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Glutamatergic pre-ictal discharges emerge at the transition to seizure in human epilepsy

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ABSTRACT

Mechanisms involved in the transition to an epileptic seizure remain unclear. We studied this question in tissue slices from human subjects with mesial temporal lobe epilepsies. Ictal-like discharges were induced in the subiculum by increasing excitability together with an alkalinization or low Mg^{2+} . During the transition, distinct pre-ictal discharges emerged concurrently with interictal events. Intracranial recordings from the mesial temporal cortex of epileptic subjects revealed similar discharges before seizures were restricted to seizure onset sites. In vitro, pre-ictal events spread faster, have a larger amplitude and a distinct initiation site than interictal discharges. They depend on glutamatergic mechanisms and are preceded by pyramidal cell firing, while interneuron firing precedes interictal events which depend on both glutamatergic and depolarizing GABAergic transmission. Once established, recurrence of these pre-ictal discharges triggers seizures. Thus the subiculum supports seizure generation and the transition to seizure involves a novel, emergent glutamatergic population activity.

INTRODUCTION

Epilepsy is a dynamic disease where ictal events, the clinical manifestation of the pathology, paroxysmally interrupt an interictal state. In EEG records, interictal events are synchronous neuronal discharges of duration tens of milliseconds, while ictal events, or seizures, are patterned discharges that last for several tens of seconds. Interictal discharges reflect pathologic changes in an epileptogenic brain ^{1, 2}, but it is unclear whether they trigger or prevent ictal-like activities ³. The biological basis of the transition from the interictal state to a seizure, or ictogenesis, is poorly understood although seizure onset seems to be preceded by subtle clinical, metabolic and electrical changes ⁴.

Different mechanisms and even different neuronal populations may be involved in the genesis of interictal and ictal-like events in the epileptic temporal lobe. In vitro data suggests that interictal events are generated in the CA3 region while seizures may emerge from the entorhinal cortex ^{5, 6}. Interictal population bursts depend on functionally excitatory signaling ^{5, 7}. Depolarizing responses to GABA may be involved in the genesis of ictal events since several convulsants trigger strong interneuron firing and the enhanced GABA release ⁸ could switch responses towards depolarization ^{9, 10, 11}. Changes in excitatory synaptic mechanisms may also be involved in the transition to seizure-like activity ^{12, 13}. Several studies suggest that the initiation, properties and propagation of population activities generated by epileptic networks are modified before ictal-like activity is initiated ¹⁴⁻¹⁶.

In much of this work, ictal-like activity has been induced by applying convulsants to healthy tissue slices. This approach may miss some aspects of the disease because an epileptic brain differs from healthy tissue. Synaptic connectivity is changed, glial cells are activated and the expression of voltage-gated and transmitter operated channels alters. Another change is an alteration in Cl⁻ homeostasis in tissue from persons with pharmacoresistant temporal lobe epilepsies. The neurotransmitter GABA has depolarizing effects ¹, due in part on a reduced expression of the K-Cl co-transporter KCC2 as well as persistent activity of its counterpart NKCC1 ², which contribute to interictal-like activity generated by the subiculum.

In this study, we explored the transition from the interictal state to ictal-like activity in the subiculum of humans with mesial temporal lobe epilepsy. Seizures were induced in slices of this tissue by combining alkalosis or low Mg²⁺ with an increase in cellular excitability. During the transition to ictal-like discharges both in slices and in situ, we detected a novel form of population activity- pre-ictal population bursts. These larger amplitude synchronous events co-exist with interictal events. They are mediated by glutamatergic signaling and are preceded by pyramidal cell firing while interneuron discharges consistently precede interictal events which depend on both GABAergic and glutamatergic signaling. Pre-ictal discharges involve more cells and spread faster than do interictal events. Their emergence just before

ictal-like events raises the possibility that they may be involved in ictal initiation. Indeed, the ability of electrically induced pre-ictal discharges to trigger seizures at their onset sites further supports this hypothesis.

RESULTS

Induction of ictal-like events in the epileptic subiculum.

The subiculum generated a spontaneous interictal-like activity in all experiments^{1, 2}. This activity was transformed into ictal-like discharges in 95/121 slices from 33/42 subjects, by combining two pro-convulsant stimuli (**Fig. 1**). They combined (**Supplementary Table**): stimulus 1) a change of extracellular K^+ from 4 to 6—8 mM ($n=31$ epileptic subjects) or a reduction of external Ca^{2+} and Mg^{2+} from 2 to 0.5 mM ($n=11$) with, stimulus 2) a reduction of external Mg^{2+} to 0.25 mM ($n=20$) or an external alkalinisation imposed by increasing HCO_3^- from 25 to 65—85 mM with a concomitant reduction in NaCl to 85—65 mM ($n=22$). Treatments with single convulsants including 4-AP ($n=4$), bicuculline ($n=4$), high K^+ ($n=4$) or zero Mg^{2+} ($n=4$) were ineffective.

Ictal discharges were recorded from a region of $\sim 2 \times 8$ mm in the subiculum. They propagated towards, but not into, the sclerotic CA1 region and the presubiculum (**Fig. 1a**). Ictal-like activity was not recorded from the dentate gyrus, CA3 region or entorhinal cortex although multi-unit activity in these areas was increased by the convulsants.

