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Parental insertional balanced translocations are an important cause of apparently \textit{de novo} CNVs in patients with developmental anomalies

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\textbf{The running title:} Frequency of the insertional translocations.

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Abstract

In several laboratories, genome wide array analysis has been implemented as the first tier diagnostic test for the identification of copy number changes in patients with mental retardation and/or congenital anomalies. The identification of a pathogenic copy number variant (CNV) is not only important to make a proper diagnosis but also to enable the accurate estimation of the recurrence risk to family members. Upon the identification of a *de novo* interstitial loss or gain the risk recurrence is considered very low. However, this risk is 50% if one of the parents is carrier of a balanced insertional translocation. The apparently *de novo* imbalance in a patient is then the consequence of the unbalanced transmission of a derivative chromosome involved in an insertional translocation (IT). To determine the frequency with which insertional balanced translocations would be the origin of submicroscopic imbalances, we investigated the potential presence of an IT in a consecutive series of 477 interstitial CNVs, in which the parental origin has been tested by FISH, among 14 293 patients with developmental abnormalities referred for array. We demonstrate that insertional translocations underlie approximately 2.1% of the apparently *de novo*, interstitial CNVs, indicating that submicroscopic ITs are at least 6 fold more frequent than cytogenetically visible ITs. This risk estimate should be taken into account during counselling and warrant parental and proband FISH testing wherever possible in patients with an apparently *de novo*, interstitial aberration.

**Keywords:** Insertional translocation; interstitial aberrations; structural chromosomal rearrangements; microarray; mental retardation
INTRODUCTION

Structural chromosomal rearrangements result from chromosomal breakage, followed by reconstitution in an abnormal combination. They are defined as balanced if the chromosomes have the normal chromosomal complement, or unbalanced if there is additional or missing material. Balanced, reciprocal translocations are relatively common, and were originally estimated to occur in approximately 1:500 newborns, but more recent studies provided an estimate of about 1:200. They require a two-break event and involve the exchange of chromosome segments between two, usually non-homologous chromosomes. While such translocations are usually harmless for the carrier, they are associated with reduced fertility and an increased risk of unbalanced gametes and abnormal progeny. Therefore, when an unbalanced translocation is identified in a patient, it is essential to test the parents for the presence of a balanced translocation to determine the recurrence risk in the family.

Balanced insertional translocations (ITs) refer to the intercalation of a part of one chromosome into another non-homologous chromosome (interchromosomal insertional translocations, Fig. 1A) or into another part of the same chromosome (intrachromosomal insertion, Fig. 2A). A balanced, interchromosomal insertional translocation is characterized by one chromosome with an interstitial deletion and another chromosome with an interstitial insertion. Since there is no reciprocal segment involved in IT formation, the imbalances that result from segregation can be a pure segmental monosomy or trisomy, respectively (Fig. 1B).

Insertional rearrangements imply one of the highest reproductive risk and families usually come to the attention of a geneticist when an affected first child is born. For interchromosomal insertions, the unbalanced chromosome in the offspring results from simple meiotic segregation of either one of the bivalents of IT’s chromosomes. The risk for unbalanced offspring reaches theoretically 50%. Pooled data from a number of carriers of cytogenetically visible insertional translocation families indicate the average risk of having an
abnormal child for respectively male and female carriers as 32% and 36%.\textsuperscript{4} The discrepancy between the theoretical and observed risk is due to embryonic lethality for some imbalances. It can be assumed that the survival rate would increase with decreasing insertion size, and with gains more likely to be viable than losses. Unbalanced chromosomes can also result from recombinations within the inserted segment. Recombinants require the presence of inserted chromosomal region large enough to enable the formation of a quadrivalent between both pairs of IT chromosomes. Crossing over within the insertion loop can lead to up to 26 possible different segregants.\textsuperscript{5} In contrast with interchromosomal insertions, abnormal offspring in intrachromosomal translocation carriers are associated only with recombinant chromosomes (Fig. 2B).

For an IT, at least three breakpoints have to occur and, as a consequence the prevalence of ITs is lower than for reciprocal translocations. The first estimation of the occurrence of ITs at the cytogenetic level was undertaken by Van Hemel and Eussen.\textsuperscript{4} Among 40 000 patients referred to the clinic for routine cytogenetic analysis, they identified five unbalanced rearrangements which resulted from a balanced IT in one of the parents (1:8,000 patients referred to clinic). Due to the low number of recognized aberrations, they proposed an alternative estimation of IT occurrence. By comparing the number of ITs with the number of chromosomal abnormalities associated with Down syndrome in the same group of patients, they estimated the birth prevalence of ITs near to 1:80 000.\textsuperscript{4} Intrachromosomal insertions are considered to be even less frequent,\textsuperscript{6} but due to the scarcity of reports, the frequency remains unknown.

