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A non-linear model for the dynamics of open cross-section thin-walled beams—Part I: formulation

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Abstract

A non-linear one-dimensional model of inextensional, shear undeformable, thin-walled beam with an open cross-section is developed. Non-linear in-plane and out-of-plane warping and torsional elongation effects are included in the model. By using the Vlasov kinematical hypotheses, together with the assumption that the cross-section is undeformable in its own plane, the non-linear warping is described in terms of the flexural and torsional curvatures. Due to the internal constraints, the displacement field depends on three components only, two transversal translations of the shear center and the torsional rotation. Three non-linear differential equations of motion up to the third order are derived using the Hamilton principle. Taking into account the order of magnitude of the various terms, the equations are simplified and the importance of each contribution is discussed. The effect of symmetry properties is also outlined. Finally, a discrete form of the equations is given, which is used in Part II to study dynamic coupling phenomena in conditions of internal resonance.

Keywords: Beams; Open cross-section; Flexural–torsional dynamics; Non-linear resonances; Warping non-linear effects

1. Introduction

Many papers have been devoted to non-linear dynamics of beams and recently interest has been mainly focused on non-linear motions in three dimensions. A one-dimensional polar model of a compact beam was initially studied in [1]. Since the torsional frequency of the beam is much higher than the bending ones, the torsional component was statically condensed; moreover, warping was neglected. A three-dimensional beam model was developed in [2] for a compact cross-section beam by also taking into account the warping. However, the equations of motion were truncated at the second order and only linear warping was considered.

When the beam cross-section has a high aspect ratio, bending and torsional frequencies are of the same order and several internal resonance conditions can occur, involving two or three displacement components. In [3] a non-linear shear-undeformable beam model with a compact cross-section is developed, capable of studying the flexural–flexural–torsional–extensional dynamic of beam-like structures. The strain energy of the three-dimensional model is written directly in terms of the generalized deformation quantities of the polar beam model. In the energy expression, only the linear warping contribution is considered and a coupling term between torsion and axial extension is introduced. In [4–6] shear and axially undeformable beams are analyzed. In [4] flexural–torsional free motions are studied for a cantilever beam, having close bending and torsional frequencies; although beams

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with non-compact cross-section are considered, the warping effects are neglected. In [5,6] a non-linear one-dimensional polar model of compact beam is derived, capable of studying interactions between flexural and torsional motions occurring in beam-like structures in several internal resonance conditions. Even if the linear warping contribution is considered, attention is again paid to the case of compact cross-sections.

In this paper, a non-linear beam model is developed as an internally constrained three-dimensional continuum, suitable to study three dimensional large amplitude oscillations. By focusing attention on open cross-sections without any assumption of its symmetry, the effects of the torsional curvature on the elongation of the longitudinal fibers and the non-linear torsional warping of the section are considered. The warping is expressed in terms of the displacements of the shear center of the section by extending the Vlasov theory [7] to the non-linear field. This is similar to the approach found in some papers devoted to non-linear theory of a thin-walled beam [8–10]. In particular, in [10], where a moderate rotation theory of thin-walled composite beams is proposed, the series expansion of the rotation tensor has been truncated at the second order only.

The beam considered here is shear and axially undeformable; these internal constraints lead to a model whose deformed configuration is described by two displacements only plus the torsional rotation. The equations of motion are derived by the Hamilton principle; they simplify remarkably if the cross-section has one or two symmetry axes. By estimating the order of magnitude of the various terms and retaining only the leading ones, simpler reduced equations are drawn. This is an extension of the model proposed in [11] for the study of the interaction between torsional and axial motions with comparable frequencies. Finally, by applying the Galerkin procedure, a discrete form of the equations of motion is obtained, in view of studying non-linear dynamic coupling phenomena dealt with in Part II [12].

2. Kinematics

2.1. Displacement field

An initially straight thin-walled beam with an open cross-section, arbitrary restrained at the ends, is considered (Fig. 1). The following hypotheses are assumed:

(H.1): the beam cross-section is rigid and remains orthogonal to the centroid axis in the deformed configuration (shear indeformable beam);

(H.2): a non-rigid displacement field is superimposed to the previous one, having components both normal and tangential to the cross-section in the deformed configuration (non-linear warping);

(H.3): (a) the shear strains on the middle surface of the thin-walled beam identically vanish (Vlasov condition); moreover, (b) the extensional and shear strains of the cross-section plane also vanish (indeformability of the section in its own plane);

(H.4): the beam is axially inextensible.

A reference frame $Ox_1x_2x_3$ is introduced, where $x_1$ and $x_2$ are section principal axes, $x_3$ contains the centroid axis and $O$ is the centroid of an end cross-section (Fig. 1). A unit base vector $b = \{\vec{b}_1, \vec{b}_2, \vec{b}_3\}$, solid with the (not warped) section in the deformed configuration is considered, with $\vec{b}_3$ tangent to the centroid axis. Let us denote $b = \{\vec{b}_1, \vec{b}_2, \vec{b}_3\}$ as the triad solid with the section in the undeformed configuration, oriented like the $x_i$-axes. The displacement vector $\vec{u}_p = \vec{OP} - \vec{OP}$ of the generic point $P \equiv (x_1, x_2, x_3)$ can be expressed as the sum of a rigid and a non-rigid displacement namely:

$$\vec{u}_p = \vec{u}_C + (\mathfrak{R} - \mathfrak{I})[(x_1 - x_{1c})\vec{b}_1 + (x_2 - x_{2c})\vec{b}_2]$$

$$+ \mathfrak{R} \sum_{i=1}^3 \phi_i \vec{b}_i.$$  

In Eq. (1) $\mathfrak{R}$ is the rotation tensor ($\vec{b}_i = \mathfrak{R}\vec{b}_i$), $\mathfrak{I}$ the identity tensor, $C \equiv (x_{1c}, x_{2c})$ the shear center and $\vec{\phi} = \sum_{i=1}^3 \phi_i \vec{b}_i$ the warping vector, whose components are measured in the deformed configuration. In matrix form Eq. (1) reads as

$$\vec{u}_p = \vec{u}_C + (\mathfrak{R} - \mathfrak{I})(\vec{x} - \vec{x}_C) + \mathfrak{R}\phi,$$

where $\vec{u} = \{u_1, u_2, u_3\}^T$, $\vec{x} = \{x_1, x_2, 0\}^T$ and $\phi = \{\phi_1, \phi_2, \phi_3\}^T$. To make the kinematical description unique, the warping vector must describe neither a translation nor a rotation. This requirement is satisfied if the following orthogonality conditions are
Fig. 1. Beam section before and after deformation, and unit vector triads.

Fig. 2. Rotational sequences used to describe the orientation of the cross-section axes.

The displacements field (2) is described by six functions of the abscissa \( z := x_3 \) and of the time \( t \), i.e. \( u_i(z,t) \) and \( \vartheta_i(z,t) \) \((i=1,2,3)\), and by the three warping functions \( \phi_i(x_1,x_2,z,t) \). However, the shear indefo rmability condition (hypothesis H.1) makes it possible to express the flexural rotations \( \vartheta_1 \) and \( \vartheta_2 \) in terms of the spatial derivatives of the displacements \( u_i \), thus reducing the number of independent displacement variables.
From Fig. 3 the following relationships are drawn:

\[ \tan \varphi_1 = -\frac{u_2'}{1 + u_3'}, \quad \tan \varphi_2 = \frac{u_1'}{\sqrt{u_1'^2 + (1 + u_3')^2}}. \]  

(4)

Hypotheses H.3 and H.4 will be used in the sequel. It will be shown that they permit to eliminate the warping components \( \phi \), and the longitudinal displacement \( u_3 \), respectively, thus reducing to three \( (u_1, u_2, \varphi_3) \) the number of independent variables.

