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Abstract—Safe Physical Human Robot Interaction, conservation of energy and adaptability are just the main robotic applications that prompted the development of a number of Variable Stiffness Actuators (VSA). Implemented in a variety of ways, they use various technologies, and feature the most diverse mechanical solutions, all of which share a fundamentally unavoidable nonlinear behavior. The control schemes proposed for these actuators typically aim at independent control of the position of the link, and its stiffness. Although effective feedback control schemes using position and force sensors are commonplace in robotics, control of stiffness is at present completely open-loop: the stiffness is inferred from the mathematical model of the actuator. We propose an algorithm based on modulating functions which allow to avoid the need of numerical derivative and for which the tuning is then very simple. An analysis of the error demonstrates the convergence. Simulations are provided and the algorithm is validated on experimental data.

I. INTRODUCTION

THE control of flexibility in actuators is a topic that gained in importance during the last decades, when the possibility to take advantage of the flexibility has become a possible option, rather than minimizing it [24]. Among the resulting applications, one of the most important is safety of physical Human Robot Interaction (pHRI) [1], [2], [15]. In case of accidental collision between a human and a robot, a compliant actuator can reduce the risk of injuries, while the actuator can be made more rigid for precise tasks. Others applications have been developed such as mechanism preservation [11], energy saving [28], energy storing to release it at particular time [8], [12] or rehabilitation [14], [32].

In order to control both position and stiffness, specialized devices have been designed which are made up of two actuators and flexible transmissions presenting nonlinear characteristics [29]. Most existing devices can be classified into two categories, as shown on figure 1. The first approach is bio-inspired and consists in setting the two motors in an Agonistic-Antagonistic configuration, connected to the link via nonlinear spring, similarly to antagonist muscles actuating an arm [20], [27], [22], [3]. In the second approach, called serial-configuration, the dynamics of the two motors are almost decoupled. A first motor is dedicated to controlling the link motion, while a second smaller motor is dedicated to the setting of the stiffness [4], [16], [30], [17], [13].

After the problem of finding a suitable architecture for VSA, comes the problem of controlling both the position and the stiffness, as illustrated in the example of figure 2. While for the serial configuration the dynamics of the positions and the stiffness are almost decoupled, it is not the case for the Agonistic-Antagonistic configuration, where the dynamics are coupled and nonlinear. Several control laws have hence been proposed in the last decade. For the regulation of the stiffness and the position to constant values, a feedback control has been proposed in [5] and a port Hamiltonian approach, which allow the regulation while keeping the stored energy constant, in [31]. Control law for tracking smooth trajectory have also been proposed in [6], [23], [33] using a feedback linearization strategy for single DOF and multi DOF actuators and in [26] following a gain scheduling method and LQR for robustness.

All the above control scheme have the same issue, a precise knowledge of the stiffness is required, but there is no sensor for the stiffness. Hence it has to be reconstructed either by a mathematical model, but it is prone to error since the model is usually complex and subject to high imprecision, or with an online estimator. The latter method is far preferable and has been investigated in several papers. A first method has been proposed in [9] where the error estimation was shown to be uniformly ultimately bounded. An improved algorithm has been proposed in [10], where the observer is derived from a parametric approach coupled with an analytic differentiation. Both these methods have been operating on the link side and require several numerical differentiation. In order to alleviate this issue, other algorithms have been developed, working on the motor side. The problem can then be stated as follows, the equation representing the movement of the motor angle $q$ is given by:

$$\tau = Jq^{(2)} + bq^{(1)} - f(\phi) \tag{1}$$

where $\tau$ is the torque of the motor, $J$ and $b$ are the motor inertia and damping and $\phi = q - q_L$ is the displacement angle with $q_L$ the link angle, all the parameters and signals are known or measured. The problem is to estimate $\sigma(\phi) = \frac{d^2 q}{d\phi^2}$, the stiffness. The main issue is that we need the derivatives of the measured signals which is a difficult problem for noisy signals. To the best of our knowledge, two algorithms have been proposed for the estimation of $\sigma$, following this way.

