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Foot-and-mouth disease virus infection in young lambs: pathogenesis and tissue tropism

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Abstract

Foot-and-mouth disease (FMD) in adult sheep usually causes milder clinical signs than in cattle or pigs, and is often subtle enough to go undiagnosed. In contrast, FMD in lambs has been reported to cause high mortality during field outbreaks. In order to investigate the pathogenesis of FMD in lambs, two groups, aged 10-14 days, were infected with foot-and-mouth disease virus (FMDV) type O UKG. One group of lambs (n=8) was inoculated with FMDV in the coronary band, while the other (n=4) was infected by direct contact with FMDV-inoculated ewes. Daily serum samples and temperature measurements were taken. Lambs were killed sequentially and tissue samples taken for analysis. Using real-time RT-PCR, viral RNA levels in tissue samples and serum were measured, and a novel strand-specific real-time RT-PCR assay was used to quantify viral replication levels in tissues. Tissue sections were examined for histopathological lesions, and in situ hybridisation (ISH) was used to localise viral RNA within histological sections. The contact-infected lambs became infected approximately 24 hours after the ewes were inoculated. Vesicular lesions developed on the feet of all lambs and on the caudo-lateral part of the tongues of 6 of the 8 inoculated lambs and 3 of the 4 contact-infected lambs. Although no lambs developed severe clinical signs, one of the contact-infected lambs died acutely at 5 days post-exposure. Histological examination of the heart from this lamb showed multi-focal areas of lymphocytic-plasmacytic myocarditis; similar lesions were also observed in the hearts of three of the inoculated lambs. Using ISH, viral RNA was localised within cardiac and skeletal muscle cells from the lamb which had died, and also from vesicular lesions on the coronary band and tongue of inoculated lambs.
These results provide a detailed description of the pathogenesis of the disease in lambs.

*Keywords: foot-and-mouth disease virus; sheep; lamb; pathogenesis; in situ hybridisation*
INTRODUCTION

Foot-and-mouth disease (FMD) is a highly contagious acute vesicular disease of cloven-hoofed animals. The aetiological agent, foot-and-mouth disease virus (FMDV), is classified with the Aphthovirus genus as a member of the Picornaviridae family (Belsham, 1993). FMD is an economically devastating disease, causing significant production losses in infected domestic livestock. As a result, it is a major hindrance to international trade in animals and animal products. The cost of an outbreak can be enormous; the 2001 outbreak in the UK is estimated to have cost the agricultural sector £3.1 billion, with similar losses to the tourism sector (Thompson et al., 2002).

Clinical signs are generally milder in sheep than in cattle or pigs. Viraemia may be present for up to 3 days before the appearance of vesicular lesions (Alexandersen et al., 2003). During this time the sheep may be pyrexic and distressed with lameness spreading through the flock. Agalactia may occur in ewes. Vesicular lesions occur in the interdigital cleft, along the coronary bands and on the bulb of the heels. Oral lesions are less common but can occur on the dental pad, tongue and gums (Hughes et al., 2002). In pregnant sheep, transplacental infection of the foetal lamb may occur, causing abortion (Ryan et al., 2007).

Young lambs may die acutely following infection; associated clinical signs include collapse, fever, tachycardia and marked abdominal respiration (Garcia-Mata et al., 1954;1955; Geering, 1967; Pay, 1988). Deaths in lambs start to occur two to three days after the appearance of clinical signs in the ewes, and are usually reported to be
the result of heart failure or starvation; post-mortem lesions include myocarditis, septicaemia, abomasitis and enteritis (Littlejohn, 1970; Salyi 1939). Reported mortality rates vary widely, from 4.7% in an outbreak in India (Panisup et al., 1979) to 94.5% in lambs of two to 25 days old in a Russian outbreak (Khankishiev et al., 1958). Neonatal lamb deaths were reported in Dumfries during the 2001 outbreak in the UK (Reid, 2002). A PanAsia type O virus strain was reported to have caused large-scale lamb mortality in Iraq (Knowles and Samuel, 2003).

Mortality among FMD-infected calves and pigs has also been described. Death may occur without vesicular lesions due to the peracute onset of FMD in these animals. Pale foci of myocardial necrosis are seen in the ventricular wall and papillary muscle, referred to as “tiger heart” due to striping effect (Jubb, 1993). Donaldson et al. (1984) reported that the majority of piglets infected with an O\textsubscript{1} Lausanne strain died or became moribund and were killed without developing vesicles. The deaths of the piglets started before clinical disease was evident in the sows. Macroscopic “tiger heart” lesions were not observed in any piglet hearts, although in all but one, myocarditis was present on histopathological examination.

Despite the numerous reports of FMD-related deaths in lambs, there is little data available on FMDV tropism or quantitative aspects of viral RNA kinetics in neonatal lambs, which would help understand the reasons for this high mortality and the influence of maternal infection on young lambs. In this study, viral distribution, tissue tropism and associated pathology during the acute stages of FMD were investigated in neonatal lambs experimentally infected with FMDV O UKG.
MATERIALS AND METHODS

Inoculum

The FMDV strain used was O UKG 34/2001, isolated from a pig at Cheale Meats Abattoir, Essex on 20 February 2001 (Alexandersen and Donaldson, 2002). The inoculum was the second pig passage of original pig epithelial tissue suspension.