### 2.2. Curvature and angular velocity

Before analyzing the strain field, the curvatures of the beam are first defined. The curvature matrix \( C \), referred to the undeformed base \( b \) is

\[ C = R^T R', \]  

(5)

where \( (\cdot)' = \partial / \partial z \). The result is an antisymmetric matrix whose independent components are

\[ \mu_1 = \cos \varphi_2 \cos \varphi_3 \varphi_1' + \sin \varphi_3 \varphi_2', \]

\[ \mu_2 = -\sin \varphi_3 \cos \varphi_2 \varphi_1' + \cos \varphi_3 \varphi_2', \]

\[ \mu_3 = \sin \varphi_2 \varphi_1' + \varphi_3'. \]  

(6)

\( \mu_1 \) and \( \mu_2 \) will be referred to as flexural curvatures and \( \mu_3 \) as torsional curvature.

The angular velocity matrix \( W \), referred to the undeformed base \( b \), is also an antisymmetric matrix and it is given by a similar relation

\[ W = R^T \dot{R}. \]  

(7)

where the dot denotes time differentiation. Its scalar components are

\[ \omega_1 = \cos \varphi_2 \cos \varphi_3 \dot{\varphi}_1 + \sin \varphi_3 \dot{\varphi}_2, \]

\[ \omega_2 = -\sin \varphi_3 \cos \varphi_2 \dot{\varphi}_1 + \cos \varphi_3 \dot{\varphi}_2, \]

\[ \omega_3 = \sin \varphi_2 \dot{\varphi}_1 + \dot{\varphi}_3. \]  

(8)

### 2.3. Strain field

The Green–Lagrange strain matrix \( E = [e_{ij}] \) is assumed as the deformation measure. It is defined by

\[ ds^2 - dx^2 = 2 \, dx^T du + du^T du = : 2 \, dx^T E \, dx, \]  

(9)

where \( ds \) and \( dx \) are the deformed and undeformed length of a material segment, respectively. By differentiating Eq. (2) and substituting it into Eq. (9), the strain components \( e_{ij} \) are drawn in terms of the derivatives of the displacements \( u_i(z, t) \) and \( \varphi_i(x_1, x_2, z, t) \). However, taking into account the shear-indeformability and after considerable algebra, it is possible to show (see Appendix A) that the strains \( e_{ij} \) can be expressed as a function of the curvatures \( \mu_i \) and of the elongation \( e_C = (ds/dx - 1) \) of the shear-center axis, i.e. of the generalized strain measures of the one-dimensional polar beam model, in addition to the derivatives of the warping functions.

The strains assume the following expressions:

\[ \begin{bmatrix} e_{11} & e_{12} \\ e_{21} & e_{22} \end{bmatrix} = \begin{bmatrix} \phi_{1,1} & 1/2(\phi_{1,2} + \phi_{2,1}) \\ 1/2(\phi_{2,1} + \phi_{1,2}) & \phi_{2,2} \end{bmatrix} + \frac{1}{2} \begin{bmatrix} \phi_{3,1} & \phi_{3,1}\phi_{3,2} \\ \phi_{3,2}\phi_{3,1} & \phi_{3,2} \end{bmatrix} + O(\phi_i^2), \]

\[ \begin{bmatrix} \gamma_{13} \\ \gamma_{23} \end{bmatrix} = \begin{bmatrix} -\mu_3(x_2 - x_{2c}) \\ \mu_3(x_1 - x_{1c}) \end{bmatrix} + (1 + e_C) \begin{bmatrix} \phi_{3,1} \\ \phi_{3,2} \end{bmatrix} + \begin{bmatrix} \phi_{1,3} \\ \phi_{2,3} \end{bmatrix} + [\mu_1(x_2 - x_{2c}) - \mu_2(x_1 - x_{1c}) + \phi_{3,3}] \begin{bmatrix} \phi_{3,1} \\ \phi_{3,2} \end{bmatrix} + \phi_3 \begin{bmatrix} \mu_2 \\ -\mu_1 \end{bmatrix} + O(\phi_i^2, \mu_3 \phi_i), \]  

(10)
where \( i = 1, 2 \), \( e_C = u'_3 + 1/2(u'^2_1 + u'^2_2) \) and \( \gamma_{ij} = 2\epsilon_{ij} \). Terms of higher order, depending on the in-plane warping \( \phi_i \), have not been made explicit in Eqs. (10) since they will be found to be unessential for further analysis; indeed \( \phi_i = O(\phi^2_i) \) (\( i = 1, 2 \)), follows from Eq. (10) and hypothesis H.3b. If the warping effects are neglected, Eqs. (10) becomes formally equal to the strain displacement relationships of the linear beam theory; however, here the curvatures \( \mu_i \) and the elongation \( e_C \) are non-linear functions of the displacements. Moreover, a new term proportional to the squared torsional curvature \( \mu_3 \) appears in the longitudinal strain \( e_{33} \); it represents the non-linear elongation of the longitudinal fibers of the beam due to the torsional rotation of the section. Finally, the in-plane strains only depend on warping, since the cross-section is rigid in bending and torsion.

Some approximations are introduced to simplify relations (10). Since the second square bracketed term in the longitudinal strain \( e_{33} \) is the square of the first term, it is neglected. Moreover, cubic terms of the kind \( \mu_i\mu_3\phi_3 \), \( i = 1, 2 \) are neglected too since they are of the same order of \( \mu_3\phi_i \). Finally, the elongation \( e_C \) in the \( \gamma_{13} \) and \( \gamma_{23} \) components is also neglected with respect to unity. Therefore, the approximated Green–Lagrangian strains read as

\[
\begin{align*}
e_{11} & = \phi_{1,1} + 1/2\phi'^2_{3,1}, \\
e_{22} & = \phi_{2,2} + 1/2\phi'^2_{3,2}, \\
\gamma_{12} & = \phi_{1,2} + \phi_{2,1} + \phi_{3,1}\phi_{3,2}, \\
\gamma_{13} & = -\mu_3(x_2-x_2c) + \phi_{3,1} + \phi_{1,3} + [\mu_1(x_2-x_2c) \\
& - \mu_2(x_1-x_1c) + \phi_{3,3}\phi_{3,1} + \phi_{3,2}\mu_2], \\
\gamma_{23} & = \mu_3(x_1-x_1c) + \phi_{3,2} + \phi_{2,3} + [\mu_1(x_2-x_2c) \\
& - \mu_2(x_1-x_1c) + \phi_{3,3}\phi_{3,2} - \phi_{3,1}\mu_1], \\
e_{33} & = e_C + \mu_1(x_2-x_2c) - \mu_2(x_1-x_1c) + \phi_{3,3} \\
& + 1/2\phi'^2_{3,1}(x_1-x_1c)^2 + (x_2-x_2c)^2). 
\end{align*}
\]

Fig. 4. Local abscissa \( c \) and shear center position \( C \).

2.4. Non-linear warping functions

In order to obtain a one-dimensional model, the dependence of the warping functions \( \phi_i(x_1,x_2,z,t) \) on the transversal coordinates \( x_1 \) and \( x_2 \), should be determined in advance by enforcing suitable kinematical conditions. In the Vlasov linear theory the unique warping component \( \phi_3(x_1,x_2,z,t) \) is approximated by a function \( \phi^*_3(c,z,t) \) (Fig. 4) where \( c \) is a curvilinear abscissa along the middle line of the section, under the hypothesis that \( \phi_3 \) is constant along the (small) thickness. Moreover, the dependence of \( \phi^*_3 \) on \( c \) is determined by requiring that the shear strain along the middle line of the section vanishes. Here, in the non-linear problem, the same Vlasov assumption is considered (hypothesis H.3a). In addition, in order to evaluate the in-plane warping components \( \phi_1 \) and \( \phi_2 \), the in-plane strains \( e_{11}, e_{22} \) and \( \gamma_{12} \) are required to vanish on the whole section (hypothesis H.3b). In general no function having this property exists, since the plane strain problem is overdetermined; however, as shown in Appendix B, such functions \( \phi_i \) do exist if \( \phi_3 \approx \phi^*_3 \) is constant along the thickness (i.e. if the beam is thin walled) and can themselves be considered constant along the thickness, i.e. \( \phi_1 \approx \phi^*_1 \) and \( \phi_2 \approx \phi^*_2 \).

