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Comparison of the hygric behaviour of three hemp concretes

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Hemp concrete is a bio-based building material the main qualities of which are its low environmental impact and its hygrothermal behaviour. Even for one kind of application (for example: wall), several compositions and manufacturing methods are encountered in the market. This study compares the hygroscopic behaviour of three hemp concretes used for building walls to identify whether composition and manufacturing have an impact on hygric properties. The investigations are based on the measurement of the sorption curve, of the water vapour permeability versus humidity and of the moisture buffer value. Moisture diffusivity is calculated from the sorption curve and from the water vapour permeability. The results underline the high transfer and storage capacities of these materials; they are classified as excellent (or nearly excellent) hygric regulators. A slight effect of porosity, connected with composition and manufacturing method, is observed.

1. Introduction

The hygrothermal behaviour of building envelopes impacts on energy needs, indoor comfort and indoor air quality. This behaviour depends on thermal and hygric properties of building materials like thermal conductivity, heat capacity, sorption curve and water vapour permeability. The use of hygroscopic materials appears as a good solution to reduce energy needs while maintaining high indoor comfort [1–4]. In order to understand and predict the hygrothermal behaviour of a building envelope implemented with such materials, numerical studies can be made. These studies are generally based on experimental data of sorption curve and water vapour permeability; and it was shown that, for hygroscopic materials, the uncertainty on this kind of data hampers reliable simulation of hygroscopic buffering [5]. In order to characterise the moisture buffering capacity of hygroscopic materials, dynamic experimental methods have thus been developed during the last 10 years [6–9]. In this study, we focus on the case of hemp concrete and we use several experimental methods to identify its hygrothermal behaviour.

Hemp concrete is a bio-based building material that was rediscovered at the end of the 20th century and has been improved over the last 20 years. Its main qualities are its low environmental impact due to bio-sourced components [10,11] and its

hygrothermal behaviour. This material is made of hemp shiv mixed with a mineral binder. According to its composition, it can be used for several applications: wall, floor and roof. Moreover, even for one kind of application, several compositions and manufacturing methods are encountered on the market. Hemp concrete shows low compressive strength [12–14] so, it is used as filling material associated with a wooden frame. From a thermal point of view, hemp concrete shows a low thermal conductivity (about 0.1 W/m/K [15,16]), so it is a good insulator that can be used without an added insulation layer. From a hygric point of view, hemp concrete was characterised with steady-state methods (sorption curve, water vapour permeability). It was shown that hemp concrete has high moisture transfer and storage capacities [17,18]. Recently, hemp concrete was also characterised with a dynamic method; it was emphasised that this material is an excellent hygric regulator [19]. Finally, the hygrothermal behaviour of hemp concrete was studied at full-scale. Pretot and Collet [20] have shown that simultaneous heat and moisture flows can lead to huge vapour pressure variations in the wall linked with sorption phenomena. Shea et al. [21] have shown that the energy performance of an experimental hemp–lime building was higher than predicted from SAP rating and U -value calculations. It was emphasised that relative humidity influences the dynamic behaviour of hemp concrete. Numerical studies have shown that the transient hygrothermal behaviour of hemp concrete can reduce the energy demand of a building while maintaining indoor relative humidity [22,23].

This study deals with three hemp concretes used for building walls. These materials differ in their composition and manufacturing methods: one of them is precast, the second one is sprayed and the last one is moulded. The aim of this study is to compare and analyse the hygroscopic behaviour of the three materials and to

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identify whether composition and manufacturing have an impact on hygric properties. The investigations are based on the measurement of the sorption curve, the water vapour permeability and the moisture buffer value. Moisture diffusivity is then calculated versus water content from the sorption curve and the water vapour permeability.

2. Methods

2.1. Sorption isotherm

The sorption isotherm relates the amount of equilibrium moisture content to the ambient relative humidity for a given temperature.

