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To cite this version:
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Cross-talk between language processes and overt motor behavior in the first 200 ms of processing

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ABSTRACT

A recently emerging view sees language understanding as closely linked to sensory and motor processes. The present study investigates this issue by examining the influence of processing action verbs and concrete nouns on the execution of a reaching movement. Fine-grained analyses of movement kinematics revealed that relative to nouns, processing action verbs significantly affect overt motor performance. Within 200 ms following onset, processing action verbs interfere with a concurrent reaching movement. By contrast, the same words assist reaching movement when processed prior to movement onset. The cross-talk between language processes and overt motor behavior provides unambiguous evidence that action words and motor action share common cortical representations and could thus suggest that cortical motor regions are indeed involved in action word retrieval.
An increasingly popular view implies that in addition to “classical” cortical language areas, sensory and motor regions are involved in the retrieval of word meaning. Two models have been put forward to support this proposal. The first model refers to Hebbian correlation learning (Pulvermüller, 1996, 1999a, 2001) and proposes that meaning-related information about words could be laid down in temporal-visual and motor areas because some words frequently co-occur in the context of visual perception (e.g. concrete nouns), while others frequently co-occur in the context of action execution (e.g. action verbs). The second model, on the other hand, sees language understanding as a form of mental simulation that involves a sensory-motor matching system, the so-called “mirror neuron system” (Gallese & Lakoff, 2005; Rizzolatti, Fadiga, Gallese & Fogassi, 1996; Rizzolatti & Arbib, 1998; Rizzolatti, Fogassi, & Gallese, 2001; Tettamanti et al., 2005). The mirror neuron system, initially discovered in monkeys but which also exists in humans (Buccino et al., 2001, 2004; Fadiga, Fogassi, Pavesi & Rizzolatti, 1995; Mason, Banfield & Macrae, 2004) consists of visuo-motor neurons that fire both when a monkey executes a given action and observes the same action being performed by others (di Pellegrino, Fadiga, Fogassi, Gallese & Rizzolatti, 1992; Gallese, Fadiga, Fogassi & Rizzolatti, 1996; Rizzolatti et al., 1996). By matching observed movement onto her/his own motor repertoire, the observer uses her/his motor knowledge to recognize the action (Rizzolatti et al., 2001). The recent discovery of acoustic mirror neurons (responding to the execution and to the noise typically evoked by an action; Kohler et al., 2002) and of oro-facial communicative mirror neurons (responding to the execution of a mouth action and to the observation of oral affiliative gestures, i.e lip smacking; Ferrari, Gallese, Rizzolatti & Fogassi, 2003) have been taken to suggest that the human mirror neuron system may code action at an abstract level, accessible by language (Gallese & Lakoff, 2005;
Tettamanti et al., 2005). Hence, the perception of an action word and not the perception of the action per se would be sufficient to trigger the mirror neuron system.