To evaluate the warping functions \( \phi_k \) \( (k = 1, 2, 3) \) (stars are omitted), the strains \( \gamma_{3c}, \epsilon_{cc}, \epsilon_{nn}, \gamma_{cn} \) are first evaluated, where \( n \) is the (inward) normal to the middle line at \( P \). By using the known rules \( \gamma_{3c} = \gamma_{13} \cos \psi + \gamma_{23} \sin \psi \) \( \epsilon_{cc} = \epsilon_{11} \cos^2 \psi + \epsilon_{22} \sin^2 \psi + \gamma_{12} \cos \psi \sin \psi \) (and similar ones), where \( \psi \) is the slope of the tangent to the middle line at \( P \) (Fig. 4), and enforcing the
kinematical conditions H.3, the following equations are derived:

\[
\gamma_{cc} = \frac{\partial \phi_3}{\partial c} - \mu_3 r + (\phi_{1,3} \cos \psi + \phi_{2,3} \sin \psi)
+ \phi_3(\mu_2 \cos \psi - \mu_1 \sin \psi)
+ \frac{\partial \phi_3}{\partial c} [\mu_1(x_2 - x_{2c}) - \mu_2(x_1 - x_{1c}) + \phi_{3,3}]
= 0,
\]

\[
\varepsilon_{cc} = \frac{\partial \phi_1}{\partial c} \cos \psi + \frac{\partial \phi_2}{\partial c} \sin \psi + \frac{1}{2} \left( \frac{\partial \phi_3}{\partial c} \right)^2 = 0,
\]

\[
\gamma_{cn} = -\frac{\partial \phi_1}{\partial c} \sin \psi + \frac{\partial \phi_2}{\partial c} \cos \psi = 0. \tag{12}
\]

In Eq. (12), \(x_1 = x_1(c)\) and \(x_2 = x_2(c)\) are the parametric equations of middle line and \(r = r(c)\) is the distance from the shear center \(C\) of the tangent to the middle line at \(P\) (Fig. 4). In Eq. (12), \(\frac{\partial \phi_3}{\partial c} / \varepsilon_{cn} = 0\) has been accounted for; finally, the condition \(\varepsilon_{im} = 0\) is identically satisfied, since \(\frac{\partial \phi_1}{\partial c} / \varepsilon_{cc} = \frac{\partial \phi_2}{\partial c} / \varepsilon_{cn} = 0\). It is worth noting that Eqs. (12) and (12) are formally similar to that governing the linear kinematic problem of the solid line undergoing an extensional distortion (e.g. to that governing the linear kinematic problem of the warping. Most importantly, Eqs. (12) show that \(\phi_1\) and \(\phi_2\) are second-order variables with respect to \(\phi_3\), thus justifying the omission of their square in Eqs. (11)(4)-(11)6.

Previous remarks suggest a perturbation approach to the solution of Eqs. (12). Since the curvature \(\mu_i\) are small, a perturbation parameter \(\varepsilon\) is introduced through the ordering \(\mu_i = \varepsilon \bar{\mu}_i, \tilde{\mu}_i = O(1)\). Then, the warping functions are expanded as \(\phi_{3i} = \varepsilon \phi_{31} + \varepsilon^2 \phi_{32} + O(\varepsilon^3)\) and, consequently \(\phi_{j} = \varepsilon^2 \phi_{j2} + O(\varepsilon^3), (j = 1,2)\). The following perturbation equations up to \(\varepsilon^2\)-order are obtained (tilde omitted):

**Order \(\varepsilon\)**:

\[
\frac{\partial \phi_{31}}{\partial c} = \mu_3 r,
\]

**Order \(\varepsilon^2\)**:

\[
\frac{\partial \phi_{12}}{\partial c} \cos \psi + \frac{\partial \phi_{22}}{\partial c} \sin \psi = -\frac{1}{2} \left( \frac{\partial \phi_{31}}{\partial c} \right)^2,
\]

\[
\frac{\partial \phi_{22}}{\partial c} \cos \psi - \frac{\partial \phi_{12}}{\partial c} \sin \psi = 0,
\]

By integrating in sequence the previous equations, \(\phi_{3i}, \phi_{j2} (j = 1, 2)\) and \(\phi_{32} \) are evaluated; then, by absorbing the parameter \(\varepsilon\), the following perturbation solution is drawn:

\[
\phi_1 = \alpha \mu_2^2 + \zeta - \Theta(x_2 - x_{2c}),
\]

\[
\phi_2 = \alpha \mu_2^2 + \eta - \Theta(x_1 - x_{1c}),
\]

\[
\phi_3 = \alpha \mu_3 + (x_2 - x_3) \mu_1 \mu_2 + (x_4 - x_5) \mu_2 \mu_3
+ \alpha \mu_3 \mu_3' - \alpha \Theta' + \zeta [1 + \mu_1(x_2 - x_{2c})]
- \mu_2(x_1 - x_{1c})] - \mu_3 \Phi_1 \Phi_2
+ \zeta_2 + \zeta_2(x_1 - x_{1c}) + \eta(x_2 - x_{2c}). \tag{14}
\]

In Eqs. (14), a rigid rotation has been added to the solution of Eqs. (13), that otherwise would be lost because of the approximations introduced (see Appendix B). In Eqs. (14), \(x_i = x_i(c) (i = 1, \ldots, 9)\) are warping functions, depending on the cross-section shape; they are not all independent and are defined to within a constant (see Appendix C). Moreover, \(M\) is the principal origin of the sectorial area (Fig. 4) and \(\zeta = \zeta(z, t), \eta = \eta(z, t), \zeta_2 = \zeta_2(z, t), \zeta_2(z, t)\) and \(\Theta(z, t)\) are integration arbitrary functions of \(z\) and \(t\). Since \(x_1\) coincides with the sectorial area, the linear part of \(\phi\) is formally identical to that of the linear theory; however, here \(\mu_3(z, t)\) represents a non-linear torsional curvature.

As shown in Appendix C, warping is described by \(x_1\) and six independent warping functions, namely \(\beta_i = \beta_i(c) (i = 1, \ldots, 6)\), so that Eq. (14) is rewritten as

\[
\phi_1 = \beta_4 \mu_2^2 + \zeta(z) - \Theta(x_2 - x_{2c}),
\]

\[
\phi_2 = \beta_5 \mu_2^2 + \eta(z) + \Theta(x_1 - x_{1c}),
\]

\[
4 \pi [\phi_3 = \alpha \mu_3 (1 - \zeta_1) + \beta_1 \mu_1 \mu_3 + \beta_2 \mu_2 \mu_3 + \beta_3 \mu_3 \mu_3'
- \beta_6 \Theta' + \zeta \zeta_1 x_1 + \eta \eta_2 x_2
+ \zeta_1 (\mu_1 x_2 - \mu_2 x_1) + \zeta_2. \tag{15}
\]
where \( \xi_2 = -x_1 x_{1u} - \eta_1 x_{2u} - \zeta_1 \mu_1 x_{1w} + \zeta_1 \mu_2 x_{1w} + \zeta_1 + \zeta_2 \).

By imposing the conditions given by Eqs. (3)1, (3)4 and (3)5, \( \xi_2, \zeta_1, \zeta_2, \zeta_3, \eta_1 \) are obtained together with the arbitrary constants; Eqs. (3)2 and (3)3 allow determination of \( \zeta_1 \mu_1 \) and \( \zeta_1 \mu_2 \); Eq. (3)6 determines \( \Theta \). By neglecting \( \zeta_1 \) with respect to unity, the following final form of the warping is obtained:

\[
\begin{align*}
\phi_1 &= \hat{\beta}_4 \mu_3^2, \\
\phi_2 &= \hat{\beta}_5 \mu_3^3, \\
\phi_3 &= \zeta_1 \mu_3 + \hat{\beta}_1 \mu_1 \mu_3 + \hat{\beta}_2 \mu_2 \mu_3 + \hat{\beta}_3 \mu_3^3 \mu_3, \tag{16}
\end{align*}
\]

where the new functions \( \hat{\beta}_i \) are defined in Appendix C.

