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Running head: methotrexate cerebrospinal pharmacokinetics
ABSTRACT

To evaluate the distribution of methotrexate (MTX) in cerebrospinal fluid (CSF) lateral ventricles and in cisterna magna after 3rd intraventricular CSF administration in a rabbit model.

MTX or Gadolinium chelate (Gd-DOTA) was administered in the 3rd ventricle with a local microdialysis to study the pharmacokinetics at the site of administration and with a simultaneous magnetic resonance imaging (MRI) acquisition in the 3rd ventricle, the lateral ventricles and in the cisterna magna. A specific CSF Physiologically based Pharmacokinetic (PBPK) model was then extrapolated for MTX from Gd-DOTA data.

The relative contribution of elimination and distribution processes to the overall disposition of MTX and Gd-DOTA in the 3rd ventricle were similar (i.e., around 60% for CLE and 40% for CLI) suggesting that Gd-DOTA was a suitable surrogate marker for MTX disposition in ventricular CSF. The PBPK predictions for MTX both in CSF of the 3rd ventricle and in plasma were in accordance with the in vivo results.

The present study showed that the combination of local CSF microdialysis with MRI acquisition of the brain ventricles and a PBPK model could be a useful methodology to estimate the drug diffusion within CSF ventricles after direct brain CSF administration. Such a methodology would be of interest to clinicians for a rationale determination and optimization of drug dosing parameters in the treatment of leptomeningeal metastases.
**Key words:** methotrexate, CSF ventricle administration, Gd-DOTA, MRI, PBPK modeling.

**Abbreviations:**

CSF: cerebrospinal fluid  
MTX: methotrexate  
PET: positron emission tomography  
PBPK: Physiologically based Pharmacokinetics  
MRI: Magnetic resonance Imaging  
IM: Intramuscular administration  
IV: Intravenous administration  
Gd-DOTA: Gadolinium chelate  
AUC : area under curve  
CLE : elimination clearance  
CLI : intercompartmental distribution clearance  
RVT : rich-vascularized tissue  
PVT : poor-vascularized tissue  
RL : relative loss of microdialysis internal standard  
RR : relative recovery of analyte  
PBPK : Physiologically Based Pharmacokinetic Modeling
INTRODUCTION

The meninges are a unique site of recurrence of malignancies as a result of a rather limited penetration of systemically administered anticancer drugs through the blood-brain barrier.

In association with systemic chemotherapy or radiotherapy, direct CSF administration of anticancer drugs, either via intrathecal or intraventricular route, has proved to be an effective strategy for the prevention and the primary treatment of leptomeningeal leukemia’s and lymphomas while leptomeningeal metastases from solid tumors usually respond less to intrathecal chemotherapy [1-3].

Currently, only MTX and cytarabine are routinely used intrathecally, and most of the times in association with hydrocortisone. These cell-cycle specific drugs, acting during the S phase of the cell-cycle, are most effective if drug concentrations are maintained for a long period of time. This requires either repeated intrathecal administration via lumbar punctures or a neurosurgical placement of an indwelling ventricular access device (i.e., Ommaya reservoir).

Continuous administration of 10 mg MTX for five consecutive days in a lateral ventricle via a subcutaneous port has led to concentrations exceeding the therapeutic levels of $10^{-6}$ M with reduced complications [4].

Alternatively, a slow-release formulation of cytarabine as multivesicular particles leads to a prolonged exposure (elimination half-life around 50-60 hrs), approximately forty-times longer than standard cytarabine [5]. Although such a formulation has a pharmacokinetic advantage over the standard formulation as a result of a reduced frequency and total number of administrations, severe neurologic events have been described [6].
Besides these two routinely used drugs, in order to improve the management of neoplastic meningitis, several anticancer agents have been studied in animal models: topotecan [7] and karenitecin, a lipophilic camptothecin [8], gemcitabine in nonhuman primates [9-10] and pemetrexed in rats [11]. Phase I clinical trials have been performed especially in children showing that topotecan [12] and busulfan [13] are rather well tolerated and are promising newer agents for treatment of leptomeningeal disease. However, gemcitabine that has preclinical and clinical activities against a wide variety of solid tumors as well as leukemia’s and lymphomas, has been shown to have a potential for severe neurotoxicity in adults [14]. In central nervous system, dissemination of non-Hodgkin's lymphoma is a significant cause of morbidity and death. A phase I study of the anti-CD20 monoclonal antibody rituximab given as monotherapy via intraventricular route (10 to 50 mg) showed encouraging results and suggested the association with methotrexate [15]. However, in a clinical series of patients, association of rituximab and liposomal aracytine in recurrent lymphomatous meningitis has led to a modest palliative activity [16].

As new drugs have not yet improved significantly the outcome of neoplastic meningitis, optimization of the route of administration has been studied. Recently, preclinical studies in a piglet model have showed that continuous administration directly in the 4th ventricle would have a potential pharmacokinetic advantage over lumbar or lateral ventricular administration [17-18]. Etoposide (2.5 mg) and MTX (2 mg) administration on five consecutive days did not lead clinical or radiographic evidence of damage with much higher concentrations in the 4th ventricle than in the lumbar cistern.
It is clear that concurrent research on new drug candidates for intrathecal therapy and improvement on intrathecal administration are needed to optimize the management of neoplastic meningitis. However, there is a critical factor that has not been yet clearly addressed and that deserves much attention. This factor is the 3-Dimensional (3D) biodistribution of the drugs within the cerebral CSF in order to make sure that therapeutic unbound drug concentrations are obtained at cancer cells. Indeed, drug efficacy of this local chemotherapy may be impeded by an uneven distribution. Hence, the knowledge of drug concentration in different parts of these spaces is of paramount interest for a rationale determination and the optimization of the parameters of drug dosing (dose, concentration, volume and speed of injection, additional drugs to modify MTX clearance such as transporter inhibitors).

Several authors have studied with the pharmacokinetics of anticancer agents injected intrathecally either after intraventricular (lateral ventricle or 4th ventricle) or lumbar administration with a majority of studies performed with MTX either in humans [19-20] or in a nonhuman primates model allowing the description of the neural tissue distribution [21-23].

