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A micropillar for cavity optomechanics

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We present a new micromechanical resonator designed for cavity optomechanics. We have used a micropillar geometry to obtain a high-frequency mechanical resonance with a low effective mass and a very high quality factor. We have coated a 60-µm diameter low-loss dielectric mirror on top of the pillar and are planning to use this micromirror as part of a high-finesse Fabry-Perot cavity, to laser cool the resonator down to its quantum ground state and to monitor its quantum position fluctuations by quantum-limited optical interferometry.

Reaching the quantum ground state of a macroscopic mechanical object is a major experimental challenge in physics, at the origin of the rapid emergence of the cavity optomechanics research field. Many groups have been targeting this objective for a decade1–4, using a wide range of resonators oscillating at frequencies from a few Hz to the GHz-band1–3, and different techniques of displacement sensing2,3,5,6. The development of a very sensitive position sensor combined with a mechanical resonator in its ground state would have important consequences7, not only for fundamental aspects in quantum physics such as entanglement8 and decoherence of mechanical resonators, but also for potential applications such as the detection of very weak forces.

Two conditions have to be fulfilled in order to reach and demonstrate the mechanical ground state. The thermal energy has to be small with respect to the zero-point quantum energy: \( k_B T_c \ll \hbar \nu_m \). For a resonator oscillating at a frequency \( \nu_m = 4 \text{ MHz} \), the resulting temperature \( T_c \) is in the sub-mK range and conventional cryogenic cooling has therefore to be combined with novel cooling mechanisms such as cavity cooling in a Fabry-Perot cavity4,5,9–11.

The second requirement is obviously to be able to detect the very small residual displacement fluctuations associated with the quantum ground state. The measurement sensitivity must be better than the expected displacement noise at resonance, which scales as

\[
S_x[\nu_m] \simeq \left( \frac{25 \mu g}{M} \right) \left( \frac{Q_c}{2 \times 10^3} \right) \left( \frac{4 \text{ MHz}}{\nu_m} \right)^2 10^{-38} \text{ m}^2/\text{Hz},
\]

where \( M \) is the effective mass of the resonator and \( Q_c \), its mechanical quality factor. As all optical cooling mechanisms increase the damping, \( Q_c \), is here the final quality factor related to the intrinsic quality factor \( Q \) of the resonator by \( Q_c T_c = QT \), where \( T_c/T \) is the cooling ratio.

One thus may use a resonator with an ultra-high \( Q \), larger than \( 10^6 \), at a cryogenic temperature of 100 mK, in order to ensure a sufficient \( Q_c \approx 1000 \) at the final effective temperature.

In this letter, we present the mechanical design and experimental characterization of such a resonator. It consists in a micropillar mechanically decoupled from the wafer by a dynamical frame and clamped at its center by a thin membrane. A high-reflectivity mirror is coated on top of the pillar, thus providing a way for interferometric sensing of its motion and for future applications in cavity optomechanics. Advantages of such a pillar geometry are twofold. First, a compression-expansion mechanical mode of the pillar has a longitudinal node at its center, decreasing mechanical loss through the membrane. Second, the top area of the pillar has a quasi-null strain, reducing the influence of the relatively poor mechanical quality of the optical layers11 on the overall mechanical quality factor.

We present in the following the full design of the resonator using finite-element modelling (FEM) simulations, its microfabrication and experimental mechanical characterization (resonance frequency and \( Q \) factor) using a Michelson-interferometer test bench.

As shown in Fig. 1, the basic structure is a \( L = 1 \text{ mm} \) long and 240-µm wide pillar made of crystalline quartz, clamped at its center to the external frame by a 20-µm

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Figure 1. 3D artist view of the micropillar (a) and finite-element simulation of the displacement field of the first compression-expansion mode of the pillar (b).
thin membrane. According to FEM simulations, with a bulk Young modulus \( E = 102.7 \text{ GPa} \) and a density \( \rho = 2648 \text{ kg/m}^3 \), resonance frequency and effective mass are expected around 3.2 MHz and 25 \( \mu \text{g} \) for the fundamental vibration mode.