Animal experiments

Animals were housed in a category 4 bio-containment animal unit (Specified Animal Pathogens Order, DEFRA 1998). Animal experimentation was carried out in accordance with the UK Animals (Scientific Procedures) Act 1986 and associated guidelines. Two separate experiments were carried out. The first involved inoculating ewes and allowing their lambs to become infected by direct contact, simulating natural infection in the field. In the second experiment, lambs were inoculated directly.

Experiment 1: Ten lambs, 10-14 days old, and seven dams were used in this experiment, with ewes numbered VM76 to VM82. Lambs were assigned the same numbers as their dams, with the prefix LA for singletons or the first of a pair of twins, and LB for the second of a pair of twins, i.e. LA76 to LB82. Two lambs and a ewe were killed as negative controls before the inoculations were carried out. Eight lambs were inoculated with $10^{5.9}$ FMDV O UKG 34/2001 in the coronary band. Two were killed at 2, 4, 7, and 10 dpi, with the ewes being killed at the same timepoints as their offspring.

Experiment 2: Five ewes, each with a lamb of 10-14 days, were used in this experiment, with ewes numbered from VE37 to VE41. The lambs were assigned the same numbers as their ewes, with the prefix L, i.e. L37 to L41. Negative control samples of serum were taken from all animals and a ewe and lamb were killed as
negative controls prior to inoculation. Four ewes were inoculated by coronary band
inoculation with $10^{5.9}$ TCID$_{50}$ FMDV O UKG 34/2001. The ewes were housed in pens
in direct contact with their lambs. One ewe and her lamb were killed at two, three and
four days post-inoculation (dpi). The fourth infected lamb was found dead on the
morning of day five post-inoculation. The mother of this lamb was killed on day
seven.

**Sample collection**

Daily serum and nasal swab samples were collected from ewes and lambs and clinical
signs and temperatures recorded. At post-mortem examination, various tissue samples
were collected, as listed in Tables 1, 2, 4 and 5. Tissues collected from ewes included
cervical and mandibular lymph nodes (LN), heart, liver, mammary gland, soft palate,
spleen, tonsil, cotyledon, muscle (taken from lumbar area), tongue epithelium, uterus
wall and coronary band skin (from non-inoculated coronary band). Tissues collected
lambs included cervical and mandibular LNs, duodenal intestine, heart, kidney, liver,
caudal lung lobe, muscle (from lumbar area), skin from lateral hindleg, soft palate,
spleen, tongue, tonsil and coronary band skin (from non-inoculated coronary band). A
portion of each tissue was put in RNALater (Ambion, UK) for RNA extraction, and
10% formalin (formol-FIXX, Shandon, UK) for histological examination and *in situ*
hybridisation as described below. Tissues were fixed in 10% formalin for less than 24
hours and then placed in 1% formalin, followed by embedding in paraffin wax.

**RNA extraction**

For automated RNA extraction from serum samples, 200 $\mu$l of sample was mixed with
300 $\mu$l MagNa Pure LC total nucleic acid lysis buffer (Roche, UK). Total nucleic
acids were extracted and eluted in 50 μl elution buffer by using the MagNa Pure LC total nucleic acid isolation kit (Roche, UK) with an automated robotic workstation (Roche), according to manufacturer’s instructions, as described by Quan et al. (2004). For tissue samples, 20 mg of tissue were homogenised by placing them in 700 μl of tissue lysis buffer (Roche, UK) in Lysing Matrix D tubes (Q-Biogene, UK) and shaking them at 6,500 revolutions per minute for 45 seconds three times in a FastPrep FP120 homogenising machine (Q-Biogene, UK). RNA was extracted and eluted in 50 μl elution buffer by using the MagNa Pure LC RNA extraction kit III (Roche, UK) with an automated robot as described above. Extracted RNA was stored at -80°C until used.

**Real-time quantitative RT-PCR assay for detection of viral RNA.**

The level of viral RNA in tissue, serum and amniotic fluid samples was quantified by real-time RT-PCR as described previously (Reid et al., 2002), using a Taqman probe specific for FMDV type O strain UKG 34/2001 as described previously (Quan et al., 2004). PCR assays were performed on a Stratagene MX4000 machine. For the generation of standard curves, a FMDV RNA standard was synthesized *in vitro* from a plasmid containing a 500 base pair insert of the internal ribosomal entry site (IRES) of FMDV O UKG 34/2001 (kindly provided by Dr G. Belsham, Institute for Animal Health, UK) using a MEGAScrip™ T7 kit (Ambion, UK) as described previously (Quan et al., 2004).

