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Oral voriconazole and miconazole oral gel produce comparable effects on the pharmacokinetics and pharmacodynamics of etoricoxib

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Abstract

Purpose The effect of topical miconazole oral gel and systemic oral voriconazole on the pharmacokinetics of oral etoricoxib was studied in 12 healthy volunteers.

Methods Plasma concentrations of etoricoxib, miconazole, voriconazole, and thromboxane B₂ generation were followed after ingestion of 60 mg etoricoxib without pretreatment, after topical administration of miconazole oral gel (85 mg × 3, 3 days), or after oral voriconazole (400 mg × 2, 1st day, 200 mg × 2, 2nd day).

Results Etoricoxib area under the plasma concentration-time curve (AUC_{0–∞}) and maximum plasma concentration (C_{max}) geometric mean ratios (GMR) with/without miconazole were 1.69 {90% confidence interval (CI); 1.46–1.92} and 1.12 (90% CI; 0.99–1.25), respectively, and corresponding GMRs with/without voriconazole were 1.49 (90% CI; 1.37–1.61) and 1.19 (90% CI; 1.08–1.31), respectively.

Conclusions Miconazole oral gel and oral voriconazole produced comparable increase in the exposure to etoricoxib, presumably via CYP3A inhibition.

Keywords Etoricoxib · Voriconazole · Miconazole · Pharmacokinetics · CYP3A

Introduction

Etoricoxib is a member of the selective cyclooxygenase (COX)-2-inhibitor family of nonsteroidal anti-inflammatory drugs (NSAIDs) that are widely used to treat pain and inflammation. Oral bioavailability of etoricoxib tablets is nearly 100% [1]. Despite its negligible first-pass metabolism, the elimination of etoricoxib is characterized by extensive metabolism, with less than 1% of an oral dose detected as unchanged drug in urine [2]. In vitro studies indicate that cytochrome P450 3A (CYP3A) is the most important enzyme catalyzing the primary metabolic pathway of etoricoxib (60%), with CYP2C9, CYP2D6, CYP1A2, and CYP2C19 each contributing about 10% [3].

Miconazole is an imidazole antifungal, which was originally developed as a systemic antifungal agent during the 1970s, but due to its low oral bioavailability and high incidence of adverse effects in systemic use, other antifungals have replaced miconazole for most of its systemic indications. Nowadays, miconazole is almost solely used as a topical preparation, e.g., as an oral gel for treating oral fungal infections. In vitro, miconazole inhibits many CYPs, namely, CYP3A, CYP2C9, CYP2C19, CYP1A2, CYP2A6, CYP2B6, and CYP2D6 [4–6], and in vivo the interaction between systemically administered miconazole and the CYP2C9 substrate, warfarin, is well established [7]. Topically applied miconazole, such as oral gel, is generally

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considered a safer treatment with regard to drug interactions, because only small amount of miconazole is absorbed after miconazole oral gel application. Several previous case reports have reported that miconazole oral gel can also enhance warfarin-induced anticoagulation, probably due to the inhibition of CYP2C9 [8–10], but very little, if anything is known about its *in vivo* inhibition with regard to CYP3A.

Voriconazole is a novel triazole antifungal agent used both intravenously and orally to treat invasive fungal infections. Voriconazole is an inhibitor of CYP3A, CYP2C9, and CYP2C19 and is able to cause even manifold increase in plasma concentrations of drugs, which are metabolized by these CYP enzymes [11–13]. Because miconazole inhibits CYP3A and other CYP enzymes responsible for the primary oxidative metabolism of etoricoxib *in vitro*, we found it important to study whether miconazole from oral gel preparation is also liable to impair CYP-mediated metabolism of etoricoxib and to increase its concentrations. The effects of miconazole oral gel on the pharmacokinetics of etoricoxib were compared with the effects of orally administered, strong CYP inhibitor, voriconazole. In addition, we wanted to study whether increased exposure to etoricoxib might lead to a loss of selective COX-2 inhibition (i.e., inhibition of COX-1) of etoricoxib, by using a generation of thromboxane B₂ (TxB₂) during whole-blood clotting as an index of COX-1 activity [14].

