

2 **Morphometrics and stable isotopes**
differentiate populations of Northern

4 **Wheatears (*Oenanthe oenanthe*)**

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34 **Abstract**

36 Linking events of breeding, wintering and stopover areas has important ecological
37 and conservation implications for migratory species. To find a tool to connect these
38 different events in a long-distance migrating songbird, the Northern Wheatear
39 *Oenanthe oenanthe*, we applied a discriminant analysis based on morphometrics and
40 analysed stable isotope values ($\delta^{13}\text{C}$, $\delta^{15}\text{N}$, δD) in feathers. Morphometric differences
41 were additionally analysed with respect to wing shape as an adaptation to migration
42 routes. Discriminant analysis separated 100% a group of long-winged migrants
43 passing the German offshore island of Helgoland from Icelandic and Norwegian
44 breeding birds, as well as from Northern Wheatears passing the Baltic Sea coast on
45 migration. This clear assignment suggests a Greenlandic origin of these long-winged
46 Northern Wheatears. The most likely Greenlandic origin was further supported by
47 depleted δD values in feathers of these birds grown at the breeding grounds. We
48 found a relatively high proportion of presumed Greenlandic birds on Helgoland and
49 especially on Fair Isle (Scotland) during spring migration. Morphometric differences
50 were based mainly on wing morphology and could be successfully connected with
51 migration routes. Presumed Greenlandic Northern Wheatears showed more pointed
52 wings than birds from other European breeding areas. Such wings might be natural
53 selection's solution for the long obligatory non-stop-flights during the Atlantic
54 crossings.

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Keywords: Northern Wheatear; population differentiation; stable isotopes;

56 morphometrics; wing shape

58 **Zusammenfassung**

Differenzierung von Populationen des Steinschmätzers (*Oenanthe oenanthe*)

60 **mittels Morphometrie und Stablen Isotopen**

Für ziehende Tierarten hat der Zusammenhang von Ereignissen in Brut-, Winter- und
62 Rastgebieten wichtige Konsequenzen für ökologische Aspekte und den
Artenschutz. Um im Falle eines typischen Langstreckenziehers, des
64 Steinschmätzers (*Oenanthe oenanthe*), ein Werkzeug zu finden, um Ereignisse in

den verschiedenen Aufenthaltsgebieten verbinden und verschiedene Populationen
66 ansprechen zu können, haben wir eine Diskriminanzanalyse aufgrund von
morphometrischen Daten durchgeführt und Stabile Isotope ($\delta^{13}\text{C}$, $\delta^{15}\text{N}$, δD) aus Federn
68 analysiert. Morphometrische Unterschiede wurden zusätzlich in Hinsicht auf Adaption
der Flügelform aufgrund verschiedener Zugrouten untersucht. An Hand der
70 Diskriminanzanalyse ließ sich eine Gruppe von besonders langflügeligen
Durchziehern auf Helgoland vollständig sowohl von Isländischen und Norwegischen
72 Steinschmätzern unterscheiden, als auch von Steinschmätzern, die auf dem Zug an
der baltischen Ostseeküste erscheinen. Diese klare Abgrenzung lässt einen
74 Grönländischen Ursprung dieser langflügeligen Steinschmätzer vermuten. Eine
Vermutung, die weiterhin durch deutlich abgereicherte δD Werte in Federn, die im
76 Brutgebiet gewachsen waren, unterstützt wird. Wir fanden während des
Frühjahrszuges einen relativ hohen Anteil an vermutlich Grönländischen Vögeln auf
78 Helgoland und besonders auf Fair Isle (Schottland). Morphometrische Unterschiede
basierten hauptsächlich auf Unterschieden in der Flügelform und konnten mit den
80 unterschiedlich Anforderungen während des Zuges in Verbindung gesetzt werden.
Steinschmätzer mit vermutlich Grönländischen Ursprung zeigten spitzere Flügel als
82 Vögel von anderen Europäischen Brutgebieten. Diese Flügel scheinen das Ergebnis
natürlicher Selektion innerhalb dieser Population zu sein, die besonders lange
84 nonstop Flüge zur Überquerung des Nordost-Atlantiks bewältigen muss.

86

Introduction

88 The establishment of migratory connectivity or the linking of breeding, wintering and
stopover sites in migrating birds is an important component of conservation and
90 essential to understanding population regulation. This area of investigation
traditionally depended on ring recoveries since the beginning of the last century (e.g.
92 Alerstam 1990; Andersson *et al.* 2001; Bairlein 2001; Fransson 1995). The use of
satellite tracking methods are, so far, restricted to larger birds (e.g. Fuller *et al.* 1998;
94 Hake *et al.* 2001; Martell *et al.* 2001) and therefore, hardly applicable for passerines,
while geolocators now have reached a size applicable for songbird migration studies
96 (Stutchbury *et al.* 2009). Within the last two decades new methods have become
available including genetic markers (e.g. Haig *et al.* 1997; Wenink and Baker 1996;
98 and stable isotope compositions to reveal migratory connectivity (reviewed by
Hobson and Wassenaar 2008). The stable isotope approach is based on the fact that
100 the stable isotope composition of a consumer reflects its diet and that for certain
elements stable isotope values in foodwebs show geographical variation (Hobson
102 and Wassenaar 2008). Since many migrating birds like the Northern Wheatear
(*oenanthe oenanthe*) moult at least part of their feathers at the breeding grounds, the
104 analysis of these feathers collected during migration or wintering could give valuable
information on the breeding origin of the sampled birds. Previous studies have shown
106 that both δD and $\delta^{13}\text{C}$ values in bird feathers varied over a latitudinal gradient in North
America (Chamberlain *et al.* 1997, Hobson and Wassenaar 1997). For δD , it is
108 evident that such patterns found in bird feathers vary with the values for the
geographic distribution of δD in precipitation both in North America and Europe and
110 thus may serve as useful tool to track the approximate origins of migratory birds on

these and other continents (Kelly *et al.* 2002; Marquiss *et al.* 2008; Rubenstein *et al.*
112 2002).