**Detection of antibody in sera by ELISA**

A liquid-phase blocking ELISA was used to titrate levels of anti-FMDV antibodies in serum samples, as described previously (Ferris et al., 1990).
Analysis of FMDV replication in tissues using strand specific real-time RT-PCR

In order to analyse viral replication levels in tissue samples, a strand specific real-time RT-PCR was used as previously described (Horsington and Zhang, 2007). A ratio of positive to negative strands was calculated based on the quantification of levels of positive and negative sense viral RNA transcripts in tissues. This ratio gives an indication of the degree of viral replication in a sample, with a lower ratio indicating a higher level of replication. Briefly, a tagged forward primer was designed containing a 20 nucleotide ‘tag’ sequence unrelated to FMDV at the 5’ end with the rest of the primer (20 bases) specific to the FMDV 3D negative strand. Similarly, a tagged reverse primer was designed to target the FMDV 3D positive strand. cDNA was produced using the Thermoscript (Invitrogen, UK) RT components. 6µl RNA was combined with 1µl dNTPs, 0.3µl primer (Tag-3D7151F, 10µM or Tag-3D7251R, 10µM) and 4.7µl dH₂O, and heated to 75ºC for 2 minutes. The reactions were then placed on ice for 2 minutes. 4µl 5X cDNA synthesis buffer, 1µl 0.1M DTT, 1µl RNaseOut, 0.5µl Thermoscript RT enzyme (all Invitrogen, UK) and 1.5 µl dH₂O was combined and added to the samples. Reverse transcription was performed at 62ºC for 35 minutes followed by 10 minutes at 95ºC. Real-time quantitative PCR was performed using TAG/3D7251R primers for the negative strand assay and 3D7151F/TAG primers for the positive strand assay and a FAM-TAMRA probe, 3D7196P, on the Stratagene 3005P real-time PCR machine (Stratagene, UK). 5µl cDNA was combined with 12.5µl 2x Taqman Mastermix (Applied Biosystems, UK), 1µl each of the forward and reverse primer (10µM), 0.5µl probe (5µM) and dH₂O to 25µl. The program comprised of 2 minutes at 50ºC, 10 minutes at 95ºC, and 50 cycles of 95ºC for 15 seconds and 58ºC for 1 minute. The standard curve was derived from
synthetic negative or positive strand FMDV transcripts from $1 \times 10^8$ to $1 \times 10^{11}$ copies/µl.

**In situ hybridisation**

**RNA probes and labelling**

A plasmid containing a part of the 3D region of FMDV type O UKG 34/2001 was made and cells transfected with this plasmid kindly supplied by Nicholas Juleff, Institute for Animal Health. The negative-sense RNA probe, complementary to the positive-sense RNA of FMDV, generated from this plasmid was used on tissues from experiment 1 (lambs LA76-LB82). A plasmid containing a part of the 3D region of the FMDV type O Kaufbeuren strain genome (kindly provided by Dr G. Belsham, Institute for Animal Health) was used to generate probe for use on tissues collected from experiment 2 (lambs L37-L41). A plasmid containing part of the SVDV genome was used to generate a control ISH probe.

The plasmids were linearised and then purified using phenol/chloroform extraction. The RNA probes were synthesised from plasmid DNA and labelled with digoxenin using a DIG RNA SP6/T7 labelling kit (Roche, UK) according to the manufacturer’s instructions.

**Hybridisation**

An mRNAlocator™ *In situ* hybridisation kit (Ambion, UK) was used to localise FMDV in tissues. Sections (4 µm) of the paraffin wax-embedded samples of fixed tissues were applied to superfrost microscope slides (BDH, UK). They were incubated at 56°C for 20 minutes to melt the paraffin, then put in xylene (BDH, UK) for 2x15 minutes at room temperature to dewax. The sections were put in 100% ethanol for
2x10 minutes, then 5 minutes each in 90%, 70% and 50% ethanol, followed by 5
minutes in phosphate buffered saline (PBS). Sections were immersed in 0.05%
proteinase K (70 U/μl) in PBS for 10 minutes at room temperature then rinsed in
nuclease-free water. Sections were then placed in a solution of 1.32% triethanolamine
and 0.5% HCl (Sigma, UK) in nuclease-free water for 3 minutes at room temperature,
followed by 10 minutes incubation in a solution of 1.32% triethanolamine, 0.5% HCl
and 0.24% acetic anhydride in nuclease-free water at room temperature. Slides were
washed for 5 minutes in PBS and placed in 100% ethanol for 5 minutes, then air
dried.

Hybridisation cover chambers (Sigma, UK) were applied to slides and overlaid with
40 μl prehybridisation buffer, followed by incubation in a humid chamber at 60°C for
one hour. Hybridisation solution was prepared by adding 1 μl of 100 ng/μl probe to
40 μl of hybridisation buffer for each section. Each slide had two sections on it,
allowing one section to be overlaid with FMDV probe and the other with SVDV
probe as a negative control. Prehybridisation buffer was removed from the chambers,
then 40 μl hybridisation solution added to each chamber. Slides were put on a hot
plate at 65°C for 5 minutes, then incubated in a humid chamber at 60°C overnight.