Sorption isotherms can be measured according to continuous or discontinuous methods [24]. The continuous method consists of measuring the sorption curve under quasi-equilibrium conditions. The adsorptive is admitted (or removed) at a slow and constant rate. The variation of the amount adsorbed by the specimen, with increase (or decrease) in pressure is measured by the volumetric or gravimetric method. The discontinuous method consists of measuring the amount adsorbed by the specimen at successive stages of increasing (and then decreasing) pressure. It can be performed with desiccators and saturated salt-solutions, with climatic chambers or with DVS (dynamic vapour sorption) that has been developed to reduce the running time of measurement but can be used with small specimens only [25].

In this study, the sorption isotherms are measured according to the discontinuous method: the moisture content is determined at successive stages of increasing (and then decreasing) relative humidity. The specimens are placed in a climatic chamber (Vötsch VC4060) which regulates temperature and relative humidity. They are weighed two to three times a week. The sorption isotherm is measured at 23 ± 0.1 °C. Relative humidities used for this study are 11, 23, 33, 43, 58, 81, 90, 95 and 97%RH. The water content w is calculated from the mass of the specimen (1). In order to reduce the time of exposure (to avoid moulds growing), the kinetic of water content is modelled according to (2). The test runs until the rate between the experimental variation and the variation when steady-state is reached τ , defined in Eq. (3), is higher than 2/3. Moreover, the calculated water content at equilibrium should also show a discrepancy lower than 0.1% between the last three fits with the kinetic model.

$$w = \frac{m - m_0}{m_0} = \frac{m_w}{m_0} \quad (1)$$

w : water content (%), m : mass of wet specimen (g), m_0 : mass of dry specimen (g), m_w : mass of water (g).

$$w(t) = w_i + \Delta w(t); \text{ with } \Delta w(t) = a[1 - b \exp(-ct)] \quad (2)$$

$w(t)$: water content at time t (%), w_i : initial water content of the stage (%), $\Delta w(t)$: variation of water content within initial time and time t of the stage (%), a , b and c : fitting parameters (-).

$$\tau = \frac{w_{\text{exp},t} - w_i}{w_{\infty,t} - w_i} \quad (3)$$

$w_{\text{exp},t}$: experimental water content at time t (%), w_i : initial water content of the stage (%), $w_{\infty,t}$: water content at equilibrium, calculated with experimental values at time t (%).

Several models have been developed to describe the sorption curve [26,27]. Guggenheim [28], Anderson [29,30] and De Boer [31] have developed the GAB model (4). This model relates the water content to the specific surface area of the material for multilayer sorption. Despite it being physically valid when there is no capillary condensation; the GAB model covers a wide range of relative

Fig. 1. Test cup.

humidity (0.05 to 0.8–0.9) and is convenient to fit experimental adsorption data all over the RH range.

$$\frac{w}{w_m} = \frac{C_G \cdot k \cdot \varphi}{(1 - k \cdot \varphi)(1 - k \cdot \varphi + C_G \cdot k \cdot \varphi)} \quad (4)$$

with w_m : the monomolecular water content (kg/kg), C_G , k : fitting parameters of the GAB model, φ : relative humidity (-).

2.2. Water vapour permeability

The water vapour permeability characterises the ability of a material to transfer moisture under a vapour pressure gradient once the steady state is reached. The commonly called “vapour permeability” includes (i) vapour transfer by diffusion (transport by collision of water molecules with each other), (ii) vapour transfer by effusion (transport by collision of water molecules with walls of pores) and (iii) liquid transfer (connected with capillary condensation).

Water vapour permeability is measured according to the cup method (EN 12572, 2001) under isothermal conditions (23 °C) for several sets of relative humidity: (0/50), (0/23), (43/58) and (58/81). These measurements were taken in adsorption. Firstly, the specimens were dried and tests were carried out from lowest RH to highest RH. Prior to each test, the specimens were stabilised to the lowest RH of the test.

The specimen is embedded at the top of the cup (Fig. 1). The relative humidity in the cup, φ_{int} , is controlled by saturated salt solutions or silica gel while the relative humidity around the cup, φ_{ext} , is controlled by air conditioning. The difference of water vapour pressures leads to a flux. The device is weighed periodically and when the gain in mass is constant, the mass rate G is calculated by linear regression of the kinetic of mass and the water vapour permeability π is then deduced:

$$G = \frac{\Delta m}{\Delta t} \quad (5)$$

$$\pi = \frac{G \cdot e}{A \cdot (\Delta p_v)} \quad (6)$$

where G : mass rate (kg/s), Δm : mass variation (kg), Δt : time (s), π : water vapour permeability (kg/(m s Pa)), e : thickness of the specimen (m), A : exposed surface area (m²), Δp_v : vapour pressure difference (Pa).