Beside these recent techniques, traditional analysis of morphometric
114 parameters can be used as a good predictor for migration distance (Leisler and
Winkler 2003). Morphometric data have uncovered evolutionary traits of adaptation,
116 which can be used to assign single birds to their breeding area. A well known
example is the evolution of wing morphometry: For example long-distance migrating
118 birds developed more pointed wings than closely related sedentary species (e.g.
Alerstam 1990; Kipp 1958; Kipp 1959; Lockwood *et al.* 1998; Mönkkönen 1995). For
120 different bird populations, wing morphology has also proven useful in studies of
migratory connectivity, providing geographical segregation of morphotypes (Jenni
122 and Jenni-Eiermann 1987; Ramos and Warner 1980; Tellería and Carbonell 1999;
Tellería *et al.* 2001).

124 A combination of ring recoveries, stable isotope and trace element analyses,
molecular markers and morphometric data often reveals a satisfying resolution to
126 explain migratory movements of species, subspecies or even single populations
(Bensch *et al.* 1999; Boulet *et al.* 2006; Boulet and Norris 2006; Gómez-Díaz and
128 González-Solís 2007; Mazerolle *et al.* 2005). We, therefore, combined stable isotope
analyses with morphometric data to analyse the pattern of migratory connectivity of
130 Northern Wheatears. The Northern Wheatear is a long-distance migratory passerine
with an almost circumpolar distribution (Cramp 1988) that winters mainly in Africa
132 South of the Sahara.

One focus of our study was to clarify the origin of Northern Wheatears passing
134 the German offshore island Helgoland with a special focus on a group of very long-
winged Northern Wheatears passing the island every spring (Dierschke and Delingat
136 2003). Secondly, we applied a discriminant analysis to investigate potential

separation of Northern Wheatears from Icelandic, Scandinavian, Northeast European
138 and presumably Greenlandic breeding sites and to subsequently assign Northern
Wheatears from different stopover sites in Europe to these geographic breeding
140 ranges. We expected that differences in wing morphology between these breeding
populations should show some adaptation to specific migration routes. For Northern
142 Wheatears from Greenland and Iceland we hypothesize wing morphometry to be
adaptive to long sustained flights and thus expect more pointed wings than in
144 continental populations.

We expected geographical variation in δD of Northern Wheatear feathers with
146 a resolution related to latitude with high-latitude populations showing more depleted
feather δD values (Bowen et al. 2005) and less variability in $\delta^{13}C$ and $\delta^{15}N$ values of
148 Northern Wheatear feathers with the possible exceptions of differential influence of
access of birds to marine-influenced foodwebs in coastal populations (Hobson 1999,
150 Yerkes et al. 2008).

152 **Study species and methods**

The Northern Wheatear has been sub-classified among eight “races” (Portenko 1954
154 in Panov 2005). For the Palaearctic breeding range there are currently four
recognized races: *O. o. oenanthe*, *O. o. libanotica*, *O. o. leucorhoa* and *O. o.*
156 *seebohmi* (Cramp 1988, Conder 1989; Panov 2005) that can be distinguished partly
by plumage coloration and morphometric differences such as wing length, but
158 overlap in these traits (Svensson 1992). In this study we focused on two subspecies:
1) the nominate form *O. o. oenanthe* breeding from Northwest Europe through
160 Siberia, Alaska and Northwest Canada and as far South as Spain and the Balearic
Islands (Conder 1989), and 2) the Greenlandic subspecies *O. o. leucorhoa* breeding

162 from Northeast Canada and Baffin Island eastwards through Greenland, Iceland and
Jan Mayen Island (Godfrey 1986). While *O. o. leucorhoa* winters in West Africa from
164 Senegal to Mali, *O. o. oenanthe* has a broader winter distribution from Arabia and
East Africa to West Africa South of the Sahara (Cramp 1988). Both subspecies meet
166 at European stopover sites during migration (Dierschke and Delingat 2001; Taylor et
al. 1999).

168 The Northern Wheatear shows a pronounced sexual dimorphism with females
having shorter wings than males (Svensson, 1992). This complicates a simple
170 assignment of migrants to their breeding grounds based on wing lengths when a
bird's sex is unknown (as for most juveniles during autumn migration). We therefore
172 determined sex genetically in some first-year birds that were sampled on their first
autumn migration. For genetic sexing we extracted DNA from either blood or feathers
174 and followed roughly the protocol from Fridolfsson and Ellegren (1999).

176 **Data collection**

Morphometric data

178 Northern Wheatears were trapped at several breeding and stopover sites in Europe
(Table 1). Morphometric measurements for all birds presented in this study were
180 taken by the authors JD, VD or HS and measurements between these ringers were
calibrated. We measured wing length (max. wing chord method 3, Svensson 1992)
182 and the 7 distal-most primary feathers following Svensson (1992), excluding the first
vestigial feather (called P2-P8 hereafter). Feathers were numbered from distal to
184 proximal. At Ventotene, Wilhelmshaven, Gibraltar and Fair Isle, we measured
additionally P9 and P10. We also measured tarsus (method B with bent tarsus,
186 Svensson 1992), bill to skull and tail length in all birds. For tail measurements, we
used the same approach as for primary length measurements with a small pin fixed

188 at zero on the ruler. We inserted the pin between the two inner tail feathers. The tail
feathers were straightened out at the ruler and the bird's body was held in an angle
190 to the ruler so that a maximum tail length could be measured.