The following morning, coverslips were removed and sections were washed in 2x
saline-sodium citrate (SSC) for 30 minutes at 50°C, then 1x SSC for 30 minutes at
50°C. The slides were treated with 0.045% RNAse A (450 U/ml) in 1x RNAse
digestion buffer for 30 minutes at 37°C, then washed in 2x SSC for 30 minutes at
37°C. Slides were incubated in a blocking solution of 0.1% Triton X-100 (Sigma, UK)
and 2% normal sheep serum (Vector Laboratories, UK) in 100 mM Tris HCl (pH 7.5)
(BDH, UK) and 150 mM NaCl (BDH, UK) for 30 minutes at room temperature in a
humid chamber. Following this, sections were incubated for 1 hour at room
temperature in a humid chamber in an antibody solution of 0.1% anti-digoxenin
alkaline phosphatise sheep antibody (concentration 0.75 U/µl) (Roche, UK), 0.05%
Triton-X 100 and 1% normal sheep serum in 100 mM Tris HCl (pH 7.5) and 150 mM
NaCl.

Sections were then washed for 2x30 minutes in blocking solution with a gentle
shaker. They were incubated for 1 minute in a colouration buffer of 100mM Tris-HCl
(pH 9.5), 100 mM NaCl and 50 mM MgCl₂. A colour solution of 0.35% 5-bromo, 4-
chloro, 3-indolylphosphate (BCIP) (Boehringer Mannheim, Germany) and 0.45%
nitroblue tetrazolium (NBT) (Boehringer Mannheim, Germany) was added to the
colouration buffer and slides were incubated in this in a humid chamber for 1 hour. A
water wash stopped colouration. Slides were counterstained with methyl green
(Vektor Laboratories, Inc., USA) for 2 minutes 30 seconds at 60°C on heat block,
dipped in water, then mounted with Immumount (Thermoshandon Electron
Corporation, UK).

RESULTS

Kinetics of viral RNA in ewes experimentally infected with FMDV

All inoculated ewes developed signs of clinical signs of FMD within 1-2 dpi. The
kinetics of viral RNA in serum samples are shown in Fig. 1 with daily temperature
data. All inoculated ewes developed viraemia at 1 dpi (average 9.6 log₁₀ copies per
ml). Viral RNA levels then peaked at 2 dpi (average 10 log₁₀ copies per ml). The
tissue distribution of viral RNA in samples taken at post-mortem examination is summarised in Table 1.

Ewes infected by direct contact with inoculated lambs developed viraemia from 2 to 3 days post inoculation of lambs, and this viraemia peaked at 3 dpi (average $7.5 \log_{10}$ copies per ml). Ewe VM76 (killed 2 dpi) did not develop viraemia, although viral RNA was detected in four of the tissue samples from this sheep. Levels of viral RNA in serum samples from these ewes are shown in Fig. 2, along with graphs of body temperature illustrating pyrexia. The level of viral RNA in tissue samples collected at post-mortem examination is summarised in Table 2.

Clinical signs and gross lesions in lambs experimentally infected with FMDV

All inoculated lambs had early-stage vesicles on the coronary band at 1 dpi. By the following day, all had fully-developed pedal vesicles; one lamb (LB78) had lesions on four feet, two had lesions only at the inoculation site (LA78 and LA81), while the others had two lesions each on their coronary bands. By 3 dpi, all lambs had at least three pedal lesions, and lamb LA80 had a lesion on its dental pad. Only lamb LA79 (killed at 2 dpi) had been lame. On day 4, most lesions had ruptured and were starting to crust over; the following day, all lesions had begun to heal. By 7 dpi, the lesions on the remaining four lambs had healed. At post-mortem examination, vesicles were found on the lateral surfaces of the tongues at the level of the molars from one lamb at 2 dpi, and all lambs at 4 and 7 dpi. At 10 dpi, a healing lesion was seen on the lateral tongue of one lamb. Daily temperature measurements for the lambs are shown in Fig. 3.
In lambs infected by direct contact, early lesions were observed in lambs from around 3 dpi. At post-mortem examination, lamb L40 (killed 3 dpi) had small vesicles on all four feet, an erosive lesion on the lateral side of the tongue at the level of the molars, and enlarged tonsils and cervical lymph nodes (CLN). Lamb L41 (killed 4 dpi) had small vesicles on all four feet and a small erosion on the lateral surface of the tongue, again at the level of the molars. It also had CLN enlargement. Lamb L38, which was found dead on day 5, had vesicles on both fore-feet and three erosions on the tongue, one on each lateral surface at the level of the molars and one on the dorsal surface of the tongue. Daily temperature measurements for the lambs are shown in Fig. 4. It can be seen that the three remaining lambs were pyrexic from 3 days after maternal inoculation.

Kinetics of viral RNA in lamb serum during the acute stage of FMD

In inoculated lambs, levels of viral RNA in lamb serum samples, as measured by real-time RT-PCR, are shown in Fig. 3. All lambs developed viraemia by 1 dpi. The highest level was $10^{9.4}$ copies of viral RNA/ml serum, in lamb LA77 at 4 dpi. The length of the viraemic period ranged from 2 days (lamb LA80) to 5 days (lamb LB79).