By replacing Eqs. (16) in Eq. (11)6, the only non-vanishing strain \( \varepsilon_{33} \) is determined

\[
\varepsilon_{33} = \varepsilon_G + \mu_1 x_2 - \mu_2 x_1 + \mu_3 \varepsilon_3 + \frac{1}{2} \mu_3^3 \varepsilon_2^2 + (\mu_1 \mu_3) \hat{\beta}_1 + (\mu_2 \mu_3) \hat{\beta}_2 + (\mu_3 \mu_3^3) \hat{\beta}_3, \tag{17}
\]

where \( \varepsilon_G = \varepsilon_C - \mu_1 x_{2c} + \mu_2 x_{1c} \) is the longitudinal strain of the centroid axis and \( \varepsilon_2^2 \) is the square of the distance between the shear center of the section and the generic point \( P \). The first four terms of Eq. (17) are formally equal to those of the Vlasov linear theory, with non-linear flexural and torsional curvatures. The fifth term describes the elongation due to torsion, and the remaining terms account for non-linear warping. When the beam undergoes no torsional curvature, all the linear and non-linear warping terms vanish.

2.5. Inextensibility condition

The beam is assumed to be inextensible (hypothesis H.4). In compact beam theory, such a property is modeled by requiring the generic element of the centroid axis to maintain its initial length. However, this condition seems to be inadequate to describe the behavior of a thin-walled beam, due to the presence of warping and torsional elongation, which in principle both induce longitudinal deformation of the centroid axis. Therefore, the inextensibility condition is introduced by requiring the mean value on the cross-section of the longitudinal strain (17) to vanish, i.e.

\[
\int_A \varepsilon_{33} \, dA = 0. \tag{18}
\]

By taking into account that the warping functions \( x_1 \) and \( \beta_i \) satisfy Eq. (3)1, from Eq. (18) it follows that

\[
\varepsilon_G = -\frac{1}{2} \mu_3^3 \rho_C^2, \tag{19}
\]

where \( \rho_C \) is the cross-section polar radius of inertia with respect to the shear center \( C \).

Eq. (19) shows that the strain of the centroid axis is not zero, but it is a second-order quantity. It is not affected by warping, but only by the torsional strains, and represents the so-called non-linear torsional shortening of the beam. With Eq. (19), Eq. (17) reads as

\[
\varepsilon_{33} = \varepsilon_f + \varepsilon_x + \frac{1}{2} \varepsilon_C^2 + \varepsilon_\phi^2, \tag{20}
\]

where

\[
\begin{align*}
\varepsilon_f &= \mu_1 x_2 - \mu_2 x_1, & \varepsilon_x &= \frac{1}{2} \mu_3^3 (\varepsilon_2^2 - \rho_C^2), \\
\varepsilon_\phi^1 &= \mu_3 x_1, \\
\varepsilon_\phi^2 &= (\mu_1 \mu_3) \hat{\beta}_1 + (\mu_2 \mu_3) \hat{\beta}_2 + (\mu_3 \mu_3^3) \hat{\beta}_3, \tag{21}
\end{align*}
\]

are the flexural, torsional, first- and second-order warping longitudinal strains, respectively. The use of Eq. (19) permits the elimination of the \( \varepsilon_\phi \)-variable; by recalling the definition of \( \varepsilon_G \), Eq. (19) is written as

\[
\begin{align*}
\varepsilon_3' + \frac{1}{2} (\varepsilon_2'^2 + \varepsilon_2''^2) &= -\mu_1 x_2 + \mu_2 x_1 + \frac{1}{2} \mu_3^3 \rho_C^2, \tag{22}
\end{align*}
\]

where \( \mu_i = \mu_i (u_1, u_2, u_3, \vartheta_3, t) \), after having used the shear indefo rmability conditions (4). Eq. (22) is a non-linear algebraic equation in the unknown \( \varepsilon_3' \), which is solved by a perturbation method. By introducing the ordering \( u_1 = \varepsilon \bar{u}_1, \quad u_2 = \varepsilon \bar{u}_2, \quad \vartheta_3 = \varepsilon \bar{\vartheta}_3 \), and expanding the unknown as \( u_3 = \varepsilon u_3^{(1)} + \varepsilon^2 u_3^{(2)} + \varepsilon^3 u_3^{(3)} \), the following perturbation equations are obtained up to the \( \varepsilon^2 \)-order (omitting the tilde):

\[
\begin{align*}
u_3^{(1)} - \mu_1 x_2 c + \mu_2 x_1 c &= 0, \\
u_3^{(2)} - \mu_1 x_2 c + \mu_2 x_1 c &= 0, \\
u_3^{(3)} - \mu_1 x_2 c + \mu_2 x_1 c + \mu_3 x_3 c &= 0. \tag{23}
\end{align*}
\]

where \( \mu_i^{(1)} \) is the \( \varepsilon^1 \)-order part of \( \mu_i \). By solving the sequence of Eqs. (23), the terms of the series expansion of \( u_3' \) are calculated. Finally, by absorbing the perturbation parameter \( \varepsilon \), a solution of the type

\[
u_3' = f(u_1, u_2, \vartheta_3, t) \tag{24}
\]

is obtained, not shown here for purpose of brevity [13]. This internal constraint, valid for thin-walled beams, is more complicated than that for compact beams.
However, it reduces to the simplest one if the cross-section has two symmetry axes and the torsional elongation effects are neglected.

3. Equations of motion

3.1. Order-three equations

The equations of motion of the thin-walled beam are obtained via the generalized Hamilton principle. Since approximated order-three equations are sought, order-three expansions of the kinematic relationships are directly used in the functional. It reads as

\[
\delta H = \int_0^l \left[ \delta L(u_1, u_2, u_3, \dot{\theta}_3, t) + Q_1 \delta u_1 
+ Q_2 \delta u_2 + Q_0 \delta \dot{\theta}_3 
+ \delta \left( \lambda (f(u_1, u_2, \dot{\theta}_3, t) - u_3') \right) \right] \, dz \, dt \\
\forall(\delta u_1, \delta u_2, \delta u_3, \delta \dot{\theta}_3),
\]  

(25)

where \( l \) is the length of the beam, \( L = T - U \) is the Lagrangian for unit length, \( T \) is the kinetic energy and \( U \) is the elastic potential energy; moreover, \( Q \) ’s are generalized distributed non-conservative forces spending work on the associated virtual displacements and \( \lambda \) is a Lagrangian multiplier associated with the inextensibility constraint (24). This latter has to be taken into account in the variational principle since the velocity \( u_3 \), which appears in the kinetic energy \( T \), cannot be directly eliminated by means of Eq. (24). On the contrary, the constraints (4) and (24), as previously said, have already been employed to eliminate \( \dot{\phi}_1, \dot{\phi}_2 \) and \( u_3 \) in the elastic potential energy \( U \).

By neglecting the warping inertia effects, the kinetic energy reads as

\[
T = \frac{1}{2} \int_0^l \sum_{i=1}^3 \left( \dot{m}u_{io}^2 + J_i \omega_i^2 \right) \, dz \\
\simeq \frac{1}{2} \int_0^l \left[ \sum_{i=1}^3 \dot{m}u_{io}^2 + mx_2 \dot{\omega}_1 - mx_1 \dot{\omega}_2 \right] \, dz \\
+ \frac{1}{2} J_c \dot{\theta}_3^2 \, dz,
\]

(26)

where \( u_{io} \) is the \( i \)th velocity component of the centroid \( O \), \( m \) the mass per unit length of the beam, \( J_i \) the cross-section mass-moment with respect to the \( x_i \)-axis and \( J_c \) the polar mass-moment with respect to the shear center. In Eq. (26) use has been made of Eq. (2) (with \( \phi = 0 \)) and Eqs. (8). The rotation matrix \( R \) and the angular velocities (8) have been linearized and, as is usual in slender beams, flexural rotatory inertia terms have been neglected. It can be shown (see Section 3.2) that the order of magnitude of the terms neglected is small with respect to the retained terms.