We have chosen to use a single quartz crystal as bulk material to benefit from its high intrinsic quality factor, with a value \( Q_{\text{int}} \approx 5 \times 10^6 \) expected at room temperature\(^{14,15} \), which can be increased by one to two orders of magnitude at cryogenic temperature\(^{16} \). Viscous air damping might be another limiting factor, but is experimentally negligible for pressures below \( 10^{-1} \text{ mBar} \).

As the effect of the mirror coated on top of the pillar is expected to be negligible as well, the main limitation to the quality factor is due to Poisson effects induced inside the membrane by the radial deformations of the pillar at the vibration node. A crystallographic orientation of the pillar along the \( Z \) axis has been chosen, as well as a pillar equilateral cross-section with respect to the quartz trigonal symmetry: a nominally symmetric structure with an opposite phase then makes up for Poisson effects. The symmetry of the pillar with respect to the membrane, which appears as an essential condition to reduce clamping losses and to reach a high \( Q \).

Another important condition to reduce mechanical loss is to coat the mirror only on top of the pillar. For that purpose we use a 3D 5-\( \mu \text{m} \) thick photoresist mask. A photolithography followed by a developer bath allows one to remove the resist mask over a well-defined zone, which is expected transmission. After coating, the photoresist is removed by standard lift-off techniques, without damaging the optical properties (see Fig. 2d). Measurement of the micropillar reflectivity using a dedicated Fabry-Perot cavity is in progress.

To characterize the mechanical properties of the resonator, a Michelson interferometer with a Nd:YAG laser source has been built (see Fig. 3). The micropillar is mounted on a high-frequency piezoelectric actuator (RF PZA) driven by a high-power RF amplifier. A microscope objective (MO) focuses the laser beam down to a few microns on the sample surface. The whole sensor arm is in a vacuum chamber pumped down to \( 10^{-3} \text{ mBar} \). A photodiode detects the laser intensity at the output of the interferometer, its low-frequency signal being used to control the length of the local oscillator arm through a
feedback loop. The spectral mechanical response of the micropillar is obtained using a network analyzer to synchronously drive the resonator into motion and monitor the radio-frequency photodiode signal.

Fig. 4 (left) presents an example of such a mechanical response spectrum: the mechanical resonance is observed around 3.66 MHz, in good agreement with the FEM simulation results. The slight asymmetry of the resonance is attributed to an electrical interference between the optomechanically induced RF signal detected on the photodiode and a spurious modulation radiated by the RF amplifier. The interferometric measurement being sensitive to longitudinal displacements of the surface, only a few and well-isolated compression-expansion mechanical resonances are observed as expected from FEM simulations, with a dynamical response at least 40 dB over the mechanical background.

The optical spot can be swept over the whole surface of the resonator, allowing for a mapping of the vibration profile. It is mostly found uniform over the upper surface of the pillar, with a typical displacement amplitude of the order of 5 nm, to be compared to the piezoelectric actuator displacement, measured at a 20 pm level on the substrate.

As the intrinsic interferometer jitter may widen the observed mechanical resonance, its quality factor is measured using a ring-down technique: once the resonator is driven close to its resonance frequency, the actuation is switched off and we record the time evolution of the free resonator motion using a spectrum analyzer in zero-span mode. The observed exponential decay then gives the damping time, hence the quality factor. Results depend on the residual thickness of the membrane: typical values are larger than $10^5$, reaching values as large as $Q = 1.8 \times 10^6$ for the best samples without optical coating. Work is in progress to reduce the membrane thickness and to improve the pillar symmetry, in particular by using optical coatings on both sides.

To conclude, we have developed a new quartz resonator in a compression-expansion mode, suitable for cavity optomechanics. Preliminary mechanical and optical characterizations yield promising results for the optomechanical coupling that can be obtained with this device. Next steps will be the operation of the resonator in a dedicated high-finesse Fabry-Perot cavity, inside a dilution fridge working at a base temperature of 30 mK. Thanks to the very high mechanical quality factor of the oscillator, we expect to reach a final effective temperature at the 100 μK level using laser cooling, thus demonstrating the quantum ground state of such a macroscopic optomechanical system.

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