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Evaluation of low cost solutions for the transmission through optical fiber of low phase noise OCXO signals

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Abstract—Various fiber optics links are evaluated for the transmission of OCXO signals on relatively short distances (1 m to 1 km). The case of VCSEL lasers is compared to the case of the more classical DFB laser. The DFB is still the best device, particularly in terms of signal to noise ratio, but single-mode VCSELs are becoming interesting as a low cost alternative to this device.

I. INTRODUCTION

Optical fiber is today an efficient technique for clock distribution, and numerous systems already use this technique for medium or short distances transmissions (ex: antennas networks), or even on long distance applications (ex: clock comparison). Most of these systems are based on costly laser modules, either amplitude modulated DFB lasers, which includes an optical isolator and temperature control, or high spectral purity lasers (coherent transmission). Vertical Cavity Surface Emitting Lasers (VCSELs) are low cost lasers, which are today available at long wavelengths, 1300 nm and 1500 nm, and which may be used for communications. It is thus interesting to compare their performances for this application, and particularly for an operation on short or medium distances (1 m to 1 km).

Another interest is for the power splitting required for a clock distribution on various receivers (ex: 10 MHz reference signal distribution towards a set of 10 or more HF synthesizers). If this power split is realized in the optical domain, using a medium or high power laser and an optical power splitter, the noise floor in the RF domain increases rapidly because of the optical losses. Indeed, the quadratic detection at the photodiode level results in a 2 dB RF losses for each 1 dB optical losses (and, as an example, an optical splitting by 10 results in, at least, 20 dB RF losses). If the power splitting is performed in the RF domain, then the resulting signals can be used to modulate a set of VCSEL for the optical transmission. The relatively low power and low cost VCSEL laser is well fitted to this solution, in which a lower RF power is used to modulate the laser current.

Among these studies, the case of the transmission of a low phase noise 10 MHz signal is particularly interesting. This signal is generally provided in a system by an oven controlled crystal oscillator (OCXO). The transmission of high spectral purity signals using fiber optics links has been described in many papers [1-5], and particularly the classical approach in which the reference signal directly modulates the current of a medium power DFB laser. The phase noise floor, for this type of link, is mainly related to the laser relative intensity noise (RIN) and the laser modulation index $m$, at least for a point to point link ($m = \frac{\Delta P}{P}$, with $P$ being the average optical power and $\Delta P$ the maximum deviation from $P$ due to the modulation; $m \leq 1$). In case of a division on a large number of receivers, the noise floor is increased due to the optical losses and it may degrade even further if the shot noise limit is reached. Moreover, on long fiber links (typically above 1 km), some optical nonlinear effects may limit the phase noise performance [6] at high optical power. For these reasons, and because of the cost argument, the replacement of the DFB laser by a VCSEL device, which operates at lower power, must be investigated.

II. DEVICES UNDER TEST AND MAIN EXPERIMENT

We have studied four types of optical links at 10 MHz using four different lasers:

1) A telecommunications grade laser module (Mitsubishi), based on a 20 mW DFB laser emitting at 1550 nm, which includes an optical isolator, a temperature control and a photodiode.

2) A single mode VCSEL laser (Raycan) emitting about 0.5 mW at a wavelength of 1310 nm.

3) A single mode VCSEL laser (Raycan) emitting about 0.5 mW at a wavelength of 1550 nm.

4) A multimode VCSEL laser (Ulm Photonics) emitting about 10 mW at a wavelength of 850 nm.

The DFB laser module is ready to use: it includes an RF input which feeds an internal bias Tee. A dedicated test fixture has been designed for the three other devices, which includes a 10 MHz bias Tee.

On the receiver side, an InGaAs photodiode (Thorlabs FGA04) is used to recover the RF signal. The photodiode delivers the RF current to a 50 Ω load, through a bias Tee (Mini-Circuits). The same photodiode is used in the three experiments at large wavelength (1310 to 1550 nm), and is replaced by a silicon photodiode for the 850 nm case (Thorlabs FDS02). The RF signal is measured at the photodiode output directly, or is amplified prior measurement if its level is close to (or below) -20 dBm.

Figure 1 represents the schematics of the main experiment. A low phase noise 10 MHz OCXO (Wenzel Premium SC-50104609) is used to modulate the laser. The signal goes through a fiber spool and is detected by a photodiode and then, reaches the phase noise measurement system (Agilent E5052B cross-correlation phase noise analyser).