By restricting the analysis to isotropic beams and neglecting the contribution of the Poisson ratio, the elastic potential energy per unit length reads as

\[
V = \frac{1}{2} \int_A \left[ G(\gamma_{31}^2 + \gamma_{32}^2) + E\varepsilon_{33}^2 \right] \, dA \\
= \frac{1}{2} GJ\mu_3^2 + \frac{1}{2} EI\mu_1^2 + \frac{1}{2} EI\mu_2^2 + \frac{1}{2} EG\mu_3^2 \\
+ \frac{1}{2} E \int_A \left[ \varepsilon_1^2 + \varepsilon_3^2 \right] \, dA \\
+ \frac{1}{2} E \int_A \left[ \varepsilon_{\phi}^2 + \varepsilon_{\phi}^2 \right] \, dA,
\]

(27)

where \( G \) and \( E \) are elastic moduli, \( GJ \) is the St. Venant torsional stiffness, \( EI \) are flexural stiffness and \( EG \) the warping torsional stiffness of the linear theory. In Eq. (27), \( \gamma_{31} \) and \( \gamma_{32} \), (which are not zero out of the section middle line) are assumed to contribute to the St. Venant torsional elastic term only; i.e. they are approximated by the linear part of Eqs. (11)5,6, in which \( \phi_3 \) is taken equal to the more refined solution of the Neumann problem, which takes account of the variation along the thickness. In addition, use has been made of Eqs. (20) and (21).

By substituting Eqs. (26) and (27) in the Hamilton principle and making the variations, Eq. (25) assumes the following form:

\[
\int_0^l \sum_{i=1}^3 \left( \sum_{i=1}^2 \left( Q_i \delta u_i + H_i \delta u_i + H_1 \delta \dot{u}_i \right) \\
+ H_2 \delta u_i'' + H_3 \delta u_i''' + H_4 \delta u_i'''' \right) + H_0 \delta \dot{\theta}_3 \\
+ H_0 \delta \dot{\phi}_3 + H_1 \delta \phi_3 + H_2 \delta \phi_3' + H_3 \delta \phi_3'' = 0,
\]

\[
\times dz \, dt = 0,
\]

\[
\forall(\delta u_1, \delta u_2, \delta \dot{u}_3, \delta \phi_3, \delta \lambda),
\]

(28)
where the functions \( H_k = H_k(u_1, u_2, u_3, \varphi, t, \lambda, \dot{\lambda}, t) \) have complicated expressions, reported in [13]. By performing integrations by parts, the following four equations are obtained from Eq. (28), in addition to Eq. (24)

\[
m \ddot{u}_3 - \lambda' = 0
\]  

(29)

and

\[
m_1 \ddot{u}_1 + mx_3 \ddot{\varphi}_3 - Q_1 = -H_{11}' + H_{12}'' - H_{13}' + H_{14}''' := G_1',
\]

\[
m_2 \ddot{u}_2 + mx_1 \ddot{\varphi}_3 - Q_2 = -H_{21}' + H_{22}'' - H_{23}' + H_{24}''' := G_2',
\]

\[
C_3 \ddot{\varphi}_3 + mx_2 \ddot{u}_1 - mx_1 \ddot{u}_2 - Q_0 = H_{00} - H_{01}' + H_{02}'' - H_{03}''' := G_0
\]

(30)

with the relevant boundary conditions:

\[
(W_{11} \delta u_1 + W_{12} \delta u_3 + W_{13} \delta u_3')|_0 = 0,
\]

\[
(W_{00} \delta \varphi_3 + W_{01} \delta \varphi_3 + W_{02} \delta \varphi_3')|_0 = 0,
\]

where \( W_{11} = H_{11} - H_{12}' + H_{13}' - H_{14}''' \), \( W_{12} = H_{12} - H_{13}' + H_{14}''' \), \( W_{13} = H_{13} - H_{14}''' \), \( W_{00} = H_{00} - H_{02}' + H_{03}''' \), \( W_{02} = H_{02} - H_{03}''' \) and \( W_{01} = H_{01} - H_{02}' + H_{03}''' \).

From Eq. (29) the physical meaning of \( \lambda \) emerges, which represents the inertial longitudinal forces due to the assumption of the inextensibility of the beam. By integrating Eq. (29) and using Eq. (24), the Lagrangian multiplier is first evaluated in terms of the displacements:

\[
\dot{\lambda} = \int_0^z \int_0^z f(u_1, u_2, \varphi_3) \, dz + u_3(0)) \, dz
\]

+ \( G(l) \)  

(32)

then it is substituted in Eqs. (30) and (31). A set of three integro-differential equations in the unknown \( u_1, u_2, \varphi_3 \) is finally drawn. They constitute order-three equations of motion suitable to study flexural–torsional motions of thin-walled beams with open cross-section.

### 3.2. Discussion of the equations

When the equations of motion (30) and the relevant boundary conditions (31) are expressed in terms of the independent displacement components \( u_1, u_2, \varphi_3 \), the equations contain some hundreds of terms, such that they can be handled only by an algebraic manipulator. These equations simplify if the cross-section has one or two symmetry axes. Referring to the compact form of the elastic potential energy, Eq. (27), it is easy to check that, if symmetries are present, some coupling terms between longitudinal strains of different nature vanish. From Table 1 it is seen that, for mono-symmetric cross-sections, coupling between torsional elongation and linear warping disappears. For double symmetric cross-sections, coupling between flexure and torsional elongation and flexure and non-linear warping also vanish. However, torsional elongation and non-linear warping are always coupled.

Another type of analysis which has been performed on the equations of motion (30) and (31) consists of evaluating the order of magnitude of the various terms. The analysis is conducted with the aim to simplify the equations, by retaining only the most important terms. To this end, the equations of motion and the relevant boundary conditions are first put in non-dimensional form by introducing the following quantities:

\[
\tilde{u}_1 = \frac{u_1}{l}, \quad \tilde{u}_2 = \frac{u_2}{l}, \quad \tilde{\varphi}_3 = \frac{h}{l} \varphi_3 = \frac{\varphi_3}{\rho},
\]

\[
\tilde{z} = \frac{z}{l}, \quad \tilde{\varphi} = \omega t.
\]

(33)

In Eq. (33) \( \omega \) is a linear frequency of the beam and \( h \) is a characteristic dimension of the cross-section, introduced to render the torsion \( \varphi_3 \) of the same order of the displacements \( \tilde{u}_i \) when \( u_1 = O(\varphi_3) \). The tilde will be omitted in the sequel.

No ordering scheme is introduced on the three configuration variables, which still remain of the same order, namely \( O(u_1) = O(u_2) = O(\varphi_3) \), where \( \varepsilon \) is a small quantity. The order of magnitude of the spatial and time derivatives of the generic configuration

<table>
<thead>
<tr>
<th>Coupling terms in the elastic potential energy</th>
</tr>
</thead>
<tbody>
<tr>
<td>No symmetries</td>
</tr>
<tr>
<td>( \varepsilon f \tilde{u}_1 )</td>
</tr>
<tr>
<td>( \varepsilon f \tilde{u}_2 )</td>
</tr>
<tr>
<td>( \varepsilon f \tilde{\varphi}_3 )</td>
</tr>
<tr>
<td>( \varepsilon f \tilde{\varphi}_3 )</td>
</tr>
</tbody>
</table>
Table 2
Order of magnitude of the terms of the potential energy

<table>
<thead>
<tr>
<th>Linear terms</th>
<th>Quadratic terms</th>
<th>Cubic terms</th>
</tr>
</thead>
<tbody>
<tr>
<td>$e_f^2$</td>
<td>$O(1)\varepsilon^2, O(h^2/f^2\pi^2)\varepsilon^2$</td>
<td>$O(1)\varepsilon^3, O(h^2/f^2\pi^2)\varepsilon^3$</td>
</tr>
<tr>
<td>$e_s^2$</td>
<td>$O(1)\varepsilon$</td>
<td>$O(1)\varepsilon^3, O(h^2/f^2\pi^2)\varepsilon^3$</td>
</tr>
<tr>
<td>$e_{s^3}^2 + e_{s^2}$</td>
<td>$O(h^2/f^2\pi^2)e^2$</td>
<td>$O(h^2/f^2\pi^2)e^3$</td>
</tr>
<tr>
<td>$e_{s^3}^2$</td>
<td>$O(1)\varepsilon^2$</td>
<td>$O(1)\varepsilon^3, O(h^2/f^2\pi^2)\varepsilon^3$</td>
</tr>
<tr>
<td>$e_{s^3}$</td>
<td>$O(1)\varepsilon$</td>
<td>$O(h^2/f^2\pi^2)e^3$</td>
</tr>
<tr>
<td>$e_{s^3}$</td>
<td>$O(1)\varepsilon$</td>
<td>$O(h^2/f^2\pi^2)e^3$</td>
</tr>
<tr>
<td>$e_{s^3} + e_{s^2}$</td>
<td>$O(h^2/f^2\pi^2)e^2$</td>
<td>$O(h^2/f^2\pi^2)e^3$</td>
</tr>
</tbody>
</table>

The variable $u(z, t)$ is evaluated according to the following rules:

$$\frac{\partial^n u}{\partial t^n} = O(\varepsilon), \quad \frac{\partial^n u}{\partial z^n} = O(\pi^n \varepsilon)$$

(34)

by assuming $u$ to be a bi-periodic function of time frequency 1 and spatial frequency $\pi$. The order of magnitude of the various contributions to the elastic potential energy (27), thus obtained, is shown in Table 2.

