 these quantities can be considered as continuous, and the evolution of the
129 number of individuals of each genotype is described in continuous time using
130 ordinary differential equations. Three processes affect the change in the num-
131 ber of individuals of each genotype, births (occurring with rate R_t^V , where
132 V can be either X , Y or Z), deaths (at a rate M_t^V) and mutation. Selection
133 and density dependence are introduced in these processes. We consider that
134 the mutation from A to a is unidirectional and occurs with a probability μ
135 at the gamete stage.

136 We first introduce the demographic properties of the model without con-
137 sidering mutation and selection and show that this model respects the geno-
138 typic frequencies predicted by the Hardy-Weinberg model for neutral alle-
139 les and that in the case of self-fertilisation, the deviation from the Hardy-
140 Weinberg equilibrium is as expected from conventional population genetics
141 models (*i.e.* as a function of the inbreeding coefficient $F_i = \frac{\alpha}{2-\alpha}$). Mutation
142 and selection are then introduced, with selection influencing different compo-
143 nents of fitness (during different moments of the life cycle, but independent
144 of age) and we define demographic and genetic variables to quantify the effect
145 of the recurrent introduction of deleterious mutations on populations.

146 2.1. General Model (with only selfing)

147 The equation describing the change in the number of individuals for each
148 genotype is given by

$$\frac{dV_t}{dt} = R_t^V - M_t^V, \quad (1)$$

Let us consider an intrinsic birth rate b , death rate d and carrying capacity K to define the functions R_t^V and M_t^V , the rates of birth and mortality respectively of individuals V (where V represents X , Y or Z).

For each of the genotypes these birth rates R_t^V are given by

$$\begin{aligned} R_t^X &= b \left(\alpha \left(X_t + \frac{1}{4}Y_t \right) + \frac{(1-\alpha)}{N_t} \left(X_t^2 + X_tY_t + \frac{1}{4}Y_t^2 \right) \right) \\ R_t^Y &= b \left(\alpha \left(\frac{1}{2}Y_t \right) + \frac{(1-\alpha)}{N_t} \left(X_tY_t + 2X_tZ_t + \frac{1}{2}Y_t^2 + Y_tZ_t \right) \right) \\ R_t^Z &= b \left(\alpha \left(\frac{1}{4}Y_t + Z_t \right) + \frac{(1-\alpha)}{N_t} \left(\frac{1}{4}Y_t^2 + Y_tZ_t + Z_t^2 \right) \right) \end{aligned} \quad (2)$$

The assumptions made in formulating the expressions for R_t^V are as follows. Individuals within the population are hermaphroditic and can contribute both via the male and the female functions. Female gametes are limited, and depend on the number of individuals present in the population, whereas male gametes are produced in very large quantities (*i.e.* there is no pollen limitation) and are subjected to competition. In sum, the birth/recruitment rate depends on an intrinsic reproductive rate b (which, by default, holds the same value for all genotypes) and on the reproductive events that lead to the production of new individuals with genotype V .

The death rate M_t^V depends on the death rate d and is density dependent (with carrying capacity K). The equation for M_t^V is given by

$$M_t^V = d \frac{N_t}{K} V_t. \quad (3)$$

The choice of density dependence on mortality is arbitrary as a symmetrical form of density dependence on birth, written in the form $b \frac{K}{N_t}$ yields similar results as those presented below. When solving $\frac{dN}{dt} = \frac{dX}{dt} = \frac{dY}{dt} = \frac{dZ}{dt} = 0$ we find the equilibrium population size is given by (see Supplementary Material S4 for the proof)

$$N_{eq} = \frac{bK}{d}. \quad (4)$$

By solving the equations we find that the frequencies of X , Y and Z concord with the expectations of the generalised Hardy-Weinberg law, with genotypic frequencies depending on the inbreeding coefficient $F_i = \frac{\alpha}{2-\alpha}$ (see p.120 of [19] and Supplementary Material S3). When the rate of self-fertilisation $\alpha = 0$, then $F_i = 0$ and the frequencies of X , Y and Z are at Hardy-Weinberg equilibrium.