## Table 1: OCXO phase noise (measurement noise floor)

<table>
<thead>
<tr>
<th>Frequency Offset</th>
<th>Phase Noise Datasheet</th>
<th>Phase Noise Measured</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 Hz</td>
<td>-130 dBc/Hz</td>
<td>-132 dBc/Hz</td>
</tr>
<tr>
<td>100 Hz</td>
<td>-155 dBc/Hz</td>
<td>-155 dBc/Hz</td>
</tr>
<tr>
<td>1 kHz</td>
<td>-165 dBc/Hz</td>
<td>-168 dBc/Hz</td>
</tr>
<tr>
<td>10 kHz</td>
<td>-165 dBc/Hz</td>
<td>-170 dBc/Hz</td>
</tr>
</tbody>
</table>

As it is not a residual phase noise measurement set-up, the phase noise floor is imposed by the OCXO phase noise (which is much lower than the optical links noise at carrier offsets above 100 Hz). This noise floor is depicted in Table 1, with the typical values from Wenzel and the measured values on our oscillator.

For the single mode lasers (1310 nm and 1550 nm), three different length of single mode fiber are used in this experiment: 1 m (no spool), 100 m, 1 km. In the case of the multimode laser (850 nm), a 300 m multimode spool is used in place of the 100 m and 1 km spools.

### III. DFB LASER LINKS

The DFB laser is biased at 80 mA and delivers an optical CW power of 17.8 mW. The modulation index is set at 0.52, in order to preserve the laser for long term operation. The RIN performance at 10 MHz has been measured for this laser at -162 dB/Hz. Under those conditions, the SSB phase noise floor is given by the noise to signal ratio divided two. The equation below [7] allows to compute this phase noise floor.

\[
L(f) = 10 \log \left( \frac{10^{RIN/10}}{m^2 + \frac{2q}{m^2 I_{PD}} + \frac{4kT}{R m^2 I_{PD}^2}} \right)
\]  

(1)

with \(L(f)\) being the RF phase noise in dBc/Hz, \(RIN\) the laser relative intensity noise performance in dB/Hz at the frequency of interest (10 MHz), \(m\) the RF modulation index, \(I_{PD}\) the mean current at the photodiode output, \(T\) the absolute temperature, \(R\) the photodiode load, \(q = 1.6 \times 10^{-19}\) C and \(k = 1.38 \times 10^{-23}\) m² kg s⁻¹. In equation (1), the main contributor is the first term in case of a point to point link. The computed phase noise floor using (1) is very close to the one computed using only this term, and is about -155 dBc/Hz.

Concerning the 1/f phase noise, there is no simple analytical formula. This phase noise contribution comes from various nonlinear conversion phenomena, and particularly from the conversion of the laser 1/f RIN. The computation of the conversion coefficient would be beyond the scope of this paper, and this noise will be only qualitatively discussed.

![Figure 2. Phase noise at the output of the 10 MHz optical links realized with the DFB laser module (and comparison to the OCXO phase noise)](image)
The case of the 100 m and 1 km links is a bit different. If the close to carrier phase noise has not changed compared to the 1 m case (OCXO noise below 10 Hz and 1/f noise between 10 Hz and 100 Hz), the phase noise floor above 1 kHz offset is much higher than the theoretically computed phase noise floor (about 10 dB higher). Actually, it is not exactly a noise floor, because in the 100 m case the phase noise drops again above 20 kHz offset. This increase of the noise far from the carrier cannot be explained by a change in the signal to noise ratio. Indeed, the losses in 100 m or even 1 km of SMF28 fiber are almost negligible (0.2 dB/km), even if the connector losses are included in the computation.

Therefore, a specific phenomenon occurs in long fibers. Two hypothesis may arise to explain this noise contribution. The first one is a conversion of the laser AM or, more probably, of its FM noise due to some specific phenomenon inside the long fiber (ex: frequency dispersion). The second one is the direct generation of a noise component inside the fiber.