Firstly, in [7], where the idea is to obtain first an estimation of $f(\phi)$ by combining a modified kinematic Kalman filter for the estimation of the first derivative of $q$ and a first order filter. Then $f$ is approximated by a Taylor expansion and its parameters are estimated by a least square algorithm. Finally, $\sigma$ is obtained by analytically differentiating the Taylor expansion. The main drawback of this method is that the convergence required for this type of algorithm cannot be ensured. These restrictions have been partially alleviated in [21] where an algorithm has been proposed based on operational calculus and differential algebra. The idea is to first obtain a relation involving $\sigma$ by differentiating equation (1), then, by doing some calculus in the Laplace domain, a relation between filtered versions of the measured signals and $\sigma$ is obtained. Replacing $\sigma$ by a Taylor expansion approximation, a Least Square Algorithm can be used, involving filtered versions of the different measured signals in order to estimate the parameters of the Taylor expansion. The fact that no numerical derivative is needed, makes this algorithm very easy to tune, and hence practically interesting, indeed, there are only three parameters to set: the length of the integration window, the initial value of the covariance matrix for the recursive least square algorithm and the order of the Taylor expansion.

We propose here an improved version of [21]. First, the algorithm
Explicit Stiffness Variator

Finally, section VI presents our conclusions.

IV. The observer is then used on real experimental data, for an AA-performance of the observer is illustrated on simulations in section IV. An analysis of the error on the measured data is given next. The parameters of the two motors and the link are \( J_1, J_2, J_L \) the inertias and \( b_1, b_2, b_L \) the dampings, respectively.

The dynamical model is given by:

\[
\begin{align*}
\tau_1 &= J_1 q_1^{(2)} + b_1 q_1^{(1)} - f_1(q_L - q_1), \\
\tau_2 &= J_2 q_2^{(2)} + b_2 q_2^{(1)} - f_2(q_L - q_2), \\
\tau_L &= J_L q_L^{(2)} + b_L q_L^{(1)} + g(q_L) \\
&\quad + f_1(q_L - q_1) + f_2(q_L - q_2),
\end{align*}
\]

and the total flexibility torque is

\[
f(\phi) = f_1(\phi_1) + f_2(\phi_2),
\]

where \( \phi = (\phi_1, \phi_2) \) with \( \phi_i = q_i - q_i, i = 1, 2 \), correspond to the deformation of each motor-transmission. The total device stiffness is derived from the total flexibility torque and is equal to

\[
\sigma(\phi) = \sigma_1(\phi_1) + \sigma_2(\phi_2),
\]

where

\[
\sigma_i(\phi_1) = \frac{\partial f_i}{\partial \phi_1}(\phi_1), \quad i = 1, 2.
\]

III. OBSERVER DESIGN FOR STIFFNESS ESTIMATION

In this section, we first present the modulating functions and give some useful properties. These properties are further used to define the stiffness estimator. Afterward, the effects of the measurement noise and the truncation error are analyzed.

A. Modulating functions

The following definitions and proposition come from [25], and have been slightly modified for our need.

Definition 1. A modulating function of order \( k \) on \([a, b]\) \((a, b \in \mathbb{R})\) is a function \( \psi : [a, b] \to \mathbb{R}, k\)-times differentiable such that:

\[
\psi^{(i)}(a) = 0 = \psi^{(i)}(b), \quad i = 0, \ldots, k - 1,
\]

where \( \psi^{(i)} \) represents the \( i \)-th order derivative of \( \psi \).

Definition 2. A function \( f : [a, b] \to \mathbb{R} \) integrable on \([a, b]\) is modulated by taking the inner product with a modulating function \( \psi \):

\[
\langle f, \psi \rangle = \int_a^b f(u)\psi(u)du.
\]

Proposition 1. Let \( f_1, f_2 \) be integrable real valued functions on \([a, b]\), \( \psi \) an order \( k \) modulating function on \([a, b]\) and \( C \in \mathbb{R} \) a constant, then we have the following properties:

(i) \( \langle f_i, \psi \rangle = (-1)^i \langle f_1, \psi^{(i)} \rangle, \quad i = 0, \ldots, k - 1 \),
The maximum derivative order is \( t \) to estimate the parameters.

We get a relation between the stiffness and the measured signals, \( \psi \) modulating functions, so that only filtered versions of the measured \( T \) a Taylor expansion and the resulting equations are transformed, using 

\[
B \text{ Algorithm}
\]

\[
\text{Algorithm}
\]

\[
The estimation of the stiffness is derived from equations (2)-(3), \( i = 1, 2 \).
\]

Differentiating with respect to time yields:
\[
\tau_i = J_i q_i^{(2)} + b_i q_i^{(1)} - f_i(\phi_i), \quad i = 1, 2.
\]

we only have access to a measured signal), by the derivative on the modulating function for which the derivative is known and can be computed analytically.