2.2. Introducing Mutation

Mutations occur at a rate μ during gamete formation and are considered to be uni-directional from A to a . The proportions of a gametes produced per genotype are therefore 1 , $\frac{1+\mu}{2}$ and μ for X , Y and Z individuals respectively (the proportions of A alleles being 0 , $\frac{1-\mu}{2}$ and $1-\mu$). Mutational events are integrated into the birth rate R_t^V , with, for example :

$$R_t^X = b \left(\alpha \left(X_t + \frac{1}{4} Y_t (1 + \mu)^2 + Z_t \mu^2 \right) + \frac{(1 - \alpha)}{N_t} \left(X_t^2 + X_t Y_t (1 + \mu) + 2 X_t Z_t \mu + \frac{1}{4} Y_t^2 (1 + \mu)^2 + Y_t Z_t \mu (1 + \mu) + Z_t^2 \mu^2 \right) \right). \quad (5)$$

2.3. Timing of selection

We consider selection that is not age-dependent and influences the population's net reproductive rate ($R_t - M_t$, where R_t and M_t are the sums of all the possible R_t^V and M_t^V respectively). As the genetic properties at equilibrium are emerging properties of the model, we examine the potential effects of the fitness component in the presence of non-random mating on the allelic and genotypic frequencies at mutation-selection balance. Selection can either affect reproduction (relative reproductive success or fecundity) or survival (at either the zygote or the adult stage). The deleterious allele a has a coefficient of selection s and dominance h , giving a relative fitness at a given trait of $(1 - s)$, $(1 - hs)$ and 1 for genotypes X , Y and Z respectively. Below we detail the hypotheses made when defining the different fitness components. The full equations for the change in the number of individuals of each genotype for these models can be found in Supplementary Material S2. A summary of the life-cycle and the different forms of selection can be seen in Figure 1.

Figure 1: A schematic representation of the life-cycle modelled. Selection on the components of fitness are represented in boxes with dashed borders. R_t and M_t represent the birth and death functions respectively. Individuals, once recruited, remain a part of the censused population, contributing offspring (at rate R_t) until their death (at rate M_t).

2.3.1. *Selection on reproduction:*

In order to model the effect of the deleterious allele a on the reproductive output of individuals, we introduce a new term $\tilde{V}_t$ instead of V_t in the R_t^V function. This term represents the contribution of V individuals to the genetic pool (or their reproductive output), proportional to their fitness (i.e. $\tilde{X}_t = (1-s)X_t$). Carrying a can influence the reproductive output by either reducing the reproductive success of individuals or their fecundity.

Reproductive Success (model RS): . When reproductive success is reduced, all individuals produce the same quantity of gametes, however the success of a mating event depends on the genotypes' fitness (i.e. for X individuals only $(1-s)$ matings lead to fertilisation). The proportion of female and male gametes an individual V effectively contributes are therefore $b\tilde{V}_t$ and $\frac{\tilde{V}_t}{N_t}$. R_t^X for this model of selection is given by

$$R_t^X = b \left(\alpha \left(\tilde{X}_t + \frac{1}{4} \tilde{Y}_t (1 + \mu)^2 + \tilde{Z}_t \mu^2 \right) + \frac{(1-\alpha)}{N_t} \left(\tilde{X}_t^2 + \tilde{X}_t \tilde{Y}_t (1 + \mu) + 2 \tilde{X}_t \tilde{Z}_t \mu + \frac{1}{4} \tilde{Y}_t^2 (1 + \mu)^2 + \tilde{Y}_t \tilde{Z}_t \mu (1 + \mu) + \tilde{Z}_t^2 \mu^2 \right) \right). \quad (6)$$

Fecundity (model F): . Selection reducing individual fecundity is translated by an individual V contributing $b\tilde{V}_t$ female gametes and a proportion of $\frac{\tilde{V}_t}{\tilde{X}_t + \tilde{Y}_t + \tilde{Z}_t}$ male gametes to the next generation. The equations for R_t^V with selection on fecundity are therefore the same as for selection on reproductive success, with the exception of the term $\frac{(1-\alpha)}{N_t}$, which is replaced by $\frac{(1-\alpha)}{\tilde{X}_t + \tilde{Y}_t + \tilde{Z}_t}$. Note that for this form of selection the proportion of male gametes effectively contributed by V depends on the total amount of male gametes produced and not on the number of individuals in the population as with selection on reproductive success.

2.3.2. *Selection on survival:*

Selection can also occur during the life cycle, independently of reproductive output, affecting either zygote or adult survival.

