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SOMATOSTATIN AND ALZHEIMER’S DISEASE

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ABSTRACT

Alzheimer’s disease (AD) is characterized by the cerebral deposition of senile plaques that are mainly composed of a set of peptides referred to as amyloid β-peptides (Aβ). Among the numerous neuropeptides produced in intrinsic cortical and hippocampal neurons, somatostatin (SRIF) has been found to be the most consistently reduced in the brain and cerebrospinal fluid of AD patients. SRIF receptors (SSTR), which mediate the neuromodulatory signals of SRIF, are also markedly depleted in the AD brain, there being subtype-selective alterations in cortical areas. In the rat temporal cortex, we have shown that intracerebroventricular infusion of Aβ25-35 results in a decrease in SRIF-like immunoreactivity and in SRIF receptor subtype 2 (SSTR2) mRNA and protein levels, in correlation with a decrease in SSTR functionality. Insulin-like growth factor-I prevents the reduction in these parameters induced by Aβ25-35. Aβ has recently been demonstrated to be degraded primarily by a neutral endopeptidase, neprilysin, in the brain. SRIF regulates brain Aβ levels via modulation of neprilysin activity. Because SRIF expression in the brain declines upon aging in various mammals, including rodents, apes and humans, the aging-dependent reduction of SRIF has been hypothesized to trigger accumulation of Aβ in the brain by suppressing neprilysin action. Here we present an overview of recent advances on the role of SRIF in AD and its relationship with Aβ peptides.
ALZHEIMER’S DISEASE AND AMYLOID β-PEPTIDE

Alzheimer’s disease (AD) is an irreversible neurodegenerative disorder affecting predominantly individuals over age 65. It is characterized clinically by progressive dementia and, histopathologically, by the presence of extracellular deposits of amyloid fibrils in the core of senile plaques, intracellular neurofibrillar tangles and neuronal cell loss (Braak et al., 1991; Selkoe, 2001). One of the principal components of senile plaques, amyloid β-peptide (Aβ), is considered to be involved in the pathogenesis of AD (Hsiao et al., 1996; Selkoe, 2001). Aβ peptides are formed from the amyloid precursor protein (APP) by sequential enzymatic processing. Proteolysis by a β-secretase cleaves APP to yield a membrane-bound C-terminal fragment of APP designated CTFβ. This fragment is subsequently cleaved within the transmembrane domain by γ-secretase to release Aβ peptides, mainly Aβ1-40 and Aβ1-42, and CTFγ peptides (Sambamurti et al., 2002). Aβ25-35, located at the C-terminus of Aβ1-42, has been proposed to be the functional domain of Aβ responsible for its neurotoxic properties (Pike et al., 1993). For many years, the presence of this 11-aminoacid fragment in vivo was questioned. In 2002, Kubo et al. provided evidence that insoluble Aβ1-40, present in the senile plaques characteristic of AD, can be racemized at Ser26, possibly during the aging process, to yield soluble [D-Ser26]Aβ1-40; this fragment is released from the plaques and degraded by proteases, generating the toxic fragments [D-Ser26]Aβ25-35 and [D-Ser26]Aβ25-40, both protease-resistant. Immunohistochemical analysis with specific antibodies to [D-Ser26]Aβ25-35 and [D-Ser26]Aβ25-40 clearly revealed the presence of both fragments in the AD brain but not in age-matched control brains (Kubo et al., 2002). An accumulation of Aβ peptides has been associated with progressive neuronal death, cognitive deficits and neuropsychiatric disorders such as agitation, apathy and increased
anxiety (Hardy et al., 1992; Selkoe, 1996; Sheuner et al., 1996; Weiner et al., 1997; Stepanichev et al., 2000).