Example 1. Let us define the following function:
\[
w_{i,j}(u) = (1 - u)^i u^j, \quad u \in \mathbb{R}, \quad i, j \in \mathbb{N}.
\]

Then, \( w_{k,k} \), for \( k \in \mathbb{N} \), is a modulating function of order \( k + 1 \) on \([0, 1]\).

B. Algorithm

The estimation of the stiffness is derived from equations (2)-(3), that is, we look at the system on the motor side. The algorithm is split into two parts. Firstly, the equations are differentiated to make the stiffness appear explicitly, the stiffness is then approximated by a Taylor expansion and the resulting equations are transformed, using modulating functions, so that only filtered versions of the measured signals are needed. Secondly, a least square algorithm is used to estimate the parameters of the Taylor expansion and thus the stiffness itself.

Computation of the filters: We start from equations (2)-(3), that is:
\[
\tau_i = J_i q_i^{(2)} + b_i q_i^{(1)} - f_i(\phi_i), \quad i = 1, 2.
\]

Differentiating with respect to time yields:
\[
\tau_i^{(1)} = J_i q_i^{(3)} + b_i q_i^{(2)} - \phi_i^{(1)} \sigma_i(\phi_i),
\]

we take the following Taylor expansion approximation:
\[
\sigma_i(\phi_i) \approx \sum_{j=0}^{N} \alpha_j \frac{(\phi_i)^j}{j!},
\]

which gives the relation:
\[
\sum_{j=0}^{N} \alpha_j \frac{\phi_i^{(1)}}{j!} = J_i q_i^{(3)} + b_i q_i^{(2)} - \tau_i^{(1)}.
\]

The maximum derivative order is 3, then we need to take an order 4 modulating function \( \psi \), which will be defined later. Modulating equation (14) with \( \psi \), one obtain:
\[
\left\langle \sum_{j=0}^{N} \alpha_j \frac{\phi_i^{(1)}}{j!}, \psi \right\rangle = \left\langle J_i q_i^{(3)} + b_i q_i^{(2)} - \tau_i^{(1)}, \psi \right\rangle.
\]

For \( k \leq M \), measured values at negative time \((k - m)T_s\), i.e. \((k - m) < 0\), are set to zero. The derivatives of \( w_{3,3} \) are given by:
\[
w_{3,3}^{(2)}(u) = -3w_{2,3} + 3w_{3,2},
\]
\[
w_{3,3}^{(2)}(u) = 6w_{1,3}(u) - 18w_{2,2}(u) + 6w_{3,1}(u),
\]
\[
w_{3,3}^{(2)}(u) = -6w_{0,3}(u) + 54w_{1,2}(u) - 54w_{2,1}(u) + 6w_{3,0}(u).
\]

Note that the definition of \( B_i \) and \( C_i \) can be seen as filtering by a Finite Impulse Response Digital Filter.

Recursive least square algorithm: Now that a relation has been obtained between the stiffness parameters in the Taylor expansion and the measured signals, we further use it into a discrete least square algorithm in order to obtain an approximation \( A_i \) of \( A_i \).

\[
A_i = \hat{A}_i(k-1) + \Gamma(k)C_i(k/k-1),
\]
\[
C_i(k/k-1) = C_i(k) - B_i(k)\hat{A}_i(k-1),
\]
\[
\Gamma(k) = \frac{1}{\lambda}B_i(k)F(k-1)B_i(k)'
\]
\[
F(k) = (I_{N+1} - \Gamma(k)B_i(k)')F(k-1).
\]

The notation \( I_{N+1} \) stands for the identity matrix of dimension \( N+1 \).
C. Error analysis

The algorithm presented here is made up of two parts, first, a relation between filtered versions of the measured data and the coefficients of the Taylor expansion of the stiffness is derived. It is then used in a least square algorithm. In this scheme, there are three sources of errors: a noise on the measurements, an error due to the truncation of the Taylor expansion and an error due to the numerical integration. The noise on the measured data is assumed to be an additional stochastic white noise with zero mean and finite variance and the numerical integration error is assumed to be negligible. The attenuation of the error is only done by the first step, that is we will see how to set the parameters to reduce sufficiently the noise so that it does not affect the second step.