It is found that, among the quadratic terms, the leading order contributions are of purely flexural nature and of torsional–flexural and torsional–linear warping nature; among the cubic terms, the first two types of terms and the purely torsional elongation terms are important. Therefore, the torsional elongation and linear warping play an important role in the description of the mechanical behavior of thin-walled beams with an open cross-section, while the non-linear warping contribution is less important with respect to the previous ones. Terms depending on the Lagrangian multiplier are found to be negligible; longitudinal inertia forces and non-linear inertia contributions produce higher order effects and the relevant terms can be omitted in the kinetic energy (26). This is in accordance with [3,6] where only the linear rotational inertia contribution are considered.

After having retained only the leading order terms, the reduced equations of motion contain about 50 terms yet, if no symmetries exist.

3.3. Discrete model

The reduced equations of motion are discretized according to the Galerkin procedure. The independent displacements vector $\mathbf{u} = \{u_1, u_2, \vartheta_3\}$ is expressed as a linear combination of given $z$-function vectors $\mathbf{f}_k(z) = \{f_{k1}(z), f_{k2}(z), f_{k3}(z)\}^T$ and unknown $t$-function coefficients $q_k(t)$:

$$\mathbf{u}(z, t) = \sum_{k=1}^{n} q_k(t)\mathbf{f}_k(z).$$

(35)

The functions $\mathbf{f}_k(z)$ are chosen as eigenfunctions of the linearized equations and boundary conditions. Since for a generic cross-section even the linear equations are coupled, all the components of $\mathbf{f}_k(z)$ are different from zero.

From the equations of motion (30) and boundary conditions (31) the following variational dimensionless equation is drawn, where the tilde is omitted for simplicity:

$$\int_0^1 \left\{ -G_1 \delta u'_1 + (-\mu \ddot{u}_1 - \rho \mu \dddot{x}_c \dddot{\vartheta}_3 + Q_1) \delta u_1 \\
- G_2 \delta u'_2 + (-\mu \ddot{u}_2 + \rho \mu \dddot{x}_c \dddot{\vartheta}_3 + Q_2) \delta u_2 \\
+ (G_{\theta} - \rho^2 v \dddot{x}_c - \rho \mu \dddot{x}_c \dddot{\vartheta}_3 + \mu \dddot{x}_c, \dddot{u}_2 \\
+ Q_\theta) \delta \vartheta_3 \right\} dz + \{ (W_{12} \delta u'_1 + W_{13} \delta u''_1 + W_{14} \delta u''_1) \\
+ (W_{22} \delta u'_2 + W_{23} \delta u''_2 + W_{24} \delta u''_2) \\
+ (W_{00} \delta \vartheta'_3 + W_{01} \delta \vartheta'_3 + W_{02} \delta \vartheta''_3) \} |_0^1 = 0,$$

(36)

where

$$\mu = \frac{m}{GJ} \alpha^2 l^4, \quad v = \frac{3 \alpha^2 l^2}{GJ}, \quad \dddot{x}_c = \frac{x_{1c}}{T},$$

$$\dddot{x}_2c = \frac{x_{2c}}{T}$$

are non-dimensional quantities describing translational and rotational masses and the coordinates of
the shear center, respectively. By substituting Eqs. (35) into Eq. (36) and vanishing separately terms in $\delta q_k$. $3n$ ordinary differential equations of motion follow. By limiting the expansion (35) to $n = 3$ terms (e.g. by assuming a group of three modes with similar wave-length), three non-linear equations of the following type are obtained:

$$q_h + \omega_h^2 q_h = \sum_{i=1}^{3} \sum_{j=1}^{3} c_{hij} q_{i} q_j + \sum_{i=1}^{3} \sum_{j=1}^{3} \sum_{k=1}^{3} \times c_{hijk} q_{i} q_j q_k + f_h \quad (h = 1, 2, 3), \tag{38}$$

where $\omega_h$ is the $h$th linear frequency, $f_h$ the $h$th modal force, and $c_{hij}$ and $c_{hijk}$ are coefficients depending on eigenfunctions. In the general case all quadratic and cubic terms appear in each equation of motion.

If the cross-section has a symmetry axis, e.g. $x_1$, Eq. (35) becomes

$$u(z, t) = \begin{pmatrix} f_{11}(z) & 0 & 0 \\ 0 & f_{22}(z) & 0 \\ 0 & f_{32}(z) & f_{33}(z) \end{pmatrix} \begin{pmatrix} q_1(t) \\ q_2(t) \\ q_3(t) \end{pmatrix} \tag{39}$$

and the discretized equations of motion (38) read as

$$\ddot{q}_1 + \omega_1^2 q_1 = c_1 q_2^2 + c_2 q_3^2 + c_3 q_2 q_3 + c_4 q_1^2 \tag{40}$$

$$\ddot{q}_2 + \omega_2^2 q_2 = c_7 q_1 q_2 + c_8 q_1 q_3 + c_9 q_2^2 + c_{10} q_3^2 \tag{41}$$

$$\ddot{q}_3 + \omega_3^2 q_3 = c_{15} q_1 q_2 + c_{16} q_1 q_3 + c_{17} q_2^3 + c_{18} q_3^3 \tag{42}$$

If the cross-section has two symmetry axes, Eq. (35) is written as

$$u(z, t) = \begin{pmatrix} f_1(z) q_1(t) \\ f_2(z) q_2(t) \\ f_3(z) q_3(t) \end{pmatrix}$$

and the discretized equations of motion (38) become

$$\ddot{q}_1 + \omega_1^2 q_1 = c_1 q_2 q_3 + c_2 q_1^2 + f_1 \tag{43}$$

$$\ddot{q}_2 + \omega_2^2 q_2 = c_3 q_1 q_3 + c_4 q_2^2 + f_2 \tag{44}$$

$$\ddot{q}_3 + \omega_3^2 q_3 = c_5 q_1 q_2 + c_6 q_3^2 + c_7 q_1^2 \tag{45}$$

In Eqs. (40)_1 and (42)_1 the $q_i^3$-term is not present, since it is of higher order, as discussed previously. Although the case of two symmetry axes is the most similar to the case of compact cross-section beams studied in [1], in Eq. (42)_3 the $q_3^3$ term is also present and this is due to the purely torsional elongation effect. Terms in Eqs. (38) and (40) involve many different internal resonance conditions, which will be discussed in Part II of this paper. However, it must be stressed here that the kind of non-linear terms in Eqs. (38) and (39) remains unchanged if the warping and the torsional elongation effects are omitted, so that such deformations do not introduce new internal resonances. On the contrary, they strongly affect the coefficients of Eqs. (38) and (40) and therefore are important to correctly describe the non-linear behavior of the beam.