We aimed to define four geographic groups of Northern Wheatears based on the
192 following discrimination traits:

a) Presumed Greenlandic birds which consisted of Northern Wheatears passing
194 Helgoland during spring migration in the years of 1999 and 2002. We
regularly found Northern Wheatears passing Helgoland with wing length
196 exceeding those of average Icelandic birds by far (Iceland males: mean wing
= 103.5 mm, n = 29; females: mean wing = 100.0 mm, n = 26; this study) and
198 assume that these very long-winged birds originate from Greenland following
data from Salomonsen (1934) and Ottoson et al. (1990). To find an objective
200 way to group these "long-winged" Northern Wheatears at Helgoland and to
separate these birds in a discriminant analysis from birds of other North
202 European breeding areas, we used a hierarchical cluster analysis for all
migrants from Helgoland and for each sex separately. Variables used for the
204 cluster analysis (wing, P2-P8, tarsus, tail and bill) were z-transformed.
Squared Euclidian distance was used as a distance measurement and the
206 "Ward method" as a clustering algorithm (Backhaus et al. 1990). Testing other
algorithms such as complete-linkage and average-linkage resulted in identical
208 or very similar clusters. In both sexes we found two clusters containing two
sub clusters each. We chose the sub cluster including birds with longest
210 wings (males: 104.5-109.5mm, mean 106.6, n = 18; females: 101.5-107;
mean = 103.8; n = 19) as the suspected Greenlandic cluster (hereafter
212 "presumed Greenland"). This group of presumed Greenlandic birds was

compared with the three following groups of North European Northern
214 Wheatears in a discriminant analysis.

- b) Icelandic birds trapped at the end of the breeding season in Iceland,
- 216 c) Scandinavian birds trapped at the end of the breeding season in North
Norway,
- 218 d) Birds passing the Baltic Sea coast at the Biological station Rybachy, Russia,
during autumn migration (hereafter “Baltic Sea coast”); these birds were
220 analysed as representatives for Northeast European populations which pass
this area and partly mix with Fennoscandian birds.

222 The group of presumed Greenlandic and Icelandic birds represents Northern
Wheatears of the subspecies *O. o. leucorhoa* while birds from Norway and the Baltic
224 Sea Coast belong to the nominate form *O. o. oenanthe* (Cramp 1988).

Morphometric data within each group were normally distributed and homogeneity of
226 covariance matrices was confirmed by a Box *M* test. Groups were weighed according
to sample size. To compare relative importance of different variables we calculated
228 mean discriminant coefficients following Backhaus et al. (1990).

A discriminant analysis with four groups leads to three discriminant functions,
230 each of which helped to discriminate between the four groups. After establishing
these three discriminant functions for each sex separately we used the discriminant
232 functions to assign birds that were trapped during migration to one of the four groups,
which we presumed reflected their breeding origin. We also calculated for each case
234 the likelihood to belong to either of the groups. When assigning birds to geographical
regions of origin, we accounted only for such birds that could be assigned to any of
236 the four groups by a likelihood of more than 70 %.

To further unravel morphometric differences between our four geographic
238 regions, as revealed by the discriminant analyses, we investigated Northern

Wheatear wing shape. In order to tackle the problem of allometry and to consider
240 wing-shape parameters independently of different wing size, which is undoubtedly
pronounced in Northern Wheatears, we used wing shape indices developed from a
242 size-constrained component analyses developed for 244 bird species by Lockwood
et al. (1998). In this study the authors used size-constrained component analyses to
244 derive two characteristic components of wing morphometry, each independent of
isometric size. Precisely, these characteristic wing shape components are C2
246 (nominated after Lockwood et al. 1998), which is an index for wing pointedness, with
smaller C2 values denoting more pointed wings. The second characteristic trait, C3,
248 reflects wing convexity, with higher values indicating more convex wings.

Both C2 and C3 indices were based on measurements of primary feather
250 length P2-P9. To compare wing shape indices of different populations of Northern
Wheatears, we used the above-described discriminant analyses based on
252 morphometric data to assign birds to any of the four groups: Iceland, Norway, Baltic
Sea coast and presumed Greenland and subsequently calculated C2 and C3 directly
254 from the formulae given in Lockwood et al. (1998) for each bird within each group.
We applied nonparametric Kruskal-Wallis tests for comparisons between groups and
256 Nemenyi test (Sachs 1984) for subsequent pairwise comparisons.

258 **Stable isotope analyses**

Northern Wheatears undergo a complete post-breeding moult at the breeding area
260 (Jenni and Winkler 1994; Larson and Hobson 2009) and so tail feathers collected at
any stage in the annual cycle were expected to reflect the isotope composition at the
262 breeding grounds. Here we focus on the second outermost tail feather to detect
putative isotope differences of geographically distinct breeding populations.

264 We analysed tail feathers collected from Northern Wheatears at Iceland and
Fair Isle during the breeding season and at the Baltic Sea coast during autumn
266 migration and at Helgoland during both autumn and spring migration (Table 1). At
Helogland we intended to sample tail feathers of Northern Wheatears with wings
268 longer than mean wings of Icelandic birds (males: > 103.5 mm, females > 100mm) to
see whether these long-winged birds differed from Icelandic breeding birds in their
270 isotope composition. Depending on season and year the amount of such long winged
birds varies between 6-25 % of females and 3-18% of males caught per sampling
272 season. In detail, the analysed feathers were sampled from females with wing length
of 103-107 mm and males with wing length of 105-108 mm.