If the CSF distribution of drugs along the neuraxis is quite well documented, this is not the case for the distribution within the brain ventricles. Such point is of crucial significance since anticancer drugs administrated via a ventricle have to diffuse within cerebral CSF to reach cancer cells.

To study the 3D drug distribution, positron emission tomography (PET) after intraventricular administration would be an interesting method. PET studies with the administration of a carbon-11-labelled (11C) or fluorine-18-labelled (18F) drug candidate allow describing the drug concentration-time profile in body spaces targeted
for the treatment. 18F is the most attractive PET radioisotope allowing for imaging durations of up to ten hours. However, a significant drawback stems from the fact that drug molecules contain fluorine in their native structure are rare. Hence, despite its rather short half-life (around 20 min), the majority of PET studies are performed with 11C drug molecules. Furthermore, particular challenges in the synthesis of PET radiotracers include time constraints due to the short radioactive half-lives of the radioisotopes, the need for automatization of procedures to protect from radiation exposure and the necessity to produce a radiotracer which meets the quality criteria of a drug for intrathecal injection into humans. For those reasons PET studies may not be the ideal approach.

Magnetic resonance imaging (MRI) is a noninvasive technique providing high-resolution anatomical information with excellent soft tissues contrast, and the ability to reconstruct a 3D representation of a volume of interest. Gadolinium-enhanced MRI further increases the contrast on T1-weighted MR images of anatomical regions of interest. From these images, it is possible to calculate the relative concentration of gadolinium in the tissue of interest as a function of time. Microdialysis is particularly relevant to study the disposition of drugs because it allows sampling in biological spaces without altering the local hydrodynamics that could interfere with the disposition of the drug. This is particularly relevant for CSF that has a low flow instead of blood. This technique measures unbound concentrations, and has found significant applications in pharmacokinetics in animals but also in humans (24-26).

The aim of the study was to evaluate the distribution of methotrexate (MTX) in cerebrospinal fluid (CSF) lateral ventricles and in cisterna magna after 3rd intraventricular CSF administration in a rabbit model. For that purpose we used a
combination of CSF intraventricular microdialysis with MRI after administration of a contrast agent in a ventricle which would allow a quantitative evaluation of the 3D drug distribution in CSF. Indeed, microdialysis allows the determination of the absolute concentration of a drug (i.e., a contrast agent) as a function of time in a specific area while MRI allows 3D determination of its relative concentration as a function of time.

To gain further insight in the CSF ventricular distribution of MTX we set up a rabbit model with administration of Gd-DOTA as a surrogate marker for MTX and microdialysis in the 3rd ventricle with concurrent brain MRI acquisition in different areas of the cerebral CSF to generate CSF gadolinium concentrations in the 3rd ventricle, lateral ventricles and magna cisterna.

MTX pharmacokinetics was studied using the same animal model after 3rd intraventricular administration and compared with intralumbar administration and a CSF PBPK model was developed to estimate MTX distribution in the CSF of the different cerebral ventricles.

2. MATERIAL AND METHODS
2.1. Chemicals

Methotrexate (MTX - Mylan, France) and gadolinium chelate (Gd-DOTA - gadoteric acid: Dotarem, Guerbet, France) were used as the substance of interest and theophylline (Sigma, France) as an internal standard of the microdialysis technique. All reagents were of analytical grade.

2.2. In vivo study design

2.2.1. Animals

The study was performed according to a protocol approved by the Local Committee of Laboratory Investigation and Animal Care of our institution and achieved in accordance with the rules and guidelines concerning the care and the use for laboratory animal experiments (agreement n° B35-238-21).

In a preliminary systemic study, 18 animals received methotrexate by intravenous route at the following doses: 2.5, 5 and 10 mg (n=6, respectively). The CSF experiment was performed on 25 rabbits. Methotrexate intrathecal pharmacokinetic experiment was performed on 19 rabbits divided into two groups after intrathecal lumbar space administration (5mg, n=11) or 3rd intrathecal ventricular space administration (5 mg, n=8).

Gadolinium 3rd intrathecal ventricular pharmacokinetics experiment was performed on six rabbits after Gd-DOTA administration (100 μg), and three of them had a simultaneous MRI recording.

2.2.2. Experimental protocol
All animals were sedated with an IM injection of xylazine (1 mg.kg\(^{-1}\)). The general anesthesia was induced with an IV bolus injection of 3 mg.kg\(^{-1}\) propofol emulsion (Propofol Fresenius 10 mg/ml) through a catheter inserted in marginal vein of the ear, and was maintained by infusion of propofol (0.5 mg.kg\(^{-1}\).min\(^{-1}\)). Propofol infusion was continued during MRI experiments to avoid any movement during the MRI acquisitions.

### 2.2.2.1. Intrathecal lumbar space

After blunt dissection, a small laminectomy with the removal of a piece of ligamentum flavum was performed at L6-L7 level. The insertion of intrathecal catheter was achieved under visual control by a modified Seldinger technique.

In the first step, a puncture of the dura mater was performed with the needle of a seldicath (arterial catheter set, 1 mm external diameter). Then, the stainless steel guide wire was advanced through the needle over 6 cm into the intrathecal space. By sliding it over the guide wire, the needle was removed.

A silicone ureter catheter (0.028 Inch, Rush, France) was advanced along the guide wire. After removal of the guide wire, the intrathecal microdialysis probe was inserted.

### 2.2.2.2. Intrathecal cerebral space
After incision of the skin on the top of the skull, a trepanation was performed at 2 mm posterior of the bregma and on the mid-sagittal suture. The guide cannula of the MAB6-14-2 probe was inserted in the third ventricle and anchored to the skull with dental cement. Then the microdialysis probe was introduced in the 3rd intrathecal ventricular space.

For methotrexate experiment, a venous catheter was inserted in the left jugular vein for blood sampling. Blood samples were collected before injection and at 2, 5, 10, 20, 30 min, every 15 min until 60 min, every 30 min until 120 min and every 60 min until 240 min.