223 *Zygote Survival (model Z):* . Zygote survival can be translated as the pro-
 224 portion of viable offspring that are recruited into the population. If V has
 225 a probability of being recruited proportional to its fitness, this implies that
 226 the effective reproductive output R_t^V depends on V 's relative fitness W^V .
 227 The function R_t^V is therefore multiplied by the genotypic fitness, with, for
 228 example :

$$\frac{dX}{dt} = (1 - s)R_t^X - M_t^X \quad (7)$$

229 One can note that the symmetrical equivalent of this model, with selection
 230 increasing mortality (done by replacing d in M_t^V by $\frac{d}{W^V}$), leads to the same
 231 results.

232 *Adult Survival (model A):* . For this form of selection we make the assump-
 233 tion that adults are eliminated before they have reproduced and have little
 234 effect on density dependence (i.e. that the resources K consumed by the these
 235 adults are negligible). As adults that are selected against neither contribute
 236 to the next generation, nor generate competition for male reproduction the
 237 expression for R_t^V in this model of selection is equivalent to that for selection
 238 on fecundity (equation (6) with $\frac{(1-\alpha)}{N_t}$, replaced by $\frac{(1-\alpha)}{\bar{X}_t + \bar{Y}_t + \bar{Z}_t}$). Similarly, the
 239 assumed lack of competition for resources leads to a new expression for the
 240 death rate M_t^V , given by

$$M_t^V = d \frac{\tilde{X}_t + \tilde{Y}_t + \tilde{Z}_t}{K} V_t. \quad (8)$$

241 2.4. Population equilibrium

242 The deterministic equilibrium values for each of the models of selection
 243 described above (models RS, F, Z and A) are derived by solving $\frac{dX_t}{dt} = \frac{dY_t}{dt} =$
 244 $\frac{dZ_t}{dt} = 0$. This allows us to obtain the number of individuals carrying each
 245 genotype at equilibrium (X_{mut} , Y_{mut} and Z_{mut}), the sum of which gives us
 246 the population size at equilibrium N_{mut} . In cases where no explicit solution
 247 could be found, numerical iterations were performed to obtain the numbers
 248 of each genotype at equilibrium. The expressions for X_{mut} , Y_{mut} and Z_{mut} are
 249 then used to derive the expressions for the mutational load L and inbreeding
 250 depression δ . The mutational load L is defined as the decrease in mean fitness
 251 due to the presence of deleterious mutations and is given by p.61 of [19]:

$$L = 1 - \frac{(1-s)X_{mut} + (1-hs)Y_{mut} + Z_{mut}}{N_{mut}}. \quad (9)$$

We also explore the expected level of inbreeding depression δ in populations, which is calculated using equation 3 in [42]:

$$\delta = 1 - \frac{W_s}{W_o} \quad (10)$$

where W_s is the fitness of selfed offspring and W_o of outcrossed offspring and are given by

$$\begin{aligned} W_s &= (1-s)X_{mut} + \left(\frac{1}{4} + \frac{1-hs}{2} + \frac{1-s}{4}\right)Y_{mut} + Z_{mut}. \\ W_o &= (1-s)\left(X_{mut} + \frac{Y_{mut}}{2}\right)^2 \\ &\quad + (1-hs)\left(X_{mut} + \frac{Y_{mut}}{2}\right)\left(Z_{mut} + \frac{Y_{mut}}{2}\right) + \left(Z_{mut} + \frac{Y_{mut}}{2}\right)^2. \end{aligned} \quad (11)$$

We then compare L and δ to expectations from conventional population genetics models. In order to compare our results to these models, we replace X_{mut} , Y_{mut} and Z_{mut} with q^2 , $2q(1-q)$ and $(1-q)^2$ respectively, where q is the frequency of the deleterious mutant a at mutation-selection balance. We will compare our models to the explicit expression for q (for any value of s , μ and α , but $h \neq 0.5$) from the model presented in Chapter 6 of [15], where

$$q_{\alpha,h}^{CK} = \frac{\sqrt{G_{\alpha,h}} - s(h(1+\mu)(1-F_i) + F_i)}{2(1-F_i)(1-2h)s} \quad (12)$$

and

$$G_{\alpha,h} = s(4\mu(1-F_i)(1-2h) + s(F_i + (1-F_i)h(1+\mu))^2). \quad (13)$$

Using these expressions we can obtain expressions for the genetic load $L_{\alpha,h}^{CK}$ and the level of inbreeding depression $\delta_{\alpha,h}^{CK}$.