Methods

Subjects

Twelve healthy male volunteers (age range 20–28 years; weight range 61–92 kg) participated in the study. Each subject was ascertained to be in good health as assessed by a medical history, physical examination, and routine laboratory tests. The volunteers were not using any continuous medication, and all were nonsmokers. The subjects received both verbal and written information on the study, and written informed consent was obtained. The study protocol was approved by the Ethics Committee of the Hospital District of Southwest Finland and the National Agency for Medicines, Finland.

Study design

The study was carried out in a Latin-square, open-label, randomized, three-phase crossover design, with a washout period of 2 weeks between phases. The volunteers were given either no pretreatment (control phase) or oral voriconazole (voriconazole phase) for 2 days or oral

miconazole gel (miconazole phase) for 3 days in a randomized manner. The dose of voriconazole (Vfend 200 mg tablet; Pfizer, Illertissen, Germany) was 400 mg every 12 h for 1 day and then 200 mg every 12 h for 1 additional day. Miconazole oral gel dose (Daktarin 2% oral gel; Orion Pharma, Espoo, Finland) was 3.5 ml (approximately 85 mg) every 8 h for 3 days. Each dose was kept in the mouth for 1 min and then swallowed with glass of water (150 ml), as in clinical practice. Voriconazole tablets and miconazole oral gel were self-administered by subjects except for the last doses, which were administered by the study personnel. Subject's intake of the premedication was verified using a mobile phone short message service. On study days, 1 h after the last dose of voriconazole or miconazole was ingested, all volunteers received 60 mg oral dose of etoricoxib (Arcoxia 60 mg tablet; Merck Sharp & Dohme, Haarlem, Netherlands) at 9 a.m. with 150 ml of water. During all phases, subjects fasted overnight before administration of etoricoxib and continued fasting until a standardized lunch was served 4 h after the intake of etoricoxib. Altogether, subjects stayed at the clinical laboratory from 7 a.m. until 9 p.m. on the study days. The subjects were forbidden to use any other medication for 14 days before and during the study and any drug known to cause enzyme induction or inhibition for 30 days prior the study. Caffeine, grapefruit juice, and alcohol-containing beverages were not allowed during the study.

Sampling and drug analysis

On the study days, a forearm vein of each subject was cannulated and kept patent with an obturator. Timed blood samples were drawn immediately before and at 0.5, 1, 1.5, 2, 2.5, 3, 4, 5, 6, 8, 12, 24, 48, and 72 h after etoricoxib administration. After 12 h, blood samples were drawn by venipuncture. Plasma was separated within 30 min and stored at –70°C until analysis.

Determination of drug concentrations

Plasma concentrations of etoricoxib were determined after extraction into organic phase (shaking 1 ml plasma with 6 ml diethyl ether for 30 min, followed by centrifugation) and high-performance liquid chromatography (HPLC) using ultraviolet (UV) detection at 284 nm. HPLC separation was achieved with a liquid chromatography system equipped with a Chromolith Guard Cartridge RP-18e (10 mm × 4.6 mm) precolumn (Merck, Darmstadt, Germany) and RP Chromolith RP18 (100 mm × 4.6 mm) column. The mobile phase was 0.1% acetic acid:acetonitrile (60:40), flow rate 1.5 ml/min. Rofecoxib was used as an internal standard [15]. The recovery of both etoricoxib and the internal standard was >90%. The limit of etoricoxib

quantification was 6 ng/ml, and the day-to-day coefficient of variation (CV) was 7.7% at 29.3 ng/ml, 2.2% at 290 ng/ml, and 2.8% at 1078 ng/ml ($n=13$). All plasma samples from 0.5 to 72 h were quantifiable, and no etoricoxib was detected in any of the samples taken immediately before etoricoxib administration. Voriconazole or miconazole did not interfere with the determination of plasma etoricoxib.