The vapour pressure is calculated from temperature and relative humidity measured during test period with the usual relationship:

$$p_v = \varphi \cdot 100 \exp \left(18.986 - \frac{4052}{235.89 + T} \right) \quad (7)$$

where T : temperature (K).

The experimental data on water vapour permeability versus relative humidity are fitted with a power law relationship according to [32]:

$$\pi = A + B \cdot \varphi^C \quad (8)$$

Fig. 2. Variation of hydric diffusivity versus water content according to De Vries theory [13].

2.3. Moisture diffusivity

Under the vapour pressure gradient, moisture transfer occurs through interconnected pores.

In an isothermal case, Fick's law states the relationship between the water vapour diffusion rate in air and the gradient of water vapour pressure:

$$g_v = -\delta \cdot \nabla p_v \quad (9)$$

where δ is water vapour diffusion permeability in air and p_v (Pa) is the water vapour partial pressure.

For building porous material, in large pores, vapour diffusion can be compared with the diffusion of water vapour in air. In small pores, the collision between molecules and pore walls are more numerous than collision between molecules; this mechanism is called effusion or Knudsen transport. Nevertheless, the effects of the porous structure can be described by water vapour diffusion resistance factor μ . At a macroscopic scale, moisture transfer under a vapour pressure gradient can be expressed as

$$g_h = -\pi \cdot \nabla p_v \quad (10)$$

where $\pi = \delta/\mu$ is commonly called "the vapour permeability". It was argued that π may be considered independent of temperature [33,34].

Besides, under isothermal conditions and for one-dimensional transfer, the flux of moisture can also be calculated with:

$$g_v = -\rho_0 \cdot D_u \cdot \frac{\partial w}{\partial x} \quad (11)$$

where D_u is the moisture diffusivity. Thus, the moisture diffusivity D_w of a material characterises the rate of change of its moisture content under transient moisture evolutions.

Taking the sorption isotherm into account, this equation can be rewritten as:

$$g_v = -\rho_0 \cdot D_u \cdot \frac{\partial w}{\partial \varphi} \cdot \frac{\partial \varphi}{\partial x} \quad (12)$$

Considering that the vapour pressure gradient is linear in the specimen, the relative humidity gradient is linear too and so:

$$g_v = -\rho_0 \cdot D_u \cdot \frac{\partial w}{\partial \varphi} \cdot \frac{\varphi_2 - \varphi_1}{e} = \rho_0 \cdot D_u \cdot \frac{\partial w}{\partial \varphi} \cdot \frac{1}{p_{vs}} \cdot \frac{p_{v2} - p_{v1}}{e} \quad (13)$$

So, moisture diffusivity is calculated from sorption and water vapour permeability versus ambient relative humidity with:

$$D_u = \frac{\pi \cdot P_{vs}}{\rho_0} \cdot \frac{1}{\partial w / \partial \varphi} \quad (14)$$

De Vries has shown that the variation of moisture diffusivity D_u versus water content w evolves according to three phenomena [35] (Fig. 2):

MBV [g/(m².RH)]

Fig. 3. Ranges for practical moisture buffer value classes [10].

- for low water content, moisture transfer is essentially due to vapour transport (diffusion and effusion). The condensed phase exists in the form of an adsorbed film or in small islands of water.
- when water content increases, small islands of water increase in number and in size, the area for vapour flux decreases and moisture transfer occurs by mechanisms of condensation and evaporation at vapour-liquid interfaces.
- then, for high water content, liquid transfer is predominant.

2.4. Moisture buffer value

The moisture buffer value MBV quantifies the moisture buffering ability of a material.