Multi-locus approximations considering completely independent loci were used to calculate the genetic load and inbreeding depression. If the explicit equations are available, then mean fitness is calculated using Haldane's [24] approximation for multiplicative independent loci, where fitness

269 $W \approx \exp[-L]$ and the single locus mutation rate μ in L is replaced by the ge-
 270 nomic mutation rate. In the case of numerical iterations, then $W = (1 - L)^n$,
 271 n representing the number of loci and μ being maintained as the single locus
 272 mutation rate. In order to estimate the level of inbreeding depression δ , we
 273 use Kirkpatrick and Jarne's [27] expression where inbreeding depression due
 274 to multiple loci is

$$\delta = 1 - \prod_{i=1}^n (1 - \delta_i). \quad (14)$$

275 Although linkage disequilibrium has non-negligible effects on both the genetic
 276 load and inbreeding depression in the presence of selfing [41], estimations in
 277 continuous time have yet to be developed and so could not be taken into
 278 account here.

279 In cases where the genotypic frequencies from our model deviated from
 280 theoretical Hardy-Weinberg proportions for a given frequency of the deleteri-
 281 ous allele at equilibrium q , two measures are made in order to verify the
 282 consequences of this deviation: 1) Wright's Inbreeding coefficient, F_W , cal-
 283 culated using

$$F_W = 1 - \frac{Y_{obs}}{2q(1 - q)} \quad , \quad (15)$$

285 where the numerator (Y_{obs}) is the frequency of heterozygotes obtained
 286 from our model and the denominator that is expected from discrete time
 287 models in the absence of inbreeding using the observed frequency of the
 288 deleterious allele q and 2) A modified expression of Wright's coefficient of
 289 inbreeding

$$F_{diff} = 1 - \frac{Y_{obs}}{2q(1 - q)(1 - F_i)} \quad , \quad (16)$$

291 where Y_{obs} is as before and the denominator is the expected frequency
 292 of heterozygotes from conventional models for the same frequency of the
 293 deleterious allele q in the presence of inbreeding.

294 For all four models of selection, there exists a solution where the popula-
 295 tion is made entirely of X individuals. There is therefore a threshold value
 296 of the mutation rate μ , as a function of the selection coefficient s and the

dominance h , which leads to the deterministic fixation of a . However, as this requires that the selection coefficient s must be of order μ , a would be selectively neutral and drift the main force influencing its frequency, rendering this threshold biologically irrelevant. We thus do not consider this case further, but more detail can be found in Supplementary Material S1.

3. Results

By solving the equations given in the previous section, we have found explicit solutions when the population is panmictic ($\alpha = 0$). Clear explicit solutions for any rate of self-fertilisation were possible only for recessive mutations ($h = 0$). For other values of h ($\neq 0.5$) with $\alpha \neq 0$, solutions could not be obtained and so the variables at equilibrium were calculated using numerical iterations. All mathematical operations were carried out using Wolfram's Mathematica 9.0 [49].

3.1. Allelic frequencies and the genetic load

In the absence of self-fertilisation, selection models RS, F and A result in the same allelic frequencies and genetic load L as expected from conventional population genetics models, with no effect of demographic parameters on the genetic variables at equilibrium in a deterministic setting (see Table 1). Model Z differs in that the frequency q at equilibrium is that obtained from conventional models in discrete time after selection and before mutation have taken place. This is intuitive in that census occurs at the adult stage, hence after unfit zygotes have been eliminated. The strength of selection therefore has a greater effect on L , whereas for the other models, when mutations are recessive $L = \mu$. This however is of little consequence numerically.

Model	$\alpha = 0 \ \& \ h \neq 0.5$		$\alpha \neq 0 \ \& \ h = 0$			
	q	L	q	L	X_F	δ
CK			$\frac{\mu(2-\alpha)}{s\alpha} + o(\mu)^2$			$\frac{\mu(2-\alpha)}{2\alpha} + o(\mu)^2$
RS	$q_{0,h}^{CK}$	$L_{0,h}^{CK}$	$\frac{\mu(2-(1-2s)\alpha)}{s\alpha} + o(\mu)^2$	μ	$\frac{\mu}{s}$	$\mu \left(\frac{1+\alpha s}{\alpha} \right) + o(\mu)^2$
F						
A						
Z	$h = 0$		$\frac{\mu(2-(1-s)\alpha)}{s\alpha} + o(\mu)^2$	$\frac{\mu(1-s)}{1-\mu}$	$\frac{\mu(1-s)}{(1-\mu)s}$	$\frac{\mu}{\alpha} + o(\mu)^2$
	$\sqrt{\frac{\mu}{s} - \mu}$	$\frac{\mu(1-s)}{1-\mu}$				