2.3. In vivo data acquisition

2.3.1. Microdialysis

- Technical conditions:

Microdialysis was performed using a CMA 102 microinjection pump coupled to a MAB6-100-4 microdialysis probe (membrane length 4 mm, shaft length 100 mm, 0.5 mm outer diameter, molecular weight cut-off 5 kDa) for intrathecal lumbar administration and MAB6-14-2 (membrane length 2 mm, shaft length 14 mm, 0.5 mm outer diameter, molecular weight cut-off 5 kDa) for intrathecal ventricular administration (Microbiotech, Stockholm, Sweden). MAB6-14-2 probe is a specific device designed as Y-port allowing probe insertion and injection of a solution at the very end of the probe membrane. Dialysates were collected using a CMA 142 microfraction collector (CMA Microdialysis, Solna, Sweden). Ringer's lactate solution
(NaCl 6 g.L⁻¹, KCl 0.4 g.L⁻¹, CaCl₂·2H₂O 0.27 g.L⁻¹, sodium lactate 3.20 g.L⁻¹, potassium phosphate 0.1 g.L⁻¹, pH 7.2) was used as perfusion fluid during the microdialysis experiments.

- microdialysis calibrations:

During the experiments, microdialysis probes were perfused at 1 μl min⁻¹ with a solution of theophylline (300 μg.ml⁻¹ in a Ringer's lactate solution as an internal standard of the technique). Retrodialysis using theophylline as internal standard (IS) was applied to calibrate the microdialysis probes. This calibration technique is based on the principle that the relative loss (RL) of an internal standard, added to the perfusate, is related to the relative recovery (RR) of the substance of interest (SI, methotrexate and gadolinium). We have tried to use, as an internal standard, folic acid which has a chemical structure very close to MTX (in order to have a RL close to the RR of MTX) but it was not possible to analyze it with the same method in a same run with MTX.

We found that theophylline (that is very hydrophilic drug) could be analyzed simultaneously with MTX. Theophylline had a RL around 0.20 (i.e., 20 %) around twice-higher that the RR of MTX (around 0.10). The difference between RL and RR led us to use a correction factor which was determined in vitro for each probe in a MTX concentration range from 0.1 to 10 mg/ml before the in vivo experiment.

Given that we validated theophylline as calibrator for MTX, we also used it for Gd-DOTA microdialysis with the same procedure (with the use of a correction factor determined in vitro for each probe in a Gd-DOTA concentration range from 0.002 to 0.5 mg/ml).

- Sampling schedule:
After probe insertion in the intrathecal space, an *in vivo* equilibration with determination of relative loss (RL) of internal standard (n=5 for each probe tested) was performed over a period of 45 min before drug administration (either MTX or Gd-DOTA). During the experiment, after drug administration, RL was determined in each sample to correct dialysate concentrations at each time point as described previously [27].

For the methotrexate study, a collection interval of 1 min during the first 10 min of experiment, of 5 min during 60 min and of 10 min during the further experiment allowed sampling of 1, 5 and 10 μl of dialysate, respectively.

For the gadolinium study, a collection interval of 5 min during 60 min and of 10 min until 180 min was applied during the MRI acquisition. Owing to the high sampling frequency in the *in vivo* experiments, an accurate collection of micro-volume dialysates was achieved by immersion of the prolongator of the outlet tubing of microdialysis probe into 100 or 200 μl of a mobile phase solution.

- Microdialysis testing of the probes:

Before and after *in vivo* implantation, the probes were tested *in vitro* in order to verify the lack of significant deterioration by comparison with RL of internal standard [28].

**2.3.2. MRI images acquisition**
All MRI experiments were performed using a 4.7 T imaging spectrometer dedicated to small animal (47/40 USR Bruker Biospec), a BGA26 gradient system (100 mT/m) and “ParaVision 4.0” software (Bruker Biospin MRI, Wissembourg, France). A linear birdcage coil of 196 mm inner diameter [emission] and a custom-made circular surface coil of 25 mm diameter [reception] were used for these acquisitions.

Several T1-weighted images were acquired using a 3D gradient echo sequence (FLASH 3D) and the following acquisition parameters for a total acquisition time of five minutes: TR/TE = 15/6 ms, $\theta = 30^\circ$, a field of view of 45*45*20 mm$^3$ and a matrix of 256*256*32 (in-plan resolution of 176*176 $\mu$m$^2$), a slab thickness of 20 mm and a slice thickness of 625 $\mu$m.

A reference image was obtained before the intrathecal administration of Gd-DOTA. Images acquisition was then repeated during and over 180 minutes after the administration of Gd-DOTA, in synchronization with the microdialysis protocol of the dialysate sampling.

2.4. Drug quantification methods

2.4.1. Chromatographic analysis

Methotrexate quantification in intrathecal lumbar or cerebral dialysates and in plasma samples was carried out using a high-pressure liquid chromatographic method.

Aliquots of 20 µl of the dialysate dilution were immediately injected onto the chromatographic system. This consisted of a Waters 2489 UV detector ($\lambda = 274$ nm, $\lambda = 307$ nm for theophylline and methotrexate, respectively), a Waters Model 600
pump, a Waters Model 717 automatic injector and a Waters Empower-Pro data acquisition system (Waters Assoc., Milford, MA, USA). The analytical chromatographic column was a Lichrocart-Lichrospher RP-B Merck cartridge (length 125 mm, internal diameter 3 mm). The flow rate was 0.5 ml.min$^{-1}$, and the temperature was maintained at 30°C. The mobile phase consisted of a mixture of acetonitrile and pH 5, 0.05 M KH$_2$PO$_4$ (10:90).

Methotrexate was extracted from plasma according to a previously published method following modifications [29]. Briefly, 1 ml of methanol was added to 200 μl plasma samples. After centrifugation (10 min at 20,000 g) and evaporation, 200 μl of mobile phase and 200 μl of dichloromethane-dissolved residue, 50 μl were injected onto the chromatographic system. This consisted of a Waters Model 600 pump, a Waters Model 2475 automatic injector coupled with Beam boost UVE® LC Tech (LC Technology International, Clearwater, Florida) and a Waters Empower-Pro data acquisition system (Waters Assoc., Milford, MA, USA).