The mean duration of ictal-like events was 20.7 ± 1.7 seconds (95% confidence interval, CI: [19.9—21.5], $n=16$). It was similar for different convulsants: high- HCO_3^- / high- K^+ (21.4 ± 9.4 s, median=18.21, range [14.8—39.8], $n=6$), high- HCO_3^- / low- Ca^{2+} - Mg^{2+} (19.8 ± 7.0 s, median=20.1, range: [12.2—27.7], $n=6$) and low- Mg^{2+} / high- K^+ (20.9 ± 6.7 s, median=18.2, range: [16.0—31.1], $n=4$) (no significant difference, Kruskal-Wallis variance analysis: $\chi^2(2)=4.16$, $P=0.12$). Once initiated, ictal-like events recurred as long as the convulsant solution was perfused. The mean interval between them was 121.1 ± 5.2 s (95% CI: [118.5—123.7], $n=15$). Exclusive interictal-like activity was restored when the convulsant solution was withdrawn.

Ictal-like field potentials were similar to intracranial EEG records of mesial temporal lobe seizures in humans^{17, 18} and animals¹⁹. In slices from 20 individuals they consisted of recurrent rhythmic bursts of frequency 3.7 ± 0.1 Hz (95% CI: [3.6—3.7]). In slices from 9 subjects, seizure onset involved an initial fast, low-voltage activity (duration 4.1 ± 0.2 seconds (median=4.4, range: [1.6—7.3], $n=8$), mean frequency of multiunit activity 268.3 ± 2.6 Hz (median=275.1, range: [138.9—370.5], $n=8$) which evolved into rhythmic bursts (**Fig. 1b**).

Ictal-like discharge pattern did not depend on the convulsant. Alkalinization was associated with rhythmic bursts in 65% and with low voltage fast activity in 35% of experiments ($n=17$). In low- Mg^{2+} experiments, rhythmic bursts were observed in 75% and low-voltage fast activity in 25% of cases (corrected $\chi^2=0.03$, $P=0.86$). In tissue from 3 persons, similar patterns of ictal-like activity were induced by either low- Mg^{2+} or alkalinization, together with an increased K^+ (data not shown).

Pre-ictal discharges precede ictal-like events in vitro.

Ictal-like events were preceded by recurring population events of larger amplitude than interictal discharges (IID) (**Fig. 1b**). These pre-ictal discharges (PID) recall 'hypersynchronous' EEG events that precede intracranially recorded temporal lobe seizures^{17, 18}.

PID recurred during 12.2 ± 1.5 seconds (95% CI: [11.4—13.0], $n=15$) before ictal-like events. Their mean frequency was 2.3 ± 0.2 Hz (95% CI: [2.2—2.4], $n=13$). PID preceded seizure initiation in 7/7 low voltage fast activity onset and 12/15 rhythmic burst onset ictal patterns, recurring for a similar period at similar frequency (non parametric Spearman correlation, $n=15$ seizures, $\rho=-0.09$, $p=0.76$ and $n=13$ seizures, $\rho=-0.60$, $p=0.4$ respectively). PID were easily distinguished from the onset of seizures with fast low-voltage activity. Changes in burst frequency and shape usually permitted them to be distinguished from the start of ictal-like events consisting of rhythmic bursts although their onset could be more progressive. These data show that ictal-like activities are generated by the subiculum and preceded by specific pre-ictal events.

In situ records of pre-ictal discharges.

We searched for similar events in intracranial EEG records from the mesial temporal lobe²⁰ of persons with epilepsies associated with hippocampal sclerosis. Scalp recordings do not sample activity from these regions unless they propagate to the lateral neocortex. In all 5 subjects studied, seizures emerged from a single zone. With a 1cm^3 resolution for stereoEEG electrodes²¹, this zone should encompass the hippocampal formation (subiculum and head of the hippocampus), the amygdala and the entorhinal cortex. Recurring field events similar to PID preceded seizure onset in 9/9 seizures from 5 subjects (**Fig. 2a,b**, pink circles). PID-like events formed a separate population of events that were larger than IID (**Fig. 2a,c**, blue circles). The mean amplitude of PID in vivo was 358 ± 18 μV (95% CI: [355—361], $n=7754$ PID detected by a restrictive threshold algorithm from 5 in situ records), while that of IID was 140 ± 19 μV (95% CI: [137—143], $n=37483$ IID from 5 records) (Mann-Whitney, $p<0.001$). The mean duration of PID was 203 ± 12 ms (95% CI: [201—205], $n=7754$) and that of IID was 185 ± 6 ms (95% CI: [181—189], $n=37483$) (Mann-Whitney, $p=0.280$) (**Fig. 2c,d**). In situ, PID were restricted to the hippocampal formation while IID spread to adjacent temporal cortex (**Fig. 2b,d**). PID were recorded from electrodes that detected fast, low voltage discharges during seizure initiation and were never detected at distances greater than 10 mm from seizure initiation sites. PID preceded all 9 seizures studied from 5 in situ recordings. We detected 11 ± 4 PID in the 30 s

before seizure onset (median=10.5, range: [2—25], n=6 seizures). Thus PID occur in the human at seizure initiating sites, especially before seizure onset.

PID emerge during the transition to the ictal state.