We shall treat here measurements noise only for the torque. High noise on the positions measurements would be a critical issue for far more accurate than for torque measurement, assuming small noise on torques measurement would be a critical issue for assuming that there exist $\varepsilon_1, \varepsilon_2$ such that $\phi_i(k) \in [\varepsilon_1, \varepsilon_2]$ for all $k \geq 0$, then, overvaluing $(\sigma_i - \sigma^N_i) \circ (\phi_i)$ and applying Proposition 2, one obtains

$$|e_{RN}^i(k)| \leq T^3 \frac{3\sqrt{5}}{125} \sup_{\phi_i \in [\varepsilon_1, \varepsilon_2]} |\sigma_i(\phi_i) - \sigma^N_i(\phi_i)|.$$ (30)

Analysis of $e_\omega$

We assume here that $\omega$ is a white noise with zero mean and finite variance. Similarly to the truncation error, we obtain that the noise error contribution is equal to

$$e_\omega(k) = \sum_{m=0}^{M} \omega((k-m)T_s)T^2W_mw_{3,3}^{(1)}(m/M).$$ (31)

Note that the error due to the noise on the torques does not depend on the subscript $i$ (the error is the same for both torques).

Applying proposition 3, we obtain that for each $k \in \mathbb{N}$, $e_\omega(k)$ converges to zero in mean square as $M$ goes to infinity.

Parameters settings

The effect of the parameters on the different errors is summarized in the table II. From the previous analysis, we can derive some indications for the tuning of the parameters. First, the sampling period $T_s$ should be taken, as small as possible in order to reduce the effect of the noise. The length of the integration window should be taken large enough to filter the noise, depending on the expected Signal to Noise Ratio which itself depends on the sensors. Even if increasing $T$ will increase the truncation error, we can see from equation (30), that this relation is cubic, and since, typically, values of $T$ belong to $[0.1, 2]$, the setting of $T$ and $N$ can be done independently. Finally, the value of $N$ will highly depend on the range of the motor/link deformations $\phi_i$ and the spring.

Convergence of the RLS

We have shown until now that the error contribution can be made arbitrarily small, uniformly with respect to time, by tuning the parameters. According to lemma 1, if the input of the RLS is persistently exciting, then a small error due to the truncation of the Taylor expansion leads to a small error on the estimated coefficients. Similarly, if the error due to the noise converges to zero in mean square, then the estimated parameters will converge in mean square toward the real one.

We thus have to be sure that the persistent excitation condition is fulfilled. The inputs of the RLS are filtered versions of the measured signals. Basically, this filter corresponds to integrating the measured signal over a finite horizon window, and then acts as a low pass filter whose cut-of frequency is proportional to $1/T$ [25]. We can see from this analysis that if the motions of the link were too fast compared to the cut-of frequency, then, the persistent excitation could be compromised. In this case, it would be necessary to reduce the length $T$ of the integration window. If we want to continue filtering the error due to the noise we need to take a $T_s$ smaller (which is natural if the movements become faster).

Finally, we conclude that we can ensure arbitrary small error on the stiffness by tuning the algorithms parameters.

<table>
<thead>
<tr>
<th>$N = 2$</th>
<th>$N = 2$</th>
<th>$N = 2$</th>
<th>$N = 4$</th>
<th>$N = 4$</th>
</tr>
</thead>
<tbody>
<tr>
<td>no noise</td>
<td>noise on torques</td>
<td>noise on torques</td>
<td>noise on torques</td>
<td>noise on torques</td>
</tr>
<tr>
<td>MSE</td>
<td>3.410^{-2}</td>
<td>19.3</td>
<td>38.4</td>
<td>39.9</td>
</tr>
<tr>
<td>MSREP</td>
<td>510^{-3}</td>
<td>4.810^{-2}</td>
<td>110^{-1}</td>
<td>8.710^{-2}</td>
</tr>
</tbody>
</table>

TABLE I

EVALUATION OF SIMULATION RESULTS.
IV. SIMULATIONS

We consider an Agonistic-Antagonistic VSA mechanism realized with two identical cubic springs whose force displacement characteristic are described by:

\[ f_i = 10(q_L - q_i)^3, \quad i = 1, 2. \]  

(32)

The parameters of the motors in the equations (2)-(3)-(4) are given by, \( J_1 = J_2 = 10^{-4}\text{kg/m}^2, \quad J_L = 0.0179\text{kg/m}^2, \quad b_1 = b_2 = 1.27\text{Nms/rad} \) and \( b_L = 0.0127\text{Nms/rad}. \) We consider the case without gravity, that is \( g = 0. \)

We provide in this section the result of several simulations with the algorithm proposed here, all the simulations are done for the same set of data, which are reported on figure 3.