The chromatography was performed on a 250 mm × 4 mm, 5 μm, Discovery® C18 Supelco® column (Sigma-Aldrich, St Quentin Fallavier, France) at 45 °C. Elution was performed using a gradient of solvent A (0.1 M KH$_2$PO$_4$, pH 5 and acetonitrile 97:3) and solvent B (CH$_3$CN) from 0% B to 15% B for 15 min at a flow rate of 1 ml.min$^{-1}$ and 8 min of equilibration. Briefly after elution from HPLC column, methotrexate passed thought the beam boost cell and was oxidized to form fluorescent products, which were detected by fluorescence detector (excitation and emission wavelength of the fluorescence detector were set at 360 and 458 nm, respectively).
Gadolinium quantification in intrathecal cerebral dialysates was carried out using ICP-MS (7500ce ICP-MS, Agilent technologies). Briefly, we used a Scott-type spray chamber with a nebulizer microflow set at 100 μl.min⁻¹, the flow of the peristaltic pump was 0.3 ml.min⁻¹, the spray–chamber temperature was set at +2°C and the argon carrier gas flow was 15 L.min⁻¹. Indium 115 was used as internal standard and the calibration curve achieved in 1% HNO₃ and 0.5% HCl ranged from 0.1 to 50 fg.ml⁻¹.

2.4.2. MRI calculation of gadolinium CSF concentrations

Gd-DOTA is a MRI $T₁$ contrast agent, modifying the $T₁$ value of a tissue or a specific part of the brain, resulting in signal intensities increase on $T₁$-weighted MR images. After Gd-DOTA intrathecal administration, the $T₁$ value of ventricle is modified as:

$$T₁(c) = \frac{1}{\frac{1}{T₁(c_0)} + r₁ \times c}$$

(1)

where $r₁$ is the relaxivity of Gd-DOTA and $c$ its local concentration in the ventricle. $T₁(c_0)$ is the reference $T₁$ value of the ventricle, before Gd-DOTA intrathecal administration.

The local Gd-DOTA concentration, at a time $t$, is then function of $r₁$, $T₁(c_0)$, $rS₀$, and the MRI acquisition parameters $θ$ and $TR$, as:

$$c = f(r₁, T₁(c_0), rS₀, θ, TR),$$

(2)

where $rS₀$ is the ratio between the reference signal intensity ($S₀$) measured in the ventricle on the reference MR image, $θ$ is the flip-angle and the signal intensity ($S₁$)
measured in this ventricle at a time $t$, measured on the corresponding MR image acquired at time $t'$:

$$r_S = \frac{S_S}{S_i}$$

For the calculation of local CSF gadolinium concentrations, signal intensities were measured from the MR images in four regions of interest [ROI] in the brain CSF: 3rd ventricle corresponding to the Gd-DOTA administration site, right and left lateral ventricles and cisterna magna. Equations 2 and 3 were used with the following parameters: $r_i = 3 \text{ L.mmol}^{-1}.\text{s}^{-1}$, $T_1(cdo) = 3.5 \text{ s}$, $\theta = 30^\circ$ and $TR = 15 \text{ ms}$ [30-31].

Local CSF Gd-DOTA concentrations [mmol.ml$^{-1}$] calculated for each time $t$ allowed plotting the kinetics of gadolinium concentrations decay versus time for each ROI and each animal.

Before in vivo experimentations, this model was validated from additional MRI acquisitions and signal intensities measurements made on water/Gd-DOTA solutions with various Gd-DOTA concentrations (0, 0.1, 0.5, 1, 2, 4 and 6 mg.ml$^{-1}$). Results gave the local gadolinium concentration in each phantom with a maximum standard deviation of 5% (data not shown).

### 2.4.3. Pharmacokinetic analysis

A compartmental analysis using the software package WinNonlin Pro (Pharsight, USA) was applied to intrathecal concentrations after intrathecal ventricular and intrathecal lumbar administration; to systemic concentration after systemic administration. A non-
compartmental analysis was applied to systemic concentration after intrathecal ventricular and intrathecal lumbar administration.

The calculated parameters are the area under concentration–time curves calculated to infinity (AUC₀₋∞), volume of distribution of the central compartment (V₁) and at steady state (Vss), CLE defined as the elimination clearance, CLI defined as the intercompartmental distribution clearance, and distribution [T½ α] and elimination half-live (T½ β).

To our knowledge, there is currently no rabbit PBPK model describing the drug pharmacokinetics in CSF brain ventricles. The PBPK model was built with ASCLXtrem® software (The AEgis Technologies Group Inc., Huntsville, AL). The equations used for the systemic pharmacokinetic part of the model have been described by Bruyère et al. [32] and the model for the CSF ventricle pharmacokinetics has been specifically developed. Briefly, the mass balance differential equations follow the principles shown below:

- Non-eliminating tissues:
  \[ V_T \cdot \frac{dC_T}{dt} = Q_T \cdot C_A - Q_T \cdot CVT \]

  where Q is blood flow (L/h), C is concentration (mg.L⁻¹), V is volume (L), T is tissues, A is arterial, V is venous, CVT = CT/Kp, where Kp is tissue to plasma partition coefficient of the compound.

- Eliminating tissues:
  \[ V_T \cdot \frac{dC_T}{dt} = Q_T \cdot C_A - Q_T \cdot CVT - Clint \cdot CVT \]
- where CLint is the intrinsic clearance of the compound (L.h⁻¹).

- Cerebral ventricles:

  \[ V_v \cdot \frac{dC_v}{dt} = D \cdot C_{in} - D \cdot C_v - CL_{vtoblood} \cdot C_v \]

Where \( v \) represents a ventricle, \( D \) the CSF flow, \( CL_{vtoblood} \) is the rate of the passage of the compound in the blood (L.h⁻¹) and \( C_{in} \) the concentration entered in ventricle (dose/Volume-third ventricle at the beginning).

Model parameters were estimated from the experimental data using the Nelder-Mead algorithm module.

The classical physiological data required for a PBPK model (blood flow and volume of the different organs, unbound fraction and efflux parameters) were issued from the literature [33-35], and the volume of each brain ventricle which was not known in rabbits was determined experimentally by MRI (Table 1A). To humanize the model, we used CSF flow and volumes of cerebral ventricles from the literature [36-37]. MTX parameters determined using the rabbit model were not modified or optimized with in vivo data from literature. A MTX dose of 1 mg administered in CSF as a bolus was used in order to compare with human data in the literature.