PID emerge at the transition from the interictal to the ictal state (**Fig. 3a,b**). In vitro, this transition occurred over 29.1 ± 12.2 minutes (median=25.5, range: [13—52], n=8 slices) after convulsant application (**Fig. 3a**). The delay to the first ictal event was 24.7 ± 11.5 min for increased HCO_3^- / high- K^+ (median=25, range: [13—36], n=3), 32.0 ± 8.5 min for increased HCO_3^- / low- Ca^{2+} - Mg^{2+} (median=32, range: [26—38], n=2) and 31.7 ± 17.6 min for low- Mg^{2+} / high- K^+ (median=22, range: [21—52], n=3) (no significant difference, Kruskal-Wallis analysis: $\chi^2(2)=1.11$, $P=0.57$).

During the transition to ictal activity, PID emerged as field potentials of progressively increasing amplitude, concurrent with IID (**Fig. 3a—d**). As population activity increased, the amplitude of PID increased while that of IID remained constant (**Fig. 3b**). The amplitude of stable PID (185 ± 106 μV , 95% CI: [146—196], n=66 events from 8 slices) was significantly higher than that of simultaneous IID (49 ± 24 μV , 95% CI: [42—55], n=66 events from 8 slices) (Wilcoxon test, $Z(7)=3.99$, $P<0.01$) (**Fig. 3e**). The duration of PID (83 ± 48 ms, 95% CI: [69—93], n=8 slices) was similar to IID (77 ± 34 ms, 95% CI: [63—82], n=8) (Wilcoxon test, $Z(7)=0.34$, $P=0.75$; **Fig. 3e**).

PID and IID possessed different spatial and temporal attributes. The spatial extent of PID, along the longitudinal axis of the subiculum, was larger than that of IID (**Fig. 3f**). The propagation velocity of PID was 0.33 ± 0.19 m/s (95% CI: [0.29—0.37], n=92 events from 3 subjects) while that of IID was 0.10 ± 0.09 m/s (95% CI: [0.08—0.12], n=91 events from 3 subjects) (t test, $t=10.59$, $p<0.001$). Thus PID emerging during the transition to ictal-like discharges, involve more widely distributed groups of neurons than do IID, produce larger fields and spread faster. We next compared their cellular and synaptic basis.

Distinct properties of PID and IID.

Intracellular records from subicular pyramidal cells (**Fig. 4**) suggested PID and IID depend on distinct signaling mechanisms. In records from 14 cells in which IID were associated with hyperpolarizing synaptic events^{1,2}, PID were always accompanied by a depolarization (**Fig. 4a**). The absence of an hyperpolarization, suggests that GABAergic signaling, necessary for IID¹, could be less important in generating PID¹³. Indeed, the GABA_A receptor antagonists bicuculline (20 μM , n=6) and picrotoxin (50 μM , n=3) suppressed IID but not PID (**Fig. 4b,c** and **Suppl Fig. 1b**). PID amplitude was 310 ± 167 μV (95% CI: [121—499], n=26 events from 3 slices) before, and 296 ± 123 μV (95%

CI: [156—435], $n=26$) after applying 20 μM bicuculline. Their duration was 69 ± 37 (95% CI: [27—112], $n=26$) ms before, and 86 ± 58 ms (95% CI: [20—152], $n=26$) after bicuculline. Neither parameter changed significantly (Wilcoxon test, $Z(3)=0.57$, $P=0.63$ for amplitude and $Z(3)=0.48$, $P=0.68$ for duration). Once established, PID were not affected by blocking NMDA receptors ($n=6$, **Fig. 4b,5b** and **Suppl Fig. 1c**) but were suppressed by the AMPA receptor antagonist NBQX, (10—20 μM , $n=6$, **Fig. 4b** and **Suppl Fig. 1d**).

These data show that subicular circuits generate two forms of synchrony during the transition to ictal-like activity: IID depend on glutamatergic and GABAergic signaling while PID seem to be glutamatergic. To confirm this hypothesis, we compared the voltage dependence of compound synaptic potentials associated with both events (**Fig. 4c**). Synaptic events associated with IID reversed at -59.1 ± 3.8 mV while the reversal potential of events associated with PID was estimated as -15.1 ± 5.9 mV ($n=3$ cells). Further, distinct glutamatergic circuits seem to become effective when cellular excitability increases. In support of this hypothesis, PID emerged in addition to IID when external K^+ was increased from 4 to 10 mM. Ictal events were not triggered in high K^+ , suggesting that PID do not suffice for seizure initiation ($n=10$; **Fig. 4d**).

Moreover, the progressive emergence of PID and the long delay before the first ictal event suggest some cellular or synaptic plasticity could be involved. In the same slices, the delay to a new plateau spike frequency in entorhinal cortex, which does not generate PID, after applying convulsant ($n=7$, 0.25 Mg^{2+} / 8 K^+ solution) was 33.3 ± 11.5 min (median=34.1, range: [16.2—48.0], $n=7$) while the delay to full amplitude PID in the subiculum was 52.2 ± 18.8 min (median=52.1, range: [27.6—73.9.2], $n=7$) (**Suppl. Fig. 2**, $n=7$, t test, $t=4.48$, $p<0.01$). This difference suggests that processes distinct from an increase in excitability, possibly involving NMDA dependant plastic changes ²², could be involved in the transition to ictal activity. Established PID were not affected by the NMDA receptor antagonist D-L-APV (100 μM , $n=6$, **Fig. 4b,5b** and **Suppl Fig. 1c**). However, we found that neither PID nor ictal events were generated if D-L-APV was applied before the convulsant, (low- Mg^{2+} / high- K^+ , $n=5$, **Fig. 5a**). These data suggest that the activation of NMDA receptors, during population bursts, is needed for the emergence, but not maintenance of PID. Furthermore initiation of ictal events appears to depend on recurring established PID but requires functional GABAergic and glutamatergic signaling since they were suppressed by antagonists at GABA_A or AMPA and NMDA glutamate receptors ($n=6$, 4 & 4 respectively; **Suppl Fig. 1**).