It is measured according to the method defined in the NORDTEST project. This project defines the practical moisture buffer value of materials, measured under dynamic conditions [36,6,37]. This value relates the amount of moisture uptake (and release), per open surface area, under daily cyclic variation of relative humidity according to Eq. (15). This value is mainly but not only a property of the material as the mass transfer coefficient at the boundary plays a role. Though, for many materials, the internal resistance to moisture transport is significantly larger than the convective surface resistance.

$$MBV = \frac{\Delta m}{A \cdot (RH_{high} - RH_{low})} \quad (15)$$

with MBV: moisture buffer value (kg/(m² %RH)), Δm : moisture uptake/release during the period (kg), A: open surface area (m²), $RH_{high/low}$: high/low relative humidity level (%).

The test method requires prismatic specimens to be sealed on five out of six sides. After stabilisation at (23 °C; 50%RH), specimens are exposed to daily cyclic variations: 8 h at high relative humidity (75%) followed by 16 h at low relative humidity (33%).

Within the NORDTEST project, a round robin test was held on nine representative building materials. It gave initial results and leads to a classification of moisture buffer values (Fig. 3).

The device used for MBV test consists of a climatic chamber (Vötsch VC4060) that can be controlled in the range +10 to +95 °C and 10 to 98%RH. The study is held at 23 °C. The relative humidity in the chamber is switched manually (75%RH; 33%RH). Temperature and relative humidity are measured continuously with Sensirion SHT75 sensors and with the sensor of the climatic chamber. The air velocity is measured in the surroundings of the specimens: the

Table 1

Mixes proportioning and manufacturing method of studied hemp concretes.

Material	PHC: precast hemp concrete	SHC: sprayed hemp concrete	MHC: moulded hemp concrete
Manufacturing Binder	Precasting CaO: 72% hydraulic lime: 28% Usual Hemp shiv	Spraying Lime based binder (Tradical 70)	Moulding Lime based binder (Tradical 70)
Hemp shiv		Usual Hemp shiv	Fibred hemp shiv
Hemp/binder mass ratio	0.65	0.5	0.5
Water/binder mass ratio	1.2	0.8	1.6

Fig. 4. Device for precasting hemp concrete (PHC) – mixer; forming process.

vertical velocity is in the range 0.07–0.14 m/s and the horizontal one is 0.1–0.4 m/s. The specimens are weighed out of the climatic chamber five times during the absorption period and eight times during the desorption period. The weighing instrument reading is 0.01 g, and its linearity is 0.01 g. The accuracy of the moisture buffer value is thus about 5%. According to the NORDTEST project, stability is reached when the change in mass is the same between the last three cycles with a discrepancy of less than 5%.

3. Materials

3.1. Composition and manufacturing

This study deals with three kinds of hemp concrete used for building walls: a precast compacted hemp concrete, a sprayed hemp concrete and a moulded hemp concrete with fibred hemp shiv. Hemp concrete proportioning is the same as usually used by our industrial partners. For this project, hemp concrete is manufactured in moulds of 30 cm × 30 cm × 16 cm. This size is representative of a wall thickness or of industrial precast blocks.

Table 1 gives the proportion of the mix and the manufacturing method of the three kinds of hemp concrete.

The precast hemp concrete (PHC) is manufactured by our industrial partner, the SME EASY Chanvre. The composition of the hemp concrete results from the optimisation of the manufacturing process used by the industrial partner. Firstly, CaO is mixed with water to obtain slaked lime. Then hydraulic lime and hemp shiv are added. The mixture is then poured in moulds and blocks are formed by compaction in the moulds under vibrations (Fig. 4).

The sprayed hemp concrete (SHC) is manufactured by our industrial partner SI2C. This SME applies hemp concrete by spraying in a vertical formwork. Hemp shiv and lime based binder (Tradical 70 – BCB) are mixed together and constitute a dry mix that is blown along a pipe by a flow of compressed air. Water is added to the mix at the end of the pipe, the quantity of which may be controlled by the operator via one valve (Fig. 5). The commercial binder is chosen according to the setting time and hardening properties of hemp concrete. For this study, hemp concrete is sprayed in stacked moulds.

Fig. 5. Device for spraying hemp concrete (SHC) – dry mixer, shutter.