In contact-infected lambs, viraemia was first detected at 2 dpi (Fig. 4) with serum viral RNA levels peaking at 3 dpi. The levels of viral RNA detected in lamb serum at 2 dpi ranged from $10^{8.7}$ to $10^{10.4}$ copies per ml. The highest level measured was $10^{11.1}$ copies per ml, in lamb L38. By 4 dpi, no viral RNA was detected in the serum of lamb L41, although no antibodies were detected in this serum sample. In contrast, lamb L38 still had a high level of viraemia at 4 dpi, with $10^{9.4}$ copies of viral RNA per ml.
Antibody levels in serum from inoculated lambs

Antibody titres detected in lamb serum from inoculated lambs are summarised in Table 3. No antibodies were detected in serum from the contact-infected lambs.

Distribution and quantification of viral RNA in lamb tissues

The distribution of viral RNA in tissues from inoculated lambs is summarised in Table 4. Viral RNA was detected in all tissues at 2 and 4 dpi. At 2 dpi, the highest levels were found in the coronary band, tongue, skin, tonsil and CLN. At 4 dpi, there was more variation between tissues, with the highest levels in the coronary band, heart, CLN, mandibular lymph node (MLN), tongue, and tonsil. At 7 dpi, no viral RNA was detected in the liver, and there was less in the other tissues than at earlier timepoints. The tongue was the only exception to this, with an average of $10^{11}$ copies/g. Other tissues with the most viral RNA at this timepoint were the coronary band and the CLN. By 10 dpi, there was no viral RNA detectable in 7 tissue samples from one lamb and 3 from the other. The tonsil, with an average of $10^{10}$ copies/g, contained the highest amount of viral RNA.

In contact-infected lambs, levels of viral RNA detected in lamb tissues are summarised in Table 5. Viral RNA was evenly distributed throughout tissues collected at 2 dpi from L39, with the highest levels in the coronary band, tongue, soft palate, CLN, MLN and tonsil. At 3 dpi (L40), the highest level of viral RNA was found in the skin of the foot, followed by the tongue, CLN, MLN and soft palate. The lamb (L41) killed at 4 dpi had cleared the viraemia by the time it was killed although antibody titration by ELISA on its serum at 4 dpi was negative. Most of the tissue
samples contained low levels of viral RNA, and there was none detected in the heart. Only the coronary band, tongue and tonsil contained \(10^8\) copies of viral RNA or more per gram. This is in marked contrast to the lamb (L38) found dead at 5 dpi, which had a significant viraemia on days 2, 3 and 4 and had high levels of viral RNA in many tissue samples, particularly the heart and skeletal muscle, which each contained over \(10^{10}\) copies of viral RNA per gram.

**Histopathology in the heart and muscle**

Cardiac histopathological lesions in infected lambs are shown in Fig. 5. Multiple foci of myocardial abnormalities were observed in sections from lamb LA81 (directly inoculated with FMDV) at 4 dpi, including pale and ruptured myocardiocytes, disordered myocardiocytes, aggregations of lymphocytes and oedema (Figs. 5a, 5b). Similar lesions were observed in heart muscle from lambs LA80 (killed 7 dpi) and LA78 (killed 10 dpi). In sections of heart from the contact-infected lamb found dead on day five (L38) multi-focal myocardiocyte swelling, sometimes with hyalinisation, and focally marked perivascular lymphocytic aggregation were described (Figs. 5c, 5d). No significant histological abnormalities were recognised in sections of heart from the other contact-infected lambs. In skeletal muscle sections from contact-infected lamb L38, disordered myocytes with pale, foamy cytoplasm were recognised histologically.

**Localization of viral RNA in relation to histopathological lesions**

ISH was carried out on tissue sections to localise viral RNA in relation to histopathological lesions. In heart sections from the contact-infected lamb found dead on day five (L38), viral RNA was distributed throughout the myocardium in a diffuse
pattern, with positive signal found both in areas of cell swelling and in areas which were unremarkable in H&E sections (Figs. 6a, 6b). The positive signal was found in the cytoplasm of the cells. No positive signal was observed in heart sections from the other contact-infected lambs. In addition, ISH on skeletal muscle sections from the same lamb also showed viral RNA distributed throughout the sections in a multi-focal array contrasting with the diffuse distribution seen in the myocardium (Figs. 6c, 6d).

No positive signal was found in the skeletal muscle sections from the other contact-infected lambs. ISH was also performed on skin, tongue, soft palate, lymph nodes and lung from all contact-infected lambs, but no positive signal was detected. Viral RNA was also localised within vesicles in sections of tongue and coronary band from inoculated lambs (Fig. 7). Positive signal can be seen within the lesions, deep to the stratum corneum and in the detached epithelium of the coronary band lesion, and diffusely throughout the two microvesicles in the stratum spinosum of the tongue.