Synaptic networks underlying IID and PID.

If different transmitter systems are involved, then different cell types might discharge as IID and PID are initiated. We examined this point using action potential shape ²³ to discriminate between pyramidal cells and

interneurons in juxta-cellular recordings ²⁴. Action potential duration in 6/45 recorded neurons was less than 0.7 ms and these cells were classified as interneurons (**Fig. 6b**; mean duration 0.47 ± 0.17 ms, 95% CI: [0.33—0.61], $n=6$). In 39 putative pyramidal cells, spike duration was greater than 0.7 ms (**Fig. 6a**, mean 0.99 ± 0.20 ms, 95% CI: [0.92—1.05], $n=39$).

We then sought to distinguish between cells that fired before PID or IID related field potentials, reasoning that they could be involved in their initiation, and other cells that fired during events or did not fire (**Fig. 6**, 10 mM K^+ , 10 subjects). Most pyramidal cells were inhibited during IID (26/39) but almost all of them (37/39) fired during PID (Chi-2, $p < 0.0001$; **Fig. 6a** left). A subset of pyramidal cells (7/39) increased firing in the 25 ms before the onset of PID field potentials (19 ± 26 Hz, 95% CI: [9—28], $n=30$ events from 3 cells; **Fig. 6a** right). 6/7 of these triggering pyramidal cells were located in the region where PID were initiated and only 1/7 in areas to which PID propagated. Firing during PID was detected for 18/24 cells of the focus, compared to 12/15 in propagation zones (Fisher's exact test, $p=0.22$). None of the pyramidal cells that fired before PID discharged before IID (3 ± 5 Hz, 95% CI: [1—5], $n=3$ cells). In contrast, all recorded interneurons (6/6) discharged during both IID ¹ and PID. All 6 cells fired for at least 25 ms before IID initiation (**Fig. 6b** left), but only 2 interneurons fired in the 25 ms preceding PID initiation (**Fig. 6b** right). Effective interneuron firing frequency in the 25 ms before IID onset was 77 ± 12 Hz (95% CI: [72—81], $n=30$ events from 3 cells) and 22 ± 13 Hz (95% CI: [17—27], $n=3$ cells) in the 25 ms preceding PID. These data suggest that interneurons may be involved in IID initiation (6/6 interneurons fired before IID vs 0/39 pyramidal cells (Fisher's exact test, $p < 0.0001$)). A majority of pyramidal cells are silent during IID but most of them fire during PID. Among them, a subgroup firing systematically before PID may be involved in their initiation (0/39 pyramidal cells fired before IID — 7/39 fired before PID (Fisher's exact test, $p=0.01$)).

Dynamics and propagation of IID and PID.

The timing of IID and PID suggested that the circuits generating them were somewhat distinct. An IID was never initiated during a refractory period of ~200 ms after a PID. Apart from that interaction, PID amplitude and frequency were independent of IID occurrence. Similarly, neither the amplitude nor the timing of IID were affected by a PID ($n=5$ slices; **Suppl Fig. 3** and **Fig. 4a**).

Dynamic analysis of field potentials generated at distinct sites during the initiation of ictal-like activity demonstrated further differences between PID and IID. We measured the time delay and amplitude and used an index of cross correlation to compare PID and IID recorded by pairs of electrodes separated by 1—2 mm in slices from 6 different epileptic subjects (**Fig. 7a—d**).

Both the amplitude and cross correlation index were larger for PID than for IID. Furthermore latencies between PID recorded at different sites were shorter and less variable than those for IID which were often initiated from several foci. At the transition to ictal-like discharges, the latencies of field events recorded from separated electrodes was further reduced, indicating a faster propagation (**Fig. 7c,d**).

Finally we asked whether PID, which recurred before seizure onset, could effectively initiate seizures. One test of this point is to examine the effects of blocking PID on seizure occurrence but blocking PID with AMPA receptor antagonist also blocked ictal events (**Suppl Fig. 1**). Another test is to initiate sequences of PID by focal stimulation and to look whether it reliably induces seizures shortly after their generation.