It is still unclear how Aβ causes its damage, although several mechanisms have been proposed (Bossy-Wetzel et al., 2004). One view suggests that Aβ protofibrils activate microglia, inciting an inflammatory response and release of neurotoxic cytokines (Stewart et al., 1997; Weggen et al., 2001). Aβ protofibrils may also trigger excessive release of excitatory aminoacids, like glutamate, from glial cells and thus may injure nearby neurons by excitotoxicity (Lipton et al., 2004). A third view suggests that protofibrils and aggregates convey harmful effects to neurons by paralyzing axonal and dendritic transport. Aβ deposits may act as non-specific “roadblocks” representing a physical transport barrier (Lipton, 2004; Kamal et al., 2000; Pigino et al., 2003). An additional mechanism of Aβ injury is synaptic dysfunction and loss, which are early events in AD and occur before amyloid plaque formation (Selkoe, 2002). Alternatively, Aβ may mediate harmful effects by binding redox-reactive metals which, in turn, release free radicals (Bush et al., 1993; Lovell et al., 1998; Bush, 2003; Dong et al., 2003). In addition, oxidative stress from mitochondrial dysfunction occurs early in AD, and Aβ may directly or indirectly injure mitochondria (Hirai et al, 2001; Casley et al., 2002; Anandatheerthavarada et al., 2003; Lustbader et al., 2004).

In recent years, evidence has accumulated indicating that Aβ may inhibit ubiquitinated protein degradation by the proteosome (Gregori et al., 1995). The ubiquitin-proteosome system itself plays an important role in apoptosis (Orlowski, 1999; Moore et al., 2003; Hernández et al., 2004). Recent studies report that extracellular Aβ can enter the cytoplasm and inhibit the proteosome of neurons from Tg2576 mice (Oh et al., 2005). Furthermore, accumulation of Aβ within Tg2576 primary neurons leads to impairments in proteosome and ubiquitination activities.
(Almeido et al., 2006). Recently, Tseng et al. (2007) have shown that Aβ oligomers, but not monomers, inhibit the proteosome in vitro and that proteosomal activity is impaired in 3xTg-AD mice when Aβ oligomer levels are high. In addition, these authors have demonstrated that inhibiting proteosome function in vivo in the 3xTg-AD mice causes the pathological accumulation of both Aβ and tau, two proteins that are themselves degraded by the proteosome.

Caspase activation, a key step in apoptosis, occurs in AD and leads to the proteolytic cleavage of several neuronal proteins (Jordan et al., 1997). Recent studies suggest that plaques, tangles, and caspase activation share a common pathway. Aβ can activate caspases (Harada and Sugimoto, 1999; Ivins et al., 1999; Nakagawa et al., 2000; Troy et al., 2000; Yamakava et al., 2000). Activated caspases can, in turn, cleave tau, the main component of neurofibrillary tangles. Caspase-cleaved tau may initiate or accelerate the development of tangle pathology, as evidenced by recent studies (Cotman et al., 2005; Sorrentino and Bonavita, 2007).

**SOMATOSTATIN AND THE MODULATION OF ADENYLYL CYCLASE ACTIVITY IN ALZHEIMER’S DISEASE**

Somatostatin (SRIF), a regulatory peptide with two bioactive forms, SRIF-14 and SRIF-28, is produced in neuroendocrine cells in the brain and periphery and acts on a wide array of tissue targets to modulate neurotransmission, cell secretion and cell proliferation (Reichlin, 1983; Epelbaum et al., 1994; Patel, 1999). SRIF has also been reported to modulate both motor activity and cognition (Gillies, 1997). Somatostatinergic neurons occur in high densities throughout the central nervous system (CNS) and give rise to an extensive network of SRIF-containing fibers and axon terminals in numerous brain regions including the cerebral cortex, hippocampus,
amygdala, hypothalamus, brainstem and spinal chord (Johansson et al., 1984). SRIF exerts its physiological effects via interaction with a family of five G-protein-coupled receptors, termed SSTR1-SSTR5 (Moller et al., 2003; Olias et al., 2004), with two splice variants of SSTR2 having been identified in mouse and rat, SSTR2A and SSTR2B (Vanetti et al., 1992, Vanetti et al., 1993). SSTRs can couple to multiple cellular effector systems, including adenylyl cyclase (AC), Ca\(^{2+}\) and K\(^{+}\) channels, phospholipase A, serine/threonine phosphatases, and tyrosine phosphatases (Panetta et al., 1995; Patel et al., 1995). One SSTR subtype may be linked to more than one effector system, and the actual pattern of SSTR-effector coupling appears to be cell or tissue specific, most likely based on which Gi proteins and effector system are present.