274 From the stopover site at the Baltic Sea Coast, we chose feathers from long-
winged females (wings: 97.5-100 mm), which can be barely distinguished from
276 Icelandic birds by wing length. We assumed an eastern origin of these females,
which may have longer wings than Scandinavian females (Glutz and Bauer 1988).

278 Stable isotope analysis was carried out at the Stable Isotope Hydrology and
Ecology Lab, National Water Research Institute Canada, using methods described
280 elsewhere (Wassenaar and Hobson, 2003; Wassenaar, 2008). All values are
expressed in the typical delta notation in units per thousand (‰) deviations from
282 international standards. International standards were Vienna standard mean ocean
water (SMOW for δD), Vienna Peedee belemnite (VPDB, for ^{13}C) and atmospheric N_2
284 (AIR for ^{15}N). All δD values corresponded to nonexchangeable H (Wassenaar and
Hobson 2006). We compared groups by Kruskal Wallis and subsequent pairwise
286 Nemenyi test (Sachs, 1984) to find differences in stable isotope values between
groups.

288 To judge the most likely origin of the long-winged Helgoland migrants, we
compared our measured feather δD values with those expected for feathers grown in

290 Iceland, Greenland and North Scandinavia based on precipitation data. We obtained
monthly precipitation δD values from Greenland (hypothetical location of 70.8°N
292 22.6°W), Iceland (weighted average for 65.53°N 17°W and 63.43°N and 20.28°W
according to sample size) and North Scandinavia (hypothetical location at 69°N
294 24°E) available from Bowen (2009) at
http://wateriso.eas.purdue.edu/waterisotopes/pages/information/oipc_info.html. After averaging
296 mean precipitation δD for May through August for each location we applied the
feather vs. precipitation regression from Bowen et al. (2005) (growing season data
298 from Europe) and Clark et al. (2006) to calculate expected feather δD values, based
on European and North American datasets, respectively.
300 Statistical analyses were carried out with SPSS 15.0 (SPSS 2006) unless specified
otherwise.

302

Results

304

Morphometric data

306 Discriminant analyses comparing breeding birds from Norway, Iceland, presumed
Greenland and migrants from the Baltic Sea coast allows us to classify 96% of all
308 males and 87% of all females correctly (Fig.1). For both sexes, all three discriminant
functions contributed significantly to the discrimination between the four groups
310 (Table 2). For both males and females over 90% of the variance was explained by
the first two discriminant functions.

312 Discriminant Function 1, which explained most of the variance between groups
(68% and 65%, for males and females respectively), formed two groups:
314 Norway/Baltic Sea coast and Iceland/presumed Greenland, and thus mainly

distinguished subspecies (Table 2, Fig. 1). High eigenvalues, high correlations of
316 discriminant values with group membership and low values for Wilk's Lambda (λ)
were found (Table 2). In females, mean discriminant coefficients showed that P7
318 (mean coefficient = 0.856) was most important for the discrimination followed by P4
(0.624) and wing length (0.514). P5 (0.115) was of least importance for the
320 discrimination. The first two discriminant functions in females were:

$$F1 = 0.157 \cdot \text{wing} + 0.089 \cdot P2 + 0.028 \cdot P3 + 0.178 \cdot P4 + 0.069 \cdot P5 - 0.233 \cdot P6 + 0.360 \cdot P7 - 0.095 \cdot P8 + 0.375 \cdot \text{tarsus} - 0.119 \cdot \text{tail} + 0.511 \cdot \text{bill}$$

322

$$F2 = -0.376 \cdot \text{wing} + 0.231 \cdot P2 - 0.116 \cdot P3 + 0.798 \cdot P4 - 0.182 \cdot P5 + 0.354 \cdot P6 - 0.971 \cdot P7 + 0.176 \cdot P8 + 0.099 \cdot \text{tarsus} - 0.237 \cdot \text{tail} + 1.253 \cdot \text{bill}$$

324

In males, P6 contributed the most to the discrimination between groups with a
326 mean discriminant coefficient of 0.726, followed by wing length (0.701) and P4
(0.489). Bill length was of least importance with a coefficient of 0.190. In males the
328 first two functions were as follows:

$$F1 = 0.245 \cdot \text{wing} + 0.207 \cdot P2 - 0.102 \cdot P3 + 0.099 \cdot P4 - 0.181 \cdot P5 + 0.462 \cdot P6 + 0.251 \cdot P7 - 0.265 \cdot P8 + 0.414 \cdot \text{tarsus} - 0.117 \cdot \text{tail} + 0.018 \cdot \text{bill}$$

330

$$F2 = -0.585 \cdot \text{wing} + 0.125 \cdot P2 + 0.293 \cdot P3 + 0.857 \cdot P4 + 0.238 \cdot P5 - 0.608 \cdot P6 - 0.455 \cdot P7 + 0.072 \cdot P8 + 0.497 \cdot \text{tarsus} - 0.168 \cdot \text{tail} + 0.908 \cdot \text{bill}$$

332 To further illustrate the morphometric differences in wing morphology of the
populations the different feather lengths for both sexes are listed in Table 3.