Analysis of viral replication levels in tissue samples using strand-specific real-time RT-PCR assay

Using strand-specific real-time RT-PCR, the ratios of positive to negative viral RNA strands were calculated for each tissue sample from the lambs. Fig. 8(a) shows the ratios for each tissue for each inoculated lamb, while Fig. 8(b) shows the ratios for each tissue in contact-infected lambs. A lower ratio indicates active replication. Where no ratio is shown, no negative strand viral RNA was detected, indicating little or no replication was occurring in that tissue. Intermediate ratio levels are more difficult to interpret, as negative viral RNA transcripts may be drained to some areas via the lymphatic system or local circulation, without viral replication necessarily taking place in these sites.
In the inoculated lambs at 2 dpi, negative strand viral RNA transcripts were detected in most tissues. In the heart and muscle samples negative strand RNA was only detected in samples from LA76, while negative strand RNA was only detected in the liver in the sample from LA79; the ratio in these tissues was high. In all other tissues, the ratio at 2 dpi was 100 or less. At 4 dpi, negative viral RNA strands were detected in both lambs in the CB, CLN, MLN, spleen, tongue and tonsil, while negative strands in the heart, kidney and skin were detected only in LA81. Only the intestine of LA77 had detectable negative strand RNA. No replication was detected in the liver, lung, muscle or soft palate at 4 dpi. At 7 dpi, negative viral RNA strands were detected in the CB and tongue of both lambs, in the CLN of LA80 and in the kidney and tonsil of LB79. Viral replication was not evident in other tissues at 7 dpi. At 10 dpi, negative viral RNA transcripts were detected in the tonsil of both lambs and the soft palate of LB78 (Fig. 8a).

In the contact-infected lambs, only the CLN, MLN, tongue and tonsil had detectable negative strand viral RNA at 2 days post maternal inoculation (lamb L39). The ratio in the CLN was 11, while the other three ratios ranged from 416 to 1542. At 3 dpi, the CB, tongue, CLN and MLN had detectable negative strand viral RNA, with the lowest ratio in the tongue (ratio 33) (lamb L40). At 4 dpi, lamb L41 had detectable negative strand viral RNA in the CB, tongue, tonsil and CLN, with the lowest ratio (45) in the tongue. Lamb L38, found dead at 5 dpi, had detectable negative strand viral RNA in every tissue except the liver and muscle. The ratios in the soft palate and tonsil were 7 and 6, respectively (Fig. 8b).
DISCUSSION

The experiments described here characterised the pathogenesis and development of FMD in neonatal lambs infected with FMDV. The viral RNA levels in serum and in tissues samples were quantified, and viral replication levels in various tissues was analysed by a novel negative strand RT-PCR assay. Importantly, viral RNA was localised in cardiac and skeletal muscle cells from a lamb which died of FMD, confirming the tropism of the virus for these tissues. The results provide a detailed description of the pathogenesis of the disease in lambs.

All four contact-infected lambs developed viraemia from 2 dpi. From this it can be deduced that the lambs became infected with FMDV approximately 24 - 36 hours after maternal inoculation. This allows time for the initial virus replication to occur in the oropharynx, followed by dissemination to secondary sites of infection with subsequent viraemia detectable at 2 dpi. Therefore, infecting lambs by contact with inoculated ewes is likely to reflect the most common route of lamb infection in the field during FMD outbreaks. Interestingly, the pattern of gross lesions on the tongue in these lambs contrasts with that of older sheep and cattle, where lesions are more common on the rostral tongue, gums and dental pad. It is thought that lesions are more likely to develop at sites of trauma or intensive physical stress (Alexandersen et al., 2003). When young lambs suckle the ewe, the sides of the tongue rub against the molars whilst the dorsum of the tongue rubs against both the lower aspect of the teat and the roof of the lamb’s mouth. This may explain the difference in lesion distribution. In the inoculated lambs, development of clinical signs appeared to be more uniform than in the contact-infected lambs. Viraemia was present at 1 dpi in all
cases, with the level of viral RNA in serum ranging from $10^{6.6}$ to $10^{7.6}$ copies per ml. The development of vesicles and onset of pyrexia was also similar in all inoculated lambs. After 2 dpi, individual variation became apparent with the length of viraemia varying from 2 days to 5 days. In inoculated lambs, lesions were observed on the lateral aspects of the tongue at the levels of the molar teeth, as was observed in contact-infected lambs. In contrast to contact infected lamb, however, no dorsal tongue lesions were observed on any tongues from inoculated lambs. Furthermore, the lingual lesions in contact-infected lambs appeared more severe than those in inoculated lambs. This may be due to chance, but the route of infection may also have influenced lesion location, as discussed above.

In investigating the kinetics of viraemia and viral RNA tissue distribution in lambs, the results show that the acute-phase distribution of the virus is primarily to tissues rich in epithelium such as the tongue and skin of the feet. Interestingly, the levels of viral RNA found in tissue samples from inoculated lambs were generally much higher than those in the contact-infected lambs. The highest level was in the coronary band at 2 dpi ($10^{13.43}$ copies/g) compared to a peak measurement of $10^{10.89}$ copies/g at 3 dpi in contact-infected lambs. These higher concentrations of viral RNA are most likely to be due to the coronary band inoculation of the lambs. The initial high infectious dose administered was followed by local replication and dissemination to distant secondary sites of replication, with accompanying viraemia.