We found single low-intensity stimuli (3—6 V, 0.05 ms) delivered near the PID initiation site initiated a similar event (**Fig. 8b**; $n=7$ slices). Attempting to mimic PID timing, we then tested the effects of 1—2 s sequences of 2—5Hz stimuli. PID sequences induced in this way, triggered seizures in 38/45 trials at PID onset site ($n=7$ slices), **Fig. 8b**). Similar low intensity, sequences were never effective at sites of propagation (0/25 trials, **Fig. 8c**) (Fisher's exact test, $p<5\times 10^{-13}$). High intensity stimulation of remote regions (15—50 V, 0.05ms) could initiate back-propagated PID-like events at PID onset sites. Sequences of these events also triggered ictal-like events ($n=13/20$ trials in 3 slices, **Fig. 8d**). The duration of stimulus-induced ictal-like events was similar to that of spontaneous events (Friedman's $\chi^2(2)$, $p=0.26$). The pre-ictal period, defined as the time during which PID occurred, was shortened by stimulation induced PID. For spontaneous ictal-like events it was 10.61 ± 11.35 s (95% CI: [10.34—10.88], $n=39$ events, 4 slices). For events induced by stimulation at the PID initiation site, the delay was 1.97 ± 0.53 s (95% CI: [1.96—1.98], $n=45$ events, 4 slices) and it was longer, 10.39 ± 8.44 s (95% CI: [10.19—10.59], $n=25$ events, 4 slices), for events induced by stimulation at follower sites (Friedman's $\chi^2(1)$, $p<0.01$). The duration of the pre-ictal period, normalized to that of spontaneous ictal events was shorter for stimulation at PID foci than at distant sites (0.28 ± 0.13 vs 1.09 ± 0.5 , Friedman's $\chi^2(1)$, $p<0.01$). These data show that the site of PID initiation is a privileged zone for seizure initiation by stimuli that mimic clusters of PID.

DISCUSSION

Our data show that the subiculum generates ictal-like activity in tissues from human subjects with temporal lobe epilepsies. Seizures are preceded by a specific form of population activity: pre-ictal discharges emerge during the tens of minutes transition period to seizure and further trigger seizures by recurring in the seconds preceding their onset. Similar events are present at the seizure onset zone in intracranial recordings made from people with TLE. During ictogenesis, PID occur contemporaneously with IID. In situ they are restricted to sites of seizure initiation while IID are more widespread. PID are associated with larger field potentials than IID, suggesting that they involve more neurons, and they propagate more quickly. They depend on glutamatergic rather than the mixed depolarizing GABA/glutamatergic mechanisms underlying IID and are preceded by pyramidal cells firing rather than by interneurons. This novel population activity may be a crucial feature of ictogenesis, and contributes to define both spatial and temporal aspects of seizure initiation.

We found in vitro that different convulsant treatments induced seizure-like activities similar to intracranial records of ictal events from the same patients. Ictal-like activities sometimes included an early period of fast low voltage oscillations, or could consist of rhythmic population bursts. Both patterns were preceded by PID. In situ, these distinct patterns are suggested to depend on different contributions from hippocampus and cortex ²⁵, but our records show an isolated subiculum supports both patterns. Although intracranial macro-electrodes may not possess sufficient spatial resolution to distinguish entorhinal cortex and subicular activity ²¹, microelectrode records suggest at least interictal activities are generated in the subiculum ^{26, 27}. Our data now show that the subiculum alone can generate ictal-like activity. In previous slice work on human tissue, ictal activities have also been induced in the dentate gyrus by high-K⁺ ^{28, 29} and in neocortical dysplasias by 4-AP ³⁰.

In vitro, PID emerge during a long transition period before ictal-like events are initiated and recur in the seconds preceding seizure onset. Intracranial EEG records also reveal large amplitude field potentials just before a seizure ^{31, 32}. Here we show they are restricted to electrodes sampling the seizure onset zone. Similar field potentials of larger amplitude precede ictal events in several in vitro models of epilepsy ^{6, 14, 33–35}. Moreover, intracranial recordings show PID-like events preceding seizures in multiple focal human epilepsies originating in temporal ¹⁷ or extra temporal ³⁶; hippocampal ^{17, 18} or neocortical ³⁷ regions, and associated with sclerosis ^{17, 38}, malformation ³⁹, dysplasia or in macroscopically normal tissue ³⁶.

PID and IID differ pharmacologically. IID depend on both glutamatergic and depolarizing GABAergic signaling ¹ and our data show interneuron firing

reliably precedes IID initiation (**Fig. 6**). In contrast PID apparently depend on glutamatergic synapses. They were blocked by AMPA receptor antagonists, reversed at depolarized potentials and were preceded by discharges in a subset of pyramidal cells near their initiation site ⁴⁰. Presumably recurrent excitatory synapses between subicular pyramidal cells are responsible ⁴¹. The existence of distinct groups of initiating cells may explain both the contemporaneous generation of PID and IID and the weak temporal interactions between them (**Suppl. Fig. 3**). A glutamatergic basis, does not exclude an interneuronal participation in PID. However, both the voltage dependence of synaptic events (**Fig. 4**) and the timing of interneuron firing (**Fig. 6**) suggest GABAergic systems are secondarily activated compared to IID. A reduced inhibitory restraint could account for the differences in propagation velocity ⁴² and size of the neuronal population involved in PID and IID (**Fig. 3**). Excitatory field events similar to PID have been detected just before seizures in animal models ^{6, 8, 15, 43, 44}. PID do not involve barrages of hyperpolarizing synaptic events which may act as an inhibitory restraint, to protect against the spread of seizure-like activities ⁴⁵. PID described here differ in that they are initiated near the site of seizure onset in epileptic subiculum rather before events spreading through healthy cortex in the presence of convulsants. PID seem to depend on firing in principal cells with a late interneuron discharge, in contrast to the early interneuron firing that generates a strong feedforward inhibition to restrain seizure spread.