Though based on different assumptions, both models see language and motor systems as sharing overlapping neuronal representations and a range of recent data seems to support this view (Buccino et al., 2005; Oliveri et al., 2004; Pulvermüller, 2005a; Pulvermüller, Hauk, Nikulin & Ilmoniemi, 2005b; Pulvermüller, Shtyrov & Ilmoniemi, 2005c). Neuropsychological studies, for instance, have shown selective deficits for processing action words after left premotor lesions (e.g. Bak, O’Donovan, Xuereb, Boniface & Hodges, 2001; Damasio & Tranel, 1993). Neuroimaging studies have further revealed that motor and premotor cortices are activated during processing of action words or sentences (Pulvermüller, 2005a). More importantly, words designating actions performed with different body parts elicit somatotopically-organized activation, just as movement execution does (Hauk, Johnsrude & Pulvermüller, 2004a; Tettamanti et al., 2005). Studies using transcranial magnetic stimulation (TMS) have completed this picture by revealing that processing action-related words or sentences modulates the excitability of the left but not the right motor cortex (Meister et al., 2003; Pulvermüller et al., 2005b). Buccino et al. (2005), for instance, demonstrated that listening to hand and leg action-related sentences reduced the amplitude of motor evoked potentials (MEPs) recorded from hand and leg muscles, respectively. Furthermore, behavioral measures in this study revealed an increase of reaction time when the motor response and the words called the same effector. Related but slightly different results were observed by Oliveri et al. (2004) and Pulvermüller et al. (2005b), who reported higher MEPs and shorter reaction times to action words (we will discuss these seemingly divergent results later).
In spite of the hitherto stimulating results, however, many questions remain unsolved. Firstly, the reported results do not provide clear-cut evidence as to whether motor regions truly participate in the process of action word retrieval. In fact, as recognition of action words could prompt mental motor imagery - a phenomenon known to activate cortical motor regions (Alkadhi et al., 2005; Jeannerod, 1994; Jeannerod & Frak, 1999) - language-related cortical motor activity could result from after-effects of linguistic processes. The likelihood that this is the case would diminish though, if cortical motor activity could be shown to arise early following word onset. That is, within the first 100-200 ms within which lexico-semantic processes are typically observed (e.g., word frequency effects or effects of word category; Pulvermüller, Lutzenberger & Preissl, 1999b; Pulvermüller, 2001; Preissl, Pulvermüller, Lutzenberger & Birbaumer, 1995; Sauseng, Bergmann & Wimmer, 2004; Sereno, Rayner & Posner, 1998; Sereno & Rayner, 2003). Pulvermüller et al. (2005c), who used magnetoencephalography (MEG) to describe the time course of cortical activity during action word processing, provided first data in this line. Their results showed that cortical activity in the perisylvian language areas, which appeared at about 130-150 ms after action word onset, was followed by a short-lived activity in frontocentral and superior central areas at about 170-200 ms post-stimulus. The present study is aimed at further substantiating this finding using behavioral measures.

Secondly, despite increasing evidence that action word processing engages cortical motor regions, it is unclear whether these same structures are also involved in controlling motor behavior or whether they remain “language-specific” despite their location in cortical motor regions. In other terms, would there be cross-talk between processing of actions words and overt motor behavior if the two tasks were performed concurrently?
To address these issues, we designed two experiments that allowed fine-grained analyses of the kinematics of an arm reaching movement performed in relation to a language task. In Experiment 1, the reaching movement was performed concurrently to a visual lexical decision task with action verbs or concrete nouns and pseudo-words. In Experiment 2, lexical decision was made prior to movement onset. As we will show, relative to concrete nouns, encoding of action verbs interferes with the concurrent execution of the reaching movement early following word/movement onset. By contrast, processing action verbs prior to movement onset assists subsequent motor performance.

Method

Participants

Nine French native volunteers (22 to 27 years old) participated in each of the two experiments. All were right-handed (scores between 0.58 to 0.90; Oldfield, 1971), and had normal or corrected-to-normal vision. None of the volunteers participated in both experiments.

Stimuli

Eighty-four words (42 verbs and 42 nouns) were selected from the French lexical database “Lexique” (New, Pallier, Ferrand & Matos, 2001). Verbs, all in the infinitive form, denoted actions performed either with the hand/arm, leg, or mouth/face (e.g., paint, jump, cry). Nouns, all in singular form, referred to imageable, concrete entities that cannot be manipulated (e.g., star, cliff, meadow). Words that could be used as both nouns and verbs were excluded from the selection. Stimuli were matched for relevant lexical variables including word frequency, length in letters, number of syllables, bi- and trigram frequency, and number and cumulative
frequency of orthographic neighbors (Appendix 1). Word age of acquisition was also controlled using empirical ratings performed by 20 volunteers on a seven-point scale (1 = [0-2 years] and 7 = [older than 13 years]; Gilhooly & Logie, 1980). Word imageability was estimated following the same procedure by another 18 volunteers (with 0 = impossible and 6 = very easy to generate a mental image of the word). To prevent participants from focusing on word-class discrimination, they were asked to perform a lexical decision task (deciding whether a letter string is a word or not). Eighty-four pseudo-words, constructed by changing one letter from real nouns or real verbs, were thus added as fillers to perform the lexical decision task. Pseudo-words were either “pseudo-nouns” (42 items) or “pseudo-verbs” (42 items) and were all pronounceable. Pseudo-words were matched to words for relevant lexical variables (Appendix 1). Verbs and pseudo-verbs were also carefully matched for endings, such that as many verbs as pseudo-verbs (32 out of 42) ended with “er”, which is a frequent ending for verbs in French. All items were presented in lower case.