The FM and AM noise of this laser have been measured, and a close to 1/f shape has been found on the 1 Hz to 100 kHz frequency range (see Figure 5 for AM noise). Thus, such a noise contribution should be converted with a similar spectral shape, meanwhile a large flat is observed on the phase noise measurement. Therefore, the second hypothesis has been examined, and we have measured the noise due to the Rayleigh scattering in the fiber using a measurement approach described in details in [6]. The signal backscattered from the fiber is separated from the input signal using a circulator and is then mixed on a photodiode with the input signal. Figure 3 shows the result of this experiment performed with a 1 km fiber spool. It is clear that the same spectral shape is observed than in the phase noise measurement. Thus, this increased phase noise floor may be due to the Rayleigh scattering inside the fiber, and can be limited by reducing the optical power in the fiber (but in this case, a compromise has to be found with the signal to noise ratio).

IV. SINGLE MODE VCSELs LASER LINKS

The link is then realized using a VCSEL (Raycan) in place of the DFB laser module. The laser is biased between 7 mA and 10 mA, and delivers an optical power between 0.5 mW and 1 mW (maximum level, close to saturation). An RF attenuator is added between the OCXO and the laser, in order to adjust the laser modulation index, which is set between 0.55 and 0.7 (RF power in the range of 0 dBm to 3 dBm). An optical isolator is also added at the laser output (1550 nm). In the case of the 1310 nm laser, and because no isolator was available in the laboratory at this wavelength, the isolator has been replaced by a 3 dB optical attenuator.

The RF output power of such a link can be easily computed from the modulation index $m$, the received optical power $P_{opt}$, the photodiode sensitivity $S_{PD}$ and the photodiode RF load $R$ using equation (2):

$$P_{RFout} = \frac{1}{2} R S_{PD}^2 m^2 P_{opt}^2$$

with $m = 0.7, P_{opt} = 1$ mW, $R = 50 \Omega$ and $S_{PD} = 0.8$ A/W, the maximum RF power at the output of this optical link is found to be -21 dBm. This level is of course much lower than the one obtained for the DFB link, in which the output RF power on the photodiode load is about +2 dBm, under the conditions described in paragraph III. Because the phase noise measurement system requires a signal higher than -20 dBm at its input, an amplifier has been added between the photodiode and the analyser. The first measurements were performed with a commercial amplifier, and finally a specific amplifier has been designed for these links.

This amplifier uses a low 1/f noise silicon bipolar transistor BFR92, and has been optimized for 10 MHz operation using Agilent ADS software. Particularly, an unbypassed emitter resistance $R_e$ of 8 $\Omega$ has been used, both to stabilize the device and to reduce the amplifier phase noise. Finally, the amplifier has been realized and has demonstrated a gain of 19 dB at 10 MHz, together with a low residual phase noise, and particularly a noise floor of about -165 dBc/Hz.

![Figure 3](image3.png)

**Figure 3.** Measurement of the noise backscattered in the fiber (same method as in [7]) in the case of the 1 km spool and using the DFB laser. Each spectrum corresponds to a different input power inside the fiber.

![Figure 4](image4.png)

**Figure 4.** Phase noise at the output of the 10 MHz optical links realized with the 1310 nm single mode VCSEL.
Figure 4 depicts the phase noise measured at the output of the optical link which uses the 1310 nm single mode VCSEL device. A noise floor in the range of -135 dBc/Hz is observed. Between 3 Hz and 200 Hz, the noise is clearly of 1/f type and, very close to the carrier (1 Hz), the OCXO phase noise is found again. The phase noise floor is close to what could be expected using equation (1) for this laser, although for the 1 km spool case, the noise is increased of about 4 dB compared to the two other cases. The high 1/f noise contribution is not too much surprising, because these lasers are small devices (with high current density) and thus feature a relatively high level of 1/f AM (and probably FM) noise. As an example, the VCSEL low frequency RIN is depicted in Figure 5, and compared to the same data measured on the DFB laser.

![Figure 5. RIN performance measured at low frequency for the 1550 nm DFB laser and the 1310 nm VCSEL laser](image)

The phase noise measured with the 1550 nm single mode VCSEL is depicted in Figure 6. This time, a relatively high phase noise floor can be observed, of about -120 dBc/Hz, which is much higher than the noise floor which can be computed from the 10 MHz RIN performance of this laser (about -140 dBc/Hz). Up to now, we have no clear explanation of this behavior and further experiments will be performed with this device.