With the introduction of microarray analysis as the first tier diagnostic test for patients with developmental anomalies, large numbers of submicroscopic, pathogenic copy number variants have been uncovered. When a CNV is detected in a patient and is not shown by array in the parental genomes, the deletion or gain is considered to have occurred \textit{de novo} in the
patient. However, in contrast to conventional karyotyping, genomic microarrays do not reveal the structural configuration of the abnormal chromosome. Therefore, it remains possible that the imbalance is a consequence of a balanced IT in one of the parents. Despite the clinical importance for assessing the recurrence risk and a substantial number of sporadic reports of ITs\textsuperscript{7-11} (for a review see Van Hemel and Eussen\textsuperscript{4}), the frequency of submicroscopic, balanced, insertional translocations that may precede a pathogenic copy number change remained unknown. Recently, two groups, Kang and colleagues\textsuperscript{12} and Neill \textit{et al.}\textsuperscript{13} attempted to estimate the frequency of submicroscopic ITs. Kang \textit{et al.}\textsuperscript{12} presented results from 18 000 patients referred for molecular diagnostics, and found 40 IT events (~1:500). Similar results were obtained by Neill \textit{et al.}\textsuperscript{13}. They found 71 cases with an unbalanced insertion among ~40 000 patients tested by array CGH (~1:560). However, in both studies, the authors included also complex rearrangements and inherited, unbalanced insertions which most likely represent benign structural variants.

Because of the low incidence of cytogenetically visible ITs, the potential parental carrier status is rarely investigated. In this study, we set out to determine the frequency of submicroscopic, insertional translocations underlying apparently \textit{de novo} CNVs in patients with intellectual disability/development delay (ID/DD) and/or multiple congenital anomalies (MCA).

**METHODS**

All patients were referred to one out of five Medical Centres (Center for Human Genetics, K.U. Leuven, Radboud University Nijmegen Medical Centre, Leiden University Medical Center, University Medical Centre Groningen and the Wessex Regional Genetics Laboratory, Salisbury District Hospital) for molecular karyotype analysis.
A total of 14,293 DNA samples were analysed by different genome wide array platforms; 2,105 patients were analyzed with a 1Mb resolution BAC array (Leuven), 520 patients with a tiling-resolution 32k BAC array (Nijmegen), 1,816 patient samples with OGT 105K oligo array (744 Leuven and 1072 Groningen), 559 patients with OGT 180K array (Leuven) (CytoSure Syndrome Plus v2), 2,645 patients with the ISCA design 8x60k oligo array (Wessex) provided by OGT (Oxford Gene Technology, Oxford, UK), 298 patients using 180K oligo from Agilent (Groningen) (custom design ID: 019015; Agilent Technologies Inc., Santa Clara, CA, USA), and 6,350 patients with a SNP array using the Affymetrix NspI 250k SNP array platform (4,689 – Nijmegen and 1,661 – Leiden) (Affymetrix, Inc., Santa Clara, CA, USA).

Since the unbalanced transmission of the chromosomes involved in a balanced insertional translocation can result in either a deletion or duplication of the translocated region, both apparently de novo interstitial losses and gains, defined after parental array analysis, greater in size than 200 kb, were followed-up. For deletions, FISH analysis was performed with at least one probe located within the CNV on metaphase spreads from both parents to determine whether one of the parents is carrier of a balanced insertional translocation. For gains, FISH analysis was performed on metaphase spreads of the index patient to determine whether the gain was due to the duplication in tandem, elsewhere on the same chromosome or on another chromosome. In the latter two cases, both parents were tested for the presence of an IT.