Among the different neuropeptides whose levels are significantly altered in patients with Alzheimer’s disease (AD), SRIF is reported to be the most consistently reduced, both in brain and cerebrospinal fluid (CSF) (Davies et al., 1980; Beal et al., 1986; Davis et al., 1988; Bissette and Myers, 1992; Nemeroff et al., 1992; Molchan et al., 1993; Bissette et al., 1998; Nilsson et al., 2001).

Recent immunohistochemical analyses of human control and AD brains have revealed a significant reduction (>70%) in the number of SRIF-immunoreactive neurons in the AD frontal cortex (Kumar, 2005), which would account for the deficit in SRIF concentration previously reported in this brain area (Davies et al., 1980; Dournaud et al., 1995). In the hippocampus, a substantial early loss of SRIF-immunopositive neurons and SRIF mRNA was detected in a transgenic mouse model of AD, in the absence of changes in other neuronal markers of GABAergic, glutamatergic and cholinergic systems or in the principal cell number (Ramos et al., 2006). Furthermore, a linear correlation between SRIF deficiency and A\(\beta\) content was observed. In view of these
findings, SRIF could constitute an important biomarker to assess the efficacy of potential early AD treatments (Ramos et al., 2006).

On the other hand, continuous intracerebroventricular (i.c.v.) infusion of Aβ1-40 or Aβ25-35 for 14 days results in a significant reduction in SRIF-LI content in the rat hippocampus, frontoparietal cortex and temporal cortex (Nag et al., 1999; Hervás-Aguilar et al., 2005; Aguado-Llera et al., 2005; Burgos-Ramos et al., 2007), which parallels that seen in postmortem brains of patients with AD (Davies et al. 1980). These findings suggest that the accumulation of Aβ peptides contributes, at least partly, to the well-documented deficits in SRIF-LI content throughout the AD brain.

Accumulating evidence indicates that in addition to a SRIF deficiency, abnormalities at the level of the SRIF receptors, which transduce the SRIF signal, are also present in the AD brain. Initial studies by Beal et al. (1985) in the AD post-mortem brain revealed a dramatic reduction of approximately 50% in the SRIF receptor density, as compared to age-matched control brains, in the frontal cortex (Brodman areas 6, 9 and 10) and temporal cortex (Brodman area 21), regions where the SRIF deficit is also most notable. No changes, however, were detected in the SRIF receptor affinity in any of these cortical areas. The SRIF receptor concentration was unaltered in the cingulate cortex, hippocampus and postcentral gyrus. The correlation between reduced SRIF-LI and reduced SSTRs in the same cortical areas of AD patients could reflect loss of both presynaptic (SRIF) and postsynaptic (SRIFceptiv) neurons in areas which are predisposed to the pathologic process (Beal et al., 1985). In contrast, Withford et al. (1988) found no changes in the SRIF receptor density in AD brain; this discrepancy is most likely attributable to differences in the severity of the cases analyzed.