4. Conclusion

A non-linear one-dimensional model of a thin-walled beam with open cross-section and shear and axially undeformable has been developed. The Green–Lagrange tensor has been adopted as a strain measure; its components depend only upon the strain quantities of the one-dimensional polar beam model, in addition to the warping. The Vlasov kinematical hypothesis, which was formulated in the linear framework, has been extended to the non-linear field; in particular, the in-plane displacements, which arise as a second-order effect of the out-of-plane classical warping, have been accounted for. The constraint of in-plane indeformability of the cross-section makes it possible to express warping in terms of the curvatures of the beam. Consequently, the independent displacement components necessary to describe the beam deformed configuration reduce to three, two transversal translations of the shear-center axis and one torsional rotation.
Three differential equations of motion, containing quadratic and cubic non-linearities, have been obtained via the Hamilton principle. These equations are rather complex and can be handled only by an algebraic manipulator. Symmetries produce great simplifications. An analysis has been conducted to estimate the order of magnitude of the terms appearing in the equations, which made it possible to discuss the relative importance of the different contributions and to omit several terms. In particular, non-linear warping does not significantly affect the behavior of the beam, since its magnitude is small with respect to the other non-linear terms.

Finally, discrete equations have been obtained for a three-mode approximation able to describe coupling phenomena in three-dimensional motion. It has been found that even in the most general case of no-symmetry axis, warping and torsional elongation do not add any new kind of terms to the discrete equations but they affect the values of the coefficients. In particular torsional elongation produces a remarkable modification of the coefficients. Therefore, it is expected that torsional elongation, more than non-linear warping, would play an important role in the description of the response of the thin-walled beam. The matter will be discussed in Part II [12].

Acknowledgements

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Appendix A. Strain–displacement relationships

With the aim to obtain the deformation field expressed in terms of the torsional and flexural curvatures, a suitable partitioning of the displacement field (2) is developed as follows:

\[
\begin{align*}
\begin{pmatrix} v \\ w \end{pmatrix} &= \begin{pmatrix} v_c \\ w_c \end{pmatrix} + \begin{bmatrix} R_{yy} & R_{yz} \\ R_{zy} & R_{zz} \end{bmatrix} \begin{pmatrix} y - y_C \\ 0 \end{pmatrix} \\
+ & \begin{bmatrix} R_{yy} & R_{yz} \\ R_{zy} & R_{zz} \end{bmatrix} \begin{pmatrix} \phi_y \\ \phi_z \end{pmatrix},
\end{align*}
\]

where \( v = \{u_1, u_2\}^T \) and \( w = \{u_3\} \) are the displacement components of the point \( P \) in the plane of the section and out-of-plane, respectively, \( y = \{x_1, x_2\}^T \) and \( z = \{x_3\} \) are the in-plane and out-of-plane coordinates of \( P \), \( \phi_y = \{\phi_{y_1}, \phi_{y_2}\}^T \) and \( \phi_z = \{\phi_3\} \) are the in-plane and out-of-plane warping functions, \( y_C = \{x_{1c}, x_{2c}\}^T \) are the coordinates of the shear center, \( R_{ij} \) are sub-matrices of matrix \( R \).

From Eq. (A.1), after differentiation, it follows that

\[
\begin{align*}
\frac{dv}{dw} &= \begin{pmatrix} [v'_C + R_{yy}^T(y - y_C)]dz + (R_{yy} - I)dy \\ [w'_C + R_{zy}^T(y - y_C)]dz + R_{zy}dy \end{pmatrix} \\
+ & \begin{pmatrix} (R_{yy}\phi_{y,y} + R_{yz}\phi_{z,y})dy \\ (R_{zy}\phi_{y,z} + R_{zz}\phi_z,z)dz \end{pmatrix},
\end{align*}
\]

(A.2)

By substituting \( du = \{dv \ dw\}^T \) and \( dx = \{dy \ dz\}^T \) in Eq. (9) the strain matrix \( E \) is obtained. Taking into account the orthogonality property of \( R \) (i.e. \( R^T R = R R^T = I \) ) and definition (5) of the curvature matrix \( C \), and using the following identities proved in [13]:

\[
(R_{yy} - R_{yy}^T) = \text{skew}[R_{yy}] = 0,
\]

\[
(y - y_C)^T(R_{yy}^T R_{yy}' + R_{zy}^T R_{zy}'(y - y_C)
\]

\[
= (y - y_C)^T(C_{yy} C_{yy} + C_{zy} C_{zy})(y - y_C),
\]

\[
(R_{yy}^T R_{yy}' + R_{zy}^T R_{zy}'(y - y_C) = C_{yy} C_{yy} (y - y_C),
\]

\[
(R_{yy}^T R_{yy}' + R_{zy}^T R_{zy}') = C_{yy} C_{yy}
\]

(A.3)

the components of the matrix \( E \) become

\[
E_{yy} = \frac{1}{2}(\phi_{y,y}^T + \phi_{y,y}) + \phi_{z,y}^T \phi_{z,y} + O(\phi_{y}^3),
\]

\[
2E_{yz} = [C_{yy}(y - y_C)] + [R_{yy}^T v'_C + R_{zy}^T (1 + w'_C)]
\]

\[
+ \phi_{z,y}^T [R_{zz}^T (1 - w'_C) + R_{zy} w'_C]
\]

\[
+ C_{zy} \phi_z + \phi_{z,y}^T C_{zy} (y - y_C) + \phi_{z,y}^T \phi_{z,y}
\]

\[
+ \phi_{z,y}^T C_{zy} \phi_{z,y}.
\]

(A.4)
where \( \mu \) is the shear rigidity. From (A.8) it follows that the strains depend only on the curvatures \( C_{ij} \), on the elongation \( e_C \), and on the warping \( \phi \). By posing

\[
E_{yy} = \begin{bmatrix} e_{xx} & e_{xy} \\ e_{yx} & e_{yy} \end{bmatrix}, \quad 2E_{yz} = \begin{bmatrix} \gamma_{xz} \\ \gamma_{yz} \end{bmatrix}, \quad E_{zz} = e_{zz}
\]

and recalling the definition of the curvatures \( \mu \):

\[
\begin{bmatrix} C_{yy} & C_{yz} \\ C_{zy} & C_{zz} \end{bmatrix} = \begin{bmatrix} 0 & -\mu_3 & \mu_2 \\ -\mu_3 & 0 & -\mu_1 \\ -\mu_2 & \mu_1 & 0 \end{bmatrix},
\]

expressions (10) are finally obtained.

**Appendix B. The cross-section in-plane strain problem**

The cross-section in-plane strain condition (hypothesis H.3b), requires the strains \( \epsilon_{11} \) and \( \gamma_{12} \) (Eqs. (11)−(11)) identically vanish on the section, i.e. the following equations are satisfied:

\[
\begin{align*}
\phi_{1,1} &= -\frac{1}{2} \phi_{3,1}, \\
\phi_{2,2} &= -\phi_{3,2}, \\
\phi_{1,1} + \phi_{2,2} &= -\phi_{3,1} \phi_{3,2}. 
\end{align*}
\]

Eqs. (B.1) are a set of three linear differential equations in the two unknows \( \phi_1 = \phi_1(x_1, x_2, z, t) \) and \( \phi_2 = \phi_2(x_1, x_2, z, t) \) in which \( \phi_3 = \phi_3(x_1, x_2, z, t) \) can be considered as a ‘known’ term. It constitutes the classical plane strain problem of the linear continuum mechanics. Since the problem is overdetermined, it generally does not admit solution, unless the compatibility equation \( (\phi_{1,1})_{22} + (\phi_{2,2})_{11} = (\phi_{1,1} + \phi_{2,2})_{12} \) is satisfied. For problem (B.1) it reads as

\[
\begin{bmatrix} \phi_{3,11} & \phi_{3,12} \\ \phi_{3,12} & \phi_{3,22} \end{bmatrix} = 0
\]

i.e., it requires that the Hessian of the out-of-plane warping \( \phi_3 \) identically vanishes in the section. Therefore, from a geometrical point of view, condition (B.2) demands one of the two principal curvatures of the warped section is everywhere zero. It is worth noticing that such a condition is not satisfied by the solution of the Neuman problem \( \nabla^2 \phi_3 = 0 \), since it entails \( \phi_{3,11} \phi_{3,22} < 0 \). In contrast, it is satisfied if, according to Vlasov, \( \phi_3 \) is assumed constant along the (small)
thickness of section, since one of its principal curvatures vanishes in each point.