We have shown that PID precede ictal events in vitro and that their spatial distribution in situ is aligned with seizure initiating regions. Our data suggest that a NMDA-dependant, cellular or synaptic plasticity may underly PID emergence during the transition to seizure. Furthermore stimulated PID-like events can initiate ictal-like discharges at their onset site. Possibly seizures are triggered by repeated PID, involving larger groups of neurons than IID, which initiate changes in glutamatergic or GABAergic signaling. One mechanism could be a depolarizing shift in the reversal potential for Cl-mediated GABAergic events ¹⁰ since our data shows GABAergic signaling is needed for ictal-like events, even if PID are resistant. Alternatively, or in conjunction, repeated PID may enhance synaptic excitation ^{12, 13} sufficiently to recruit neurons to an ictal event.

We have described and dissected a novel epileptiform activity in human epileptic tissue in vivo and in vitro. In the subiculum, emerging PID coexist with IID during the transition to seizure and, once established have a role in seizure initiation. These epileptiform transient events are generated by distinct networks. IID are the expression of a basal epileptic defect due to epileptogenic processes. PID, in contrast, are dynamically generated during the transition period and contribute to ictogenesis at the seizure focus.

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AUTHOR CONTRIBUTIONS

GH, LMP & RM designed the research.

GH, LMP & RM performed in vitro experiments.

SC, JP, GH, CA & MB performed the in vivo work and analysis.

GH, LMP, JP, IC, MLVQ & RM contributed to data analysis.

GH & RM wrote the paper.

FIGURE LEGENDS

Figure 1 Ictal discharges generated in the human subiculum.

Convulsants produced patterned ictal discharges restricted to the subiculum.

(a) Multiple extracellular recordings of an ictal event in a slice containing the hippocampus, subiculum and entorhinal cortex. Electrode locations: 1, dentate gyrus; 2, CA2; 3, CA1; 4—5—6, subiculum; 7, presubiculum; 8, entorhinal cortex.

(b) Ictal event structure. An ictal discharge recorded in a 65mM HCO_3^- / 8 mM K^+ solution. Top trace: pre-ictal discharges (larger events, filled circles) recur before a fast low voltage activity (grey line) at seizure onset followed by rhythmic bursts (black line). Seizure onset is indicated by a dotted arrow. Middle trace: time frequency representation of the field potential (LFP). Bottom trace: Multiunit activity (MUA) shows recurring pre-ictal discharges of short duration followed by the rapid unpatterned action potential discharges at seizure onset and then by oscillatory bursts.

Figure 2 Interictal, pre-ictal and ictal discharges in intracranial records.

(a) SEEG recording (electrode HipAg1) showing activity of the subiculum and head of the hippocampus at seizure onset. The seizure is preceded by recurring PID (blue circles) and IID (pink circles). It begins (arrow) with fast low voltage activity and continues with oscillatory rhythmic bursts.

(b) Records from multiple electrode contacts on a referential average montage. Traces from contacts with no epileptic activity are shown in green, those with isolated IID in blue and those recording both IID and PID in pink. Left trace: sample of IID (blue circle). Middle trace: sample of PID (pink circle). Right trace: seizure onset (thick arrow). The thin arrow shows an expanded trace from HipAg1 contact in a. Seizure onset is highlighted in yellow. Electrodes are identified according to the recorded area (Amyg: amygdala, Hip: hippocampus, TB: temporo-basal, T2: second temporal gyrus, OrFr: orbito-frontal), location (A: anterior, M: median, P: posterior, AP: antero-posterior) and hemisphere (g: left, d: right). The first contact is at the tip of the electrode and the last one as it emerges from the cranium.

(c) Amplitude distribution for all field potentials preceding by 30 minutes a single ictal event showing the distinct amplitudes of IID (25—125 μV) and PID (150—500 μV).

(e) 3-D reconstruction of electrode contacts from post-implantation MRI showing sites where PID (pink), IID (blue) or no epileptic events (green) were recorded. An arrow highlighted in yellow shows the site of seizure onset. The name of each electrode is shown at the site of emergence from the skull.

Figure 3 Pre-ictal discharges emerge during the transition to ictal-like activity in vitro.

(a) Extracellular records of the transition to seizure-like activity induced by increased external HCO_3^- (85 mM) and K^+ (8 mM). E1 and E2 are records from two subicular electrodes. Multiunit activity (MUA) frequency (upper trace) and the extracellular signal from E2 (lower trace) are shown.

(b) Amplitude measurements for all field potentials recorded by electrode E2 during the transition show the emergence of larger pre-ictal discharges while the amplitude of inter-ictal events did not change.

(c) Dual extracellular records showing interictal discharges (IID, open circles, left) before convulsant application and co-expression of PID (filled circles, right) with IID during the transition.

(d) Amplitude distribution for all field potentials during the 35 minutes transition period shows IID of amplitude 10–50 μV and PID of amplitude 125–175 μV .

(e) Mean and standard deviation of the amplitude (black), duration (red) and propagation speed (blue) of IID and PID at steady state. Amplitudes and propagation speed but not durations were significantly different (starred line).

(f) Propagation of IID and PID. Triple extracellular recording (E, E2, E3; E1-E2 distance: 1mm; E2-E3 distance: 0.7mm; E1-E3 distance: 1.4mm) during the transition to ictal-like events. Field potential (FP) amplitude is plotted from signals from each electrode and the propagation speed of fields during the transition (between E1 and E3) is shown above. Top traces: initial IID (left), emerging PID (middle) and fully developed PID (right). Grey lines link FP peaks.

Figure 4 Pre-ictal discharges depend on glutamatergic signaling.