Table 1: Effect of the mode of selection on genetic load L and frequency q of the deleterious allele for a panmictic population ($\alpha = 0$) and all values of μ , s and $h \neq 0.5$, and L , q , the frequency of the deleterious homozygote X_F and the level of inbreeding depression δ for a population with selfing rate $\alpha \neq 0$ and $h = 0$. In the latter case q and δ are obtained to the first order of μ from the explicit analytic results, making it valid only for very small values of μ and $\alpha > 0$. $q_{0,h}^{CK}$ is given by setting $F_i = 0$ in equation (12), and is then used to calculate $L_{0,h}^{CK}$ as shown in equation (9). Full derivations of these results and equations of genotypic frequencies for recessive mutations can be found in Supplementary Material S3.

321 As expected from previous models, self-fertilisation leads to higher mean
 322 fitness. However, when comparing continuous and discrete time, we find that
 323 the deleterious allele has a higher frequency q in continuous time, implying
 324 that selection may not be as efficient as expected from discrete time models.
 325 This can be deduced from the equations for recessive mutations in Table
 326 1 where the higher the coefficient of selection s , the greater the differences
 327 between continuous and discrete time models independently of the demo-
 328 graphic parameters. In spite of higher observed q , there are no or very little
 329 differences between the genetic loads of the two models for a given rate of
 330 self-fertilisation. This remains true even when selection is relatively strong
 331 ($s = 0.1$) at a large number of independent loci (see Figure 2).

332 3.2. Genotypic frequencies and inbreeding depression

333 In spite of genotypic frequencies for discrete and continuous time models
 334 being equivalent in the case of neutral alleles with no mutation, in the pres-
 335 ence of both mutation and selection, this is no longer the case. As can be
 336 seen in Table 1, the frequency at equilibrium q of the deleterious allele in the
 337 presence of self-fertilisation when mutations are recessive ($h = 0$) is higher
 338 for the model in continuous time compared to the discrete-time model. If in
 339 continuous time, as in discrete time, the expected frequency of deleterious
 340 homozygotes is $q^2(1 - F_i) + qF_i$, a higher q should lead to a higher frequency
 341 of X individuals. This however is not the case, as the explicit expression
 342 for the frequency of the deleterious homozygote X is the same as that ob-
 343 tained in discrete time. The higher frequency q is therefore not associated
 344 with a greater frequency of homozygotes, but with a higher frequency of het-
 345 erozygote individuals. Indeed as can be seen in Figure 3, there is an excess
 346 of heterozygotes in our model compared to conventional discrete-time mod-
 347 els (shown by the negative F_{diff} , see equation (16)), which is accentuated
 348 for higher rates of self-fertilisation and higher coefficients of selection. The
 349 timing of selection also influences the inbreeding coefficient, with model Z
 350 leading to even larger negative values of F_{diff} than the other models (re-
 351 sults not shown). For all continuous time models, contrary to discrete-time
 352 non-overlapping generations, Wright's inbreeding coefficient F_W (equation
 353 (15)) is null, indicating that the observed frequency of heterozygotes is that
 354 expected in completely outcrossing populations.

355 The observed excess of heterozygotes, though it has little effect on the
 356 genetic load L , leads to an increased level of inbreeding depression δ within
 357 the population (see expressions for δ in Table 1). As illustrated in Figure

Figure 2: Expected mean fitness W as a function of the rate of self-fertilisation α calculated numerically and extended over 5000 loci with a mutation rate $\mu = 10^{-4}$ (giving a genomic mutation rate of 0.5), $s = 0.1$ and $h = 0.2$. Expectations from the conventional discrete time population genetics model is calculated using equations (9) and (12).

Figure 3: The observed frequency of heterozygotes in continuous time relative to that expected in discrete time (using the expression for F_{diff} in equation (16)) for selection models RS, F and A as a function of the coefficient of selection s when mutations are recessive ($h = 0$) and $\mu = 10^{-5}$ (but these results hold for any $\mu < s$). Exact solutions obtained in the case of $h = 0$ were used.

Figure 4: Expected mean level of inbreeding depression δ as a function of the rate of self-fertilisation α calculated numerically and extended over 20 000 loci with a mutation rate $\mu = 10^{-5}$ (giving a genomic mutation rate of 0.2), 3000 loci with $s = 1$ and $h = 0.02$ and 17000 with $s = 0.001$ and $h = 0.2$.