In order to precisely evaluate the effects of noise on the reconstruction of the stiffness, three different cases are compared in simulation: without noise, with a white noise affecting the torques and finally with a white noise affecting both the torques and the positions. The importance of the noise is quantified by the Signal to Noise Ratio (SNR) which is given by the formula \( \text{SNR} = 20\log_{10}(\text{Var}(\text{Signal without noise})/\text{Var}(\text{Noise})), \) the lower it is, the more significant the noise is. The noise on the torques is taken large, corresponding to a SNR of 9, while the noise on the positions is low corresponding to a SNR of 140, noisy signals are depicted on figure 4. In addition, we compare the effect of \( N \) in equation (13), for the estimation. The best value for \( N \) is 2 for our algorithm, because the springs are cubic. But, since the springs might be not polynomials (we can consider exponential springs for example), we then test our algorithm for non exact values of \( N \), that is, with \( N = 2 \) and \( N = 4 \).

\text{set-up for the algorithm}

The parameters of the observer are set as follow, the length of the time window for the integral is \( T = 0.5\text{s} \) and the covariance matrix for the RLS is initialized at \( F(0) = 10^3I_{N+1} \). The sampling time is taken as \( T_s = 1/1000\text{s}. \)

\text{results of simulations}

The results of the reconstruction of the stiffness are given on figure 5. In addition, an average of the Mean Square Error (MSE) and the Mean Square Relative Error Percentage (MSREP) have been computed, over 100 simulations, after the algorithm has converged, that is between \( t = 2s \) and \( t = 10s \) and are given in table I. The formula for MSE and MSREP between sample \( k_1 \) and \( k_2 \) \((k_2 > k_1)\),
are given by:

$$MSE = \frac{1}{k_2 - k_1 + 1} \sum_{k=k_1}^{k_2} (\sigma(k) - \hat{\sigma}(k))^2,$$

$$MSREP = \frac{1}{k_2 - k_1 + 1} \sum_{k=k_1}^{k_2} \left( \frac{\sigma(k) - \hat{\sigma}(k)}{\sigma(k)} \right)^2.$$

We can see, that in every cases and with the same settings, the algorithm performs satisfactorily.

V. EXPERIMENTAL RESULTS

In this section, we test the algorithm presented here on the Agonistic-Antagonistic VSA experimental device with exponential springs shown in figure 6, which is fully described in [10] (some details are also reported in appendix for convenience). The system measures are, by nature, translational (see appendix for detail) and the model can be described with the model in figure 7. Please note that this choice of translational Lagrangian coordinates, yields that displacements are measured in $\text{mm}$, generalized torques in $\text{N}$ and stiffness in $\text{N/mm}$.

The results of the estimations are depicted on figure 9. The comparison model is not exact due to uncertainties in the model of the actuator and especially in the model parameters. Then, we consider that the knowledge of the true stiffness is reliable up to an error about 25% (see appendix, in particular figure 10 for details), represented by an horizontal line on figure 9.b).

The order of the Taylor expansion has been set to $N = 9$. The covariance matrix for the RLS has been set to $F(0) = 10^5 I_{10}$ and the length of the time window for the integral is $T = 0.5 s$. The MSE and MSREP, after the convergence (that is after $t = 2s$) are equal to 21.43 and 2.07 respectively.

VI. CONCLUSION

In this paper, we have presented a new algorithm for estimating the nonlinear stiffness of Agonistic-Antagonistic Variable Stiffness Actuator. The advantages of the proposed method are twofold, firstly, the tuning is simple, secondly, the algorithm is proven to
converge. The effect of the noise on the resulting estimation has been studied and a methodology to tune the parameters has been provided. Furthermore, the algorithm has been validated on experimental data which proves its practical efficiency. The proposed algorithm assumes a good knowledge of the damping and inertia on the link side for proper functioning; while a good knowledge of the inertial details of a robot is something that can be easily extracted from the combined information of components datasheets, CAD files and kinematics of the robot, a good knowledge of the damping coefficient is not always easily available. Moreover, damping is often a time-varying quantity, dependent on the age of the system, the temperature and other issues. This aspect opens a really interesting research direction, that is the combined estimation of stiffness and damping, which is demanded to future work.