The physicochemical parameters (log P, pKa, HBD and PSA) of MTX were from the literature and are presented in Table 1B [39-44].

Both MTX and Gd-DOTA were studied in solution and as a consequence no dissolution equation was included in the model. Briefly, the PBPK model for the brain CSF and systemic pharmacokinetics is described in Figure 1. The model differs from that of Bruyère et al. [32] in that the gastrointestinal tract was not divided in sections.
Simulations were performed using a standard rabbit (3 kg body weight; cardiac blood flow 530 ml.min\(^{-1}\)). Organ volumes were expressed as a percentage of bodyweight and organ blood flows as a percentage of the cardiac blood [33]. The assumptions for the model were: (a) transport between CSF ventricles and between cisterna magna occurred via CSF flow, (b) systemic intercompartmental transport occurred via the blood, (c) drug concentrations in effluent blood and blood within tissues were equal, (d) there was instantaneous equilibrium between tissue and blood within the tissue (flow-limited model as previously described, 36-37), (e) only unbound drugs were eliminated, (f) the model was based on a well-stirred model for all organs (g) the unbound fraction in the CSF ventricles is 1.

The CSF ventricle PBPK model was firstly built with Gd-DOTA data to determine the rates of transfer between ventricles. As Gd-DOTA and MTX showed very similar properties in terms of CSF ventricular disposition in the 3\(^{rd}\) ventricle (see \textit{in vivo} results), the rates of transfer of Gd-DOTA were used for MTX in ventricles. Systemic PBPK parameters for MTX (Kp and transfer rates) and transfer rates from CSF ventricles to blood were then estimated. Diffusion parameters (Kp) in each organ were estimated and optimized using Poulin's algorithms [40,43].

2.4.4. Statistical analysis

All data are reported as mean ± SD. A \( p \) value less than 0.05 was considered as statistically significant.

3. RESULTS
3.1. Methotrexate intrathecal pharmacokinetics

The CSF disposition of MTX was biphasic with a very significant inter-individual variability after lumbar CSF administration compared to the ventricular administration (Figure 2A-2C and Table 1). Indeed, a twice-higher variability in AUC (CV of 80% vs. 45%) was evidenced. Such a high variability after lumbar administration was noticed in the same model with local anesthetic drugs [45]. Pharmacokinetic differences appeared only in the distribution of MTX with higher volumes ($V_1$ and $V_{ss}$) for the ventricular administration as a result of a higher CSF volume in this area.

3.2. Methotrexate plasma pharmacokinetics

The data obtained after IV administration showed that the systemic pharmacokinetics was linear in the range 2, 5 to 10 mg (Table 2 and Figure 3). MTX showed a biphasic disposition with apparent distribution and elimination half-lives around 7 min and 30 min respectively.

The plasma MTX concentrations after ventricular and lumbar intrathecal administration showed very similar profiles with an apparent elimination half-life which was around seven times higher than that after IV dosing (Figure 2B-2D and Table 3). Such a phenomenon may result from a rate-limiting absorption from MTX from CSF to the blood as a result of its hydrophilicity.

The limiting absorption from CSF into the blood is also illustrated by the low plasma-to-CSF AUC ratio that was around $10^{-3}$ after CSF administration. This low exchange
between CSF and plasma compartment is also shown by the low brain extracellular fluid to plasma ratio in rats after IV administration (around 5 %, [46]).

### 3.3. Gadolinium intrathecal pharmacokinetics

The CSF disposition of Gd-DOTA in the 3rd ventricle (Figure 4) was clearly biphasic with apparent distribution and elimination half-lives very closed to that of MTX (Table 1). Indeed, mean distribution half-lives were 6.4 min and 7.6 min and mean elimination half-lives were 93 min and 90 min for gadolinium and MTX, respectively.

The MRI experiment allowed the calculation of time-course of Gd-DOTA in the different brain CSF areas (3rd ventricle, lateral ventricles and cisterna magna) from signal intensities (Figure 5). While the time-course in the lateral ventricles did not display any measurable delay in obtaining the maximal concentration, the Tmax in the cisterna magna (Figure 6) was around 45 min suggesting a slow diffusion within brain CSF from 3rd ventricle to cisterna magna.

### 3.4. PBPK of MTX in CSF

The brain ventricle part of the PBPK model was built and validated from calculated and observed MRI concentrations of Gd-DOTA to fit diffusion coefficients and rates of transfer of Gd-DOTA between each ventricle. The mean MRI determined and the predicted concentrations of Gd-DOTA are presented in Figure 7. All CV of estimated PBPK parameters (calculated standard error divided by the estimated value) were
lower than 23% and the final log-likelihood value was higher than 100, suggesting a suitable model (initial value close to 0, final value of 118).

From the validated CSF Gd-DOTA PBPK model, a whole MTX PBPK model (CSF and systemic) was created by implementation with systemic clearance organs. PBPK parameters of Gd-DOTA in the ventricles were used for MTX assuming that Gd-DOTA and MTX had very similar pharmacokinetics in the 3rd ventricle (i.e., the relative contribution of clearance and distribution were similar for both molecules as described in section 3.3).

Predicted MTX concentrations in the 3rd ventricle showed a good agreement with observed MTX concentrations for both 2.5 and 5 mg, confirming that Gd-DOTA properties in the ventricles could be transposed to MTX (only data for the 5 mg dose are showed in Figure 8). Indeed, the predicted AUC in the 3rd ventricle (182 min.mg.ml\(^{-1}\)) was close to the mean observed AUC (229 +/- 102 min.mg.ml\(^{-1}\)) for the 5 mg administration. CVs were higher for MTX estimated parameters than for Gd-DOTA parameters (CVs between 22 and 51%) but this increase was expected as prediction for MTX used estimated parameter of Gd-DOTA. Thus, as CVs were cumulative, the MTX CVs were higher (final log likelihood value remained high at 108).