To solve Eqs. (B.1) it is convenient to resort to curvilinear coordinates \((c, n)\), with \(c\) a curvilinear abscissa along the cross-section middle line and \(n\) the (inward) normal distance along the chord. The change of coordinates reads as

\[
x_1(c, n) = x_1^0(c) - n \sin \psi(c),
\]
\[
x_2(c, n) = x_2^0(c) + n \cos \psi(c),
\]
where \((x_1^0(c), x_2^0(c))\) are the coordinates of a point \(P^0\) on the middle line and \(\psi(c)\) the slope of the tangent at \(P^0\). By rotating the strain tensor in the new base and expressing its components \((\epsilon_{cc}, \epsilon_{nn} \text{ and } \gamma_{cn})\) in the new coordinates \((c, n)\), the undeformability conditions (B.1) transform as follows:

\[
\epsilon_{cc} := \frac{1}{1 - n/R} (\phi_{1,c} \cos \psi(c) + \phi_{2,c} \sin \psi(c))
\]
\[
+ \frac{1}{2} (\phi_{3,c})^2 = 0,
\]
\[
\epsilon_{nn} := -\phi_{1,n} \sin \psi(c) + \phi_{2,n} \cos \psi(c) + \frac{1}{2} (\phi_{3,n})^2 = 0,
\]
\[
\gamma_{cn} := \frac{1}{1 - n/R} (\phi_{2,c} \cos \psi(c) - \phi_{1,c} \sin \psi(c))
\]
\[
+ (\phi_{1,n} \cos \psi(c) - \phi_{2,n} \sin \psi(c)) + \phi_{3,c} \phi_{3,n} = 0,
\]
\[
\text{(B.3)}
\]

where \(R:=(d\psi/dc)^{-1}\) is the curvature radius of the middle line of the section at \(P^0\). If \(\phi_3\) is constant along the thickness, then \(\phi_{3,n} \equiv 0\) and Eqs. (B.4)\(_{2,3}\) become homogeneous; at the same order of approximation, even \(\phi_1\) and \(\phi_2\) can be assumed constant, so that \(\epsilon_{nn}=0\) is identically satisfied. Finally, by neglecting \(n/R\) with respect to the unity, Eqs. (12)\(_2\) and (12)\(_3\) are obtained, from which \(\phi_1(c, z, t)\) and \(\phi_2(c, z, t)\) are drawn as functions of the ‘known’ component \(\phi_3(c, z, t)\). It can be observed that \(\phi_1\) and \(\phi_2\) are found to within a rigid motion (see Eqs. (14)\(_2\) and (14)\(_3\)); this latter is an exact solution for the complete Eqs. (B.4), but not for the approximated Eqs. (12)\(_2\) and (12)\(_3\).

### Appendix C. Non-linear warping functions

Warping functions in Eq. (14) are

\[
\alpha_1(c) = \int_0^c r(c) \, dc,
\]
\[
\alpha_2(c) = \int_0^c z_1(c) \sin \psi(c) \, dc + \bar{z}_2,
\]
\[
\alpha_3(c) = \int_0^c z_1'(c)(z_2(c) - z_{2c}) \, dc + \bar{z}_3,
\]
\[
\alpha_4(c) = \int_0^c z_1'(c)(z_1(c) - z_{1c}) \, dc + \bar{z}_4,
\]
\[
\alpha_5(c) = \int_0^c z_1(c) \cos \psi(c) \, dc + \bar{z}_5,
\]
\[
\alpha_6(c) = \int_0^c [z_1(c) r(c) + 2z_3(c) \cos \psi(c) + 2z_3(c) \sin \psi(c)] \, dc + \bar{z}_6,
\]
\[
\alpha_7(c) = -\frac{1}{2} \int_0^c r^2(c) \sin \psi(c) \, dc + \bar{z}_7,
\]
\[
\alpha_8(c) = -\frac{1}{2} \int_0^c r^2(c) \sin \psi(c) \, dc + \bar{z}_8,
\]
\[
\alpha_9(c) = \int_0^c [z_2(c) \cos \psi(c) - x_1(c) \sin \psi(c)] \, dc + \bar{z}_9.
\]
\[
\text{(C.1)}
\]

The independent non-linear shape warping functions in Eq. (15) are

\[
\beta_1(c) = \alpha_2(c) - \alpha_3(c) = -2\alpha_3(c) + \alpha_1(c)(z_2(c) - z_{2c}) + \bar{\beta}_1,
\]
\[
\beta_2(c) = \alpha_4(c) - \alpha_5(c) = 2\alpha_4(c) - \alpha_1(c)(z_1(c) - z_{1c}) + \bar{\beta}_2,
\]
\[
\beta_3(c) = \alpha_6(c) + \bar{\beta}_3, \quad \beta_4(c) = \alpha_7(c) + \bar{\beta}_4,
\]
\[
\beta_5(c) = \alpha_8(c) + \bar{\beta}_5, \quad \beta_6(c) = \alpha_9(c) + \bar{\beta}_6,
\]
\[
\text{(C.2)}
\]

where \(\bar{z}_i\) are integration constants and \(\bar{\beta}_1 = \bar{z}_2 - \bar{z}_3, \bar{\beta}_2 = \bar{z}_4 - \bar{z}_5, \bar{\beta}_{3,4,5,6} = \bar{z}_{6,7,8,9}\). The warping
functions in Eq. (16) are defined as
\[\tilde{TFF_i} = TFF_i^* - x'N_{TFF_i} - k_i1x_1 - k_i2x_2, \quad i = (1, 2, 6),\]
\[\tilde{TFF_3} = TFF_3^* - x'N_{TFF_3} - k_31x_1 - k_32x_2 - 2\tilde{TFF_6}k_{45},\]
\[\tilde{TFF_4} = TFF_4^* - x'N_{TFF_4} - k_{45}x_2,\]
\[\tilde{TFF_5} = TFF_5^* - x'N_{TFF_5} + k_{45}x_1,\]
where \(x'N_{TFF_j}\) are functions (C.2) in which the constants \(\beta_j\) are equal to 0. The quantities \(\tilde{TFF_j}, k_{11}, k_{12}, k_{45}, \) \((j = 1, \ldots, 6)\) \((i = 1, 2, 3, 6)\) are
\[\tilde{TFF_j} = \frac{\int_A \beta_j^* \text{d}A}{A}, \quad k_{11} = \frac{\int_A \beta_1^* x_1 \text{d}A}{I_2}, \quad k_{12} = \frac{\int_A \beta_2^* x_2 \text{d}A}{I_2},\]
\[k_{45} = \frac{\int_A (\beta_5^* x_1 - \beta_6^* x_2) \text{d}A}{(I_1 + I_2)},\]
where \(\beta_j^*\) are functions (C.2) in which the constants \(\tilde{TFF_j}\) are equal to 0. The quantities \(\tilde{TFF_j}, k_{11}, k_{12}, k_{45}, \) \((j = 1, \ldots, 6)\) \((i = 1, 2, 3, 6)\) are
\[\tilde{TFF_j} = \frac{\int_A \beta_j^* \text{d}A}{A}, \quad k_{11} = \frac{\int_A \beta_1^* x_1 \text{d}A}{I_2}, \quad k_{12} = \frac{\int_A \beta_2^* x_2 \text{d}A}{I_2},\]
\[k_{45} = \frac{\int_A (\beta_5^* x_1 - \beta_6^* x_2) \text{d}A}{(I_1 + I_2)},\]
where \(\beta_j^*\) are functions (C.2) in which the constants \(\tilde{TFF_j}\) are equal to 0. The quantities \(\tilde{TFF_j}, k_{11}, k_{12}, k_{45}, \) \((j = 1, \ldots, 6)\) \((i = 1, 2, 3, 6)\) are
\[\tilde{TFF_j} = \frac{\int_A \beta_j^* \text{d}A}{A}, \quad k_{11} = \frac{\int_A \beta_1^* x_1 \text{d}A}{I_2}, \quad k_{12} = \frac{\int_A \beta_2^* x_2 \text{d}A}{I_2},\]
\[k_{45} = \frac{\int_A (\beta_5^* x_1 - \beta_6^* x_2) \text{d}A}{(I_1 + I_2)},\]

References