Procedure

Experiment 1: Participants were asked to touch a home-pad (10cm from their chest) with their right thumb and index finger held in a pinch grip position, while fixating a monitor (95cm from their chest). On appearance of a white cross at the center of the monitor for 500 ms (go-signal), they had to leave the home-pad to reach and grasp a cylindrical object (height: 30mm, diameter: 15mm) placed in front of them (40cm from the home-pad). The onset of the movement (i.e. leaving the home-pad) triggered the presentation of a letter string on the monitor. If the string was a word, the movement had to be carried on, if it was a pseudo-word, the movement had to be interrupted to move back to the home-pad. Stimulus remained on the screen until participants grasped the object (in the word condition) or turned back to the home-pad (in the pseudo-word condition). The next trial was triggered by the experimenter
once participants were in the starting position. Video recording assured that participants maintained their gaze on the cylindrical object during final movement execution (word condition only). Each stimulus was proposed once and presentation was randomized. Twenty training trials familiarized participants with the task.

Experiment 2: Material was identical to Experiment 1. Procedure differed in that the go-signal was no longer a fixation cross but the letter string. As in Experiment 1, if the stimulus was a word, participants had to reach and grasp the cylindrical object. If it was a pseudo-word, they had only to lift their hand from the home-pad.

Movement recordings

An Optotrak 3020 (Northern Digital) was used to record the spatial positions of four markers (infrared light-emitting diodes), at a frequency of 200 Hz and with a spatial resolution of 0.1 mm. One marker was taped on the wrist. The three remaining markers were fixed on the experimental set-up to define a space in which all recorded movements were systematically placed from participant to participant.

Data analysis

A second-order Butterworth dual pass filter (cutoff frequency, 10 Hz) was used for raw data processing. Movements were then visualized and analyzed using Optodisp software (Optodisp: copyright INSERM-CNRS-UCBL, M. Thevenet, Y. Paulignan & C. Prablanc, 2001). Kinematic parameters for the word condition were assessed for each individual movement. We analyzed movement time (i.e. time elapsed between the onset of the movement and the grasping of the target object), and latency and amplitude of wrist acceleration/deceleration peaks. Movement onset was determined as the first value of a
sequence of at least eleven increasing points on the basis of wrist velocity profile. End of movements were determined similarly, starting from the end and going backwards. Peak latencies were defined as the time elapsed between movement onset and peak. In Experiment 2, we additionally measure reaction time defined as the time elapsed between word onset and movement onset. All kinematic parameters were determined for each individual trial and were averaged for each participant as a function of word category. Trials in which participants made errors or anticipated movement execution were excluded from the analysis.

**Results**

*Experiment 1*

A total of 11.64% of trials were excluded from the analysis (5.56% for nouns vs. 6.08% for verbs). Analyses of movement parameters revealed that individual wrist acceleration peaks appeared later and were smaller during displays of action verbs than during displays of concrete nouns in 8 out of 9 participants (Table 1a). An analysis of variance (ANOVA) with repeated measures confirmed that word group had a significant influence on these two variables (for peak latency: 160 ms for nouns vs. 177 ms for verbs, \( F (1, 8) = 6.12; \ p = .0380 \), for peak amplitude: 3994 mm/s\(^2\) for nouns vs. 3871 mm/s\(^2\) for verbs, \( F (1, 8) = 8.77; \ p = .0180 \)). None of the other movement parameters showed significant differences between the two word categories. As wrist acceleration peak is indicative of initial muscular contractions, longer latency and smaller amplitude suggest that perceiving action verbs interferes with the execution of the movement.