Predicted parameters allowing plasma MTX concentration estimation after administration in the 3rd ventricle were calculated from our observed data after IV and intrathecal administrations (Figure 9). It should be noticed that two animals (observations 1 and 2) had a different plasma pharmacokinetics with higher Cmax and lower Tmax. The AUC of the predicted curve (160 min.\(\mu\)g.ml\(^{-1}\)) was close to the measured AUC (207 +/- 72 min.\(\mu\)g.ml\(^{-1}\)). Furthermore, predicted Tmax (102 min) and
Cmax (0.67 μg.ml⁻¹) were close to the measured values (85 +/- 69 min and 0.93 +/- 0.67 μg.ml⁻¹, respectively). These results suggested that our PBPK model should be relevant for MTX intrathecal administration in rabbit.

From this validated model, simulations with different dosing schedule (infusion alone or bolus + infusion) were undertaken to estimate concentrations in the 3rd and lateral ventricles, and in cisterna magna. After an intrathecal bolus, predicted plasma Cmax and Tmax were 6.65 x10⁻⁴ mg.ml⁻¹ and 102 min, respectively. After an intrathecal infusion of 5 mg for one hour, predicted plasma Cmax and Tmax were 6.29 x 10⁻⁴ mg.ml⁻¹ and 135 min, respectively. There was no difference in term of plasma concentration but the Tmax was slightly higher after infusion.

Predicted Cmax in the cisterna magna were also very close between bolus and infusion (28.2 versus 26.6 mg.ml⁻¹) but the difference is much higher in the 3rd and lateral ventricles. Even if concentrations were definitely lower after infusion with a plateau lasting 30 min, the Cmax in the cisterna magna stayed very close. The exposure in the 3rd ventricle was also closed for both dosing schedule (predicted AUC in the 3rd ventricle was 181 min.mg.ml⁻¹ after bolus injection and was 175 min.mg.ml⁻¹ after infusion when observed AUC was 229 +/- 102 min.mg.ml⁻¹). In the cistern magna, the exposure was comparable for both dosing as predicted AUC after bolus was 7560 min.mg.ml⁻¹ and 7270 min.mg.ml⁻¹ after infusion.

By using the humanized PBPK model, predicted concentrations were obtained after 1 mg bolus dosing (Figure 11) for purpose of comparison with data in the literature obtained in humans after administration in a lateral ventricle

4. DISCUSSION
The experimental study of the drug distribution in cerebral CSF is necessary because the current literature lacks detailed informations on the precise drug distribution within CSF ventricles. Moreover, clinicians should be aware that direct administration in CSF might lead to a rather limited and non-uniform drug distribution.

Interestingly, a microdialysis study of the longitudinal spread of intrathecal opioids along the spinal canal in a pig model has shown that slow intrathecal infusion (0.02 to 1 ml.hrs\(^{-1}\)) led to a quite limited drug distribution within CSF for both hydrophilic and lipophilic drugs [47,48]. For the lowest drug infusion rate, most of the drug spread within only 1 cm of the site of administration with a steep gradient.

Indeed basic mechanisms should be considered to explain why the drug distribution within CSF is limited: i) the brownian motion affecting all molecules is too slow to account for drug spread greater than several hundred microns, ii) the kinetic energy impulsed by the injection depending on the speed of injection [volume per unit of time] and on the diameter of the catheter which is low by intrathecal dosing especially when infusion are used iii) CSF motion whose rate and extent governs the drug spread is low and iv) drug clearance depending on physico-chemical properties.

The non-uniform drug distribution within the subarachnoid space precluding the attainment of clinically effective concentrations within all CSF is also a major drawback of the intrathecal drug administration. The main reason is that mixing in CSF is slower than mixing in blood as a result as a huge difference in fluid circulation time which is around 1 min in blood [blood volume / cardiac output] compared to 6 to 8 hrs in CSF (CSF volume / CSF bulk flow rate) [49].
For these reasons, even if a drug is administered as a constant infusion, it will not be possible to obtain a uniform concentration throughout CSF from ventricle to the lumbar level whether the drug is administered in the ventricle or at the lumbar level.

Moreover, drug clearance from CSF affects drug diffusion throughout the CSF, and depends on three main processes: i) CSF bulk flow through the normal pathway of CSF absorption (depending on the rate of CSF production and volume of CSF compartment), ii) drug transfer from CSF to neural parenchymal tissues and choroid plexus and iii) drug vascular absorption into brain capillaries and to the systemic circulation.

The bulk flow component of the clearance is not dependent on the physico-chemical properties of the drug and can be estimated from drugs that have negligible membrane permeability and remain predominantly in the extracellular space. In a non-human primate model, this clearance component has been estimated to 4 μl.min⁻¹ using EDTA-Ca [50]. However, drug transfer into neural tissue and vascular absorption are mainly dependent on lipophilicity so that lipophilic drugs as BCNU and thiotepa have clearance (145 and 113 μl.min⁻¹) that are much higher than those of hydrophilic drugs such as cytosine arabinosine, MTX and hydroxyurea (22, 16 and 14 μl.min⁻¹). Hence, for lipophilic drugs, local CSF administration as a bolus dose is not an effective way for drug delivery to distant subarachnoid sites so that ventricular administration will not allow achieving therapeutic levels at distance in the lumbar sac.

The ratio of elimination clearance (CLE) to the distribution clearance (CLI) of MTX in the ventricular and lumbar areas was different indicating that the relative contribution of each process to the overall disposition was different. Indeed, the contribution of the
elimination clearance to the overall disposition in the ventricular area is higher (63%) than in the lumbar area (46%). It has been shown in a series of homologous drugs that the contribution of the elimination process increased with hydrophilicity and became prevalent for the most hydrophilic compounds [45].

As a result of differences in clearance and distribution processes between the ventricular and lumbar area, the MTX exposition was around 3-times lower in the ventricular area (Table 1).

In our model, the elimination clearance of MTX after intracerebral ventricular administration (27 +/- 16 μl.min\(^{-1}\)) was in accordance with previous data in a monkey model (CL = 16 μl.min\(^{-1}\)) [50]. The MTX elimination clearance was slightly, but not significantly higher, than Gd-DOTA clearance (22 +/- 16 μl.min\(^{-1}\)) in accordance with the higher hydrophilicity of this latter compound.