The histological appearance of sections of heart from the contact-infected lamb found dead on day five (L38) included multiple scattered foci of myocardiocyte swelling, occasionally with hyalinisation, with perivascular mononuclear aggregation (Fig. 5).
The heart sections of the other contact-infected lambs had no significant histological abnormalities. Histological abnormalities were evident in sections of the hearts of inoculated lambs at 4 dpi (Fig. 5), and also at 7 and 10 dpi. In exploring if the histological abnormalities observed in the heart is related to FMDV replication, abundant viral RNA was detected by ISH in the heart and muscle of contact-infected lamb L38, indicating that these tissues may act as sites of FMDV tropism in young lambs. This is in agreement with similar work carried out in piglets (Donaldson et al., 1984). It supports the theory that neonatal mortality following FMDV infection may be due to viral replication in the heart, providing a plausible explanation for the dramatic death rates often reported in young animals during an outbreak. In contrast to the results from contact-infected lambs, no positive signal was detected in any muscle or heart sections from inoculated lambs, despite histological evidence of cardiac abnormalities. This may be due to the deterioration of viral RNA in tissue samples during processing. Such deterioration may also be a factor in the lack of positive signal in tissue sections from 7 and 10 dpi, but a more important explanatory reason may be the presence of antibodies at these time-points.

The ratios of positive to negative strand viral RNA transcripts in tissue samples from the lambs provided an indication of the levels of viral replication in those tissues. Although a low ratio is likely to indicate viral replication in a tissue and a high or zero ratio indicates little or no replication, interpretation of intermediate values is more difficult. Negative strand viral RNA may be drained to a tissue (e.g. lymph node) from other areas without replication necessarily occurring \textit{in situ}. Nevertheless, this novel technique provides a degree of insight into FMDV replication which has not previously been available. The results in the inoculated lambs show that over time, the
number of sites of replication declined. Interestingly, by 10 dpi, the only tissues where negative strand viral RNA transcripts were detected were the tonsil and soft palate. The ratio in these tissues at 10 dpi was still quite low at around 100, indicating a degree of replication comparable to that in the epithelial tissues at 2 and 4 dpi. The tonsil has previously been identified as the site of FMDV persistence in sheep (Burrows, 1968), although it has also been suggested that the close association of the ovine tonsil with the overlying palatine epithelium could explain this (Alexandersen et al., 2003). Recent work in our laboratory has further supported this region as the site of FMDV persistence in sheep (Horsington and Zhang, 2007). The low ratios found in most tissues from inoculated lambs at 2 dpi show that, following inoculation with a high dose of virus, negative strand viral RNA was detected at most sites in the body. While replication might be expected at the recognised sites of viral replication such as the coronary band, tongue, tonsil and soft palate, the low ratios in such tissues as the kidney, intestine, heart, lung and spleen may indicate either viral replication at these sites or negative strand viral RNA transported to these tissues via viraemic blood. In the contact-infected group, viral replication occurred mainly in the epithelial tissues and the CLN and MLN in the lambs killed at 2, 3 and 4 days after maternal inoculation. This pattern is similar to that reported in other pathogenesis studies (Burrows et al., 1981), and is in contrast to the inoculated lambs, which had a wider distribution of negative strand viral RNA.

The results from the ewes are also significant (Tables 1 and 2). This is the first report we are aware of in which FMDV RNA loads in adult sheep tissues have been quantified at various time-points after infection using real-time RT-PCR. Although lambs are unlikely to infect ewes in the field (the reverse situation being more
probable), the data on transmission dynamics from inoculated lambs to in-contact ewes provides a useful insight into the acute pathogenesis of FMD in sheep following prolonged direct contact with infected cohorts. Viral RNA was first detected in two ewes (VM78 and VM80) at 2 dpi. At 3 dpi, viraemia was detected in one more sheep, while the remaining two became viraemic at 4 dpi. It is interesting that it took up to four days for infection to be detected in some ewes, despite being in continuous direct contact with their infected lambs. No viral RNA was detected in the serum of ewe VM76, an unexpected result given the detection of viral RNA in four tissue samples. It is likely that some viral RNA was present in the serum of this animal, but it may have been below the limit of detection. Alternatively, the serum sample from 2 dpi may have deteriorated during processing. By 10 dpi, the infection was waning and the levels of viral RNA were lower, probably due to antibody clearance. In conclusion, these studies of FMDV infection and replication in vivo provide a detailed description of the patterns of virus load and distribution in lambs. It is clear that quantitative analysis of viral load in vivo is a valuable tool in order to fully understand the pathogenic steps of FMDV infection.

Acknowledgements

We would like to thank Yanmin Li, Pip Hamblin and Caroline Wright for performing the antibody ELISAs and Nicholas Juleff for help with the ISH. We thank Colin Randall, Bev Standish and Malcolm Turner for their assistance with and handling of the animals. This work was funded by Defra, UK.