334 In both sexes, 100% of the presumed Greenlandic birds were classified
correctly and were not admixed with Icelandic birds or birds of any other origin. In
336 males, the Norwegian group and migrants from the Baltic Sea coast were more
difficult to distinguish. But they barely mixed with Icelandic and not at all with

338 presumed Greenlandic birds. In females, migrants from the Baltic Sea Coast were to
a small degree admixed with both Icelandic and Norwegian birds (Fig.1).

340 We used the discriminant function for both males and females to assign birds
on spring migration at different stopover sites (Gibraltar, Ventotene, Wilhelmshaven,
342 Helgoland and Fair Isle) to either of the four groups (Iceland, Norway, presumed
Greenland and Baltic Sea) with a correct assignment probability of more than 70%.

344 From South to North we found a clear difference in population composition at the
stopover sites in Gibraltar and Ventotene (Italy; Fig. 2). While the few migrants
346 passing Gibraltar seem to belong mainly to Icelandic and presumed Greenlandic
populations (both subspecies *O. o. leucorhoa*), birds passing Ventotene were clearly
348 of different origin, mainly belonging to northeastern European populations like those
passing the Baltic Sea coast and to a lesser degree Scandinavia. There was one
350 uncommon male bird in the Ventotene sample which was assigned to the Icelandic
population with a correct assignment probability of 79 %.

352 Further North at the coastal stopover site of Wilhelmshaven we found birds of
all four groups, but mostly belonging to the Norwegian and Baltic Sea group. There
354 were several birds (39%) which could not be assigned to either group with more than
70% probability; these birds showed a similar (high) probability to belong either to the
356 Baltic Sea or Norway group. At Helgoland, the proportion of presumed Greenlandic
birds increased, while the proportion of Icelandic, Norwegian and Baltic Sea birds
358 was similar to the coastal site at Wilhelmshaven. In migrants from Fair Isle, the
proportion of presumed Greenlandic birds was highest. Most birds passing Fair Isle in
360 mid-May were assigned to the assumed Greenlandic group, while few were assigned
to the Icelandic group. There was one bird assigned to the Baltic Sea Coast.

362 We also measured two males and 8 females breeding at Fair Isle, which were
assigned either to the Rybachy or to the Norwegian Group, none to the Icelandic /

364 Greenlandic populations. Morphometric data therefore supported the hypothesis that
breeding birds from Shetland/ Fair Isle clearly belong to the nominate subspecies *O.*
366 *o. oenanthe* versus the arctic subspecies *O. o. leucorhoa*.

Concerning wing shape we found very similar patterns in males and females.

368 In both sexes, we found significant differences in C2 and in females also in C3
between the four groups, presumed Greenland, Iceland, Norway and Baltic Sea
370 Coast (Kruskal Wallis Test: males C2: $\chi^2 = 18.342$, $p < 0.001$; males C3: $\chi^2 = 2,409$, p
= 0,492; females C2: $\chi^2 = 37.257$, $p < 0.001$; females C3: $\chi^2 = 14,506$, $p < 0.01$),
372 graphically illustrated in Fig. 3. Results of pairwise comparisons and sample sizes are
presented in Table 4.

374 In both sexes, the presumed Greenlandic birds had significantly more pointed
wings (smaller C2) than all other groups, with an exception of Scandinavian males
376 that showed no significant difference to the presumed Greenlandic males. In both
sexes, the birds passing the Baltic Sea coast showed the less pointed wings and in
378 females they were significantly less pointed than Icelandic, Norwegian and presumed
Greenlandic birds. In males birds from Norway, Iceland and the Baltic Sea did not
380 differ significantly in their wing pointedness (Table 4 and Fig. 3).

Concerning wing convexity (C3) the populations showed less variety and
382 differences in males were not significant, while in females the birds from the Baltic
Sea Coast showed slightly more convex wings than the Norwegian birds (Table 4,
384 Fig. 3).

386 **Stable Isotopes**

Boxplots of feather δD , $\delta^{13}C$ and $\delta^{15}N$ values for birds from two breeding sites (Iceland
388 and Fair Isle) and two stopover sites (presumed Greenlandic birds from Helgoland
and Rybachy) are shown in Fig. 4.

390 Presumed Greenlandic migrants from Helgoland differed clearly in their isotope
values from Icelandic birds. For all three stable isotopes, we found significant
392 differences between the four groups (Kruskal Wallis H-Test: δD : $\chi^2 = 25.74$, $p < 0.001$;
 $\delta^{15}\text{N}$: $\chi^2 = 9.57$, $p < 0.05$; $\delta^3\text{C}$: $\chi^2 = 15.27$, $p < 0.01$, $n = 10$ per group). The feather δD
394 measurements of the presumed Greenlandic sample (mean: $-120 \pm 21\text{‰}$) was
consistent with such a high latitude origin and was significantly different from all other
396 samples which showed no further differentiation in feather δD (Fig. 4). Values of
feather δD confirmed the expected more depleted values for both the hypothetical
398 Greenlandic and North Scandinavian location compared with the Iceland population
(Table 5). Comparing feather δD values of our Icelandic feathers with the expected
400 feather δD we found slightly enriched values of -75‰ versus expected values of less
than -82‰ , while the depleted values of the presumed Greenlandic sample agreed
402 with both the expected values for Greenland and North Scandinavia, when applying
the regression after Bowen et al. 2005 (Table 5).

404 Although a Kruskal Wallis H-test showed significant differences between our four
locations for feather $\delta^{15}\text{N}$, the pairwise Nemenyi test was unable to detect significant
406 differences in feather $\delta^{15}\text{N}$ between pairs of locations, due to high variances in all
except the presumed Greenland sample. $\delta^3\text{C}$ values were useful to separate the
408 Icelandic samples from the Fair Isle birds and the Baltic Sea migrants (Fig. 4).