Plasma voriconazole was quantified by HPLC as described earlier [16, 17]. The limit of quantification was 50 ng/ml, and the day-to-day CV was 3.9% at 50 ng/ml, 1.4% at 1,000 ng/ml, and 0.4% at 10,000 ng/ml ($n=3$). Plasma concentrations of miconazole were determined with an API 2000 liquid chromatography tandem mass spectrometry system (MDS Sciex, Toronto, Ontario, Canada) operating in positive turbo ion spray mode [18, 19]. The ion transition monitored for miconazole was mass-to-charge ratio (m/z) 417–161. The limit of quantification for miconazole was 1.0 ng/ml, and the day-to-day CV was 15.4% at 4.3 ng/ml ($n=6$), 7.9% at 37.0 ng/ml ($n=6$), and 7.4% at 143 ng/ml ($n=5$).

Pharmacokinetic calculations

Maximum drug concentration in plasma ($C_{\max}$) and time to maximum concentration ($t_{\max}$) for each subject were obtained directly from plasma-concentration data. The terminal log-linear phase of the plasma concentration time curve was identified visually for each subject. The elimination rate constant (k_{el}) of etoricoxib was determined by a linear regression analysis of the log-linear part of the plasma concentration time. The area under the plasma concentration time curve (AUC) was calculated from zero to infinity ($\text{AUC}_{0-\infty}$) using the linear trapezoidal rule for the rising phase of the plasma concentration time curves and the logarithmic trapezoidal rule for the descending phase. The extrapolation of $\text{AUC}_{0-\infty}$ was calculated by dividing the concentration in the last time point by k_{el} . The elimination half-life ($t_{1/2}$) was calculated by the equation:

$$t_{1/2} = \ln 2 / k_{\text{el}}$$

Pharmacokinetic data was analyzed using the WinNonlin pharmacokinetic program (version 4.1; Pharsight, Mountain View, CA, USA).

Pharmacodynamic assessments

Generation of TxB_2 by platelets in spontaneously clotting whole blood, as an indicator of COX-1 activity, was measured as described previously [14]. On study days, blood samples for TxB_2 assay were drawn before and at 1.5, 4, 8, 24, and 48 h after etoricoxib administration. Blood samples were collected into glass tubes containing no anticoagulant

and were immediately incubated for 1 h at 37°C to allow the blood to clot. Next, serum was collected and centrifuged and stored at -70°C until assayed for TxB_2 . Serum TxB_2 concentrations were determined by enzyme immunoassay kit (Amersham Thromboxane B_2 Enzymeimmunoassay Biotrak™ System, GE Healthcare, UK). The limit of quantification was 10 ng/ml, and interassay CV was 17%.

Statistical analysis

The pharmacokinetic variables of etoricoxib were compared using analysis of variance (ANOVA) for repeated measures, and a posteriori testing was performed by use of the Tukey test. $\text{AUC}_{0-\infty}$, $C_{\max}$, and $t_{1/2}$ data were logarithmically transformed before analysis. As for bioequivalence testing, the geometric mean ratios (GMR) with 90% confidence intervals (CIs) were calculated. Bioequivalence was concluded if the 90% CIs of the geometric mean ratios for pharmacokinetic variables were within the acceptance limit of 0.8–1.25. $T_{\max}$ was analyzed with Friedman's test, and Wilcoxon signed rank test was used for pairwise comparisons. The sample size was chosen to be sufficient to detect 30% change in the AUC of etoricoxib, assuming a within-subject coefficient of variation of 30%, with a power level of 80% and alpha level 5% (Student's t test). The change in TxB_2 values from baseline was analyzed using fixed subject effects model, which included subject, treatment, period, time, period $\times$ time, and treatment $\times$ time effects. The baseline was the average TxB_2 concentration, measured before the etoricoxib administration in every phase of the study. Time was used as a repeated effect assuming the unstructured covariance structure. The correlation of

Fig. 1 Mean plasma concentrations ($\pm$ standard error of mean) of etoricoxib after a single 60-mg oral dose in 12 healthy male subjects in control phase (filled squares ■) or after pretreatment with voriconazole (filled circles ●) or after pretreatment with miconazole oral gel (open circles ○). The concentrations are shown both on arithmetic and semilogarithmic plots (inset)

Table 1 The pharmacokinetic variables of etoricoxib in 12 healthy subjects after a single oral dose of 60 mg etoricoxib without pretreatment (control) or after pretreatment with miconazole oral gel or voriconazole