358 4, the level of inbreeding depression is not as easily purged in continuous
 359 time as it is in discrete time. This is all the more true in the case of very
 360 deleterious mutations. As can be seen in Figure 4, model Z leads to a lower
 361 observed δ due to the lower frequency of the deleterious allele.

362 3.3. Population size

363 From our results in the previous section, we find that the demographic
 364 parameters have no influence on the genetic equilibria of populations. The
 365 reverse, however, is not true, as population size at equilibrium may be in-
 366 fluenced by the genetic make-up of populations and the timing of selection.
 367 If mean fitness suffices in explaining the observed population size, then we
 368 would expect the same population size for selection on Reproductive Success,
 369 Fecundity and Adult Survival, whereas selection on Zygote survival would
 370 lead to a larger population size (as load is slightly smaller at equilibrium).
 371 This however is not the case, as can be seen in Figure 5 and Table 2 (see

Supplementary Material S4 for proofs of population size at equilibrium without self-fertilisation and recessive mutations). Selection on Adult Survival is the only case where population size is unaffected by the introduction of recurrent deleterious mutations ($N_{mut} = N_{eq}$ for any genetic parameters even in the presence of self-fertilisation) and so will not be mentioned further in this section.

In the case of panmixia (see Table 2), the expected genetic load from conventional population genetics models appears in the explicit solutions. In spite of differences in the observed mutation load for models F and Z (see Table 1), they present the same population size, directly proportional to the observed mean fitness for model F. Selection on Reproductive Success results in the largest effect of mutations on population size as it is influenced by the square of mean fitness (Table 2).

Model	$\alpha = 0$	$h = 0$
Reproductive Success	$N_{eq}(1 - L_0^{CK})^2$	$N_{eq}((1 - \mu)^2 + \alpha\mu(1 - \mu))$
Fecundity	$N_{eq}(1 - L_0^{CK})$	$N_{eq}(1 - \mu)$
Zygote Survival		
Adult Survival	N_{eq}	N_{eq}

Table 2: Explicit solutions for expected population size in a panmictic population ($\alpha = 0$) and all values of μ , s and $h \neq 0.5$ or a population with selfing rate α and $h = 0$. L_0^{CK} is given by setting $F_i = 0$ in equation (12) which is then injected into equation (9).

Though the rate of self-fertilisation does not influence mean fitness in the case of recessive mutations (Table 1), it can influence population size when selection is on Reproductive Success. Results from numerical iterations confirm that the relationship between mean fitness and population sizes with selfing and completely recessive mutations (Table 2) remain valid for mutations with any dominance; where μ (the genetic load when mutations are recessive) can simply be replaced by L obtained for any genetic parameters. We find that, as for mean fitness, increasing the rate of self-fertilisation increases population size for models RS, F and Z (see Figure 5). The rate

Figure 5: Expected population size at equilibrium N_{mut} as a function of the rate of self-fertilisation α calculated numerically and extended over 5000 loci with a mutation rate $\mu = 10^{-4}$ (giving a genomic mutation rate of 0.5), $s = 0.01$ and $h = 0.2$. Demographic parameters are set to $b = 1$, $q = 1$ and $K = 100$, giving $N_{eq} = 100$, represented by the black line.

of self-fertilisation α has a greater impact on population size for model RS, though for strictly self-fertilising populations ($\alpha = 1$), models RS, F and Z all result in the same population size.

4. Discussion

Through this work, we explore whether populations in continuous time present similar genetic properties at mutation-selection balance as expected from models in discrete time in order to evaluate the potential consequences of self-fertilisation when considering a perennial life-history. We test whether different components of fitness that seem interchangeable in conventional discrete-time population genetics models with non-overlapping generations influence genetic equilibria in the presence of non-random mating. Taking this work one step further, we also take into account the potential conse-

quences of selection against recurrent deleterious mutations on population size in a simple ecological context in order to determine how the components of fitness interact with the mating system considered.

4.1. Consequences of continuous time on genetic variables

Historically, continuous time models in population genetics models follow Fisher's Fundamental Theorem [17]. The general consensus is that, despite a small deviation from Hardy-Weinberg proportions (accentuated by strong selection,[7]), continuous and discrete time models are equivalent when it comes to the genetic state of populations. This is indeed the case when mating is random, but as stated in [34], this would not necessarily hold in non-random mating populations. As the interest of this paper is to examine equilibrium properties of populations, we did not opt for using Malthusian fitnesses as is often the case in continuous time models (since at equilibrium, the Malthusian fitness is the same for all genotypes, [7]), but preferred a form closer to that used in discrete population genetics models, allowing for an easier comparison.