Table 1 (about here)
For better illustration of the phenomenon, in Figure 1a, we plot wrist acceleration profiles, normalized between 0% and 100% of time, averaged over items and participants. Note that by averaging entire movement profiles, slightly different values for latencies and amplitudes of wrist acceleration/deceleration peaks are obtained when compared to the values presented in Table 1 (see Appendix 2 for details about differences between the two analyses).

Figure 1 (about here)

Experiment 2

A total of 7.93% of trials were excluded from the analysis (4.76% for nouns vs. 3.17% for verbs). Reaction time analysis showed no significant difference between action verbs (386 ms; sd = 56; including items referring to actions performed with arm (385 ms) and other body parts (386 ms)) and concrete nouns (400 ms; sd = 73; [F (1, 8) = 2.5674; p = .1478]).

In contrast to Experiment 1, individual wrist acceleration peaks appeared earlier for action verbs than for concrete nouns in 6 out of 9 participants (two participants had identical latencies for the two word categories; Table 1b). The ANOVA with repeated measures confirmed the effect of word category (182 ms for nouns vs. 169 ms for verbs; [F (1, 8) = 5.8276; p = .0422]), thus indicating that processing action words prior to movement execution assists the reaching movement. In contrast to Experiment 1, however, the difference in amplitude of wrist acceleration peaks between the two groups did not reached significance. None of the other kinematic landmarks showed significant effects of word group. Figure 1b plots wrist acceleration profiles, normalized between 0% and 100% of time and averaged over items and participants.
A comparison of the two experiments revealed that movement time was significantly shorter in Experiment 2 (see Table 1ab, \(F(1, 16) = 6.9750; p = .0178\)), which suggests that the motor task was easier when lexical decision was made prior to movement execution. The percentage of errors did not differ between the two experiments.

Figure 2 plots latency of wrist acceleration peak for nouns and verbs in the two experiments. Performance for action verbs is also shown split by items referring to actions performed with the arm and those performed with other body parts. These data show that interference (Experiment 1) and facilitation (Experiment 2) were more pronounced for verbs designating actions performed with the arm, which was the effector used in the motor task. However, given that relevant word parameters were controlled only over the entire set of words, these latter results have to be interpreted with caution.

Figure 2 (about here)

Discussion

*Cross-talk between language and motor tasks*

Our results thus show that processing action words can interfere with or facilitate overt motor behavior, depending on the temporal relation between language and motor tasks. When performed in parallel (Experiment 1), processing action verbs seems to transiently hinder the execution of a reaching movement, but when performed prior to movement onset (Experiment 2), it seems to assist motor behavior. Interference between the two tasks occurred as early as 160-180 ms following word onset (cf. latency of wrist acceleration peak in Table 1a), while priming became evident at about 550-580 ms following word onset (cf. latency of wrist
acceleration peak in Table 1b plus reaction time (i.e., the time elapsed between word onset and movement onset)). The reversal of the pattern of interaction from interference to priming as a function of the temporal relation between tasks seems to display a systematic feature because it parallels the results reported in TMS studies. Hence, Buccino et al. (2005), who demonstrated a decrease of the amplitude of MEPs and slower motor reaction time to action words, applied TMS during word encoding (similar to the present Experiment 1), while Oliveri et al. (2004) and Pulvermüller et al. (2005b), who reported an increase of the amplitude of MEPs and faster motor reaction times to action words, applied TMS 500 or 150 ms after word onset (similar to the present Experiment 2).

Given that priming effects occurred relatively late following word onset, these effects could result from side- or after-effects of linguistic processes. As a matter of fact, our priming effect is reminiscent of facilitatory effects of action observation on the kinematics of subsequent movement execution (Brass, Bekkering, Wohlschlager & Prinz, 2000; Brass, Bekkering & Prinz, 2001; Castiello, Lusher, Mari, Edwards & Humphreys, 2002; Edwards, Humphreys & Castiello, 2003), and could thus result from mental motor imagery. By contrast, the early time window within which interference between language and motor tasks was observed is suggestive of the assumption that action word processing/retrieval does indeed engage cortical structures involved in the programming of motor action. Competition for common resources, for instance, could give rise to such interference. In line with TMS and brain imaging studies (Buccino et al., 2005; Hauk et al., 2004a; Pulvermüller et al., 2005b; Pulvermüller, 2005c; Tettamanti et al., 2005), the present data further show that the interaction between language and motor tasks was strongest when words and action called the same effector (see Figure 2). This aspect of our results indicates that language-related activity in cortical motor regions does not simply result from an automatic spreading of activation
throughout the entire motor system, but rather comforts the hypothesis of a straight link
between action word content and motor activity.