410 Discussion

For all three stable isotopes we expected some variance within populations due to a
412 variety of biotic and abiotic factors. For example, the general enrichment of the light
stable isotopes in marine food webs versus terrestrial or freshwater food webs is well
414 established (Chisholm *et al.* 1982; Hobson *et al.* 1997; Hobson 1999, Mizutani 1990).
Many birds at the breeding sites at Iceland and Fair Isle were trapped close to

416 beaches were they potentially could feed on marine arthropods like those observed
in Iceland or during migration at Helgoland, while they otherwise feed on terrestrial
418 insects. For the presumed Greenlandic and the Baltic Sea sample, we do not know in
what kind of habitats these birds fed during feather growth and thus cannot exclude
420 any marine influence. As a consequence feather $\delta^{15}\text{N}$ values showed high variability
in most populations and could not be used for a population differentiation in our case.

422 We found that variation in $\delta^{13}\text{C}$ values was less than in $\delta^{15}\text{N}$ and this isotope
discriminated between Icelandic Northern Wheatears and long-winged females
424 trapped on migration at the Baltic Sea coast and breeding birds from Fair Isle. These
differences were mainly based on the high variance in the Icelandic samples, which
426 might be connected with sampling areas around the freshwater lake Myvatn and
marine coastal feeding sites at the Vestmaneya islands. Since long-winged females
428 from northeastern European population might not be easily distinguished from
Icelandic females by morphometric data, $\delta^{13}\text{C}$ might be the tool of choice for their
430 differentiation in future.

Marine influences at the Vestmaneya islands may have resulted in the slightly
432 higher than expected feather δD values for the Icelandic sample (-75‰ vs. -82.6‰-
89.1‰, Table 5). Alternatively, our predicted values of May through August
434 precipitation ignores any potential inputs to the foodweb from snowmelt which are
typically depleted compared to precipitation. For the presumed Greenlandic sample,
436 the expected feather δD values we calculated using the Bowen et al. (2005) isoscape
were in excellent agreement between our measured values and those expected for
438 that area. However, examination of the isoscape pattern from the rest of Europe
cannot preclude putative origins from North Scandinavia to Northeast Europe.
440 However, the extreme wing length of these birds speaks clearly against
Scandinavian or Northeast European birds (Cramp 1988). Here, the combination of

442 morphometric data and feather δD analyses offers us valuable information on the
origin of migrating Northern Wheatears passing Helgoland and other stopover sites.

444 The morphometric data reveal considerable differences between the
investigated populations and can be used to differentiate populations and to reliably
446 assign most birds to one of the source areas by the presented discriminant analyses.

The investigated morphometric differences between populations are mainly caused
448 by a variation in wing shape, while tarsus and bill length was of minor importance.

Compared to the other populations Greenlandic birds (which have to cover long non-
450 stop flapping flights over water), show more pointed wings which presumably reduce
energy expenditure during flight due to reduced induced drag and optimized wingtip
452 vortices (e.g. Lockwood et al. 1998). The north Scandinavian and northeast

European Populations that pass the Baltic Sea Coast have to fly approximately
454 similar distances to their winter quarters but along less hazardous flyways with
multiple opportunities for frequent stopovers. We found thus strong support for the

456 general assumption that the evolution of wing morphology is adapted to migratory
challenges (e. g. Copete *et al.* 1999, Fiedler 2005; Leisler and Winkler 2003;
458 Lockwood *et al.* 1998; Marchetti *et al.* 1995; Mönkkönen 1995) and in our case not

only to the overall migration distance, but also to the distance of the obligatory non-
460 stop flight over the Northeast Atlantic. The selection pressure on wing shape
evolution produced a very similar pattern for males and females with the main
462 difference in female wings being less convex and thus providing less thrust during
flapping flight but with lower wing weight and inertia (Lockwood et al. 1998).

464 Based on the evolution of these morphological traits we have nowadays the
opportunity to differentiate populations by simple morphometric data like in the
466 presented discriminant analysis. In our example, it was evident that regions lacking
distinct geographical or ecological barriers like Scandinavia and the Baltic Sea coast

468 area, which is connected with the eastern breeding range of the Northern Wheatear,
presents a morphological gradient which partly hampered a clear differentiation of
470 birds. As a consequence, a typical range of overlap in morphometric patterns might
lead to low assignment probabilities in some birds or even wrong assignment, e.g.
472 the one bird at Ventotene assigned to the Icelandic population and the one bird at
Fair Isle assigned to the Baltic Sea Coast. Alternatively, such birds can be vagrants
474 (e.g. Dymond 1991). Here, an additional analyses of feather stable isotopes e.g. of
 $\delta^{13}\text{C}$ should increase the probability of the right assignment in future.

476 Since we analysed only four geographic regions, our discriminant analysis
could assign birds to only these origins, even if the birds in fact came from other
478 areas like the British Isles or central Europe. Including morphometric data from other
breeding sites might enable us to assign birds with a higher accuracy and should be
480 the task of future studies.