Variable	Values for			Geometric mean ratio (90% CI) for	
	Control	Miconazole	Voriconazole	Miconazole/control	Voriconazole/control
AUC ($\mu\text{g h/ml}$)	11.6 (30%)	19.6 (36%)	17.3 (26%)	1.69 (1.46–1.92)	1.49 (1.37–1.61)
C_{max} ($\mu\text{g/ml}$)	0.68 (25%)	0.76 (21%)	0.81 (28%)	1.12 (0.99–1.25)	1.19 (1.08–1.31)
$t_{1/2}$ (h)	18.1 (30%)	28.0 (48%)	20.6 (34%)	1.58 (1.34–1.80)	1.14 (1.01–1.24)
t_{max} (h)	2 (0.5–4.0)	2.5 (1.0–4.0)	2 (1.0–4.0)		

The results are geometric means and coefficient of variation (CV) (median with range for t_{max})

AUC area under plasma concentration time curve extrapolated to infinity, C_{max} maximum plasma concentration, $t_{1/2}$ elimination half-life, t_{max} time to maximum plasma concentration, CI confidence interval

voriconazole and miconazole AUC with the ratio of etoricoxib AUC in the voriconazole and in the miconazole phases to the etoricoxib AUC in the control phase was analyzed using Spearman rank test. Statistical analysis of pharmacokinetic parameters were carried out using statistical program SYSTAT for Windows (version 10.2; Systat Software, Richmond, CA, USA), and statistical analysis of pharmacodynamic parameters were carried out using SAS System for Windows, release 9.1 (SAS Institute Inc., Cary, NC, USA). The chosen statistical significance level was $P < 0.05$.

Results

All 12 subjects completed the study according to the protocol. Their mean plasma concentrations of etoricoxib as a function of time during different phases of the study are illustrated in Fig. 1.

Pretreatment with miconazole oral gel resulted in a 1.69-fold increase ($P < 0.001$) in the etoricoxib $\text{AUC}_{0-\infty}$. The increase was seen in all 12 subjects, and the greatest increase was 3.1-fold (range 1.3- to 3.1-fold) (Table 1, Fig. 2). Furthermore, $t_{1/2}$ of etoricoxib was prolonged from 18 to 28 h ($P < 0.01$). The 90% CIs for the geometric mean $\text{AUC}_{0-\infty}$ and $t_{1/2}$ ratios of etoricoxib (with/without mico-

nazole) were 1.46–1.92 and 1.34–1.80, respectively, and were outside the bioequivalence acceptance limits (Table 1). There was no change in C_{max} or t_{max} of etoricoxib after miconazole oral gel pretreatment (Table 1, Fig. 2).

Voriconazole pretreatment increased the mean $\text{AUC}_{0-\infty}$ and C_{max} of etoricoxib 1.49-fold ($P < 0.01$) and 1.19-fold ($P < 0.05$), respectively, compared with the corresponding values in the control phase (Table 1). The increase of etoricoxib $\text{AUC}_{0-\infty}$ was evident in all 12 subjects, the greatest increase being 2.0-fold (range 1.2- to 2.0-fold) (Fig. 2). The 90% CIs for the geometric mean $\text{AUC}_{0-\infty}$ and C_{max} ratios of etoricoxib (with/without voriconazole) were 1.37–1.61 and 1.08–1.31, respectively, and were outside the bioequivalence acceptance limits (Table 1). The prolongation of elimination $t_{1/2}$ of etoricoxib was seen in ten out of 12 subjects, and the mean prolongation was 14%, which did not show to be statistically significant. T_{max} remained unaffected by voriconazole pretreatment (Table 1, Fig. 2).