Given the relative values of the micro-constants of elimination (K\(_{10}\)) and distribution constants (K\(_{12}\) and K\(_{21}\)) for both drugs, the similarity in MTX and Gd-DOTA intrathecal profiles in CSF (Figure 2A and Figure 4) is not unexpected. Moreover, the ratios of elimination clearance (CLE) to the distribution clearance (CLI) of MTX and Gd-DOTA in the 3\(^{rd}\) ventricle were very close (63 and 66%) indicating that the relative contributions of each process to the overall disposition were similar. Based on the similarity in the processes governing the disposition of these two drugs, the 3D distribution of Gd-DOTA within lateral ventricles and cisterna magna obtained by MRI would be a surrogate marker for MTX disposition within ventricles allowing a better understanding of the factors that govern the diffusion of this drug in these CSF spaces. However, Gd-DOTA would not be a suitable tracer for more lipophilic anticancer agents, and a different Gd-chelate with a higher lipophilicity would be necessary.
The DOTA-Gd concentrations in brain ventricles obtained from MRI experiments and the similar properties of DOTA-Gd and MTX allowed the validation of a ventricular PBPK model and its transposition to MTX to simulate MTX concentrations in the different ventricles. There are very few PBPK models for MTX in literature, one for human embryo set up for purpose of toxicity and one for blood and malignant effusion fluid distribution [51-52]. Very recently, a system-based pharmacokinetic model was developed for studying the brain parenchyma distribution of MTX in rats after IV administration and its extrapolation to other species [36].

The predicted plasma terminal half-life seemed to be shorter compared to most of the individual profiles, suggesting that the model could be improved (Figure 9). In the ventricular part of the model (Figure 8), the difference is certainly due to the fact that two rabbits had a different kinetic behavior as their terminal phase decreased more rapidly compared to the others. As no clear reason could be highlighted during our in vivo experiments to exclude these two animals, both of them were used for in vivo and predicted parameter determination to keep the same bias even if it increased the variability in the parameters evaluation.

Simulations with different dosing schedule (infusion alone or bolus + infusion) were performed to estimate concentrations in the 3rd and lateral ventricles, and in cisterna magna to estimate potential clinical effects given that the target levels of MTX in CSF of patients are around $10^{-6}$ M or $4.5 \times 10^{-4}$ mg.ml$^{-1}$ [4, 19-20] in agreement with the commonly acknowledged concentration of $10^{-5}$ M required to obtain the killing effect of MTX on tumor cells that has been estimated in animal models [22-23].
We have built a humanized PBPK model by using volume and flow of human CSF (Table 1). The levels of predicted concentrations obtained after 1 mg bolus dosing (Figure 11) were in the order of magnitude of the CSF levels measured in humans after administration in a lateral ventricle [49, 53]. However, the comparison should be made with caution because the sites of administration and of sampling in humans were not the same as in our model. Indeed, in humans the ventricle administration is usually performed in one of the lateral ventricles. The fact that the predicted levels in the cisterna magna were higher than measured levels in the lumbar CSF [53] is not unlikely since the distance from the site of injection is higher and may increase the concentration gradient. The comparison with the human studies also showed that our predicted elimination half-life was longer than observed in the above mentioned clinical studies. A difference in efflux/uptake transporter expression between species may explain such differences in MTX disposition in CSF. Indeed, in non-human primates, probenecid has been shown to modulate the MTX levels in ventricular CSF [54].

By changing the way of administration (infusion instead of bolus), the MTX exposures were similar in the 3rd and lateral ventricles for each schedule but with a much higher Cmax after bolus dosing. Similarly, these two different dosing schedules led to a similar exposure (both in AUC and Cmax) in the cisterna magna with a slightly higher Tmax (around 30%) for the infusion mode. However, the cisterna magna exposure was much higher than that in the 3rd and lateral ventricles.

These simulations showed that the dosing schedule influenced the exposure level in the 3rd and lateral ventricles with no difference in the cisterna magna. Depending on the objective to be attained (high Cmax for drug with concentration-dependent
pharmacological activity or prolonged exposure for drug with time-dependent pharmacological activity) specific schedules using bolus or infusion may be chosen.

This rabbit PBPK model should be next extended to another animal species, and incorporate influx/efflux transport parameters to allow a relevant translation to humans, and the design of optimized dosing regimen. Moreover, such a model would also be helpful for the study of the CNS distribution and further brain parenchyma distribution of protein therapeutics used for neurological conditions (e.g., stroke, neurodegenerative diseases and brain tumors). Indeed, the direct intrathecal administration would be a useful and perhaps ideal route of administration given the difficulty for these drugs to by-pass the blood-brain barrier after IV dosing [55].

As limitations of this study, it should be noticed that the experimental conditions may differ from real-life situations as a result of potential impact of general anesthesia, rabbit positioning and probe implantation on CSF flow. The influence of general anesthesia on CSF flow should be considered, as in previous studies [47, 48] since our rabbits were first sedated with xylazine and then under general anesthesia using propofol throughout the MRI experiment. The choice of propofol, that is quite unusual for a general anesthesia in animals, was based on the fact that general anesthesia with propofol avoids anormal movements during the anesthesia that would preclude the MRI experiments. Moreover, data in the literature show that there are no significant changes in CSF flow induced by general anesthesia either using halothane, fentanyl or propofol [56-58].

Body positioning has been shown to affect intracranial hydrodynamics and hemodynamics in humans. Using phase-contrast MRI, cyclic variations in CSF flow
have been registered showing that CSF flow is not steady but varies over the cardiac circle [59]. Difference in CSF flow has also been shown between subjects in sitting or upright position as a result of reduced amounts of blood and CSF residing in their intracranial compartments in the upright position [60]. We found no specific informations on the influence of animal positioning on the CSF flow. However, the animals were ventrally positioned in the MRI tube so that the impact should be the same as it could be observed on a animal resting ventrally in our other experiments (outside the MRI). However, as patients may have different posture (standing, sitting or recumbent), the influence of the posture on the diffusion of drugs within the cranial CSF could occur, and deserves to be investigates.

To our knowledge, there is no data on the influence of a microdialysis probe insertion on CSF flow. However, its impact could arise from an influence of the probe on the hydrostatic pressure that could result from its insertion. This impact should not be a confounding factor since the rate of choroidal CSF formation is rather insensitive to hydrostatic pressure changes in the CSF [61].