Fig. 6. Porosity of hemp concrete at macroscale.

For moulded hemp concrete (MHC), fibred hemp shiv is mixed with commercial lime-based binder (Tradical 70 – BCB) in a mixer. Water content is adjusted to obtain fresh hemp concrete with a satisfactory rheology. Moulds are filled with the mixture and the hemp concrete is slightly compacted.

Once manufactured, blocks are stabilised at 23 °C, 50%RH.

3.2. Density and porosity

Table 2 gives the apparent density at (23 °C, 50%RH), the total porosity and the open porosity of studied materials.

The apparent density of the three hemp concretes ranges between 430 and 460 kg m⁻³. It is in the range of values commonly used for walls in France [38,39], while lower values can be met elsewhere [21]. Sprayed hemp concrete and moulded hemp concrete show similar matrix density due to the fact that these mixtures are made with the same binder and with the same binder/hemp mass ratio. Their total porosity is about 79% while the total porosity of precast hemp concrete is slightly lower: 72%. Lastly, the open porosity of precast and of sprayed hemp concretes is slightly lower than 70% while it is 77% for moulded hemp concrete.

This open porosity includes a wide range of pores that are interconnected:

- at a macro scale, the porosity due to the arrangement between the hemp shiv and the hemp–binder adhesion can reach a millimetric width (Fig. 6),
- in the binder matrix, the porosity due to trapped air shows a width up to 50 µm and the porosity due to hydrates arrangement is lower than 0.01 µm (Fig. 7),
- in hemp shiv, the width of the porosity goes from 5 to 50 µm (Fig. 8).

3.3. Specimens

The representative volume of hemp concrete was studied from the variation of apparent density against volume [17]. It was shown that cubic specimens with edges of 5 cm are representative of the material. Evrard [40] also studied the representative volume element from visual analysis. He showed that specimens larger than

100 cm³ (side >4.7 cm) can take into account the specific pore and particle distribution of the material.

Specimens are cut from the blocks. Their sizes are chosen to embed the representative volume of the material. So, the specimens used for sorption curves are cylinders 5 cm in diameter and 7 cm high for sprayed and moulded hemp concrete and are cubes with edges of 5 cm for precast hemp concrete. The specimens used for water vapour permeability are cylinders 5 cm thick with an exchange surface area of 10 cm in diameter. Lastly, the specimens used for the moisture buffer value are a right square prism 7 to 8 cm thick (higher than the penetration depth) and with 15 cm sides. The exposed surfaces correspond to external surfaces of blocks for the MBV test and permeability test.

For each material, the numbers of specimens used are: (i) six for the sorption curve, (ii) three for the (0/50%RH) point and one for the other points of the water vapour permeability, and (iii) six for the moisture buffer value.

4. Results and discussion

4.1. Sorption isotherms

Fig. 9 gives an example of the adsorption kinetics obtained for one specimen of sprayed hemp concrete. It is representative of the results obtained for all specimens. This figure shows the high degree of correspondence between the experimental data and the fit with the kinetic model. Thanks to this model, the time of the experiment

Fig. 7. MEB view of hemp concrete SHC.

Table 2
Density and porosity of studied hemp concretes.

Material	PHC	SHC	MHC
Apparent density at (23 °C; 50%RH) [kg m ⁻³]	460	430	430
Matrix density [kg m ⁻³]	1655	1997	2002
Total porosity [%]	72	78	79
Open porosity [%]	68	66	77

Fig. 8. MEB view of hemp shiv (left: length view, right: cross section).

is reduced to 20–40 days for each stage. The total time to measure the whole adsorption–desorption curve is about one year and nine months.

Hemp concretes are highly hygroscopic materials. Fig. 10 gives the sorption isotherms of the three studied hemp concretes. These curves are sigmoid and are classified as type II or III according to the IUPAC's classification [24]. This is consistent with the fact that these classes are given for macroscopic media. Moreover, these sorption curves show hysteresis which extends to the lowest pressures.