The effect of miconazole on the pharmacokinetics of etoricoxib was comparable with that of voriconazole, the geometric mean $\text{AUC}_{0-\infty}$ and C_{max} ratios of etoricoxib (miconazole treatment/voriconazole treatment) being 1.13 (90% CI; 1.00–1.30, $P > 0.05$) and 0.94 (90% CI; 0.85–1.07, $P > 0.05$), respectively. The $t_{1/2}$ of etoricoxib was longer in the miconazole phase, the GMR of etoricoxib $t_{1/2}$

Fig. 2 Individual values for area under the plasma concentration-time curve (AUC), maximum concentration (C_{max}), and elimination half-life ($t_{1/2}$) after the administration of 60 mg etoricoxib either alone

(Control) or after pretreatment with miconazole oral gel (Mico) or with voriconazole (Vori)

Table 2 The pharmacokinetic variables of voriconazole and miconazole in 12 healthy subjects

Pretreatment	AUC (ng h/ml)	C _{max} (ng/ml)	t _{1/2} (h)	t _{max} (h)
Voriconazole	36,700±32,400	2,120±779	10.6±4.07	1 (1–3)
Miconazole	778±503	83.3±54.6	22.3±10.3	1 (1–4)

Voriconazole was given for 2 days and miconazole oral gel for 3 days. Pharmacokinetic variables were determined after the last dose of voriconazole and miconazole, respectively. The results are mean ± standard deviation (median with range for t_{max})

AUC area under plasma concentration time curve extrapolated to infinity, C_{max} maximum plasma concentration, t_{1/2} elimination half-life, t_{max} time to maximum plasma concentration

(miconazole treatment/voriconazole treatment) being 1.36 (90% CI; 1.19–1.63, $P < 0.01$).

The pharmacokinetic data of voriconazole and miconazole are shown in Table 2. Plasma concentrations of voriconazole and miconazole, measured before and after their last doses, indicated a good compliance in their ingestion. The mean C_{max}, AUC_(0–∞), and t_{1/2} of voriconazole were 2,118 ng/ml, 36,700 ng h/ml, and 10.6 h, respectively. The corresponding values for miconazole were 83.3 ng/ml, 778 ng h/ml, and 22.3 h, respectively. There was no significant linear correlation between the AUC of voriconazole or miconazole and the ratio of the AUC of etoricoxib during the voriconazole or miconazole phase to that during the control phase (data not shown).

Figure 3 shows mean percent inhibition from baseline of TxB₂ at different time points after ingestion of etoricoxib during three phases of the study. Baseline serum TxB₂ levels were similar in each study phase; 201±106 ng/ml, 190±68 ng/ml, and 176±85 ng/ml (mean ± standard deviation) ($P > 0.05$ for difference) prior to ingestion of etoricoxib during the control phase, voriconazole phase, and miconazole phase, respectively. Compared with the individual TxB₂ baseline values, no statistically significant inhibition of TxB₂ generation was observed at any time point after ingestion of etoricoxib alone or after etoricoxib with voriconazole or miconazole.

Fig. 3 Mean percent inhibition (± standard error of mean) of thromboxane B₂ (TxB₂) generation from baseline at selected time points by 60 mg etoricoxib either given alone (filled squares ■) or after pretreatment with voriconazole (filled circles ●) or miconazole oral gel (open circles ○)

During voriconazole pretreatment, four of the 12 subjects reported visual disturbances. Transient altered perception of light and photophobia were experienced shortly after ingesting voriconazole. In addition, one subject suffered from insomnia after the evening dose of voriconazole. No other clinically relevant adverse effects were recorded during the study.

Discussion

Both miconazole and voriconazole moderately affected the pharmacokinetics of etoricoxib. Miconazole oral gel increased the exposure to single dose of etoricoxib 1.7-fold as judged by AUC_{0–∞} and prolonged the t_{1/2} of etoricoxib 1.6-fold but had only minimal effect on the C_{max} of etoricoxib, which strongly suggests that the interaction between miconazole and etoricoxib occurs mainly during the elimination of etoricoxib. Changes in the pharmacokinetics of etoricoxib were quite similar after systemic oral voriconazole, which increased the exposure to a single dose of etoricoxib 1.5-fold and slightly increased the C_{max} and t_{1/2} of etoricoxib. Despite increased etoricoxib concentrations in the miconazole and voriconazole phase, etoricoxib had no statistically significant inhibitory effect on the production of TxB₂, an indicator of COX-1 activity.