![Figure 6. Phase noise at the output of the 10 MHz optical links realized with the 1550 nm single mode VCSEL](image)

V. MULTIMODE VCSEL LASER LINK

The multimode 850 nm VCSEL (Ulm Photonics) delivers a much higher optical power than the single mode ones. In our experiment, this device was biased at 35 mA, delivering about 4 mW optical power, and the RF modulation index \( m \) was fixed at 0.7.

The laser has been directly connected to a silicon photodiode (Thorlabs FDS02), using a SMA - FC/PC cable. In another configuration, a 300 m multimode fiber spool is placed between the laser and the photodiode.

The measured phase noise at the photodiode output is depicted in Figure 7. Although the phase noise shape looks very similar to the one measured with the single mode VCSELs devices, the value of the phase noise floor has been found to be strongly dependent on the bias conditions (it has been optimised in this case down to -130 dBc/Hz). The RIN spectrum shape (not shown here) is also rapidly changing with the bias conditions, probably because of the multimode operation. Therefore, even if the link phase noise performance looks fairly good, we believe that this device is not well fitted for high quality time and frequency applications.

![Figure 7. Phase noise at the output of the 10 MHz optical links realized with the 850 nm multimode VCSEL](image)

Finally, the measured main phase noise data are depicted in Table 2. At 1 Hz offset, all the lasers are able to transfer the OCXO performance. At 10 Hz offset, only the DFB laser can keep the OCXO performance, and a degradation of about 10 dB is observed with all the VCSELs devices. At 100 kHz, which corresponds to the noise floor, the best performance is reached with the DFB laser (-153 dBc/Hz), but this performance is not maintained on long links. A relatively good performance has also been measured with the single mode 1310 nm VCSEL at this frequency offset (-135 dBc/Hz).
<table>
<thead>
<tr>
<th>Laser</th>
<th>DFB 1550 nm Single-mode</th>
<th>VCSEL 1310 nm Single-mode</th>
<th>VCSEL 1550 nm Single-mode</th>
<th>VCSEL 850 nm Multi-mode</th>
</tr>
</thead>
<tbody>
<tr>
<td>L(f) @ 10 Hz L = 1 m</td>
<td>-130 dBc/Hz</td>
<td>-119 dBc/Hz</td>
<td>-119 dBc/Hz</td>
<td>-121 dBc/Hz</td>
</tr>
<tr>
<td>L(f) @ 100 kHz L = 1 m</td>
<td>-155 dBc/Hz</td>
<td>-135 dBc/Hz</td>
<td>-119 dBc/Hz</td>
<td>-130 dBc/Hz</td>
</tr>
<tr>
<td>L(f) @ 10 Hz L = 100 m</td>
<td>-130 dBc/Hz</td>
<td>-119 dBc/Hz</td>
<td>-120 dBc/Hz</td>
<td>-123 dBc/Hz</td>
</tr>
<tr>
<td>L(f) @ 100 kHz L = 100 m</td>
<td>-148 dBc/Hz</td>
<td>-136 dBc/Hz</td>
<td>-120 dBc/Hz</td>
<td>-128 dBc/Hz</td>
</tr>
<tr>
<td>L(f) @ 10 Hz L = 1 km</td>
<td>-130 dBc/Hz</td>
<td>-117 dBc/Hz</td>
<td>-119 dBc/Hz</td>
<td>-121 dBc/Hz</td>
</tr>
<tr>
<td>L(f) @ 100 kHz L = 1 km</td>
<td>-142 dBc/Hz</td>
<td>-131 dBc/Hz</td>
<td>-119 dBc/Hz</td>
<td>-121 dBc/Hz</td>
</tr>
</tbody>
</table>

Table 2: Phase noise data measured at 10 Hz and 100 kHz offset

VI. CONCLUSION

The investigations described in this paper demonstrate that the medium power DFB laser is still the best device for time and frequency applications. However, the single mode VCSEL, today available at telecommunications wavelengths, is becoming interesting. It is still limited in signal to noise ratio, but it is reliable enough for high integration time (close to carrier performance) and could be used in clock distribution as an alternative to optical power splitting. Finally, the multimode VCSEL looks interesting at first glance, but the noise parameters are too much sensitive to the bias conditions to recommend this device for high quality analog applications.

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