Nevertheless, applying the presented discriminant function allows us to assign
482 birds to a geographical area with a higher accuracy than previous studies which
assigned migrating Northern Wheatears to subspecies by wing length only (Delingat
484 *et al.* 2006; Dierschke and Delingat 2001; Dierschke *et al.* 2005; Schmaljohann and
Dierschke 2005). Assigning birds by the discriminant functions, we found evidence
486 that the populations migrating on the Southeast Baltic coast cross the Mediterranean
along the Italian coastline, while the northwestern populations including Scandinavian
488 birds, occur at the Strait of Gibraltar. Like in many other species of the European-
African migration system a migratory divide resulting in western and eastern flyways
490 around the Alps and the Mediterranean seems to exist for different Northern
Wheatear populations (e.g. Berthold 1993; Erni *et al.* 2005). In the case of the
492 Northern Wheatear, such a migratory divide can be expected somewhere in
Fennoscandia, but note that even breeding birds from northernmost Norway (Bakken

494 et al. 2006) seem to follow a route to SSW as do nominate birds from Helgoland (VD
unpubl. data) according to ringing recoveries.

496 We also found new information on the potential for the affiliation of the
Helgoland and Fair Isle migrants. Most of the migrants of the subspecies of *O. o.*
498 *leucorhoa* which were trapped at these stopover sites during spring migration were
not Icelandic Northern Wheatears as one might expect, but were assigned to the
500 presumed Greenlandic population. The correct assignment of these birds was
supported by the analyses of stable isotopes, that showed a clear difference between
502 this group and Icelandic birds especially in δD values. At Fair Isle we did not measure
birds over the complete migration period and therefore might have missed the
504 Icelandic birds. In contrast, at Helgoland, birds were trapped and measured over the
complete migration season in all study years and still showed a high proportion of
506 presumed Greenlandic birds during spring migration. We therefore assume that
because of the much larger Greenlandic source population, the likelihood of trapping
508 Greenlandic birds on migration is higher than trapping Icelandic birds. Finally, for
Greenlandic Northern Wheatears migrating from West Africa northward during spring,
510 a direct route from Spain to the southern tip of Greenland would imply a non-stop
flight of approximately 3000 km (Delingat et al. 2008). A detour along the European
512 continental coastline, the North Sea and eventually Norway would shorten the
obligatory non-stop flight over water and could thus save energy and time, which
514 would be required to deposit enough fuel for such a non-stop flight (Alerstam 2001).
This would explain why so many presumed Greenlandic Northern Wheatears can be
516 trapped at stopover sites along the eastern North Sea. By this detour, Northern
Wheatears would also avoid strong headwinds along the direct migration route over
518 the North Atlantic, where westerly winds prevail (Snow 1953). We, therefore, believe
that our assignment of migrants gives support to the hypothesis that Greenlandic

520 birds follow an extended detour migration route to avoid the crossing of the Atlantic
between the European and the American continents. The assignment of migrants
522 supports the picture of Northern Wheatear migration in Europe based on ring
recoveries (Bakken et al. 2006, Salomonsen 1967; Zink 1973) which shows first
524 indications of a loop migration especially for the Greenlandic Northern Wheatear
when choosing an easterly migration route during spring.

526 Our use of stable isotopes and morphometric data can now be used to shed more
light on previous discussions on the origin of migrating Northern Wheatears
528 previously based on wing length and plumage colouration only (Drost 1930, Handtge
and Schmidt-König 1958, Salzman 1930). Those previous studies already
530 suspected that some migrating Northern Wheatears at the European coast originated
from both Greenland and Iceland. Since our approach allows a quantification of
532 migrants from different origins trapped during stopover it will provide more detailed
insights into Northern Wheatear migratory connectivity ultimately linking breeding,
534 wintering and stopover sites.

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Bird trapping and measurements comply with the current laws of the country in which
546 they were performed.

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744 Table 1 Sampling locations for morphometric measurements and feather collection for stable isotope analyses at breeding areas and stopover sites

Location	Coordinates	Status	Date	Sample size for morphometric analyses	Sample size for stable isotopes
Iceland (Myvatn/Heimaey)	65° 32' N, 17° 0' W 63° 26' N, 20° 17' W	breeding	23.7.01-14.8.01	n _{males} = 29 n _{females} = 24	n = 10
Scotland (Fair Isle)	59° 32' N, 1° 39' W	breeding	5.5.02-27.5.02	n _{males} = 2 n _{females} = 8	n = 10
Scotland (Fair Isle)	59° 32' N, 1° 39' W	migrating	5.5.02-27.5.02	n _{males} = 10 n _{females} = 26	
Norway (Gamvik)	71° 05' N, 28° 13' E	breeding	22.6.99-2.7.99	n _{males} = 23 n _{females} = 19	
Germany (Helgoland)	54° 11' N, 7° 55' E	migrating	complete spring migration 99-02	n _{males} = 301 n _{females} = 280	n = 10
Germany (Wilhelmshaven)	53° 58' N, 8° 11' E	migrating	15.4.03-22.5.03 25.8.03-30.9.03	n _{males} = 32 n _{females} = 18	
Russia, Baltic Sea (Rybachy)	55° 05' N, 20° 44' E	migrating	28.8.00-14.9.00	n _{males} = 23 n _{females} = 28	n = 10
Italy (Ventotene)	40° 47' N, 13° 25' E	migrating	17.4.02-28.4.02	n _{males} = 32 n _{females} = 38	
Gibraltar	35° 57' N, 5° 36' W	migrating	15.9.01-24.10.01 3.4.02-13.4.02	n _{males} = 5 n _{females} = 1	

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764 Table 2: Results of discriminant analyses with morphometric data in males and females. For graphical illustration and sample size see Fig. 1.