The sorption curves of sprayed and moulded hemp concretes are close to each other. Their water contents are similar for adsorption and for desorption branches, leading to similar hysteresis. For low and middle relative humidity, the gravimetric water content increases slightly versus relative humidity to reach about 3% at 58%RH for the adsorption branch. For higher relative humidity, the water content strongly increases and reaches about 20% at 97%RH. The sorption curve of precast hemp concrete differs from these curves. For relative humidity lower than 81%, the water content shows slightly lower values for precast hemp concrete than for sprayed and moulded hemp concretes. The slope of the sorption curve is also lower for PHC than for SHC and for MHC. For relative humidity higher than 81%, the increase in water content is greater for precast hemp concrete leading to much higher water content: at 97%RH, the gravimetric water content is about 44%

Fig. 9. Kinetics of adsorption of one specimen of sprayed hemp concrete (points: experimental data – lines: model of kinetic).

for PHC. In this range of relative humidity, capillary condensation appears intense for PHC, while it starts gradually and occurs on a wide range of relative humidity for SHC and MHC. According to the BJH Method [27,17], in the range of relative humidity 81–97%RH, the capillary condensation occurs in pores of width from 0.005 to 0.040 μm . This size of pore is met in the skin of the cell wall of hemp shiv and in the inter-particle pores of the binder. Sprayed and moulded hemp concretes are made of the same binder and the same hemp/binder ratio so they logically show similar behaviour. Precast hemp concrete having a higher hemp/binder ratio leads to higher water content at high relative humidity. Table 3 gives the fitting parameters of the GAB model for the three hemp concretes. This fitting is held on experimental data up to 95%RH. The correlation coefficient between experimental data and fitting curves is higher than 0.998. Adding the 97%RH experimental data with the same fitting curve, the correlation coefficient remains higher than 0.98. In line with the previous comments, the parameters are similar for SHC and MHC and slightly differ for PHC.

Adsorption and desorption branches are nearly parallel over a wide range of relative humidity for the three hemp concretes (Fig. 10). The hysteresis observed for precast hemp concrete is less important than the one observed with sprayed and moulded hemp concretes, as shown in Fig. 11. For the three materials, the highest hysteresis is observed around 80%RH. At middle relative humidity, the hysteresis is about 4% for the sprayed and the moulded hemp concretes and slightly lower than 3% for the precast hemp concrete. This hysteresis is commonly explained by the capillary condensation hysteresis, the contact angle hysteresis and the ink-bottle effect [41]. After desorption, an outgas at higher temperature leads to lower residual moisture content values. So, the low pressure hysteresis can be attributed on the one hand to the presence of micropores and on the other hand to irreversible uptake of molecules in pores (or through pore entrances) of the same width as that of the adsorbate, or to irreversible chemical interaction of the adsorbate with the adsorbent [24]. Lastly, a part of the residual mass may also be due to the start of lime carbonation that probably occurred during the tests at high relative humidity.

Xie et al. [25] provide an example of adsorption–desorption curve of pure hemp shiv and Zaknoute [42] gives desorption curves of used hemp shiv. These curves are similar to each other. They are sigmoid and reach 25% of moisture content at highest relative

Table 3
Fitting parameters of the GAB model for the three hemp concretes.

Material	PHC	SHC	MHC
w_m	0.0104	0.0130	0.0124
C_G	0.8586	6.5615	2.1928
k	1.0021	0.9463	0.9499

Fig. 10. Sorption isotherm of studied hemp concretes – top: linear plot; bottom: semilogarithmic plot.

humidity. At low and middle relative humidity, their water content ranges from about 3.5% at 20%RH and 16% at 80%RH. Moreover, the hysteresis remains lower than 2% over the RH range. So, hemp concretes show lower sorption curves than hemp shiv but induce larger hysteresis. The porosity of the binder largely influences the hygroscopic behaviour of the mix.

Fig. 11. Hysteresis loop between adsorption and desorption branches versus relative humidity.

4.2. Water vapour permeability

Fig. 12 gives an example of the kinetic of mass during a water vapour permeability test. For all the tests, the steady state is reached after ten to twenty days. The test goes on up to the saturation of silica gel or of saturated salt solutions. The water vapour permeability is then calculated from the slope of the kinetic of mass along 20–40 days during steady-state.