We find that introducing non-random mating in a continuous time model not only leads to deviations from Hardy-Weinberg proportions, but can also change the expected frequency of the deleterious allele. In continuous time we find a higher frequency q , leading to a higher frequency of heterozygotes than expected for a given rate of self-fertilisation in discrete models.

Indeed, it has been shown by Spigler et al. [44] that heterozygosity may persist in perennial populations in spite of increased inbreeding for loci under selection (heterozygosity was measured using enzyme systems) as there was an excess of heterozygotes and a lower than expected frequency of homozygotes. Furthermore, a null inbreeding coefficient F_W (equation 15 heterozygous frequencies in the presence of inbreeding are the same as those expected in the absence of inbreeding) have also been observed in natural populations, where at the adult stage the coefficient of inbreeding was null in spite of non-null levels of self-fertilisation [16]. In these empirical works the authors concluded that this was due to stronger selection against inbred individuals. Our results indicate that, in the presence of self-fertilisation, the higher frequency of heterozygotes is not necessarily due to stronger selection. Selection on Zygote Survival (model Z) does indeed allow for a better purge of deleterious alleles (homozygotes do not arrive at the adult stage as frequently), and agrees with Duminil et al.'s [16] observations of lower survival from seedling to adult stages for inbred individuals. However, F_W is null

for all of our models of selection. Selection at the adult stages results in the same strength of selection against homozygotes as in discrete time (the frequency of homozygotes in continuous time is the same as that observed in discrete time for recessive mutations, regardless of the higher q). We therefore propose that their observations are due to a life-history with overlapping generations. A high fitness individual has a higher probability of becoming an established adult (models Z and A), and a higher probability of reproducing (models RS and F). Once established, all adults have the same mortality. Deleterious mutations are continuously introduced via mutations in the offspring of unmutated (or more fit) individuals, accounting for the increase in the observed frequency of heterozygotes. Therefore, perennials can maintain a higher frequency of deleterious mutations than annuals in the presence of selfing without having to take into account a higher per generation mutation rate [43].

Self-fertilisation is usually associated with a decrease in the frequency of heterozygotes [10, 20] and hence a lower level of inbreeding depression (inbreeding when most individuals are homozygous has little effect on the fitness of offspring, [3]). Both selection at the adult and zygote stages lead to higher levels of inbreeding depression δ on the population level. Since inbreeding depression is a relative measurement, the value of δ depends on the partners available in a population. When a population is made up of homozygous individuals, a population's level of inbreeding is null. An increase in the frequencies of heterozygotes implies that reproduction with one's self is less advantageous than outcrossing, since self-fertilising heterozygotes will automatically produce $\frac{1}{4}$ deleterious homozygotes, while outcrossing between heterozygous and homozygous wild-type individuals does not result in the production of deleterious homozygotes. The higher levels of inbreeding depression observed in our continuous time model are therefore directly related to the higher frequencies of heterozygotes observed on the population level. Selection at the zygote stage leads to a slightly lower δ due to the more efficient purge (compared to the other models of selection) of the deleterious allele.

4.2. Demographic consequences of the genetic load

Previous models studying the effect of the genetic load on population size have done so by decoupling the genetic and demographic models [14, 1], have focused on density-dependent selection with no mutation [8, 40], or if selection was density independent, it occurred between the zygote and adult

stage [8]. Our main goal is to provide a general framework in which both the genetic and demographic properties of populations at mutation-selection balance are explicitly taken into account in order to evaluate whether the decoupling of genetics and demography in previous models is justified. In this work we have therefore allowed for both the genetic and demographic variables to be emerging properties. In this particular demographic scenario we find that although the genetic parameters do influence the observed demographic equilibrium, the demographic parameters (density dependence K and the birth and death rates, b and d) have no effect on the genetic variables. This could be related to the choice of a logistic density dependence, other forms of competition will need to be explored. In [39] the authors find that the interaction between spatial structure and density dependence leads to an observed increase in the genetic load and inbreeding depression. However, density dependence alone has very little effect on the genetic properties of populations. Our model allows us to recover this feature, however, as we do not incorporate stochasticity, some feed-back may have been missed.