References


**Table 1** Viral RNA in tissues from inoculated ewes.

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* uninfected ewe killed as a control and tissues collected for analysis.

† viral RNA loads in tissues were quantified by real-time RT–PCR and expressed as log_{10} copy number per g tissue

dpi: days post inoculation at the day the ewes were killed

LN: lymph node
Table 2 Viral RNA in tissues from contact-infected ewes

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* uninfected ewe killed as a control and tissues collected for analysis.
† viral RNA loads in tissues were quantified by real-time RT–PCR and expressed as log_{10} copy number per g tissue
dpi: days post lamb inoculation at the day the ewes were killed
LN: lymph node
**Table 3:** Serum antibody titres from inoculated lambs, measured by ELISA.

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**Table 4** Viral RNA in tissues from inoculated lambs (expt. 1)

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* uninfected lambs killed as controls and tissues collected for analysis.

† viral RNA loads in tissues were quantified by real-time RT–PCR and expressed as log_{10} copy number per g tissue.

dpi: days post inoculation at the day the lambs were killed.

LN: lymph node.
Table 5 Viral RNA loads in tissues from contact-infected lambs (expt. 2)

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* uninfected lamb killed as a control and tissues collected for analysis.

** lamb found dead at 5 dpi.

† viral RNA loads in tissues were quantified by real-time RT–PCR and expressed as log_{10} copy number per g tissue.

dpi: days post maternal inoculation at the day the lambs were killed.

LN: lymph node.
Figure 1: Graphs showing FMDV RNA levels in serum samples and temperature measurements from ewes inoculated with FMDV.

Figure 2: Graphs showing FMDV RNA levels in serum samples and temperature measurements from ewes kept in direct contact with FMDV-inoculated lambs.

Figure 3: Graphs showing FMDV RNA levels in serum samples and temperature measurements from lambs inoculated with FMDV.

Figure 4: Graphs showing FMDV RNA levels in serum samples and temperature measurements from lambs kept in direct contact with FMDV-inoculated ewes.

Figure 5: Histological sections of heart stained with haematoxylin and eosin. (a) and (b): Sections from lamb L38 (contact-infected, died 5 dpi) showing 40x and 63x views of a focus of perivascular lymphocyte and plasma cell aggregation. Myocardiocytes are dispersed and disrupted. (c) Section from lamb LA81 (inoculated, killed 4 dpi) showing 10x view of a poorly demarcated area plasmocytic-lymphocytic aggregation within myocardium; (d) 40x view of area of mononuclear inflammation with myocardiocyte disruption, also from LA81. Foci dominated by myocardiocyte swelling sometimes with hyalinisation, but with less marked inflammatory cell aggregation were also recognised (though are not shown in these photographs).
Figure 6: ISH performed on heart (a: 10x view, b: 63x view) and skeletal muscle (c: 10x view, d: 40x view) sections from lamb L38, (contact-infected, died 5 dpi). Positive signal is diffusely distributed throughout the myocardium, while in the muscle signal can be seen at several foci along multi-nucleated myocytes.

Figure 7: ISH performed on tongue and coronary band sections. (a) and (b): Tongue from lamb LA77 (inoculated, killed 4 dpi), 10x and 63x views respectively. (c): Tongue from lamb LA76 (inoculated, killed 2 dpi), 10x view; (d) coronary band from LA76, 10x view. Positive signal can be seen diffusely distributed throughout the basal zone of the tongue lesions, and in the subcorneal area of the coronary band lesion.

Figure 8: Graphs showing ratios of positive to negative strand viral RNA transcripts in tissues from lambs. (a) Data from inoculated lambs; (b) data from contact-infected lambs. A lower ratio indicates active replication. Where no ratio is shown for a sample, no negative strand RNA was detected, indicating little or no viral replication.

CB: coronary band; CLN/MLN: cervical/mandibular lymph node.
Figure 1: Graphs showing FMDV RNA levels in serum samples and temperature measurements from ewes inoculated with FMDV. FMDV RNA loads in serum samples are expressed as log_{10} copy number per ml.
Figure 2: Graphs showing FMDV RNA levels in serum samples and temperature measurements from ewes kept in direct contact with FMDV-inoculated lambs. FMDV RNA loads in serum samples are expressed as log_{10} copy number per ml.
Figure 3: Graphs showing FMDV RNA levels in serum samples and temperature measurements from lambs inoculated with FMDV. FMDV RNA loads in serum samples are expressed as log_{10} copy number per ml.
**Figure 4:** Graphs showing FMDV RNA levels in serum samples and temperature measurements from lambs kept in direct contact with FMDV-inoculated ewes. FMDV RNA loads in serum samples are expressed as \( \log_{10} \) copy number per ml.
Figure 8: Graphs showing ratios of positive to negative strand viral RNA transcripts in tissues from lambs. (a) Data from inoculated lambs; (b) data from contact-infected lambs. A lower ratio indicates active replication. Where no ratio is shown for a sample, no negative strand RNA was detected, indicating little or no viral replication. CB: coronary band; CLN/MLN: cervical/mandibular lymph node.