Fig. 13 gives the variation of moisture permeability versus ambient relative humidity for the three hemp concretes. Experimental data are fitted with a power law relationship (8). The fitting parameters are given in Table 4.

Moulded hemp concrete shows a slight increase of water vapour permeability from 1.7×10^{-11} to $6.2 \times 10^{-11} \text{ kg m}^{-1} \text{ s}^{-1} \text{ Pa}^{-1}$. Sprayed and precast hemp concretes show similar results with a nearly constant value of water vapour permeability for low and middle relative humidity (about 3.2×10^{-11} ,

Fig. 12. Kinetic of mass of one specimen of precast hemp concrete during the cup test.

Fig. 13. Variation of moisture permeability versus ambient relative humidity.

Table 4
Variation of water vapour permeability versus relative humidity: fitting parameters of the power-law relationship.

Material	PHC	SHC	MHC
A	2.52E-11	3.19E-11	3.24E-12
B	2.24E-10	5.18E-10	6.70E-11
C	4.94	8.38	0.65

resp. $2.5 \times 10^{-11} \text{ kg m}^{-1} \text{ s}^{-1} \text{ Pa}^{-1}$). For high relative humidity, an abrupt increase appears: moisture permeability reaches $1.7 \times 10^{-10} \text{ kg m}^{-1} \text{ s}^{-1} \text{ Pa}^{-1}$ (resp. 1.3×10^{-10}). The increase of the water vapour permeability with relative humidity is due to the enhancement of macroscopic moisture transport induced by microscopic liquid transfer in water filled pores (due to capillary condensation). For hysteretic materials, the water vapour permeability thus depends on the moisture content [43].

Fig. 14 shows the variation of moisture permeability versus water content considering the main adsorption curve for the determination of water content. For lowest values of water content (up to 4%), the moisture permeability is similar for the three hemp concretes and follows a power law relationship. For highest

Fig. 14. Variation of moisture permeability versus gravimetric water content.

Fig. 15. Variation of moisture diffusivity versus gravimetric water content.

values of water content, the moisture permeability of moulded hemp concrete evolves following the same fitting curve while sprayed and precast hemp concrete show an exponential increase. This underlines the efficiency of microscopic liquid flow due to capillary condensation in open porosity.

4.3. Moisture diffusivity

Fig. 15 gives the variation of moisture diffusivity versus gravimetric water content. The hydric diffusivity is in the range 1.3×10^{-9} to $1.5 \times 10^{-8} \text{ m}^2/\text{s}$. The shape of these curves is in agreement with De Vries theory: the first wave corresponding to hydric diffusivity under vapour transfer is observed. For precast hemp concrete, only the decrease of diffusivity is perceived. At lowest water content, the moisture diffusivity of precast hemp concrete is highest. It soon becomes the lowest: when water content reaches 0.8%. Moulded and sprayed hemp concretes show similar variation of hydric diffusivity. In a first part, the moisture diffusivity increases up to $7.8 \times 10^{-9} \text{ m}^2/\text{s}$ (resp. $6.7 \times 10^{-9} \text{ m}^2/\text{s}$) for water content equal to 0.9% (resp. 1.1%). Moisture transfer occurs through a "diffusion and effusion of vapour" phase. Then moisture diffusivity decreases in a similar way for the two materials. Due to capillary condensation, moisture transfer occurs by mechanisms of condensation and evaporation at vapour-liquid interfaces. When moisture content is equal to 3%, the moisture diffusivity reaches down to $3.7 \times 10^{-9} \text{ m}^2/\text{s}$. Lastly, the moisture diffusivity of sprayed hemp concrete is nearly constant while it goes on decreasing for moulded hemp concrete. For sprayed and moulded hemp concrete, the sorption curves being very close to each other, the difference in moisture diffusivity is mainly due to the difference in moisture permeability for high water content (i.e. RH).

4.4. Moisture buffer value

Fig. 16 gives an example of the kinetic of mass during the test. The kinetic is similar for all the specimens of the three hemp concretes. The steady state is reached from the fourth cycle: the change in mass Δm and the moisture buffer value vary less than 5% within each cycle.