*Motor regions: a necessity for the understanding of action words?*

Together with evidences from TMS and brain imaging studies (Buccino et al., 2005; Hauk
et al., 2004a; Pulvermüller et al., 2005b; Pulvermüller, 2005c; Tettamanti et al., 2005), our
finding is thus suggestive of the assumption that language-related activity in cortical motor
regions is part of action word processing, and cannot be solely attributed to processes that
occur after the word had been identified (i.e., motor imagery). In other terms, language-
related activity in cortical motor regions might contribute to the understanding of action
words that refer to parts of the human body. Still, such assertion has to be taken with caution
as the present study measures motor behavior and not word understanding (note that the same
caveat applies to the cited TMS studies, which also assessed MEPs or motor reaction times).
Hence, although language-related activity in motor areas is strong enough to interfere with
overt motor behavior, our data do not allow inferring whether these regions are truly *essential*
for word understanding. By reviewing neuropsychological evidence from apraxic patients,
Mahon and Caramazza (2005) emphasized, for instance, that motor processes are not required
to support conceptual knowledge about actions, because action recognition can be dissociated
from imitation and execution (Halsband et al., 2001; Rumiati, Zanini, Vorano & Shallice,
2001). Intact conceptual knowledge about graspable objects can also persist together with
impairment in using these objects (Rosci, Valentina, Laiacona & Capitani, 2003). Similarly,
lesions over left motor cortex do not predictably lead to impairment in processing action
words (De Renzi & di Pellegrino, 1995; Saygin, Wilson, Dronkers & Bates, 2004), suggesting
that motor processes alone are not sufficient to represent all that we know about action
concepts. However, though language-related activity in motor and premotor cortex might not
be necessary for understanding, it might potentially help action word recognition. Brain-damaged patients with left motor lesion but no obvious deficit in action word (verb) processing might thus turn out to perform poorer than healthy participants when tested with more subtle measures.

**Concluding remarks**

The present behavioral study supports previous findings, which showed that processing of action words involves cortical motor regions. We highlight that perceiving action verbs can interfere with or prime a reaching movement depending on the temporal relation between the two tasks. The arguments that we shortly developed above favor the view that language-related activity in cortical motor regions contributes to the understanding of action words, though we point out limits of this hypothesis given the currently available data. For a better understanding of the nature of the link between action word processing and motor activity, we need to better capture the rule that governs the switch from interference to priming between language and motor tasks, and to measure in parallel motor performance and action word understanding.

**Authors’ note**

We would like to thank Alfonso Caramazza and one anonymous reviewer for helpful comments on an earlier version of this article.

TAN is a member of the Marie Curie Research and Training Network: Language and Brain (RTN: LAB) funded by the European Commission (MRTN-CT-2004-512141) as part of its “Sixth Framework Program”.
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Table 1
Mean latency and amplitude for the wrist acceleration and deceleration peaks, and total movement time for each participant while processing nouns and verbs, for a) Experiment 1 and b) Experiment 2. For verbs, data are given averaged over all items (total) as well as for items that describe arm actions (arm) and non-arm actions (others). These latter data should be interpreted with caution though, as lexical parameters for nouns and verbs were equated over the entire set of verbs but not for the subsets. Last three rows: Mean over all participants, standard deviation and analyses of variance with repeated measures. Gray fields indicate performance that deviated from the tendency suggested by the mean.