Recent studies have unraveled the specific SSTR subtypes affected in AD. Initial radioligand binding assays demonstrated a reduction in the maximal binding capacity of
those SSTRs showing high affinity for SMS201-995 (a SRIF analogue), currently known to be SSTR2, SSTR3 and SSTR5, in the AD frontal and temporal cortex, with preservation of other SRIF receptor subtypes (Krantic et al., 1992). More recently, analysis of SSTR1-SSTR5 protein expression in the AD frontal cortex, using specific rabbit polyclonal antibodies directed against each subtype, revealed a marked reduction in SSTR4- and SSTR5-immunopositive neurons, a modest decrease in SSTR2-like immunoreactivity, and no significant differences in SSTR1-immunoreactive neurons when compared with age-matched controls (Kumar, 2005). In contrast, SSTR3 was markedly increased in the AD cortex. Altogether, these findings showing subtype-selective alterations in SSTR protein expression in AD cortical regions provide an emerging picture of a central role not only of SRIF but of SSTR subtypes in the pathophysiology of AD.

Our group (Burgos-Ramos et al., 2007; Aguado-Llera et al., 2005; Hervás-Aguilar et al., 2005) has found that continuous i.c.v. infusion of Aβ25-35 induces a selective decrease in SSTR2 mRNA and protein levels in the rat temporal cortex, as well as a decrease in SSTR density in the frontoparietal cortex and frontal or parietal cortex alone, exerting no effect in the hippocampus. These results support the hypothesis that Aβ peptides play a pivotal role in the alterations of SSTRs detected in the human AD brain, as described above.

Since SSTRs couple negatively to AC via inhibitory guanine-nucleotide-binding proteins (Gi proteins), numerous laboratories have focused on elucidating whether these components of the SRIF signalling pathway are altered in human AD brain or in animal models of AD. In earlier studies, Bergström et al. (1991) concluded that impaired SRIF modulation of AC is not a global phenomenon in AD brain, and that there are no major disruptions of SSTR-G-protein coupling or of AC catalytic activity in AD (see review...
of Vécsei and Klivényi, 1995). Cowburn et al. (1992) reported a preservation of Gi-protein inhibited AC activity in the postmortem brains of patients with AD. Likewise, O’Neill et al. (1994) found that Gi-protein-inhibited AC activity was unaltered in the frontoparietal cortex of AD patients, whereas Kato et al. (1991) reported no differences in the relative abundance of Giα2 in the AD temporal cortex as compared with control values. In contrast, in the AD hippocampus, Ohm et al. (1991) showed reduced forskolin (FK)-stimulated AC activity, suggesting a loss of AC enzyme units. In addition, a recent study by García-Jiménez et al. (2003) provided evidence of a significant decline in Giα levels in this brain region as well as in the entorhinal cortex, which was parallel to the extent of AD pathology.

Our research group recently found that the Aβ25-35-induced decline of SSTR2 expression in the rat temporal cortex, mentioned previously, was accompanied by a decrease in SRIF-mediated inhibition of FK-stimulated AC activity, with no alterations in the protein levels of Giα1, Giα2 or Giα3 (Aguado-Llera et al., 2005; Hervás-Aguilar at al., 2005; Burgos-Ramos et al., 2007). No changes were detected in either basal or FK-stimulated AC activity, suggesting that the decreased sensitivity of the enzyme to SRIF inhibition was not due to an alteration in the AC catalytic subunit but rather to the decrease in the SRIF receptors. Interestingly, in the rat hippocampus, where the SRIF receptors are fairly well preserved, Aβ25-35 treatment led to a decrease in both basal and FK-stimulated AC activity and reduced the inhibitory effect of SRIF on both activities as well (Burgos-Ramos et al., 2007). Further analyses of brain-specific AC isoforms revealed a selective decrease in the protein levels of AC I, an increase in those of AC V/VI, with no changes in AC VIII protein expression. Hence, the decrease in AC I most probably accounts for the observed decrease in AC activity. These findings are partially concordant with studies by Yamamoto et al. (1997, 2000) who showed a
significant loss of AC I in the AD hippocampus and parietal cortex. It is worth noting that AC I has been postulated to play a pivotal role in learning and memory (Sunahara and Taussig, 2002).