RESULT

Using genome wide array, we analyzed 14,293 index patients referred for clinical diagnostics because of ID/DD and/or MCA. In ~60% of the patients with an interstitial, potentially pathogenic CNV, parental DNA was available for inheritance testing. Seven hundred seventy
one (771) interstitial CNVs detected in our patients were concluded to have occurred *de novo* based on array analysis in the parents. Among these, one hundred forty four (144) represented recurrent, repeat-mediated CNVs (Table 1). In approximately 5% of the apparently *de novo* unbalances the size was lower than 200 kb, therefore the CNV was too small to be validated by FISH. Parental peripheral blood lymphocytes were available in 62% of all these apparently *de novo* cases. Follow-up FISH analyses were performed in 477 cases. Amongst these 477 cases analyzed, 10 imbalances were identified as a consequence of the presence of an insertional translocation in one of the parents (Table 1, Fig. 3). The imbalances ranged in size from 0.76 Mb to 12.3 Mb. In two families, an intrachromosomal IT was identified, while in the eight other patients, an interchromosomal IT was identified in one of the parents. In three cases the mother and in seven cases the father was carrier of a balanced IT. Thus, 2.1% (~1:50) of FISH analysed and 0.07% (~1:1 400) of all referred to clinic patients, carried apparently *de novo* CNVs as a consequence of the unbalanced transmission of a rearranged chromosome. None of the 10 cases was classified as repeat-mediated CNV.

**DISCUSSION**

Using a combination of genome wide array (CGH) analysis and FISH, we show that insertional translocations underlie approximately 2% of all apparent *de novo* CNVs. Those families are at 50% risk to have children with chromosomal imbalances. This is illustrated by the proband with a deletion on chromosome 2q, who comes from a family of six individuals with severe unexplained learning disability and dysmorphisms in two generations, who had been repeatedly investigated over a 15 year period, with no abnormality found (Fig. 4). This high incidence together with the high risk warrants parental FISH follow-up as part of the clinical routine testing in all families where apparently *de novo*, interstitial aberration are detected. In addition to differences in risk counselling for carriers of a balanced IT, both
prenatal or preimplantation genetic diagnosis (PGD) could be offered to reduce the risk of miscarriages and chromosomally abnormal offspring. Both PGD for intrachromosomal ITs as well as PGD for interchromosomal insertional translocation has been successfully applied, and reported.

Overall, insertional translocations were shown to underlie imbalances in 1:1 400 of all patients referred for chromosome analysis. This result demonstrates that the frequency of unbalanced, submicroscopic, insertional translocations among all patients referred for chromosomal evaluation is at least 6 fold higher as compared with cytogenetically visible ITs. Considering, that in ~40% of all cases, and in 38% of apparently de novo CNVs the parental material was not available, and in ~5% of apparently de novo CNVs the size of the aberration doesn’t allow follow-up FISH studies, the incidence of ITs can be extrapolated to be ~1:900 of all patients referred to clinic or 8-fold higher as compared with cytogenetically visible ITs.

Recently, two studies estimated the frequency of ITs at the submicroscopic level at ~1:500 for patients referred to clinic. They detected 40 and 71 unbalanced aberrations caused by IT, out of 18 000 and 40 000 tested patients, respectively. In both reports, the overall occurrence of unbalanced IT is higher than in this study. Contrary to our results, these two studies included both de novo and inherited unbalanced ITs, whereas in this study only the de novo ITs were included. An inherited unbalanced translocation will not be detected as a de novo event and, hence, the clinical interpretation is different and needs to be individually investigated.

Carriers of a balanced IT may demonstrate a clinically abnormal phenotype because the IT events may affect gene function through disruption of the genes localized in the translocated region, genes located on the insertion site, or due to position effect in abnormal gene expression in the flanking regions. In this study, all parent carriers of an insertional
translocation were phenotypically normal and hence, it can be assumed that the translocation in itself is harmless. When the translocated region contains dosage sensitive genes, the unbalanced transmission will result in an abnormal phenotype.

In conclusion, insertional translocations occur quite frequently in the population and underly pathogenic CNVs in a significant fraction of patients with developmental abnormalities and/or intellectual disabilities.

CONFLICT OF INTEREST
The authors declare no conflict of interest.

ACKNOWLEDGMENTS
We are grateful to the patients and their parents, and to the clinicians of the different Clinical Genetics Departments for referring the patients. Furthermore, we would like to thank the technicians and laboratory specialists of the different laboratories for providing the numerous array and FISH experimental data. This work has been made possible by the IWT (SBO 60848), FWO grant G.0320.07 and the KUL PFV/10/016 SymBioSys to J.R.V. BAN is supported by KOLUMB fellowship from the Foundation for Polish Science.

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**FIGURE LEGENDS**

**Figure 1** Interchromosomal insertion. (A) Formation of the interchromosomal insertion. (B) Gamete production following independent pairing of the two sets of homolog.

**Figure 2** Intrachromosomal insertion. (A) Formation of the interchromosomal insertion. (B) Gamete production following a recombination between the sites of rearrangement.