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		Eigen value	Percent of variance	Canonical correlation	Wilk's Lambda	significance
males	Function 1	5.213	67.9	0.916	0.039	0.000
	Function 2	2.044	26.6	0.819	0.251	0.000
	Function 3	0.424	5.5	0.546	0.702	0.000
females	Function 1	3.932	64.6	0.893	0.050	0.000
	Function 2	1.608	26.4	0.785	0.248	0.000
	Function 3	0.544	8.9	0.594	0.684	0.000

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770 Table 3: Mean feather length ± standard deviation for each primary feather (P2- P8) that was integrated in the discriminant analyses. Sample size for each sex of each population is given in brackets.

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		presumed Greenland	Iceland	Norway	Baltic Sea
P2	males	79.0 ± 1.4 (18)	76.3 ± 2.2 (29)	71.7 ± 1.8 (23)	71.3 ± 1.7 (23)
	females	77.2 ± 1.4 (19)	73.4 ± 1.8 (24)	69.1 ± 1.7 (19)	70.1 ± 2.6 (28)
P3	males	81.0 ± 1.2 (18)	78.3 ± 1.9 (29)	73.7 ± 1.7 (23)	73.5 ± 1.8 (23)

	females	79.1 ± 1.4 (19)	75.4 ± 1.8 (24)	70.7 ± 1.5 (19)	72.6 ± 2.2 (28)
P4	males	81.2 ± 1.2 (18)	78.6 ± 1.8 (29)	74.2 ± 1.6 (23)	74.1 ± 1.7 (23)
	females	79.1 ± 1.5 (19)	75.7 ± 2.0 (24)	71.2 ± 1.4 (19)	72.8 ± 2.0 (28)
P5	males	76.8 ± 1.1 (18)	74.7 ± 1.8 (29)	70.1 ± 1.8 (23)	70.4 ± 1.8 (23)
	females	74.8 ± 1.2 (19)	72.0 ± 2.1 (24)	67.3 ± 1.4 (19)	69.3 ± 1.9 (28)
P6	males	70.4 ± 1.3 (18)	69.7 ± 1.7 (29)	64.4 ± 1.4 (23)	65.6 ± 1.5 (23)
	females	69.3 ± 1.1 (19)	67.3 ± 1.9 (24)	62.5 ± 1.5 (19)	64.8 ± 2.0 (28)
P7	males	67.4 ± 1.2 (18)	67.1 ± 1.6 (29)	61.6 ± 1.6 (23)	62.9 ± 1.4 (23)
	females	66.4 ± 1.1 (19)	64.7 ± 1.5 (24)	59.6 ± 1.4 (19)	62.3 ± 1.9 (28)
P8	males	65.6 ± 1.0 (18)	65.0 ± 1.7 (29)	60.2 ± 1.5 (23)	61.1 ± 1.7 (23)
	females	64.3 ± 1.3 (19)	62.7 ± 1.5 (24)	58.2 ± 1.2 (19)	60.2 ± 2.0 (28)

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778 Table 4: Summary of pairwise comparisons of wing shape indices between different groups of males (A) and females (B) after Nemenyi (1963) in Sachs (1984).

780 Significance levels for differences between groups are indicated, non significant (ns) noted where groups did not differ. C2 indicates wing pointedness and C3 wing

782 convexity after Lockwood et al. (1998). Under the diagonal results for C2 comparisons are given, above the diagonal results for C3.

784 A)

C3 \ C2	Presumed Greenland N = 7	Iceland N = 35	Norway N = 19	Baltic Sea N = 26
Presumed Greenland		ns	ns	ns
Iceland	P<0.05		ns	ns
Norway	ns	ns		ns
Baltic Sea	P<0.001	ns	ns	

786 B)

C3 \ C2	Presumed Greenland	Iceland N = 4	Norway N = 23	Baltic Sea N = 25
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	N = 13			
Presumed Greenland		ns	ns	ns
Iceland	P<0.01		ns	ns
Norway	P<0.01	ns		P<0.05
Baltic Sea	P<0.001	P<0.05	P<0.05	

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Table 5 Comparison of expected feather δD based on precipitation data and empirical feather δD of this study. Mean precipitation δD from May to August were downloaded from Bowen (2009) for Iceland (weighted average for two locations according to our sample sizes and sampling locations) and two hypothetical locations on East Greenland and North Scandinavia. Feather δD for these three locations were calculated using regression of feather vs. precipitation δD following either Bowen et al. (2005) (growing season data for Europe) or Clark et al. (2006).

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	Mean precipitation δD	Expected feather δD after Clark et al. 2006	Expected feather δD after Bowen et al. 2005	Mean feather δD in this study
Iceland	-64‰	-82.22‰	-89.12‰	-75‰
Greenland	-88‰	-103.34‰	-119.84‰	-120‰
North Scandinavia	-86‰	-101.58‰	-117.28‰	

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Fig. 1 Results of discriminant analyses based on morphometric data for males and
806 females. Each bird is mapped according to the calculated value for the first and
second discriminant function. Equations for discriminant functions are given in the
808 text

810 **Fig. 2** Affiliation of migrating Northern Wheatears trapped at different stopover sites
in Western Europe after applying the discriminant analyses based on morphometric
812 data. The black arrow indicates the trapping location in Rybachy at the Baltic Sea
Coast.

814

Fig. 3 Size constrained components of wing shape based on measurements of P2-
816 P9 (Lockwood et al. 1998) for male and female Northern Wheatears from four
different geographic regions. Decreasing C2 values indicate increasing wing
818 pointedness. C3 increases with wing tip convexity

820 **Fig. 4** Boxplots showing the 5%, 25%, 50%, 75 % and 75 % percentiles and outliers
of stable isotope analyses of δD , $\delta^{15}N$ and $\delta^{13}C$ in tail feathers of Northern Wheatears.

822 Sample size for each location is 10