APPENDIX

A. Technical results

The two propositions given here can be seen as specific cases (but slightly different) of Proposition 2 and corollary 2 in [18]. The lemma presents a classical result for RLS and is presented with more details in [19].

**Proposition 2.** Let $M \in \mathbb{N}$, and $T > 0$ then the following inequality holds true

$$\sum_{m=0}^{M} W_m w_{3,3}^{(1)} \left( \frac{m}{M} \right) \leq T \frac{3\sqrt{5}}{125},$$

where $W_0 = W_M = T/(2M)$, $W_m = T/M$, $m = 1, \ldots, M - 1$ and $w_{3,3}^{(1)}$ is given by (24).

**Proof of proposition 2.** One has:

$$\sum_{m=0}^{M} W_m w_{3,3}^{(1)} \left( \frac{m}{M} \right) \leq \max_{u \in [0,1]} \left| w_{3,3}^{(1)}(u) \right| \sum_{m=0}^{M} W_m,$$

$$\leq \max_{u \in [0,1]} \left| w_{3,3}^{(1)}(u) \right| T,$$

$$\leq T \frac{3\sqrt{5}}{125}.$$

The third inequality is obtained by noticing that the function $w_{3,3}^{(1)}(u)$ is a polynomial function and vanish at $u = 0$ and $u = 1$. Then the maximum of $\left| w_{3,3}^{(1)}(u) \right|$ is attained at a point, belonging to $[0,1]$, where the derivative of $w_{3,3}^{(1)}(u)$ vanish. Direct computations gives that $w_{3,3}^{(1)}(u)$ vanish at $0$, $\frac{1}{2} + \frac{\sqrt{5}}{10}$, $\frac{1}{2} - \frac{\sqrt{5}}{10}$, and $1$. Hence one can directly conclude that the maximum is equal to $\frac{3\sqrt{5}}{125}$.

**Proposition 3.** Consider $\{\omega(t), t > 0\}$, a continuous parameter stochastic process, such that for every $t > 0$:

$$E[\omega(t)] = 0,$$

$$Cov[\omega(t)\omega(s)] = 0, \quad t \neq s,$$

$$Var[\omega(t)] = \mu^2.$$

Let $M \in \mathbb{N}$, and $T > 0$, then, for every $k \in \mathbb{N}$, $k \geq M$:

$$\lim_{M \to +\infty} e_\omega(k) \approx 0,$$

where $m.s.$ stands for mean square convergence, and

$$e_\omega(k) = \sum_{m=0}^{M} W_m \omega \left( (k - m) \frac{T}{M} \right) w_{3,3}^{(1)} \left( \frac{m}{M} \right),$$

where $W_0 = W_M = T/(2M)$, $W_m = T/M$, $m = 1, \ldots, M - 1$ and $w_{3,3}^{(1)}$ is given by (24).
Proof of proposition 3. Mean square convergence to zero for a stochastic process means that its second-order moment converges towards zero. That is, we have to prove here that \( \lim_{M \to +\infty} E[(e_\omega(k))^2] = 0 \). For this purpose, we will use the well-known formula:
\[
E[(e_\omega(k))^2] = Var[e_\omega(k)] + (E[e_\omega(k)])^2.
\]
One has:
\[
E[e_\omega(k)] = T^2 \sum_{m=0}^{M} W_m w_{3,3}^{(1)} \left( \frac{m}{M} \right) E[\omega((k-m)T_s)],
\]
and:
\[
Var[e_\omega(k)] = T^4 \sum_{m=0}^{M} W_m^2 \left( w_{3,3}^{(1)} \left( \frac{m}{M} \right) \right)^2 Var[\omega((k-m)T_s)] + 2 \sum_{m=1}^{M} \sum_{m=1}^{M} W_m W_m w_{1,3}^{(1)} \left( \frac{m}{M} \right) w_{3,3}^{(1)} \left( \frac{m}{M} \right)
\]
\[
Cov[\omega((k-m_1)T_s), \omega((k-m_2)T_s)].
\]
The hypothesis give:
\[
E[\omega((k-m)T_s)] = 0,
\]
\[
Cov[\omega((k-m_1)T_s), \omega((k-m_2)T_s)] = 0, \quad \text{if } m_1 \neq m_2.
\]
It follows that:
\[
E[e_\omega(k)] = 0
\]
\[
Var[e_\omega(k)] = T^4 \sum_{m=0}^{M} W_m^2 \left( w_{3,3}^{(1)} \left( \frac{m}{M} \right) \right)^2 Var[\omega((k-m)T_s)]
\]
\[
= \frac{T^4}{M^2} \sum_{m=0}^{M} (MW_m)^2 \left( w_{3,3}^{(1)} \left( \frac{m}{M} \right) \right)^2 \times
\]
\[
\frac{\max_{\omega \in [0,1]} \left( w_{3,3}^{(1)} \right)^2 2T^2 \mu^2 M}{\frac{T^4}{M^2} \sum_{m=0}^{M}}
\]
\[
\leq \frac{T^4}{M^2} \frac{\max_{\omega \in [0,1]} \left( w_{3,3}^{(1)} \right)^2 \mu^2 M}{\frac{T^4}{M^2} \sum_{m=0}^{M}}
\]
The last term goes to zero when \( M \) goes to infinity since \( T \) is fixed and \( w_{3,3}^{(1)} \) is a continuous function on \([0, 1] \). This ends the proof.