Microdialysis measures only unbound drug while MRI measures total drug. Eventhough methotrexate binds to albumin in plasma (around 60%), its binding in CSF can be considered as negligible because CSF is a fluid that does not contain so much proteins with a CSF-serum ratio for albumin of around 0,6 % in healthy subjects [62]. Based on these data, we can consider that MTX in CSF is essentially unbound and that the MRI measurement of MTX in CSF reflects the microdialysis estimation. However, in case of a variation in permeability of the BBB, an increase in CSF albumin may occur that could introduce a bias between microdialysis and MRI measurements. This could occur if the study was performed in an animal model with leptomeningeal metastases.
Limitations of our study may also arise from the fact that microdialysis concentrations were only measured at the 3rd ventricle and used in combination with MRI for extrapolation to lateral ventricles and to the cisterna magna. An other limitation of the PBPK modeling should also be done, especially for the translation to humans. Indeed, for drugs which are substrate of influx/efflux transporters, such as MTX, interspecies differences in expression and localization should be taken into account.

In conclusion, the present study showed that the combination of local CSF microdialysis and CSF MRI acquisition with a PBPK model could be a useful methodology to estimate the drug diffusion within CSF ventricles after direct brain CSF administration. Such a methodology would be of interest to clinicians for a rationale determination and optimization of drug dosing parameters in the treatment of leptomeningeal metastases.

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References


57. Artru AA. Propofol Combined with Halothane or with Fentanyl/Halothane Does Not Alter the Rate of CSF Formation or Resistance to Reabsorption of CSF in Rabbits. J Neurosurg Anesthesiol. 1993, 5 : 250-257


Legend to Figures

**Figure 1**: Schematic representation of the PBPK model built to predict the *in vivo* disposition of Gd-DOTA and MTX in CSF ventricles and blood in rabbit (with RVT = richly vascularized organ and PVT = poorly vascularized organ).

**Figure 2**: Mean (bold) and individual intrathecal and systemic concentration - time profile after 3rd intrathecal ventricular (A, B) and intrathecal lumbar (C, D) administration of 5 mg of Methotrexate in rabbit.

**Figure 3**: Mean (bold) and individual concentration - time profile in plasma after systemic administration of 2.5 mg (A), 5 mg (B) and 10 mg (C) of methotrexate in rabbit (n = 6).

**Figure 4**: Mean (bold) and individual intrathecal concentration - time profile after intrathecal ventricular administration of 100 μg of Gd-DOTA in rabbit.

**Figure 5**: *In vivo* MRI visualization of Gd-DOTA distribution in the CSF of 3rd ventricle and in the cisterna magna.

**Figure 6**: Predicted (line) and individual MRI (dots) determined concentrations of Gd-DOTA in cisterna magna after intrathecal administration of Gd-DOTA in the 3rd ventricle in rabbit (n = 3).
Figure 7: Predicted (lines) and mean MRI (dots) determined concentrations of Gd-DOTA in all ventricles and cisterna magna after intrathecal administration of Gd-DOTA in the 3rd ventricle in rabbit (n = 3)

Figure 8: Predicted (line) and individual (dots) MTX concentrations in the third ventricle after an intrathecal administration of 5 mg in the third ventricle.

Figure 9: Predicted (line) and individual (dots) plasma concentrations of MTX after intrathecal administration of 5 mg in the 3rd ventricle.

Figure 10: MTX predicted rabbit concentrations in the 3rd ventricle, in the lateral ventricles and cisterna magna (left) and in plasma (right) after administration as intrathecal bolus of 5 mg, infusion of 5 mg during 1 hrs and bolus + infusion (both at 5 mg, infusion for 1 hrs, 4 hrs after bolus injection).

Figure 11: MTX predicted human concentrations in the 3rd ventricle and cisterna magna after administration as intrathecal bolus of 1 mg MTX after humanization of the rabbit PBPK model.
Figure 2

A

Intrathecal concentration (mg/ml)

Time (min)

B

Plasma concentration (μg/ml)

Time (min)

C

Intrathecal concentration (mg/ml)

Time (min)

D

Plasma concentration (μg/ml)

Time (min)
Figure 3

A

B

C
Figure 4
Figure 5

3rd ventricle

Cisterna Magna
Figure 6
Figure 7
Figure 8
Figure 9
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Bolus 5 mg + Infusion 5 mg for 1 hrs
Figure 11
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<td>Human lateral ventricle volume (mL)</td>
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<td>Human cisterna magna volume (mL)</td>
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Rabbit volumes are expressed as a fraction of bodyweight and rabbit output as a fraction of the cardiac output.
### Table 1B

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<th>Drug parameters</th>
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Table 2: Systemic pharmacokinetic parameters of methotrexate after intravenous administration of 2.5 mg, 5 mg and 10 mg of methotrexate in rabbit (n = 6).

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<th>IV 5 mg</th>
<th>IV 10 mg</th>
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<tr>
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<td>28.4 ± 8.9</td>
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<td>CLI (ml/min)</td>
<td>15.4 ± 10.0</td>
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<td>Vss (ml)</td>
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<td>T1/2 α (min)</td>
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</tbody>
</table>
Table 3: Plasma pharmacokinetic parameters of methotrexate after intrathecal ventricular and intrathecal lumbar administration in rabbit.

<table>
<thead>
<tr>
<th>Parameters</th>
<th>Ventricular administration</th>
<th>Lumbar administration</th>
</tr>
</thead>
<tbody>
<tr>
<td>AUC (min*μg/ml)</td>
<td>207 ± 72</td>
<td>219 ± 92</td>
</tr>
<tr>
<td>T1/2 (min)</td>
<td>192 ± 103</td>
<td>162 ± 96</td>
</tr>
<tr>
<td>Tmax (min)</td>
<td>85 ± 69</td>
<td>43 ± 38</td>
</tr>
<tr>
<td>Cmax (μg/ml)</td>
<td>0.93 ± 0.67</td>
<td>0.94 ± 0.33</td>
</tr>
</tbody>
</table>
Graphical abstract

PBPK Modeling

MRI and Microdialysis