**Figure 3** Balanced insertional translocations in nine balanced carriers. (A) FISH result with BAC clone RP11-809M12 showing translocation of 10q21.1. (B) FISH with RP11-98F19 probe showing translocation of 2q37.1 (C) FISH with RP11-679B20 showing intrachromosomal IT of region 19q13.12 (D) FISH with clone RP11-27N21 (red) showing translocated 8q21.13 and RP11-279K24 (green) indicating chromosome 5p15.2. (E) FISH with probe RP11-95M15 showing translocated region 6q23.3 (red), probe P308 (green) indicating centromere of chromosome 6 (F) FISH with RP11-13F20 (red) showing translocated region 4q22.3 and P63K5 (green) indicating chromosome 4qter (G) FISH result with whole chromosome painting probes for chromosome 6 (green) and 11 (red) (H) FISH with FAT5 probe (red) showing translocated region 11p14.3 and centromere probe (green) indicating chromosome 11 (I) FISH with clone RP11-131P10 (red) showing translocated 13q13.3 region and probe indicating centromeres of chromosomes 13/21 (green).

**Figure 4** Pedigree of the proband with a der(2)ins(1;2)(p<sup>13</sup>;q36.3q37.1) pat who comes from a family of six individuals with severe unexplained learning disability and dysmorphisms in two generations who had been repeatedly investigated over a 15 year period, with no abnormality found. A cryptic chromosomal rearrangement had always been highly suspected but not proven until genome wide 32k BAC array CGH analysis was available. Affected
family members showed similar facies of bitemporal narrowing, prominent jaw and abnormal palmar creases. In addition to the proband, array analysis revealed an interstitial, 2.1 Mb loss in 2q36.3q37.1 in each of three affected family members. The unaffected parent of each person carried a cryptic balanced 1:2 insertional translocation of 2.1 Mb of 2q36.3q37.1 into 1p13. Carrier testing has been carried out in nine healthy family members, and in one an asymptomatic duplication of 2q36.3q37.1 was noted. One prenatal FISH analysis was performed and also revealed a duplication of 2q36.3q37.1, but because the aunt of this unborn child was an asymptomatic carrier of the same imbalance, the parents were reassured and continued the pregnancy. Apart from stressing the importance of being able to specifically test family members who are at risk of being a carrier of such a balanced insertional translocation, this family also exemplifies how large the difference can be between the clinical consequences of a loss versus a gain of the same chromosomal region.
Table 1 Summary of the results from five Medical Centers from genome wide array and FISH analysis

<table>
<thead>
<tr>
<th>Medical Center</th>
<th>Index patients referred for array analysis</th>
<th>Interstitial apparently de novo CNVs (recurrent CNVs)</th>
<th>Number of CNVs tested by FISH</th>
<th>Insertional translocations identified in one of the parents</th>
<th>Parental karyotype</th>
<th>Size of translocated fragment</th>
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<tr>
<td>Center for Human Genetics, K.U. Leuven</td>
<td>3 408</td>
<td>208 (25)</td>
<td>168</td>
<td>46,XY, ins(2;10)(q34;q21.2q21.3)</td>
<td>46,XY, ins(2;10)(q34;q21.2q21.3)</td>
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<td>Radboud University Nijmegen Medical Centre</td>
<td>5 209</td>
<td>236 (54)</td>
<td>91</td>
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<td>2.1 Mb</td>
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<td></td>
<td></td>
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<td>46,XY, ins(6;11)(p12;p14.3p13)</td>
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<td>118</td>
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<td>771 (144)</td>
<td>477</td>
<td>477</td>
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</table>
A normal balanced deletion duplication
A

[Diagram showing a normal Balanced Deletion Duplication process]

B

[Diagram showing a normal Balanced Deletion Duplication process]

normal  balanced  deletion  duplication
46,XY.ish ins(2;10)(q34;q21.2q21.3)
46,XY.ish ins(1;2)(p13;q36.3q37.1)
46,XX.ish ins(19)(q13.3q13.11q13.12)
46,XY.ish ins(5;8)(q33;q21.12q21.13)
46,XX.ish ins(6)(q25.3;q23.3q23.3)
46,XY.ish ins(14;4)(q13;q22.3q24)
46,XY.ish ins(6;11)(p12;p14.3p13)
46,XY.ish ins(6;11)(p11;p14.3)
46,XX.ish ins(12;13)(q2.3;q13.3q13.3)