**SOMATOSTATIN, COGNITIVE FUNCTION AND AMYLOID β-PEPTIDE**

Among the varied functions in which the somatostatinergic system is engaged, the regulation of cognitive processes such as learning and memory (Vécsei et al., 1984; Cacabelos et al., 1988) merits special attention. Dournaud and colleagues (1995) found that SRIF content declined significantly with cognitive deficits in the frontal cortex of post-mortem AD brain. On the other hand, potent amnesic properties have been reported for Aβ25-35 (Olariu et al., 2001; Yamaguchi and Kawashima, 2001). Hence, the Aβ25-35-induced decrease in rat brain SRIF-LI and in SSTR2 protein expression described by our group might be related to the decreased cognitive behaviour reported in Aβ-treated rats (Stepanichev, 2000; Olariu et al., 2001; Yamaguchi and Kawashima, 2001) and might partly explain the cognitive impairment characteristic of AD patients. Notwithstanding, the possibility that the impairment of cognitive function associated with Aβ25-35 administration may be due, at least in part, to damage in some other neuronal system cannot be ruled out.

**SOMATOSTATIN, NEPRILYSIN AND AMYLOID β-PEPTIDE**

According to the amyloid hypothesis, accumulation of Aβ in the brain is the primary influence driving AD pathogenesis (Hardy and Selkoe, 2002). The levels of Aβ in the brain represent a dynamic equilibrium state as a result of biosynthesis from APP by β- and γ-secretases, degradation by Aβ-degrading enzymes, subsequent oligomerization, and deposition into senile plaques (Turner and Nalivaeva, 2007).
Several zinc metallopeptidases have been recently identified as Aβ-degrading enzymes; these include neprilysin (Iwata et al., 2000; Iwata et al., 2001), endothelin-converting enzyme (Eckman et al., 2001), and insulin-degrading enzyme (Farris et al., 2003). Neprilysin, however, seems to play the the major role in Aβ catabolism in the brain in vivo. Neprilysin was found to degrade both Aβ1-40 and Aβ1-42 in vivo most rapidly and efficiently (Shirotani et al., 2001). Furthermore, in neprilysin-knockout mice, a significant elevation in the levels of Aβ1-40 and Aβ1-42 was detected, which was greater than that seen in other Aβ-degrading enzyme knockout mice (Iwata et al., 2001). These findings might be clinically relevant given the fact that neprilysin expression in the brain decreases during aging and in the early stages of AD progression (Yasojima et al, 2001; Iwata et al, 2002), whereas elevated neprilysin activity reduces the accumulation of both soluble and fibrillar Aβ in APP transgenic mice (Leissring et al, 2003; Iwata et al, 2004).

There is now compelling evidence of a very close relationship between SRIF, neprilysin and Aβ. First, both neprilysin expression and SRIF content in the brain decrease during aging. Secondly, in primary cortical neurons, Saito et al. (2005) have demonstrated that SRIF significantly increases neuronal neprilysin activity and decreases Aβ1-42 levels in the culture medium. This effect is clearly mediated via SRIF receptors since both an SSTR antagonist (BIM23056) and a Gi inhibitor (pertussis toxin) inhibit neprilysin activation. Thirdly, in the hippocampus of SRIF-precursor protein-knockout mice, neprilysin activity was found to be significantly lower than that in wild-type mice (Saito et al., 2005). In addition, a 50% increase in Aβ1-42 levels was detected, there being no alterations in APP metabolism. Altogether, these results indicate that the aging-induced downregulation of SRIF expression may be a trigger for Aβ accumulation in the brain, via reduction of neprilysin action (Hama and Saido,
2005) (Figure 1), thus leading to late-onset sporadic AD. These findings also suggest that SSTRs, possibly SSTR2 and SSTR4, which are the most abundant SSTRs in neocortex and hippocampus (Möller et al., 2003), may be pharmacological-target candidates for prevention and treatment of AD.