(a) Intracellular record from a subicular pyramidal cell (I) with a local extracellular record (E). This cell received hyperpolarizing synaptic inputs during IID (open circle) both before and after convulsants were added. In contrast, it was depolarized during PID (filled circle) in the presence of convulsants. Intracellular action potentials are cut.

(b) IID and PID co-existed during the transition to ictal discharges induced by 0.25 mM Mg^{2+} and 8 mM K^+ (left traces). Bicuculline (bic) blocked IID but not PID (middle left). The NMDA receptor blocker D-L APV (100 μM) did not change PID (middle right) but the AMPA receptor antagonist NBQX (10 μM) suppressed them (right).

(c) Distinct reversal potentials for synaptic events associated with IID and PID. The amplitude of postsynaptic potentials associated with IID (open circles) and PID (filled circles) is plotted against membrane potential during the transition. Data from 3 different cells (black, blue and red). Inset: postsynaptic potentials associated with IID and PID at different membrane potentials. Intracellular (I, upper) and extracellular (E, lower trace). The mean reversal potential of IID was -59.1 ± 3.8 mV and the estimated reversal potential of PID was -15.1 ± 5.9 mV.

(d) PID induced by increasing excitability with high K^+ but no convulsant. Field potentials show co-existing PID (filled circle) and IID (open circle) in 10 mM K^+ .

Figure 5 NMDA receptor signaling is involved in seizure generation and in the emergence of pre-ictal discharges but not their maintenance.

All extracellular recordings from the same site in the subiculum.

(a) Left trace: spontaneous IID (open circles). The NMDA receptor antagonist, D-APV did not affect IID (middle trace) but when it was present the convulsant solution (10 mM K^+ / 0.25 mM Mg^{2+}) did not induce PID or ictal-like events (right trace).

(b) Left trace: After D-APV washout, the convulsant solution induced PID (filled circles) during the transition period (second trace) to ictal discharges (grey line, third trace). Application of D-APV after PID had emerged did not change them, but suppressed the initiation of ictal-like events (right trace).

Figure 6 Interictal and pre-ictal discharges are generated by distinct networks.

Firing of putative pyramidal cells (a) and interneurons (b) recorded juxtacellularly during interictal (IID, blue) and pre-ictal discharges (PID, red). Cell type was attributed from action potential duration (upper traces) measured from the positive to the negative peak (pyramidal cells > 0.7 ms, interneurons < 0.7 ms). Spike timing for pyramidal cells and interneurons (shown as dots in the box), spike probability (histograms) and spike frequency (lower traces) are shown with respect to IID and PID field potentials (upper trace). The dotted line with an arrow tail indicates the onset of field potentials and the dotted line with an arrow head its peak.

(a) Most pyramidal cell were inhibited during IID and fired during PID (left) while a subset of pyramidal cells (7/39) fired both during IID and before PID onset (right).

(b) All interneurons fired before IID onset and after PID initiation (left) but some interneurons (2/6) fired before both IID and PID onset.

Figure 7 Dynamics of population activity during the transition to ictal events.

(a) Dual extracellular records during the interictal period (white line), the pre-ictal period (black line) and the onset of an ictal-like event (green line). Interictal events (open circle) and pre-ictal events (filled circle) during the transition are shown below on an expanded time-scale. Time frequency analysis of the extracellular signal is below.

(b) Cross correlation index versus time lag for IID (empty circles) and PID (filled circles).

(c) 3-D plot of the cross correlation index, time lag between sites and the amplitude of the field potential for IID, PID and initial ictal discharges.

(d) Histograms of the amplitude, time lag and cross correlation index for each type of event. Error bars indicate standard deviations. Lines with a star indicate a significant difference.

Figure 8 Repeated pre-ictal discharges trigger seizure-like events.

(a) Dual extracellular records of an ictal event preceded by PID. The lower black trace was recorded near the site of onset of PID and ictal events. The upper grey record was made from a follower region. Right: expanded traces from the starred period.

(b) Electrical stimulation (2 Hz, 2 s; black sign) near the site of PID initiation, elicits PID (expanded at right), which induce a seizure-like event.

(c) Identical electrical stimulation (grey sign) in a region of PID propagation does not trigger seizure-like events.

(d) High intensity bipolar electrical stimulation (large grey sign) in the region of PID propagation generates PID at their initiation site. A seizure like event follows. The double headed arrow indicates the delay between stimulation and back-propagated PID onset.

(e) Probability of triggering an ictal-like event by moderate intensity stimuli at the PID focus (black), at a follower site (white) or by strong stimuli at the follower site generating back-propagated PID (grey). * indicates $p < 10^{-6}$, ** indicates $p < 10^{-12}$

METHODS

Epileptic tissue.

Temporal lobe tissue blocks containing the hippocampus, subiculum and part of the entorhinal cortex were obtained after operations on 45 people with pharmacoresistant mesial temporal lobe epilepsies associated with hippocampal sclerosis (age 18–52 years, seizures for 3 to 35 years). Surgery consisted in resecting the amygdala, hippocampus, the anterior parahippocampal gyrus and sometimes temporal pole and anterior basal and lateral neocortex. All of them gave their written, informed consent and the 'Comité Consultatif National d'Ethique' approved our protocol.