Table 5 gives the average value of the moisture buffer value calculated from cycles 4 to 7 in adsorption, desorption and the average for the three materials. The value is very slightly higher in desorption than in adsorption.

Fig. 16. Moisture uptake and release for the specimen SHC 4.5 and monitored relative humidity.

Table 5

Moisture buffer value in adsorption, desorption and average for the three kind of hemp concrete.

Material	PHC	SHC	MHC
MBV – adsorption [g/(m ² %RH)]	1.91	2.14	2.12
MBV – desorption [g/(m ² %RH)]	1.97	2.15	2.17
MBV – average [g/(m ² %RH)]	1.94	2.15	2.14

Sprayed and moulded hemp concretes show similar values of MBV (respectively 2.15 and 2.14 g/(m² %RH) in average) while pre-cast hemp concrete shows a lower value (1.94 g/(m² %RH)).

This is consistent with the results obtained previously. Actually, the moisture buffer value is proportional to the moisture effusivity of the material [36]. The moisture effusivity is linked to the moisture permeability and to the derivative of the sorption isotherm [6]. As the precast hemp concrete shows a lower derivative of sorption curve and a smaller hysteresis than sprayed and moulded hemp concrete, it has a lower moisture buffering capacity. Thus, its moisture buffer value is logically lower than the one for SHC and MHC.

Lastly, according to the classification of the NORDTEST Project, these materials appear as excellent (MBV > 2 g/(m² %RH)) or nearly excellent (good: 1 < MBV < 2 g/(m² %RH)) hygric regulators.

5. Conclusions

The three studied materials are highly porous, with open and interconnected porosity. The results underline their high moisture transfer and storage capacities; they are classified as excellent (or nearly excellent) hygric regulators.

The results obtained for sorption curves are very close for two of the three hemp concretes (SHC and MHC): these materials are made of the same binder and the same hemp shiv/binder ratio. The sorption curve of the third hemp concrete (PHC) leads to lower moisture content for low and middle relative humidity. For high relative humidity, the moisture variation is more abrupt, in connection with capillary condensation phenomena in open porosity (cell wall of hemp shiv and inter-particles porosity of binder). The three hemp concretes show a high hysteresis loop between adsorption and desorption curves. The hysteresis is slightly lower for the precast hemp concrete. The water vapour permeability of the three hemp concretes is high (1.7×10^{-11} to 1.7×10^{-10} kg m⁻¹ s⁻¹ Pa⁻¹). For two of the three materials

(PHC and SHC), it increases widely at high relative humidity, in connection with microscopic liquid flow in open porosity. The moisture diffusivity ranges between 1.3×10^{-9} and 1.5×10^{-8} m²/s and is essentially linked to vapour transfer, while liquid transfer appears negligible for relative humidity lower than 80%. Lastly, in the same way as for sorption curves, the moisture buffer values of two materials (SHC and MHC) are close while it is slightly lower for the third one (PHC). For the three hemp concretes, the moisture buffer values are excellent, showing the ability of the material to regulate ambient relative humidity. Finally, it seems that the composition and the manufacturing method have a low, but not negligible, impact on hygric properties of hemp concretes.

All these data appear necessary to simulate the hygrothermal behaviour of the building envelope. The use of sorption curve and water vapour permeability alone cannot lead to a good prediction of hysteretic behaviour. Actually, it was shown that uncertainty on this kind of data hampers reliable simulation of hygroscopic buffering [5]. Moreover, measurement of the sorption curve and water vapour permeability is long and tedious. So, dynamic testing of the moisture buffer value is a good additional dynamic test to evaluate the moisture buffer capacity of materials. Additionally, the data from this test can be used for benchmarking buffering models but does not lead directly to sorption and permeability values. A reverse method should be built to identify characteristic parameters from an MBV test.

Lastly, it should be emphasised that the moisture buffering capacity of these materials would allow energy savings while maintaining adequate air quality and hygrothermal comfort [22,23]. However, in most cases, hemp concrete is plastered. The slight difference between the three hemp concretes would thus probably be reduced once they have been plastered, while the moisture buffering capacity of the wall would be lower.

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