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**Impressive response to temsirolimus in a patient with chemotherapy refractory
diffuse large B-cell non-Hodgkin's lymphoma**

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Dear Editor,

Temsirolimus is a selective inhibitor of the cell proliferation promoting intracellular protein mTOR (mammalian target of rapamycin). Its activity in lymphatic malignancies has first been demonstrated in relapsed mantle-cell lymphoma [1]. Further studies confirmed activity in this lymphoma entity and established a weekly dosage of 75mg as approved treatment regimen [2], although a weekly dose of 25mg remains an effective treatment option [3]. Experience with temsirolimus in other entities of NHL is limited to a phase II study in recurrent DLCBL, follicular lymphoma and chronic lymphocytic leukemia/small lymphocytic lymphoma [4]. In 19 evaluable patients with DLCBL and a median of ≥ 2 prior treatment lines, a remarkable overall response rate of 42% was observed with a weekly temsirolimus dosage of only 25mg.

A 44-year old woman was diagnosed with diffuse-large B-cell Non-Hodgkin's lymphoma (NHL) limited to the tongue base (stage IBE) in June 2003. After initial treatment with 6 cycles of dose-intensified cyclophosphamide, adriamycin, vincristine, etoposide and prednisolone (Hi-CHOEP), a complete response was achieved. The patient relapsed in October 2006 with intrathoracic and abdominal manifestations. Salvage therapy included 3 cycles of rituximab, ifosfamide, carboplatin and etoposide (R-ICE) followed by high-dose carmustine, etoposide, cytarabine, melphalan (HD-BEAM) and autologous stem-cell transplantation resulting in complete response. In July 2008, second relapse occurred with cervical and abdominal lymph node enlargements. Treatment was initiated with 5 cycles of rituximab and bendamustine yielding another complete response. Remission, however, was short-lived, and in January 2009 disease recurred. Sequential treatment included one cycle of rituximab, dexamethasone, high-dose cytarabine, cisplatin (R-DHAP) and one cycle of

1 rituximab, high-dose cytarabine, mitoxantrone (dose-modified R-HAM) in reconfirmed
2 CD20-positive disease followed by a second high-dose protocol with ⁹⁰Y-ibritumomab
3
4 tiuxetan, cyclophosphamide, etoposide, carmustine (Z-CVB) and autologous stem-
5
6 cell support. This time, only partial remission was achieved with disease progression
7
8 shortly thereafter in August 2009. Further treatment lines including lenalidomide, two
9
10 cycles each of gemcitabine/mitoxantrone and carboplatin/ifosfamide were ineffective.
11
12 In November 2009 the patient presented with a large intraabdominal tumor-bulk
13
14 resulting in a massively distended abdomen. Lactate dehydrogenase (LDH) had risen
15
16 to 480 U/L (< 247) and bone marrow function was poor with severe tricytopenia,
17
18 predominantly thrombocytopenia of 50 x 10⁹/l (150-400).
19
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22 At this time, weekly monotherapy with 25mg temsirolimus was started. A dramatic
23
24 clinical response was seen after only 5 infusions with normalization of the abdominal
25
26 exam and LDH. No relevant toxicity was noted. The sixth temsirolimus infusion was
27
28 combined with bendamustine after platelet counts had risen to 136 x 10⁹/l. One week
29
30 thereafter, restaging computed tomography (CT) scans confirmed clinical response
31
32 with only minimal residual abdominal lymphoma manifestations compared with pre-
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34 treatment imaging (Fig 1a+b). Temsirolimus infusions were continued but
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36 unfortunately, tumor progression was observed four weeks later.
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46 The very favourable response in our patient with highly pretreated refractory DLCBL,
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48 though short-lived, supports the evidence of a high activity of temsirolimus in NHL
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50 including DLCBL. Further investigations are clearly warranted, preferably in less
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52 advanced disease and in combination with chemotherapy. Moreover, the optimal
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54 dosage needs to be defined.
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Figure 1 Abdominal CT scan without intravenous contrast-enhancement before temsirolimus treatment (a) and after six weekly infusions (b) showing only minimal residual lymphoma manifestations (arrow).

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Figure 1 a+b
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