It has been estimated that about 75% of the dose of etoricoxib is cleared via CYP-mediated 6'-methyl hydroxylation. This reaction is mainly catalyzed by CYP3A (60%), but the rest is catalyzed equally between CYP2C9, CYP2C19, CYP2D6, and CYP1A2 [2, 3]. Correspondingly, previous in vitro studies have indicated that miconazole is a nonselective inhibitor of several CYPs, namely CYP3A, 2C9, 2C19, 1A2, 2A6, and 2B6 [4–6]. In our study, after 3-day pretreatment with miconazole oral gel (3.5 ml ≈ 85 mg three times daily), miconazole plasma concentrations were quantifiable (4 ng/ml or more, data not shown) up to 24 h after the last dose and were sufficient to cause similar increase in the concentrations of etoricoxib than systemic oral voriconazole. To our knowledge, this is the first controlled clinical trial investigating the effect of miconazole oral gel on CYP inhibition. The dosing schedule of the miconazole oral gel was selected to be

close to the therapeutic regimen (2.5 ml every 6 h) and to allow the subjects not to take miconazole at night time. Our findings strongly support the idea that miconazole also, administered as an oral gel, has a potential to be absorbed and to cause drug interactions, presumably via CYP3A inhibition.

Earlier studies have shown that voriconazole causes a 9-fold and 4-fold increase in the AUC of the CYP3A substrates midazolam (oral) and alfentanil (intravenous), respectively [11, 20]. Both midazolam and alfentanil are almost solely metabolized by CYP3A, whereas the metabolism of etoricoxib is catalyzed not only by CYP3A but also by CYP2C9, 1A2, 2D6, and 2C19 [3]. This kind of involvement of multiple CYP enzymes, as well as the negligible first-pass metabolism of etoricoxib, possibly reduces the susceptibility of etoricoxib to the inhibitory effects of voriconazole.

In this study, administration of voriconazole and miconazole was not continued after etoricoxib ingestion. The mean $t_{1/2}$ of voriconazole was much shorter (11 h) compared with that of miconazole (22 h) or etoricoxib (19 h). Therefore, inhibition of CYP enzymes, particularly that caused by voriconazole, may have not lasted as long as in clinical situations, where voriconazole is used twice and miconazole oral gel four times a day. However, the magnitude of interaction between miconazole or voriconazole and etoricoxib is similar to that observed between ketoconazole, a well-known CYP3A inhibitor, and etoricoxib. Ketoconazole produced a 1.4-fold increase in the AUC of etoricoxib, which was administered on day 7 of an 11-day ketoconazole course in healthy subjects [21]. Thus, it is unlikely that notable underestimation in the magnitude of interactions observed in this study exists.

In this study, 1.5- to 1.7-fold mean increase in the exposure to a single dose of etoricoxib did not cause any obvious adverse effects in healthy young adults. In addition, we found that whether given alone or with voriconazole tablets or with miconazole oral gel, etoricoxib did not inhibit COX-1, as indicated by nonsignificant changes in the platelet TxB_2 generation among the study phases. These findings are in accordance with the previous study, that even supratherapeutic doses of etoricoxib (500 mg single dose, 150 mg daily for 9 days) are well tolerated and that etoricoxib maintains its COX-2 selectivity even after high doses [22]. Accordingly, it is unlikely that short-term concomitant use of etoricoxib with miconazole oral gel or voriconazole increases the risk for COX-1-related adverse effects, such as gastrointestinal disturbances, of NSAIDs. As with other coxibs, etoricoxib seems to carry some potential cardiovascular and renal risks, particularly when used at high doses for prolonged periods [23, 24]. However, whether long-term concomitant use of etoricoxib with voriconazole or miconazole predisposes

patients for these adverse effects cannot be deduced from this study.

In conclusion, both oral voriconazole and miconazole oral gel caused a moderate increase in exposure to etoricoxib but did not induce loss of COX-2 selectivity of etoricoxib. Dose adjustment of etoricoxib is most likely not needed when single doses of etoricoxib are coadministered with voriconazole or miconazole, but lower doses of etoricoxib may be adequate for patients receiving voriconazole to gain pain relief. Finally, clinicians should be aware that miconazole oral gel, also, is a preparation that potentially may cause interactions with drugs metabolized by CYP3A.

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