In agreement with existing models [47, 8, 14, 1] population size depends greatly on the timing/form of selection considered. When selection occurs at a stage where resources are not wasted, then population size is not affected [1], which corresponds to selection on adult survival (model A). The assumption made is that non-viable adults are considered to be present for a sufficient amount of time to be censused, but not to compete for resources or mates with viable, reproducing adults. All other models of selection show a direct link between the genetic load and population size (as in equation 17.1b of [40]).

Selection on Fecundity and Zygote Survival (models F and Z respectively) lead to the same equilibrium population size as in both cases, adults that produce less offspring (either because they have a lower reproductive capacity or because their offspring are not viable) take up the same amount of resources as adults with a high reproductive capacity. This creates a lag, even though we did not explicitly introduce this (as for example in [1] where resources are considered available at a certain rate). For model Z it is the load at the zygote stage, and not the observed load in the adult population, that defines the effect on population size. This is intuitive enough as resources are invested in producing non-viable zygotes at a rate equivalent to the genetic load before selection has acted. Reproductive success has the strongest effect on population size, decreasing it by the square of the population's fitness. This is because the genotype of both parents must be taken into account

when producing a zygote. It is therefore the multiplicative fitness of all mating pairs that determines the probability of a successful reproductive event, leading to higher demographic consequences than when the reproductive output depends only on the quantity of gametes and hence on mean individual fitness (i.e. selection on Fecundity).

4.3. Implications for the evolution of self-fertilisation

When comparing genetic variables at mutation-selection balance from discrete and continuous time models in the presence of self-fertilisation, we find that there are two important differences. First, the purge of deleterious mutations is less efficient at higher rates of selfing and stronger coefficients of selection, and second there is a higher frequency of heterozygotes than expected in discrete time models. Though this has little effect on the genetic load (see Figure 2), the level of inbreeding depression does not decrease as much with self-fertilisation as it does in discrete time (see Figure 4). Indeed, even though conventional population genetics models predict low levels of inbreeding depression in selfing populations, our results concord with empirical observations of high levels of inbreeding depression in highly selfing species [48]. When considering exclusively perennial species, the general consensus is that they maintain higher levels of inbreeding depression, and such observations have been contributed to selective interference [48]. However, selective interference due to highly recessive mutations should lead to very high levels of inbreeding depression (close to 1, [30]), and this is not observed in the data presented in [48], where the highest levels of inbreeding depression in perennials is close to 0.87. We find that overlapping generations suffice in generating higher levels of inbreeding depression. This result could be further accentuated if linkage were taken into account, and would require the development of a more complex model involving two loci. The main implication of this result is that if overlapping generations lead to the maintenance of higher levels of inbreeding depression, self-fertilisation should not evolve as easily in perennial populations (as a transition from an outcrossing to self-fertilising regime requires that the level of inbreeding depression be sufficiently small (e.g. [11])).

Using our definitions of fitness, an unfit individual that arrives to adulthood has as much probability of remaining a part of the population and contributing to its genetic load and inbreeding depression as a fit individual. There is no need to assume that lower reproductive capacity is necessarily

accompanied by a lower viability [36]. Our results therefore differ from previous theoretical works [32] where perennality was accompanied by a more efficient purge of deleterious mutations. Deleterious mutations that do not affect longevity are more easily maintained in such a population, with deleterious mutations acting at early life stages being found at a reduced frequency among the surviving adults.

Though the demographic and genetic assumptions presented in this model are very simplistic, our results imply that self-fertilisation is not only genetically advantageous but can also be so demographically. The more efficient purging of deleterious mutations compared to outcrossing [10, 20, 50] leads to a lower genetic load and a higher population size in general. Due to this lower genetic load, population size, if affected by load, is then expected to be higher than for outcrossing populations. However, for populations with equivalent load, selection on traits directly influencing reproductive success (not the quantity of gametes but the efficiency in producing zygotes), self-fertilisation could still lead to an increased population size if selection decreases performance in a trait linked to reproductive success. This is because a very fit individual would risk lowering its reproductive success if it reproduces with another potentially unfit individual, making it less risky to self-fertilise. Selection on such traits could further facilitate the evolution of self-fertilisation by increasing an individual's reproductive success if it self-fertilises not because of producing purged offspring, nor by providing reproductive assurance [2], but simply because an individual's reproductive output has not been "diluted" by less fit mates.

Our results support that more general models combining both genetics and demography, allowing for the exploration of different modes of selection and life-histories (discrete v.s. continuous time) can provide insight into the ecological and evolutionary consequences of the genetic load.

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