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Zuzana Macek Jilkova, Valérie Deplano, Claude Verdier, Mamadou Toungara, Christian Geindreau, et al.. Wall shear stress and endothelial cells dysfunction in the context of abdominal aortic aneurysms. Computer Methods in Biomechanics and Biomedical Engineering, 2013, 16 (suppl), pp.27-29. hal-00853100

HAL Id: hal-00853100

<https://hal.science/hal-00853100>

Submitted on 21 Aug 2013

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Wall shear stress and endothelial cells dysfunction in the context of abdominal aortic aneurysms

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Keywords: wall shear stress, abdominal aortic aneurysm, endothelial cells, mechanotransduction

1. Introduction

The formation of aneurysm of abdominal aorta (AAA), is a multi-factorial and predominantly degenerative process that results from a complex interplay between biological processes in the arterial wall and the hemodynamic stimuli on the wall, *i.e.* wall shear stresses (WSS) and elongations of the wall directly applied on vascular endothelial cells (EC) partly regulate the arterial wall remodelling (Golledge *et al.*, 2006, Humphrey *et al.* 2012). In the case of AAA, these mechanical stimuli strongly vary in space and time, leading to strong spatio-temporal gradients (Figure 1). The effect of these abnormal mechanical stimuli leads to EC dysfunction. This phenomenon plays a significant role in AAA pathology, where damage of EC, associated with changes of endothelial permeability and increased local inflammation, appears to be the initial step of AAA formation and expansion. In the last two decades, many *in vitro* studies have been performed in order to characterize the influence of WSS (Chiu and Chien 2011) on the EC biological response. Recently the coupling between elongation and WSS has been also investigated. However, these stimuli remain usually very far from the ones encountered in AAA during its expansion, and do not allow to clearly understand the links between blood WSS – AAA wall stress and elongations - EC dysfunction. Within this context, new experiments need to be developed in order to reproduce such pathological loadings on EC. In the present study, we present results concerning the influence of WSS only on EC dysfunction in a parallel plate flow channel. A preliminary set of *in vitro* experiments have been performed applying three different values of WSS, which represent the WSS over a cardiac cycle at three different locations in a typical AAA geometry. These tests will be then used as reference in order to measure the influence of the pathological spatio-temporal gradients of WSS.

2. Methods

Primary human umbilical vein EC (HUVEC) were plated on fibronectin-coated slides (10 µg/mL) and confluent monolayers were exposed to flow in a closed circulating system using a peristaltic pump for 18 h or incubated under static conditions, in both cases with 5% CO₂ at 37 °C. For flow

experiments, we used a parallel plate flow chamber, as described previously (Chotard-Ghodsia *et al.*, 2002). Constant shear stress applied on cells varies from 0.04 Pa to 3.7 Pa (0.4 to 37 dynes/cm²), which corresponds to levels of WSS during enlargement of AAA (Salsac *et al.*, 2004). Cell alignment and shape were investigated on digitized images, analyzed with MetaMorph software ($n \geq 500$ /per experiment). Cell orientation (alignment) was determined as an angle between the long axis of the cell and the chosen direction (0° indicated perfect alignment with respect to the flow direction while a value of 45° indicated no alignment). Elliptical form factor, the ratio of the cell's breadth to its length, determined the level of cells elongation (1 indicated circle *i.e.* no elongation). EC dysfunction was determined by immunocytochemistry, confocal fluorescence microscopy and flow cytometry. Data were analyzed using SigmaStat statistical software. One-way ANOVA followed by multiple comparisons with Holm-Sidak test was used. For direct comparisons, an unpaired Student's *t* test was used. Values are presented as means±SE. Comparisons were judged to be significant at $p < 0.05$.

Figure 1 a) AAA macro scale model. b) Micro scale study. c) Wall shear stress during the cardiac cycle at different locations of AAA.

3. Results and Discussion

The orientation and elongation of EC (figure 2a et b) were analysed (Table 1). Compared to static state, characterized by random orientation, we observed that HUVEC partially aligned in direction of flow after 18 h of exposure to shear stress of 2.0 Pa. The alignment was even more pronounced

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in response to very high shear stress of 3.7 Pa. Confluent EC are known to be polygonal under static culture conditions, but become elongated in response to shear stress (Dewey *et al.*, 1981). In our study, the elongation was significantly elevated in HUVEC already after exposure to shear stress of 0.04 Pa and further increased with higher magnitudes of shear stresses, clearly demonstrating the gradual elongation of HUVEC.

Then we investigated the response of cytoskeletal organization to the shear stress stimuli. After 18 h of 2.0 Pa shear stress, HUVEC displayed long, well-organized, parallel actin stress fibers largely aligned with the flow direction in the central regions of the cells and linear distribution of vascular endothelial (VE)-cadherin, adhesion molecule located at junctions between EC, was similar to immunostaining of cells-junctions in arteries in vivo (Noria *et al.*, 2004).

The effect of shear stress on surface expression of various adhesion molecules (i.e., ICAM-1, VCAM-1, and E-selectin) was determined using flow cytometry analysis. Application of flow for 18 h significantly increased ICAM-1 surface expression in case of 0.04 Pa but not in case of higher levels of WSS (Table 1). This is consistent with general statement that inflammation develops mainly in areas of low shear stress, while areas exposed to a higher shear stress are protected (Cecchi *et al.* 2011). Surface expression of neither VCAM-1 nor E-selectin was changed. To investigate the fibronectin-integrin-cytoskeleton linkage, we analysed the regulation of $\beta 1$ Integrin by shear stress. We observed strongly induced surface expression of $\beta 1$ Integrin by flow (Table 1) suggesting the important role of this protein in mechanotransduction pathways signalling.

	static	0.04 Pa	2.0 Pa	3.7 Pa
Orientation	44±2	42±2	29±3*	17±1*
Elongation	2.2±0.1	2.7±0.1*	3.2±0.3*	3.7±0.2*
ICAM-1	1±0.5	2.7±0.7*	1.9±0.5	1.5±0.2
$\beta 1$ Integrin	1±0.2	3.6±1.1*	1.9±0.1*	1.8±0.1*

Table 1 Shear stress-induced changes in EC orientation (°) and elongation and in surface expression of ICAM-1 and $\beta 1$ Integrin. Data are means ±SE (n=5). *Significantly different from static condition.

4. Conclusions and perspectives

Our preliminary results confirm that high levels of WSS are not apparently, in themselves, the cause of the AAA pathology, suggesting that rather WSSG plays a key role in this disease. The directly study of the spatio-temporal WSSG remains a challenge. For that purpose, we recently developed PDMS model of AAA and EC were placed and cultured inside of models to obtain confluent monolayer. We tested the maintaining of cells monolayers after exposure to WSS (2.0 Pa in “healthy” part of aorta). Cells, exposed to flow in a closed circulating system using peristaltic pump for 8h, were fixed

and observed by confocal microscope. As shown in Figure 2c, the cell monolayer was maintained even in area of maximum AAA radius. These original experimental set-up offer interesting perspectives in order to study spatio-temporal gradient of WSS in AAA.

Figure 2a, b) Actin (Phalloidin Texas Red) and Cells' nuclei (Hoechst). a) HUVEC without flow: random and short filaments at cell periphery. b) HUVEC with flow: Long and parallel stress fibers in central regions. c) Confocal microscopy of AAA model made of PDMS with EC covering the inside walls.

Acknowledgments

The authors gratefully acknowledge the University Joseph Fourier for financial support.

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