### a) Experiment 1

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ANOVA F(1,8) = 6.12; p = .018

F(1,8) = 8.77; p = .018

### b) Experiment 2

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ANOVA F(1,8) = 5.8276; p = .0422

F(1,8) = 5.8276; p = .0422

S0  

S1  

S2  

F(1,8) = 8.77; p = .018

F(1,8) = 6.12; p = .018
FIGURE 1: Averaged wrist acceleration/deceleration profiles of all participants (normalized between 0% and 100% of time) during processing of nouns (in black) and verbs (in grey) for a) Experiment 1 and b) Experiment 2. Note that by normalizing the data, real time information is lost. One time unit in the graph corresponds approximately to 10ms. The inset magnifies the wrist acceleration peak profile. The grey bar indicates the time window within which paired t-tests (per time unit) revealed a significant difference between the two conditions.

FIGURE 2: Time to wrist acceleration peak (in milliseconds) for the different word categories for a) Experiment 1 and b) Experiment 2. “*” indicates a significant difference in the latencies of the wrist acceleration peak between concrete nouns and action verbs. Black arrows notice the values of peak latency for verbs denoting arm-related actions (compared to verbs referring to actions performed with leg or mouth = other verbs).
FIGURE 1

a) Experiment 1

b) Experiment 2
FIGURE 2

a) Experiment 1

![Bar graph showing Time to Wrist Acceleration Peak (ms) for different categories: Nouns, Verbs, Arm Verbs, Other Verbs. The graph indicates a significant difference (*).]

b) Experiment 2

![Bar graph showing Time to Wrist Acceleration Peak (ms) for different categories: Nouns, Verbs, Arm Verbs, Other Verbs. The graph indicates a significant difference (*).]
Appendix 1

Mean values of word frequency (FQ), length in letters (LETT), number of syllabic groups (SYLL), bigram frequency (BIGR), trigram frequency (TRIG), number and cumulative frequency of orthographic neighbours (NB NEIGH and FQ NEIGH respectively), age of acquisition (AoA) and imageability (IMAG) are reported for nouns, verbs and pseudo-words. Word age of acquisition was controlled with empirical ratings of 20 subjects on a seven-point scale (according to Gilhooly & Logie, 1980; 1 = [0-2] and 7 = [older than 13 years old]). Word imageability was evaluated in the same way by 18 other subjects (with 0 = impossible and 6 = very easy to generate a mental image of the word). Analyses of variance are reported for nouns and verbs, and words and pseudo-words. Verbs and pseudo-verbs were also carefully matched for endings, such that as many verbs as pseudo-verbs (32 out of 42) ended with “er”, which is a frequent ending for verbs in French.

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<th>NOUNS</th>
<th>VERBS</th>
<th>ANOVA (by item)</th>
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<th>PSEUDO-VERBS</th>
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<td>FQ</td>
<td>18.64</td>
<td>19.41</td>
<td>[F(1,82) = .009; p = .9253]</td>
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<td>LETT</td>
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<td>2.16</td>
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<td>2.07</td>
<td>[F(1,166) = 1.396; p = .2390]</td>
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<td>BIGR</td>
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<td>4826.52</td>
<td>[F(1,82) = .287; p = .5935]</td>
<td>4559.84</td>
<td>5161.68</td>
<td>[F(1,166) = .192; p = .6615]</td>
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<td>TRIG</td>
<td>754.49</td>
<td>662.09</td>
<td>[F(1,82) = .449; p = .5048]</td>
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<td>[F(1,166) = 2.279; p = .1330]</td>
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<td>AoA</td>
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<td>[F(1,82) = .332; p = .5662]</td>
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<td>IMAG</td>
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<td>4.07</td>
<td>[F(1,82) = 1.763; p = .1879]</td>
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Appendix 2
To obtain the results presented Table 1, latencies and amplitudes of wrist acceleration/deceleration peaks were determined for each individual trial as illustrated below (left panel), and means were calculated only for peak values. The kinematic profiles in Figure 1, by contrast, were obtained by averaging profiles of normalized individual trials (between 0% and 100%) such that across trials, peak-values were averaged with non peak-values (red curve; right panel). Note that this latter procedure weakens the observed effects.

Analyses underlying the results in Table 1

Analyses underlying data in Figure 1