**PROTECTIVE EFFECTS OF IGF-I ON THE SOMATOSTATINERGIC SYSTEM IN THE TEMPORAL CORTEX OF Aβ(25-35)-TREATED RATS**

The decrease in SRIF-LI concentration detected in the rat temporal cortex after chronic Aβ25-35 infusion is prevented by exogenous IGF-I treatment (Figure 2) (Aguado-Llera et al., 2005). Our results demonstrate that peripheral administration of IGF-I increases cortical levels of this growth factor, as has been previously reported in other brain areas (Fernández et al., 1998; Carro et al., 2000). Indeed, peripheral IGF-I crosses the blood-brain barrier into the brain parenchyma (Reinhardt and Bondy 1994). The mechanism by which IGF-I prevents the decline in SRIF-LI levels in the rat temporal cortex remains unknown, but might be related to a direct effect of this growth factor on SRIF cell survival. Indeed, subcutaneous infusion of IGF-I reduces Aβ levels in the brain (Carro et al., 2002) and protects neurons from Aβ-induced cell death (Doré et al., 1997). We have previously shown that SRIF- and SSTR2-immunopositive cells colocalize with TUNEL labeling, which identifies the cell types undergoing apoptosis, in sections of the temporal cortex from Aβ25-35-treated rats (Aguado-Llera et al., 2006). In addition, our results show that Aβ25-35 reduces the activated form of Akt, an intracellular signaling pathway that is down-regulated in AD patients with mutations of the Aβ precursor protein (Ryder et al., 2004). Interestingly, IGF-I normalized phosphorylated-Akt (p-Akt) protein levels in the Aβ25-35-treated-rats, and it has been previously demonstrated that IGF-I protects against Aβ-induced cell death through
activation of Akt (Dudek et al., 1997). The lack of changes in the MAPK pathway indicates that the survival properties of IGF-I are most likely not mediated via this intracellular mechanism (Zheng and Quirion 2004). Another molecular mechanism by which IGF-I could suppress Aβ toxicity has been recently reported by Wei et al. (2002). In their study, Aβ25-35 caused an increase in c-Jun N-terminal kinase (JNK), highly activated in response to a variety of stress signals, and IGF-I is known to protect against Aβ-induced cell death by blocking JNK activation. Alternatively, IGF-I could increase SRIF mRNA levels in these neurons, as it does in other tissues (Ghigo et al., 1997). In our study, IGF-I infusion also normalised the SRIF receptor density, via an increase in SSTR2 protein levels. Kimura et al. (2001) have demonstrated that within the 5′ untranslated region of the SSTR2 gene, two introns separate three transcriptional units with distinct promoters, making it unique among all SSTR genes regarding its transcriptional regulation. The second SSTR2 promoter is important for expression of the gene in tissues such as the brain or pituitary and contains cis-acting regulatory elements involved in the transcriptional response to elevated cAMP levels and glucocorticoids. IGF-I has been reported to increase phosphorylation of the cAMP response element binding protein (CREB) (Yamada et al., 2001), which might thus enhance SSTR2 gene expression (Kraus et al., 2000).

Altogether, the findings reviewed here may contribute to a better understanding of the implication of SRIF in this complex neurological disorder and may eventually help in the development of new pharmacological strategies for the effective treatment of AD.
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Figure 1.
SRIF inhibition of AC

COGNITIVE FUNCTION

Fig. 2.
LEGENDS TO FIGURES

Figure 1. Relationship between somatostatin, neprilysin activity, Aβ levels, aging and Alzheimer’s disease (taken from Hama and Saido, 2005). ↓: decrease; ↑: increase

Figure 2. Impairment of the somatostatinergic system by Aβ25-35 and protective effects of IGF-I in the temporal cortex. Solid black arrows: mechanisms by which Aβ25-35 may impair the somatostatinergic system and, hence, cognitive function, in the temporal cortex. ↓: decrease ↑: increase. Dashed red arrows: possible mechanisms by which IGF-1 treatment could prevent the Aβ25-35-induced alterations of the somatostatinergic system, and hence, the impairment of cognitive function, in the temporal cortex. ⏲: prevention.