Stereo electro-encephalographic (SEEG) recordings were performed with depth electrodes to assess seizure onset areas in five subjects before epilepsy surgery (Ad-Tech Medical Instruments, Racine, WI). Signals from electrodes, of diameter 1 mm, with 4-8 contacts, 1 mm wide, 2.3 mm long and 10 mm apart, were recorded with an EEG video system (Nicolet 6000, Viasys-Nicolet, Madison, WI), sampling 63 iEEG channels at 400Hz (bandwidth 0.05–150Hz). Electrode positions were derived from postoperative MRI artifacts. Records were analyzed with Spikoscope and EEG View/LTM software (Nicolet). Seizures and the 3-5 minutes preceding them were analyzed.

Tissue preparation.

Post-surgical tissue was transported in a cold, oxygenated solution containing d-sucrose, 248; NaHCO₃, 26; KCl, 1; CaCl₂, 1; MgCl₂, 10; d-glucose, 10 mM equilibrated with 5% CO₂ in 95% O₂. Hippocampal-subicular-entorhinal cortex slices or isolated subicular slices of thickness 400 μ m were cut with a vibratome (HM650V, Microm). They were maintained at 37°C, equilibrated with 5% CO₂ in 95% O₂, in an interface chamber perfused with a solution containing NaCl, 124; NaHCO₃, 26; KCl, 4; MgCl₂, 2; CaCl₂, 2 and d-glucose, 10 mM. NBQX and D,L-APV were used to block glutamatergic signaling and bicuculline or picrotoxin for GABA_A receptors. Ictal-like activity was induced either by increasing NaHCO₃ to 65-85 mM with a concomitant reduction in NaCl to 85-65 mM, or by reducing Mg²⁺ to 0.25 mM. These changes were coupled with an increase in external K⁺ to 6-8 mM or, for the high HCO₃⁻ / low Cl⁻ case, a decrease of Mg²⁺ and Ca²⁺ to 0.5 mM. A stable expression of both IID and PID was induced using a 10 mM K⁺ solution.

Recordings.

Up to four tungsten electrodes etched to a tip diameter of ~5 μ m⁴⁶ were used for extracellular recording. Signals were amplified 1000x and filtered to pass frequencies of 0.1 Hz to 10 kHz (AM systems, 1700).

Intracellular records were made with glass microelectrodes containing 2M KAc and beveled to a resistance of 50–100 M Ω . Signals were amplified

with an Axoclamp 2B amplifier in current clamp mode 2. Juxtacellular records²⁴ were made with glass micro-electrodes of resistance 3—5 M Ω filled with the perfusion solution.

Intracellular and extracellular signals were digitized at 10 kHz with a 12—bit, 16-channel A-D converter (Digidata 1200A, Axon Instruments), monitored and saved to a PC with the program Axoscope (Axon Instruments).

Data analysis.

Recordings were analyzed with Clampfit (Axon Instruments), Spikoscope (<http://spikoscope.sourceforge.net>) software and routines written in LabView (National Instruments, Austin, TX), Spikoscope and Matlab (MathWorks).

Extracellular records were filtered post-hoc to display action potentials or field events⁴⁶. Field potential events, including interictal and pre-ictal events, were detected with an 'up-only' algorithm and a user-defined threshold.

The dynamics of changes in extracellular signals at the transition to ictal-like discharges were computed from normalized cross-correlations between extracellular records using the fast Fourier transform (1024 points Hanning window, mean detrending). Synchronization dynamics was estimated with a sliding cross-correlogram (moving window: 350ms, overlap: 345ms) or a fixed window cross-correlation (window: 350ms). Latencies between pairs of records were calculated from the peak offset of the cross-correlation function.

Extracellular records were low pass filtered (500Hz, zero-phase shift) to detect changes in field potentials during the transition to ictal-like activity. The amplitude and timing of all detected field events was measured and independent time series were constructed for IID and PID after a two-threshold separation based on amplitude. The timing of PID measured at different periods during the transition was used as a reference. Typically 5 to 15 IID occurring before and after PID were plotted against amplitude and inter-event interval.

Juxtacellularly recorded action potentials were correlated with a local field potential. Cells firing juxtacellular spikes with less than 0.7 ms between their positive and negative peaks^{47, 48} were presumed to be interneurons. Spikes were detected using a threshold detection algorithm (>5:1 signal to noise ratio). Temporal relations between single spikes and interictal discharges (IID or PID) were examined by aligning all individual field discharges on their maxima and constructing discharge-triggered spike histograms. The instantaneous spike frequency was measured by convolving the timing of each detected event with a Gaussian function of 20 ms standard deviation. A significant change in spike frequency was defined as an absolute fluctuation over 3 SD of the baseline firing and was defined relative to the time of field maxima.

Time-frequency analyses were performed using a wavelet transform ⁴⁹.

Statistics.

The JMP 7.2 software (SAS Institute Inc, Cary, NC, USA) was used and results expressed as mean $\pm$ SD with significance of $P < 0.05$. Exact p values are given unless $p < 0.0001$. Distributions were described by 95% Confidence Intervals (CI) or median and range values when $n < 10$. Fisher's exact test was used to compare small samples. Nonparametric Kruskal-Wallis analysis of variance was used to compare non-homogeneously distributed data. Then, *post hoc* nonparametric Mann-Whitney rank sum test was performed to test differences between groups. For related samples, the nonparametric Friedmann test was used. For repeated measures ANOVA on ranks and the nonparametric Wilcoxon signed rank test were used.

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a **b**

a Pyramidal cells

b Interneurons