Lemma 1 ([19] p.177). If the vector \( B_t \) is persistently excited, then the solution of the RLS algorithm (27) is given by:
\[
\hat{A}_t(k) = A_t + [R_t(k)]^{-1} \frac{1}{k} \sum_{j=1}^{k} B_t(j) (e_{R,N}(j) + e_{N,j}(j)),
\]
with
\[
R_t(k) = \frac{1}{k} \sum_{j=1}^{k} B_t(j) B_t(j)^T.
\]

B. Details on the Experimental Setup

This appendix briefly recalls some details of the experimental setup shown in figure 6, and thoroughly described in [9].

The experimental device implements the antagonistic VSA concept, 1(a). The springs used in the device are designed (using a cam mechanism) to have an exponential characteristic, such that, given the spring deformation \( \delta \) and the spring force \( f \), the relationship between the two can be summarised as
\[
f = a_i e^{k_i \delta},
\]
where the subscript \( i \) can be 1 or 2, for the two springs.

A pair of strain-gauge load cells measures the tendon tensions. The three position corresponding to the link position and to the two movement sources were measured using three HEDS-5540 encoders with a resolution of 2000 CPRs. A National Instruments PCI6251 ADC board acquired the strain gauges data, and an USB-PCI4e acquired the encoders data, both with a sampling rate \( T_s = 0.015s \). A second–order filter with time constant of 0.02s was used to clear the signal from the (rather small) noise. Sources of noise were quantization for the encoders and electro-magnetic noise interferences in the strain gauges.

It is important to notice that, although the device is designed as the actuator of a rotary link, part of the measurements acquired are in the rotary domain (the link and prime movers position), while the other part is in the translational domain (the spring forces). To apply the proposed estimation algorithm, all measurements need to be reported in the same domain. The authors of [9] chose to adopt the translational domain, and we kept the same decision to allow easier comparison between the results. This leads to all results presented in figures 8, 9, and 10, that expressed in terms of displacements (\( mm \)) and forces (\( N \)), rather than angles (\( rad \)) and torques (\( Nm \)). This does not hinder the validity of reported results in any way, given the substantial equivalence of the rotational and translational domains when limited a system as simple as that used.

To keep the system simple, the motion of the two prime movers was input directly by hand, with the aid of two handles (not shown in figure 6).

To compare the estimation of the stiffness derived from the proposed method with the ground-truth data, the force functions of the two springs need to be experimentally evaluated through careful preliminary calibration experiments. The calibration procedure consists in the collection of a large number of force-displacement pairs (\( x, f \)) and then in a subsequent fitting of the pairs with the model 38.

Figure 10, resumes the results of such calibration procedure. It is possible to notice how, notwithstanding the fact that the springs were explicitly designed to show an exponential characteristic, the ground-truth data shows some deviation with respect to the intended model, yielding a relative error (during the regression) of roughly 25% (precisely a relative error of 22% and 29% for the left and right spring, respectively). This relative error sets the reliability of our model, thus yielding the threshold of error within which an estimate can be considered good.

REFERENCES


Fig. 10. Experimental characterization of the two exponential springs. Force and displacement pairs recorded during a calibration experiment, and regression curve are shown for each of the two springs of the experimental VSA system.


